Free Classes

Summer 2013

***Book and Course Completion Certificate fees apply.**

CPR for Professional Rescuer or Healthcare Provider (HCP)

A 9-hour class for professional rescuers and those interested in becoming BLS instructors. Includes: Adult and Pediatric CPR, Foreign Body Airway Obstruction, use of Automated External Defibrillator (AED) and Bag-Valve-Mask ventilation.

BLS Instructor

16-hour American Heart Association course designed to advance the Healthcare Provider to the level of instructor. Includes Core and Discipline modules.

Pediatric Safety & CPR

An 8-hour course appropriate for daycare providers, teachers or anyone requiring certification in Adult, Child and Infant CPR, obstructer airway, AED & First Aid. Does not include Preventive Health.

AHA First Aid CPR AED

An 8-hour class for those seeking basic first aid and CPR certification to meet job requirements. Components include Adult CPR, AED, Foreign Body Airway Obstruction, Disease Transmission, First Aid for injuries and prevention of illness.

Southwestern College
Crown Cove Aquatic Center

Silver Strand State Beach
5000 Highway 75, Coronado, CA 92118

Community CPR & First Aid Program

Basic Life Support Instructor
First Aid, CPR& AED/Pediatric Safety & CPR
Healthcare Provider

Class #	Days	Date	Hours
AHA Healthcare Provider			
(NC 1007)	Saturday	06/08/13	8:30 am - 6:00 pm
	Saturday	07/13/13	8:30 am - 6:00 pm
AHA First Aid & Adult CPR			
(NC 40)	Saturday	06/15/13	8:30 am - 5:00 pm
	Saturday	07/20/13	8:30 am - 5:00 pm
AHA Pediatric Safety & CPR			
(NC 1022)	Saturday	07/06/13	8:30 am - 5:00 pm
BLS Instructor			
(NC 1039)	Saturday	06/22/13	8:30 am - 5:00 pm
	Sunday	06/23/13	8:30 am - 5:00 pm
Lifeguard Training (Must attend all 5 dates)			
(NC 70)	Saturday	06/08/13	8:30 am - 5:00 pm (Pool)
	Sunday	06/09/13	8:30 am - 5:00 pm (CCAC)
	Friday	06/14/13	5:30 pm - 9:00 pm (CCAC)
	Saturday	06/15/13	8:30 am - 5:00 pm (Pool)
	Sunday	06/16/13	8:30 am - 5:00 pm (Pool)
First Aid for Public Safety Personnel-Title 22			
(NC 15)	Monday	06/17/13	5:30 pm - 9:30 pm
	Tuesday	06/18/13	5:30 pm - 9:30 pm
	Wednesday	06/19/13	5:30 pm - 9:30 pm
	Thursday	06/20/13	5:30 pm - 9:30 pm
Ocean Lifeguard for Recreation Assistants			
(NC 106)	Saturday	06/22/13	8:30 pm - 5:00 pm

Register at: (619) 429-1669

American Heart Association
Learn and Live

AUTHORIZED TRAINING CENTER