

National Registry/San Diego County Refresher EMT Procedures



All EMT Refreshers must prove skill competency every two years to maintain their certification. This can be accomplished by having your employer complete the EMSA competency report or participate in a skills competency exam at Southwestern College on the last Sunday of any refresher course. The exam begins promptly at 8:15 AM at the Crown Cove Aquatic Center

The skills competency test fee is \$100. The fee is to be paid directly to the **Cashier** in the One-Stop Student Services Building, **PRIOR** to your testing day. ***You must bring your receipt to the skill competency exam as proof of payment.***

Cashier hours of operation: Monday – Thursday 7:45 AM – 6:45 PM &
Friday 7:45 AM – 4:30 PM. (No Fridays in summer)

You will be required to show competency in the following skills: **Trauma Patient Assessment, Medical Patient Assessment, Joint Immobilization, O2 with NRB, Long Bone, Bleeding Control/Shock Management, Seated and Supine Spinal Immobilization, Cardiac Arrest Management and Bag-Valve-Mask.** You will be issued the EMSA competency report upon completion of the exam. No written test is required for EMTs, as long as their certification has not lapsed. (See information below regarding lapses in certification.)

“CHALLENGES”: A “challenge” is an EMT from a state other than California that is not National Registry certified. The Challenge EMT must complete the 8-skill test offered at the end of the Basic EMT course and take the National Registry Basic computer based exam to be certified in San Diego County.

To complete the EMT re-certification process:

Bring:

1. Signed EMSA Competency Report
2. Copy of current AHA/ARC CPR card (Healthcare Provider/Professional Rescuer)
3. Check or M.O. for \$54
4. Proof of 24 hrs. of continuing education (CE's)
5. Proof of Live Scan Application, if you have never provided one to the County.

To:

San Diego Emergency Medical Services
6255 Mission Gorge Road
San Diego, CA. 92120
619-285-6429

Hours of operation are Monday through Thursday, 8 am – 4 pm.

Other information you should know:

If your certification lapses beyond a 30-day period, the following additional requirements apply:

- Lapse less than 6 months = 24 hrs. of CE's, same as maintenance
- Lapse 6 months or more, but less than 12 months = additional 12 hrs. of CE's
- Lapse of 12 months or more, but less than 24 months = additional 24 hrs. of CE's + NR Exam
- Lapse of more than 24 months = complete entire EMT course + NR Exam

Questions can be directed to your instructor or Karen Jacobs at 619-787-5703.