



# Summer & Fall 2025 Continuing Education

# Summer: June 9-August 7 Fall: August 25-December 14

Continuing Education: 900 Otay Lakes Road, Chula Vista, CA 91910-7299

Noncredit: Cesar E. Chávez Student Services Center, Building 68-101

Community Education Courses/Traffic School/Youth Programs: Building 59A-101

Register early to reserve your seat.

KEEP GR WING www.swccd.edu/ContinuingEd

## Southwestern College

# Y.E.S. Academy Summer 2025

**Youth Excellence & Success Academy** 



## For Students Entering Grades 4-10

## Exciting New Career Exploration & Personal Interest Courses!

Give your child a summer of learning, creativity, and fun at Southwestern College.

#### **Class Times:**

9-11:30 a.m. | 12-2:30 p.m.

Fee: \$185 per course

Monday-Thursday
Session I:
June 16 - June 27
(No class:
6/19, 6/20, 6/27)

Session II: June 30 - July 11 (No class: 7/3, 7/4, 7/11)



**Location:** All classes are held at Southwestern College - Chula Vista Campus, 900 Otay Lakes Rd. A welcome letter, with classroom numbers, will be provided 1-2 weeks prior to the beginning of each course.

#### **Questions?**

Contact us at swcyesacademy@swccd.edu

### **Enroll Today!**

Don't Miss Out! Secure your child's spot today!

Register at:

www.swccd.edu/yes

#### **TABLE OF CONTENTS**

How to Apply and Register	2
Registration Help	2
Course Types and Information	3
How to Read the Class Schedule	3
Class Locations and Parking	4
General Information	5
Course Listings	6
Index3	

#### **CAREER DEVELOPMENT**

<b>9</b>	ì
Health and Public Safety7	
Business11	
Business, Customer Service11	
Business, Communication, Design and Media11	
Education, Humanities, Social and Behavioral Sciences14	
Training Opportunities for those with Disabilities14	
Applied Technology and Hospitality Management	
Online Career Training Programs	

#### **COLLEGE AND CAREER READINESS**

	$\sim$
College and Career Planning	20
Math Skill Development	21
Computers Skills to Begin or Advance Your Career	22

## SOUTHWESTERN COLLEGE CONTINUING EDUCATION SCHEDULE

The Southwestern College Schedule (USPS #024423) is published two times a year in November and May by the Office of Advancement and Community Engagement and the Office of Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299.

Periodicals Postage Paid at Chula Vista, California. Volume 19, Issue Number 4, May 2025, Southwestern College Schedule. POSTMASTER: Send address changes to Southwestern College Schedule, 900 Otay Lakes Road, Chula Vista CA 91910-7299.

## GOVERNING BOARD OF THE SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

Don Dumas, President
Kristine Galicia Brown, Vice President
Robert Moreno
Nicholas Segura
Corina Soto
Alexander Slooten, Student Trustee, March 2025-May 2025
Mark Sanchez, Ed.D., Superintendent/President

#### **ENGLISH AS A SECOND LANGUAGE (ESL)**



ESL	
Computers and Technology for ESL	,
Conversation Skills Courses for ESL	,

## **EXPLORATION AND PERSONAL GROWTH**



Life Enrichment for Older Adults	
Fitness & Wellness	
Traffic School31	

To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

New classes are always being added. For an up-to-date listing of classes, visit the Continuing Education section of the Southwestern College website: **www.swccd.edu/continuinged** 

Your feedback, suggestions, and comments are welcomed. For Noncredit Email us at **continuinged@swccd.edu** For Community Education and Y.E.S. Academy Email us at **customizedtraining@swccd.edu** 

#### **MISSION STATEMENT**

Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access, and clear pathways to student success.

Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation.

Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education.

Governing Board approved August 12, 2024

#### NON-DISCRIMINATION STATEMENT

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.

# Complete your NONCREDIT application ONLINE or ON PAPER

Paper application can be found on page 37 and 38.

## **HOW TO APPLY AND REGISTER**

All continuing education courses are open to the public and do not offer college credit.

#### **NONCREDIT COURSES**

All noncredit classes listed in the program are FREE. Nominal material fees may apply.

#### **COMMUNITY EDUCATION COURSES**

Classes with a fee are identified throughout the schedule with this icon: (5)



#### **Complete your application**

Complete or update your noncredit application at **www.tinyurl.com/swcopenccc**.

You can also pick up a paper copy of our noncredit application at any of our campus locations.



#### **Check your personal email**

After you have completed or updated your noncredit application online, you will receive an email within 24-48 hours with steps to activate your MySWC account.



#### **Activate your account**

Follow the steps in your email to activate your MySWC account. You will have access to your student SWC email as well as other campus links, including Student Self-Service. Once your account is activated, all SWC correspondence will be sent to your SWC email.



#### **Register for courses**

Register for courses online using Student Self-Service. To access Student Self-Service, login to your MySWC account, and select Register for Classes, select Term and select Noncredit for the Subject. Do NOT enter specific information about the course.



#### Visit our registration website

Visit our online registration website at **www.tinyurl.com/communityedswc** 



#### Create your account

On the top right of the registration website, click on "Create Account". Once you create your account, you will be able to register for courses.



#### Find your courses

Search for courses using the "Course Search" features on the main landing page, or browse all fee-based courses by clicking on the menu tab on the left hand side of the webpage labeled "Community Education Classes". Course numbers for Community Education classes start with "CS."



#### Add courses to your cart

Once you find the course(s) that you are interested in, add them to your cart.



#### Checkout

When ready, select "Checkout". Answer any required questions, and enter your payment details. Once your checkout is complete, you will receive an email confirmation of your registration.

#### **NEED HELP REGISTERING? CONTACT US!**



#### **Noncredit Courses:**

900 Otay Lakes Road, Chula Vista, CA 91910 Cesar Chavez Building: 68-101

Phone: **(619) 482-6376**Email: continuinged@swccd.edu
Web: **www.swccd.edu/continuinged** 



#### Community Education Courses/ Traffic School/Youth Programs:

900 Otay Lakes Road, Chula Vista, CA 91910 Building 59A-101

Phone: (619) 482-6533

Email: customizedtraining@swccd.edu Web: www.swccd.edu/continuinged

#### **COURSE TYPES AND INFORMATION**

#### **NONCREDIT COURSES (NC)**

Noncredit courses are open to the public and do not offer college credit. Courses are tuition-free. Nominal materials fees apply. [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.]

#### **COMMUNITY EDUCATION (CS)**

Some continuing education courses have a fee, and are classified as community education (denoted with § in course description) and are designated and authorized under Title 5. These programs are supported by a fee paid by participants.

## ED2GO PARTNERSHIP @ed2go



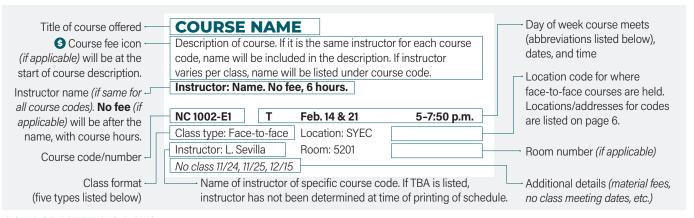
We offer a wide range of highly interactive courses that you can take entirely online through Southwestern College's partnership with Ed2Go. These classes and programs are listed throughout the class schedule in each category's Ed2Go section. Classes are available in Self-Guided and Instructor-Moderated options. Requirements: All courses require Internet access, email and Google Chrome or Mozilla Firefox (some courses may have additional requirements. Visit the course page for more information). You will be able to download a certificate of completion at the end of each course. Fees are nonrefundable two weeks after the class starts. Costs vary by program. These courses do not offer college credit, but receive a certificate of completion in partnership with Ed2Go. Classes start: Jun. 11, Jul. 16, Aug. 13, Sept. 17, Oct. 15, Nov. 12, Dec. 17

To Register for Ed2Go classes or for more information you can do one of the following:

- · careertraining.swccd.edu
- www.ed2go.com/swc
- Or call (619)482-6533

#### **HOW TO READ THE CLASS SCHEDULE**

Below is an example of how to read important course schedule information in this program.



#### **COURSE MEETING DAYS**

Course Meeting Day Abbreviations: M: Monday | T: Tuesday | W: Wednesday | Th: Thursday | F: Friday | Sat: Saturday | Sun: Sunday Example: Class meets on Monday and Tuesday: MT. Class meets Saturday and Sunday: SatSun

#### **CLASS FORMATS**

Southwestern College Continuing Education classes are offered in four formats. Classes in all formats meet the same academic rigor and requirements. Pay careful attention to the class format to ensure you choose the class type most convenient for you and that will provide the best academic experience.

HYBRID CLASSES: Meet online and face-to-face for some of the time on the day(s) that the section is scheduled for. Students must complete related work in various other ways outside of these class meetings.

ONLINE CLASSES: Traditional (Asynchronous) type of online class with NO set meeting times; learning is not live, and class work is performed/ submitted in Canvas by weekly deadlines. Before the start of the class, the instructor will send you an email with instructions to access your online classroom.

FACE-TO-FACE CLASSES: Classes will be held on campus or at community locations. Please carefully review the location of the class for which you are registering.

**SYNCHRONOUS "LIVE" ONLINE CLASSES:** Meets virtually for all hours posted in the schedule.

#### **SWC CAMPUS INFORMATION**

#### **CHULA VISTA Code: SWC Chula Vista**

900 Otay Lakes Rd., Chula Vista, CA 91910 (619) 421-6700

#### HIGHER EDUCATION CENTER AT **NATIONAL CITY Code: HECNC**

880 National City Blvd., National City, CA 91950 (619) 216-6665

#### HIGHER EDUCATION CENTER AT OTAY MESA

Code: HECOM

8100 Gigantic St., San Diego, CA 92154 (619) 216-6750

#### HIGHER EDUCATION CENTER AT SAN YSIDRO

Code: HECSY

460 W. San Ysidro Blvd., San Ysidro, CA 92173 (619) 216-6790

#### **CROWN COVE AQUATIC CENTER Code: CCAC**

5000 Highway 75, Coronado, CA 92118 (619) 575-6176

#### **VIEW CAMPUS MAPS ONLINE AT:**

swccd.edu/about-swc/campus-maps-and-directions

#### CAMPUS PARKING

Vehicles parked on our Southwestern College campuses must have a valid virtual parking permit. We recommend that you obtain a permit and register your vehicle before arriving on campus. Registered students may purchase a semester virtual permit. Visitor permits are available for \$3/day or \$10/month. Once the online process is completed, your virtual parking permit will be active immediately. You can request a virtual parking permit by scanning the QR code or visiting swc.thepermitstore.com.

Learn more about campus parking regulations online at

swccd.edu/student-support/college-police/parking-services-and-enforcement.



#### NONCREDIT COMMUNITY CLASS LOCATIONS

Classes are also offered at multiple locations throughout the community, making it easier for you to find a class close to work or home. Class locations are listed in the course section information by CODE throughout the schedule.

#### **BONITA**

#### San Diego County Library-**Bonita Sunnyside Branch** Code: BSLB

4375 Bonita Road Bonita, CA 91902 (619) 475-4642

#### **CHULA VISTA**

#### **Chula Vista Adult School** Code: CVAS

1034 Fourth Avenue Chula Vista, CA 91911

Phone: (619) 796-7000

#### **Chula Vista Public Library** Code: CVLIB1

365 F Street Chula Vista, CA 91910 (619) 691-5069

#### **Chula Vista Public Library** Code: CVLIB2

389 Orange Avenue Chula Vista, CA 91911 (619) 585-5786

#### **Chula Vista Public Works** Code: CVPW

1800 Maxwell Road Chula Vista, CA 91911 (619) 397-6000

#### **Feaster Charter School** Code: FCS

670 Flower Street Chula Vista, CA 91910 (619) 422-8397

#### **Harborside Elementary** School

Code: HES

681 Naples Street Chula Vista, CA 91911 (619) 422-8369

#### Molina Healthcare Chula Vista **Resource Center**

Code: MOLI

689 Palomar Street Chula Vista, CA 91911 (855) 655-4621

#### **Mueller Charter School** Code: MCS

715 | Street Chula Vista, CA 91910 (619) 422-6192

#### **Palomar Elementary School** Code: PES

300 E Palomar Street Chula Vista, CA 91911 (619) 420-0134

#### St. Mark's Lutheran Church Code: SMLC

580 Hilltop Drive Chula Vista, CA 91910 (619) 427-5515

#### **Sweetwater Union High** School District - Parent Center Code: SWPC

466 Moss Street Chula Vista, CA 91911 (619) 934-8478

#### **IMPERIAL BEACH**

#### **Imperial Beach Senior Center** Code: IBSC

1075 8th Street Imperial Beach, CA 91932 (619) 424-7077

#### San Diego County Library -**Imperial Beach Branch** Code: IBBL

810 Imperial Beach Boulevard Imperial Beach, CA 91932 (619) 424-6981

#### **Reach Out to Families Center** Code: ROFC

1237 Elder Avenue Imperial Beach, CA 91932 (619) 628-5081

#### NATIONAL CITY

#### **National City Adult School** Code: NCAS

517 Mile of Cars Way National City, CA 91950 (619) 336-9400

#### SAN DIEGO/OTAY MESA

#### **Montgomery Adult School** Code: MAS

3240 Palm Avenue San Diego, CA 92154 (619) 600-3800

#### Otay Mesa -Nestor Branch Library

Code: OMNL

3003 Coronado Avenue San Diego, CA 92154 (619) 424-0474

#### **SAN YSIDRO**

San Ysidro Adult School Code: SYAS

4220 Otay Mesa Road San Ysidro, CA 92173 (619) 428-7200 San Ysidro Elementary School District -Parent Resource Center Code: SYSD1

4350 Otay Mesa Road San Ysidro, CA 92173 (619) 428-4476

#### **GENERAL INFORMATION**

#### CERTIFICATE OF COMPLETION

Some multi-session noncredit courses offer a Certificate of Completion. When applicable, students must attend all classes and meet certification requirements as established by the college.

