Choosing your
Primary Care Provider

CALIFORNIA SCHOOLS VEBA | UnitedHealthcare®

Choosing your Performance HMO Primary Care Provider (PCP).

The CS VEBA Performance HMO Plan separates doctors and hospitals into three distinct networks (Network 1, Network 2 and Network 3). Networks are based on each participating provider group's quality outcomes and health care costs. A key decision in managing your health is choosing your primary care provider (PCP) from one of the three Performance Plan networks. Using the grids shown below, you would first review and select your network (1, 2 or 3), then choose the medical group within your county. Once you decide on the medical group, you can choose a PCP that best meets your health care needs by visiting **csveba.welcometouhc.com**.

Network 1*

Group Name	Group #	Group Name	Group #
KERN COUNTY		Lakeside Medical Group/Central/Glendale	024662
Bakersfield Family Medical Center	004209	Lakeside Medical Group/Central/North Valley	024671
GEMCARE-Delano Regional Medical Group	025188	Lakeside Medical Group/Central/Santa Clarita	024677
Heritage Physician Network	007665	Lakeside Medical Group/Central/Verdugo Hills	024681
LOS ANGELES COUNTY		Lakeside Medical Group/East/Glendora	024674
Alamitos Independent Physicians Association	010217	Lakeside Medical Group/East/San Gabriel Valley	024686
Altamed Health Services Corporation	028928	Lakeside Medical Group/West/Agoura Hills	024672
Altamed Health Services Corporation	028951	Lakeside Medical Group/West/Simi Valley	024682
AppleCare Medical Group Downey Region	015967	Lakeside Medical Group/West/Tarzana	024684
AppleCare Medical Group St. Francis	014692	Lakeside Medical Group/West/Thousand Oaks	024678
AppleCare Medical Group Whittier Region	021736	Lakeside Medical Group/West/West Hills/Canoga Park	024683
AppleCare Medical Group Select Region	025327	Lakewood Independent Physicians Association, Inc.	005225
HealthCare Partners Los Angeles County	028463	Magan Medical Clinic/HCP Affiliated Provider Network	028445
HealthCare Partners Arta Health Network	029878	Monarch Long Beach	027882
HealthCare Partners Bixby Knolls	028435	Omnicare Medical Group	014498
HealthCare Partners IPA Arcadia	028404	Physicians Associates IPA/HCP Citrus	028428
HealthCare Partners IPA East Los Angeles	028399	Physicians Associates IPA/HCP Glendale	028437
HealthCare Partners IPA Glendale	028401	Physicians Associates IPA/HCP Huntington	028434
HealthCare Partners IPA Little Company of Mary	028436	Physicians Associates IPA/HCP Methodist	028451
HealthCare Partners IPA Los Angeles County	028393	Physicians Associates IPA/HCP San Dimas	028419
HealthCare Partners IPA Long Beach	028454	Physicians Associates IPA/HCP San Gabriel	028422
HealthCare Partners IPA Montebello	028388	Pioneer Provider Network A Medical Group Inc.	015848
HealthCare Partners IPA Northridge	028416	Regal Medical Group/Caduceus	019793
HealthCare Partners IPA South Bay	028417	Regal Medical Group/Burbank/Glendale	017556
HealthCare Partners IPA Pasadena	028410	Regal Medical Group/Central Valley Region	012410
HealthCare Partners IPA San Fernando Valley	028423	Regal Medical Group/Downey	017547
HealthCare Partners IPA San Fernando Valley West	028460	Regal Medical Group/Downtown Los Angeles Region	014163
HealthCare Partners IPA East West	028411	Regal Medical Group/East San Gabriel	017555
HealthCare Partners Medical Group Long Beach	028455	Regal Medical Group/Glendale Physicians Alliance	023187
HealthCare Partners Medical Group Pasadena Main	028391	Regal Medical Group/Greater Covina	017778
HealthCare Partners Medical Group	028459	Regal Medical Group/Long Beach	017552
HealthCare Partners Medical Group Valencia	028414	Regal Medical Group/San Gabriel Region	014888
HealthCare Partners Medical Group South Bay	028403	Regal Medical Group/St. Francis	017551
HealthCare Partners San Fernando Holy Cross	028440	Regal Medical Group/Ventura County	021557
HealthCare Partners Medical Group San Fernando Valley	028442	Regal Medical Group/West Valley	017554
HealthCare Partners Medical Group Santa Anita	028764	Regal Medical Group/Whittier	017550
High Desert Medical Group	003804	Seoul Medical Group Inc.	019881
Lakeside Medical Group/East/West Covina	024675	Seoul Medical Group/Orange County	029550
Lakeside Medical Group/Central/Burbank/North Hollywood	024664	Sierra Independent Physicians Association	023025
Lakeside Medical Group/Central/Central Valley	024670	Sierra Medical Group Clinic	023023

