# SOUTHWESTERN COLLEGE

# LIFELONG LEARNING





# CONTINUING EDUCATION



#### The Dean's Message

Are you ready to begin summer school? Southwestern College's summer 2015 Continuing Education class schedule offers interesting and high-quality courses that can enhance your career, promote personal growth, and expand your horizons.

There really is something for everybody. If you're looking to market yourself for a new job, there is a new class in "Retail Sales Mastery Training" or a few classes to start your own Family Childcare Business. Maybe you're ready to work fulltime from home and you'd be interested in taking our "Make Extra Income as a Wholesale Auto Dealer" course.

As an adult education provider, we continue to provide high-quality workforce training, basic skills education, and special interest courses like "Making the Most of Social Security."

We encourage you to review our class schedule. If you are unable to attend courses on the Chula Vista campus, or any of our other remote locations, please take a look at our online course offerings. Southwestern College's Continuing Education Program, truly looks forward to connecting with you as your life-long learning center and primary choice for higher education.

Sincerely.

Mink H. Starenga, DBA Dean, School of Continuing Education, Economic & Workforce Development

#### **Expand Your Career Options!**

Continuing Education offers Career and Professional Development courses in various subject areas including the courses shown below. These highquality career based / skill building courses teach proficiency in many different areas. Our instructors have a vast amount of experience in these areas and will provide you with the knowledge you need to advance in your career or learn new job skills.

#### **Fee-Based Courses**

- Choosing and Installing the Correct Computerized Maintenance
  Management System
- Earn Extra Income as a Wholesale Auto Dealer from Home
- Voice-Overs...Now is Your Time!
- California State Notary Public Seminar
- Loan Signing—Notary Public Seminar
- Work at Home as a Medical Transcriptionist
- Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!
- Interviewing and Compensation Negotiations
- Resume, LinkedIn Profile and Cover Letter Writing
- Design Principles and Techniques for Exceptional Floral Arrangements
- Build Your Own Website in Minutes for FREE!

#### **Noncredit Courses**

- Academic Skills ESL
- Customer Service
- Diversity Management Training
- Tax Preparation/Income
- Computer Skills Training

For more information on these courses, please see the Table of Contents on page 3.

#### **CE Off-Campus Sites**

**Casa de Servicios (Villa Merced)** 1188 Beyer Way, Rec. Room San Diego, CA 92154-4629 619-423-1901

#### Casa Pacifica

1424 30th St., Ste. C San Diego, CA 92154-4629 619-424-8181

#### Chula Vista Public Library

365 F Street Chula Vista, CA 91910 619-691-5069

#### Chula Vista Public Library

389 Orange Ave. Chula Vista, CA 91911 619-585-5786

#### City of Chula Vista Public Works

1800 Maxwell Rd. Chula Vista, CA 91911 619-397-6000

#### County of San Diego-Forensic Center

5570 Overland Ave., Ste. 101 San Diego, CA 92123 858-694-2895

#### **Crown Cove Aquatic Center**

Coronado, CA 92118 619-429-1669

#### San Diego County Library,

**Bonita Branch** 4375 Bonita Road Bonita, CA 91902 619-475-4642

5000 Highway 75

Seniors on Broadway 845 Broadway, Ste. 105 Chula Vista, CA 91911-6821 619 591 0062

619-591-0063

#### South County Career Center 1111 Bay Blvd., Suite E Chula Vista, CA 91911

**St. Charles Church Parish Hall** 990 Saturn Blvd. San Diego, CA 92154-2001 619-423-0242

#### Veteran's Home

619-628-0300

700 E. Naples Ct., Bldg. F Chula Vista, CA 91911-6821 619-482-6010

#### Westmont at San Miguel Ranch 2325 Proctor Valley Road Chula Vista, CA 91914-619-746-7039

# Please do not contact these sites to register for classes.

Off-campus information is provided in the event that you require directions to the facility. For information about classes, please refer to page 3 in this brochure entitled, "Registration Information" or call 619-482-6376.

# **Continuing Education**

### Southwestern College Continuing Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many classes are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College web site at **www.swccd.edu**.

### **Governing Board**

Norma Hernandez, President Nora E. Vargas, Vice-President Griselda A. Delgado Tim Nader Humberto Peraza Jr. Melinda Nish, Ed.D., Superintendent/President Sayaka Ridley, Student Trustee June 2014–May 2015

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# **Continuing Education**

Continuing Education provides the opportunity for community residents to learn new skills and improve existing ones. This effort responds to the need for a welltrained workforce, as well as the individual need for intellectual or personal enrichment. Continuing Education presently includes the following three categories of instruction and services: noncredit curriculum, fee-based services and contract education.

#### Noncredit Curriculum (NC)

Noncredit courses are courses that meet community needs in ten instructional areas: parenting, basic skills, English as a Second Language (ESL), citizenship for immigrants, courses for the disabled, vocational courses, courses for older adults, home economics, health and safety, and workforce preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit. The College receives apportionment for noncredit courses at approximately half the rate for credit courses.

#### Fee-Based (CS)

Fee-based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.



## **Course Description Legend**

Course meeting days:

- M = Monday
- Th = Thursday = Friday T = Tuesday Sat = Saturday W = Wednesday Sun = Sunday

Example: Class meets Monday through Thursday = M-Th Class meets on Monday and Tuesday = MT

#### **Contract Education**

Contract services are available to specific businesses and organizations by a mutually established agreement. Class participation is limited to the contract designees. Contract Education is not usually designated for credit. Contract Education and services are paid for by the contracting entity.

#### Continuing Education

Continuing Education is a department of the School of Continuing Education, Economic and Workforce Development. Your feedback, suggestions and comments are welcomed.

#### **Mission Statement**

Southwestern Community College District promotes student learning and success by committing to continuous improvement that includes planning, implementation and evaluation. We serve a diverse community of students by providing a wide range of dynamic and high quality academic programs and comprehensive student services. The District provides educational opportunities in the following areas: Associate degree and certificate programs; Transfer; Professional, technical and career advancement; Basic skills; Personal enrichment; Noncredit adult education; Community services; Economic, workforce and community development.

#### **Diversity Initiative**

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect and trust.

#### Non-Discrimination Statement

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Dean of Health, Exercise Science, Athletics and Applied Technology at 619-482-6551. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Human Resources, 619-482-6329.



# **Registration Information**

#### Steps to Register for a Fee Class

To register for a fee class, please use the Fee Class Registration Form (page 23). Course numbers for fee classes start with "CS."

#### 🖀 By Phone

Call **619-482-6376**. Please have your MasterCard, Discover, AMEX or VISA ready to register and pay for fee classes. Phone-in registration must be completed at least 24 hours prior to the first class meeting.

#### **By Mail (Only if paying by CHECK)**

Mail a completed Fee Class Form and Check to:

**Southwestern College, Continuing Education** 900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299

**In Person** Bring your completed registration form and payment to:

#### Southwestern College, Continuing Education

900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299 **Telephone: 619-482-6376** Fax: 619-482-6402 Office Hours: M–Th, 8 a.m.–5 p.m.

#### Steps to Register for a Noncredit Course

Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of a Noncredit Application (page 24). Most noncredit classes allow on-site registration on a space-available basis. Course numbers for noncredit classes start with "NC."

#### 🖆 By Mail

Mail a completed Noncredit Application form to: **Southwestern College, Continuing Education** 900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299

#### 📇 By Fax

Complete the Noncredit Application and fax to 619-482-6402.

**In Person** Bring your completed Noncredit Application to:

Southwestern College, Continuing Education 900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299 Telephone: 619-482-6376 Fax: 619-482-6402 Office Hours: M–Th, 8 a.m.–5 p.m.



# **General Information**

#### Sign Up Early

Early sign-up ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-served basis. Your registration can make the difference as to whether a class is offered or cancelled. When space is available, on-site registration may be allowed with the permission of the instructor.

#### **Class Confirmation**

Please mark your personal calendar when registering for any class. Every attempt is made to provide a confirmation letter of your registration; however, due to unavoidable delays of mail delivery or misdirected mail, this courtesy is not guaranteed. If you have not received a confirmation letter one week prior to class, please call Continuing Education to confirm your registration at 619-482-6376.

#### **Certificate of Completion**

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the instructor.

#### **Class Cancellation**

Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by mail or by phone. Please be sure to provide complete phone contact information on your application.

#### Refunds

A complete refund will always be made if Continuing Education cancels a class.

• If you cancel or reschedule (one time only) at least five (5) calendar days prior to the start of a class or event, you will be refunded your registration fee, less a \$5 processing fee.

- If you cancel or reschedule (one time only) at least three (3) calendar days before the start of a class, you will be charged a \$10 processing fee.
- No refunds or rescheduling are provided to individuals who give two (2) calendar days or less notice of cancellation.

No refunds or rescheduling will be provided once a class begins. Students who do not show up for class are not eligible for refunds or rescheduling. No refunds or rescheduling for any student who registers three (3) days before the class begins. Refunds take a few weeks to process.

#### **Materials Fee**

A materials fee is required in a some noncredit and fee classes. Please be prepared to pay this fee on the first day of class. Cash, check, or credit card payments are accepted. The instructor cannot issue change.

#### Instructor, Class, or Location Change

In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by mail or by phone.

#### **Class Locations**

Classes are held at various locations throughout South County. Please carefully review the location of the class for which you are registering.

#### Parking

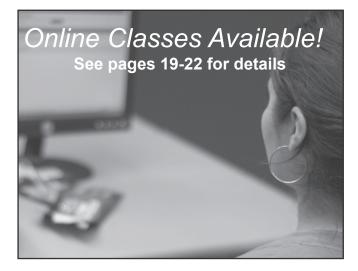
All vehicles parked on campus must display a parking permit at all times. Oneday parking permit dispensers are located throughout the campus (see campus map, inside front cover). The cost of the permit is \$3 and is valid on the day of purchase only. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. **One-day parking permits are only valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.** 

#### **Returned Check Service Charge**

Checks returned for non-sufficient funds or "Stop Payments" must be paid by Master-Card, Visa, Discover, AMEX, cash or Money order and a \$25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, and credit, may be affected.

#### Disclaimer

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district web site or department for current information, as well as for any special rules or requirements imposed.



# **Career and Personal Development**

# **Superior Customer Service Series**

Attend any three free classes below and receive a Certificate of **Completion from Southwestern College.** 

Service is the keystone to all successful businesses. Review and practice core principles to enhance your skills and increase awareness.

#### **Customer Service: Customer Appreciation**

Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduction to concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication. Instructor: J. Mackenzie, 3 hours. Room 1680

NC 1002-01 Th No Fee June 11 1–4 p.m.

