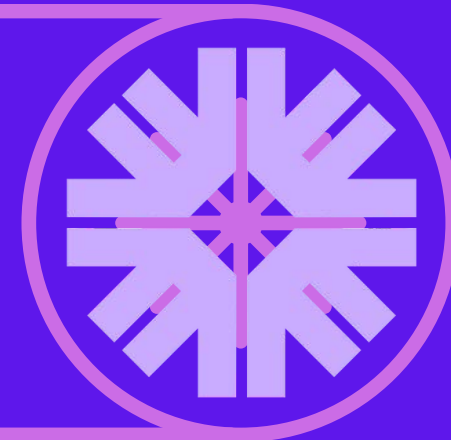
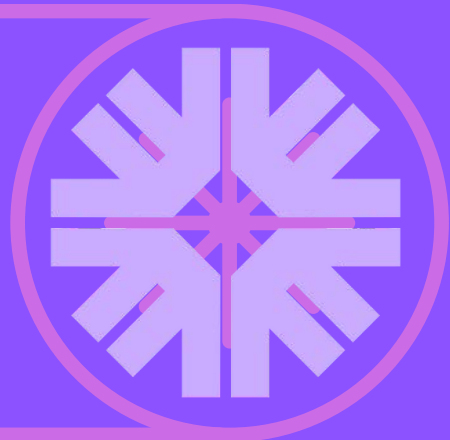


