

From Microaggressions to Hate Violence: Racism towards AAPI Communities

This workshop will cover the impact on mental health as a result of microaggressions, racism, homophobia, transphobia, and other forms of oppression with a particular focus on AAPI communities. It is an introductory course that uses experiential and/or didactic experiences to:

- increase awareness of, and sensitivity to, implicit bias and microaggressions;
- build upon knowledge of specific reference group identities—such as race, ethnicity, gender, sexual orientation, social class, and religion; and
- cultivate organizational strategies to promote workplace inclusivity through skill development and critical consciousness.

MONDAY, MAY 10, 2021
11:45 AM – 1:15 PM

REGISTRATION

<https://forms.gle/YaNB3rcADTDJgr4T9>



Dr. Kevin Leo Yabut Nadal is a Professor of Psychology at both John Jay College of Criminal Justice and Graduate Center at the City University of New York. He received his doctorate in counseling psychology from Columbia University in New York City and is one of the leading researchers in understanding the impacts of microaggressions, or subtle forms of discrimination, on the mental and physical health of people of color; lesbian, gay, bisexual, transgender, and queer (LGBTQ) people; and other marginalized groups.

He has published over 100 works on multicultural issues in the fields of psychology and education. A California-bred New Yorker, he was named one of People Magazine's hottest bachelors in 2006 and one of NBC's Pride 30 in 2018. He once won an argument with Bill O'Reilly on Fox News Channel's "The O'Reilly Factor"; and he was even once a Hot Topic on ABC's "The View". He has been featured in the New York Times, BuzzFeed, Huffington Post, CBS, NBC, ABC, PBS, the Weather Channel, the History Channel, HGTV, Philippine News, and The Filipino Channel.

He is the author of ten books including Filipino American Psychology (2011, Wiley); That's So Gay: Microaggressions and the Lesbian, Gay, Bisexual, and Transgender Community (2013, APA); Microaggressions and Traumatic Stress (2018, APA); and Queering Law and Order (2020, Lexington). He was the first openly gay President of the Asian American Psychological Association and the first person of color to serve as the Executive Director of the Center for LGBTQ Studies. He is a National Trustee of the Filipino American National Historical Society (FANHSS) and a co-founder of the LGBTQ Scholars of Color National Network.

He has delivered hundreds of lectures across the United States, including the White House and the U.S. Capitol. He has won numerous awards, including the American Psychological Association 2017 Early Career Award for Distinguished Contributions to Psychology in the Public Interest; the 2019 Richard Tewksbury Award from the Western Society of Criminology, and the Thought Leadership Award from the Robert Wood Johnson Foundation.