



Southwestern College CPR & First Aid Program

Southwestern College CPR & First Aid Program Laboratory Classroom Procedure Spring/Summer 2022 – COVID-19

The Southwestern College CPR & First Aid Program is a designated American Heart Association (AHA) Training Center. We offer a variety of AHA and American Red Cross (ARC) classes to individuals and agencies in San Diego County including Basic Life Support (BLS) Provider, Heartsaver First Aid and CPRA with AED, Heartsaver Pediatric Safety and CPR, BLS Instructor courses. The Community CPR & First Aid Program currently has more than 250 independent BLS/ACLS instructors affiliated with Southwestern College American Heart Association Training Center. County first responders, lifeguards and care givers represent the majority of students who enroll in our courses.

As part of the plan to continue to offer face to face instruction, the Southwestern College CPR & First Aid Program. Hands-on skills are mandatory and required by The American Heart Association 2015 Guidelines. It is mandatory for all CPR students to complete in-person hands-on skills to obtain a course completion card from The American Heart Association. In response to COVID-19 and to keep our students and educational staff safe during instruction, we shall implement the follow daily safety procedures:

Instructors will wear N95 mask when conducting in person instruction. Students attending will be required to double mask with will fitted masks. In addition, the doors to the instructional classroom will be left open to ensure fresh air. Two of the doors exit directly to the exterior of the classroom ensuring fresh air from the outside. The third door exits into the camp able room and another exterior door will be left open to provide a cross current of fresh air to the instructional classroom

Health Screening Procedure for SWC CPR & FA Faculty and Staff:

- Under the Primary Instructor's direction all students shall meet at the Crown Cove Aquatic Center instructional classroom (practicing social distancing >6 feet).
- The Faculty & Staff shall be using appropriate PPE. Staff and faculty will be using N95 or KN95 masks.
- All students will be required to use well fitted masks and encouraged to double mask.
- The Lead Faculty, in conjunction with the CPR staff and the Program Director, will ensure that the labs are cleaned and decontaminated pre- and post- instruction including but not limited to all instructional equipment and tables.
- During Lab instruction the faculty will ensure and maintain social distancing guidelines to minimize interactions.

Students Arrival:

- All students will meet at the Crown Cove Aquatic Center will practice, social distancing.
- All students will park in the approved parking lot located on the beach side of silver strand state beach and proceed through tunnel #3 to the Crown Cove Aquatic Center.
- Students will be required to wear facemasks from the time they leave their car to the time they return to their car.
- Upon arrival, CPR students will report to the check-in table adjacent to the instructional classroom at the Crown Cove Aquatic Center. Students will line up and maintain the current social distancing spacing. *As of 1/25/22*



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social distancing is 6' or greater separation. The sidewalk will be marked according to the six feet social distancing requirements.

- Once all students have been checked and cleared (no fever or respiratory symptoms), they can report to the appropriate lab following 6 feet or greater social distancing.

Check-in process- students will:

- All students will be required to use the hand sanitizer provided.
- Check-in staff will ensure that all students are wearing approved face coverings.
- Temperature check completed on each student using no-touch thermometer.
 - If temperature is 38°C (100.4°F) or higher, a retake will be allowed.

Process for entering classroom:

- CPR & First Aid Program staff will ensure that the labs/equipment/common surface areas will be cleaned and decontaminated pre and post instruction including, but not limited to, all instructional equipment and surfaces.
- When students are cleared to enter the classroom, they will enter and proceed to their assigned work station.
- Students will enter the classroom one-at-a-time in the order of their table/workstation assignment to limit any student walking past another.
- Each student will have their own table/workstation and all required supplies will be set up by CPR Program staff prior to start of class.
- A minimum of six feet distance will remain between students, staff, and faculty during class, when using the restroom, and on breaks.
- When class is complete, students will use hand sanitizer before leaving the classroom and exit in the opposite order they entered and maintain six feet of distance from each other to their cars.