SOUTHWESTERN COLLEGE

LIFELONG LEARNING





CONTINUING EDUCATION



The Dean's Message

Are you ready to begin summer school? Southwestern College's summer 2015 Continuing Education class schedule offers interesting and high-quality courses that can enhance your career, promote personal growth, and expand your horizons.

There really is something for everybody. If you're looking to market yourself for a new job, there is a new class in "Retail Sales Mastery Training" or a few classes to start your own Family Childcare Business. Maybe you're ready to work fulltime from home and you'd be interested in taking our "Make Extra Income as a Wholesale Auto Dealer" course.

As an adult education provider, we continue to provide high-quality workforce training, basic skills education, and special interest courses like "Making the Most of Social Security."

We encourage you to review our class schedule. If you are unable to attend courses on the Chula Vista campus, or any of our other remote locations, please take a look at our online course offerings. Southwestern College's Continuing Education Program, truly looks forward to connecting with you as your life-long learning center and primary choice for higher education.

Sincerely.

Mink H. Starenga, DBA Dean, School of Continuing Education, Economic & Workforce Development

Expand Your Career Options!

Continuing Education offers Career and Professional Development courses in various subject areas including the courses shown below. These highquality career based / skill building courses teach proficiency in many different areas. Our instructors have a vast amount of experience in these areas and will provide you with the knowledge you need to advance in your career or learn new job skills.

Fee-Based Courses

- Choosing and Installing the Correct Computerized Maintenance
 Management System
- Earn Extra Income as a Wholesale Auto Dealer from Home
- Voice-Overs...Now is Your Time!
- California State Notary Public Seminar
- Loan Signing—Notary Public Seminar
- Work at Home as a Medical Transcriptionist
- Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!
- Interviewing and Compensation Negotiations
- Resume, LinkedIn Profile and Cover Letter Writing
- Design Principles and Techniques for Exceptional Floral Arrangements
- Build Your Own Website in Minutes for FREE!

Noncredit Courses

- Academic Skills ESL
- Customer Service
- Diversity Management Training
- Tax Preparation/Income
- Computer Skills Training

For more information on these courses, please see the Table of Contents on page 3.

CE Off-Campus Sites

Casa de Servicios (Villa Merced) 1188 Beyer Way, Rec. Room San Diego, CA 92154-4629 619-423-1901

Casa Pacifica

1424 30th St., Ste. C San Diego, CA 92154-4629 619-424-8181

Chula Vista Public Library

365 F Street Chula Vista, CA 91910 619-691-5069

Chula Vista Public Library

389 Orange Ave. Chula Vista, CA 91911 619-585-5786

City of Chula Vista Public Works

1800 Maxwell Rd. Chula Vista, CA 91911 619-397-6000

County of San Diego-Forensic Center

5570 Overland Ave., Ste. 101 San Diego, CA 92123 858-694-2895

Crown Cove Aquatic Center

Coronado, CA 92118 619-429-1669

San Diego County Library,

Bonita Branch 4375 Bonita Road Bonita, CA 91902 619-475-4642

5000 Highway 75

Seniors on Broadway 845 Broadway, Ste. 105 Chula Vista, CA 91911-6821 619 591 0062

619-591-0063

South County Career Center 1111 Bay Blvd., Suite E Chula Vista, CA 91911

St. Charles Church Parish Hall 990 Saturn Blvd. San Diego, CA 92154-2001 619-423-0242

Veteran's Home

619-628-0300

700 E. Naples Ct., Bldg. F Chula Vista, CA 91911-6821 619-482-6010

Westmont at San Miguel Ranch 2325 Proctor Valley Road Chula Vista, CA 91914-619-746-7039

Please do not contact these sites to register for classes.

Off-campus information is provided in the event that you require directions to the facility. For information about classes, please refer to page 3 in this brochure entitled, "Registration Information" or call 619-482-6376.

Continuing Education

Southwestern College Continuing Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many classes are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College web site at **www.swccd.edu**.

Governing Board

Norma Hernandez, President Nora E. Vargas, Vice-President Griselda A. Delgado Tim Nader Humberto Peraza Jr. Melinda Nish, Ed.D., Superintendent/President Sayaka Ridley, Student Trustee June 2014–May 2015

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Continuing Education

Continuing Education provides the opportunity for community residents to learn new skills and improve existing ones. This effort responds to the need for a welltrained workforce, as well as the individual need for intellectual or personal enrichment. Continuing Education presently includes the following three categories of instruction and services: noncredit curriculum, fee-based services and contract education.

Noncredit Curriculum (NC)

Noncredit courses are courses that meet community needs in ten instructional areas: parenting, basic skills, English as a Second Language (ESL), citizenship for immigrants, courses for the disabled, vocational courses, courses for older adults, home economics, health and safety, and workforce preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit. The College receives apportionment for noncredit courses at approximately half the rate for credit courses.

Fee-Based (CS)

Fee-based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.



Course Description Legend

Course meeting days:

- M = Monday
- Th = Thursday = Friday T = Tuesday Sat = Saturday W = Wednesday Sun = Sunday

Example: Class meets Monday through Thursday = M-Th Class meets on Monday and Tuesday = MT

Contract Education

Contract services are available to specific businesses and organizations by a mutually established agreement. Class participation is limited to the contract designees. Contract Education is not usually designated for credit. Contract Education and services are paid for by the contracting entity.

Continuing Education

Continuing Education is a department of the School of Continuing Education, Economic and Workforce Development. Your feedback, suggestions and comments are welcomed.

Mission Statement

Southwestern Community College District promotes student learning and success by committing to continuous improvement that includes planning, implementation and evaluation. We serve a diverse community of students by providing a wide range of dynamic and high quality academic programs and comprehensive student services. The District provides educational opportunities in the following areas: Associate degree and certificate programs; Transfer; Professional, technical and career advancement; Basic skills; Personal enrichment; Noncredit adult education; Community services; Economic, workforce and community development.

Diversity Initiative

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect and trust.

Non-Discrimination Statement

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Dean of Health, Exercise Science, Athletics and Applied Technology at 619-482-6551. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Human Resources, 619-482-6329.



Registration Information

Steps to Register for a Fee Class

To register for a fee class, please use the Fee Class Registration Form (page 23). Course numbers for fee classes start with "CS."

🖀 By Phone

Call **619-482-6376**. Please have your MasterCard, Discover, AMEX or VISA ready to register and pay for fee classes. Phone-in registration must be completed at least 24 hours prior to the first class meeting.

By Mail (Only if paying by CHECK)

Mail a completed Fee Class Form and Check to:

Southwestern College, Continuing Education 900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299

In Person Bring your completed registration form and payment to:

Southwestern College, Continuing Education

900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299 **Telephone: 619-482-6376** Fax: 619-482-6402 Office Hours: M–Th, 8 a.m.–5 p.m.

Steps to Register for a Noncredit Course

Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of a Noncredit Application (page 24). Most noncredit classes allow on-site registration on a space-available basis. Course numbers for noncredit classes start with "NC."

🖆 By Mail

Mail a completed Noncredit Application form to: **Southwestern College, Continuing Education** 900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299

📇 By Fax

Complete the Noncredit Application and fax to 619-482-6402.

In Person Bring your completed Noncredit Application to:

Southwestern College, Continuing Education 900 Otay Lakes Road, Building 660 Chula Vista, CA 91910-7299 Telephone: 619-482-6376 Fax: 619-482-6402 Office Hours: M–Th, 8 a.m.–5 p.m.



General Information

Sign Up Early

Early sign-up ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-served basis. Your registration can make the difference as to whether a class is offered or cancelled. When space is available, on-site registration may be allowed with the permission of the instructor.

Class Confirmation

Please mark your personal calendar when registering for any class. Every attempt is made to provide a confirmation letter of your registration; however, due to unavoidable delays of mail delivery or misdirected mail, this courtesy is not guaranteed. If you have not received a confirmation letter one week prior to class, please call Continuing Education to confirm your registration at 619-482-6376.

Certificate of Completion

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the instructor.

Class Cancellation

Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by mail or by phone. Please be sure to provide complete phone contact information on your application.

Refunds

A complete refund will always be made if Continuing Education cancels a class.

• If you cancel or reschedule (one time only) at least five (5) calendar days prior to the start of a class or event, you will be refunded your registration fee, less a \$5 processing fee.

- If you cancel or reschedule (one time only) at least three (3) calendar days before the start of a class, you will be charged a \$10 processing fee.
- No refunds or rescheduling are provided to individuals who give two (2) calendar days or less notice of cancellation.

No refunds or rescheduling will be provided once a class begins. Students who do not show up for class are not eligible for refunds or rescheduling. No refunds or rescheduling for any student who registers three (3) days before the class begins. Refunds take a few weeks to process.

Materials Fee

A materials fee is required in a some noncredit and fee classes. Please be prepared to pay this fee on the first day of class. Cash, check, or credit card payments are accepted. The instructor cannot issue change.

Instructor, Class, or Location Change

In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by mail or by phone.

Class Locations

Classes are held at various locations throughout South County. Please carefully review the location of the class for which you are registering.