# Domestic Violence Awareness Month: United for Change

Informing and Empowering Our  
Community for a Safer Tomorrow



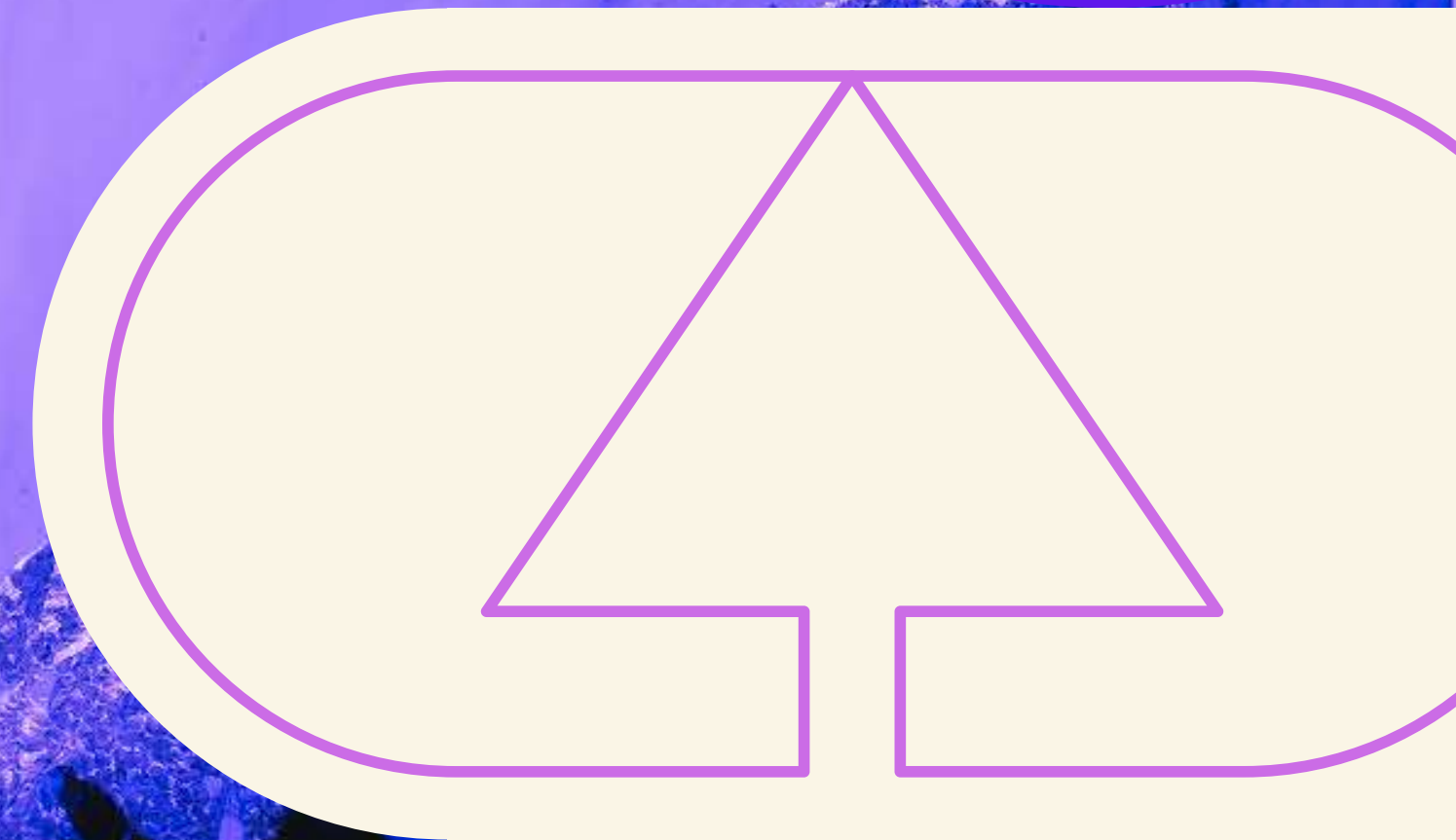
September 2025

# Understanding

## RAISING AWARENESS

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\*Source: UCSD & Tulare



33%

## Women Experience Sexual Violence

This statistic highlights the **urgent need** for awareness and prevention efforts across communities.



63%

## Financial Costs

**Billions lost** in healthcare and productivity due to intimate partner violence in California.

87%

## Human Costs

**Significant trauma** experienced by survivors, leading to decreased quality of life and wellbeing.



## Economic Burden of Intimate Partner Violence

- 01 Intimate partner violence (IPV) in California incurs **significant healthcare costs**, burdening hospitals and services due to the treatment of physical and mental health injuries.
- 02 The criminal justice system faces extensive **expenses related to IPV**, including law enforcement, legal proceedings, and corrections, diverting resources from other community needs.
- 03 Moreover, IPV leads to a considerable **loss of productivity**, as victims may miss work or experience job instability, adversely affecting both the economy and their families.



