

Summer 2022 Student COVID-19 Protocols

The below protocols are enforced for the Summer 2022 semester. Students who are found to not follow these protocols may be subject to disciplinary action per [Administrative Procedure 5520](#).

Free COVID-19 Testing: OptumHealth is providing free COVID-19 testing (antigen and PCR) at the Chula Vista Campus in Lot A from 11am-7pm, Monday through Friday. This testing site is open to all community members and is drive-through only.

Vaccination Requirement:

All students attending in-person class(es) are required to be vaccinated and must submit their vaccination status via the [Vaccination Status ServiceNow form](#). If students do not complete this process they will automatically be dropped from their in-person courses. If you wish to make an appointment to receive in-person student services (i.e. counseling), your vaccination status must be submitted before you make the appointment.

Vaccination Status Reporting for In-Person Classes or Services

If you are planning to take classes in-person, on any Southwestern College campus, you must get vaccinated and submit proof via the [Vaccination Status ServiceNow form](#) or have an approved exemption 10 days before your in-person class(es) begin.

All students attending in-person class(es) or accessing in-person services are required to be vaccinated (two doses of a Pfizer-BioNTech or Moderna vaccine or one dose of the Johnson and Johnson/Janssen vaccine) before attending any in-person classes or accessing in-person services and must submit their vaccination status via the [Vaccination Status ServiceNow form](#). Please follow these [step-by-step instructions on how to submit your vaccination status](#) via the [Vaccination Status ServiceNow form](#).

If you have not yet received your vaccination, vaccination clinics are opened **NOW** for free from [multiple vaccination providers](#) around the South Bay.

Medical and Religious Exemptions: Students are able to request a medical or religious exemption from the COVID-19 vaccination requirement. Please follow these [step-by-step instructions on how to submit your medical or religious exemption](#) via the [Vaccination Status ServiceNow form](#).

What to Do If You are Not Planning to be Vaccinated:

If you are not planning to be vaccinated, you can take online or remote classes and access student support services via the virtual platforms. Please drop your in-person class(es) and enroll in remote or online classes. You may add or drop classes on [WebAdvisor](#). If you need assistance with changing your in-person course to a remote or online class section, please visit our [Virtual Outreach Lobbies](#) where staff can assist you. If you need assistance with selecting a different course because there is not a remote or online section of the same course with open seats, please visit the [Counseling Front Desk Lobby](#).

Mask Requirement:

Effective immediately, masks will be **required** of employees and students in **all** indoor spaces at a SWC campus or facility. Mask medical exemptions will be allowed.

Masks must be worn inside at all times, regardless of vaccination status. [All masks must be of the proper type and fit](#) per CDC guidelines. Please take time to review the CDC guidelines on the [proper type and fit](#) for masks. View this [helpful mask guide](#) to know which types of masks will best protect you and those around you. Cloth masks should fit well and have at least 3 layers.



Vaccinated students will be allowed to remove their masks while participating in activities in the following courses, at the direction of faculty:

- Theatre Arts
- Dance
- Music
- Athletics

Students who cannot wear a face mask due to medical exemption will be required to wear a clear face shield and maintain social distancing at **all** times for their own protection. Southwestern College will provide clear face shields as needed. Mask exemptions can be requested via the [COVID-19 Medical Exemption Request Form](#) and emailed with documentation from your medical provider to rfischer@swccd.edu.

On Campus Procedures for COVID-19

Self-Screen Daily for Symptoms:

- Students are asked to self-screen for symptoms related to COVID-19 prior to coming to campus every day. Symptoms include but are not limited to: fever or chills, cough,

shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. **Please do not come to campus if you are experiencing any symptoms related to COVID-19.**

Report COVID-19 Symptoms and Positive Tests Results:

- Any student (vaccinated or unvaccinated) experiencing any symptoms related to COVID-19 should go home or stay home and complete SWC's [Online COVID-19 Reporting Form](#) to notify SWC of their symptoms, potential exposure, and/or positive COVID-19 test. Students can call their medical provider or contact our Health Services department [Virtual Lobby](#), email enurse@swccd.edu, or call 619-482-6354 for COVID-19 related questions. During the self-isolation or self-quarantine periods, students' clearance to be on campus will be revoked until you are cleared by SWC Health Services to return to campus. Prior to returning in-person to campus, students will need to work with SWC Health Services before their access to campus will be re-approved. <https://www.swccd.edu/student-support/health-services>