Parking

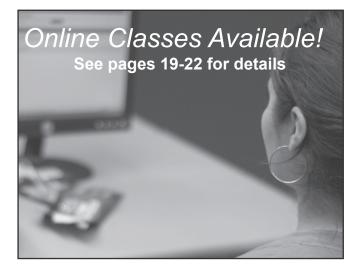
All vehicles parked on campus must display a parking permit at all times. Oneday parking permit dispensers are located throughout the campus (see campus map, inside front cover). The cost of the permit is \$3 and is valid on the day of purchase only. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. **One-day parking permits are only valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.**

Returned Check Service Charge

Checks returned for non-sufficient funds or "Stop Payments" must be paid by Master-Card, Visa, Discover, AMEX, cash or Money order and a \$25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, and credit, may be affected.

Disclaimer

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district web site or department for current information, as well as for any special rules or requirements imposed.



Career and Personal Development

Superior Customer Service Series

Attend any three free classes below and receive a Certificate of **Completion from Southwestern College.**

Service is the keystone to all successful businesses. Review and practice core principles to enhance your skills and increase awareness.

Customer Service: Customer Appreciation

Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduction to concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication. Instructor: J. Mackenzie, 3 hours. Room 1680

NC 1002-01 Th No Fee June 11 1–4 p.m.

Customer Service: Dealing with Difficult People

Conflict inhibits good business. Explore the causes and impact conflict can have on customer service. Learn strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one. Instructor: J. Mackenzie. 3 hours. Room 1680

NC 1006-01 Th June 18 1–4 p.m. No Fee

Customer Service: Decision Making and Problem Solving

Explore techniques for making business decisions and solving problems. Learn decision making styles and when each might be applied. Review how to assess a situation. Prioritize the urgency of tasks and select the steps for successful completion.

Instructor: J. Mackenzie, 3 hours. Room 1680

| Ν | IC 1070-01 | Th | June 25 | 1–4 p.m. | No Fee |
|---|------------|----|---------|----------|--------|
| | | | | | |

Customer Service: The Right Attitude

Having the right attitude has a positive impact on the workplace and our interactions with customers. Explore how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention and company growth. Explore the techniques for maintaining a professional attitude.

Instructor: J. Mackenzie, 3 hours. Room 1680

| NC 1073-01 Th | July 16 | 1–4 p.m. | No Fee |
|---------------|---------|----------|--------|
|---------------|---------|----------|--------|

Customer Service: Managing Change

In the workplace we face constant change. Explore our natural tendencies and the tendencies of our customers to resist change. Learn the techniques for handling workplace change and how to introduce change to our customers. Practice change management techniques. Instructor: J. Mackenzie, 3 hours, Room 1680 NC 1069-01 Th July 23 1–4 p.m. No Fee

Customer Service: Team Building

Working as teams in business can increase productivity, enhance project management, reduce business conflicts and create superior customer service. Identify team opportunities in your company. Learn the "roles" in a team and how to be both a leader and a team player. Practice new skills in typical husiness scenarios

Instructor: J. Mackenzie. 3 hours. Room 1680

| NC 1074-01 | Th | July 30 | 1–4 p.m. | No Fee |
|------------|----|---------|----------|--------|
|------------|----|---------|----------|--------|

Diversity Management

NC 1030, 1031, and 1032 are part of a certificated program in "Diversity Management." To earn a certificate, you must complete all three courses.

> For additional information, please contact Michael Van Keith at mvankeith@swccd.edu.

Diversity # Political Correctness

Diversity is a dilemma from campus classroom to corporate boardroom. What do "culture wars" and "one America" mean? Can diversity be managed? Is a borderless world order the future? First of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

| NC 1031-60 | Th | June 11 & 18 | 5:30–8 p.m. | No Fee |
|------------|----|--------------|-------------|--------|
|------------|----|--------------|-------------|--------|

Simply Race and Sex

Latin-Asianization is creating a majority-minority California. What commodities are to be mediated in popular culture? How will "browning" affect public relations, advertising, and marketing? Second of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

| | NC 1032-60 | Th | July 9 & July 18 | 5:30–8 p.m. | No Fee |
|--|------------|----|------------------|-------------|--------|
|--|------------|----|------------------|-------------|--------|

Beans, Bread, and Rice on the Plate

The 21st Century has been called the Pacific Century. What is defining the emerging Pacific Rim regionalism? Is South County a potential hub for fostering closer ties between Japan, México, and the United States? Third of three courses in a diversity management certificate.

Instructor: M. Van Keith, 5 hours. Room 662

NC 1030-60 Th July 23 & 30 5:30–8 p.m.

No Fee

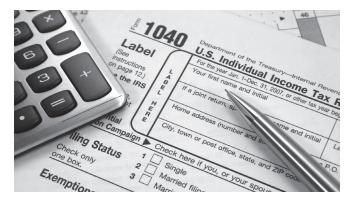
Career/Personal Development

Tax Preparation/Income Tax Course I

Introduces Part I of a 60-hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion. Required text: *Basic Income Tax Course*, Volume 1 Ed., Liberty Tax Service 2005 Instructor Manual CD, Volume III: Forms/Schedules/Worksheets and California Supplement. *To be purchased by the first day of class.*

Instructor: R. Reyes, 30 hours. Room 662

| NC 113-60 | N/N/ | lung 9 July 1 | 5:20 0:15 pm | No Eoo |
|-----------|------|---------------|----------------|--------|
| NC 113-60 | MW | June 8–July 1 | 5:30–9:15 p.m. | No Fee |



Tax Preparation/Income Tax Course II

Introduces Part II of a comprehensive 60-hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required text: *Basic Income Tax Course*, Volume II Ed., Volume III Forms, California Supplement. *To be purchased by the first day of class.* Instructor: R. Reyes, 30 hours. Room 662

| NC 114-60 MW July 6–29 5:30–9:15 p.m. N | No Fee |
|---|--------|
|---|--------|

Family Childcare Business I

Examines the process of setting up an in-home daycare business. Analysis and implementation of business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Creative ways to use available space and materials for a developmentally appropriate environment. Instructor: E. Marguez, 12 hours. Room 2001

NC 1054-01 T-Th June 9-11 9 a.m.-1 p.m. No Fee

Family Childcare Business II

Identifies caregiver's responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect. **Instructor: E. Marquez,** 12 hours. Room 2001

| NC 1055-01 | T–Th | June 16–18 | 9 a.m.–1 p.m. | No Fee |
|------------|------|------------|---------------|--------|
|------------|------|------------|---------------|--------|



Family Childcare Business III

Examines major theories in child development with an emphasis on practical application for the family childcare provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement. **Instructor: E. Marquez**, 12 hours. Room 2001

NC 1056-01 T-Th July 7-9 9 a.m.-1 p.m. No Fee

Family Childcare Business IV

Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, free/low cost materials). **Instructor: E. Marquez,** 12 hours. Room 2001

| NC 1057-01 | T–Th | July 14–16 | 9 a.m.–1 p.m. | No Fee |
|------------|------|------------|---------------|--------|
|------------|------|------------|---------------|--------|

Family Childcare Business V

Examines concept of developmentally appropriate practices as applied to home learning environment. Analysis of basic "whole child" approach to developing a curriculum for young children. Explores role of caregiver in providing an inclusive, multicultural, environment rich in diversity and acceptance of the individual. **Instructor: E. Marquez,** 12 hours. Room 2001

NC 1058-01 T-Th July 21-23 9 a.m.-1 p.m. No Fee

Customer Service—Mastering Communication

Effective and positive communication is key to good customer service success. Understand the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explore and practice the techniques of effective communication. Instructor: S. Rosas, 6 hours. Room 2001

| NC 1003-01 | TW | June 30–July 1 | 9 a.m.–Noon | No Fee |
|------------|----|----------------|-------------|--------|
|------------|----|----------------|-------------|--------|

Customer Service—Time & Stress Management

Workplace demands efficiency and productivity. Manage our time and stress has an impact on our ability to perform above company standards. Juggle more work and changes with less time and still "keep your cool". Explore time management techniques at work that will help you stay in balance. Be both more efficient and happier in the workplace. **Instructor: S. Rosas**, 6 hours. Room 2001

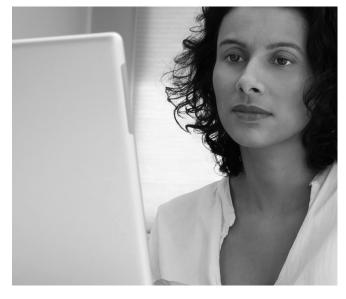
| NC 1071-01 | WTh | June 24–June 25 | 9 a.m.–Noon | No Fee |
|------------|-----|-----------------|-------------|--------|
| | | | | |

Computers

Introduction to Computers

Covers computer start-up; the graphic user interface; use of mouse and keyboard commands; basic file management; formatting and using a floppy disk; creating, saving, and printing a document using word processing software; and proper computer shutdown. 3 hours.

| NC 1051-E1 | TTh | June 18–23 | 2–5 p.m. | No Fee |
|------------|-----|---|-----------------------------|--------|
| | | If you have a laptop, pl | ease feel free to bring it. | |
| | | Instructor: N. Bartels | | |
| | | Location: Chula Vista Public Library | | |
| | | 365 F Street, Chula Vis | sta, 91910 | |
| NC 1051-E2 | W | July 8–15 | 4–7 p.m. | No Fee |
| NC 1051-E3 | W | July 22–29 | 4–7 p.m. | No Fee |
| | | Instructor: B. Muñoz | | |
| | | Location: South County Career Center | | |
| | | 1111 Bay Blvd. Suite. E, Chula Vista, 91911 | | |



