



Southwestern College CPR & First Aid Program

Southwestern College CPR & First Aid Program Laboratory Classroom Procedure Summer/Fall 2020 – COVID-19

The Southwestern College CPR & First Aid Program is a designated American Heart Association (AHA) Training Center. We offer a variety of AHA and American Red Cross (ARC) classes to individuals and agencies in San Diego County including Basic Life Support (BLS) Provider, Heartsaver First Aid and CPRA with AED, Heartsaver Pediatric Safety and CPR, BLS Instructor courses. The Community CPR & First Aid Program currently has more than 250 independent BLS/ACLS instructors affiliated with Southwestern College American Heart Association Training Center. County first responders, lifeguards and care givers represent the majority of students who enroll in our courses.

As part of the plan to reopen face to face instruction, the Southwestern College CPR & First Aid Program shall conduct daily health screening for Faculty, Staff, and Students, prior to each session of in-person hands-on skills instruction. Hands-on skills are mandatory and required by The American Heart Association 2015 Guidelines. It is mandatory for all CPR students to complete in-person hands-on skills to obtain a course completion card from The American Heart Association. In response to COVID-19 and to keep our students and educational staff safe during instruction, we shall implement the follow daily health screening procedures:

Health Screening Procedure for SWC CPR & FA Faculty and Staff:

- Under the Primary Instructor's direction all students shall meet at HECNC (practicing social distancing >6 feet).
- The Faculty & Staff shall be using appropriate PPE
- The Faculty & Staff shall follow these procedures and document all results
 - Temperature check with no-touch thermometer
 - Re-test if over 38°C/100.4°F
 - Fill out the "COVID-19 Health Questionnaire"
- All paperwork will be filed with the Director of the Crown Cove Aquatic Center who oversees the CPR & First Aid Program following HIPAA Regulations.
- If any positive results are shown, the student shall be isolated to their private vehicle immediately and directed to their personal health care provider for further direction and health screening.
- The Lead Faculty, in conjunction with the CPR staff and the Program Director, will ensure that the labs are cleaned and decontaminated pre- and post- instruction including but not limited to all instructional equipment and tables.
- During Lab instruction the faculty will ensure and maintain social distancing guidelines to minimize interactions.

Health Screening Procedure for Hands-On Training, Students:

Students Arrival:

- All students will meet at HECNC following appropriate parking, social distancing, and processing procedures. Students will arrive no more than 15 minutes prior to the class start time.
- All students will park on the second level of the parking structure.
- Students will be required to wear facemasks from the time they leave their car to the time they return to their car.



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- Upon arrival, CPR students will report to the Gate that is adjacent to the parking structure on the second level and located on the West side of HECNC. Students will line up and maintain the current social distancing
- spacing. *As of 4/20/20 social distancing is 6' or greater separation. The sidewalk will be marked according to the six feet social distancing requirements.*
- Designated Faculty and Staff in the appropriate PPE will check-in the students and perform the following procedures and document the results for each student:
 - Temperature check with no-touch thermometer
 - Re-test if over 38°C/100.4°F
 - Fill-out the "COVID-19 Health Questionnaire"
- Once all students have been checked and cleared (no fever or respiratory symptoms), they can report to the appropriate lab following 6 feet or greater social distancing.

Check-in process- students will:

- Use the hand sanitizer provided.
- Check-in staff will complete the health questionnaire by asking students questions and recording answers for each class meeting.
 - First and Last Name
 - Have you traveled outside of the US in the past two weeks?
 - Is there anyone in your household that is currently sick, has or had a fever in the last 72 hours?
 - Do you have a fever/chills, cough, shortness of breath, headache, fatigue, muscle or body aches, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea?
 - Have you been diagnosed with COVID-19, if so, when?
- Temperature check completed on each student using no-touch thermometer.
 - If temperature is 38°C (100.4°F) or higher, a retake will be allowed.
- Any 'yes' answers to the health questionnaire or presence of fever, the student shall be isolated to their private vehicle immediately and directed to their personal health care provider for further direction and health screening.
- All documentation will be kept according to HIPAA regulations

Process for entering classroom:

- CPR & First Aid Program staff will ensure that the labs/equipment/common surface areas will be cleaned and decontaminated pre and post instruction including, but not limited to, all instructional equipment and surfaces.
- When students are cleared to enter the campus, they will line up outside the classroom on their specific marked spaces at least six feet apart.
- Students will enter the classroom one-at-a-time in the order of their table/workstation assignment to limit any student walking past another.



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- Each student will have their own table/workstation and all required supplies will be set up by CPR Program staff prior to start of class.

- A minimum of six feet distance will remain between students, staff, and faculty during class, when using the restroom, and on breaks.
- When class is complete, students will use hand sanitizer before leaving the classroom and exit in the opposite order they entered and maintain six feet of distance from each other to their cars.



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COVID-19 Waiver of Risk for CPR Students

Students in healthcare programs like other frontline medical providers are at high risk of exposure to the virus that causes COVID-19. In order to continue with the required American Heart Association CPR Program simulation hours, students are required to read and sign the following statement of understanding.

I agree to following CDC's first responder provider procedures to limit my exposure to, or transmission of, COVID-19 virus by the following methods:

- Following proper hand-washing technique before and after all contact with all persons and associated equipment. Use an alcohol-based hand sanitizer when handwashing is not readily available.
- Follow proper use of PPE including gloves and eye protection for all person/student/instructor contacts. Follow proper procedural use of N95/KN95 mask, surgical mask, gloves, gowns and face shields at all times, as directed by SWC faculty or staff.
- Report any COVID-19 exposure to SWC faculty or staff immediately.

I understand to obtain my course completion card from the American Heart Association I must participate in hands on skills requirement set forth by the American Heart Association 2015 Guidelines.

Print name: _____

Date: _____

Signature: _____

CPR Class: _____

Director/Lead faculty Name: _____

FOR THE CONTROL OF COVID-19



REVIEW!

Everyone exhibiting **ANY** symptoms whether mild or severe of COVID-19 or other communicable diseases including the flu, strep throat, colds, etc., is expected to self-isolate.

In an effort to protect your health and the health of all who enter

The Southwestern College Higher Education Center at National City (HECNC) Campus

People, including faculty, staff, and students **CANNOT** enter **ANY** location if exhibiting any of the following symptoms:

<ul style="list-style-type: none">▪ Persistent Cough	<ul style="list-style-type: none">▪ Diarrhea
<ul style="list-style-type: none">▪ Fever (> than 38°C or 100.4°F)	<ul style="list-style-type: none">▪ Chills
<ul style="list-style-type: none">▪ Mod. to severe headache	<ul style="list-style-type: none">▪ Malaise
<ul style="list-style-type: none">▪ Frequent Sneezing	<ul style="list-style-type: none">▪ Sore Throat

Anyone entering the Higher Education Centers of Southwestern College including faculty, staff, students, and visitors must be screened and have their temperature taken prior to entry.

We have implemented this check to preserve the health and safety of our staff and students. We all need to do our part to reduce the spread of communicable disease, including the COVID-19 virus.