

**Free  
Classes!**

**Fall  
2017**

**Required:**

\*Book (may be purchased @  
SWC bookstore – 619-482-6416)

\* \$20.00 fee for Course  
Completion Card.

**CPR for Professional Rescuer  
or BLS Provider**

A 9-hour class for professional rescuers and those interested in becoming BLS instructors. Includes: Adult and Pediatric CPR, Foreign Body Airway Obstruction, use of Automated External Defibrillator (AED) and Bag-Valve-Mask ventilation.



**BLS Instructor**

16-hour American Heart Association course designed to advance the Healthcare Provider to the level of instructor. Pre-course work required.

**Pediatric Safety & CPR**

An 8-hour course appropriate for daycare providers, teachers or anyone requiring certification in Adult, Child and Infant CPR, obstructer airway, AED & First Aid. Does not include Preventive Health.



**AHA First Aid CPR AED**

An 8-hour class for those seeking basic first aid and CPR certification to meet job requirements. Components include Adult CPR, AED, Foreign Body Airway Obstruction, Disease Transmission, First Aid for injuries and prevention of illness.



**Southwestern College**  
**Crown Cove Aquatic Center**  
Silver Strand State Beach  
5000 Highway 75, Coronado, CA 92118



***Community CPR & First Aid Program***

Basic Life Support Instructor  
First Aid, CPR& AED/Pediatric Safety & CPR  
Basic Life Support (BLS) Provider

| <u>Class #</u>                               | <u>Days</u> | <u>Date</u> | <u>Hours</u>      |
|--|-------------|-------------|-------------------|
| <b>AHA Basic Life Support (BLS) Provider</b> |             |             |                   |
| (NC 1007)                                    | Saturday    | 08/26/17    | 8:30 am - 6:00 pm |
|  | Saturday    | 09/09/17    | 8:30 am - 6:00 pm |
|  | Saturday    | 09/30/17    | 8:30 am - 6:00 pm |
|  | Saturday    | 10/14/17    | 8:30 am - 6:00 pm |
|  | Saturday    | 11/18/17    | 8:30 am - 6:00 pm |

|                                      |          |          |                   |
|--------------------------------------|----------|----------|-------------------|
| <b>AHA First Aid &amp; Adult CPR</b> |          |          |                   |
| (NC 40)                              | Saturday | 09/16/17 | 8:30 am - 5:00 pm |
|                                      | Saturday | 10/07/17 | 8:30 am - 5:00 pm |
|                                      | Saturday | 10/28/17 | 8:30 am - 5:00 pm |
|                                      | Saturday | 11/11/17 | 8:30 am - 5:00 pm |

|                                       |          |          |                   |
|---------------------------------------|----------|----------|-------------------|
| <b>AHA Pediatric Safety &amp; CPR</b> |          |          |                   |
| (NC 1022)                             | Saturday | 09/23/17 | 8:30 am - 5:00 pm |
|                                       | Saturday | 10/21/17 | 8:30 am - 5:00 pm |
|                                       | Saturday | 12/02/17 | 8:30 am - 5:00 pm |

|                       |          |          |                   |
|-----------------------|----------|----------|-------------------|
| <b>BLS Instructor</b> |          |          |                   |
| (NC 1039)             | Saturday | 11/04/17 | 8:30 am - 5:00 pm |
|                       | Sunday   | 11/05/17 | 8:30 am - 5:00 pm |

**For Information and Registration:**

(619) 429-1669 and/or  
[cpr4you@swccd.edu](mailto:cpr4you@swccd.edu)

**Directions:**

<http://swccd.edu/crowncove>

American Heart  
Association   
*Learn and Live*

**AUTHORIZED  
TRAINING  
CENTER**