#### CERTIFICATE FOR COMMUNITY EDUCATION CLASSES

Some multi-session community education classes offer a certificate upon successful completion of class. Type of certificate varies depending on class.

#### **CLASS CANCELLATION**

Every attempt is made to avoid canceling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the college has advance notice that a class will be canceled, Continuing Education will attempt to reach you by the email address or phone number provided on your application.

#### **REFUNDS**

#### (APPLIES TO COMMUNITY EDUCATION COURSES ONLY)

A full refund will be made if Community Education cancels a class. If you have registered for a class and you cancel at least three (3) business days before the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three-day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to six weeks to process.

#### **REGISTRATION AND MATERIALS FEE**

Registration fees are required for all community education classes. A materials fee may be required for some community education classes and noncredit classes. Please be prepared to pay these fees by credit/debit card at the time of registration.

#### **INSTRUCTOR CLASS AND POLICY CHANGES**

Sometimes, a qualified substitute instructor may replace the individual listed in the schedule. Class dates are also subject to change. When feasible, students will be notified of any changes before the class either by email or by phone. Check Self-Service for up to date noncredit class information and www.tinyurl.com/communityed.com for Community Education and Y.E.S. Academy classes.

#### **DISCLAIMER**

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration

of the Southwestern Community College District. Students should consult the appropriate campus or department website for current information as well as any special rules or requirements imposed.

## CAMPUS STUDENT ID CARDS (APPLIES TO NONCREDIT COURSES ONLY)

If you require a student ID card, please contact the Office of Student Activities at (619) 421-6700, ext. 5433 or by email at swcstudentactivities@swccd.edu.

The Office of Student Activities is where students can obtain their student ID card on the Chula Vista campus. Here are a few things to keep in mind when requesting an ID card:

- Only students currently enrolled and attending noncredit classes are eligible for student ID cards
- Student IDs can be requested virtually by filling out our online SWC ID Request Form, located on the Student Activities webpage. When your ID is ready, you'll receive an email with pick-up instructions.
- Student IDs can also be requested in person at the Office of Student Activities on the Chula Vista campus, or at any of the three Higher Education Centers (San Ysidro, Otay Mesa, & National City).

## ADD AND DROP POLICY (APPLIES TO NONCREDIT COURSES ONLY)

Students are encouraged to apply and register five days prior to the start of the class in order to prevent class cancellation due to low enrollment. Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with three (3) consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

#### **DIVERSITY INITIATIVE**

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.



# CAREER DEVELOPMENT

**GROW YOUR CAREER:** Find a new job or upgrade your current one with career certificate programs. Courses are offered day, night and online, and are designed to lead directly to high-demand occupations.



SUMMER & FALL 2025



#### **HEALTH AND PUBLIC SAFETY**

For registration and information on CPR classes, please contact CCAC's Community CPR & First Aid Program Office at cpr4you@swccd.edu or by calling (619) 429-1669 or (619) 575-6176

## APPLIED BEHAVIORAL ANALYSIS (ABA) TRAINING FOR DIRECT SUPPORT PROFESSIONALS

Applied Behavior Analysis (ABA) training is crucial for those interested in starting their career in the fields of psychology, education, autism intervention, and behavioral therapy. This class will provide you with on-the-job skills and is intended for individuals interested in becoming behavior technicians and providers working with Autism Spectrum Disorder (ASD) populations. Whether in a classroom, clinical setting or at home, if you are looking to advance in the applied behavior analysis field, this training is for you!

Instructor: K. Percival, MC BCBA LBA, 24 hours.

#### **SUMMER**

CS 441-64 MWSat Jul. 7-26 Fee: \$150

MW 5-7:30 p.m. Sat 10 a.m.-1 p.m.

Class type: Face-to-face Location: SWC Chula Vista

Room: 59A-102

\$25 materials fee paid at time of registration.

#### **TALL**

CS 441-65 MWSat Oct. 20-Nov. 8 Fee: \$150

MW 5-7:30 p.m. Sat 10 a.m.-1 p.m.

Class type: Face-to-face Location: SWC Chula Vista

Room: 59A-102

\$25 materials fee paid at time of registration.

#### **BASIC FIRST AID AND ADULT CPR**

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace.

No fee, 8 hours.

#### : SUMMER

NC 40-75 NC 40-76 Class type: F Instructor:			8:30 a.m4:40 p.m. 8:30 a.m4:40 p.m. Location: HECNC Room: 7211
NC 40-E3 NC 40-E4	Th Th	Jun. 26 Jul. 17	8 a.m4:10 p.m. 8 a.m4:10 p.m.
Class type: F	ace-to-fac	ce	Location: CVPW

#### **TALL**

Instructor: D. Olivas

- I ALL			
NC 40-75	Sat	Sep. 13	8:30 a.m4:40 p.m.
NC 40-76	Sat	Oct. 11	8:30 a.m4:40 p.m.
NC 40-77	Sat	Nov. 8	8:30 a.m4:40 p.m.
NC 40-78	Sat	Dec. 6	8:30 a.m4:40 p.m.
Class type: F	ace-to-face	)	Location: HECNC
Instructor:	L. Alvarado	)	Room: 7211

NC 40-E1	Th	Aug. 21	8 a.m4:10 p.m.
NC 40-E2	Th	Sep. 18	8 a.m4:10 p.m.
NC 40-E3	Th	Oct. 16	8 a.m4:10 p.m.
NC 40-E4	Th	Nov. 20	8 a.m4:10 p.m.
Class type: F	ace-to-fa	ice	Location: CVPW
Instructor: I	D. Olivia:	S	

Required textbook: Heartsaver First Aid CPR AED (2020) (Book available onsite at CCAC for \$10) American Heart Association (AHA) course completion certificate is \$35. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.



#### **HEALTH AND SAFETY**

Learn more online and register at ed2go.com/swc

ETG-316	Medical Terminology: A Word Association Approach	\$135
ETG-331	Explore a Career as an Administrative Medical Assistant	\$135
	Become a Physical Therapy Aide Spanish for Medical Professionals	\$135 \$135

#### **BASIC LIFE SUPPORT (BLS) INSTRUCTOR**

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.

Instructor: B. Burdick, No fee, 16 hours.

Students must be approved by AHA Training Center via email at bburdick@swccd.edu at least 2 weeks prior to the course date.

#### -: SUMMER

NC 1039-E1	SatSun	Jun. 28 & 29	8:30 a.m4:40 p.m.
Class type: Fa	ce-to-face		Location: CCAC

#### **TALL**

NC 1039-E1	SatSun	Nov. 22 & 23	8:30 a.m4:40 p.m.
Class type: Fac	ce-to-face		Location: CCAC





#### **CPR FOR THE HEALTHCARE PROVIDER**

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association.

No fee, 9 hours.

## SUMMER NC 1007-E1 Sat

Instructor: B. E	Burdick		
NC 1007-E2 Class type: Face Instructor: N. C	e-to-face	Jul. 26	8:30 a.m5:40 p.m. Location: CCAC
	Sat Sat Cosby	Sep. 20 Oct. 18	8:30 a.m5:40 p.m. 8:30 a.m5:40 p.m.

Jun. 21

8:30 a.m.-5:40 p.m.

8:30 a.m.-5:40 p.m.

NC 1007-E4 Sat Dec. 13 8:30 a.m.-5:40 p.m.
Class type: Face-to-face Location: CCAC

**Nov 15** 

Instructor: J. Feliciano

Instructor: B. Burdick

NC 1007-E3 Sat

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive a course completion certificate. Required book: BLS Provider Manual 2020, (Book available at CCAC for \$25) American Heart Association (AHA) course completion certificate is \$35. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.

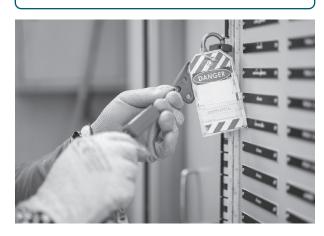


#### **VETERINARY COURSES**

Learn more online and register at ed2go.com/swc

ETG-338 Become a Veterinary Assistant \$135
ETG-339 Become a Veterinary Assistant II:
Canine Reproduction \$135
ETG-340 Become a Veterinary Assistant III:

Practical Skills \$135



#### **CONSTRUCTION OSHA 10**

Provides students training for entry-level OSHA 10-hour Construction Industry Standard certification. Provides information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA Construction Industry Standards card.

Instructor: P. Pantera, No fee, 10.5 hours.

**TALL** 

NC 141-E1 TWTh Oct. 28-30 8:30-11:50 a.m.
Class type: Face-to-face Location: CVAS \$10 materials fee paid at the time of registration.



SUMMER & FALL 2025



#### **OPTICAL TECHNICIAN I**

Provides participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

#### **SUMMER**

NC 311-70 MTW Jun. 9-Jul. 9 6-8:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204

#### **TALL**

NC 311-76MWSep. 15-Oct. 226-9:25 p.m.Class type: Face-to-faceLocation: HECNCInstructor: A. RamirezRoom: 7204

NC 311-75SatSunSep. 21-Oct. 258:30 a.m.-12:45 p.m.Class type: Face-to-faceLocation: HECNCInstructor: M. McColloughRoom: 7204

#### **OPTICAL TECHNICIAN II**

The second part of a two part program that will provide participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides handson training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

#### **SUMMER**

NC 312-70 MTW Jul. 14-Aug. 6 6-9:30 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204

#### **FALL**

 NC 312-75
 SatSun Oct. 26-Dec. 14
 8:30-11:45 a.m.

 Class type: Face-to-face
 Location: HECNC

 Instructor: M. McCollough
 Room: 7204

 No Class: 11/29, 11/30

NC 312-76 MW Oct. 27-Dec. 08 6-9:10 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Ramirez Room: 7204

## OSHA 10-HOUR GENERAL INDUSTRY STANDARDS

Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card.

Instructor: C. Ochoa, No fee, 10.5 hours.

#### **TALL**

NC 139-75 SatSun Sep. 13-14 8 a.m.-1:10 p.m.
Class type: Face-to-face Location: HECNC
Room: 7202

\$10 materials fee paid at the time of registration.

NC 139-51 F Oct. 3-17 2-5:20 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: C. Ochoa Room: 34-106
\$10 materials fee paid at the time of registration.

## OSHA 30-HOUR CONSTRUCTION INDUSTRY STANDARDS

Provides students required training for supervisor-level OSHA 30-hour Construction Industry Standard certification with information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA Construction Industry Standards card.

Instructor: P. Pantera, 30.5 hours.

#### **FALL**

NC 142-E1 F Oct. 10-Nov. 21 8:30 a.m.-12:50 p.m. Class type: Face-to-face Location: CVAS \$10 materials fee paid at the time of registration.

## OSHA 30-HOUR GENERAL INDUSTRY STANDARDS

Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card.

Instructor: M. Fraere, No fee, 30.5 hours.

#### **TALL**

NC 140-75 Sat Sep. 20-Nov. 8 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Room: 7202

\$10 materials fee paid at the time of registration.



#### PEDIATRIC SAFETY AND CPR

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and updated 2020 First Aid guidelines.

Instructor: B. Burdick. No fee, 8 hours.

#### **SUMMER**

NC 1022-E1 Sat	Jul. 12	8:30 a.m4:40 p.m.
NC 1022-E2 Sat	Aug. 2	8:30 a.m4:40 p.m.
Class type: Face-to	-face	Location: CCAC

#### **TALL**

NC 1022-E1 Sat	Sep. 6	8:30 a.m4:40 p.m.
NC 1022-E2 Sat	Oct. 4	8:30 a.m4:40 p.m.
NC 1022-E3 Sat	Nov. 1	8:30 a.m4:40 p.m.
Class type: Face-to-	-face	Location: CCAC

Required textbook: Heartsaver Pediatric First Aid CPR AED (2020) (Book available onsite at CCAC for \$10) Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) course completion certificate is \$35. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

#### **S PHLEBOTOMY TECHNICIAN PROGRAM**

Are you interested in a career as a healthcare professional with a flexible schedule and job security? Become a Phlebotomy Technician today! Phlebotomists earn an average base salary of \$50,255 among other benefits. Southwestern College has partnered with PhlebotomyU to provide our students with a California Department of Public Health (CDPH) approved phlebotomy training program. Students will be taught by industry leading instructors and will prepare you to pass the national exam required to become a certified Phlebotomy Technician I (CPT I). This course consists of 100 classroom hours including basic and advanced didactic instruction, practical skills training and test preparation for the national exam. This program consists of 8 weeks of instruction followed by a two-three week externship that will prepare you to start your career as a Phlebotomy Technician. Instructor: Phil Rey, PhlebotomyU

#### PAYMENT PLANS AVAILABLE!

Call (619) 482-6533 for more information.