Developing High-Performance Charts in Microsoft Excel

Reviews the basics of spreadsheet use: structure data entry, formulas, and functions. Focus on how to convert data into meaningful and high-impact charts. Students are required to bring a USB Flash drive to save and store class assignments. Instructor: N. Bartels, 12 hours.

| NC 24-E1 | TTh | July 21–Aug 6 | 2–4 p.m. | No Fee |
|----------|-----|--------------------------|-----------------------------|--------|
| | | lf you have a laptop, pl | ease feel free to bring it. | |
| | | Location: Chula Vista | Public Library | |
| | | 365 F Street, Chula Vis | sta, 91910 | |



Introduction to Microsoft Word

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word. 12 hours.

| NC 198-E1 | W | June 10–July 1 Instructor: B. Muñoz | 4–7p.m. | No Fee |
|-----------|-----|---|----------------------|--------|
| | | Location: South Cour | ity Career Center | |
| | | 1111 Bay Blvd. Suite E | , Chula Vista, 91911 | |
| NC 198-E2 | TTh | June 25–July 16 No class: 7/2 If you have a laptop, ple Instructor: N. Bartels Location: Chula Vista 365 F Street, Chula Vista | Public Library | No Fee |

Introduction to Microsoft Outlook

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts. Instructor: N. Bartels, 3 hours.

| NC 199-E1 | Т | June 16 | 2–5 p.m. | No Fee |
|-----------|---|----------------------------|----------------------------|--------|
| | | If you have a laptop, plea | ase feel free to bring it. | |
| | | Location: Chula Vista | Public Library | |
| | | 365 F Street, Chula Vis | sta, 91910 | |
| | | | , | |

Self-Improvement

Introduction to Academic ESL I

Introduces the first in a series of three courses designed to prepare non-native English speakers for the ESL certificate program. Utilizes the corpus of 500-600 words. Focuses on fluency in conversation, reading and writing, and vocabulary development. Instructor: N. Bartels, 24 hours.

| NC 108-E1 | MW | June 15–Aug. 5 | 2–3:30 p.m. | No Fee |
|-----------|----|---------------------|--------------------|--------|
| | | Location: Chula Vis | sta Public Library | |
| | | 389 Orange Ave., C | hula Vista, 91911 | |

Introduction to Academic ESL II

Second in a series of three courses designed to prepare non-native English speakers for ESL certificate program. Utilizes the corpus of 600-1000 words. Focuses on fluency in conversation, reading and writing and vocabulary development. Instructor: N. Bartels, 24 hours.

| NC 109-E1 | MW | June 15–Aug. 5 | 3:35–5:05 p.m. | No Fee |
|-----------|----|---------------------|-------------------|--------|
| | | Location: Chula Vis | ta Public Library | |
| | | 389 Orange Ave., Cl | hula Vista, 91911 | |



For college credit courses call 619-482-6550 or go to www.swccd.edu

Introduction to Academic ESL III

Third in a series of three courses designed to prepare non-native English speakers for ESL certificate program. Utilizes the corpus of 1000-1500 words. Focuses on fluency in conversation, reading and writing, and vocabulary development. A Certificate of Completion will be awarded to students after completion of all three ESL courses. Instructor: N. Bartels, 24 hours.

| NC 110-E1 | MW | June 15–Aug. 5 | 5:10–6:40 p.m. | No Fee |
|-----------|----|---------------------|--------------------|--------|
| | | Location: Chula Vis | ata Public Library | |
| | | 389 Orange Ave., C | hula Vista, 91911 | |

Retirement Living

Exploration of health maintenance, consumer awareness, physical illness, estate planning, community resources, and leisure time activities. Instructor: J. Acosta, 6 hours.

| NC 38-E1 | W | June 10–July 8 | 8:30–11:30 a.m. | No Fee |
|----------|--|-------------------|-------------------------|--------|
| | | No class: 6/24 | | |
| | Location: Casa de Servicios (Villa Merced) | | | |
| | | 1188 Beyer Way, R | ec. Room, San Diego, 92 | 154 |

Organize Your Life and Have More Time for Fun

Learn to organize your life so you have time to do the things you really want to do. Discover how to have more quality time by learning how to organize paperwork, clutter, and finances. Covers techniques for overcoming procrastination. Instructor: J. Acosta, 12 hours.

| NC 1015-E1 | Sat | June 13–July 11 No Class: 7/4 | 9 a.m.–Noon | No Fee |
|------------|---|--|------------------------|--------|
| | | Location: Seniors on I | Broadway | |
| | | 845 Broadway, Suite 1 | 05, Chula Vista, 91911 | |
| NC 1015-E2 | W | July 15–Aug. 5 | 8:30–11:30 a.m. | No Fee |
| | | Location: Casa de Servicios (Villa Merced) | | |
| | 1188 Beyer Way, Rec. Room, San Diego, 92154 | | | 4 |





Personal Development for Older Adults

Designed to develop and enhance the emotional and/or psychological well-being in the older adult. Topics will include: coping with the loss of significant others, disability and limited independence, loneliness, developing personal strength, confidence and assertiveness. **Instructor: D. Flores,** 34-36 hours.

| NC 37-E1 | TTh | June 9–Aug 6 No class: 7/2 | 10 a.mNoon | No Fee |
|----------|------|---------------------------------------|--|--------|
| | | Location: Casa Paci | fica | |
| | | 1424 30th Street, Ste | . C, San Diego, 92154 | |
| NC 37-E2 | M–Th | June 8–Aug. 6 No class: 7/2 | 8–9 a.m. | No Fee |
| | | Location: Veteran's | Home | |
| | | 700 E. Naples Ct., Bl | dg. F, Chula Vista, 91911 | |
| NC 37-E3 | MW | | 10 a.m.–Noon at San Miguel Ranch Road., Chula Vista, 91914 | No Fee |

Wellness and Fitness

Tai Chi

Tai Chi (or taiji) is a slow, non-contact exercise stressing balance, coordination, and flexibility. Taught all over the world and practiced as a health exercise, it is very popular with people of all ages. **Instructor: S. Evans,** 21-24 hours.

| NC 32-E1 | Т | June 9–July 28 | 1:30–4:30 p.m. | No Fee |
|----------|-----|-------------------------|--------------------------|--------|
| NC 32-E2 | Sat | June 13–August 1 | 9 a.m.–Noon | No Fee |
| | | No Class: 7/4 | | |
| NC 32-E3 | Th | June 11–July 30 | 1:30–4:30 p.m. | No Fee |
| | | No Class: 7/2 | | |
| | | Location: Veteran's Ho | ome | |
| | | 700 E. Naples Ct., Bldg | g. F, Chula Vista, 91911 | |
| NC 32-E4 | М | June 8–Julv 27 | 9:30 a.m12:30 p.m. | No Fee |

NC 32-E4 M June 8-July 27 9:30 a.m.-12:30 p.m. No Fee Location: San Diego County Library, Bonita Branch 4375 Bonita Road, Bonita, 91902

Body Dynamics and Aging Process

Instruction and conditioning for the maintenance of physical well-being. The course will focus on deep breathing, circulation, flexibility, stamina, body awareness and rhythmic movements. Techniques are adapted for older adults. Instructor: J. Acosta, 32-34 hours.

NC 34-E1 MF June 8-Aug. 3 8:30-10:30 a.m. No Fee No class: 7/3 NC 34-E2 TTh No Fee June 9-Aug. 6 8:30-10:30 a.m. No class: 7/2 Location: Casa De Servicios (Villa Merced) 1188 Beyer Way, Rec. Room, San Diego, 92154 NC 34-E3 MF June 8-Aug. 3 11 a.m.-1 p.m. No Fee No class: 7/3 NC 34-E4 June 9-Aug. 6 No Fee TTh 11 a.m.–1 p.m. No class: 7/2 Location: Seniors on Broadway 845 Broadway, Ste. 105, Chula Vista, 91911

Wellness for Older Adults

This training is specifically designed for older adults. Students can stand or sit while exercising. Strength training exercises will enhance and promote strength and balance skills, trunk, abdominal, back strength, mobility and agility skills and awareness of proper body alignment and mechanics. **Instructor: A. Solis,** 25 hours.

| NC 99-E1 | MWF | June 8–Aug. 5 No class: 7/3 | 8–9 a.m. | No Fee |
|----------|-----|---|-----------------------|--------|
| | | | 0.00.40.00 | |
| NC 99-E2 | MWF | June 8–Aug. 5 | 9:30–10:30 a.m. | No Fee |
| | | No class: 7/3 | | |
| | | Location: St. Charle | es Church Parish Hall | |
| | | 990 Saturn Blvd., Sa | n Diego, 92154 | |
| | | Limited space-registration ends on the first day of class | | |



Business Development

Choosing and Installing the Correct Computerized Maintenance Management System

The course will outline the foundations for an effective computer maintenance management system. Students will review some prominent computerized systems currently on the market, e.g., Enterprise Assets Management (EAM), Enterprise Resource Planner (ERP), and Computerized Maintenance Management System (CMMS) and define the requirements in choosing a computerized maintenance system based on type of industry, company's size, company's structure, etc. Mistakes frequently made by companies will be analyzed to ensure these same mistakes are not made. The overall objective for the course will be to map out the steps to be taken in ensuring a computer maintenance management system results as an asset and not a liability to the organization.Instructor: Manuel Vargas, 5 hours. Room 1685A

| CS 276-50 | Sat | June 20 | 8 a.m.–1:30 p.m. | Fee: \$75 |
|-----------|-----|---------|------------------|-----------|
|-----------|-----|---------|------------------|-----------|

Career and Professional Development

Earn Extra Income as a Wholesale Auto Dealer from Home

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling ttechniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions **Instructor: Wayne Williams**, 7 hours. Room 1682

| CS 257-60 | WTh | June 24–25 | 6–9:30 p.m. | Fee: \$85 |
|-----------|-----|--------------------|---------------------------|-----------|
| | | \$25 materials fee | paid in class (cash only) | |

Voice-Overs...Now is Your Time!

