



**Disability Support Services
Summer 2024
Personal Development Classes**



PD 100 LIFELONG SUCCESS 3 Units

An online only course that utilizes assessment of personality, interests, skills, and values to identify major and career options. Uses learning styles, psychological principles of learning, life management, and creative and critical thinking techniques. Designed for DSS students comfortable with working independently online.

PD-100-S01 Day & Time: MTWTh 1:20 – 3:10 pm
Course #: **661478** Dates: 06/03/24 TO 08/01/24
Instructor: J. Reyes-Guerrero & Room: 28-112
M. Mendoza

PD-100-S501 Day & Time: ONLINE
Course #: **658332** Dates: 06/10/24 TO 07/25/24
Instructor: M. Constein

PD 101 ORIENTATION TO COLLEGE 1 Unit

Designed to assist students in obtaining skills and knowledge necessary to reach their educational objectives. Includes career exploration, time management, campus resources, decision making, and educational planning. [D; CSU]

PD-101-S01 Day & Time: MTWTh 10:30 am – 12:50 pm
Course #: **658334** Dates: 06/10/24 TO 6/20/24
Instructor: J. Gardea Room: 28-112

PD 110 COLLEGE SUCCESS SKILLS 3 Units

Comprehensive course designed to assist students in attaining lifelong academic, professional, and personal success. Includes critical thinking and analysis; time and task management; learning styles; personal and educational goals and values; physiological and psychological health; memory and concentration; academic study strategies and use of college resources. [D; CSU]

PD-110-S01 Day & Time: MTWTh 08:25 am – 10:15 am
Course #: **658335** Dates: 06/10/24 TO 07/25/24
Instructor: B. Bass Room: 28-112

To request this material in alternate media, please call voice (619) 482-6512 or VP (619) 207-4480.