#### **TALL**

CS 330-64 MWF Sept. 8-Nov. 14 5:30-9 p.m. Fee: \$2,174
Type of class: Face-to-face Location: SWC Chula Vista
Room: 60-124

\$103 National Exam Fee and \$122 Background Check and Drug Screen Fee paid at time of registration

#### **9** REGISTERED NURSE FIRST ASSISTANT-RNFA PROGRAM

#### PRESENTED BY:

The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

#### **NATIONAL STANDARDS:**

Registered Nurse First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

#### **ELIGIBILITY:**

**RNs:** Registered Nurses who qualify for the program must be CNO or CNOR-eliqible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.

RNs must submit proof of CNOR certification prior to graduating from the program.

**APRNs:** Board-certified or board eligible Advanced Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

#### **MORE INFO:**

Contact NIFA at 1-800-922-7747 or email: info@NIFA.com Mon.–Thurs., 7:30 a.m.–5 p.m., Fri. 7:30 a.m.–4 p.m.

To register visit **www.RNFA.org** Jennifer Curran RN, CNOR, CRNFA





SUMMER & FALL 2025

#### **BUSINESS**



#### Certificate of Completion in Tax Preparation

(Complete NC 113 and NC 114)

#### TAX PREPARATION/INCOME TAX COURSE I

Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion. Required textbooks: available at the Bookstore, to be purchased by the first day of class.

## No fee, 30 hours.

NC 113-60 TTh Jun. 10-Jul. 10 5:30-9 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager
No Class: 6/19, 7/3
Room: 59A-102

#### **TALL**

NC 113-86 MW Sep. 8-Oct. 8 5:30-8:20 p.m.
Class type: Face-to-face Location: HECSY
Instructor: F. Kasule Room: 5201

NC 113-75 SatSun Sep. 13-Oct. 12 9-11:50 a.m.
Class type: Face-to-face Location: HECNC

Instructor: F. Kasule Room: 7215

NC 113-60 TTh Sep. 23-Oct. 23 6-8:50 p.m. Class type: Face-to-face Location: SWC Chula Vista Instructor: D. Yager Room: 59A-102

NC 113-01 MW Sep. 29-Oct. 29 9-11:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

## TAX PREPARATION/INCOME TAX COURSE II

Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required textbooks: available at the Bookstore, to be purchased by the first day of class. No fee, 30 hours.

#### **SUMMER**

NC 114-60 TTh Jul. 15-Aug. 7 5:30-9 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

#### **TALL**

NC 114-86 MW Oct. 13-Nov. 12 5:30-8:20 p.m.
Class type: Face-to-face Location: HECSY

Instructor: F. Kasule

Room: 5201

NC 114-01

NC 114-75 SatSun Oct. 18-Nov. 16 9-11:55 a.m.

Class type: Face-to-face

Class type: Face-to-face

MW

Location: HECNC Room: 7215

Instructor: F. Kasule

Nov. 3-Dec. 3 9-11:50 a.m. Location: SWC Chula Vista

Instructor: D. Yager Room: 59A-102

NC 114-60 TTh Class type: Face-to-face Nov. 4-Dec. 11 6-8:50 p.m. Location: SWC Chula Vista

Instructor: D. Yager No Class: 11/11. 11/27 Room: 59A-102

## BUSINESS, CUSTOMER SERVICE



#### **Certificate of Completion**

(Complete all of the following courses: (NC 1006, NC 1003, NC 1073)

## CUSTOMER SERVICE: DEALING WITH DIFFICULT PEOPLE

Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one.

No fee, 6 hours.

#### **TALL**

NC 1006-E3	TTh	Sep. 2-4	9-11:50 a.m.
Class type: Fa	ce-to-face		Location: SYAS
Instructor: R.	. Ojeda		
NC 1006-E4	TTh	Sep. 2-4	5-7:50 p.m.
Class type: Fa	ce-to-face	•	Location: SYAS
Instructor: R.			
NC 1006-E1	TTh	Sep. 4-9	9-11:50 a.m.
		оор о	Location: SYAS
Class type: Fa	ce-to-race		Location: 5YA5

Instructor: M. Dullea

NC 1006-E2 TTh Sep. 4-9 5-7:50 p.m.

Class type: Face-to-face
Instructor: M. Dullea

Location: SYAS



## CUSTOMER SERVICE: MASTERING COMMUNICATION

Introduces effective and positive communication that is key to customer service success. Focuses on the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explores and provides opportunity to practice the techniques of effective communication.

No fee, 6 hours.

NC 1003-E3 TTh Class type: Face-to-face Instructor: R. Ojeda	Sep. 9-11	9-11:50 a.m. Location: SYAS
NC 1003-E4 TTh Class type: Face-to-face Instructor: R. Ojeda	Sep. 9-11	<b>5-7:50 p.m.</b> Location: SYAS
NC 1003-E1 TTh Class type: Face-to-face Instructor: M. Dullea	Sep. 11-16	<b>5-7:50 p.m.</b> Location: SYAS

#### **CUSTOMER SERVICE: THE RIGHT ATTITUDE**

Sep. 11-16

9-11:50 a.m. Location: SYAS

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

No fee, 6 hours.

Instructor: R. Ojeda

NC 1003-E2 TTh

Class type: Face-to-face **Instructor: M. Dullea** 

FALL NC 1073-E1 TTh Class type: Face-to-face Instructor: M. Dullea	Aug. 28-Sep. 2	<b>5-7:50 p.m.</b> Location: SYAS
NC 1073-E2 TTh Class type: Face-to-face Instructor: M. Dullea	Aug. 28-Sep. 2	9-11:50 a.m. Location: SYAS
NC 1073-E3 TTh Class type: Face-to-face Instructor: R. Ojeda	Aug. 26-28	9-11:50 a.m. Location: SYAS
NC 1073-E4 TTh Class type: Face-to-face	Aug. 26-28	<b>5-7:50 p.m.</b> Location: SYAS



#### MANAGEMENT AND BUSINESS

Learn more online and register at ed2go.com/swc

ETG-628 ETG-629 ETG-630	Purchasing Fundamentals Project Management Fundamentals Business Finance for Non-Finance	\$140 \$140
	Personnel	\$140
ETG-631	Administrative Assistant Fundamentals	\$140
ETG-632	Fundamentals of Supervision &	
	Management	\$140
ETG-633	Effective Business Writing	\$140
ETG-634	Business and Marketing Writing	\$140
ETG-639	Real Estate Investing	\$140
ETG-643	Individual Excellence	\$140
ETG-646	Fundamentals of Supervision	
	& Management II	\$140
ETG-651	Understanding the Human Resources	
	Function	\$140
ETG-653	Total Quality Fundamentals	\$140
ETG-654	Project Management Applications	\$140

#### BUSINESS, COMMUNICATION, DESIGN AND MEDIA

## SEMINAR STATE NOTARY PUBLIC

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: T. Peavyhouse, 7 hours.

#### **∵** SUMMER

CS 14-68 Sat Jul. 26 8 a.m.-4 p.m. Fee: \$80 Class type: Face-to-face Location: SWC Chula Vista Room: 83-105

\$49 materials fee paid at time of registration.

\*Optional State exam scheduled 4–6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order.



#### **TALL**

CS 14-69 Sat Oct. 18 8 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

\$49 materials fee paid at time of registration.

\*Optional State exam scheduled 4–6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order made payable to the Secretary of State. If you want to only take the exam call (619)482-6533 to make a reservation.

## **O** LOAN SIGNING-NOTARY PUBLIC SEMINAR

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in the career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor. This course is for you if you are a notary public, are in the process of becoming a notary public or are just interested in taking the course for personal interest or for self-improvement. If you are planning to become a Notary Public, you must take the California State Notary Public Seminar.

Instructor: T. Peavyhouse, 7 hours.

#### **SUMMER**

CS 143-67 Sun Jul. 27 9 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Boom: 83-105

\$79 materials fee paid at time of registration.

#### **FALL**

CS 143-68 Sun Oct. 19 9 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

\$79 materials fee paid at time of registration.



#### SMALL BUSINESS

Learn more online and register at ed2go.com/swc

ETC 400 Start and Operate Vour Own

E1G-400	Start and Operate Your Own	
	Home-Based Business	\$130
	Marketing Your Business on the Internet	
\$135		
ETG-402	Starting a Nonprofit	\$135
ETG-403	Marketing Your Nonprofit	\$135
ETG-404	Creating a Successful Business Plan	\$135
ETG-405	Starting a Consulting Practice	\$130
ETG-406	Start Your Own Small Business	\$130

## MAKE EXTRA INCOME AS A WHOLESALE AUTO DEALER FROM HOME

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: W. Williams, 6 hours.

#### **SUMMER**

CS 257-66 MT Aug. 4-5 6-9 p.m. Fee: \$95

Class type: Synchronous "Live" Online \$25 materials fee paid at the time of registration.

#### **TALL**

CS 257-67 MT Nov. 17-18 6-9 p.m. Fee: \$95

Class type: Synchronous "Live" Online \$25 materials fee paid at the time of registration.

#### S VOICE OVERS-NOW IS YOUR TIME!

In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how to begin using your speaking voice for commercials, films and videos! In this class you will learn about unique, part-time-careers that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for.

Instructor: J. Reiss, 2 hours

#### **.** SUMMER

CS 148-65 W Jul. 9 6:30-8:30 p.m. Fee: \$50 Class type: Synchronous "Live" Online

#### **FALL**

CS 148-66 M Sept. 22 6:30-8:30 p.m. Fee: \$50

Class type: Synchronous "Live" Online

CS 148-67 Th Nov. 20 6:30-8:30 p.m. Fee: \$50

Class type: Synchronous "Live" Online





#### INTERNET AND WEB DESIGN

Learn more online and register at ed2go.com/swc

ETG-101	Creating Web Pages	\$135
ETG-104	Introduction to CSS3 and HTML5	\$135
ETG-106	Introduction to PHP and MySQL	\$135
ETG-107	Introduction to Java Programming	\$135
ETG-108	Intermediate CSS3 and HTML5	\$135
ETG-109	Intermediate JAVA Programming	\$135
ETG-111	Achieving Top Search Engine Positions	\$135
ETG-112	Advanced Web Pages	\$135
ETG-114	Blogging and Podcasting for Beginners	\$135
ETG-116	Designing Effective Websites	\$135
ETG-124	Creating Mobile Apps with HTML5	\$135
ETG-125	Creating WordPress Websites	\$135
ETG-224	Photoshop CC for the Digital	
	Photographer	\$130

#### EDUCATION, HUMANITIES, SOCIAL AND BEHAVIORAL SCIENCES



## A CAREGIVER'S GUIDE TO SCHOOL-AGE CHILDREN

Introduces to caregivers, childcare trainees, and parents/guardians the developmental milestones and appropriate expectations for school-age children. Identifies children's social-emotional needs, physical growth/health and how best to support success in their education.

Instructor: V. Enriquez-Campos, No fee, 12 hours.



NC 206-E1 F Jun. 13-Jul. 25 5-6:50 p.m.
Class type: Face-to-face Location: IBBL
No Class: 7/4

## **9** CHILD VISITATION MONITOR TRAINING COURSE

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is \$45-\$60 per hour. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. Upon completing the course, you will be able to begin working as an independent monitor which allows you to set your own schedule/hours, select which families you want to work with and decide what area you would like to work out of. You must be at least 21 years old and have a clean record to register for this

Instructor: J. Mundo, 24 hours.

#### **SUMMER**

CS 326-66 ThFSat Jul. 24-26 8:30 a.m.-4:30 p.m. Fee: \$295 Class type: Face-to-face Location: SWC Chula Vista Room: 59A-102

\$60 materials fee paid at time of registration.

#### **TALL**

CS 326-67 WThF Nov. 19-21 8:30 a.m.-4:30 p.m.Fee: \$295 Class type: Synchronous "Live" Online \$60 materials fee paid at time of registration.

# TRAINING OPPORTUNITIES FOR THOSE WITH DISABILITIES

#### **BUILDING SOCIAL SKILLS FOR COLLEGE**

Provides students with disabilities support in developing foundational social skills. Focuses on effective communication strategies and social cognition. Based on the PEERS school-based program, and modified for use with young adult learners, this course was designed for young adults with social and communication deficits.

Instructor: TBA, No fee, 48 hours.

**TALL** 

NC 107-01 W Aug. 27-Dec. 10 1:30-4:20 p.m.

Class type: Face-to-face Location: SWC Chula Vista

Room: 59A-102

SUMMER & FALL 2025





## STEPPING STONES TO SUCCESS IN THE WORKPLACE

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.

Instructor: M. Pacheco, No fee, 48 hours.

