



Dear Requalification Applicant,

The following information is in response to your request about the POST Basic Requalification Course being offered at the Southwestern College Police Academy.

This course is designed to meet POST's requirements for persons qualifying or requalifying under Regulation 1008, the three-year rule. Attendees may include certificated and non-certificated California Basic Course trained officers. For these attendees, this course can be used in lieu of the Basic Course Waiver Process (BCW). The course may also be open to officers from out-of-state who wish to complete the skills testing and course mandate requirements for the BCW Process.

The content of the course includes portions of the Basic Course, which are (1) most likely to rapidly change; (2) critical manipulative skills related to officer safety or civil liability in areas which persons are most likely to experience reduced proficiency; and (3) other related critical subjects.

Law Enforcement agencies desiring to sponsor students in the Requalification Course must provide the student with a letter stating that you are either (1) currently employed and a need exists for you to complete the course before you can perform a full range of duties, or (2) the agency will hire you upon successful completion of the course. Once the class is full, students will be placed on a waiting list.

Cost:

Southwestern College Tuition:	\$120.00 = 6 Units @ \$20.00 per unit
Parking Fee	\$31.00
	Daily parking \$3.00 per day
Health Fee	\$14.00 for 6 units or more
Student Center Fee	\$1.00 per unit
Workbooks	\$(Cost not currently available)

ESTIMATED COST: \$171.00

Other Cost:

The cost for ammunition will depend on the type of handgun you will be using for the firearms qualification. The Police Academy will order the ammunition that is required during for training.

- 38 caliber - \$151.00
- 9mm - \$119.00
- 40 caliber - \$137.50
- 45 caliber - \$159.00

NOTE: All fees listed in the information packet are subject to change.

COURSE ATTIRE: Plan to attend class in clean, pressed clothes, but business attire is not necessary. However, the following types of clothing will not be permitted in the classroom at any time: shorts or cut-offs, t-shirts, tank tops, sandals. The proper attire for outside training will be discussed by the academy staff.

OTHER SUPPLIES

In addition to the above items, you will be required to furnish the following items:

1. Writing instrument
2. Three-ring binder and paper
3. Firearm: .38 or 357 caliber revolver, speed loaders and cleaning equipment or 9 mm, 40 or 45 caliber semi-automatic pistol, magazines (three are recommended) and cleaning equipment
4. Gun-belt and holster with minimum of two keepers
5. Wearing of body armor during firearms training is mandatory. You may wear your own, department issued, or we will provide it for you.
6. Handcuffs, key and handcuff case
7. Flashlight, minimum three cell (re-chargeable acceptable).
8. Sweatshirt and sweatpants
9. Tennis shoes
10. Old shirt and pants with wide belt loops and wide belt
11. Warm clothing, if necessary
12. Rain gear, if necessary
13. Ear protection and eye protection for firearms training.

The Southwestern College Basic Academy will provide the following items for the course:

1. Handouts
3. Ammunition
4. Targets
5. Body armor
6. Shotguns

PLEASE MAIL THE APPLICATION/CHECK LIST DOCUMENTS TO THE ADDRESS BELOW. ALL INCOMPLETE APPLICATIONS WILL BE RETURNED.

Mail documents to:

Southwestern Community College
Police Academy @ Otay Mesa HEC
ATTN: Re-Qualification Course
8100 Gigantic Street, Bldg. 4300, Rm. 4315
San Diego, CA 92154

NOTE: PLEASE FOLLOW THE INSTRUCTIONS DESCRIBED ABOVE. FAILURE TO MAIL THE DOCUMENTS SPECIFIED WILL DELAY YOUR COURSE REGISTRATION. FAX DOCUMENTS WILL NOT BE ACCEPTED.

This POST Technical Course is reimbursed under POST Plan IV (subsistence and travel) for eligible law enforcement agencies only. Course fees are non-reimbursable.

The following is a tentative hourly schedule for the Requalification Course. The weekday evening meetings are subject to change.

WEEKS 1-9½

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>	<u>Sun</u>
	1800- 2200	1800- 2200			0800- 1700	

Each course presentation consists of a minimum of 136 hours as mandated by P.O.S.T. regulations.