Group Name	Group #
Sierra Medical Group Santa Clarita	029357
Torrance Hospital IPA	026488
ORANGE COUNTY	
ADOC/Fountain Valley Division	025400
ADOC/Los Alamitos Division	025401
Altamed Health Services Corporation	029116
American Vietnamese (AMVI)	012130
Daehan Prospect Medical Group	027362
Family Choice Medical Group Inc.	019394
GNP - Saddleback	026693
HealthCare Partners Orange County	028427
HealthCare Partners IPA South Coast	028461
MemorialCare Medical Group	025679
Monarch HealthCare	021963
Monarch/Anaheim Memorial Medical Center	016734
Monarch Mission	018634
Monarch/Orange Coast	013782
Monarch/Orange County	014905
Monarch/Saddleback Memorial Hospital	004789
Monarch/San Clemente	013944
Monarch/South Coast	002278
Noble AMA Independent Physicians Association	016335
Prospect Gateway MG in Association with Anaheim Memorial	014548
Prospect Genesis Healthcare	014904
Prospect Northwest Orange County Medical Group/ Anaheim Division	011567
Regal Medical Group/North Orange County	018831
RIVERSIDE COUNTY	
Desert Oasis Healthcare	021796
Empire Physicians Medical Group Inc.	018657
PrimeCare/Corona	005232
PrimeCare/Hemet Valley	009023
PrimeCare/Riverside	008331
PrimeCare/Sun City	004140
PrimeCare/Temecula	006657
Regal Medical Group/Riverside	021553
Regal Medical Group/Temecula	020950
Riverside Medical Clinic Inc.	014897
Tri-Valley Medical Group	026432
Valley Physicians Network	026405
SAN BERNARDINO COUNTY	
Alliance Desert Physicians	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Desert Valley Medical	027411
Dignity Health Medical Group/Inland Empire	028433
Family Practice Medical Group/San Bernardino	001011
Fenix Medical Group	029490

Group Name	Group #
Lakeside Medical Group/East Pomona	024679
Pinnacle Medical Group	027850
Premier Healthcare IPA	027648
PrimeCare Medical Group/Chino Valley	004661
PrimeCare Medical Group/San Bernardino	019383
PrimeCare/Citrus Valley	021243
PrimeCare/Inland Valley	006045
PrimeCare/Moreno Valley	003111
PrimeCare/Redlands	001026
Redlands-Yucaipa Medical Group	027828
Regal Medical Group/Chino Valley	017553
Regal Medical Group/APSI	020670
Regal Medical Group/San Bernardino	020668
St. Mary High Desert Medical Group	027647
VVIPA Medical Group	028857
SAN DIEGO COUNTY	
Borrego Springs Direct Contracting Network	017812
Cassidy Medical Group/PCAMG	014748
Encompass Medical Group Inc.	016390
Imperial County Physicians Medical Group	004164
Midcounty Physicians Medical Group	024783
Primary Care Associated Medical Group	006039
Primary Care Associated Medical Group/Encinitas	016223
Rady Children's Health Network	028561
SCMG Arch Health Partners	028360
Sharp Community Medical Group/Metro	004395
Sharp Community Medical Group/Chula Vista	006129
Sharp Community Medical Group/Coronado	014128
Sharp Community Medical Group/Graybill	015882
Sharp Community Medical Group/Graybill N Coastal	025448
Sharp Community Medical Group/Grossmont	006130
Sharp Community Medical Group/Inland North	014174
Sharp Rees-Stealy Medical Group Inc.	001035
VENTURA COUNTY	
Lakeside Medical Group/West/Agoura Hills	024672
Lakeside Medical Group/West/Thousand Oaks	024678
Regal Medical Group/Ventura County	021557
Valley Care Independent Physicians Association	021331
Valley Care Physicians IPA Medical Associates	029572
Valley Care Physicians IPA Medical Associates	029573
Valley Care Select IPA/West County	025530