#### **Customer Service: Dealing with Difficult People**

Conflict inhibits good business. Explore the causes and impact conflict can have on customer service. Learn strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one. Instructor: J. Mackenzie. 3 hours. Room 1680

NC 1006-01 Th June 18 1–4 p.m. No Fee

#### **Customer Service: Decision Making and Problem Solving**

Explore techniques for making business decisions and solving problems. Learn decision making styles and when each might be applied. Review how to assess a situation. Prioritize the urgency of tasks and select the steps for successful completion.

Instructor: J. Mackenzie, 3 hours. Room 1680

Ν	IC 1070-01	Th	June 25	1–4 p.m.	No Fee

#### **Customer Service: The Right Attitude**

Having the right attitude has a positive impact on the workplace and our interactions with customers. Explore how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention and company growth. Explore the techniques for maintaining a professional attitude.

Instructor: J. Mackenzie, 3 hours. Room 1680

NC 1073-01 Th	July 16	1–4 p.m.	No Fee
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#### **Customer Service: Managing Change**

In the workplace we face constant change. Explore our natural tendencies and the tendencies of our customers to resist change. Learn the techniques for handling workplace change and how to introduce change to our customers. Practice change management techniques. Instructor: J. Mackenzie, 3 hours, Room 1680 NC 1069-01 Th July 23 1–4 p.m. No Fee

#### Customer Service: Team Building

Working as teams in business can increase productivity, enhance project management, reduce business conflicts and create superior customer service. Identify team opportunities in your company. Learn the "roles" in a team and how to be both a leader and a team player. Practice new skills in typical husiness scenarios

Instructor: J. Mackenzie. 3 hours. Room 1680

NC 1074-01	Th	July 30	1–4 p.m.	No Fee
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# **Diversity Management**

NC 1030, 1031, and 1032 are part of a certificated program in "Diversity Management." To earn a certificate, you must complete all three courses.

> For additional information, please contact Michael Van Keith at mvankeith@swccd.edu.

#### **Diversity # Political Correctness**

Diversity is a dilemma from campus classroom to corporate boardroom. What do "culture wars" and "one America" mean? Can diversity be managed? Is a borderless world order the future? First of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

NC 1031-60	Th	June 11 & 18	5:30–8 p.m.	No Fee
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#### **Simply Race and Sex**

Latin-Asianization is creating a majority-minority California. What commodities are to be mediated in popular culture? How will "browning" affect public relations, advertising, and marketing? Second of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

	NC 1032-60	Th	July 9 & July 18	5:30–8 p.m.	No Fee
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#### Beans, Bread, and Rice on the Plate

The 21st Century has been called the Pacific Century. What is defining the emerging Pacific Rim regionalism? Is South County a potential hub for fostering closer ties between Japan, México, and the United States? Third of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

NC 1030-60 Th July 23 & 30 5:30–8 p.m.

No Fee

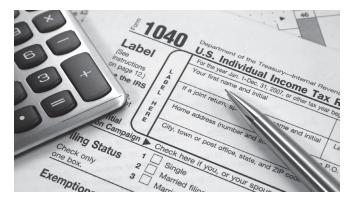
## Career/Personal Development

#### Tax Preparation/Income Tax Course I

Introduces Part I of a 60-hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion. Required text: *Basic Income Tax Course*, Volume 1 Ed., Liberty Tax Service 2005 Instructor Manual CD, Volume III: Forms/Schedules/Worksheets and California Supplement. *To be purchased by the first day of class.* 

Instructor: R. Reyes, 30 hours. Room 662

NC 113-60	N/N/	lung 9 July 1	5:20 0:15 pm	No Eoo
NC 113-60	MW	June 8–July 1	5:30–9:15 p.m.	No Fee



#### Tax Preparation/Income Tax Course II

Introduces Part II of a comprehensive 60-hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required text: *Basic Income Tax Course*, Volume II Ed., Volume III Forms, California Supplement. *To be purchased by the first day of class.* Instructor: R. Reyes, 30 hours. Room 662

NC 114-60 MW July 6–29 5:30–9:15 p.m. N	No Fee
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#### Family Childcare Business I

Examines the process of setting up an in-home daycare business. Analysis and implementation of business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Creative ways to use available space and materials for a developmentally appropriate environment. Instructor: E. Marguez, 12 hours. Room 2001

NC 1054-01 T-Th June 9-11 9 a.m.-1 p.m. No Fee

### Family Childcare Business II

Identifies caregiver's responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect. **Instructor: E. Marquez,** 12 hours. Room 2001

NC 1055-01	T–Th	June 16–18	9 a.m.–1 p.m.	No Fee
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#### Family Childcare Business III

Examines major theories in child development with an emphasis on practical application for the family childcare provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement. **Instructor: E. Marquez**, 12 hours. Room 2001

NC 1056-01 T-Th July 7-9 9 a.m.-1 p.m. No Fee

#### Family Childcare Business IV

Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, free/low cost materials). **Instructor: E. Marquez,** 12 hours. Room 2001

NC 1057-01	T–Th	July 14–16	9 a.m.–1 p.m.	No Fee
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#### Family Childcare Business V

Examines concept of developmentally appropriate practices as applied to home learning environment. Analysis of basic "whole child" approach to developing a curriculum for young children. Explores role of caregiver in providing an inclusive, multicultural, environment rich in diversity and acceptance of the individual. **Instructor: E. Marquez,** 12 hours. Room 2001

NC 1058-01 T-Th July 21-23 9 a.m.-1 p.m. No Fee

#### **Customer Service—Mastering Communication**

Effective and positive communication is key to good customer service success. Understand the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explore and practice the techniques of effective communication. Instructor: S. Rosas, 6 hours. Room 2001

NC 1003-01	TW	June 30–July 1	9 a.m.–Noon	No Fee
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#### **Customer Service—Time & Stress Management**

Workplace demands efficiency and productivity. Manage our time and stress has an impact on our ability to perform above company standards. Juggle more work and changes with less time and still "keep your cool". Explore time management techniques at work that will help you stay in balance. Be both more efficient and happier in the workplace. **Instructor: S. Rosas**, 6 hours. Room 2001

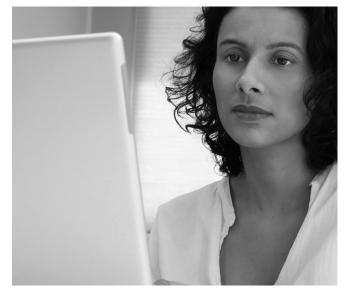
NC 1071-01	WTh	June 24–June 25	9 a.m.–Noon	No Fee

## **Computers**

#### Introduction to Computers

Covers computer start-up; the graphic user interface; use of mouse and keyboard commands; basic file management; formatting and using a floppy disk; creating, saving, and printing a document using word processing software; and proper computer shutdown. 3 hours.

NC 1051-E1	TTh	June 18–23	2–5 p.m.	No Fee
		If you have a laptop, pl	ease feel free to bring it.	
		Instructor: N. Bartels		
		Location: Chula Vista Public Library		
		365 F Street, Chula Vis	sta, 91910	
NC 1051-E2	W	July 8–15	4–7 p.m.	No Fee
NC 1051-E3	W	July 22–29	4–7 p.m.	No Fee
		Instructor: B. Muñoz		
		Location: South County Career Center		
		1111 Bay Blvd. Suite. E, Chula Vista, 91911		



#### Developing High-Performance Charts in Microsoft Excel

Reviews the basics of spreadsheet use: structure data entry, formulas, and functions. Focus on how to convert data into meaningful and high-impact charts. Students are required to bring a USB Flash drive to save and store class assignments. Instructor: N. Bartels, 12 hours.

NC 24-E1	TTh	July 21–Aug 6	2–4 p.m.	No Fee
		lf you have a laptop, pl	ease feel free to bring it.	
		Location: Chula Vista	Public Library	
		365 F Street, Chula Vis	sta, 91910	



#### Introduction to Microsoft Word

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word. 12 hours.

NC 198-E1	W	June 10–July 1 Instructor: B. Muñoz	4–7p.m.	No Fee
		Location: South Cour	ity Career Center	
		1111 Bay Blvd. Suite E	, Chula Vista, 91911	
NC 198-E2	TTh	June 25–July 16 No class: 7/2 If you have a laptop, ple Instructor: N. Bartels Location: Chula Vista 365 F Street, Chula Vista	Public Library	No Fee

#### Introduction to Microsoft Outlook

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts. Instructor: N. Bartels, 3 hours.

NC 199-E1	Т	June 16	2–5 p.m.	No Fee
		If you have a laptop, plea	ase feel free to bring it.	
		Location: Chula Vista	Public Library	
		365 F Street, Chula Vis	sta, 91910	
			,	

# Self-Improvement

#### Introduction to Academic ESL I

Introduces the first in a series of three courses designed to prepare non-native English speakers for the ESL certificate program. Utilizes the corpus of 500-600 words. Focuses on fluency in conversation, reading and writing, and vocabulary development. Instructor: N. Bartels, 24 hours.

NC 108-E1	MW	June 15–Aug. 5	2–3:30 p.m.	No Fee
		Location: Chula Vis	sta Public Library	
		389 Orange Ave., C	hula Vista, 91911	

#### Introduction to Academic ESL II

Second in a series of three courses designed to prepare non-native English speakers for ESL certificate program. Utilizes the corpus of 600-1000 words. Focuses on fluency in conversation, reading and writing and vocabulary development. Instructor: N. Bartels, 24 hours.

NC 109-E1	MW	June 15–Aug. 5	3:35–5:05 p.m.	No Fee
		Location: Chula Vis	ta Public Library	
		389 Orange Ave., Cl	hula Vista, 91911	



For college credit courses call 619-482-6550 or go to www.swccd.edu

#### Introduction to Academic ESL III

Third in a series of three courses designed to prepare non-native English speakers for ESL certificate program. Utilizes the corpus of 1000-1500 words. Focuses on fluency in conversation, reading and writing, and vocabulary development. A Certificate of Completion will be awarded to students after completion of all three ESL courses. Instructor: N. Bartels, 24 hours.

NC 110-E1	MW	June 15–Aug. 5	5:10–6:40 p.m.	No Fee
		Location: Chula Vis	ata Public Library	
		389 Orange Ave., C	hula Vista, 91911	

#### **Retirement Living**

Exploration of health maintenance, consumer awareness, physical illness, estate planning, community resources, and leisure time activities. Instructor: J. Acosta, 6 hours.

