

**Only \$46
a unit**



**Southwestern College
Crown Cove Aquatic Center**
5000 Highway 75, Coronado CA 92118
Silver Strand State Beach



Class Overview



Stand Up Paddle Board (SUP):

Learn paddle techniques, proper stance, turns and board control. Understand hazards and rescue methods.



Surfing: ES/A 238, 239, 240

Grab your wetsuit! Classes are perfect for all levels -**Beginning, Intermediate and Advanced**. Learn surfing techniques, types of waves, conditions and hazards, selection and safe use of equipment. Foam boards used for beginning surfers. Experienced surfers encouraged to bring personal boards.



Sea Kayaking I, II, III:

Learn basic safety & paddling techniques and develop skills through longer bay trips.

Summer 2021 SCHEDULE

Surfing, Kayaking, & Stand Up Paddle

Call (619) 575-6176 for Information

E-mail: CCAC@swccd.edu

REGISTER EARLY! ONLINE : www.swccd.edu

For all CCAC programs/events go to www.swccd.edu/crowncove

Be sure to check WebAdvisor for any updated course information.

Stand Up Paddle Board (ES/A 112, 113, 114)

Saturday & Sunday with G. Souza

Beginner

ES/A112 EI 6/26 to 8/8 8:30am-11:20am

Intermediate

ES/A113 EI

Advanced

ES/A114 EI

Surfing (ES/A 238/239/240)

Friday & Saturday with E. McMahon

Beginner

ES/A238 EI 6/25 to 8/7 8:30am-11:20am

Intermediate

ES/A239 EI

Advanced

ES/A240 EI

Saturday & Sunday with J. Ramos

Beginner

ES/A238 E2 6/26 to 8/8 8:30am-11:20am

Intermediate

ES/A239 E2

Advanced

ES/A240 E2

Sea Kayaking (ES/A 231, 232, 233)

Saturday & Sunday with R. Flores

Beginner

ES/A238 EI 6/26 to 8/8 8:30am-12:00pm

Intermediate

ES/A239 EI

Advanced

ES/A240 EI