## **HEALTH INSURANCE PLAN OPTIONS**



## Southwestern Community College District

Effective Period: January 1, 2026 - December 31, 2026 No plan design changes for 2026

Benefit Summary	VEBA Direct HMO \$10/100%	UHC Harmony HMO \$10/100%	UHC CS VEBA Alliance HMO \$20/\$30/\$500A	Kaiser HMO \$10, Rx: \$10 / \$10 100-day
Mandinal Dadonathia	What You Pay	What You Pay	What You Pay	What You Pay
Medical Deductible (individual/family)	None	None	None	None
Medical Out-of-Pocket Maximum (individual/family)	\$1,500 / \$3,000	\$1,500 / \$3,000	\$3,000 / \$6,000	\$1,500 / \$3,000
Health Account	None	None	None	None
PCP Office Visit	\$10 copay	\$10 copay	\$20 copay	\$10 copay
Specialist Office Visit	\$10 copay	\$10 copay	\$30 copay	\$10 copay
Preventive Care	No charge	No charge	No charge	No charge
Inpatient Hospital Care	No charge	No charge	\$500 admit copay	No charge
Mental Health Services (outpatient/inpatient)	\$10 copay / No charge	\$10 copay / No charge	\$20 copay / \$500 admit copay	\$10 copay / No charge
Substance Abuse Services (outpatient/inpatient)	No charge	No charge	No charge	\$10 copay / No charge
Outpatient Diagnostic Laboratory and Radiology (standard procedures)	No charge	No charge	No charge	No charge
Complex Radiology (PET & MRI)	No charge	No charge	\$200 copay	No charge
Outpatient Surgery	No charge	No charge	\$250 copay	\$10 copay
Outpatient Physical/Rehabilitation Therapy (Office Visit)	\$10 copay	\$10 copay	\$20 copay	\$10 copay
Chiropractic and Acupuncture Services*	\$10 copay	\$10 copay	\$20 copay	\$10 copay
Urgent Care (Office Visit only)	\$10 copay	\$10 copay	\$20 copay	\$10 copay
Emergency Room (Copay waived if admitted)	\$100 copay	\$100 copay	\$150 copay	\$100 copay
Rx Deductible (individual/family)	None	None	None	None
Rx Out-of-Pocket Maximum (individual/family)	Combined with medical	Combined with medical	Combined with medical	N/A
Rx Formulary List	National Preferred	National Preferred	National Preferred	Kaiser
Rx Pharmacy Network	Express Advantage Network**	Express Advantage Network**	Express Advantage Network**	Kaiser
Short-Term Prescription Drugs*** (up to 30-day supply)	\$5 Generic \$25 PB 50% \$40 min \$175 max NPB	\$5 Generic \$25 PB 50% \$40 min \$175 max NPB	\$10 Generic \$30 PB 50% \$40 min \$175 max NPB	G / B: \$10 copay (up to a 100-day supply)
Long-Term Prescription Drugs*** (up to 90-day supply)	\$10 Generic \$50 PB 50% \$80 min \$350 max NPB	\$10 Generic \$50 PB 50% \$80 min \$350 max NPB	\$20 Generic \$60 PB 50% \$80 min \$350 max NPB	G / B: \$10 copay (up to a 100-day supply)
Available Medical Groups	Rady Children's Health Network, Sharp Community Medical Group, Sharp Rees-Stealy Medical Group, UC San Diego Medical Group, UC San Diego Health Network	Optum Care Network, Sharp Community Medical Group, Sharp Rees-Stealy Medical Group, UC San Diego Medical Group & Affiliates	Mercy Physicians Medical GroupScripps Care Affiliate, Scripps, Rady Children's Health Network, UC San Diego Medical Group	Kaiser

<sup>\*</sup>Chiropractic and Acupuncture services have no annual visit maximums, must be medically necessary and may be subject to prior authorization from OptumHealth.

This document is an outline of the coverage proposed by the carrier(s), based on information provided by your company. It does not include all the terms, coverages, exclusions, limitations, and conditions of the actual contract language. The policies themselves must be read for those details. The intent of this document is to provide you with general information about your employee benefit plans. It does not necessarily address all the specific issues which may be applicable to you. It should not be construed as, nor is it intended to provide, legal advice. Questions regarding specific issues should be directed to your Human Resources/Benefits Department.

<sup>\*\*</sup>Pay standard copays if you fill your prescription at an EAN Pharmacy (EAN Pharmacies include Rite Aid, Costco, Kmart, Vons, Haggen, Safeway, SuperValue, WinnDixie, Walmart, and many independent pharmacies) visit www.Express-scripts.com for a complete list of EAN pharmacies.

