

SWC JAGUAR TENNIS SOUTHWESTERN COLLEGE Year-Round Junior Skill Development & Training Program for Ages 7 -17 2013 (619) 421-6622

<u>Sign ups:</u> Call Coach Susan for Sign-ups, (619) 421-6622 or susanreasons@yahoo.com CLASS SPACE IS LIMITED

Clinics are grouped ages; 7 - 15 Beginner, 8-17 Intermediate /Adv Intermediate, and 9 -17 for Advanced level.

<u>Beginner Level:</u> Basic skill intro: ground strokes, serves and footwork. Dev. Hand-eye coordination . Physical conditioning.

<u>Intermediate Level / Advanced:</u> Intermediate Level: intro to rallies, serves, return of serves, footwork, volleys, and introduces mini-tennis games. Physical conditioning.

Advanced level: focuses on the following: Doubles games with serves and scoring. Intro. To overheads, approach shots, court positioning and basic strategy. Physical Conditioning.

<u>ADVANCED</u>; Students in this clinic must be proficient in ground strokes, volleys, overheads, serves, and scoring. In this clinic we will be doing a variety of advanced drills to improve skill development further and also we will be playing singles and doubles. Great for future High School team players and tournament players.

***Clinics must meet a 5 student minimum or are subject to cancellation.

Clinics run year-round, every 4 weeks a new clinic starts.

PRE-REGISTRATION REQUIRED FOR CLINICS Make-ups only for cancelled clinics.

FEES DUE BY LAST DAY OF EACH CLASS SESSION FOR CONTINUNING STUDENTS

Beginner/ Adv. Beginner Level Clinic Beginner/ Adv. Beginner Level Clinic Ages: 7–15yrs Ages: 7 - 15yrs Day: <u>TUESDAYS</u> Day: WEDNESDAYS Cost: \$65.00 / 4 weeks Cost: \$65.00 /4 weeks Time: 4:30 - 6:00pm Time: 4:00 - 5:30pm Session 5: May 14 - June 4, 2013 Session 4: June 5 - 26, 2013 Session 6: June 11 - July 2, 2013 Session 5: July 10- 31, 2013 Session 7: July 9 - July 30, 2013 Session 6: Aug. 7 - 28, 2013