# Impact on Victims of IPV

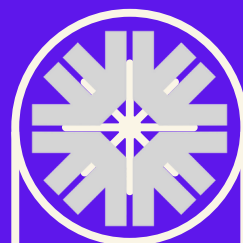
- 01 Intimate partner violence (IPV) significantly affects victims' **physical health**, leading to injuries, chronic pain, and other long-term health complications that can persist throughout their lives.
- 02 Victims of IPV often experience severe **mental health** consequences, including anxiety, depression, and post-traumatic stress disorder, which can hinder their ability to find stability and recover.
- 03 The **emotional well-being** of IPV victims is deeply impacted, resulting in feelings of isolation, fear, and low self-esteem, which can complicate their healing and support processes.

# Prevention Strategies

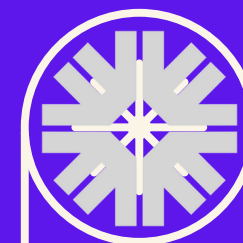
ESSENTIAL STEPS TO COMBAT INTIMATE PARTNER VIOLENCE



**Education programs** play a crucial role in raising awareness about IPV, teaching individuals about healthy relationships and effective communication skills.



Community engagement fosters support networks where victims can find resources and assistance, creating a safer environment for those affected by intimate partner violence.



Policy changes are vital for enhancing legal protections and support systems for survivors, ensuring adequate resources and accountability within communities to combat IPV.

