

## HIGHER EDUCATION CENTER AT SAN YSDIRO

## FOOD DRIVE





## In support of the



November 13 – 16, 2018

## **MOST POPULAR ITEMS**

- ✓ Microwavable meals in a cans: stew, chili, soup with pop-top lid
- ✓ Canned meat, tuna, salmon, sardines
- ✓ Canned foods with pop-top lids & fruits & vegetables
- ✓ Cheese and cracker packets & Tuna and cracker packets
- ✓ Peanut and almond butter (small packets)
- ✓ Low-sugar hot and cold cereals (small-individual size)
- ✓ Granola, protein bars, peanuts,& almonds (small packets)
- ✓ Pretzels, popcorn, & raisins (small bags)
- ✓ Dry goods: rice, beans, cereal, pasta & pasta sauce, potatoes

"If you can't feed a hundred people, then feed just one."

Drop off location: 460 W. San Ysidro Blvd., San Diego, CA 92154



**Mother Teresa**