For course presentations please contact the Academy Office (619) 482-6462. You will receive a finalized daily instruction schedule in your confirmation letter of enrollment.

All future dates are tentative.

PEACE OFFICER STANDARDS AND TRAINING regulations require that students complete a minimum of 90% of the certified hours of any technical course. As a result, students will be obligated to make up any instruction they miss either at times arranged by the presenter during a subsequent presentation of the program. This is to ensure that each student completes all course requirements and satisfies all legislatively mandated training. Also some classes are mandated by law and attendance is critical to successful completion.

Check-Off List

Re-Qualification Course Application

The following items must be submitted with the application packet.

- a. _____ **Requalification Course Student Information** - Complete and return the original form. Photocopy or fax will not be acceptable. *Form Enclosed.*

- b. _____ **Academy Certificate of completion or POST Professional Certificate or POST BCW Authorizing Letter** - Provide a copy of one of the certificates above.

- c. _____ **Physical Examination Form** - Return the Original Form, signed by a licensed physician or medical practitioner. *Form Enclosed..*

- d. _____ **Physical Requirements Form** - Sign and date.
Form attached.

- e. _____ **Firearms Instruction Application** - Complete, sign and date.
Form attached.

- f. _____ **Learning Domains** – to be purchased at the SWC College Bookstore
*List of Learning Domains are currently not available. **Contact the Police Academy Office for availability.***

- g. _____ **Course Fee** - To be paid on first day of class.

- h. _____ **Ammunition Fee** - To be paid on first day of class.

- i. _____ **Live Scan application form** – this is a 3-part application, submit agency copy.
Request from academy office if not included in packet.

- j. _____ **Department of Justice Fingerprint Clearance** - Submit original clearance letter.
Instructions are enclosed.

IF AGENCY TIME PLEASE ANSWER:

AGENCY NAME: _____

AGENCY ADDRESS: _____

CONTACT PERSON: _____ TELEPHONE NO: (_____) _____

DO YOU HAVE ANY PHYSICAL LIMITATIONS OR DISABILITIES, WHICH WOULD PRECLUDE YOU FROM PARTICIPATING IN PHYSICAL ACTIVITIES?

_____ NO _____ YES IF YES, PLEASE INDICATE -

WHICH TYPE OF HANDGUN WILL YOU BE USING FOR FIREARMS QUALIFICATION?

_____ 38/357 CAL _____ 9MM _____ 40 CAL _____ 45 CAL

HAVE YOU BEEN A CALIFORNIA RESIDENT FOR AT LEAST ONE YEAR PRIOR TO THE STARTING DATE OF THE COURSE?

_____ YES _____ NO

DO YOU POSSESS A COLLEGE DEGREE?

_____ YES _____ NO TYPE _____

REASON FOR TAKING THE REQUALIFICATION COURSE (Only check one)

_____ CURRENTLY EMPLOYED AS A FULL TIME SALARIED PEACE OFFICER BUT AM PROHIBITED FROM PERFORMING STREET DUTIES UNTIL REQUALIFIED PER POST REGULATION 1008.

_____ TO REACTIVATE MY BASIC POST CERTIFICATE OR MY ACADEMY CERTIFICATE OF COMPLETION BECAUSE OF A LAPSE IN THE THREE-YEAR RULE.

_____ TO COMPLETE THE BASIC COURSE WAIVER EXAMINATION PROCESS.

_____ TO REACTIVATE MY SPECIALIZED BASIC COURSE CERTIFICATE OF COMPLETION BECAUSE OF A LAPSE IN THE THREE YEAR RULE.

IN CASE OF EMERGENCY CONTACT:

NAME: _____ RELATIONSHIP: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: (_____) _____ WORK PHONE: (_____) _____

SIGNATURE: _____ DATE: _____

SOUTHWESTERN COLLEGE BASIC ACADEMY
 REQUALIFICATION COURSE
PHYSICAL EXAMINATION FORM
 (to be completed by the physician or medical practitioner)