#### **TALL**

NC 103-401 W Aug. 27-Dec. 10 11 a.m.-12:50 p.m. Class type: Synchronous "Live" Online



#### **EDUCATION COURSES**

Learn more online and register at ed2go.com/swc

ETG-344	Solving Classroom Discipline Problems	\$130
ETG-358	Spanish in the Classroom	\$130
ETG-359	Creating a Classroom Web Site	\$130
ETG-360	Teaching Preschool:	
	A Year of Inspiring Lessons	\$130
ETG-361	The Creative Classroom	\$130
ETG-362	Teaching Smarter With SMART Boards	\$130
ETG-364	Teaching Students with ADHD	\$130
ETG-365	Guided Reading & Writing: Strategies	·
	for Maximum Student Achievement	\$130
ETG-366	Differentiated Instruction in the	
	Classroom	\$130
ETG-367	Guided Reading: Strategies for the	
	Differentiated Classroom	\$130
ETG-368	Teaching Students with	
	Learning Disabilities	\$130
ETG-369	Teaching Students with Autism:	
	Strategies for Success	\$130
ETG-370	Response to Intervention:	
	Reading Strategies That Work	\$130
ETG-371	Singapore Math Strategies:	
	Model Drawing for Grades 1-6	\$130
ETG-372	Singapore Math: Number Sense	
	and Computational Strategies	\$130
ETG-373	Writing for Children	\$130
ETG-383	Enhancing Language Development	
	in Childhood	\$130

# APPLIED TECHNOLOGY AND HOSPITALITY MANAGEMENT

Certificate of Completion in Drone Technology and Applications

(Complete NC 328 and NC 327)

## INTRODUCTION TO DRONE TECHNOLOGY AND APPLICATIONS

Introduces small, remotely operated aircraft systems (drones), including applications, safety, maintenance, mission planning, flying, and data acquisition (multispectral images, photos, and videos). (Same as AERO 108, GEOG 108, FTMA 108, and ART 188). **Instructor: M. Truitt, No Fee, 108 hours.** 

#### **FALL**

NC 328-602 W Aug. 25-Dec. 14 8:15 a.m.-12:25 p.m.
Class type: Hybrid Location: SWC Chula Vista
Room: 60-249

 NC 328-601
 F
 Aug. 25-Dec. 14
 8:35 a.m.-12:45 p.m.

 Class type: Hybrid
 Location: SWC Chula Vista

 No Class: 11/28
 Room: 60-249



#### REMOTE PILOT GROUND SCHOOL

Equips students with knowledge about the regulations and procedures governing the safe and legal operation of small remotely operated aircraft systems (sUAS), commonly referred to as "drones." Coincides with the knowledge areas in the Federal Aviation Administration's (FAA's) Part 107 knowledge test for a Remote Pilot Certificate. Intended to prepare students for the FAA written examination required for students to become commercial sUAS pilots.

Instructor: K. Yanow, No fee, 18 hours.



NC 327-501 Aug. 25-Oct. 17

Class type: Online No class: 9/1





## © CERTIFICATE IN NONPROFIT MANAGEMENT

Lead the way to justice and change! Learn essential tools and frameworks of nonprofit management, including board development, financial management, fundraising, marketing, program evaluation, and nonprofit law. All taught through a cutting-edge program that equips you with the skills to carry out your mission and support your cause and community in the most effective ways. In this Nonprofit Management program, you'll acquire a comprehensive understanding of their best practices in nonprofit management and frameworks that will help you build more equitable, effective organizations.

Instructor: V. Philips

#### **SUMMER**

**CS 336-66 Th Jun. 12-Jul. 31 5:30-7:30 p.m. Fee: \$335** Class type: Synchronous "Live" Online

#### **TALL**

CS 336-67 Th Oct. 2- Nov. 205:30-7:30 p.m. Fee: \$335 Class type: Synchronous "Live" Online

## **© ENERGY EFFICIENCY JOB**TRAINING PROGRAM

Energy Auditor employers are looking for new employees and this training prepares you to work in this exciting industry. These synchronous "live" online courses are intended for high school graduates, existing Southwestern College students, current energy auditors, adult learners and individuals looking to work or currently working in small commercial-focused energy efficiency organizations. Upon completing this program you will have the ability to recognize the customer's Lighting & HVAC needs, systems, opportunities and how these opportunities may relate to other key-success aspects of the business. Sponsored by Willdan Energy Solutions, students who complete coursework will receive a certificate from the Clan Energy Academy and receive support in resume building, job opportunities and will be prepared to pass industry certification exams needed to work in this industry.

**Instructors: Willdan Energy Solutions, 54 hours** 

## **S** LIGHTING SYSTEMS COURSE (24 HOURS)

Kickstart your career with this Clean Energy training course! The objective of this course is to improve energy efficiency knowledge related to available government and utility sponsored programs serving the residential, multi-family, and commercial sectors of the market. Accordingly, this training program strengthens your skills so you may assist customers with what have become standard technology upgrades, such as lighting, as well as more advanced technologies. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. These classes will also enable you to play a role in identifying and supporting cost-effective technology applications. Those passing the course will have the opportunity to become NALMCO-CALT (Certified Apprentice Lighting Technician) certified, which is a national industry certification.

#### **TALL**

CS 337-63 MW Sept. 3-Oct. 3 6-9 p.m. Fee: \$149 Class type: Online

Study sessions available with instructor Thursday's 6-7 p.m.



Fee: \$145

Room: 47A

#### **HVAC SYSTEMS COURSE (30 HOURS)**

Get on the fast track to a new career in the fast-growing field of energy efficiency. This course will prepare you to work by explaining the terminology and principles used in repairing and retrofitting systems and equipment used in HVAC - Heating, Ventilation, and Air Conditioning. Once trained in this area you can go on to work in clean energy as an auditor, project coordinator, field technician, administrative assistant, inspector, or sales representative. This course will also train you for the certification exam for the EPA 608, which is valuable for your resume. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. This fast-paced course will teach

you to improve energy efficiency in buildings by learning the available government and utilitysponsored programs serving the residential, multi-family, and commercial sectors of the market.



#### **TALL**

CS 336-63 TTh Sept. 2-Oct. 16 3:30-6:30p.m. Fee: \$149 Class type: Synchronous "Live" Online Study sessions available with instructor Thursday's 6-7 p.m.





#### S FORKLIFT CERTIFICATION

Gain the skills and certification needed to operate a forklift safely and efficiently in this hands-on training course. Our comprehensive program covers essential safety protocols, operational techniques, and equipment maintenance. Upon successful completion, you will receive a forklift operator certification recognized by industry standards. Perfect for those seeking to enhance their career opportunities or meet workplace safety requirements. This class includes lecture and hands-on training on forklift.

Instructor: C. Bejar, 9 hours

#### **TALL**

CS 340-60 Sat Sept. 20 8-10 a.m. Class type: Face-to-Face Location: SWC Chula Vista

\*Lecture is from 8-10am, hands-on training will be provided the same day between 10am-4pm.

CS 340-61 Sat Nov. 8 8-10 a.m. Fee: \$145 Class type: Face-to-Face Location: SWC Chula Vista Room: 47A

\*Lecture is from 8-10 a.m., hands-on training will be provided the same day between 10 a.m.-4 p.m.





**ONLINE CAREER TRAINING PROGRAMS** Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program through SWC's partnership with Ed2Go. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion. Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career. Learn more at **careertraining.swccd.edu or ed2go.com/swc Payment plans offered at checkout. Additional financial assistance available for members of the military community.** 

#### **FEATURING CLASSES SUCH AS:**

## **BIOFUEL PRODUCTION OPERATIONS** 400 hours | \$2,595

The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

## REGISTERED BEHAVIOR TECHNICIAN TRAINING (VOUCHER INCLUDED) 45 hours | \$995

The focused Registered Behavior Technician Training course will provide you with the essential skills and knowledge to meet the 40-hour training component, which is one of the requirements by the Behavior Analyst Certification Board (BACB) to become an RBT.

## PHARMACY TECHNICIAN (VOUCHER INCLUDED) 400 hours | \$2,995

Prepare for a career as a pharmacy technician. This immersive course will train you to work as a pharmacy technician and prepare you for the Pharmacy Technician Certification Exam (PTCE) to obtain the Certified Pharmacy Technician (CPhT) credential from the Pharmacy Technician Certification Board (PTCB).

#### **CERTIFIED WEDDING PLANNER 340 hours | \$1,595**

This comprehensive course covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this course will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

#### **ELECTRICAL TECHNICIAN 120 hours | \$2,260**

This course provides an intensive overview of electrical maintenance. You will learn the skills needed to work as an electrical technician, including math, inspection, safety, quality, electrical systems, automation, motor controls, and assembly.

## CERTIFIED PHYSICAL THERAPY AIDE (VOUCHER INCLUDED) 190 hours | \$1,995

This online course will help you master the skills you need to work as a physical therapy aide. Not only will you be prepared for the AMCA's Physical Therapy Technician/Aide certification exam, but an externship starter kit will also walk you through everything you need to know to land a PT aide externship.

#### HUMAN RESOURCES PROFESSIONAL W/ PAYROLL PRACTICE AND MANAGEMENT 250 hours | \$3,145

Gain essential human resources and payroll management skills in this online course bundle. By course completion, you will be prepared to take the PHR (Professional in Human Resources) and the Fundamental Payroll Certification (FPC) certification exam.

#### **OIL REFINERY OPERATIONS** 400 hours | \$2,595

Learn the skills you need to start work as an in-demand oil refinery operator.

#### **POWER PLANT OPERATIONS** 400 hours | \$2,595

Learn the skills you need to gain entry-level employment as a power plant operator.

## CERTIFIED SUPPLY CHAIN PROFESSIONAL + FREIGHT BROKER/AGENT TRAINING 220 hours | \$3,795

Train to become a Certified Supply Chain Professional (CSCP) in this comprehensive course bundle as you cover all facets of supply chain management and prepare for the CSCP exam. You will also prepare to enter the freight/logistics industry and learn how to start your own freight broker business or become a freight agent.

## CERTIFIED EKG TECHNICIAN (VOUCHER INCLUDED) 170 hours | \$1,995

Prepare for a career as an EKG technician. This asynchronous course will train you to work as an EKG tech and prepare you for the National Healthcareer Association (NHA) nationally recognized Certified EKG Technician (CET) certification exam.

## THE COMPLETE PROJECT MANAGER W/CAPM AND PMP PREP 250 hours | \$2,575

This is a comprehensive project management program designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

#### VETERINARY ASSISTANT 210 hours | \$2,495

Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.

## ENTRY-LEVEL DRIVER TRAINING (ELDT) FOR CLASS A 40 hours | \$595

Learn everything you need to prepare for your entry-level driver training (ELDT) necessary to obtain your Class A commercial driver's license (CDL).



# COLLEGE & CAREER READINESS

**GROW YOUR BASIC SKILLS:** Build the fundamental skills you need to advance your life, prepare for college and succeed in the workplace. Foundational courses are available in math, reading, and critical thinking, and more!





#### **COLLEGE AND CAREER PLANNING**

#### CAREER RESEARCH-USING THE INTERNET

Utilizes the Internet as an important tool in career planning, career research, and job search. Includes specific Internet sites, tips on the use of search engines, creating folders to keep track of useful sites, techniques to conduct career research, and considerations when applying for jobs online are explored.

Instructor: J. Reyes, No fee, 3 hours.

**TALL** 

NC 88-501 Oct. 27-29

Class type: Online

#### **RETRAINING READINESS**

Designed to assist the adult learner who has been away from school to prepare for the demands and expectations of vocational training. Topics include learning styles, time management, managing multiple roles and responsibilities, study and test preparation skills, goal setting, and community resources and services.

Instructor: J. Reyes. No fee, 6 hours.

**TALL** 

NC 90-501 Nov. 4-6

Class type: Online

#### **SUCCESS IN NURSING**

Designed to assist enrolled nursing students to be successful in the VN and ADN programs. Included are test-taking strategies as well as basic mathematics, reading comprehension, time management, communication, and critical thinking as they apply to the nursing curriculum.

Instructor: M. Livingston, No fee, 24 hours.

FALL

NC 1033-530 Aug. 11-Sep. 19

Class type: Online No Class: 9/1



## USING YOUR FOREIGN DEGREE IN THE UNITED STATES

Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.

Instructor: D. Edwards, No fee, 3 hours.

<b>~</b> -		
20		
	FAIL	

NC 92-E7 W Class type: Face-to	-face	Nov. 5	9-11:50 a.m. Location: CVAS
NC 92-E9 W Class type: Face-to	o-face	Nov. 12	<b>5:30-8:20 p.m.</b> Location: SYAS
NC 92-E4 T Class type: Face-to	-face	Nov. 18	<b>5:30-8:20 p.m.</b> Location: NCAS
NC 92-E8 W Class type: Face-to	o-face	Nov. 19	<b>5:30-8:20 p.m.</b> Location: MAS



## — ⊘ed2go

#### **PREPARATORY COURSES**

Learn more online and register at ed2go.com/swc

ETG-306	GRE Preparation-Part 1	
	(Verbal and Analytical)	\$130
ETG-307	GRE Preparation-Part 2 (Quantitative)	\$130
ETG-310	Grammar Refresher	\$130
ETG-318	GMAT Preparation	\$130
ETG-327	Writing Essentials	\$130
ETG-374	SAT/ACT Preparation - Part 1	\$130
ETG-375	SAT/ACT Preparation - Part 2	\$130



#### MATH SKILL DEVELOPMENT



#### **ALGEBRA REFRESHER LEVEL 1**

Provides an individualized program of instruction to review various topics in Elementary Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra-based exams.

No fee, 9 hours.

#### **∵** SUMMER

NC 146-501 Jun. 16-30

Class type: Online **Instructor: K. Cliffe** *No Class: 6/19* 

NC 146-502 Jul. 2-17

Class type: Online
Instructor: M. Garcia
No Class: 7/3

**TALL** 

NC 146-501 Sep. 2-19

Class type: Online Instructor: M. Garcia

NC 146-502 Sep. 22-Oct. 10

Class type: Online **Instructor: M. Garcia** 

NC 146-503 Oct. 13-31

Class type: Online **Instructor: M. Garcia** 

#### **ALGEBRA REFRESHER LEVEL 2**

Provides an individualized program of instruction to review various topics in Intermediate Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra-based courses or exams.

Instructor: M. Garcia. No fee, 9 hours.

