



CULTIVATING COURAGEOUS CONVERSATIONS SPEAKERS SERIES

ARE YOU THE TRAUMA OR THE TREATMENT?

Understanding Racial Battle Fatigue, Racial Battle Fatigue Contagion, Coping, and Effective Allyship in Racially Diverse Communities



This presentation is designed to ask participants one fundamental question: Are you the trauma or the treatment for racially minoritized people? All people, irrespective of their racial background, which includes racially minoritized in-group members, can perpetuate racial trauma on people who are already psychologically and emotionally predisposed to be on-guard for racist threats. The critical objection is to recognize how the foundation and history of race and racism play out to reinforce social and public health inequalities: Participants will 1) Obtain an understanding of the foundation of racial oppression and how it has carried over to modern time; 2) Acquire a deeper understanding of Racial Battle Fatigue and Racial Battle Fatigue Contagion; and 3) Learn what are strategies for Resilience and Effective Allyship.

SPEAKER:

DR. WILLIAM A. SMITH

TUESDAY
FEBRUARY

15

2022
4 p.m.-5 p.m.



Register

Zoom Registration:

https://swccd-edu.zoom.us/webinar/register/WN_InRqF2kSQpap0ZCQJxAAqA

William A. Smith is a full professor and department chair of Education, Culture & Society at the University of Utah. He also holds a joint appointment in the Ethnic Studies Program (African American Studies division) as a full professor. In addition, he has served as the Associate Dean for Diversity, Access, & Equity in the College of Education (2007-2014) and a Special Assistant to the President as the NCAA Faculty Athletics Representative (2007-2013) at the University of Utah. Dr. Smith is the co-editor (with Philip Altbach & Kofi Lomotey) of the book, *The Racial Crisis in American Higher Education: The Continuing Challenges for the 21st Century (2002)*. The 2nd Revised edition of *The Racial Crisis in American Higher Education* is scheduled for publication later this year with all-new chapters. In 2018, he received the College of Education's *Faculty Service Award for Outstanding Research & Scholarship*. In 2020, Dr. Smith was awarded the *Spencer Foundation's Mentor Award and the University of Utah's Distinguished Graduate & Postdoctoral Scholar Mentor Award*.

In 2021, Dr. Smith was again awarded one of the University of Utah's highest honors with the *Distinguished Professor Award for Scholarly Research* and the Black Faculty & Staff's highest award, the *James McCune Smith Award of Veneration*. In addition, in 2011, the 12th District of the Omega Psi Phi Fraternity, Inc. awarded him its *Omega Man of the Year*. In 2021, they awarded him again its *Founders Lifetime Achievement Award*. Most recently, *Living Color Utah* honored Dr. Smith with its award in Education for people who have made it their mission to impact the areas of diversity. Dr. Smith's research focuses on his theoretical and scholarly contributions of *Racial Battle Fatigue* (a concept he coined in 2003): the cumulative emotional, psychological, physiological, and behavioral effects of racial micro-level aggressions and macro-level aggressions (microaggressions and macroaggressions) have on targets of racism. He summarizes this definition by saying that it is a *systemic race-related repetitive stress injury*.

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