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# Bystander Intervention

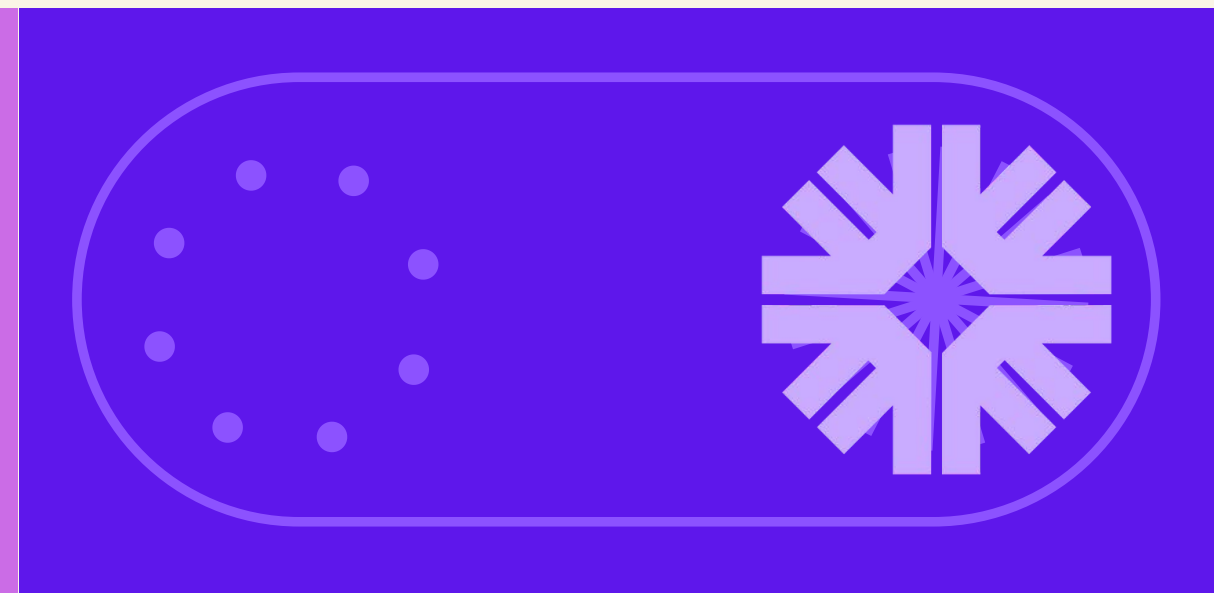
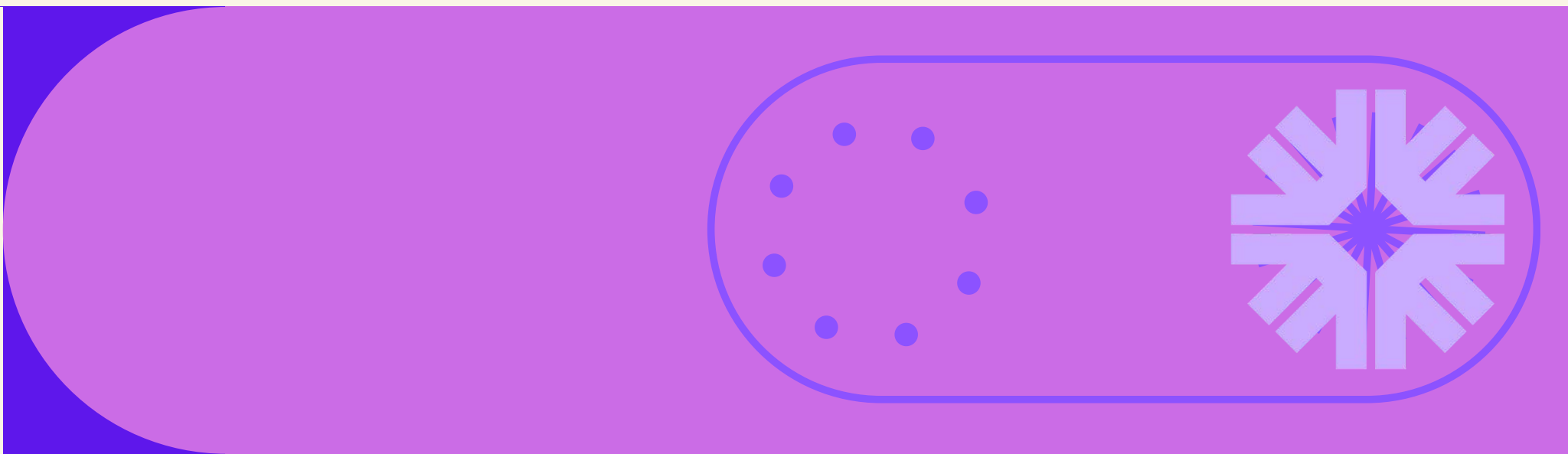
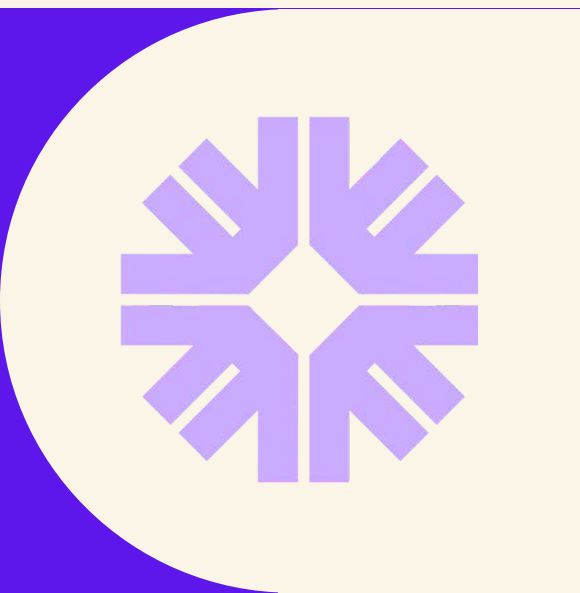
## HOW TO SAFELY TAKE ACTION

