

**PHONE CALLS**  
**TEXT MESSAGES**  
**FOLLOWING**  
**SHOWING UP UNWANTED**  
SPREADING RUMORS | HACKING ACCOUNTS  
**THREATS**  
HARMING ANIMALS | PROPERTY DAMAGE  
**FILMING WITHOUT CONSENT**

IT'S DOMESTIC VIOLENCE AND  
**IT'S STALKING**

BEFORE, DURING, AND/OR AFTER A RELATIONSHIP

---

**KNOW IT. NAME IT. STOP IT.**

Learn more at [StalkingAwareness.org](https://StalkingAwareness.org)

**SPARC** STALKING  
PREVENTION,  
AWARENESS,  
AND RESOURCE  
CENTER

This project was supported by Grant No. 15JOVW-22-GK-03986-MUMU awarded by the U.S. Department of Justice, Office on Violence Against Women (OVW). The opinions, findings, conclusions, and recommendations expressed are those of the authors and do not necessarily reflect the views of OVW.