In what could be the one of most enlightening 2 hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! Instructor: Mike Rosen, 2 hours. Room 1685B

| CS 148-60 | Т | July 14 | 6:30–8:30 p.m. | Fee: \$45 |
|-----------|---|---------|----------------|-----------|
|-----------|---|---------|----------------|-----------|

For college credit courses call 619-482-6550 or go to www.swccd.edu

Resume, LinkedIn Profile and Cover Letter Writing

This course will educate students about how to write a compelling resume, LinkedIn profile, and cover letter that will convince a hiring manager to contact them for an interview. Instructor: Joe Connor, 9 hours. Room 1685B

| CS 283-50 | MT | June 15–16 | 5–9:30 p.m. | Fee: \$40 |
|-----------|----|------------|-------------|-----------|
| | | | | |

California State Notary Public Seminar

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. The exam is optional and may be cancelled if the minimum required to participate is not met. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam. **Instructor: Thomas Peavyhouse, 7** hours. Room 392

| CS 14-50 | Sat | July 25 | 8 a.m.–4 p.m. | Fee: \$75 |
|----------|-----|--------------------|-------------------------|-----------|
| | | \$45 materials fee | e paid in class | |
| | | Optional State | exam scheduled 4-5 p.m. | |
| | | for an additiona | al \$40 fee. | |

Loan Signing—Notary Public Seminar

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

| Instructor: | Thomas Pe | eavyhouse, / | nours. Room | 1 392 | |
|-------------|-----------|--------------|-------------|-------|--|
| | | | | | |

| CS 143-50 | Sun | July 26 | 9 a.m.–5 p.m. | Fee: \$75 |
|-----------|-----|----------------------------|---------------|-----------|
| | | \$70 materials fee paid in | class | |

Interviewing and Compensation Negotiations

This course will educate students about how to prepare for and execute interviews for employment so they get offered a job. Students will also learn how to make counter proposals to initial salary offers received from employers. **Instructor: Joe Connor**, 8 hours. Room 1685B

| CS 281-50 | MT | June 29–30 | 5:30–9:30 p.m. | Fee: \$40 |
|-----------|----|------------|----------------|-----------|
|-----------|----|------------|----------------|-----------|

Work at Home as a Medical Transcriptionist

Demand for medical transcriptionists is soaring! Join a field that pays well and gives you the flexibility of working at home, in a medical office, or in a hospital. Learn proven strategies for where best to learn medical transcription, how to market your business, grow a client base, equipment, software, transcription machines and electronic transfers, working for a service and much more. **Instructor, Deborah Burns**, will share her many years of experience as a business owner in this exciting introduction to the field of medical transcription. 3 hours. Room 1685A

| CS 51-60 | W | June 24 | 6:30–9:30 p.m. | Fee: \$40 |
|----------|---|------------------|------------------|-----------|
| | | \$20 materials f | ee paid in class | |

Southwestern College - Online e-Learning Healthcare Courses!

Southwestern College announces the availability of our new online e-learning healthcare courses from Health Ed Today!

These courses are interactive and provide students with an enriched learning experience which includes:

- 24-hour-a-day instructor support & course mentors
- engaging labs, student exercises and course videos
- all textbooks, workbooks and student materials
- a new "Secure Student Website" including career resources & other training
- certain programs include clinical externships!

All students will have access to a secure "Student Portal" website which includes:

- Career building exercises, resume writing tips, interview techniques, etc.
- Career mentors there to help students take the next step in their career!
- Other skills training including lifelong learning skills, healthcare review, etc.

For additional information, please contact Southwestern College toll free at **1-888-963-5967**. Visit us online at **http://www.healthedtoday.com/SWC** to experience a Course Demo and these exciting new programs! Ask us about national or state certification and clinical externship opportunities through these courses!

The Health Ed Today courses were developed through a partnership with leading education organizations including Pearson Education, E-College and Condensed Curriculum International.



PEARSON

Pharmacy Technician / Student Tuition: \$1,299

This comprehensive course will prepare students to enter the pharmacy field and take the Pharmacy Technician Certification Board's PTCB exam. Course content includes pharmacy medical terminology, pharmacy calculations, reading and interpreting prescriptions, defining generic and brand names drugs and much, much more! Program also includes an optional clinical externship at a local healthcare provider!

Clinical Medical Assistant Program / Student Tuition: \$2,499

This program prepares students to assist physicians by performing functions related to the clinical aspects of a medical office. Instruction includes preparing patients for examination and treatment, routine laboratory procedures, pharmacology, taking and documenting vital signs, technical aspects of phlebotomy, the 12-lead EKG and the cardiac life cycle. Program also includes an optional clinical externship at a local healthcare provider!

EKG Technician / Student Tuition: \$1,299

This EKG Technician Program prepares students to perform EKG's. This course will include information on anatomy and physiology of the heart, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, electrocardiography, and stress testing. A highly interactive course!

NEW! Forklift Operator/Powered Industrial Truck OSHA Compliance

Course provides hands-on training on how to safely operate a forklift, and a review of the safety rules for operating a forklift and other powered industrial trucks. Participants will learn to drive, maneuver, and safely handle merchandise with hands-on practice utilizing a real life-sized forklift. Each participant will receive a Certificate of Completion at the end of the course. **Instructor: Carlos Bejar**, 4 hrs. Room 1680

| CS 284-60 | Sat | June 20 | 8 a.m.–Noon | Fee: \$90 |
|-----------|-----|---------|-------------|-----------|
| CS 284-61 | Sat | July 25 | 8 a.m.–Noon | |

NEW! Retail Sales Mastery Training

During this nine-hour training students will develop expertise in retail selling techniques and learn the science of the sales process. Additionally, students will engage in exercises to develop their self-leadership skills and learn how to communicate in a culturally-diverse retail environment. Students will receive a Certificate of Completion at the end of the course. **Instructor: Michael Van Keith**, 9 hrs. Room 510

| CS 286-60 | W | July 22-Aug. 5 | 6–9 p.m. | Fee: \$85 |
|-----------|---|----------------|----------|-----------|
|-----------|---|----------------|----------|-----------|

Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!

The Internet has enabled people to run a business with low startup costs and high profitability. From information brokers, to freelancers, to eBay sellers, people have used their computers to build their fortunes. This class presents more than 120 high-demand businesses that can be completely run from your home computer. These computer-based businesses may utilize skills you already have, skills that are easily attained, or skills requiring formal training. This class will cover how to create different types of businesses using easy methods for bookkeeping and taxes, to make sense of the legal "mumbo-jumbo" (sales taxes, business licensure, and business structure), to make a profit-boosting website, and to find FREE resources that can give you a leg up!

| CS 278-60 | Th | June 18 | 6:30–9:30 p.m. | Fee: \$39 |
|-----------|----|------------------------------|----------------|-----------|
| | | \$30 material fee paid in cl | ass | |

Financial Planning

We Spent How Much Money on What? (Bilingual)

If you find yourself asking "How come we always have too much month at the end of the money?", you need to attend this seminar! Bring your checkbook or monthly bank statement and box of financial statements. You will create a cash flow statement and a net worth statement for your household. It's a simple and easy – but sometimes uncomfortable – process. These two personal financial statements will help you assess where you are financially and assist you in setting financial goals for the future. Most importantly they will allow you to see just where your money goes each month. Materials in English, course in Spanish with a bilingual format, basic knowledge of Spanish and computers recommended.

Instructor: William Greenwald, 3 hours. Room 227

| CS 267-60 | Т | July 14–21 | 6–7:30 p.m. | Fee: \$30 |
|-----------|---|----------------|-------------|-----------|
| CS 267-61 | Т | July 28–Aug. 4 | 7:30–9 p.m. | Fee: \$30 |



Overview of Investments (Bilingual)

Are you bewildered by the endless offerings and incomprehensible jargon from the investment industry? This gentle overview of investments will help you find your way and get you started in the right direction. In clear and plain language, we will introduce and review the major types of investments available to the general public. Topics include: real estate, stocks, bonds, mutual funds, short-term "cash" instruments, and other investment alternatives. Don't worry, we start from the very beginning with the most important question of all, "What is an investment?" Materials in English, course in Spanish with a bilingual format, basic knowledge of Spanish recommended.