NAME: _____ DATE OF EXAM: _____
 Last First MI

AGE: _____ WEIGHT: _____ HEIGHT: _____

RESTING PULSE RATE: _____ BLOOD PRESSURE: _____

COMMENTS ON APPLICANT'S HEALTH HISTORY: _____

HEAD	NORMAL	ABNORMAL	COMMENTS
Eyes			
Pupils			
Ocular Motion			
Ears			
Nasal Cavity			
Mouth: Teeth			
Tongue			
Tonsils			
NECK			
Thyroid			
Cervical Nodes			
CHEST			
Lungs			
Heart Size			
Sounds			
Resting EKG			
ABDOMEN			
GENITALIA			
MUSCULOSKELETAL			
Cervical Spine			
Thoracic Spine			
Lumbar Spine			
Shoulders			
Elbows			
Hips			
Knees			
Ankles			
Hands			
Feet			
Other Joints			
NEUROLOGICAL			
Reflexes			
SKIN: Scars			

Segments of the Requalification Course will require students to participate in a moderate amount of physical exertion including: squatting, bending, twisting, and lifting moderate weight.

I have examined _____ and found him/her to be medically qualified to participate in the physical activity as described above. Any exercise limitations are listed below.

Exercise Limitations: _____

EXAMINING PHYSICIAN OR MEDICAL PRACTITIONER AND LICENSE NUMBER:

(Print Name): _____

ADDRESS: _____

TELEPHONE: () _____

SIGNATURE: _____

Southwestern College Basic Police Academy

Basic Course Requalification Program

Physical Requirements

The POST Basic Course Requalification includes physically exerting activities such as running, lifting, squatting, kneeling, bending, twisting, striking, and falling on padded surfaces or grassy areas. This requires good physical and cardiovascular fitness on the part of the student.

One of the requirements for successful course completion will be to pass a baton exercise and test that includes running and striking stationary hanging bags without stopping for a specified period of time.

As a minimum fitness standard, students should be in such physical condition prior to attending the course, to be able to run a distance of one and one-half miles in fifteen minutes, complete fifteen (15) consecutive pushups, and twenty-five (25) consecutive sit-ups within three minutes.

If your physical condition prevents you from performing any or all of the above activities or exercises, you may not be successful in passing this course.

I understand that I must pass the physical activities, as specified by a certified Course Instructor, in order to successfully complete the POST Basic Course Requalification program.

Signature: _____

Date: _____

**SOUTHWESTERN COLLEGE
BASIC ACADEMY**

FIREARMS INSTRUCTION APPLICATION

Name:

Check **YES** or **NO** to the following questions:

- yes no 1. Are you currently under indictment or information in any court for a crime punishable by imprisonment for a term exceeding one year?
- yes no 2. Are you a fugitive from justice?
- yes no 3. Have you ever been convicted of a felony?
- yes no 4. Have you ever been convicted of a violent misdemeanor?
- yes no 5. Have you ever been convicted of 417 P.C. (Drawing, Exhibiting or using Deadly Weapon)?
- yes no 6. Are you addicted to the use of alcohol, narcotics or other dangerous drugs.
- yes no 7. Are you presently the subject of any court restraining order such as domestic violence or custody?
- yes no 8. Are you a mental patient or on leave of absence from a mental hospital.
- yes no 9. Have you ever been adjudicated by a court to be a danger to others as a result of a mental disorder or mental illness?

The above guidelines have been established in accordance with State, Federal, and College guidelines.

A "Yes" response may prevent your lawful participation in a firearms instruction program at **SOUTHWESTERN COLLEGE BASIC POLICE ACADEMY**.

I certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsification, withholding pertinent data, or failure to report changes in my personal status, may result in my dismissal.

Student's Signature

Date

SOUTHWESTERN COLLEGE BASIC ACADEMY
REQUALIFICATION COURSE

ARREST & CONTROL AND BATON TRAINING INFORMATION

The arrest and control portion of the Requalification Course will require flexibility, i.e., bending and twisting of the wrist, arm, and kneeling.

The baton portion of the course requires you to have previous training with the straight or side handle baton.