NC 38-E1	W	June 10–July 8	8:30–11:30 a.m.	No Fee
		No class: 6/24		
	Location: Casa de Servicios (Villa Merced)			
		1188 Beyer Way, R	ec. Room, San Diego, 92	154

#### **Organize Your Life and Have More Time for Fun**

Learn to organize your life so you have time to do the things you really want to do. Discover how to have more quality time by learning how to organize paperwork, clutter, and finances. Covers techniques for overcoming procrastination. Instructor: J. Acosta, 12 hours.

NC 1015-E1	Sat	June 13–July 11 No Class: 7/4	9 a.m.–Noon	No Fee
		Location: Seniors on I	Broadway	
		845 Broadway, Suite 1	05, Chula Vista, 91911	
NC 1015-E2	W	July 15–Aug. 5	8:30–11:30 a.m.	No Fee
		Location: Casa de Servicios (Villa Merced)		
	1188 Beyer Way, Rec. Room, San Diego, 92154			4





#### **Personal Development for Older Adults**

Designed to develop and enhance the emotional and/or psychological well-being in the older adult. Topics will include: coping with the loss of significant others, disability and limited independence, loneliness, developing personal strength, confidence and assertiveness. **Instructor: D. Flores,** 34-36 hours.

NC 37-E1	TTh	June 9–Aug 6 <b>No class:</b> 7/2	10 a.mNoon	No Fee
		Location: Casa Paci	fica	
		1424 30th Street, Ste	. C, San Diego, 92154	
NC 37-E2	M–Th	June 8–Aug. 6 <b>No class:</b> 7/2	8–9 a.m.	No Fee
		Location: Veteran's	Home	
		700 E. Naples Ct., Bl	dg. F, Chula Vista, 91911	
NC 37-E3	MW		10 a.m.–Noon at San Miguel Ranch Road., Chula Vista, 91914	No Fee

## Wellness and Fitness

#### Tai Chi

Tai Chi (or taiji) is a slow, non-contact exercise stressing balance, coordination, and flexibility. Taught all over the world and practiced as a health exercise, it is very popular with people of all ages. **Instructor: S. Evans,** 21-24 hours.

NC 32-E1	Т	June 9–July 28	1:30–4:30 p.m.	No Fee
NC 32-E2	Sat	June 13–August 1	9 a.m.–Noon	No Fee
		No Class: 7/4		
NC 32-E3	Th	June 11–July 30	1:30–4:30 p.m.	No Fee
		No Class: 7/2		
		Location: Veteran's Ho	ome	
		700 E. Naples Ct., Bldg	g. F, Chula Vista, 91911	
NC 32-E4	М	June 8–Julv 27	9:30 a.m12:30 p.m.	No Fee

NC 32-E4 M June 8-July 27 9:30 a.m.-12:30 p.m. No Fee Location: San Diego County Library, Bonita Branch 4375 Bonita Road, Bonita, 91902

#### **Body Dynamics and Aging Process**

Instruction and conditioning for the maintenance of physical well-being. The course will focus on deep breathing, circulation, flexibility, stamina, body awareness and rhythmic movements. Techniques are adapted for older adults. Instructor: J. Acosta, 32-34 hours.

NC 34-E1 MF June 8-Aug. 3 8:30-10:30 a.m. No Fee No class: 7/3 NC 34-E2 TTh No Fee June 9-Aug. 6 8:30-10:30 a.m. No class: 7/2 Location: Casa De Servicios (Villa Merced) 1188 Beyer Way, Rec. Room, San Diego, 92154 NC 34-E3 MF June 8-Aug. 3 11 a.m.-1 p.m. No Fee No class: 7/3 NC 34-E4 June 9-Aug. 6 No Fee TTh 11 a.m.–1 p.m. No class: 7/2 Location: Seniors on Broadway 845 Broadway, Ste. 105, Chula Vista, 91911

#### Wellness for Older Adults

This training is specifically designed for older adults. Students can stand or sit while exercising. Strength training exercises will enhance and promote strength and balance skills, trunk, abdominal, back strength, mobility and agility skills and awareness of proper body alignment and mechanics. **Instructor: A. Solis,** 25 hours.

NC 99-E1	MWF	June 8–Aug. 5 <b>No class:</b> 7/3	8–9 a.m.	No Fee
			0.00.40.00	
NC 99-E2	MWF	June 8–Aug. 5	9:30–10:30 a.m.	No Fee
		No class: 7/3		
		Location: St. Charle	es Church Parish Hall	
		990 Saturn Blvd., Sa	n Diego, 92154	
		Limited space-registration ends on the first day of class		



## **Business Development**

#### Choosing and Installing the Correct Computerized Maintenance Management System

The course will outline the foundations for an effective computer maintenance management system. Students will review some prominent computerized systems currently on the market, e.g., Enterprise Assets Management (EAM), Enterprise Resource Planner (ERP), and Computerized Maintenance Management System (CMMS) and define the requirements in choosing a computerized maintenance system based on type of industry, company's size, company's structure, etc. Mistakes frequently made by companies will be analyzed to ensure these same mistakes are not made. The overall objective for the course will be to map out the steps to be taken in ensuring a computer maintenance management system results as an asset and not a liability to the organization.Instructor: Manuel Vargas, 5 hours. Room 1685A

CS 276-50	Sat	June 20	8 a.m.–1:30 p.m.	Fee: \$75
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## Career and Professional Development

#### Earn Extra Income as a Wholesale Auto Dealer from Home

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling ttechniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions **Instructor: Wayne Williams**, 7 hours. Room 1682

CS 257-60	WTh	June 24–25	6–9:30 p.m.	Fee: \$85
		\$25 materials fee	paid in class (cash only)	

#### Voice-Overs...Now is Your Time!

In what could be the one of most enlightening 2 hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! Instructor: Mike Rosen, 2 hours. Room 1685B

CS 148-60	Т	July 14	6:30–8:30 p.m.	Fee: \$45
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For college credit courses call 619-482-6550 or go to www.swccd.edu

#### Resume, LinkedIn Profile and Cover Letter Writing

This course will educate students about how to write a compelling resume, LinkedIn profile, and cover letter that will convince a hiring manager to contact them for an interview. Instructor: Joe Connor, 9 hours. Room 1685B

CS 283-50	MT	June 15–16	5–9:30 p.m.	Fee: \$40

#### **California State Notary Public Seminar**

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. The exam is optional and may be cancelled if the minimum required to participate is not met. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam. **Instructor: Thomas Peavyhouse, 7** hours. Room 392

CS 14-50	Sat	July 25	8 a.m.–4 p.m.	Fee: \$75
		\$45 materials fee	e paid in class	
		Optional State	exam scheduled 4-5 p.m.	
		for an additiona	al \$40 fee.	

#### Loan Signing—Notary Public Seminar

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

Instructor:	Thomas Pe	eavyhouse, /	nours. Room	1 392	

CS 143-50	Sun	July 26	9 a.m.–5 p.m.	Fee: \$75
		\$70 materials fee paid in	class	

#### Interviewing and Compensation Negotiations

This course will educate students about how to prepare for and execute interviews for employment so they get offered a job. Students will also learn how to make counter proposals to initial salary offers received from employers. **Instructor: Joe Connor**, 8 hours. Room 1685B

CS 281-50	MT	June 29–30	5:30–9:30 p.m.	Fee: \$40
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#### Work at Home as a Medical Transcriptionist

Demand for medical transcriptionists is soaring! Join a field that pays well and gives you the flexibility of working at home, in a medical office, or in a hospital. Learn proven strategies for where best to learn medical transcription, how to market your business, grow a client base, equipment, software, transcription machines and electronic transfers, working for a service and much more. **Instructor, Deborah Burns**, will share her many years of experience as a business owner in this exciting introduction to the field of medical transcription. 3 hours. Room 1685A

CS 51-60	W	June 24	6:30–9:30 p.m.	Fee: \$40
		\$20 materials f	ee paid in class	

## Southwestern College - Online e-Learning Healthcare Courses!

Southwestern College announces the availability of our new online e-learning healthcare courses from Health Ed Today!

#### These courses are interactive and provide students with an enriched learning experience which includes:

- 24-hour-a-day instructor support & course mentors
- engaging labs, student exercises and course videos
- all textbooks, workbooks and student materials
- a new "Secure Student Website" including career resources & other training
- certain programs include clinical externships!

#### All students will have access to a secure "Student Portal" website which includes:

- Career building exercises, resume writing tips, interview techniques, etc.
- Career mentors there to help students take the next step in their career!
- Other skills training including lifelong learning skills, healthcare review, etc.

For additional information, please contact Southwestern College toll free at **1-888-963-5967**. Visit us online at **http://www.healthedtoday.com/SWC** to experience a Course Demo and these exciting new programs! Ask us about national or state certification and clinical externship opportunities through these courses!

The Health Ed Today courses were developed through a partnership with leading education organizations including Pearson Education, E-College and Condensed Curriculum International.



PEARSON

#### Pharmacy Technician / Student Tuition: \$1,299

This comprehensive course will prepare students to enter the pharmacy field and take the Pharmacy Technician Certification Board's PTCB exam. Course content includes pharmacy medical terminology, pharmacy calculations, reading and interpreting prescriptions, defining generic and brand names drugs and much, much more! Program also includes an optional clinical externship at a local healthcare provider!

#### Clinical Medical Assistant Program / Student Tuition: \$2,499

This program prepares students to assist physicians by performing functions related to the clinical aspects of a medical office. Instruction includes preparing patients for examination and treatment, routine laboratory procedures, pharmacology, taking and documenting vital signs, technical aspects of phlebotomy, the 12-lead EKG and the cardiac life cycle. Program also includes an optional clinical externship at a local healthcare provider!

#### EKG Technician / Student Tuition: \$1,299

This EKG Technician Program prepares students to perform EKG's. This course will include information on anatomy and physiology of the heart, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, electrocardiography, and stress testing. A highly interactive course!

#### NEW! Forklift Operator/Powered Industrial Truck OSHA Compliance

Course provides hands-on training on how to safely operate a forklift, and a review of the safety rules for operating a forklift and other powered industrial trucks. Participants will learn to drive, maneuver, and safely handle merchandise with hands-on practice utilizing a real life-sized forklift. Each participant will receive a Certificate of Completion at the end of the course. **Instructor: Carlos Bejar**, 4 hrs. Room 1680

CS 284-60	Sat	June 20	8 a.m.–Noon	Fee: \$90
CS 284-61	Sat	July 25	8 a.m.–Noon	

#### **NEW! Retail Sales Mastery Training**

During this nine-hour training students will develop expertise in retail selling techniques and learn the science of the sales process. Additionally, students will engage in exercises to develop their self-leadership skills and learn how to communicate in a culturally-diverse retail environment. Students will receive a Certificate of Completion at the end of the course. **Instructor: Michael Van Keith**, 9 hrs. Room 510

CS 286-60	W	July 22-Aug. 5	6–9 p.m.	Fee: \$85
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#### Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!