If You Are Experiencing Symptoms, Get Tested and Self-Isolate:

- If you are experiencing any COVID-19 symptoms, it is important that you get tested and not come to campus, even if you have been vaccinated. The County of San Diego offers free COVID-19 testing sites. Testing sites can be found [online](#). If you are experiencing symptoms, stay home. Follow [Home Isolation Instructions](#) and practice physical distancing while you wait for your test results and as you recover (if you test positive), including distancing from other people in your home.

Notify your Instructors:

- If you are unable to attend class due to symptoms or the need to self-isolate or self-quarantine, please notify your instructors.

If You Test Positive for COVID-19 and have COVID-19 Symptoms:

- Stay home and isolate for at least 5* full days.
- Take a repeat diagnostic [test](#)** (either PCR or antigen) on day 5 or later. A repeat test is required to end isolation after day 5.

You may end your isolation after day 5 IF:

- At least 24 hours have passed since your last fever (without the use of a fever-reducing medication) **AND**
- Your symptoms are resolving **AND**
- Your test result is negative for COVID-19.
- Continue to wear a face mask around others until at least day 10**.
- If fever and other [symptoms](#) are not resolving, or your test was positive, continue to isolate until symptoms improve or until after day 10.

Prior to returning in-person to campus, students will need to work with SWC Health Services before their access to campus will be re-approved. <https://www.swccd.edu/student-support/health-services>

If You Test Positive for COVID-19 and do not have COVID-19 Symptoms:

- Stay home and isolate for at least 5* full days.

- Take a repeat diagnostic [test](#)** (either PCR or antigen) on day 5 or later. A repeat test is required to end isolation after day 5.

You may end your isolation after day 5 IF:

- Your test result is negative for COVID-19.
- Continue to wear a face mask around others until at least day 10**.
- Monitor your health for [symptoms of COVID-19](#). If symptoms appear, continue to isolate until symptoms are resolving by following the instructions above.

Prior to returning in-person to campus, students will need to work with SWC Health Services before their access to campus will be re-approved. <https://www.swccd.edu/student-support/health-services>

* *Some people should isolate at home longer. This includes people who are 1) [severely or critically ill](#) or 2) who have [very weak immune systems](#). Ask your healthcare provider for advice or if you are not sure if this applies to you.*

** If you are unable to test or choose not to test again, if you are unable to wear a mask around others, or if you cannot maintain a 6 feet distance from others, isolation can end after day 10.

If You Have Been Identified as a Close Contact or Potentially Exposed to COVID-19

1. Stay home and quarantine for at least 5 full days from the last time you had contact with the individual who has tested positive for COVID-19. Follow [self-quarantine protocols](#). You should take a COVID-19 test on Day 5.
 - If the test is negative and you have no symptoms, you can stop quarantine but must wear a mask for an additional 5 days.
 - If you cannot test, or cannot wear a mask, you must quarantine for a total of 10 days.
2. Avoid contact with people at [higher risk for severe illness](#).
3. Watch closely for [symptoms](#) of COVID-19 such as fever, cough, or shortness of breath.
4. If you notice symptoms of COVID-19, follow [CDC guidance](#) and [get tested](#) for COVID-19.

What is a Close Contact?

A “close contact” is anyone who was exposed to a person infected with COVID-19 while they were infectious. You are considered to be infectious starting 48 hours/2 days before your symptoms began (for individuals who do not have symptoms, this is 48 hours/2 days before your test was taken) until your isolation period ends.

Your close contacts include:

1. Anyone who has been within 6 feet of you for a cumulative total of 15 minutes or more over a 24-hour period while you were considered infectious.
2. Anyone who had contact with your body fluids and/or secretions (such as people who were coughed on or sneezed on, shared utensils or saliva, or provided care to you without wearing protective equipment).

NOTE: If you have received the booster OR completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR completed the primary series of J&J vaccine within the last 2 months AND do NOT have any COVID-19 symptoms: You may not need to quarantine. However, it is still required that you wear a face covering when around others for 10 days and test on day 5.