#### **.** SUMMER

NC 147-501 Jul. 2-17

Class type: Online No Class: 7/3

NC 147-502 Jul. 24-Aug. 7

Class type: Online

**TALL** 

NC 147-501 Sep. 2-19

Class type: Online

NC 147-504 Nov. 3-21

Class type: Online No Class: 11/11

#### **ALGEBRA SKILLS**

Provides students with the skills and strategies needed to make the transition from pre algebra to intermediate algebra, and prepares students for workplace tasks that require knowledge of basic algebra. Reviews prealgebra and emphasizes topics in elementary algebra.

Instructor: TBA, No fee, 72 hours.

**TALL** 

NC 143-601 MW Sep. 8-Dec. 5 11:45 a.m.-1:10 p.m.
Class type: Hybrid Location: SWC Chula Vista

Location: SWC Chula Vista Room: TBA

## ELEMENTARY AND INTERMEDIATE ALGEBRA REFRESHER

Provides individualized instruction of topics in Elementary and Intermediate Algebra. Consists of direct instruction and computer assisted instruction to identify levels of knowledge and refresh concepts as needed for each student. Serves students in need of just-in-time course support, and/or students who are preparing for algebra based exams.

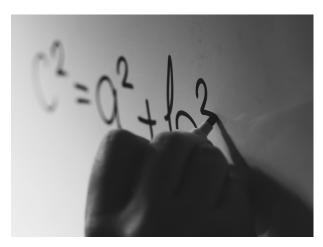
Instructor: M. Garcia, No fee, 18 hours.



NC 1148-502 Sep. 22-Oct. 31

Class type: Online





#### TRIGONOMETRY REFRESHER

Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.

No fee, 9 hours.

#### **SUMMER**

NC 1104-501 Jul. 15-31

Class type: Online
Instructor: Y. Francis

#### **TALL**

NC 1104-501 Sep. 2-19

Class type: Online

Instructor: K. Eclar

NC 1104-502 Sep. 22-Oct. 10

Class type: Online Instructor: K. Eclar

#### COMPUTER SKILLS TO BEGIN OR ADVANCE YOUR CAREER

## INTRODUCTION TO BASIC MICROSOFT EXCEL SPREADSHEET

Reviews the basics of worksheet use: design, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.

No fee, Summer 12 hours/Fall 8 hours.

#### **SUMMER**

NC 24-01 TTh Jul. 15-31 12-1:50 p.m. Class type: Face-to-face Location: SWC Chula Vista Instructor: N. Bartels Room: 55A-109

#### **FALL**

NC 24-50SatNov. 1- 229-10:50 a.m.Class type: Face-to-faceLocation: SWC Chula VistaInstructor: L. HernandezRoom: 55A-109

#### INTRODUCTION TO COMPUTERS

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.

No fee, 6 hours.

#### **TALL**

NC 1051-E2 T Sep. 2-16 9-10:50 a.m.
Class type: Face-to-face Location: SWPC

Instructor: P. Pantera

NC 1051-75 Sat Sep. 20-Oct. 4 12-1:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: L. Hernandez Room: 7210

NC 1051-81MSep. 22-Oct. 610-11:50 a.m.Class type: Face-to-faceLocation: HECSYInstructor: L. SevillaRoom: 5201

#### INTRODUCTION TO BASIC KEYBOARDING

Beginning students will learn how to correctly keyboard the alphabet and punctuation keys with an emphasis on technique, accuracy, and speed

Instructor: TBA, No fee, 8 hours.



NC 200-80 F Oct. 3-24 10-11:50 a.m. Class type: Face-to-face Location: HECSY

Room: 5201





## INTRODUCTION TO MICROSOFT OUTLOOK

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.

Instructor: L. Schultz, No fee, 3 hours.

#### **TALL**

NC 199-80	W	Sep. 17	9-11:30 a.m.
Class type: Fa	ace-to-fa	ace	Location: HECSY
			Room: 5201

NC 199-81 W Sep. 10 9-11:30 a.m.
Class type: Face-to-face Location: HECSY
Room: 5201

## INTRODUCTION TO BASIC MICROSOFT WORD

Provides students with the basic skills that are essential to format, edit, and save documents using Microsoft Word.

No fee, Summer 12 hours/Fall 8 hours.

#### **SUMMER**

NC 198-01 MW Jun. 9-25 9-10:50 a.m.
Class type: Face-to-face Location: SWC Chula VIsta
Instructor: N. Bartels Room: 62A-107

#### **TALL**

NC 198-50 Sat Sep. 13-Oct. 4 9-10:50 a.m. Class type: Face-to-face Location: SWC Chula VIsta Instructor: S. Mahmud Room: 55A-109

NC 198-80 W Oct. 8-29 9-10:50 a.m.
Class type: Face-to-face Location: HECSY
Instructor: L. Schultz Room: 5201

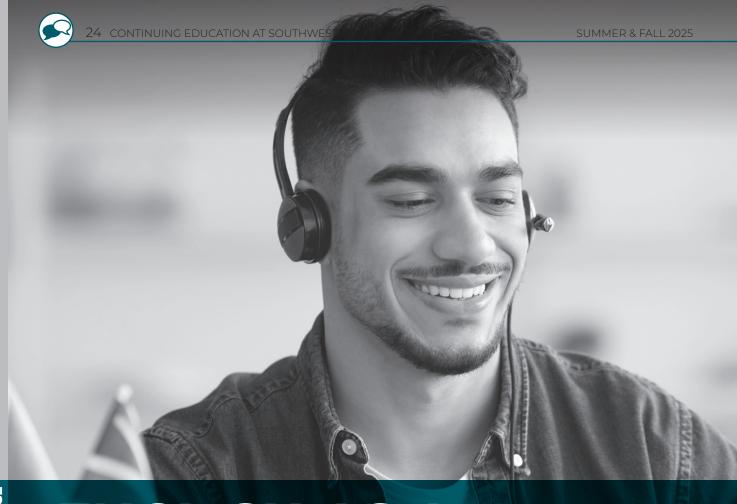
#### **COMPUTER COURSES**

Learn more online and register at ed2go.com/swc

ETG-200	Introduction to PC Troubleshooting	\$130
ETG-213	Basic CompTIA A+ Certification Prep	\$130
ETG-214	Intermediate CompTIA A+	
	Certification Prep	\$130
ETG-215	Advanced CompTIA A+ Certification Prep	\$130
ETG-222	Introduction to PC Security	\$130
ETG-223	Introduction to Microsoft Project 2019	\$147
ETG-242	Introduction to Networking	\$130
ETG-246	Introduction to SQL	\$130
ETG-247	Intermediate SQL	\$130
ETG-249	Introduction to C++ Programming	\$130
ETG-253	Wireless Networking	\$130







# ENGLISH AS A SECOND LANGUAGE (ESL)

**GROW YOUR LANGUAGE SKILLS:** Improve your English skills in a safe and secure environment. Learn from faculty who care about your growth. Beginning to advanced classes are offered day, night and online.





12:30-2 p.m.

Room: 55A-104

5:30-8:50 p.m.

Room: 5205

Location: HECSY

Location: SWC Chula Vista

#### **ENGLISH AS A SECOND LANGUAGE (ESL)**



## Certificate of Completion in Entry Level ESL

(Complete NC 108, NC 109 and NC 110)

#### **BASIC ESL I**

Introduces activities at a novice-low/A1 level, encouraging Independent learning. Promotes the development of students' ability to learn and engage in goal-directed behaviors, as well as English language grammar, reading, listening, conversation, and writing competence. First of three levels of general English.

No fee, 36 hours.



NC 108-501 Jun. 9-26

Class type: Online **Instructor: W. Diaz** *No Class: 6/19* 

NC 108-E1 MTTh Jun. 9-Jul. 8 4:10-7 p.m.
Class type: Face-to-face Location: CVLIB1
Instructor: S. Gongora Baltazar

No Class: 6/19, 7/3

NC 108-E4 MW Jun. 9-Jul. 28 5-7:10 p.m.
Class type: Face-to-face Location: IBBL

Instructor: D. Torres

NC 108-E2 TTh Jun. 10-Aug. 5 6-8:10 p.m.

Location: SMLC

NC 108-E2 TTh Jun. 10 Class type: Face-to-face

Instructor: C. Stocco

No Class: 6/19, 7/3

NC 108-E3 WF Jun. 11-Aug. 1 9-11:10 a.m. Class type: Face-to-face Location: BSLB

Instructor: D. Torres
No Class: 7/4

**TALL** 

**NC 108-501 Aug. 25-Sep. 26** Class type: Online

Instructor: C. Ross
No Class: 9/1

NC 108-502 Aug. 25-Sep. 26

Class type: Online Instructor: W. Diaz No Class: 9/1

NC 108-E1 MW Aug. 25-Oct. 6 9-11:50 a.m.
Class type: Face-to-face Location: SYSD1

Instructor: C. Cano

No Class: 9/1

NC 108-03 MTWTh Aug. 25-Sep. 29
Class type: Face-to-face Location
Instructor: C. Cano

No Class: 9/1

NC 108-E2

NC 108-86 TTh Aug. 26-Sep. 25

Class type: Face-to-face **Instructor: W. Diaz** 

**Aug. 26-Oct. 23 6-7:50 p.m.** Location: SMLC

Class type: Face-to-face **Instructor: G. Tufekci** 

NC 108-E8 WF Aug. 27-Oct. 15 1:30-3:40 p.m. Class type: Face-to-face Location: MOLI

Instructor: S. Gongora Baltazar

TTh

NC 108-80 F Aug. 29-Dec. 12 8:30-10:40 a.m.
Class type: Face-to-face Location: HECSY
Instructor: D. Torres
Room: 5205

Instructor: D. Torres No Class: 11/28

NC 108-E6 MW Sep. 3-Oct. 22 4-6:10 p.m. Class type: Face-to-face Location: CVLIB2

Class type: Face-to-face **Instructor: M. Alca** 

NC 108-E5 TTh Oct. 14-Dec. 9 9-11:20 a.m.
Class type: Face-to-face Location: ROFC

Class type: Face-to-face **Instructor: E. Rodriguez** 

No Class: 11/11, 11/25, 11/27

NC 108-E7 TTh Oct. 14-Dec. 9 3:15-5:35 p.m.
Class type: Face-to-face Location: ROFC

Instructor: S. Gongora Baltazar

No Class: 11/11, 11/25, 11/27

#### **BASIC ESL II**

Continues activities at a novice-mid/A1 level, encouraging independent learning. Promotes the development of students' ability to learn and engage in goal-directed behaviors, as well as English language grammar, reading, listening, conversation, and writing competence. Second of three levels of general English.

No fee, 36 hours.

**.** SUMMER

NC 109-86 MW Jun. 9-Jul. 7 5-8:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: E. Rodriguez Room: 5205

NC 109-80 TTh Jun. 10-Jul. 10 9 a.m.-1:15 p.m.
Class type: Face-to-face Location: HECSY
Instructor: D. Torres Room: 5205

No Class: 6/19, 7/3



NC 109-501 Jun. 30-Jul. 17

Class type: Online Instructor: N. Bartels

No Class: 7/3

NC 109-E1 MTTh Jul. 14-Aug. 7 4:10-7 p.m. Class type: Face-to-face Location: CVLIB1

Instructor: E. Robinovich

**FALL** 

NC 109-E3 MW Aug. 25-Oct. 15 5-7:10 p.m. Class type: Face-to-face Location: IBBL

Instructor: TBA No Class: 9/1

NC 109-E9 TTh Aug. 26-Oct. 28 8:15-10:25 a.m. Class type: Face-to-face Location: FCS

Instructor: D. Torres

No Class: 9/23, 9/25, 9/30, 10/2

NC 109-E6 TTh Aug. 26-Oct. 23 3:15-5:30 p.m. Location: HES

Class type: Face-to-face

Instructor: TBA

No Class: 9/23, 9/25, 9/30, 10/2

NC 109-E5 TTh Aug. 26-Oct. 23 6-7:50 p.m. Location: SMLC

Class type: Face-to-face

Instructor: S. Gongora Baltazar

NC 109-E2 F Aug. 29-Dec. 12 9-11:10 a.m.

Class type: Face-to-face Location: BSLB

Instructor: B. Zemlick

No Class: 11/28

NC 109-80 Aug. 29-Dec. 12 10:50 a.m.-1 p.m.

Class type: Face-to-face Location: HECSY Instructor: S. Gongora Baltazar Room: 5205

No Class: 11/28

NC 109-501 Sep. 30-Nov. 4

Class type: Online Instructor: C. Ross

NC 109-581 Sep. 30-Nov. 4

Class type: Online Instructor: N. Bartels

NC 109-86 TTh Sep. 30-Oct. 30 5:30-8:50 p.m.

Class type: Face-to-face

Location: HECSY Instructor: W. Diaz Room: 5205

NC 109-E1 TTh Oct. 14-Dec. 2 12-2:50 p.m.

Class type: Face-to-face Location: SYSD1

Instructor: S. Cervantez No Class: 11/11, 11/25, 11/27

NC 109-E4 TTh Oct. 14-Dec. 9 2:45-4:55 p.m. Location: PES

Class type: Face-to-face Instructor: E. Rodriguez

No Class: 11/11, 11/25, 11/27

#### **BASIC ESL III**

Continues activities at a novice-high/A2 level, encouraging independent learning. Promotes the development of students' ability to learn and engage in goal-directed behaviors, as well as English language grammar, reading, listening, conversation, and writing competence. Third of three levels of general English.

