

AQUATIC RECREATIONAL ASSISTANT TRAINING PROGRAM



Join the Crown Cove Aquatic Center's
team of
LIFEGUARD TEACHING ASSISTANTS

Register for Southwestern College's
FALL 2013 TRAINING PROGRAM
at Silver Strand State Beach, Coronado



Learn basic skills for canoeing, kayaking, sailing, paddle boarding (SUP) and surfing. Develop leadership skills working with youth and adults. Acquire awareness of water safety and emergency response. Great for those who love the water and working with people in the outdoors. (Age Requirement: must be 15 before March 2014)

Fall 2013

Boating Safety Paddle Sports Leader Training

Saturdays and Sundays 8:30 AM - 4:30 PM

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| <u>August 31</u> | Orientation, PT, Boating Principles, Equipment Maintenance |
| <u>September 7</u> | PT, Review Boating Principles, Canoe & Surfing Training |
| <u>September 8</u> | PT Review Boating Principles, Kayak & SUP with Rescue Techniques |
| <u>September 14</u> | PT Review Boating Principles, Sailing |
| <u>September 15</u> | PT, Final Review, Final Written Exam, Beach Teaching Skills Training |

COST: \$55/person

Highly recommended that you bring a wet suit

You must attend all training and successfully complete all examinations for eligibility for CCAC/Lifeguard Teaching Assistant assignments.

Southwestern College's Crown Cove Aquatic Center employment eligibility* requirements include:

1. **Boating Safety Paddle Sports Leader Training** with Certificate of Completion from the California Department of Boating & Waterways.

Training includes:

- Classroom and On-the-Water Instruction
- Training on use of equipment
- Books and training materials *free of charge*
- Complimentary Parking Pass for Silver Strand State Beach

2. **American Red Cross Pool Lifeguard Training***
3. **First Aid for Public Safety Personnel-Title 22***
4. **Ocean Lifeguard for Recreational Assistants***

*Items 2-4 offered through SWC's Continuing Education Program at no-cost each March/April and May/June.

Students completing this program **may** be eligible for employment at Crown Cove Aquatic Center working as a Lifeguard Teaching Assistant.

CCAC is a satellite campus of Southwestern Community College and, through financial support from California Department of Boating & Waterways, provides boating education and water-based recreational instruction to the general public.



IDEAL FOR:

- ◆ **Camp Counselors**
- ◆ **Pool Lifeguards**
- ◆ **Paddle Sport Leaders**
- ◆ **Summer Camp Staff**

For more details please contact CCAC at 619-575-6176

or email: ccac@swccd.edu

Crown Cove Aquatic Center 5000 Highway 75 Coronado, CA 92118

www.swccd.edu/crowncove