Instructor: William Greenwald, 6 hours. Room 511

| CS 260-60 | М | June 8–29 | 6–7:30 p.m. | Fee: \$50 |
|-----------|----|-----------|-------------|-----------|
| CS 260-61 | Th | July 9–30 | 7:30–9 p.m. | Fee: \$50 |

Living Trust—Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained. **Instructor: Sami Martinez**, is an attorney and estate planner practicing exclusively in the areas of wills and trusts, trust administration, probate, and charitable giving. 3 hours. Room 1685A

| CS 68-50 | Sat | June 20 | 9 a.m.–Noon | Fee: \$35 |
|----------|-----|---------|-------------|-----------|
| | | | | |

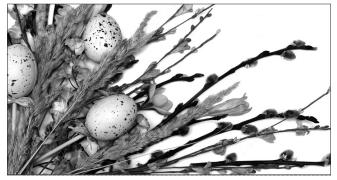
Art, Music & Crafts

Design Principles and Techniques for Exceptional Floral Arrangements

This fun and informative class will explore principles and techniques of floral design. The principles of design will be explained as they relate to floral arranging. Floral Master's techniques will be explored for use in making your floral designs special. Most of the class time will be spent with hands-on designing of one special floral piece the student will keep. Unusual and exotic materials and flowers will be provided. Each arrangement will be uniquely different and all will be truly exceptional. **Instructor: Betty Patterson Del Sol**, 3 hours. Room 1801

| CS 210-50 Sat | July 25 | 9 a.m.–1 p.m. | Fee: \$40 |
|---------------|-------------------|------------------------------|------------|
| | \$25 materials fe | e paid in class | |
| | Students will ke | en their own floral arrangem | ent at the |

Students will keep their own floral arrangement at the end of class.



Mosaic Art

Students will learn basic techniques needed to construct mosaic art works including the selection of appropriate materials, cutting and breaking selected materials, aesthetic arrangement of materials through the study of basic elements and principles of design, adhering mosaic materials to flat and three-dimensional surfaces, grouting, and cleaning finished projects.

Instructor: Bernadette Mingus, 15 hours. Room 754

| CS 242-50 | Sat | July 11 & 25 | 9 a.m.–2 p.m. | Fee: \$70 |
|-----------|-----|--------------------|---------------|-----------|
| | Th | July 16 | 8 a.m.–1 p.m. | |
| | | \$20 materials fee | paid in class | |

NEW! Thai Fruit and Vegetable Carving Certificate Program

Thai fruit and vegetable carving "kae sa luk" is a 700-year old art form practiced by chefs all over the world, and a cultural treasure of Thailand. In this 15-week certificate program, students will gain fundamental Thai fruit and vegetable carving skills they can use to expand their culinary repertoire and complement their culinary arts coursework. We will cover Thai style plate garnishing, ornate melon carving, vegetable flowers, fruit bouquets, vegetable bouquets, and culinary competition centerpieces. Students will receive a Certificate of Completion at the end of the program.

Instructor: Laura Lynn, 45 hours. Room 704A

| CS 287-60 | TTh | June 9–July 30 | 6–9 p.m. | Fee: \$150 |
|-----------|-----|----------------|----------|------------|
| | | No Class: 7/2 | | |

Self-Improvement

Build Your Own Website in Minutes for FREE!

If you can use a word processor, you can create your own website in just minutes for free including text, graphics, a shopping cart, and the ability to customize it any way you want it. Forget about learning HTML code, buying expensive software programs, and spending days in classroom sessions. This class will show you how to have your site up and running in just minutes. You'll understand the BEST parts and pieces to put on your site to make it work the way you want it to and how to link and list it with the major search engines. Instructor provides information and demonstration only for building a website. Instructor: Mike Rounds, 3 hours. Room 1685B

| CS 279-60 Th | June 18 | 6:30–9:30 p.m. | Fee: \$39 |
|--------------|-------------------------|----------------|-----------|
| | \$30 materials fee paid | in class | |

NEW! Making the Most of Social Security

During this nine-hour training students will develop expertise in retail selling techniques and learn the science of the sales process. Additionally, students will engage in exercises to develop their self-leadership skills and learn how to communicate in a culturally-diverse retail environment. Students will receive a Certificate of Completion at the end of the course. Instructor: Michael Dose, 2 hours. Room 510

| CS 288-50 Sat | June 6 | 10 a.mNoon | Fee: \$10 |
|---------------|---------------------------------|--------------|-----------|
| CS 288-51 Sat | June 20 | 10 a.m.–Noon | Fee: \$10 |
| | \$5 materials fee paid in class | | |



English:

| CS 17-50 | Sat | June 6 | 8 a.m4 p.m. | Fee: \$40 |
|----------|-----|---------|---------------|-----------|
| CS 17-51 | Sat | June 20 | 8 a.m4 p.m. | Fee: \$40 |
| CS 17-52 | Sat | July 25 | 8 a.m4 p.m. | Fee: \$40 |
| CS 17-53 | Sat | Aug. 8 | 8 a.m.–4 p.m. | Fee: \$40 |
| | | | | |

Spanish:

| - p | | | | |
|-----------|-----|---------|-------------|-----------|
| CS 17-52S | Sat | July 11 | 8 a.m4 p.m. | Fee: \$40 |

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending our DMV-approved Traffic Violator School. You must be on time and remain for the entire 8-hour program to qualify for the certificate of completion.

Instructors: Philip Ochoa, Paulino Leon. Room 662.



RN First Assistant - RNFA Program



PRESENTED BY: The National Institute of First Assisting, Inc. (NIFA®) in partnership with the Southwestern College in San Diego California.

NATIONAL STANDARDS: RN First Assistant (RNFA®) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI®) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

ELIGIBILITY

RNs: Registered Nurses who qualify for the program must be CNOR or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
- RNs must submit proof of CNOR certification prior to graduating from the program.

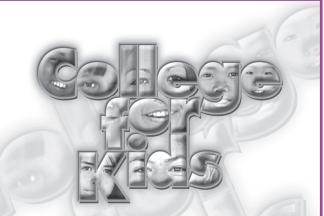
APRNs: Board-certified or board-eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

AREA OF STUDY Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

Contact NIFA at 1-800-922-7747 Mon.–Thurs. 7:30–5:00, Fri. 7:30–5:00 MST

Visit **www.RNFA.org** or email: **info@NIFA.com**

Jennifer Curran RN, CNOR, CRNFA Dean Parsons RN, CNOR, RNFA See NIFA on the front page of www.AORN.org



College for Kids (CFK) is a stimulating and challenging summer program designed for students entering the 5th–9th grades in fall 2015

> (619) 421-6700 ext.5953 www.swccd.edu/~cfk for more information

CARSONDUNLOF

Carson Dunlop and Southwestern College Continuing Education Program have formed a strategic partnership to offer a career home inspection training program.

The comprehensive 10-course certificate program is available through distance learning. Content is delivered in a highly visual and easy to understand format. The program is focused on practical applied technical knowledge, providing a solid foundation for success in the home inspection field.

www.carsondunlop.com/education/us/ SouthwesternCollege



SOUTH COUNTY

CAREER CENTER A Division of the San Diego Workforce Partnership, Inc.

South County Career Center 619-628-0300 1111 Bay Blvd., Suite E Chula Vista, CA 91911-2692 Need assistance? Looking for a good job? Need help making a résumé? Interested in changing careers? Want to upgrade your skills or perform career research?

Come to the SOUTH COUNTY CAREER CENTER

Receive support and valuable resources at no cost!

The South County Career Center also offers more than 60 computers, copy machines, fax, phone room, and free e-mail.

Experienced, friendly staff are available to assist you.

Crown Cove Aquatic Center Safety Afloat

5000 Highway 75 • Coronado, CA 92118

All classes held at the Crown Cove Aquatic Center on the Silver Strand State Beach. To register for classes listed below, please call (619) 429-1669.

Pediatric Basic Life Support and First Aid

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory and cardiac emergencies in adults, children and infants. Follows the American Heart Association (AHA) Basic Life Support (BLS) guidelines. Instructor: J. Araiza, 8 hours.

| NC 1022-E1 | Sat | July 18 | 8:30 a.m.–5 p.m. | No Fee |
|------------|-----|---------|------------------|--------|
| NC 1022-E2 | Sat | Aug. 1 | 8:30 a.m.–5 p.m. | No Fee |

Required textbook must be brought to class: **Heartsaver Pediatric First Aid**, **CPR**, **AED** (available in the SWC bookstore). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

First Aid For Public Safety Personnel—Title 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code. **Instructor: W. Price**, 16 hours.

| NC 15-E1 | MTWTh June 22–25 | 5:30–9:30 p.m. | No Fee |
|----------|------------------|----------------|--------|
| | | | |

Oxygen Administration for the Professional Rescuer

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as suction, oral and airway adjuncts, resuscitation masks, bag-valve masks, and supplemental oxygen. Follows both the American Red Cross and the National Safety Council (Green Cross) guidelines. **Instructor: W. Price**, 3 Hours.

| NC 1014-E1 | Т | June 16 | 5:30-8:30 p.m. | No Fee |
|------------|---|---------|----------------|--------|
|------------|---|---------|----------------|--------|

Ocean Lifeguarding For Recreation Assistants

Provides supplemental training to the student desiring to work as an ocean lifeguard or recreational assistant. Focuses on the skills and knowledge necessary to prevent and respond to emergencies in an ocean, bay, or beach environment. Emphasizes instruction on maintaining a safe aquatic environment, demonstration of manipulative skills, injury prevention, facility surveillance, patron surveillance, and ocean rescue techniques. **Instructor: W. Price,** 8 hours.

No Fee

NC 106-E1 Sat June 27 8:30 a.m.-5:00 p.m.

