

Selecting a Primary Care Physician with your NexusACO™ plan

Your NexusACO plan requires you to choose a primary care physician, or PCP. In addition to offering preventive services, PCPs help guide your care so you can avoid duplicate tests and services, helping save you time and money.

When you enroll you will be asked to select a PCP for each covered family member.

To get started, visit umr.com.

1 Choose **Primary Care Provider** under **Benefits & coverage**



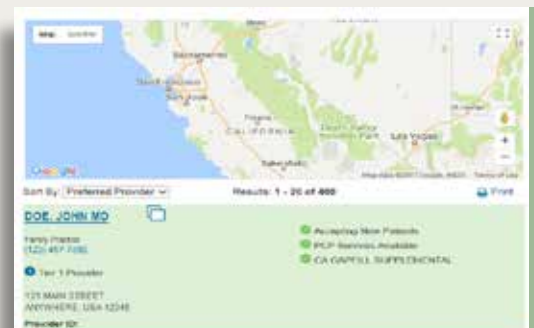
2 Select **update** in the SELECT PCP column under the appropriate family member. Every family member will need to have their PCP selected and family members do not need to receive care from the same PCP. Please note any family that does not have a PCP selected after 60 days from the eligibility date will have one selected for them.



3 Search for a PCP by name or specialty (general practice, family practice, pediatrician or internal medicine). If you search by specialty, select the specialty from the drop-down and check the **Display only Primary Care Physicians** checkbox.



4 A list of PCPs in your ZIP code area will be displayed. Choose a Tier 1 PCP for the highest level of coverage



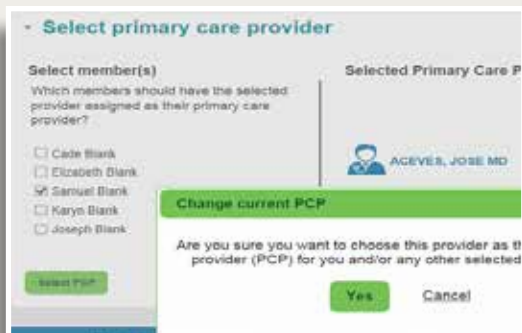
5

Click on the doctor's name for additional information including address, provider ID and whether or not they are accepting new patients. You will need the physician's name, address and provider ID when you enroll.



6

Receive verification that PCP was selected.



Tier 1

Look for the Tier 1 network symbol

Where you go for care can make a difference in what you pay. Tier 1 providers are doctors, hospitals and other health care providers who may offer you the greatest value for your health care benefits. Look for the “blue dot” Tier 1 symbol when searching the network on **umr.com**.

Important: Choosing a Tier 1 PCP may offer you the greatest value for your health care benefits. If you have chosen a PCP who does not have the Tier 1 symbol, you may pay more.



Call us with any questions

NexusACO OA plans: Call the toll-free number on the back of your ID card.

The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on your ID card TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

The UnitedHealth Premium® designation program is intended as a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at **umr.com**. You should always visit **umr.com** for the most current information. Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician. Please visit **umr.com** for detailed program information and methodologies. Only individual physicians that meet UnitedHealth Premium designation criteria, or physicians in designated specialties who are part of medical groups that meet UnitedHealth Premium criteria for group practices and who have sufficient claims data for analysis, may be designated. All physicians that contract with UnitedHealthcare have met credentialing requirements. Regardless of designation, plan enrollees have access to physicians in the UnitedHealthcare network as described in their benefit plan. Specialties for which there are no quality guidelines currently established in the program are excluded from evaluation and are noted as such. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by UnitedHealthCare Services, Inc. or their affiliates.



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