No fee, 36 hours.

**SUMMER** 

NC 110-86 Jul. 9-Aug. 6 5-8:50 p.m. Class type: Face-to-face Location: HECSY **Instructor: S. Cervantes** Room: 5205

NC 110-80 TTh Jul. 15-Aug. 7 Class type: Face-to-face

9 a.m.-1:15 p.m. Location: HECSY

Instructor: TBA

Room: 5205

NC 110-501

Jul. 21-Aug. 7 Class type: Online

Instructor: N. Bartels

**TALL** 

NC 110-581 Aug. 25-Dec. 14

Class type: Online

Instructor: C. O'Gorman Fazzolari No Class: 9/1, 11/11, 11/27, 11/28, 11/29

NC 110-360 TTh 4-6:15 p.m. Aug. 26-Oct. 9 Location: HECOM Class type: Face-to-face Instructor: N. Ludden Room: 4311

NC 110-80 Aug. 29-Dec. 12 1:10-3:20 p.m. Class type: Face-to-face Location: HECSY Instructor: D. Torres Room: 5205

No Class: 11/28

NC 110-E3 MW Oct. 20-Dec. 3 9-11:50 a.m. Location: SYSD1

Class type: Face-to-face Instructor: C. Cano

No Class: 11/24, 11/26

NC 110-03 MTWTh Nov. 4-Dec. 10 12:30-2 p.m. Class type: Face-to-face Location: SWC Chula Vista

Instructor: M. Alca

Room: 55A-104

Room: 5205

No Class: 11/11, 11/27

NC 110-86 TTh Nov. 4-Dec. 11 5:30-8:50 p.m. Class type: Face-to-face Location: HECSY

Instructor: W. Diaz No Class: 11/11, 11/27

Nov. 6-Dec. 11

NC 110-502 Class type: Online

Instructor: C. O'Gorman Fazzolari

No Class: 11/11, 11/27, 11/28, 11/29





#### **COMPUTERS AND TECHNOLOGY FOR ESL**

Provides the linguistic and basic technology skills English as a Second Language (ESL) learners need in order to be able to succeed in ESL classes, other classes, and in everyday life.

Instructor: C. Stocco, No fee, 36 hours.

#### **FALL**

NC 221-60 Sat Class type: Face-to-face No Class: 11/29 **Sep. 6-Dec. 13 10:30 a.m.-12:45 p.m.**Location: SWC Chula Vista *Room: 53A-108* 



#### **ESL CONVERSATION OTHER MEDIA**

Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of local and student cultures in social and transactional conversations through the use of different media (songs, short videos, social media, etc.) as learning tools. Recommended for students with novice-high proficiency or higher according to California Pathways or A2 or higher according to the Common European Framework of Reference for Languages.

No fee, 36 hours.

#### **SUMMER**

NC 222-E1 F Jun. 13-Aug. 1 10:10 a.m.-3 p.m.
Class type: Face-to-face Location: CVLIB1
Instructor: B. Mark

#### **TALL**

No Class: 7/4

NC 222-01 MW Aug. 25-Dec. 1 10:25-11:30 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: E. Santana
No Class: 9/1
Room: 53A-107

NC 222-E1 TTh Oct. 7-Nov. 20 3:15-5:40 p.m.
Class type: Face-to-face Location: MCS
Instructor: S. Brighenti
No Class: 11/11

NC 222-460 MW Sep. 3-

NC 222-460 MW Sep. 3-Dec. 8 7-8:05 p.m. Class type: Synchronous "Live" Online

Instructor: E. Pumpelly

NC 222-360 TTh Oct. 14-Dec. 4 4-6:15 p.m.
Class type: Face-to-face
Instructor: N. Ludden
No Class: 11/11, 11/27

Oct. 14-Dec. 4
4-6:15 p.m.
Location: HECOM
Room: 4311

#### TRANSITIONING TO COLLEGE ESL

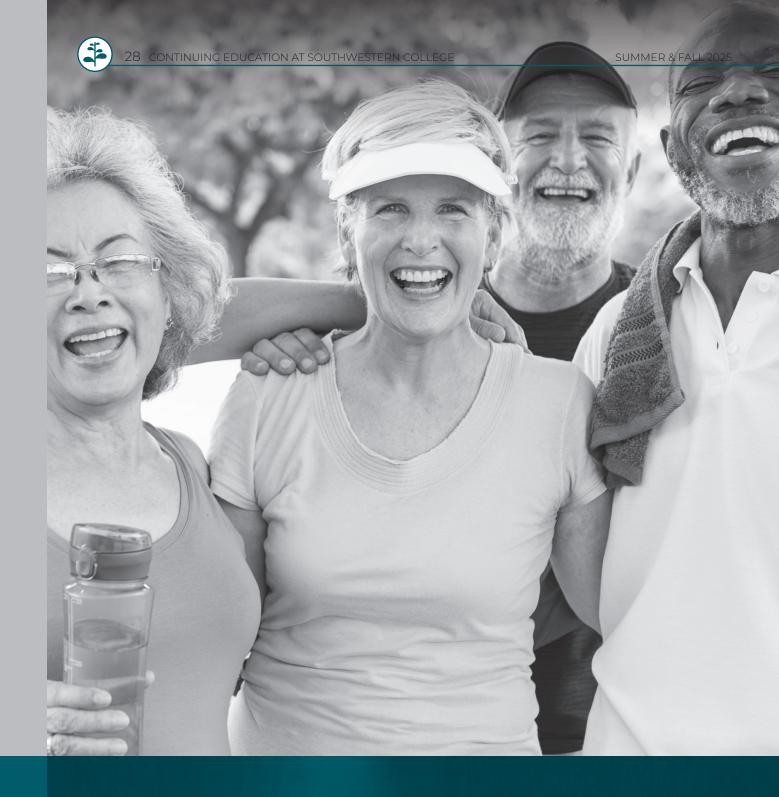
Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways.

Instructor: W. Diaz, No fee, 24 hours.



NC 220-01 F Sep. 19-Nov. 21 9-11:10 a.m.
Class type: Face-to-face Location: SWC Chula CVista

Room: TBA



# EXPLORATION AND PERSONAL GROWTH

**KEEP GROWING:** Join other lifelong learners in classes designed to help you build skills, achieve wellness, and find fulfillment. Classes are offered at a variety of locations throughout the community.



#### LIFE ENRICHMENT FOR OLDER ADULTS

## AGING WITH GRACE, POWER AND A PLAN: A WOMAN'S PERSPECTIVE

Designed to enhance a woman's transition beyond midlife. Participants will map their own journey, using active exercises to build skills in making choices.

Instructor: C. Alba, No fee, 12 hours.

**TALL** 

 NC 97-E1
 TTh
 Nov. 13-Dec. 4
 8:15-10:25 a.m.

 Class type: Face-to-face
 Location: FCS

 No Class: 11/25, 11/27
 Location: FCS

#### **ART THERAPY**

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

Instructor: A. Bejarano, No fee, 12 hours.

**.∴** SUMMER

Class type: Face-to-face	Jun. 9-30	9-11:50 a.m. Location: HECNC Room: 7203
NC 1053-81 T Class type: Face-to-face	Jun. 10-Jul. 15	10-11:50 a.m. Location: HECSY Room: 5208
NC 1053-E1 Th Class type: Face-to-face No Class: 6/19, 7/3	Jun. 12-Jul. 31	1:30-3:20 p.m. Location: IBSC

NC 1053-80 Th	Jun. 26-Aug. 7	10-11:50 a.m.
Class type: Face-to-face		Location: HECSY
No Class: 7/3		Room: 5208

770 014001770		11001111 0200
FALL NC 1053-E1 Th Class type: Face-to-face	Sep. 4-Oct. 9	1:30-3:20 p.m. Location: IBSC
<b>NC 1053-E7 F</b> Class type: Face-to-face	Sep. 5-Oct. 10	<b>2-3:50 p.m.</b> Location: OMNL
NC 1053-80 M Class type: Face-to-face	Sep. 15-Oct. 20	<b>9:45-11:35 a.m.</b> Location: HECSY Room: 5208

NC 1053-75 Sun Sep. 21-Oct. 26 11 a.m.-12:50 p.m. Class type: Face-to-face Location: HECNC

Room: 7203

NC 1053-E2 Th Oct. 16-Nov. 20 1:30-3:20 p.m. Class type: Face-to-face Location: IBSC

NC 1053-E11 F Oct. 17-Nov. 21 2-3:50 p.m.
Class type: Face-to-face Location: OMNL

NC 1053-81 M Oct. 27-Dec. 1 9:45-11:35 a.m.
Class type: Face-to-face Location: HECSY
Room: 5208

NC 1053-83 M Oct. 27-Dec. 1 12:30-2:20 p.m.
Class type: Face-to-face Location: HECSY

Room: 5207

## BUDGET AND HOME ENERGY MANAGEMENT

Designed for individuals who would like to take control of their finances, and minimize debt and maximize savings and investments. Covers financial goal setting, money management, spending plan, expense recordkeeping, identity theft, credit and credit repair, ways to earn extra income, energy management, energy conservation, meter reading, and available community resources.

Instructor: R. Corpron, No fee, 5.5 hours.

**TALL** 

NC 10-50 Sat Sep. 27-Oct. 4 8-10:25 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 37-106

#### **CONCERT BAND I**

Provides the opportunity for older adult woodwind, brass and percussion instrumentalists to perform in a beginning-level concert band. Explores various styles of band literature including classical, contemporary, popular, and new music compositions.

Instructor: D. Nevin, No fee, 72 hours.

**∵** SUMMER

 NC 3080-60
 T
 Jun. 17-Aug. 7
 12-5:10 p.m.

 Th
 Jun. 17-Aug. 7
 6-10:30 p.m.

 Class type: Face-to-face
 Location: SWC Chula Vista

 No Class: 6/19, 7/3
 Room: 85-101

#### **CONCERT CHOIR I**

Provides a choral ensemble for older adult music students with aural and score analysis of choral literature from traditional classics to the present. Emphasizes historical context, performance practice, style, and interpretation at the beginning level. Public performance required.

Instructor: T. Burkland, No fee, 72 hours.

:: SUMMER

NC 80-60 TWTh Jun. 10-Aug. 6 6-8:50 p.m. Class type: Face-to-face Location: SWC Chula Vista No Class: 6/19, 7/3 Room: 85-101

#### **CREATING ART FROM EVERYDAY OBJECTS**

Techniques to create gifts and decorations from common objects found around the home. Covers paper collage, basic stenciling, and some rubber stamping.

Instructor: A. Bejarano, No fee, 12 hours.

**SUMMER** 

NC 1001-70 W Jun. 11-Jul. 30 9-10:50 a.m.
Class type: Face-to-face Location: HECNC
Room: 7203

**TALL** 

NC 1001-81 F Sep. 12-Nov. 7 9:45-11:30 a.m.
Class type: Face-to-face Location: HECSY

Location: HECSY Room: 5210

NC 1001-75 Sun Sep. 28-Nov. 23 9-10:45 a.m.

Class type: Face-to-face Location: HECNC

Room: 7203

#### **GOSPEL CHOIR I**

Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

Instructor: P. Rieves, No fee, 72 hours.

**TALL** 

 NC 3081-01
 TTh
 Aug. 26-Dec. 11
 1:30-3:40 p.m.

 Class type: Face-to-face
 Location: SWC Chula Vista

 No Class: 11/11, 11/27
 Room: 85-101

#### INTRODUCTION TO MARIACHI PERFORMANCE I

Provides older adults the opportunity to perform simple mariachi music in a beginning-level ensemble. Emphasizes learning to play mariachi instruments (violin, trumpet, guitar, vihuela, guitarron, flute, voice) in the proper style, reading music, and playing well as part of a group.

No fee, 72 hours.

**SUMMER** 

NC 87-01 M Jun. 16-Aug. 6 3-8:50 p.m. W Jun. 16-Aug. 6 3-5:50 p.m.

Class type: Face-to-face Location: SWC Chula Vista
Instructor: J. Nevin Room: 85-101

**FALL** 

NC 87-60 W Aug. 27-Dec. 10 3:40-6:30 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: V. Viberos Room: 85-102



## ORGANIZE YOUR LIFE AND HAVE MORE TIME FOR FUN

Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination.

Instructor: C. Alba, No fee, 12 hours.

**TALL** 

NC 1015-75 Sat Sep. 6-27 Class type: Face-to-face 12-2:50 p.m. Location: HECNC Room: 7203

#### **S** BLUEPRINT FOR RETIREMENT

Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.

Instructor: K. Bowie. 6 hours.

\*You may bring a guest, at no charge, to either class listed below

**SUMMER** 

CS 175-69 T Jun. 17-24 6-9 p.m. Fee: \$49 Class type: Face-to-face Location: SWC Chula Vista Room: TBA

CS 175-70 Sat Jun. 21-28 9a.m. - 12 p.m. Fee: \$49
Class type: Face-to-face Location: SWC Chula Vista
Room: TBA

**TALL** 

CS 175-71 Sat Oct. 11-18 Class type: Face-to-face 9 a.m. - 12 p.m. Fee: \$49 Location: SWC Chula Vista Room: TBA

CS 175-72 W Oct. 15-22 Class type: Face-to-face **6-9 p.m** Fee: \$49 Location: SWC Chula Vista Room: TBA

EXPLORATION AND PERSONAL GROWTH



#### TRAFFIC SCHOOL

Southwestern College is certified as an official Traffic Violator School (TVC) available to individuals who have received a traffic citation. If you have been referred to a TVC by the court, you may void the citation from your driving record and protect your current insurance rate by attending Southwestern College's Traffic School. You must check in by 7:45 a.m. and remain for the entire 8-hour program to meet the DMV requirements.