<sup>\*\*</sup>Pay standard copays plus \$5/prescription if you fill your prescription at a non-EAN Pharmacy (Non-EAN Pharmacies include CVS, Walgreens, and certain independent pharmacies).

<sup>\*\*</sup>You will pay the Retail Refill Allowance (RRA) penalty (equal to 2 times short-term medication copay for 30-day supply) if you fill long-term prescriptions at a network pharmacy other than Smart90 (Rite-Aid, Costco, and Sharp Rees Stealy Pharmacies).

<sup>\*\*</sup>Copays waived for preferred generic hypertension, hypoglycemic, and cholesterol medications purchased at mail or Smart 90. This does not include normal retail use or brand drugs.

<sup>\*\*\*</sup>G = Generic, P = Preferred, B = Brand, PB = Preferred Brand, NPB = Non-preferred Brand, S = Specialty Disclaimer: Prepared by RPA San Diego on behalf of CS VEBA.



## **UMR NexusACO PPO Plan Summary**

Effective Period: January 1, 2026 - December 31, 2026

Plan changes are highlighted red

Benefit Summary	UMR NexusACO PPO				
Belletit Stiffing	In Network Tier 1	In Network Tier 2	Out of Network Tier 3		
	What You Pay	What You Pay	What You Pay		
Medical Deductible (individual/family)	\$1,000 / \$2,000	\$2,000 / \$4,000	\$4,000 / \$8,000		
Medical Out-of-Pocket Maximum (individual/family)	\$2,500 / \$5,000	\$5,000 / \$10,000	\$7,500 / \$14,000		
Health Account		None			
PCP Office Visit	\$30 copay	20% coinsurance (after deductible)	50% coinsurance (after deductible)		
Specialist Office Visit	\$50 copay	20% coinsurance (after deductible)	50% coinsurance (after deductible)		
Preventive Care	No charge	No charge	No coverage for non-network services		
Inpatient Hospital Care	20% coinsurance (after deductible)	40% coinsurance (after deductible)	50% coinsurance with Prior Authorization (after deductible)		
Mental Health Services (outpatient/inpatient)	\$30 copay / 20% coinsurance (after deductible)	20% coinsurance (after deductible)	50% coinsurance (after deductible)		
Substance Abuse Services (outpatient/inpatient)	\$30 copay / 20% coinsurance (after deductible)	20% coinsurance (after deductible)	50% coinsurance (after deductible)		
Outpatient Diagnostic Laboratory and Radiology (standard procedures) Freestanding Facility or Physician Office OR	No charge	20% coinsurance (deductible does not apply)	50% coinsurance (after deductible)		
Hospital-based Lab or Radiology	20% coinsurance (deductible does not apply)	40% coinsurance (deductible does not apply)			
Complex Radiology (PET & MRI) Freestanding Facility or Physician Office OR	20% coinsurance (after deductible)	40% coinsurance (after deductible)	50% coinsurance (after deductible)		
Hospital-based Complex Radiology					
Outpatient Surgery Ambulatory Surgery Center or Physician's Office	20% coinsurance (after deductible)	40% coinsurance (after deductible)	50% coinsurance with Prior Authorization		
OR Outpatient Hospital-based Surgical Center	20% coinsurance (after deductible) and \$100 copayment	40% coinsurance (after deductible) and \$100 copayment	(after deductible)		
Outpatient Physical/Rehabilitation Therapy (Office Visit)	\$30 copay	20% coinsurance (after deductible)	50% coinsurance (after deductible)		
Chiropractic and Acupuncture Services*	\$30 copay	\$30 copay	50% coinsurance (after deductible)		
Urgent Care (Office Visit only)	\$50 copay	\$50 copay	50% coinsurance (after deductible)		
Emergency Room (Copay waived if admitted)	\$100 copay	\$100 copay	\$100 copay		
Rx Deductible (individual/family)	None				
Rx Out-of-Pocket Maximum (individual/family)	Combined with medical				
Rx Formulary List	National Preferred				
Rx Pharmacy Network	Express Advantage Network**				
Short-Term Prescription Drugs*** (up to 30-day supply)	\$10 G \$30 50% \$40 min S	Retail: with submission of a paper claim, member will be reimbursed at the rate the Plan would have paid had the member used an in-network pharmacy less the member's copay.			
Long-Term Prescription Drugs*** (up to 90-day supply)	\$20 G \$60 50% \$80 min s	No coverage for non-network pharmacy			
Available Medical Groups	Check <u>umr.com</u> to find Tier 1	All others			

PPO medical and prescription drug plans exclude coverage for infertility services, but have access to Kindbody Fertility Solutions for applicable covered benefits.

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