

# Lifeguard Training

2019

\*Free "CA Boater Card" from CA Division of Boating & Waterways



## Overview

### Ocean Lifeguarding Training

A 6-hour class designated to provide students with the skills and information needed to become an ocean Lifeguard or recreational assistant.

### Boating Safety Paddle Sports Leader Training

A 24-hour training covers small craft safety, general operations, basic rescue, skill development and leads to certification in small craft, basic rescue and paddle sports leader. Recommended for American Canoeing Association (ACA) instructor preparation.

### Basic Boating & Water Safety for Recreation Asst.

A 6-hour CA Division of Boating & Waterways approved boating safety course that provides the recreation assistant with a basic understanding of the areas of personal boating safety, boating laws, navigational rules and aids, small vessel operation, boating accident prevention and water rescue. Leads to CA Boater Card.



Southwestern College  
Crown Cove Aquatic Center  
at Silver Strand State Beach  
5000 Highway 75, Coronado, CA 92118



## Community CPR & First Aid Program

Ocean Lifeguarding for Recreation Assistants/Boating Safety Paddle Sports Leader Training/ Basic Boating & Water Safety for Recreation Assistants

<u>Class #</u>	<u>Days</u>	<u>Date</u>	<u>Hours</u>
<b>Ocean Lifeguarding for the Recreation Assistant</b>			
(NC 106 E1)	Sunday	06/02/19	8:30 am - 4:40 pm
<b>Boating Safety Paddle Sports Leader Training</b>			
(NC 1064 E1)	Saturday	04/06/19	8:30 am - 4:40 pm
	Sunday	04/07/19	8:30 am - 4:40 pm
	Saturday	04/13/19	8:30 am - 4:40 pm
- OR -			
(NC 1064 E2)	Saturday	06/08/19	8:30 am - 4:40 pm
	Sunday	06/09/19	8:30 am - 4:40 pm
	Saturday	06/15/19	8:30 am - 4:40 pm
<b>Basic Boating &amp; Water Safety for Recreation Assistants</b>			
(NC 1046 E1)	Saturday	04/20/19	8:30 am - 1:30 pm
- OR -			
(NC 1046 E2)	Saturday	06/22/19	8:30 am - 1:30 pm

**For information and Registration:**  
619) 429-1669 and/or  
[cpr4you@swccd.edu](mailto:cpr4you@swccd.edu)  
<http://swccd.edu/crowncove-cpr>