#### **ENGLISH**

CS 17-64 Sat 08/02/25 8 a.m. to 4 p.m. Fee: \$60 CS 17-65 Sat 09/20/25 8 a.m. to 4 p.m. Fee: \$60 CS 17-66 Sat 10/25/25 8 a.m. to 4 p.m. Fee: \$60 CS 17-67 Sat 11/22/25 8 a.m. to 4 p.m. Fee: \$60 Class type: Face-to-face Location: Chula Vista Campus Room: 59A-102

#### **SPANISH**

CS 17-63S Sat 09/27/25 8 a.m. to 4 p.m. Fee: \$60 CS 17-64S Sat 11/15/25 8 a.m. to 4 p.m. Fee: \$60 Location: Chula Vista Campus Room: 59A-102





#### **EXPLORATION AND PERSONAL GROWTH**

\$130

Learn more online and register at ed2go.com/swc

<b>FAMILY</b>	
ETC 201	,

**ONLINE SALES** 

**ETG-322** Learn to Buy and Sell on eBay

ETG-321 ETG-353 ETG-357 ETG-363	Genealogy Basics Helping Elderly Parents Understanding Adolescents Ready, Set, Read!	\$130 \$130 \$130 \$130
FINAN	CE	
ETG-329	Where Does All My Money Go?	\$130
ETG-334	Personal Finance	\$130
ETG-345	Stocks, Bonds, and Investing: Oh My!	\$130
ETG-376	Introduction to Stock Options	\$130
LANGU	JAGE	
ETG-311	Beginning Conversational French	\$130
ETG-324	Conversational Japanese	\$130
ETG-383	Enhancing Language Development	
	in Childhood	\$130
ETG-305	Instant Italian	\$130
ETG-314	Speed Spanish	\$130
ETG-326	Speed Spanish II	\$130
ETG-356	Spanish for Medical Professionals	\$130
ETG-358	Spanish in the Classroom	\$130

#### **PERSONAL GROWTH**

FT0 000	Total of Oleman to a Commence follows Comment	Φ100
ETG-328	Twelve Steps to a Successful Job Search	\$130
ETG-330	Get Assertive!	\$130
ETG-332	Leadership	\$130
ETG-333	Interpersonal Communication	\$130
ETG-337	Keys to Effective Communication	\$130
ETG-342	Achieving Success with Difficult People	\$130
ETG-351	Handling Medical Emergencies	\$130
	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	
PHOTO	GRAPHY & DESIGN	
ETG-319	Discover Digital Photography	\$130
ETG-323	Secrets of Better Photography	\$130
ETG-325	Photographing People with your	
	Digital Camera	\$130
ETG-341	Introduction to Digital Scrapbooking	\$130
ETG-380	Introduction to Interior Design	\$130
WRITIN	1G	
ETG-300	Write Fiction Like A Pro	\$130
ETG-301	The Craft of Magazine Writing	\$130
<b>ETG</b> 302	Beginning Writer's Workshop	\$130
ETG-303	Writing Effective Grant Proposals	\$130
ETG-304	A to Z Grant Writing	\$130
ETG-312	Writeriffic: Creativity Training for Writers	\$130
ETG-346	Introduction to Screenwriting	\$130
ETG-348	Fundamentals of Technical Writing	\$135
ETG-349	Keys to Effective Editing	\$130
ETG-352	Write Your Life Story	\$130



#### FITNESS AND WELLNESS

#### **BODY DYNAMICS AND AGING PROCESS**

Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability. **Instructor: C. Alba, No fee, 36 hours.** 

#### **∵** SUMMER

 NC 34-E1
 TTh
 Jun. 10-Jul. 31
 8-10:20 a.m.

 Class type: Face-to-face
 Location: IBSC

 No Class: 6/19. 7/3
 Available of the control of the control

NC 34-80 MW Jun. 16-Jul. 14 10 a.m.-1:50 p.m.
Class type: Face-to-face Room: 5205

#### **TALL**

NC 34-80 MW Aug. 25-Dec. 10 11 a.m.-12 p.m.
Class type: Face-to-face Location: HECSY
No Class: 9/1 Room: 5104

NC 34-E1 TTh Aug. 26-Nov. 6 8-9:20 a.m. Class type: Face-to-face Location: IBSC

#### **TAI CHI**

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages.

No fee, 24 hours

#### **∷** SUMMER

 NC 32-70
 TTh
 Jun. 10-Aug. 7
 8:30-9:45 a.m.

 Class type: Face-to-face
 Location: HECNC

 No Class: 6/19, 7/3
 Room:7130

 Instructor: J. Muren

NC 32-80 TTh Jun. 10-Aug. 7
Class type: Face-to-face
No Class: 6/19, 7/3
Instructor: J. Muren

10:30-11:45 a.m.
Location: HECSY
Room: 5104

NC 32-E1 WF Jun. 11-Jul. 30 11:45 a.m.-1:10 p.m. Class type: Face-to-face Location: BSLB

Instructor: J. Muren



NC 32-E5 W Aug. 27-Dec. 3 11 a.m.-12:20 p.m.
Class type: Face-to-face Location: BSLB
Instructor: J. Muren

NC 32-80 Th Aug. 28-Dec. 11 10-11:20 a.m.
Class type: Face-to-face Location: HECSY
Instructor: J. Muren Room: 5104
No Class: 11/27

NC 32-50 Sat Aug. 30-Dec. 13 9:20-10:40 a.m. Class type: Face-to-face Instructor: J. Muren Room: 70-313

NC 32-51 Sat Aug. 30-Dec. 13 11 a.m.-12:20 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: J. Muren Room: 70-313
No Class: 11/29

NC 32-75 Sat Aug. 30-Dec. 6 11 a.m.-12:25 p.m. Class type: Face-to-face Instructor: J. Han Room: 7130

NC 32-78 Sun Aug. 31-Dec. 7 11 a.m.-12:30 p.m.
Class type: Face-to-face Location: HECNC
Instructor: J. Muren Room: 7130
No Class: 11/30



## Southwestern College

# Jaguar Tennis Academy



## **9** BEGINNING/ADVANCED BEGINNING LEVEL 1 AND 2 (AGES 7-11)

Are you ready to start your tennis journey? Join our Beginning/ Advanced Beginning 1 and 2 class. This class is designed for those first learning the game of tennis and those with some experience and looking to improve their skills with professional instruction. Class will include basic forehand and backhand shots, basic serving, basic volley skills and footwork and conditioning, with development of hand eye coordination related to tennis. Students will interact with other students through drills and games that develop Tennis skills. Step onto the court and start mastering the game with us today!

**Instructor: Susan Reasons** 

#### **SUMMER**

**TA-L1-S4 M Jun. 16-Jul. 21 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E *No class: 6/23* 

**TA-L1-S5 M Jul. 28-Sept. 8 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E *No class: 8/11 & 9/1* 

#### **S** FALL

**TA-L1-S6 M Sept. 15-Oct. 13 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E

**TA-L1-S7 M Oct. 20-Nov. 17 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E

## **9** BEGINNING/ADVANCED BEGINNING LEVEL 1 AND 2 (AGES 12-16)

#### **SUMMER**

**TA-L2-S4 W Jun. 18-Jul. 9 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E

#### **TALL**

**TA-L2-S5 W Aug. 20-Sept. 104-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E

**TA-L2-S6 W Sept. 17-Oct. 8 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E

**TA-L2-S7 W Oct. 15-Nov. 5 4-5:30 p.m. Fee: \$80** Class type: Face-to-face Location: Chula Vista Campus Lot E

#### S INTERMEDIATE LEVEL 1 (AGES 10-16)

Ready to take your tennis skills to the next level? Join our Intermediate level class, Students will further develop their Tennis skills to include practice rallys, point playing, Serve and Return of Serve, scoring and Game/Set management, and more advanced footwork drills and further conditioning. Gear up for an action-packed experience and elevate your game with us.

**Instructor: Susan Reasons** 

#### SUMMER.

**TA-L3-S2 Th Jun. 26-Jul.24 4-5:30 p.m. Fee: \$90** Class type: Face-to-face Location: Chula Vista Campus Lot E *No class: 7/3* 

TA-L3-S3 Th Jul. 31-Aug. 28 4-5:30 p.m. Fee: \$90 Class type: Face-to-face Location: Chula Vista Campus Lot E No class: 8/14

#### **TALL**

**TA-L3-S4** Th Sept. 4-Sept. 25 4-5:30 p.m. Fee: \$90 Class type: Face-to-face Location: Chula Vista Campus Lot E

**TA-L3-S5 Th Oct. 2-23 4-5:30 p.m. Fee: \$90** Class type: Face-to-face Location: Chula Vista Campus Lot E

**TA-L3-S6** Th Oct. 30-Nov. 20 4-5:30 p.m. Fee: \$90 Class type: Face-to-face Location: Chula Vista Campus Lot E

Important Notes for SWC Jaguar Tennis Academy students: Students must have your own racquet and water bottle.

Tennis sport shoes and athletic clothing are <u>only</u> allowed in class. Students must follow all rules for safety as instructed by Coach Reasons. Students are to be picked up from class on time or a late fee will be incurred.

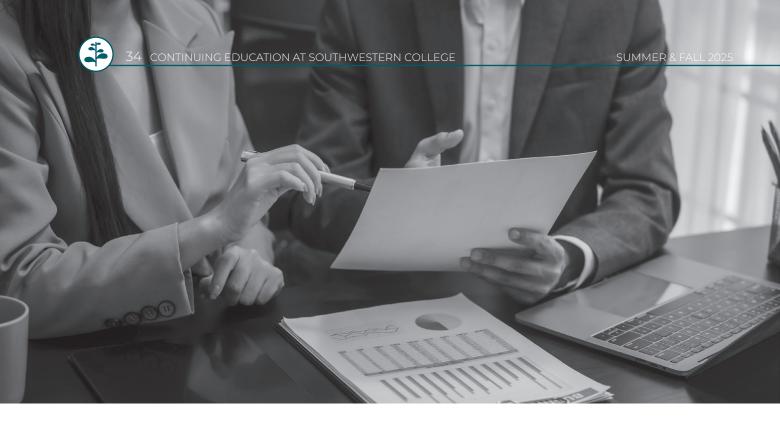
\*Make-ups only available for a canceled class.



#### **HEALTH AND BODY**

Learn more online and register at ed2go.com/swc

ETG-317	Introduction to Natural Health	
	and Healing	\$130
ETG-354	Lose Weight and Keep It Off	\$130
ETG-381	Start Your Own Edible Garden	\$130



# Grow your business with high-quality, affordable, contract training

Southwestern College can partner with your company to provide customized training with high-quality instruction in key aspects of workforce development.

Quickly upskill your workforce, improve performance, and boost your bottom line with custom training tailored to the needs of your employees and organization. Scheduling is flexible and instruction can be offered at a location that meets your needs.

For more information call us at 619-482-6533 or email us at Customizedtraining@swccd.edu







# Ready to start your construction career?

Enroll in the **Apprenticeship Readiness Program** and learn the skills and knowledge necessary to prepare for a registered apprenticeship program and begin your construction career while earning industry-recognized certifications.



Visit **workforce.org/ARPSWC** or scan the QR code to learn more or apply.

Participants must be 17+, live in San Diego or Imperial County and eligible to work in the US.









Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you're wondering what other education opportunities are offered at Southwestern College? Eligible, enrolled noncredit students can attend an orientation and meet with a counselor to explore NEXT STEPS, the education opportunities and services available through Southwestern College.

#### In NEXT STEPS, you can:

- Explore career options and choosing life/career goals
- · Identify your current skill levels
- · Make the transition to college
- Become aware of campus services and resources available
- Schedule your NEXT STEPS appointment today!

(619) 482-6376 ContinuingEd@swccd.edu

- Learn how to pay for college and financial assistance options
- · Develop an educational plan





This service is made available through Noncredit Student Services.