The Internet has enabled people to run a business with low startup costs and high profitability. From information brokers, to freelancers, to eBay sellers, people have used their computers to build their fortunes. This class presents more than 120 high-demand businesses that can be completely run from your home computer. These computer-based businesses may utilize skills you already have, skills that are easily attained, or skills requiring formal training. This class will cover how to create different types of businesses using easy methods for bookkeeping and taxes, to make sense of the legal "mumbo-jumbo" (sales taxes, business licensure, and business structure), to make a profit-boosting website, and to find FREE resources that can give you a leg up!

CS 278-60	Th	June 18	6:30–9:30 p.m.	Fee: \$39
		\$30 material fee paid in cl	ass	

# **Financial Planning**

#### We Spent How Much Money on What? (Bilingual)

If you find yourself asking "How come we always have too much month at the end of the money?", you need to attend this seminar! Bring your checkbook or monthly bank statement and box of financial statements. You will create a cash flow statement and a net worth statement for your household. It's a simple and easy – but sometimes uncomfortable – process. These two personal financial statements will help you assess where you are financially and assist you in setting financial goals for the future. Most importantly they will allow you to see just where your money goes each month. Materials in English, course in Spanish with a bilingual format, basic knowledge of Spanish and computers recommended.

Instructor: William Greenwald, 3 hours. Room 227

CS 267-60	Т	July 14–21	6–7:30 p.m.	Fee: \$30
CS 267-61	Т	July 28–Aug. 4	7:30–9 p.m.	Fee: \$30



#### **Overview of Investments (Bilingual)**

Are you bewildered by the endless offerings and incomprehensible jargon from the investment industry? This gentle overview of investments will help you find your way and get you started in the right direction. In clear and plain language, we will introduce and review the major types of investments available to the general public. Topics include: real estate, stocks, bonds, mutual funds, short-term "cash" instruments, and other investment alternatives. Don't worry, we start from the very beginning with the most important question of all, "What is an investment?" Materials in English, course in Spanish with a bilingual format, basic knowledge of Spanish recommended.

Instructor: William Greenwald, 6 hours. Room 511

CS 260-60	М	June 8–29	6–7:30 p.m.	Fee: \$50
CS 260-61	Th	July 9–30	7:30–9 p.m.	Fee: \$50

#### Living Trust—Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained. **Instructor: Sami Martinez**, is an attorney and estate planner practicing exclusively in the areas of wills and trusts, trust administration, probate, and charitable giving. 3 hours. Room 1685A

CS 68-50	Sat	June 20	9 a.m.–Noon	Fee: \$35

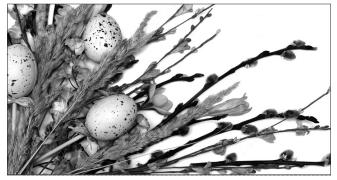
# Art, Music & Crafts

# Design Principles and Techniques for Exceptional Floral Arrangements

This fun and informative class will explore principles and techniques of floral design. The principles of design will be explained as they relate to floral arranging. Floral Master's techniques will be explored for use in making your floral designs special. Most of the class time will be spent with hands-on designing of one special floral piece the student will keep. Unusual and exotic materials and flowers will be provided. Each arrangement will be uniquely different and all will be truly exceptional. **Instructor: Betty Patterson Del Sol**, 3 hours. Room 1801

CS 210-50 Sat	July 25	9 a.m.–1 p.m.	Fee: \$40
	\$25 materials fe	e paid in class	
	Students will ke	en their own floral arrangem	ent at the

Students will keep their own floral arrangement at the end of class.



#### **Mosaic Art**

Students will learn basic techniques needed to construct mosaic art works including the selection of appropriate materials, cutting and breaking selected materials, aesthetic arrangement of materials through the study of basic elements and principles of design, adhering mosaic materials to flat and three-dimensional surfaces, grouting, and cleaning finished projects.

Instructor: Bernadette Mingus, 15 hours. Room 754

CS 242-50	Sat	July 11 & 25	9 a.m.–2 p.m.	Fee: \$70
	Th	July 16	8 a.m.–1 p.m.	
		\$20 materials fee	paid in class	

#### NEW! Thai Fruit and Vegetable Carving Certificate Program

Thai fruit and vegetable carving "kae sa luk" is a 700-year old art form practiced by chefs all over the world, and a cultural treasure of Thailand. In this 15-week certificate program, students will gain fundamental Thai fruit and vegetable carving skills they can use to expand their culinary repertoire and complement their culinary arts coursework. We will cover Thai style plate garnishing, ornate melon carving, vegetable flowers, fruit bouquets, vegetable bouquets, and culinary competition centerpieces. Students will receive a Certificate of Completion at the end of the program.

Instructor: Laura Lynn, 45 hours. Room 704A

CS 287-60	TTh	June 9–July 30	6–9 p.m.	Fee: \$150
		No Class: 7/2		

## Self-Improvement

#### Build Your Own Website in Minutes for FREE!

If you can use a word processor, you can create your own website in just minutes for free including text, graphics, a shopping cart, and the ability to customize it any way you want it. Forget about learning HTML code, buying expensive software programs, and spending days in classroom sessions. This class will show you how to have your site up and running in just minutes. You'll understand the BEST parts and pieces to put on your site to make it work the way you want it to and how to link and list it with the major search engines. Instructor provides information and demonstration only for building a website. Instructor: Mike Rounds, 3 hours. Room 1685B

CS 279-60 Th	June 18	6:30–9:30 p.m.	Fee: \$39
	\$30 materials fee paid	in class	

#### **NEW! Making the Most of Social Security**

During this nine-hour training students will develop expertise in retail selling techniques and learn the science of the sales process. Additionally, students will engage in exercises to develop their self-leadership skills and learn how to communicate in a culturally-diverse retail environment. Students will receive a Certificate of Completion at the end of the course. Instructor: Michael Dose, 2 hours. Room 510

CS 288-50 Sat	June 6	10 a.mNoon	Fee: \$10
CS 288-51 Sat	June 20	10 a.m.–Noon	Fee: \$10
	\$5 materials fee paid in class		



#### English:

CS 17-50	Sat	June 6	8 a.m4 p.m.	Fee: \$40
CS 17-51	Sat	June 20	8 a.m4 p.m.	Fee: \$40
CS 17-52	Sat	July 25	8 a.m4 p.m.	Fee: \$40
CS 17-53	Sat	Aug. 8	8 a.m.–4 p.m.	Fee: \$40

#### Spanish:

- p				
CS 17-52S	Sat	July 11	8 a.m4 p.m.	Fee: \$40

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending our DMV-approved Traffic Violator School. You must be on time and remain for the entire 8-hour program to qualify for the certificate of completion.

Instructors: Philip Ochoa, Paulino Leon. Room 662.



# **RN First Assistant - RNFA Program**



**PRESENTED BY:** The National Institute of First Assisting, Inc. (NIFA®) in partnership with the Southwestern College in San Diego California.

**NATIONAL STANDARDS:** RN First Assistant (RNFA®) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI®) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

#### ELIGIBILITY

RNs: Registered Nurses who qualify for the program must be CNOR or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
- RNs must submit proof of CNOR certification prior to graduating from the program.

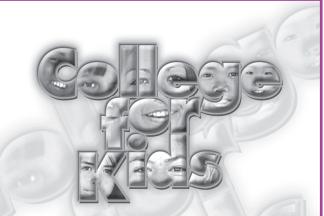
**APRNs:** Board-certified or board-eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

**AREA OF STUDY** Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

Contact NIFA at 1-800-922-7747 Mon.–Thurs. 7:30–5:00, Fri. 7:30–5:00 MST

#### Visit **www.RNFA.org** or email: **info@NIFA.com**

Jennifer Curran RN, CNOR, CRNFA Dean Parsons RN, CNOR, RNFA See NIFA on the front page of www.AORN.org



College for Kids (CFK) is a stimulating and challenging summer program designed for students entering the 5th–9th grades in fall 2015

> (619) 421-6700 ext.5953 www.swccd.edu/~cfk for more information

# CARSONDUNLOF

Carson Dunlop and Southwestern College Continuing Education Program have formed a strategic partnership to offer a career home inspection training program.

The comprehensive 10-course certificate program is available through distance learning. Content is delivered in a highly visual and easy to understand format. The program is focused on practical applied technical knowledge, providing a solid foundation for success in the home inspection field.

www.carsondunlop.com/education/us/ SouthwesternCollege



SOUTH COUNTY

CAREER CENTER A Division of the San Diego Workforce Partnership, Inc.

South County Career Center 619-628-0300 1111 Bay Blvd., Suite E Chula Vista, CA 91911-2692 Need assistance? Looking for a good job? Need help making a résumé? Interested in changing careers? Want to upgrade your skills or perform career research?

# Come to the SOUTH COUNTY CAREER CENTER

Receive support and valuable resources at no cost!

The South County Career Center also offers more than 60 computers, copy machines, fax, phone room, and free e-mail.

Experienced, friendly staff are available to assist you.

# Crown Cove Aquatic Center Safety Afloat

## 5000 Highway 75 • Coronado, CA 92118

All classes held at the Crown Cove Aquatic Center on the Silver Strand State Beach. To register for classes listed below, please call (619) 429-1669.

#### Pediatric Basic Life Support and First Aid

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory and cardiac emergencies in adults, children and infants. Follows the American Heart Association (AHA) Basic Life Support (BLS) guidelines. Instructor: J. Araiza, 8 hours.

NC 1022-E1	Sat	July 18	8:30 a.m.–5 p.m.	No Fee
NC 1022-E2	Sat	Aug. 1	8:30 a.m.–5 p.m.	No Fee

Required textbook must be brought to class: **Heartsaver Pediatric First Aid**, **CPR**, **AED** (available in the SWC bookstore). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

#### First Aid For Public Safety Personnel—Title 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code. **Instructor: W. Price**, 16 hours.

NC 15-E1	MTWTh June 22–25	5:30–9:30 p.m.	No Fee

#### Oxygen Administration for the Professional Rescuer

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as suction, oral and airway adjuncts, resuscitation masks, bag-valve masks, and supplemental oxygen. Follows both the American Red Cross and the National Safety Council (Green Cross) guidelines. **Instructor: W. Price**, 3 Hours.

NC 1014-E1	Т	June 16	5:30-8:30 p.m.	No Fee
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#### **Ocean Lifeguarding For Recreation Assistants**

Provides supplemental training to the student desiring to work as an ocean lifeguard or recreational assistant. Focuses on the skills and knowledge necessary to prevent and respond to emergencies in an ocean, bay, or beach environment. Emphasizes instruction on maintaining a safe aquatic environment, demonstration of manipulative skills, injury prevention, facility surveillance, patron surveillance, and ocean rescue techniques. **Instructor: W. Price,** 8 hours.