Bystander intervention is crucial; individuals can help prevent **intimate partner violence** by intervening safely when witnessing potentially harmful situations. Awareness and **vigilance** empower communities to challenge abusive behaviors and support those in need of help.

# Supporting Survivors

## CREATING A SAFE SPACE FOR HEALING

Providing support to survivors involves active listening, **validating their experiences**, and connecting them with appropriate resources. It's essential to approach each situation with sensitivity, ensuring survivors feel safe and **empowered** to make their own choices moving forward.





# Response Services

## **The Impact of Intimate Partner Violence in California**

In California, the financial and human toll of intimate partner violence (IPV) is immense, affecting millions of individuals. Victims often encounter significant medical bills, legal costs, and lost wages due to the trauma and instability inflicted by violence. Raising awareness and providing education are essential for reducing these costs and preventing future occurrences, allowing individuals to seek assistance without the fear of stigma.

## **The Importance of Supportive Services**

Support services are crucial in empowering survivors to reclaim their lives. Accessible resources, such as legal aid and counseling, offer vital guidance and emotional support. Community organizations are committed to delivering comprehensive care and advocacy, assisting victims in navigating the intricate systems of shelter, safety, and recovery, while reinforcing their strength and resilience in overcoming IPV.

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# Healthy Relationships

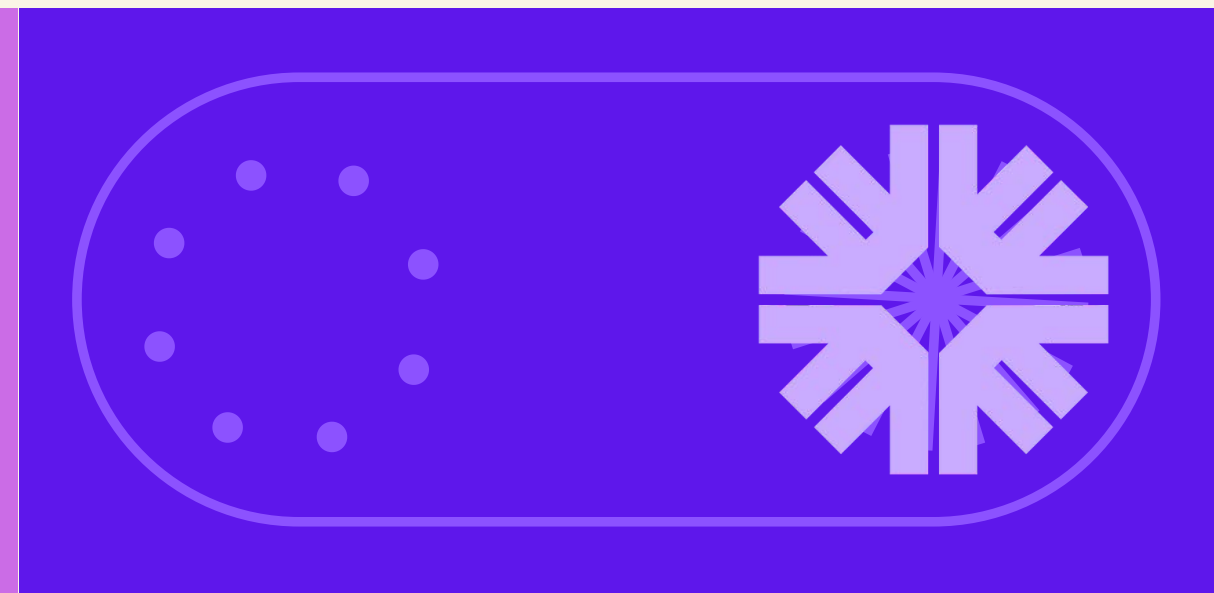
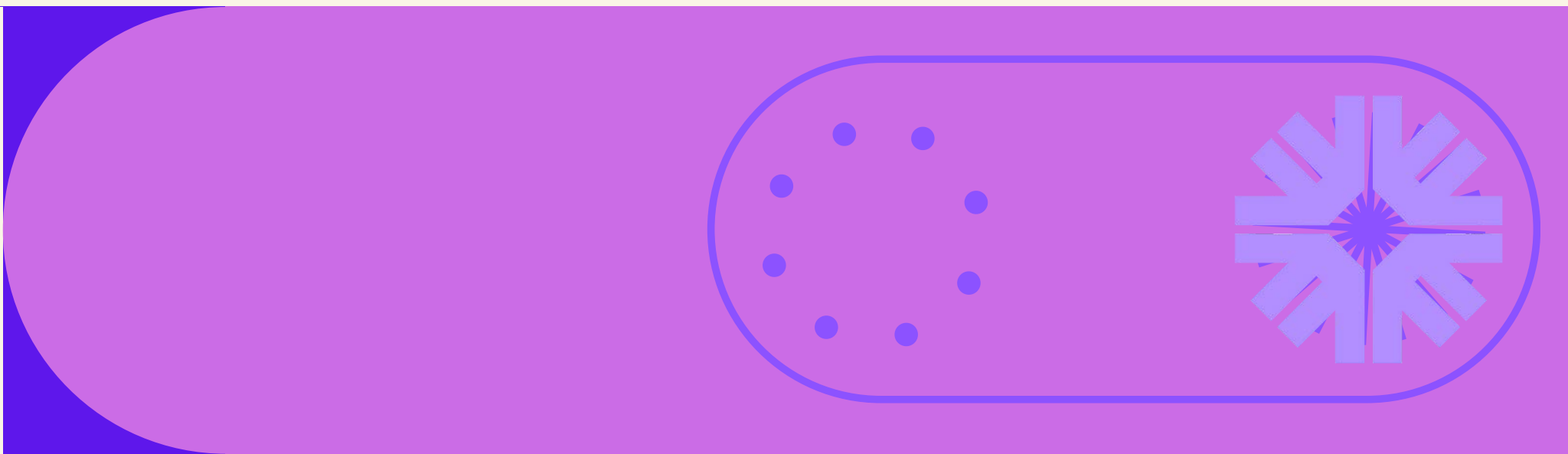
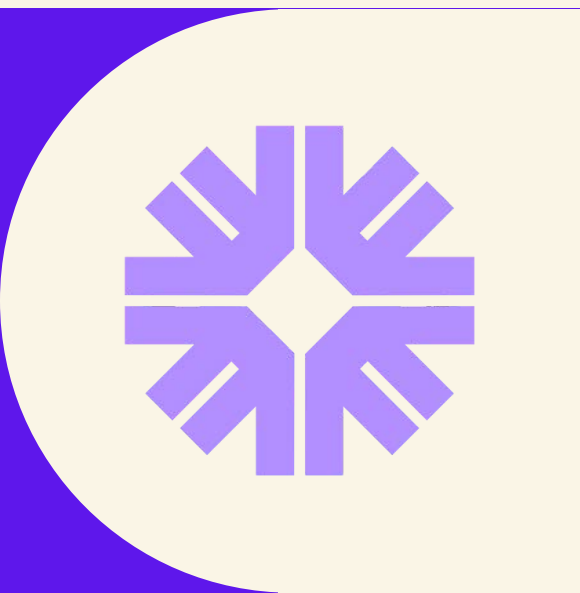
BUILDING STRONG AND RESPECTFUL CONNECTIONS

