

CPR & FA Classes!

FALL
2026



Southwestern College Crown Cove Aquatic Center



Silver Strand State Beach

5000 Highway 75, Coronado, CA 92118

Community CPR & First Aid Program

Basic Life Support (BLS) Instructor,
First Aid, CPR & AED/Pediatric Safety & CPR,
BLS Provider

Required:

- *AHA Student Manual or eBook
- **\$35.00 for Course Completion eCard (valid 2 years)

CPR for Professional Rescuer or BLS Provider

A 9-hour class for professional rescuers and those interested in becoming BLS instructors. Includes: Adult and Pediatric CPR, Foreign Body Airway Obstruction, use of Automated External Defibrillator (AED) and Bag-Valve-Mask ventilation.



BLS Instructor

16-hour American Heart Association course designed to advance the Healthcare Provider to the level of instructor. Pre-course work required.

Pediatric Safety & CPR

An 8-hour course appropriate for daycare providers, teachers or anyone requiring certification in Adult, Child and Infant CPR, obstructor airway, AED & First Aid. Does not include Preventive Health.



AHA First Aid CPR AED

An 8-hour class for those seeking basic first aid and CPR certification to meet job requirements. Components include Adult CPR, AED, Foreign Body Airway Obstruction, Disease Transmission, First Aid for injuries and prevention of illness.

<u>Day</u>	<u>Date</u>	<u>Course #</u>	<u>Hours</u>
<u>AHA Basic Life Support (BLS) Provider – NC 1007 (Pick ONE)</u>			
Saturday	08/29/26	NC 1007-E1	8:30 am – 5:40 pm
Saturday	09/26/26	NC 1007-E1	8:30 am – 5:40 pm
Saturday	10/24/26	NC 1007-E2	8:30 am – 5:40 pm
Saturday	11/14/26	NC 1007-E3	8:30 am – 5:40 pm
Saturday	12/12/26	NC 1007-E4	8:30 am – 5:40 pm
Location: Crown Cove Aquatic Center (CCAC) 5000 Highway 75, Coronado, CA 92118			
<u>AHA First Aid & Adult CPR – NC 40 (Pick ONE)</u>			
Saturday	09/19/26	NC 40-E1	8:30 am – 4:40 pm
Saturday	11/07/26	NC 40-E2	8:30 am – 4:40 pm
Location: Crown Cove Aquatic Center (CCAC) 5000 Highway 75, Coronado, CA 92118			
Saturday	10/17/26	NC 40-75	8:30 am – 4:40 pm
Location: HEC National City 880 National City Blvd. National City, CA 91950			
<u>AHA Pediatric Safety & CPR – NC 1022 (Pick ONE)</u>			
Saturday	09/12/26	NC 1022-75	8:30 am – 4:40 pm
Location: HEC National City 880 National City Blvd. National City, CA 91950			
Saturday	10/10/26	NC 1022-E1	8:30 am – 4:40 pm
Location: Palomar Elementary School 300 E. Palomar, Chula Vista, CA 91911			
Saturday	12/05/26	NC 1022-E2	8:30 am – 4:40 pm
Location: Crown Cove Aquatic Center (CCAC) 5000 Highway 75, Coronado, CA 92118			
<u>AHA Basic Life Support (BLS) Instructor – NC 1039 (Must Attend BOTH Days)</u>			
Saturday	11/22/26	NC 1039-E1	8:30 am – 4:40 pm
Sunday	11/23/26	NC 1039-E1	8:30 am – 4:40 pm

For Information:

619.429.1669

cpr4you@swccd.edu

<https://swccd.edu/crowncove-cpr>



American
Heart
Association®

**AUTHORIZED
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CENTER**