No Fee

NC 106-E1 Sat June 27 8:30 a.m.-5:00 p.m.

#### **Basic First Aid and Adult CPR**

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace. 8 hours.

NC 40-E1	Sat	June 13	8:30 a.m.–5 p.m.	No Fee
NC 40-E2	Sat	July 11	8:30 a.m.–5 p.m.	No Fee
		Instructor: Dan	Hawley	
		Location: Crow	vn Cove Aquatic Center	
NC 40-E3	Th	June 18	8 a.m.–4:30 p.m.	No Fee
NC 40-E4	Th	July 16	8 a.m4:30 p.m.	No Fee
		Instructor: Dan	Hawley	
		Location: City	of Chula Vista Public Works,	
		1800 Maxwell R	d., Chula Vista, 91911	
NC 40-E5	М	June 8	8 a.m.–4:30 p.m.	No Fee
NC 40-E6	Μ	July 6	8 a.m.–4:30 p.m.	No Fee
NC 40-E7	М	Aug. 3	8 a.m4:30 p.m.	No Fee
		Instructor: W. F	Price	
		Location: Coun	ty of San Diego–Forensic Ce	enter,
		5570 Overland A	Ave., Suite 101, San Diego, 9	2123

Required textbook must be brought to class: **Heartsaver First Aid, CPR, AED** (available in the SWC bookstore). American Heart Association course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

#### **Basic Life Support (BLS) Instructor**

Designed to advance the Basic Life Support (BLS) provider to the position of American Heart Association instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training. Instructor: D. Hawley, 16 hours.

lard	NC 1039-E1	Sat Sun	June 20 June 21	8:30 a.m.–5 p.m. 8:30 a.m.–5 p.m.	No Fee No Fee
vent zes tive cue			confi Cove Aque	tic Center	
e			SWC		



Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association. 8-9 hours.

NC 1007-E1 NC 1007-E2	Sat Sat	June 27 July 25 Instructor: D. Hawley Location: Crown Cove		No Fee No Fee
NC 1007-E3	Т	June 9	8 a.m4:30 p.m.	No Fee
NC 1007-E4	Т	July 7	8 a.m4:30 p.m.	No Fee
NC 1007-E5	Т	Aug. 4	8 a.m4:30 p.m.	No Fee
		Instructor: W. Price		
		Location: County of S	an Diego–Forensic Cen	ter
		5570 Overland Ave., S	te. 101, San Diego, 921	23

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive a course completion certificate. Required book: **BLS for the Healthcare Provider**, (available at the SWC bookstore). American Heart Association (AHA) course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you. Follows the guidelines of the AHA.

#### Lifeguard Training

Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training. (Includes First Aid and CPR/PRO.)

Instructor: W. Price, 36 hours.

NC 70-01	Sat	June 13	8:30 a.m.–5 p.m.	(Pool, SWC Main Campus)
	Sun	June 14	8:30 a.m.–5 p.m.	(CCAC)
	F	June 19	5:30–9:30 p.m.	(CCAC)
	Sat	June 20	8:30 a.m.–5 p.m.	(Pool, SWC Main Campus)
	Sun	June 21	8:30 a.m.–5 p.m.	(Pool, SWC Main Campus)
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## Southwestern College Customized Training Program



## Let us partner with your company in improving your "greatest investment" — your employees & sustainable productivity.

SWC provides high quality instruction via customized training in key aspects of workforce development through:

- Customer Service
- English for the Workplace
- Diversity Management

In addition to these competitively priced services -

- Personally meet with leadership to discuss training needs
- Bring training to your location and at your convenience

#### Contact Continuing Education at (619) 482-6376



# **Tennis Academy at SWC**

900 Otay Lakes Road, Chula Vista, 91910 619-421-6622

#### Staff

The Tennis Academy offers various programs for Juniors and Adults through group clinics and also private instruction. On-site registration at the Tennis Academy Office only. Flyers for each program are available at the Tennis Academy Office.

Susan Reasons, SWC Tennis Academy Coach, SWC Head Women's Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified. Southwestern College Athletic Department Hall of Fame Coach.

Please call Coach Susan Reasons at **619-421-6622 or email susanreasons@ yahoo.com** for registration information on specific dates and times of classes listed. Registration at Tennis Academy Office only.



#### Beginning/Advanced Beginning Junior Training Program (Ages 7–17)

Basic skill introduction. To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand-eye coordination. Physical conditioning included. **Instructor: Susan Reasons**, 1.5 hours per week.

Т	4:30–6 p.m.	Fee: \$65	(4-week session)
W	4–5:30 p.m.	Fee: \$65	(4-week session)

#### Advanced Beginning/Intermediate Junior Training Program (Ages 7–17)

To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand eye coordination. Physical conditioning included. Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included. Instructor: Susan Reasons, 2 hours per week

Th	4:30-6:30 p.m.	Fee: \$85	(4-week session)

#### Intermediate Junior Training Program (Ages 7–17)

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included. **Instructor: Susan Reasons**, 2 hours per week.

М	4:30–6:30 p.m.	Fee: \$85	(4-week session)

#### Advanced Intermediate/Advanced Junior Training Program (Ages 9–17)

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overheads, and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Foot work and conditioning included. **Instructor: Susan Reasons**, 2 hours per week.

W 5:30–7:30 p.m.	Fee: \$85	(4-week session)
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# Beginning/Advanced Beginning Level (Ages 18 and up)

Clinic will teach the basics of Tennis.....to include, Serves, Return of Serve, Forehand and Backhand Ground Strokes, Volleys, also Basic Rules of Play and Scoring. Footwork and Positioning of Play will also be included. Ball Machine will be available during class for instructional use. Instructor: Susan Reasons, 1.5 hours per week

M 6:30–8 p.m. Fee: \$65 (4-week session)

# ed2go Online Classes



## Southwestern College

<u>Career Training</u> Programs

#### Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

#### Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

#### Programs are available in the following areas:

- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- and self paced • All materials, workbooks, and
- software are included · Payment plans available

#### **Chartered Tax Professional for California Residents**

The California Chartered Tax Professional Online Certificate Program will help you become qualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California CTP Certificate Program, you'll be qualified to prepare individual tax returns for almost all U.S. and California taxpayers This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

#### **Payroll Practice and Management**

If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

#### **Digital Arts Certificate**

The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You'll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing

This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

#### **Online Courses**

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. You can complete any course entirely from your home or office. Any time of the day or night.

#### Features:

- · Courses run for six weeks
- (with a 10-day grace period at the end).
- · Courses are project-oriented and include lessons, guizzes, hands-on assignments, discussion areas, supplementary links, and more.

#### How to Get Started:

1. Visit our Online Instruction Center:

#### www.ed2go.com/swc

- 2. Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
- 3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

#### Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

#### **Creating Web Pages**

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

#### A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

#### **Discover Digital Photography**

An informative introduction to the fascinating world of digital photography equipment.