Healthy relationships are built on **trust**, **communication**, and mutual respect. By fostering open dialogues and understanding each other's boundaries, individuals can create a supportive environment that encourages growth and emotional safety among partners.

# Conflict Resolution

STRATEGIES FOR MANAGING DISAGREEMENTS EFFECTIVELY

Effective conflict resolution involves active listening and **empathetic responses**. By addressing issues openly and constructively, individuals can prevent misunderstandings and foster a collaborative atmosphere that respects each person's feelings and perspectives.





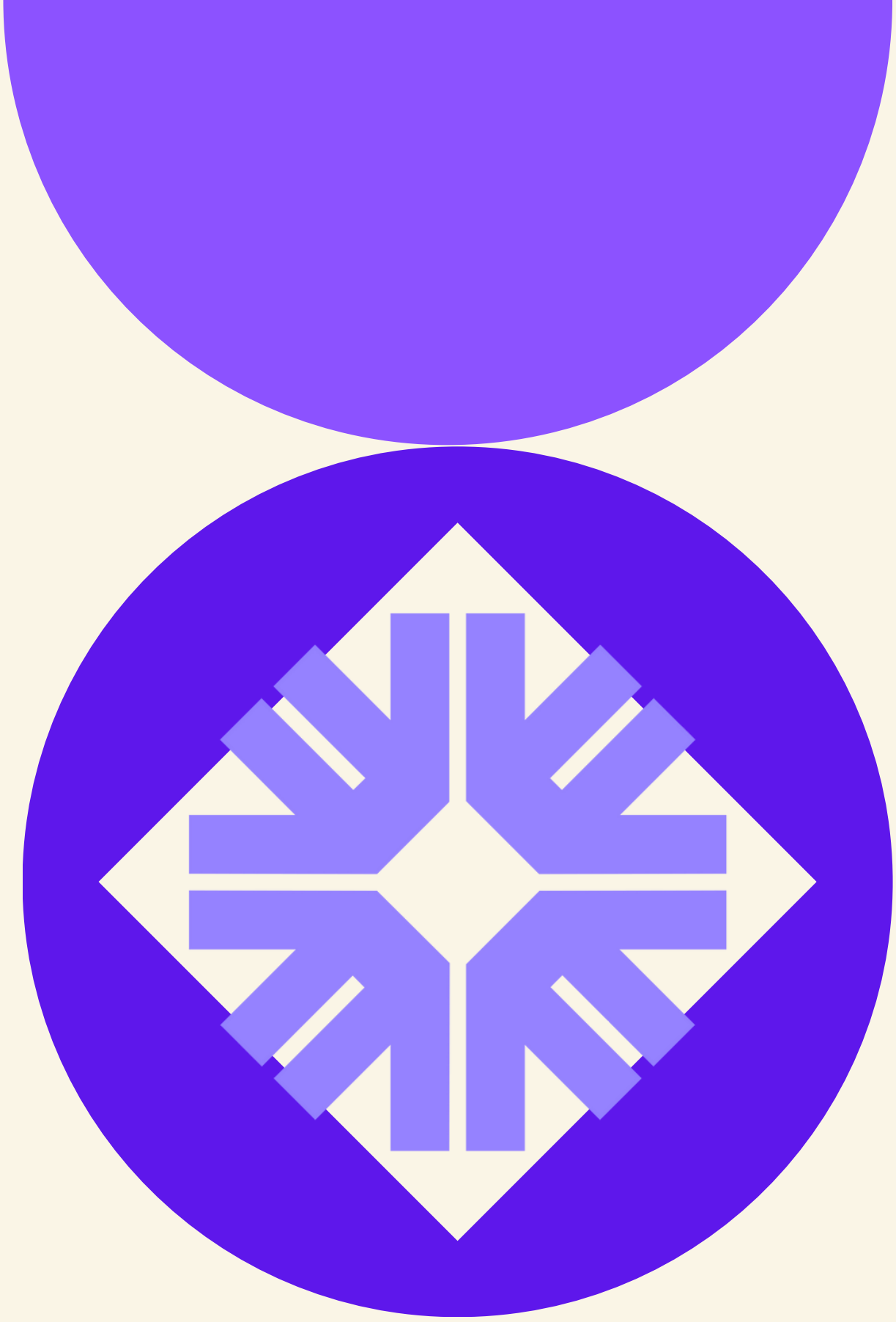
## Collaborative Strategies for Prevention

- 01 Community collaboration is essential for addressing intimate partner violence (IPV). **Law enforcement agencies**, healthcare providers, and social services must work together to create impactful solutions.
- 02 Law enforcement plays a critical role in IPV prevention. By establishing **stronger relationships** with community members, they can foster trust and improve reporting of incidents.
- 03 Healthcare providers are on the front lines and can identify signs of IPV during routine check-ups. They must be equipped with resources and training to provide **appropriate support** to survivors.



# Creating a Culture of Respect

- 01 A culture of respect requires **education and awareness**. Communities must challenge harmful norms and promote healthy relationships to prevent intimate partner violence.
- 02 By challenging harmful norms, we encourage **open conversations** about consent and equality, fostering an environment where individuals feel empowered to speak up and seek help.
- 03 Supporting survivors is crucial. Communities need **accessible resources** and support systems in place to ensure survivors feel safe and validated in their experiences.



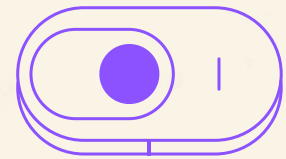
# Available Resources

**Understanding and addressing intimate partner violence (IPV)** is crucial for creating a safer community.

The National Domestic Violence Hotline offers immediate support and resources for survivors, including crisis intervention and safety planning. Additionally, local support organizations provide tailored services such as counseling, legal aid, and shelter options for those in need, empowering individuals to reclaim their lives. Mental health services are also vital in the healing process. Specialized therapists and counselors can help survivors navigate the emotional aftermath of IPV and develop healthy coping mechanisms.

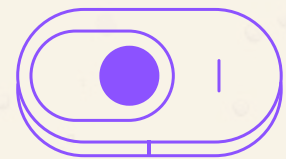
Community outreach programs play a key role in raising awareness and educating the public about the **signs and impacts of abuse**, fostering a culture of support and prevention.

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We are here to  
support you,  
reach out!

