

CPR & FA Classes!

Spring
2026



Southwestern College Crown Cove Aquatic Center

Silver Strand State Beach
5000 Highway 75, Coronado, CA 92118



Required:

*AHA Student Manual or eBook
**\$35.00 for Course Completion
eCard (valid 2 years)

CPR for Professional Rescuer or BLS Provider

A 9-hour class for professional rescuers and those interested in becoming BLS instructors. Includes: Adult and Pediatric CPR, Foreign Body Airway Obstruction, use of Automated External Defibrillator (AED) and Bag-Valve-Mask ventilation.



BLS Instructor

16-hour American Heart Association course designed to advance the Healthcare Provider to the level of instructor. Pre-course work required.

Pediatric Safety & CPR

An 8-hour course appropriate for daycare providers, teachers or anyone requiring certification in Adult, Child and Infant CPR, obstructer airway, AED & First Aid. Does not include Preventive Health.



AHA First Aid CPR AED

An 8-hour class for those seeking basic first aid and CPR certification to meet job requirements. Components include Adult CPR, AED, Foreign Body Airway Obstruction, Disease Transmission, First Aid for injuries and prevention of illness.

Community CPR & First Aid Program

Basic Life Support Instructor
First Aid, CPR& AED/Pediatric Safety & CPR Basic Life
Support (BLS) Provider

Days Date Course # Hours **AHA Basic Life Support (BLS) Provider – NC 1007 (Pick ONE)**

Saturday	02/07/26	NC 1007-E1	8:30 am – 5:40 pm
Saturday	03/14/26	NC 1007-E2	8:30 am – 5:40 pm
Saturday	04/18/26	NC 1007-E3	8:30 am – 5:40 pm
Saturday	05/09/26	NC 1007-E4	8:30 am – 5:40 pm

Location: Crown Cove Aquatic Center (CCAC),
5000 Highway 75, Coronado, CA 92118

AHA First Aid & Adult CPR – NC 40 (Pick ONE)

Saturday	02/28/26	NC 40-75	8:30 am – 4:40 pm
Saturday	03/21/26	NC 40-76	8:30 am – 4:40 pm

Location: SWC HEC National City,
880 National City Blvd, National City, CA 91950

Saturday	04/25/26	NC 40-E1	8:30 am – 4:40 pm
Saturday	05/16/26	NC 40-E2	8:30 am – 4:40 pm

Location: Crown Cove Aquatic Center (CCAC),
5000 Highway 75, Coronado, CA 92118

AHA Pediatric Safety & CPR – NC 1022 (Pick ONE)

Saturday	03/07/26	NC 1022-E1	8:30 am – 4:40 pm
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Location: Palomar Elementary School,
300 E. Palomar, ChulaVista, CA 91911

Saturday	04/11/26	NC 1022-75	8:30 am – 4:40 pm
Saturday	05/02/26	NC 1022-76	8:30 am – 4:40 pm

Location: SWC HEC National City,
880 National City Blvd, National City, CA 91950

AHA Basic Life Support (BLS) Instructor – NC 1039 (MUST Attend BOTH Days)

Saturday	02/21/26	NC 1039-E1	8:30 am – 4:40 pm
Sunday	02/22/26	NC 1039-E1	8:30 am – 4:40 pm

For Information:

<https://www.swccd.edu/crowncove-cpr>

To Register:

619.429.1669 and/or
cpr4you@swccd.edu



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Heart
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