# THESE COURSES DO NOT OFFER COLLEGE CREDIT More courses available at our website

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## www.ed2go.com/swc

• IT and Software Development Courses are all open-enrollment

	NG PRO	GRAMS www.gatlineducation.com/swc
Online Education programs designed	to provide th	e workforce skills necessary to enter a new field or advance your current care
Certified Global Business Professional		\$2,495
The Certified Global Business Professional Online Training nanagement, and trade finance.	g Program prepares	s you for the credential exam by educating you in four areas: global management, global marketing, supply chain
Certified Green Supply Chain Prof.	60 hours	\$1,595
		Supply Chain Professional Online Training Program. Gain the skills you'll need to make a green impact on global source tics, and new product development.
Grant Writing	300 hours	\$2,295
earn to write grant proposals that get funded in this natio	nally recognized G	rant Writing online training program.
Non-Profit Management	300 hours	\$2,295
Examine the fundamental principles of nonprofit managen undraising, and become acquainted with the fundamental		les and responsibilities of a nonprofit board of directors and the management team, discover the essential aspects of process.
Project Management	40 hours	\$1,695
The Project Management Online Training Program will hel	lp you improve you	r project management skills and prepare you for certification as a Project Management Professional.
Physical Therapy Aide	150 hours	\$1,895
	sponsibilities of a P	T aide, and develop a working knowledge of anatomy and medical terminology.
/eterinary Assistant	170 hours	\$1,995
		for animals and assist the veterinarian during examinations.
Certified Indoor Air Quality Manager	16 hours	\$795
· · ·		p wants to improve the indoor air quality of your building? If so, the Certified Indoor Air Quality Manager Program is just
or you.		
or you. Certified Indoor Environmentalist Prep	32 hours	\$895
Certified Indoor Environmentalist Prep	uilding consultant?	\$895 Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving
Certified Indoor Environmentalist Prep Nould you like to become an indoor air quality or green bu	uilding consultant?	\$895 Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving
Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bu ndoor environmental problems? The Certified Indoor Envi Casino Poker Dealer	uilding consultant? ironmentalist Progra 100 hours	\$895 Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.
Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bu ndoor environmental problems? The Certified Indoor Envi Casino Poker Dealer The Casino Poker Dealer Online Training Program prepar	uilding consultant? ironmentalist Progra 100 hours es you to work as a	\$895 Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career. \$1,595 a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.
Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bu ndoor environmental problems? The Certified Indoor Envi Casino Poker Dealer The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner	uilding consultant? \ ironmentalist Progra 100 hours es you to work as a 300 hours ig wedding planner	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will
Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Environmental problems?	uilding consultant? 1 ironmentalist Progra 100 hours es you to work as a 300 hours ng wedding planner onal wedding planner	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business.
Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Environmental problems? The Certified Indoor Environmental problems? The Certified Poker Dealer The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspiring provide all the knowledge you need to work as a profession Biofuel Production Operations	uilding consultant? 1 ironmentalist Progra 100 hours es you to work as a 300 hours ng wedding planner onal wedding planner 400 hours	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will
Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Envir Casino Poker Dealer The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspiring provide all the knowledge you need to work as a profession Biofuel Production Operations The Biofuel Production Operations Online Training Program systems, and handling lab equipment.	uilding consultant? <sup>1</sup> ironmentalist Progra 100 hours es you to work as a 300 hours Ig wedding planner anal wedding planner 400 hours m will give you the	\$895 Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career. \$1,595 a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em. \$1,595 needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business. \$2,495 education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer
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Certified Indoor Environmentalist Prep Would you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Envir Casino Poker Dealer The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspirin provide all the knowledge you need to work as a profession Biofuel Production Operations The Biofuel Production Operations Online Training Program systems, and handling lab equipment. Carpentry Prepare for a career as a carpenter as you master basic management of the system of t	ilding consultant? 1 ironmentalist Progra 100 hours es you to work as a 300 hours Ig wedding planner anal wedding planner 400 hours m will give you the 80 hours esidential construct	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business.         \$2,495         education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer         \$1,395         tion skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.
Certified Indoor Environmentalist Prep Nould you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Envir Casino Poker Dealer The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspiring provide all the knowledge you need to work as a profession Biofuel Production Operations The Biofuel Production Operations The Biofuel Production Operations Online Training Program systems, and handling lab equipment. Carpentry Prepare for a career as a carpenter as you master basic m Natural Gas Plant Operations	ilding consultant? 1 ironmentalist Progra 100 hours es you to work as a 300 hours g wedding planner and wedding planner 400 hours m will give you the 80 hours esidential construct 400 hours	\$895 Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career. \$1,595 a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em. \$1,595 needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business. \$2,495 education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer \$1,395 tion skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects. \$2,595
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Certified Indoor Environmentalist Prep Nould you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Envir Casino Poker Dealer The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspirin provide all the knowledge you need to work as a profession Biofuel Production Operations The Biofuel Production Operations The Biofuel Production Operations Online Training Program systems, and handling lab equipment. Carpentry Prepare for a career as a carpenter as you master basic m Natural Gas Plant Operations For decades to come, natural gas will be produced and co echnical background you need to get started in this field. Dil Refinery Operations	ilding consultant? <sup>1</sup> ironmentalist Progra 100 hours es you to work as a 300 hours ig wedding planner inal wedding planner and wedding planner inal wedding planner m will give you the 80 hours esidential construct 400 hours insumed in the Unit 400 hours	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business.         \$2,495         education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer         \$1,395         iton skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.         \$2,595         ted States, creating an ongoing demand for natural gas plant operators. This online program provides the fundamental
Certified Indoor Environmentalist Prep Nould you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Environmental problems? The Certified Wedding Planner Certified Wedding Planner The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspirin provide all the knowledge you need to work as a profession Biofuel Production Operations The Biofuel Production Operations Online Training Progra systems, and handling lab equipment. Carpentry Prepare for a career as a carpenter as you master basic meta Natural Gas Plant Operations For decades to come, natural gas will be produced and con- echnical background you need to get started in this field. Dil Refinery Operations Learn the skills you need to start work as an in-demand oi	iliding consultant? 1 ironmentalist Progra 100 hours es you to work as a 300 hours ing wedding planner onal wedding planner mail wedding planner and wedding planner mail give you the 80 hours esidential construct 400 hours insumed in the Unit 400 hours il refinery operator. 400 hours	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business.         \$2,495         education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer         \$1,395         tion skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.         \$2,595         ted States, creating an ongoing demand for natural gas plant operators. This online program provides the fundamental         \$2,595         \$2,595
Certified Indoor Environmentalist Prep Nould you like to become an indoor air quality or green bundoor environmental problems? The Certified Indoor Environmental problems? The Certified Wedding Planner Certified Wedding Planner The Casino Poker Dealer Online Training Program prepar Certified Wedding Planner This comprehensive program covers everything an aspirin provide all the knowledge you need to work as a profession Biofuel Production Operations The Biofuel Production Operations Online Training Progra systems, and handling lab equipment. Carpentry Prepare for a career as a carpenter as you master basic meta Natural Gas Plant Operations For decades to come, natural gas will be produced and co echnical background you need to get started in this field. DII Refinery Operations Learn the skills you need to start work as an in-demand of Power Plant Operations	iliding consultant? 1 ironmentalist Progra 100 hours es you to work as a 300 hours ing wedding planner onal wedding planner mail wedding planner and wedding planner mail give you the 80 hours esidential construct 400 hours insumed in the Unit 400 hours il refinery operator. 400 hours	\$895         Would you like to better understand how to create a healthy home or building by preventing, diagnosing, and resolving am will help you take the next step in your career.         \$1,595         a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.         \$1,595         needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will er or start your wedding planning business.         \$2,495         education you need to work as a biofuel production operator, inspecting and repairing equipment, operating computer         \$1,395         tion skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.         \$2,595         ted States, creating an ongoing demand for natural gas plant operators. This online program provides the fundamental         \$2,595         \$2,595

These courses do not offer college credit.

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#### Internet and Web Design

Cse. No.	Title	Fee
ETG-101	Creating Web Pages	\$100
ETG-102	Introduction to ASP.NET	\$100
ETG-104	Introduction to CSS3 and HTML5	\$100
ETG-106	Introduction to PHP and MySQL	\$100
ETG-107	Introduction to Java Programming	\$100
ETG-108	Intermediate CSS3 and HTML5	\$100
ETG-109	Intermediate JAVA Programming	\$100
ETG-111	Achieving Top Search Engine Positions	\$100
ETG-112	Advanced Web Pages	\$100
ETG-114	Blogging and Podcasting for Beginners	\$100
ETG-116	Designing Effective Websites	\$100
ETG-117	Introduction to Microsoft Outlook 2010	\$100
ETG-120	Introduction to Crystal Reports	\$100
ETG-121	Introduction to Flash CS5	\$100
ETG-122	Introduction to Crystal Reports 10	\$100
ETG-123	Intermediate Flash CS5	\$100
ETG-124	Creating Mobile Apps with HTML5	\$100
ETG-125	Creating WordPress Websites	\$100
ETG-126	Creating WordPress Websites II	\$100

#### Computers

Cse. No.	Title	Fee
	Introduction to PC Troubleshooting	\$100
ETG-202	Introduction to Microsoft Publisher 2007	\$100
ETG-204	Introduction to Microsoft Excel 2007	\$100
ETG-206	Intermediate Microsoft Excel 2007	\$100
ETG-207	Introduction to Microsoft Access 2007	\$100
ETG-208	Intermediate Microsoft Access 2007	\$100
ETG-209	Introduction to Microsoft Word 2010	\$100
	Intermediate Microsoft Word 2007	\$100
ETG-212	Introduction to Microsoft PowerPoint 2007	\$100
ETG-213	Basic CompTIAA+ Certification Prep	\$110
ETG-214	Intermediate CompTIA A+ Certification Prep	\$110
ETG-215	Advanced CompTIAA+ Certification Prep	\$110
ETG-216	Introduction to Microsoft Word 2007	\$100
ETG-218	Keyboarding	\$100
ETG-219	Introduction to Microsoft Excel 2010	\$100
ETG-220	Introduction to Microsoft Project 2007	\$100
ETG-221	Advanced Microsoft Excel 2007	\$100
ETG-222	Introduction to PC Security	\$100
ETG-223	Introduction to Microsoft Project 2010	\$100
ETG-225	Intermediate Microsoft Excel 2010	\$100
ETG-226	Introduction to Microsoft PowerPoint 2010	\$100
ETG-227	Introduction to Windows 7	\$100
ETG-228	Introduction to Microsoft Access 2010	\$100
ETG-229	Intermediate Microsoft Access 2010	\$100
ETG 230	Introduction to InDesign CS4	\$100
ETG-233	Photoshop Elements 9 for the Digital Photographer	\$100
ETG-234	Introduction to Photoshop CS5	\$100
ETG-237	Introduction to Illustrator CS4	\$100
ETG-238	Introduction to Photoshop CS4	\$100
ETG-239	Intermediate Photoshop CS4	\$100
ETG-241	Introduction to Database Development	\$100
ETG-242	Introduction to Networking	\$100
ETG-243	Intermediate Networking	\$100
ETG-244	Computer Skills for the Workplace	\$100
ETG-245	Intermediate Microsoft Word 2010	\$100

#### Computers

Cse. No.	Title	Fee
ETG-246	Introduction to SQL	\$100
ETG-247	Intermediate SQL	\$100
ETG-248	Intermediate Oracle	\$100
ETG-249	Introduction to C++ Programming	\$110
ETG-250	Introduction to C# Programming	\$110
ETG-251	What's New in Microsoft Office 2007	\$100
ETG-252	What's New in Microsoft Office 2010	\$100
ETG-253	Wireless Networking	\$100
ETG-254	Introduction to Oracle	\$100
ETG-256	CompTIA Network+ Certification Prep	\$110
ETG-257	CompTIA Security+ Certification Prep 1	\$110
ETG-258	CompTIA Security+ Certification Prep 2	\$110
ETG-259	Advanced Microsoft Excel 2010	\$100
ETG-260	Intermediate C# Programming	\$100
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#### **Tech Prep and Special Interest**

Cse. No.	Title	Fee
	Write Fiction Like A Pro	\$100
	The Craft of Magazine Writing	\$100
	Beginning Writer's Workshop	\$100
ETG-303		\$100
ETG-304	A to Z Grant Writing	\$100
	Instant Italian	\$100
ETG-306	GRE Preparation – Part 1 (Verbal and Analytical)	\$100
ETG-307		\$100
ETG-308	LSAT Preparation – Part 1	\$100
ETG-309	LSAT Preparation – Part 2	\$100
ETG-310	Grammar Refresher	\$100
ETG-311	Beginning Conversational French	\$100
ETG-312	Writeriffic: Creativity Training for Writers	\$100
ETG-313	Travel Writing	\$100
ETG-314	Speed Spanish	\$100
ETG-315	Grammar for ESL	\$100
ETG-316	Medical Terminology: A Word Association Approach	\$100
ETG-317	Introduction to Natural Health and Healing	\$100
ETG-318	GMAT Preparation	\$100
	Discover Digital Photography	\$100
ETG-321	Genealogy Basics	\$100
	Learn to Buy and Sell on eBay	\$100
ETG-323		\$100
	Conversational Japanese	\$100
	Photographing People with your Digital Camera	\$100
ETG-326		\$100
ETG-327	0	\$100
ETG-328		\$100
	Where Does All My Money Go?	\$100
	Get Assertive!	\$100
ETG-331	Explore a Career as an Administrative Medical Assistant	\$100
ETG-332	Leadership	\$100
ETG-333	Interpersonal Communication	\$100
	Personal Finance	\$100
ETG-335		\$100
ETG-336	, , ,	\$100
ETG-337	Keys to Effective Communication	\$100
ETG-338		\$100
ETG-339		\$100
ETG-340	Become a Veterinary Assistant III: Practical Skills	\$100