Network 2*

Group Name	Group #
KERN COUNTY	
Golden Empire Managed Care II A Medical Group Inc.	025190
Heritage Physician Network	007665
LOS ANGELES COUNTY	
Access Medical Group Inc.	010246
Access Santa Monica Independent Physicians Association	025517
Alamitos IPA	010217
Allied Physicians of California	012244
Axminster Medical Group Inc.	012143
Centinela Valley IPA Medical Group	014696
Family Care Specialists IPA A Medical Group	020004
GNP - Long Beach	026678
HealthCare Partners Los Angeles County	028463
HealthCare Partners Arta Health Network	029878
HealthCare Partners Bixby Knolls	028435
HealthCare Partners IPA Arcadia	028404
HealthCare Partners IPA East Los Angeles	028399
HealthCare Partners IPA Glendale	028401
HealthCare Partners IPA Los Angeles County	028393
HealthCare Partners IPA Long Beach	028454
HealthCare Partners IPA Montebello	028388
HealthCare Partners IPA Northridge	028416
HealthCare Partners IPA South Bay	028417
HealthCare Partners IPA – Little Company of Mary	028436
HealthCare Partners IPA Pasadena	028410
HealthCare Partners IPA San Fernando Valley	028423
HealthCare Partners IPA San Fernando Valley West	028460
HealthCare Partners IPA East West	028411
HealthCare Partners Medical Group Long Beach	028455
HealthCare Partners Medical Group Pasadena Main	028391
HealthCare Partners Medical Group	028459
HealthCare Partners Medical Group Valencia	028414
HealthCare Partners Medical Group South Bay	028403
HealthCare Partners San Fernando Holy Cross	028440
HealthCare Partners Medical Group San Fernando Valley	028442
HealthCare Partners Medical Group Santa Anita	028764
High Desert Medical Group	003804
High Desert Medical Group	003804
Korean American Medical Group	019863
Lakewood IPA Inc.	005225
Magan Medical Clinic/HCP Affiliated Provider Network	028445
Physicians Associates IPA/HCP Citrus	028428
Physicians Associates IPA/HCP Glendale	028437
Physicians Associates IPA/HCP Huntington	028434
Physicians Associates IPA/HCP Methodist	028451
Physicians Associates IPA/HCP San Dimas	028419
Physicians Associates IPA/HCP San Gabriel	028422
Prospect Northwest OC Medical Group	008631

Group Name	Group #
Prospect Professional Care IPA Medical Group	014722
Prospect Professional Care IPA Montebello	017270
Sierra Independent Physicians Association	023025
Sierra Medical Group Clinic	023023
Sierra Medical Group Santa Clarita	029357
St. Mary Independent Physicians Association	018753
St. Vincent Medical Group IPA	014697
ORANGE COUNTY	
Edinger Medical Group	026621
Greater Newport Physicians/Hoag Hospital	026603
Greater Newport Physicians/Orange Coast	026695
HealthCare Partners/Orange County	028427
HealthCare Partners IPA/South Coast	028461
Monarch/Orange County	014905
RIVERSIDE COUNTY	
Desert Oasis HealthCare	021796
Empire Physicians Medical Group Inc.	018657
Family Seniors Medical Group	014899
Hemet Community Medical Group	014586
Menifee Valley Community Medical Group	015031
PrimeCare/Temecula	006657
Prospect Medical Group/Corona	017807
Riverside Medical Clinic Inc.	014897
Riverside Physician Network	005171
Temecula Valley Physicians Medical Group	021941
Valley Physicians Network Inc.	026405
SAN BERNARDINO COUNTY	
Beaver Medical Group	027825
Choice Medical Group	004800
Choice Medical Group/Barstow	021837
Loma Linda University Health Care	004470
My Family Medical Group	002517
PrimeCare/Chino Valley	004661
PrimeCare/Citrus Valley	021243
PrimeCare/Inland Valley	006045
PrimeCare/Redlands	001026
PrimeCare/San Bernardino	019383
Promed Health Network/Pomona Valley	003447
San Bernardino Medical Group	019198
St. Mary High Desert Medical Group	027647
Upland Medical Group	017771
VVIPA Medical Group	028857
SAN DIEGO COUNTY	
Greater Tri-Cities IPA Medical Group Inc.	014889
Imperial County Physicians Medical Group	004164
Mercy Physicians Medical Group	004602
Multicultural Primary Care Medical Group Inc.	007932
Rady Children's Health Network	028561

Network 2* (continued)

Group Name	Group #
SCMG Arch Health Partners	028360
Scripps Physician Medical Group	005375
VENTURA COUNTY	
Facey Medical Foundation/Simi Valley	025614
SeaView Independent Physicians Association	005141

