

SOUTHWESTERN COLLEGE

Year-Round

Junior Skill Development & Training

Program for Ages 7 -17 2013

(619) 421-6622

<u>Sign ups:</u> Call Coach Susan for Sign-ups, (619) 421-6622 or susanreasons@yahoo.com CLASS SPACE IS LIMITED

Clinics are grouped ages; 7 - 15 Beginner, 8-17 Intermediate /Adv Intermediate and 9 -17 for Advanced Level.

Beginner Level: Basic skill intro: ground strokes, serves and footwork. Dev. Hand-eye coordination.

Physical conditioning. PLEASE SEE BEGINNER LEVEL FLYER

<u>Intermediate /Adv. Intermediate Level:</u> Intermediate: intro to rallies, serves, return of serves, footwork, volleys, and introduces mini-tennis games. Physical conditioning.

Adv. Intermediate level: focuses on the following: Doubles games with serves and scoring. Intro. To overheads, approach shots, court positioning and basic strategy. Physical Conditioning.

<u>Advanced Level Clinic:</u> Students in this clinic must be proficient in ground strokes, volleys, overheads, serves, and scoring. In this clinic we will be doing a variety of advanced drills to improve skill development further and also we will be playing singles and doubles. Great for future tournament players.

**Clinics must meet a 5 student minimum or are subject to cancellation.

Clinics run year-round, new clinic starts every 4 weeks

PRE-REGISTRATION REQUIRED FOR CLINICS Make-ups only for cancelled clinics.

FEES DUE BY LAST DAY OF EACH CLASS SESSION FOR CONTINUNING STUDENTS

<u>Intermediate /</u> <u>Adv. Intermediate Clinics</u>

Ages: 8- 17

Day: MONDAYS

Cost: \$85.00 / 4 weeks Time: 4:30 - 6:30 pm

Session 5: May 20 - June 17
****NO CLINIC MAY 27

Session 6: June 24 - July 15

Intermediate /
Adv. Intermediate Clinics
Ages: 8-17

Day: THURSDAYS

Cost: \$85.00 / 4 weeks

Time: 4:30 - 6:30pm

Session 5: May 16 - June 6

Session 6: June 13 - July 11 ****NO CLINIC JULY 4 Advanced clinics

Ages: 9 - 17

Day: <u>FRIDAY</u>

Cost: \$85.00 / 4 weeks Time: 4:00 - 6:00pm

Session 4: May 3 - 24

Session 5: May 31 - June 21