

PERSONAL WELLNESS SERVICES
SUICIDE PREVENTION

**QPR TRAINING
MARCH 25, 2021
12PM**

SUICIDE IS A SERIOUS CONSEQUENCE OF A TREATABLE BEHAVIORAL HEALTH PROBLEM SUCH AS DEPRESSION.

QPR TEACHES YOU TO RECOGNIZE THE WARNING SIGNS OF A POTENTIAL SUICIDE CRISIS AND TEACHES 3 LIFE-SAVING SKILLS TO INTERVENE:

QUESTION, PERSUADE, AND REFER.

**PRESENTED BY:
MICHELE MADDEN
COMMUNITY HEALTH IMPROVEMENT PARTNERS**

***STUDENTS MUST REGISTER IN ADVANCE TO ATTEND WORKSHOP.**

HERE IS THE LINK:

<https://us02web.zoom.us/join/9151512091>

OPEN TO STUDENTS ONLY

IF YOU ARE AN INDIVIDUAL WITH A DISABILITY WHO NEEDS ACCOMMODATIONS TO PARTICIPATE IN THIS EVENT, PLEASE CONTACT:

PERSONAL WELLNESS SERVICES
EMAIL: SWCPERSONALWELLNESS@SWCCD.EDU
CALL: 619-421-6700 x5279