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Fee

# Tech Prep and Special Interest

<u>Cse. No.</u>	Title	Fee
ETG-341	Introduction to Digital Scrapbooking	\$100
ETG-342	Achieving Success with Difficult People	\$100
ETG-344	Solving Classroom Discipline Problems	\$100
ETG-345	Stocks, Bonds, and Investing: Oh My!	\$100
ETG-346	Introduction to Screenwriting	\$100
ETG-348	Fundamentals of Technical Writing	\$100
ETG-349	Keys to Effective Editing	\$100
ETG-350	Growing Plants for Fun and Profit	\$100
ETG-351	Handling Medical Emergencies	\$100
ETG-352	Write Your Life Story	\$100
ETG-353	Assisting Aging Parents	\$100
ETG-354	Lose Weight and Keep It Off	\$100
ETG-355	Become a Physical Therapy Aide	\$100
ETG-356	Spanish for Medical Professionals	\$100
ETG-357	Understanding Adolescents	\$100
ETG-358	Spanish in the Classroom	\$100
ETG-359	Creating a Classroom Web Site	\$100
ETG-360	Teaching Preschool: A Year of Inspiring Lessons	\$100
ETG-361	The Creative Classroom	\$100
ETG-362	Teaching Smarter With SMART Boards	\$100
ETG-363	Ready, Set, Read!	\$100
ETG-364	Teaching Students With ADHD	\$100
ETG-365	Guided Reading and Writing: Strategies	
	for Maximum Student Achievement	\$100
ETG-366	Differentiated Instruction in the Classroom	\$100
ETG-367	Guided Reading: Strategies for the Differentiated Classroom	
ETG-368	Teaching Students With Learning Disabilities	\$100
ETG-369	Teaching Students With Autism: Strategies for Success	\$100
ETG-370	Response to Intervention: Reading Strategies That Work	\$100
ETG-371	Singapore Math Strategies: Model Drawing for Grades 1-6	\$100
ETG-372	Singapore Math: Number Sense and Computational Strategies	\$100
ETG-373	Writing for Children	\$100
ETG-374	SAT/ACT Preparation – Part 1	\$100
ETG-375	SAT/ACT Preparation – Part 2	\$100
ETG-376	Introduction to Stock Options	\$100
ETG-377	Keys to Successful Money Management	\$100
ETG-378	Protect Your Money, Credit, and Identity	\$100
ETG-379	Going Green at Home	\$100
ETG-380	Introduction to Interior Design	\$100
ETG-381	Start Your Own Edible Garden	\$100
ETG-382	Resume Writing Workshop	\$100
ETG-383	Enhancing Language Development in Childhood	\$100
ETG-384	Managing Life as a Single Parent	\$100
ETG-385	Introduction to Microsoft Word 2011 for Mac	\$100

#### **Small Business**

Cse. No.	Title	Fee
ETG-400	Start and Operate Your Own Home-Based Business	\$100
ETG-401	Marketing Your Business on the Internet	\$100
ETG-402	Starting a Nonprofit	\$100
ETG-403	Marketing Your Nonprofit	\$100
ETG-404	Creating a Successful Business Plan	\$100
ETG-405	Starting a Consulting Practice	\$100
ETG-406	Start Your Own Small Business	\$100
ETG-407	Introduction to Internet Writing Markets	\$100

#### Management & Business

manag		
Cse. No.	Title	Fee
ETG-628	Purchasing Fundamentals	\$110
ETG 629	Project Management Fundamentals	\$110
ETG-630	Business Finance for Non-Finance Personnel	\$110
ETG-631	Administrative Assistant Fundamentals	\$110
ETG-632	Fundamentals of Supervision and Management	\$110
ETG-633	Effective Business Writing	\$110
ETG-634	Business and Marketing Writing	\$110
ETG-635	Employment Law Fundamentals	\$110
ETG-636	Accounting Fundamentals II	\$110
ETG-637	Administrative Assistant Applications	\$110
ETG-638	Introduction to QuickBooks 2012	\$110
ETG-639	Real Estate Investing	\$110
ETG-640	Real Estate Investing II: Financing Your Property	\$110
ETG-641	Building Teams That Work	\$110
ETG-643	Individual Excellence	\$110
ETG-644	Going Green at the Workplace	\$110
ETG-645	QuickBooks 2012 for Contractors	\$110
ETG-646	Fundamentals of Supervision and Management II	\$110
ETG-651	Understanding the Human Resources Function	\$110
ETG-652	Accounting Fundamentals	\$110
ETG-653	Total Quality Fundamentals	\$110
ETG-654	Project Management Applications	\$110
ETG-655	PMP Certification Prep 1	\$110
ETG-656	PMP Certification Prep 2	\$110

ec2go Online classes start: *June 17, July 15, August 12* 



## **Continuing Education** FEE CLASS REGISTRATION FORM

PLEASE PRINT or TYPE NAME BELOW

LAST \_\_\_\_\_\_ FIRST \_\_\_\_\_

ADDRESS\_\_\_\_\_CITY\_\_\_ZIP\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

NAME- 2<sup>ND</sup> REGISTRANT\_\_\_\_\_AGE (if under 18) \_\_\_\_\_

CLASS	NAME OF CLASS	START DATE	NUMBER OF PEOPLE	FEE
PAYMEN	NT METHOD: CHECK CASH	TOTAL AN	IOUNT DUE	\$

Signature

Date

SOC. SEC. NO. (REQUIRED TO EXPEDITE A REFUND):

### **REFUNDS**

A complete refund will always be made if Continuing Education cancels a class.

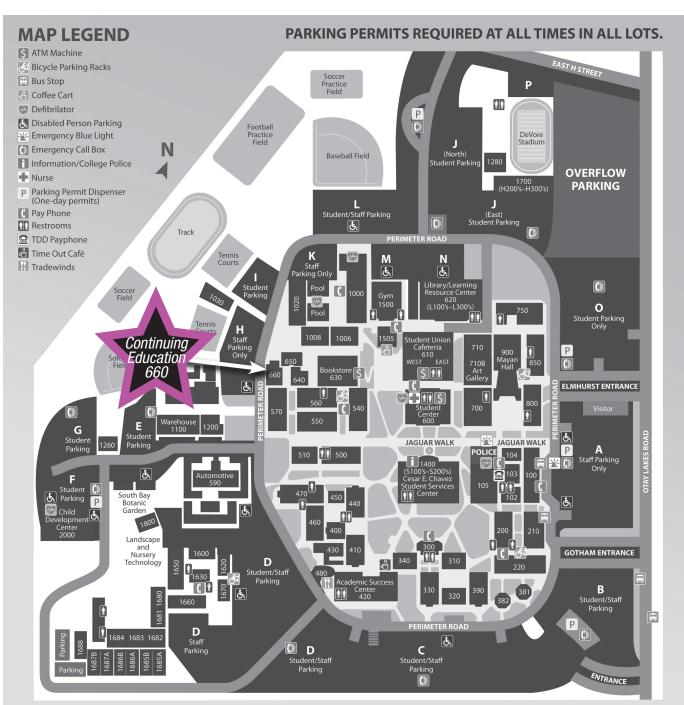
- If you cancel or reschedule (one-time only) at least five (5) calendar days prior to the start of a class or event, you will be refunded your registration fee, less a \$5 processing fee.
- If you cancel or reschedule (one-time only) at least three (3) calendar days before the start of a class, you will be charged a \$10 processing fee.
- No refunds or rescheduling are provided to individuals who give two (2) calendar days or less notice of cancellation.

No refunds or rescheduling will be provided once a class begins. Students who do not show up for class are not eligible for refunds or rescheduling. No refunds or rescheduling for any student who registers three (3) days before the class begins. Refunds take a few weeks to process. Thank you.

Southwestern College Continuing Education 900 Otay Lakes Road, Building 660 (across from parking Lot H) Chula Vista, CA 91910-7299 Office hours: SPRING & FALL: M-F from 8 a.m. - 4:30 p.m. SUMMER: M-Th from 8 a.m. - 5 p.m.