Basic First Aid and Adult CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace. 8 hours.

| NC 40-E1 | Sat | June 13 | 8:30 a.m.–5 p.m. | No Fee |
|----------|-----|------------------|-------------------------------|--------|
| NC 40-E2 | Sat | July 11 | 8:30 a.m.–5 p.m. | No Fee |
| | | Instructor: Dan | Hawley | |
| | | Location: Crow | vn Cove Aquatic Center | |
| NC 40-E3 | Th | June 18 | 8 a.m.–4:30 p.m. | No Fee |
| NC 40-E4 | Th | July 16 | 8 a.m4:30 p.m. | No Fee |
| | | Instructor: Dan | Hawley | |
| | | Location: City | of Chula Vista Public Works, | |
| | | 1800 Maxwell R | d., Chula Vista, 91911 | |
| NC 40-E5 | М | June 8 | 8 a.m.–4:30 p.m. | No Fee |
| NC 40-E6 | Μ | July 6 | 8 a.m.–4:30 p.m. | No Fee |
| NC 40-E7 | М | Aug. 3 | 8 a.m4:30 p.m. | No Fee |
| | | Instructor: W. F | Price | |
| | | Location: Coun | ty of San Diego–Forensic Ce | enter, |
| | | 5570 Overland A | Ave., Suite 101, San Diego, 9 | 2123 |

Required textbook must be brought to class: **Heartsaver First Aid, CPR, AED** (available in the SWC bookstore). American Heart Association course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you.

Basic Life Support (BLS) Instructor

Designed to advance the Basic Life Support (BLS) provider to the position of American Heart Association instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training. Instructor: D. Hawley, 16 hours.

| lard | NC 1039-E1 | Sat Sun | June 20 June 21 | 8:30 a.m.–5 p.m. 8:30 a.m.–5 p.m. | No Fee No Fee |
|----------------------------|------------|------------|--------------------|--------------------------------------|------------------|
| vent zes tive cue | | | confi Cove Aque | tic Center | |
| e | | | SWC | | |



Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association. 8-9 hours.

| NC 1007-E1 NC 1007-E2 | Sat Sat | June 27 July 25 Instructor: D. Hawley Location: Crown Cove | | No Fee No Fee |
|--------------------------|------------|---|-------------------------|------------------|
| | | | | |
| NC 1007-E3 | Т | June 9 | 8 a.m4:30 p.m. | No Fee |
| NC 1007-E4 | Т | July 7 | 8 a.m4:30 p.m. | No Fee |
| NC 1007-E5 | Т | Aug. 4 | 8 a.m4:30 p.m. | No Fee |
| | | Instructor: W. Price | | |
| | | Location: County of S | an Diego–Forensic Cen | ter |
| | | 5570 Overland Ave., S | te. 101, San Diego, 921 | 23 |

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive a course completion certificate. Required book: **BLS for the Healthcare Provider**, (available at the SWC bookstore). American Heart Association (AHA) course completion certificate is \$20. Please bring a self-addressed stamped envelope to class to have the certificate mailed to you. Follows the guidelines of the AHA.

Lifeguard Training

Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training. (Includes First Aid and CPR/PRO.)

Instructor: W. Price, 36 hours.

| NC 70-01 | Sat | June 13 | 8:30 a.m.–5 p.m. | (Pool, SWC Main Campus) |
|----------|-----|---------|------------------|-------------------------|
| | Sun | June 14 | 8:30 a.m.–5 p.m. | (CCAC) |
| | F | June 19 | 5:30–9:30 p.m. | (CCAC) |
| | Sat | June 20 | 8:30 a.m.–5 p.m. | (Pool, SWC Main Campus) |
| | Sun | June 21 | 8:30 a.m.–5 p.m. | (Pool, SWC Main Campus) |
| | -0 | * | | Habierta - 15 |

Southwestern College Customized Training Program



Let us partner with your company in improving your "greatest investment" — your employees & sustainable productivity.

SWC provides high quality instruction via customized training in key aspects of workforce development through:

- Customer Service
- English for the Workplace
- Diversity Management

In addition to these competitively priced services -

- Personally meet with leadership to discuss training needs
- Bring training to your location and at your convenience

Contact Continuing Education at (619) 482-6376



Tennis Academy at SWC

900 Otay Lakes Road, Chula Vista, 91910 619-421-6622

Staff

The Tennis Academy offers various programs for Juniors and Adults through group clinics and also private instruction. On-site registration at the Tennis Academy Office only. Flyers for each program are available at the Tennis Academy Office.

Susan Reasons, SWC Tennis Academy Coach, SWC Head Women's Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified. Southwestern College Athletic Department Hall of Fame Coach.

Please call Coach Susan Reasons at **619-421-6622 or email susanreasons@ yahoo.com** for registration information on specific dates and times of classes listed. Registration at Tennis Academy Office only.



Beginning/Advanced Beginning Junior Training Program (Ages 7–17)

Basic skill introduction. To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand-eye coordination. Physical conditioning included. **Instructor: Susan Reasons**, 1.5 hours per week.

| Т | 4:30–6 p.m. | Fee: \$65 | (4-week session) |
|---|-------------|-----------|------------------|
| W | 4–5:30 p.m. | Fee: \$65 | (4-week session) |

Advanced Beginning/Intermediate Junior Training Program (Ages 7–17)

To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand eye coordination. Physical conditioning included. Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included. Instructor: Susan Reasons, 2 hours per week

| Th | 4:30-6:30 p.m. | Fee: \$85 | (4-week session) |
|----|----------------|-----------|------------------|
| | | | |

Intermediate Junior Training Program (Ages 7–17)

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included. **Instructor: Susan Reasons**, 2 hours per week.

| М | 4:30–6:30 p.m. | Fee: \$85 | (4-week session) |
|---|----------------|-----------|------------------|
| | | | |

Advanced Intermediate/Advanced Junior Training Program (Ages 9–17)

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overheads, and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Foot work and conditioning included. **Instructor: Susan Reasons**, 2 hours per week.

| W 5:30–7:30 p.m. | Fee: \$85 | (4-week session) |
|------------------|-----------|------------------|
|------------------|-----------|------------------|

Beginning/Advanced Beginning Level (Ages 18 and up)

Clinic will teach the basics of Tennis.....to include, Serves, Return of Serve, Forehand and Backhand Ground Strokes, Volleys, also Basic Rules of Play and Scoring. Footwork and Positioning of Play will also be included. Ball Machine will be available during class for instructional use. Instructor: Susan Reasons, 1.5 hours per week

M 6:30–8 p.m. Fee: \$65 (4-week session)

ed2go Online Classes



Southwestern College

<u>Career Training</u> Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:

- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- and self paced • All materials, workbooks, and
- software are included · Payment plans available

Chartered Tax Professional for California Residents

The California Chartered Tax Professional Online Certificate Program will help you become qualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California CTP Certificate Program, you'll be qualified to prepare individual tax returns for almost all U.S. and California taxpayers This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Payroll Practice and Management

If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Digital Arts Certificate

The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You'll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing

This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Online Courses

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. You can complete any course entirely from your home or office. Any time of the day or night.

Features:

- · Courses run for six weeks
- (with a 10-day grace period at the end).
- · Courses are project-oriented and include lessons, guizzes, hands-on assignments, discussion areas, supplementary links, and more.

How to Get Started:

1. Visit our Online Instruction Center:

www.ed2go.com/swc

- 2. Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
- 3. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Discover Digital Photography

An informative introduction to the fascinating world of digital photography equipment.

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| The Certified Global Business Professional Online Training nanagement, and trade finance. | g Program prepares | s you for the credential exam by educating you in four areas: global management, global marketing, supply chain |
| Certified Green Supply Chain Prof. | 60 hours | \$1,595 |
| | | Supply Chain Professional Online Training Program. Gain the skills you'll need to make a green impact on global source tics, and new product development. |
| Grant Writing | 300 hours | \$2,295 |
| earn to write grant proposals that get funded in this natio | nally recognized G | rant Writing online training program. |
| Non-Profit Management | 300 hours | \$2,295 |
| Examine the fundamental principles of nonprofit managen undraising, and become acquainted with the fundamental | | les and responsibilities of a nonprofit board of directors and the management team, discover the essential aspects of process. |
| Project Management | 40 hours | \$1,695 |
| The Project Management Online Training Program will hel | lp you improve you | r project management skills and prepare you for certification as a Project Management Professional. |
| Physical Therapy Aide | 150 hours | \$1,895 |
| | sponsibilities of a P | T aide, and develop a working knowledge of anatomy and medical terminology. |
| /eterinary Assistant | 170 hours | \$1,995 |
| | | for animals and assist the veterinarian during examinations. |
| Certified Indoor Air Quality Manager | 16 hours | \$795 |
| · · · | | p wants to improve the indoor air quality of your building? If so, the Certified Indoor Air Quality Manager Program is just |
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These courses do not offer college credit.