Network 3*

Group Name	Group #
KERN COUNTY	
Golden Empire Managed Care II A Medical Group Inc.	025190
Heritage Physician Network	007665
LOS ANGELES COUNTY	
Access Medical Group Inc.	010246
AppleCare Medical Group/Downey Region	015967
AppleCare Medical Group/Select Region	025327
AppleCare Medical Group/St. Francis	014692
AppleCare Medical Group/Whittier Region	021736
Cedars-Sinai Health Associates	012532
Cedars-Sinai Medical Group	006952
Exceptional Care Medical Group	017465
Exceptional Care Medical Group/Mubuhay	021250
Facey Medical Foundation	001010
Facey Medical Foundation/Burbank	027655
Facey Medical Foundation/Santa Clarita	015870
GNP - Long Beach	026678
Good Samaritan Medical Practice Associates	005273
Health Care Partners Plan - Santa Anita	028764
High Desert Medical Group	003804
Nuestra Familia Medical Group Inc.	011315
PIH Health Physicians - IPA	005679
PIH Health Physicians Medical Group	023247
Premier Physicians Network	005169
Premier Physicians Network/San Fernando Valley	020614
Prospect Health Source Medical Group	016209
Prospect Medical Group/Van Nuys	017615
Providence Care Network	026251
Prudent Medical Group	022732
Sierra Independent Physicians Association	023025
Sierra Medical Group Clinic	023023
Sierra Medical Group/Santa Clarita	029357
UCLA Medical Group/Santa Monica Bay Physicians	025465
UCLA Medical Group IPA	016998
ORANGE COUNTY	
Edinger Medical Group	026621
GNP-Orange Coast	026695
Hoag Affiliated Physicians IPA	027963
Mission Hospital Affiliated Physicians	018352
Mission Internal Medical Group	025036
Prospect Medical Group/Central	011276
Prospect Medical Group/North	003948
St. Joseph Heritage Medical Group	018346

Group Name	Group #
St. Joseph Hospital Affiliated Physicians	018347
St. Jude Affiliated Physicians	018344
St. Jude Heritage Medical Group	018342
UC Irvine Health Affiliated Physicians	028603
UC Irvine Health Medical Group	028569
RIVERSIDE COUNTY	
Empire Physicians Medical Group Inc.	018657
Family Seniors Medical Group	014899
Hemet Community Medical Group	014586
Menifee Valley Community Medical Group	015031
Primecare of Temecula	006657
Prospect Medical Group Corona	017807
Riverside Medical Clinic Inc.	014897
Riverside Physician Network	005171
Temecula Valley Physicians Medical Group	021941
SAN BERNARDINO COUNTY	
Beaver Medical Group	027825
Choice Medical Group	004800
Choice Medical Group/Barstow	021837
Loma Linda University Health Care	004470
My Family Medical Group	002517
PrimeCare/Chino Valley	004661
PrimeCare/Inland Valley	006045
PrimeCare/Redlands	001026
PrimeCare/San Bernardino	019383
Promed Health Network/Pomona Valley	003447
San Bernardino Medical Group	019198
St. Mary High Desert Medical Group	027647
Upland Medical Group	017771
VVIPA Medical Group	028857
SAN DIEGO COUNTY	
Imperial County Physicians Medical Group	004164
Rady Children's Health Network	028561
Scripps Coastal Medical Center	023659
Scripps Physician Medical Group	005375
UCSD Medical Group	004589
VENTURA COUNTY	
Facey Medical Foundation/Simi Valley	025614
SeaView Independent Physicians Association	005141

Find your PCP using the online Provider Directory.

Search for a PCP or other health care professional by name, specialty or ZIP code. The easy-to-use online provider directory puts participating/contracting providers at your fingertips. You can even get driving directions and print a map to the doctor's office.

To find a participating/contracting health care provider in your Performance HMO network:

1. Go to **welcometouhc.com/csveba**.
2. Under **Wondering if your doctor is in our network?** Click on **"Find a Network Doctor or Hospital"**.
3. Select the appropriate plan(s): **"CS VEBA Performance HMO Networks 1, 2 or 3"**.
4. Enter your **ZIP code** and click **Continue**.
5. On the next page, click the **X** in the top right corner. Now you can search by **Name, Specialty or Medical Group**.

Why a PCP is important.

Having a PCP is an important way to help you stay healthy. You and your PCP will work as a team, along with nurses, pharmacists and other health care providers, to manage your overall health. Your PCP will get to know you and your current health status. If your health changes, your PCP will be more likely to recognize it, as he or she will be familiar with you and your medical history. Your PCP can use this knowledge to advise you on appropriate treatments, and help you make medical decisions that suit your lifestyle and daily habits.

If you don't have a PCP, or you're not comfortable with the doctor you have, think about choosing a new one.

Steps to consider when choosing your doctor.

Figure out what kind of doctor will best meet your needs.

- **Family and general practitioners** care for a wide range of health concerns. They may be able to treat family members of any age.
- **Internists** treat adults and may have additional training in specialties, such as cardiology.
- **Pediatricians** provide care to children and adolescents.
- **Geriatricians** specialize in the care of older adults.

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