OA/C		ONCREDI	I AFF	'LIGA I I	IUN	U	HECK THE TERM THAT APPLIES:
	SOUTHWE	STERN COLLE	EGE CON	TINUING E		N	FALL
<i>₩//\</i>	900 Otav La	kes Road, Chu					
SOUTHWESTERN COLLEGE	619-482-637						SUMMER
Noncredit courses a	re funded by local a	and state taxes. The	e information	requested on t	his applicatio	n <u>remains con</u>	fidential and is required
		eligibility to register					
		Southwestern Co				nder ID No	)-
nave you ever ta	akell a class at o	outilwestern co	liege belor		1L3, u		
LAST NAME		FII	RST NAME				ME
ADDRESS (Home not acceptable)	e Address Required,	PO Box Cl	TY			STATE	ZIP CODE
MARITAL STATU	JS (Please Check o	one): SINGL	.e 🗌 D	IVORCED OR W	IDOWED	MARRIED	SEPARATED
PHONE ( )		CELL (	)			E-MAIL	
BIRTHDATE (Red	/	ay /Year			BER	MALE	FEMALE
ETHNIC BACKGR	OUND: (Please Ch	1				n compliance with	Title VI, Civil Rights Act, 1964
1. Chinese 2. Japanese	6. Vietnamese 7. Asian Indian	11. Samoan	cific Islander		Other Hispanic Filipino		21. Other Non-White 22. Other-Specify:
3. Korean	8. Other Asian	13. Mexican	, MexAmer, Chi	icano 18.	American Indiar	/Alaskan	23. Declined to state
4. Laotian 5. Cambodian	<ol> <li>Guamanian</li> <li>Hawaiian</li> </ol>	14. South Ar 15. Central A			Black, Non-Hisp White, Non-Hisp		24. Hispanic 25. Asian
				d, please Che			
0. United States 1. Amnesty		<ol> <li>Permanent Resident</li> <li>Temporary Resident</li> </ol>	F	<ol> <li>4. Refugee/Asyl</li> <li>5. Student Visa</li> </ol>			B1/B2/Border Crossing Visa
IF YOUR STATUS I	S AMNESTY, PERI	MANENT IS ENG	LISH THE L	ANGUAGE YO			D IN THE STATE OF
RESIDENT, REFUG							R THE PAST 25
INDICATE CARD IS	SUE DATE.		UENTLY? (C YES			NTHS? (Chec YES	
Mo. / Da	ay /Year		specify langua		If N	O, since what da	
WITHIN THE PAST 25		OU, OR IF UNDER 19,	i é ĕ	2	S or NO)		
Maintained voter regist Petitioned for a divorce		other state?	NO NO	YES YES	If yes, india If yes, india		Mo./Day/Year Mo./Day/Year
Filed state income taxe			NO	YES	If yes, indi	cate date	Mo./Day/Year
Attended a college or u	iniversity as a resident	t of another state?	NO	YES	If yes, indi	cate date	Mo./Day/Year
			INCOME: /D				Weindawi real
		FAMILY	<b>INCOME: (P</b>		one)	.001-\$40.000	13. \$50.001-or above
1.         \$0-\$7,500           2.         \$7,501-\$1	0,000 4. 5.	FAMILY \$15,001-\$16,000 \$16,001-\$17,000	7. \$20 8. \$2	0,001-\$25,000 5,001-\$30,000	<b>one)</b> 10. \$35 11. \$40	,001-\$40,000 ,001-\$45,000	
1. \$0-\$7,500	4. 0,000 5. 15,000 6.	FAMILY \$15,001-\$16,000 \$16,001-\$17,000 \$17,001-\$20,000	7. \$20 8. \$25 9. \$30	0,001-\$25,000 5,001-\$30,000 0,001-\$35,000	<b>bne)</b> 10. \$35 11. \$40 12. \$45	,001-\$45,000 ,001-\$50,000	13. \$50,001-or above
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1.         \$0-\$7,500           2.         \$7,501-\$1           3.         \$10,001-\$           1         2           1.         Not a high \$	4. 5. 6. FAMILY	FAMILY \$15,001-\$16,000 \$16,001-\$17,000 \$17,001-\$20,000 SIZE: Number in 5 6 HIGH SCHOOL ED t enrolled in high school	7. \$2( 8. \$2: 9. \$3( your housef 7 8	0,001-\$25,000 5,001-\$30,000 0,001-\$35,000 nold including 9 10	10.         \$35           11.         \$40           12.         \$45           yourself (Ch         11           12.         \$45	,001-\$45,000 ,001-\$50,000 eck one) 13 14	13. \$50,001-or above 14. Unknown 15
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1.         \$0-\$7,500           2.         \$7,501-\$1           3.         \$10,001-\$           1         2           1.         Not a high =           2.         Not a high =           3.         Currently in           4.         Currently in           5.         U.S. High S	4. 0,000 15,000 FAMILY FAMILY School graduate and not school graduate and cur high school and 2+2 pr nrolled in high school (C School diploma (Enter m	FAMILY \$15,001-\$16,000 \$16,001-\$17,000 \$17,001-\$20,000 (SIZE: Number in ) 5 6 HIGH SCHOOL ED t enrolled in high school rrently enrolled in Adult 1 rogram (Check current h Check current grade and nonth/year received)	7. \$2( 8. \$2: 9. \$30 your househ 7 8 DUCATION S School nigh school grad	0,001-s25,000 5,001-s30,000 101d including 9 10 TATUS: (Please le) graduation)	10.       \$35         11.       \$40         12.       \$45         yourself (Ch         11       12         se check one         9       9         9       1	10 11 10 11 10 11 10 11 10 11 10 11 10 11 10 11	13. \$50,001-or above 14. Unknown 15 12
1.         \$0-\$7,500           2.         \$7,501-\$1           3.         \$10,001-\$           1         2           2.         Not a high :           3.         Currently in           4.         Currently in           5.         U.S. High S           6.         G.E.D Cert	4. 0,000 15,000 FAMILY FAMILY School graduate and not school graduate and cur high school and 2+2 pr nrolled in high school (C School diploma (Enter m ificate or High School ce	FAMILY           \$15,001-\$16,000           \$16,001-\$17,000           \$17,001-\$20,000           YIZE: Number in y           5           6           HIGH SCHOOL ED           t enrolled in high school           rrently enrolled in Adult 3           rogram (Check current h           Check current grade and	7. \$2( 8. \$2: 9. \$30 your househ 7 8 DUCATION S School nigh school grad a month/year of g	0,001-s25,000 5,001-s30,000 0,001-s35,000 10 10 10 10 TATUS: (Please le) graduation)	10.       \$35         11.       \$40         12.       \$45         yourself (Ch         11       12         se check one         9       9         9       1         N	.001-\$45,000	13. \$50,001-or above 14. Unknown 15 12
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1.         \$0-\$7,500           2.         \$7,501-\$1           3.         \$10,001-\$           1         2           1.         Not a high:           2.         Not a high:           3.         Currently in           4.         Currently e           5.         U.S. High S           6.         G.E.D Certificate a           8.         Foreign sea           DO YOU OBJECT TO (Director)	A 0,000 15,000 A 5. FAMILY FAMILY A 3 A School graduate and not school graduate and cur high school and 2+2 pr nrolled in high school (C School diploma (Enter m ificate or High School Co or California High School Dip SOUTHWESTERN ( y information is defined	FAMILY \$15,001-\$16,000 \$16,001-\$17,000 \$17,001-\$20,000 SIZE: Number in 5 6 HIGH SCHOOL ED t enrolled in high school rrently enrolled in Adult : rogram (Check current h Check current grade and onth/year received) ertificate equivalency (El pl Proficiency (Enter mor ploma/Certificate (enter n	7. \$2( 8. \$2: 9. \$30 your housef 7 8 DUCATION S School high school grad month/year of g nter month/year receive month/year receive MG DIRECTO place of birth, a	0,001-s25,000 5,001-s30,000 0,001-s35,000 101 101 101 101 101 101 101	10.       \$35         11.       \$40         12.       \$43         yourself (Ch       11         12       \$6         9       12         9       14         0       12         10.       \$35         yourself (Ch         11       12         se check one         9       10         0       10         0       10         0       11         12       12         se check one       10         0       10         0       10         0       10         0       10         0       11         12       12         12       12         13       12         14       12         15       10         16       10         17       10         18       10         19       10         10       10         10       10         10       10         10       10         10       10	10         13           13         14           10         11           10         11           10         11           10         11           10         11           10         12           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         11           10         12           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           11         14           10         14           11         14           11         14           11         14           11         14           12         <	13.       \$50,001-or above         14.       Unknown         15         12       Mo./Year         13.       S         NO       s of attendance,
1.         \$0-\$7,500           2.         \$7,501-\$1           3.         \$10,001-\$           1         2           1.         Not a high:           2.         Not a high:           3.         Currently in           4.         Currently e           5.         U.S. High S           6.         G.E.D Certificate a           8.         Foreign sec           DO YOU OBJECT TO (Director degrees and a	A 0,000 15,000 A 5. FAMILY FAMILY A 3 A School graduate and not school graduate and cur high school and 2+2 pr nrolled in high school (C School diploma (Enter m ificate or High School Co or California High School Co or California High School Dip SOUTHWESTERN ( y information is defined wards received. This do PLEASE	FAMILY \$15,001-\$16,000 \$16,001-\$17,000 \$17,001-\$20,000 (SIZE: Number in the second SIZE: Number in the second (SIZE: Number in the second (SIZE: Number in the second (SIZE: Number in the second SIZE: Number in the second (SIZE: Number in	7. \$2( 8. \$2: 9. \$30 your housef 7 7 8 DUCATION S School high school grad month/year receive month/year receive MG DIRECTOI place of birth, a bt information. T	0,001-s25,000 5,001-s35,000 101d including 9 10 TATUS: (Please 10 received) 10 received	10.       \$35         11.       \$40         12.       \$43         yourself (Ch       11         12       \$6         9       9         9       0         0       0	10         13           13         14           10         11           10         11           10         11           10         11           10         11           10         11           10         12           10         14           10         14           10         14           10         14           10         14           10         14           10         11           10         12           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           10         14           11         14           10         17           11         14           10         17           10         17           10         <	13.       \$50,001-or above         14.       Unknown         15         12       Mo./Year         13.       S         NO       so f attendance, equest of the student.)
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SIGNATURE: -



•	Academic Affairs	
	Academic Success Center	

- Admissions and Records
- AmeriCorps/Service Learning
- Art Gallery Articulation
- ASO
   Assessment
- Athletics
- Automotive Technology
- Bookstore
- Business and Operations Cafeteria/Student Union
- CalWORKs
- Career Center
- Center for International Trade Development Central Plant
- Child Development Center
- College Police Department

- 213 Communications, Community 100D-I 420 and Government Relations
- Continuing Education 1400 1400 CTECS
- 710B

105M

1650

1280

2000

105D

- CustodialDisability Support Services
- DSS High Tech. Center
   E.O.P.S.
- 600 1400 1700
- Evaluations
   Facilities, Operations and Planning 1625 590
- 630
  - Financial Aid
    Financial Services
- 610 Fitness Center
  Grounds
- 1400 1400
- GymnasiumHealth, Exercise Science Building 660
  - Health Services/Campus Nurse
  - Human Resources
  - Information Institutional Research, Planning
  - and Grants

- SCHOOLS AND DEPARTMENTS
  - Institutional Technology Instructional Support Services
    Landscape and Nursery
  - Technology Language Acquisition Center
  - Learning Resource Center Library
     Lost and Found

  - Maintenance
     Math Lab

660

1400

1200

1400

420

1400

1400

1663

1005

1260

1500

103A

- Math/Science Center
- MESA Center
- Nurse
   Office Support Services
- Online Learning Support Center
   Outreach
- 1700 Payroll Services 601F
- 1670 Perkins Office 1400
  - Planetarium
  - Prop R Trailer Purchasing

Reading Lab

211

105

1800

440

620

620

105D

601F

100

620

1400

1660

660

382

1688

1651

- South Bay Botanic Garden Staff Development
- Student Accounts and Cashiering
- Student Activities
- Student Affairs
- Student Employment Services
- Superintendent/President
  Tech Prep/2+2
- 1200 420 390
  - Tennis Center
     Theatre/Mayan Hall
- 390 Time Out Café
   Tradewinds Café
  - Transfer Center
  - Veterans Services
  - Veterans Resource Center
  - Warehouse/Receiving
     Women's Resource Center
  - Workability III Writing Center

#### SCHOOL OF:

420

1800

620

1400

600

1400

1400

100

200A

1030

900

480

1505

1400

1400

345

1100

1400

1400

420

Arts and Communication 702B Continuing Education, Economic and Workforce Development 660 Counseling and Personal Development 1400 Health, Exercise Science, Athletics and Applied Technology 1700 (CIS, Electronics, Administration of Justice) Languages and Literature 430 Mathematics, Science, and Engineering 215 Social Sciences, Business and 470 Humanities

ECRWSS Postal Customer

# Choose the way you want to learn!

## Online Classes



Classes start: June 17, July 15 and August 12 See page 19 for details.

## **Online Career Training Programs**



## **OnGround Classes**

- NEW! Forklift Operator/Powered Industrial Truck OSHA Compliance
- NEW! Retail Sales Mastery Training
- NEW! Overview of Investments (Bilingual)
- NEW! We Spent How Much Money on What?! (Bilingual)
- NEW! Thai Fruit and Vegetable Carving Certificate Program
- NEW! Making the Most of Social Security



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