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| ETG-106 | Introduction to PHP and MySQL | \$100 |
| ETG-107 | Introduction to Java Programming | \$100 |
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| ETG-109 | Intermediate JAVA Programming | \$100 |
| ETG-111 | Achieving Top Search Engine Positions | \$100 |
| ETG-112 | Advanced Web Pages | \$100 |
| ETG-114 | Blogging and Podcasting for Beginners | \$100 |
| ETG-116 | Designing Effective Websites | \$100 |
| ETG-117 | Introduction to Microsoft Outlook 2010 | \$100 |
| ETG-120 | Introduction to Crystal Reports | \$100 |
| ETG-121 | Introduction to Flash CS5 | \$100 |
| ETG-122 | Introduction to Crystal Reports 10 | \$100 |
| ETG-123 | Intermediate Flash CS5 | \$100 |
| ETG-124 | Creating Mobile Apps with HTML5 | \$100 |
| ETG-125 | Creating WordPress Websites | \$100 |
| ETG-126 | Creating WordPress Websites II | \$100 |
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Computers

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| | Introduction to PC Troubleshooting | \$100 |
| ETG-202 | Introduction to Microsoft Publisher 2007 | \$100 |
| ETG-204 | Introduction to Microsoft Excel 2007 | \$100 |
| ETG-206 | Intermediate Microsoft Excel 2007 | \$100 |
| ETG-207 | Introduction to Microsoft Access 2007 | \$100 |
| ETG-208 | Intermediate Microsoft Access 2007 | \$100 |
| ETG-209 | Introduction to Microsoft Word 2010 | \$100 |
| | Intermediate Microsoft Word 2007 | \$100 |
| ETG-212 | Introduction to Microsoft PowerPoint 2007 | \$100 |
| ETG-213 | Basic CompTIAA+ Certification Prep | \$110 |
| ETG-214 | Intermediate CompTIA A+ Certification Prep | \$110 |
| ETG-215 | Advanced CompTIAA+ Certification Prep | \$110 |
| ETG-216 | Introduction to Microsoft Word 2007 | \$100 |
| ETG-218 | Keyboarding | \$100 |
| ETG-219 | Introduction to Microsoft Excel 2010 | \$100 |
| ETG-220 | Introduction to Microsoft Project 2007 | \$100 |
| ETG-221 | Advanced Microsoft Excel 2007 | \$100 |
| ETG-222 | Introduction to PC Security | \$100 |
| ETG-223 | Introduction to Microsoft Project 2010 | \$100 |
| ETG-225 | Intermediate Microsoft Excel 2010 | \$100 |
| ETG-226 | Introduction to Microsoft PowerPoint 2010 | \$100 |
| ETG-227 | Introduction to Windows 7 | \$100 |
| ETG-228 | Introduction to Microsoft Access 2010 | \$100 |
| ETG-229 | Intermediate Microsoft Access 2010 | \$100 |
| ETG 230 | Introduction to InDesign CS4 | \$100 |
| ETG-233 | Photoshop Elements 9 for the Digital Photographer | \$100 |
| ETG-234 | Introduction to Photoshop CS5 | \$100 |
| ETG-237 | Introduction to Illustrator CS4 | \$100 |
| ETG-238 | Introduction to Photoshop CS4 | \$100 |
| ETG-239 | Intermediate Photoshop CS4 | \$100 |
| ETG-241 | Introduction to Database Development | \$100 |
| ETG-242 | Introduction to Networking | \$100 |
| ETG-243 | Intermediate Networking | \$100 |
| ETG-244 | Computer Skills for the Workplace | \$100 |
| ETG-245 | Intermediate Microsoft Word 2010 | \$100 |

Computers

| Cse. No. | Title | Fee |
|----------|--|-------|
| ETG-246 | Introduction to SQL | \$100 |
| ETG-247 | Intermediate SQL | \$100 |
| ETG-248 | Intermediate Oracle | \$100 |
| ETG-249 | Introduction to C++ Programming | \$110 |
| ETG-250 | Introduction to C# Programming | \$110 |
| ETG-251 | What's New in Microsoft Office 2007 | \$100 |
| ETG-252 | What's New in Microsoft Office 2010 | \$100 |
| ETG-253 | Wireless Networking | \$100 |
| ETG-254 | Introduction to Oracle | \$100 |
| ETG-256 | CompTIA Network+ Certification Prep | \$110 |
| ETG-257 | CompTIA Security+ Certification Prep 1 | \$110 |
| ETG-258 | CompTIA Security+ Certification Prep 2 | \$110 |
| ETG-259 | Advanced Microsoft Excel 2010 | \$100 |
| ETG-260 | Intermediate C# Programming | \$100 |
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Tech Prep and Special Interest

| Cse. No. | Title | Fee |
|----------|---|-------|
| | Write Fiction Like A Pro | \$100 |
| | The Craft of Magazine Writing | \$100 |
| | Beginning Writer's Workshop | \$100 |
| ETG-303 | | \$100 |
| ETG-304 | A to Z Grant Writing | \$100 |
| | Instant Italian | \$100 |
| ETG-306 | GRE Preparation – Part 1 (Verbal and Analytical) | \$100 |
| ETG-307 | | \$100 |
| ETG-308 | LSAT Preparation – Part 1 | \$100 |
| ETG-309 | LSAT Preparation – Part 2 | \$100 |
| ETG-310 | Grammar Refresher | \$100 |
| ETG-311 | Beginning Conversational French | \$100 |
| ETG-312 | Writeriffic: Creativity Training for Writers | \$100 |
| ETG-313 | Travel Writing | \$100 |
| ETG-314 | Speed Spanish | \$100 |
| ETG-315 | Grammar for ESL | \$100 |
| ETG-316 | Medical Terminology: A Word Association Approach | \$100 |
| ETG-317 | Introduction to Natural Health and Healing | \$100 |
| ETG-318 | GMAT Preparation | \$100 |
| | Discover Digital Photography | \$100 |
| ETG-321 | Genealogy Basics | \$100 |
| | Learn to Buy and Sell on eBay | \$100 |
| ETG-323 | | \$100 |
| | Conversational Japanese | \$100 |
| | Photographing People with your Digital Camera | \$100 |
| ETG-326 | | \$100 |
| ETG-327 | 0 | \$100 |
| ETG-328 | | \$100 |
| | Where Does All My Money Go? | \$100 |
| | Get Assertive! | \$100 |
| ETG-331 | Explore a Career as an Administrative Medical Assistant | \$100 |
| ETG-332 | Leadership | \$100 |
| ETG-333 | Interpersonal Communication | \$100 |
| | Personal Finance | \$100 |
| ETG-335 | | \$100 |
| ETG-336 | , , , | \$100 |
| ETG-337 | Keys to Effective Communication | \$100 |
| ETG-338 | | \$100 |
| ETG-339 | | \$100 |
| ETG-340 | Become a Veterinary Assistant III: Practical Skills | \$100 |
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Fee

Tech Prep and Special Interest

| <u>Cse. No.</u> | Title | Fee |
|-----------------|---|-------|
| ETG-341 | Introduction to Digital Scrapbooking | \$100 |
| ETG-342 | Achieving Success with Difficult People | \$100 |
| ETG-344 | Solving Classroom Discipline Problems | \$100 |
| ETG-345 | Stocks, Bonds, and Investing: Oh My! | \$100 |
| ETG-346 | Introduction to Screenwriting | \$100 |
| ETG-348 | Fundamentals of Technical Writing | \$100 |
| ETG-349 | Keys to Effective Editing | \$100 |
| ETG-350 | Growing Plants for Fun and Profit | \$100 |
| ETG-351 | Handling Medical Emergencies | \$100 |
| ETG-352 | Write Your Life Story | \$100 |
| ETG-353 | Assisting Aging Parents | \$100 |
| ETG-354 | Lose Weight and Keep It Off | \$100 |
| ETG-355 | Become a Physical Therapy Aide | \$100 |
| ETG-356 | Spanish for Medical Professionals | \$100 |
| ETG-357 | Understanding Adolescents | \$100 |
| ETG-358 | Spanish in the Classroom | \$100 |
| ETG-359 | Creating a Classroom Web Site | \$100 |
| ETG-360 | Teaching Preschool: A Year of Inspiring Lessons | \$100 |
| ETG-361 | The Creative Classroom | \$100 |
| ETG-362 | Teaching Smarter With SMART Boards | \$100 |
| ETG-363 | Ready, Set, Read! | \$100 |
| ETG-364 | Teaching Students With ADHD | \$100 |
| ETG-365 | Guided Reading and Writing: Strategies | |
| | for Maximum Student Achievement | \$100 |
| ETG-366 | Differentiated Instruction in the Classroom | \$100 |
| ETG-367 | Guided Reading: Strategies for the Differentiated Classroom | |
| ETG-368 | Teaching Students With Learning Disabilities | \$100 |
| ETG-369 | Teaching Students With Autism: Strategies for Success | \$100 |
| ETG-370 | Response to Intervention: Reading Strategies That Work | \$100 |
| ETG-371 | Singapore Math Strategies: Model Drawing for Grades 1-6 | \$100 |
| ETG-372 | Singapore Math: Number Sense and Computational Strategies | \$100 |
| ETG-373 | Writing for Children | \$100 |
| ETG-374 | SAT/ACT Preparation – Part 1 | \$100 |
| ETG-375 | SAT/ACT Preparation – Part 2 | \$100 |
| ETG-376 | Introduction to Stock Options | \$100 |
| ETG-377 | Keys to Successful Money Management | \$100 |
| ETG-378 | Protect Your Money, Credit, and Identity | \$100 |
| ETG-379 | Going Green at Home | \$100 |
| ETG-380 | Introduction to Interior Design | \$100 |
| ETG-381 | Start Your Own Edible Garden | \$100 |
| ETG-382 | Resume Writing Workshop | \$100 |
| ETG-383 | Enhancing Language Development in Childhood | \$100 |
| ETG-384 | Managing Life as a Single Parent | \$100 |
| ETG-385 | Introduction to Microsoft Word 2011 for Mac | \$100 |

Small Business

| Cse. No. | Title | Fee |
|----------|--|-------|
| ETG-400 | Start and Operate Your Own Home-Based Business | \$100 |
| ETG-401 | Marketing Your Business on the Internet | \$100 |
| ETG-402 | Starting a Nonprofit | \$100 |
| ETG-403 | Marketing Your Nonprofit | \$100 |
| ETG-404 | Creating a Successful Business Plan | \$100 |
| ETG-405 | Starting a Consulting Practice | \$100 |
| ETG-406 | Start Your Own Small Business | \$100 |
| ETG-407 | Introduction to Internet Writing Markets | \$100 |
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Management & Business

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|----------|---|-------|
| Cse. No. | Title | Fee |
| ETG-628 | Purchasing Fundamentals | \$110 |
| ETG 629 | Project Management Fundamentals | \$110 |
| ETG-630 | Business Finance for Non-Finance Personnel | \$110 |
| ETG-631 | Administrative Assistant Fundamentals | \$110 |
| ETG-632 | Fundamentals of Supervision and Management | \$110 |
| ETG-633 | Effective Business Writing | \$110 |
| ETG-634 | Business and Marketing Writing | \$110 |
| ETG-635 | Employment Law Fundamentals | \$110 |
| ETG-636 | Accounting Fundamentals II | \$110 |
| ETG-637 | Administrative Assistant Applications | \$110 |
| ETG-638 | Introduction to QuickBooks 2012 | \$110 |
| ETG-639 | Real Estate Investing | \$110 |
| ETG-640 | Real Estate Investing II: Financing Your Property | \$110 |
| ETG-641 | Building Teams That Work | \$110 |
| ETG-643 | Individual Excellence | \$110 |
| ETG-644 | Going Green at the Workplace | \$110 |
| ETG-645 | QuickBooks 2012 for Contractors | \$110 |
| ETG-646 | Fundamentals of Supervision and Management II | \$110 |
| ETG-651 | Understanding the Human Resources Function | \$110 |
| ETG-652 | Accounting Fundamentals | \$110 |
| ETG-653 | Total Quality Fundamentals | \$110 |
| ETG-654 | Project Management Applications | \$110 |
| ETG-655 | PMP Certification Prep 1 | \$110 |
| ETG-656 | PMP Certification Prep 2 | \$110 |
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ec2go Online classes start: *June 17, July 15, August 12*



Continuing Education FEE CLASS REGISTRATION FORM

PLEASE PRINT or TYPE NAME BELOW

LAST ______ FIRST _____

ADDRESS_____CITY___ZIP____

PHONE _____ E-MAIL _____

NAME- 2ND REGISTRANT_____AGE (if under 18) _____

| CLASS | NAME OF CLASS | START DATE | NUMBER OF PEOPLE | FEE |
|--------|-----------------------|---------------|------------------------|-----|
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| PAYMEN | NT METHOD: CHECK CASH | TOTAL AN | IOUNT DUE | \$ |

Signature

Date

SOC. SEC. NO. (REQUIRED TO EXPEDITE A REFUND):

REFUNDS

A complete refund will always be made if Continuing Education cancels a class.

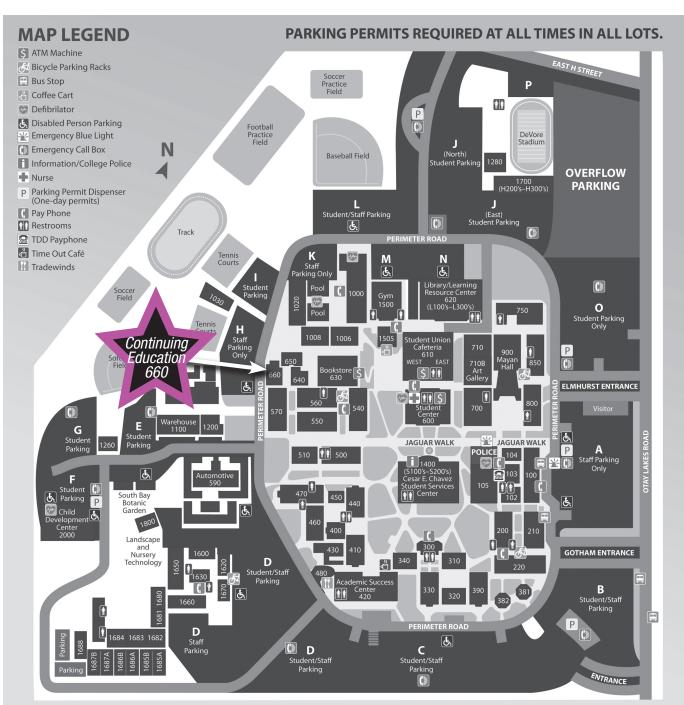
- If you cancel or reschedule (one-time only) at least five (5) calendar days prior to the start of a class or event, you will be refunded your registration fee, less a \$5 processing fee.
- If you cancel or reschedule (one-time only) at least three (3) calendar days before the start of a class, you will be charged a \$10 processing fee.
- No refunds or rescheduling are provided to individuals who give two (2) calendar days or less notice of cancellation.

No refunds or rescheduling will be provided once a class begins. Students who do not show up for class are not eligible for refunds or rescheduling. No refunds or rescheduling for any student who registers three (3) days before the class begins. Refunds take a few weeks to process. Thank you.

Southwestern College Continuing Education 900 Otay Lakes Road, Building 660 (across from parking Lot H) Chula Vista, CA 91910-7299 Office hours: SPRING & FALL: M-F from 8 a.m. - 4:30 p.m. SUMMER: M-Th from 8 a.m. - 5 p.m.

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| SOUTHWESTERN COLLEGE | 619-482-637 | | | | | | SUMMER |
| Noncredit courses a | re funded by local a | and state taxes. The | e information | requested on t | his applicatio | n <u>remains con</u> | fidential and is required |
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| 0. United States 1. Amnesty | | Permanent Resident Temporary Resident | F | 4. Refugee/Asyl 5. Student Visa | | | B1/B2/Border Crossing Visa |
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| Maintained voter regist Petitioned for a divorce | | other state? | NO NO | YES YES | If yes, india If yes, india | | Mo./Day/Year Mo./Day/Year |
| Filed state income taxe | | | NO | YES | If yes, indi | cate date | Mo./Day/Year |
| Attended a college or u | iniversity as a resident | t of another state? | NO | YES | If yes, indi | cate date | Mo./Day/Year |
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SIGNATURE: -



| • | Academic Affairs | |
|---|-------------------------|--|
| | Academic Success Center | |

- Admissions and Records
- AmeriCorps/Service Learning
- Art Gallery Articulation
- ASO
 Assessment
- Athletics
- Automotive Technology
- Bookstore
- Business and Operations Cafeteria/Student Union
- CalWORKs
- Career Center
- Center for International Trade Development Central Plant
- Child Development Center
- College Police Department

- 213 Communications, Community 100D-I 420 and Government Relations
- Continuing Education 1400 1400 CTECS
- 710B

105M

1650

1280

2000

105D

- CustodialDisability Support Services
- DSS High Tech. Center
 E.O.P.S.
- 600 1400 1700
- Evaluations
 Facilities, Operations and Planning 1625 590
- 630
 - Financial Aid
 Financial Services
- 610 Fitness Center
 Grounds
- 1400 1400
- GymnasiumHealth, Exercise Science Building 660
 - Health Services/Campus Nurse
 - Human Resources
 - Information Institutional Research, Planning
 - and Grants

- SCHOOLS AND DEPARTMENTS
 - Institutional Technology Instructional Support Services
 Landscape and Nursery
 - Technology Language Acquisition Center
 - Learning Resource Center Library
 Lost and Found

 - Maintenance
 Math Lab

660

1400

1200

1400

420

1400

1400

1663

1005

1260

1500

103A

- Math/Science Center
- MESA Center
- Nurse
 Office Support Services
- Online Learning Support Center
 Outreach
- 1700 Payroll Services 601F
- 1670 Perkins Office 1400
 - Planetarium
 - Prop R Trailer Purchasing

Reading Lab

211

105

1800

440

620

620

105D

601F

100

620

1400

1660

660

382

1688

1651

- South Bay Botanic Garden Staff Development
- Student Accounts and Cashiering
- Student Activities
- Student Affairs
- Student Employment Services
- Superintendent/President
 Tech Prep/2+2
- 1200 420 390
 - Tennis Center
 Theatre/Mayan Hall
- 390 Time Out Café
 Tradewinds Café
 - Transfer Center
 - Veterans Services
 - Veterans Resource Center
 - Warehouse/Receiving
 Women's Resource Center
 - Workability III Writing Center

SCHOOL OF:

420

1800

620

1400

600

1400

1400

100

200A

1030

900

480

1505

1400

1400

345

1100

1400

1400

420

Arts and Communication 702B Continuing Education, Economic and Workforce Development 660 Counseling and Personal Development 1400 Health, Exercise Science, Athletics and Applied Technology 1700 (CIS, Electronics, Administration of Justice) Languages and Literature 430 Mathematics, Science, and Engineering 215 Social Sciences, Business and 470 Humanities

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- NEW! Forklift Operator/Powered Industrial Truck OSHA Compliance
- NEW! Retail Sales Mastery Training
- NEW! Overview of Investments (Bilingual)
- NEW! We Spent How Much Money on What?! (Bilingual)
- NEW! Thai Fruit and Vegetable Carving Certificate Program
- NEW! Making the Most of Social Security



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