#### **NONCREDIT APPLICATION**

SOUTHWESTERN COLLEGE CONTINUING EDUCATION 900 Otay Lakes Road, Bldg. 68-101, Chula Vista, CA 91910-7299 619-482-6376 FAX 619-482-6402 continuinged@swccd.edu

CHECK	THE	TERM	THAT	APPLIES:

**FALL** 

**SPRING** 

SUMMER

Noncredit courses are funded by local and state taxes. The information requested on this application remains confidential and Is required to establish your eligibility to register in this publicly funded class. Thank you for your assistance Returning Student   SWC ID # -PLEASE PRINT NEATLY IN BLACK INK AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS-						
HOW DID YOU HEAR ABOUT US? (F	Please check all that apply)					
☐ Continuing Education Schedule ☐ Continuing	Education Facebook page	amily or Friend 🛚 🗖	Southwestern College	ge Employee	☐ Southwestern College Website	
☐ Other: (please explain)						
LAST NAME	FIRST NA	ME		MIDDLE NA	ME	
OTHER NAMES YOU HAVE USED						
(Include nicknames, aliases, and maiden	name, if applicable) ———					
HOME ADDRESS (P.O Box not accept	able)	CITY	ST	ATE	ZIP CODE	
MARITAL STATUS: (Please Check one)	□ SINGLE □ DIVORCED	OR WIDOWED	MARRIED	SEPARATED	☐ DECLINE TO STATE	
HOME PH. ( )		E-MAIL:				
CELL PH. ( )		-				
·						
BIRTHDATE (Required) / /	1	/	☐ MALE C	J FEMALE	☐ DECLINE TO STATE	
Mo. / Day / Year	SOCIAL SE	CURITY NUMBER				
			NUI 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		<b>5 V</b>	
ETHNIC BACKGROUND: (Please Chec	ck one)	ic/Latino 🗖 l	NHIS Non-Hispa	inic/Latino	□ <b>X</b> Unknown	
RACE: (Please check all that a	apply) This information required by	the Department of Ed	ucation in complianc	e with Title VI, Civ	-	
□ 01. Chinese □ 05. Cambodian			3. Mex, MexAmer, Ch		17. Filipino	
☐ 02. Japanese ☐ 06. Vietnamese			South America		18. Amer. Ind, Alask Native	
□ 03. Korean □ 07. Asian Indian			5. Central Americ		19. Black, Non-Hispanic	
☐ 04. Laotian ☐ 08. Other Asian	1 12. Pacific Islander	/Other	6. Other Hispanic		20. White	
IS ENGLISH THE LANGUAGE YOU SPE	AK AND WRITE MOST FRE	EQUENTLY? (Ched	ck YES or NO)			
☐ YES ☐ NO , specify langu	uage:					
	FAMILY INCOM	IE: (Please check	one)			
<b>□</b> 1. \$0-\$7,500 <b>□</b> 4. \$15,00	1-\$16,000 <b>7</b> . \$20,0	001-25,000	<b>1</b> 0. \$35,001-5	\$40,000	<b>□</b> 13. \$50,001 or above	
<b>2</b> . \$7,501-\$10,000 <b>5</b> . \$16,00	1-\$17,000	001-30,000	<b>1</b> 1. \$40,001-5	<b>□</b> 11. \$40,001-\$45,000 <b>□</b> 14. Unknown		
<b>□</b> 3. \$10,001-15,000 <b>□</b> 6. \$17,00	1-\$20,000 <b>3</b> 9. \$30,0	001-35,000	<b>1</b> 2. \$45,001-5	\$50,000		
FAMILY SIZE: Number in your household including yourself (Check one)						
<b>1 3 5</b>	<b>1</b> 7	<b>□</b> 9	<b>1</b> 1	<b>1</b> 3	<b>1</b> 5	
<b>1</b> 2 <b>1</b> 4 <b>1</b> 6	□8	<b>1</b> 0	<b>1</b> 2	<b>1</b> 4		
HIGH SCHOOL EDUCATION STATUS: (Please check all that apply)						
☐ 1. Not a high school graduate and r	not enrolled in high school	Highest level completed	d: 1 🗖 2 🗖 3 🗖	4 🗖 5 🗖 6 🗖 7 🛭	<b>38                                    </b>	
2. Not a high school graduate and currently enrolled in Adult School Highest level completed: 1 2 3 4 5 6 7 8 9 10 11 12						
□ 3. Currently in high school and 2+2 program  Current Grade: 9 □ 10 □ 11 □ 12 □						
□ 4. Currently enrolled in high school Current Grade: 9 □ 10 □ 11 □ 12 □						
□ 5. U.S. High School diploma Month & Year earned: Mo / Year				<u>Year</u>		
☐ 6. High School Equivalency Certific		Month & Year earned:		<u>Mo / `</u>		
☐ 7. Certificate of California High Sch	• • • • • • • • • • • • • • • • • • • •	Month & Year earned:		Mo/		
■ 8. Foreign secondary/high school Diploma/Certificate Month & Year earned: Month & Year earned: Month & Year						

EDUC	ATION COM	PLET	ΓED												
Technical/Certificate					Some College, No Degree					e (If YES, please check one)  J Freshman J Junior			A.A. /A.S. Degree		
Yes □ No □									☐ Sophomo	Sophomore  Senior		Yes □ No □			
4-yr. College Graduate Yes □ No □							Graduate : Yes □	Studies No □				r Diploma/Degree 'es □ No □			
Pleas	ARNED THE e indicate wha d outside the	E ABC	of educ	cation,	diplo	oma or		. [	) YES	□ NO					
ADUL	T SCHOOL S	SITE:	(Please	e chec	k all	that ap	ply an	d enter the d	ate you las	t attended)					
□ San Ysidro Adult School □ Chula Vista Adult School □ Coronado Adult School															
Mo/Year					Mo/Year Mo/Year										
☐ Montgomery Adult School ☐ I  Mo / Year					atio	nal Ci Mo/	-	It School				ndicate any Adult School you have attended in the			
HAVE			J CUR	RFNT	ΊΥ			HF FOLLO	WING TY	PES OF ASSI			ot on this list: se check all that appl	۸).	
				TANF	TLY RECEIVE THE FOLLOWING TYPES OF ASSISTANC  WIOA TITLE I							Rehabilitation			
Yes □ No □ Food Stamps / Calfresh / SNA			Yes						Yes No			Yes No No			
Yes		SNAP	SNAP CalWo Yes			*****				Medi-Cal / MediCare Yes □ No □			EDD Yes □ No □		
	Social Security Yes  No			Supplemental Security Income (SSI) Yes □ No □			General Assistance (GA) Yes □ No □								
	IAT IS YOUR ARY GOAL AND	Ge Jo	et a bette	er		1 🗖 2	Impro	ve Basic	<b>1</b> 1 <b>2</b> 2	Improve English	Skills [	1 2	Prepare to Earn High School Diploma / GED	<b>1 2</b>	
YOUR	R SECONDARY FOR ATTENDING	Pro	epare fo			1 🗖 2	Retair	Current	<b>1</b> 1 <b>2</b>	Prepare to Enter		1 2	Dorsonal	<b>1 2</b>	
C	ONTINUING TION COURSES		nployme amily Goa		<u></u> П	1 🗖 2		re for U.S.	□ 1□ 2	College or Traini Prepare for Milita		<b>1</b> 1 <b>2</b>		☐ 1☐ 2	
(Sel	ect 1=Primary	Oth	Other Attainable Goal			Citizenship  (Please explain):				Service					
and	2=Secondary)	-	ıltural Ba	arriers	_		Dislo	ocated Worker		Displaced Home	maker		Employed		
PLE	ASE CHECK	En	nployed	, With				ish Language					Foster Care Youth		
ALL T	HAT APPLY TO YOU:	Но	meless				Lear	ning Disabled		Long-term Unen	nployed		Low Levels of Literacy		
			Low Income				Migr	ant Farmworke	r 🗆	N/A			No longer TANF eligible within 2 years		
			Not Employed/ No Seeking Work				Phys	sically Disabled	ı 🗆	Retired			Seasonal Farmworker		
		Siı	Single Parent				Une	mployed		Veteran (U.S. Mi	litary)		Active Duty (U.S. Military)		
SELECT ALL SPECIAL PROGRAMS YOU ARE CURRENTLY AFFILIATED WITH: SIGNATURE:			Corrections					ly Literacy		Non-traditional	-		Perkins		
			Special Needs Rehabilitation					Tutoring Other: (please explain		Morkplace Educ			Homeless Programs		
			enabilitat	ion	Other. (please explain)						DATE:				
3IGNA I UKE:					——————————————————————————————————————										
			PLE	ASE	RE	GISTE	ER ME	IN THE F	OLLOW	NG NONCRE	DIT COL	JRSES	<b>S:</b>		
Course Section Numb			nber				Name of Co			ourse			Start Date		
NC															
NC															
NC															
NC NC															
							F	OR OFFI	CE USE	ONLY					
				Anı	olic	ation									
								-				_			

## Index Listing of Class offerings

A Caregiver's Guide to School-Age Children14
Aging with Grace, Power and a Plan: A Woman's Perspective29
Algebra Refresher Level 121
Algebra Refresher Level 221
Algebra Skills21
Applied Behavioral Analysis Training7
Art Therapy29
Basic ESL I25
Basic ESL II25
Basic ESL III
Basic First Aid and Adult CPR7
Basic Life Support (BLS) Instructor7
Blueprint for Retirement30
Body Dynamics and Aging Process32
Budget and Home Energy Management29
Building Social Skills for College14
California State Notary Public Seminar12
Career Research-Using the Internet20
Certificate in Nonprofit Management16
Child Visitation Monitor Training Course14
Computers and Technology for ESL27

Concert Band I29
Concert Choir I29
Construction OSHA 108
CPR for the Healthcare Provider8
Creating Art from Everyday Objects 30
Customer Service: Dealing with Difficult People11
Customer Service: Mastering Communication12
Customer Service: The Right Attitude12
Elementary and Intermediate Algebra Refresher 21
Energy Efficiency Job Training Program16
ESL Conversation Other Media27
S Forklift Certification
Gospel Choir I
HVAC Systems Course17
Introduction to Basic Microsoft Excel Spreadsheets22
Introduction to Computers22
Introduction to Drone Technology and Applications15
Introduction to Basic Keyboarding22
Introduction to Mariachi Performance I 30
Introduction to Microsoft Outlook23

Introduction to Basic Microsoft Word23	3 Reti
Lighting Systems Course16	Step
Optical Technician I	9 Suc
Optical Technician II	9 Tai (
Organize Your Life and Have More Time for Fun 30	) Tax
OSHA 10-Hour General Industry Standards	9 Tax
OSHA 30-Hour Construction Industry Standards	9 Ten
OSHA 30-Hour General Industry Standards	9 Traf
Pediatric Safety and CPR10	) Trar
S Phlebotomy Technician Program10	) Trig
S Registered Nurse First Assistant-RNFA Program	Usir )
Remote Pilot Ground School	5

Retraining Readiness20
Stepping Stones to Success In the Workplace15
Success in Nursing20
Tai Chi32
Tax Preparation/Income Tax Course I11
Tax Preparation/Income Tax Course II11
Tennis Academy
Traffic School31
Transitioning to College ESL27
Trigonometry Refresher22
Using Your Foreign Degree in the United States20



#### CHULA VISTA CAMPUS SCHOOLS & DEPARTMENTS

MAP LOCATION SCHOOL/DEPARTMENT: BLDG-ROOM

- B6 Academic Affairs: 14-104
- B6 Academic Services: 14-103
- D7 Academic Success Center: 26
- C6 Admissions and Records: 68-101
- **B6** Advancement and Community Engagement: 12-102
- C5 Art Gallery: 88-101
- C4 Articulation: 64-346C
- C5 Arts, Communication and Social Sciences: 87-109
- Associated Student Organization (ASO): 62A-112
- C6 Assessment: 68-107
- C3 Athletics: 71
- E6 Automotive Technology: 47A
- D5 Bookstore: 56A
- E7 Business and Operations: 46B
- D6 Business and Technology: 35-119
- E5 CA Adult Education Program (CAEP): 58A
- C6 CalWORKs: 68-210
- C6 Career Center: 68-206
- C3 Central Plant: 72
- F7 Central Services: 46D-125
- C6 César E. Chávez Student Services Center: 68
- H6 Child Development Center: 99
- C8 College Police: 22 E5 Continuing Education &
- Workforce Development: 59A-101
- C6 Counseling and Student Support Programs: 68-204

- C6 CTECS: 68-210
- E5 Custodial: 48A
- C3 DeVore Stadium: 71
- C6 Disability Support Services: 68-108
- D7 Dreamer Center: 26-120
- D7 DSS High Tech Center: 26 C4 Employee Equity, Inclusion & Professional Development: 64-242
- C6 EOPS: 68-203
- C6 Evaluations: 68-104
- H6 Facilities, Operations and Planning: 98
- C6 Financial Aid: 68-104
- F6 Financial Services: 46A
- D4 First Year Experience: 62A-103 B6 Foundation: 12-103
- G7 Grounds: 93 B3 Gymnasium: 70
- D4 Health Services/Campus Nurse: 62A-106
- E7 Human Resources: 46B-151
- C6 Information: 68-109
- C7 Institutional Research, Planning and Grants: 23
- C7 Institutional Technology: 23
- C4 Instructional Support Services: 64-10
- B3 Jaguar Aquatics Wellness and Sports: 70 B6 Jaguar Pathways: 68-204
- F6 Landscape and Nursery Technology: 40–46
- D6 Language Acquisition Center: 37
- D7 Language, Literature and Humanities: 28-107

- D4 Learning Communities: 61A C4 Learning Resource Center: 64
- C4 Library: 64
- C8 Lost and Found: 22
- E5 Maintenance: 48A
- D4 Math Center: 60-110
- D4 Mathematics and Science: 60-125
- D4 MESA Center: 60-101
- C4 Online Learning Center: 64-344
- C6 Outreach: 68-101
- F6 Payroll Services: 46A
- F5 Personal Wellness: 58A-101
- D7 Power Study: 26-120
- F5 Print Shop: 48B
- F7 Purchasing: 46F
- D7 Reading Lab: 26
- C6 Restorative Justice: 16-105K
- D4 Second Year Experience: 62A-101
- F6 South Bay Botanical Garden: 40–46
- D4 Student Activities: 62A-114
- C6 Student Affairs: 68-105
- C6 Student Employment Services: 68-208
- D7 Student Equity Programs and Services: 26-120
- B6 Superintendent/President: 12-101
- C6 SWC Cares/Basic Needs: 16-105E–J
- E5 The SWC Sun: 57A
- B6 Tech Prep/2+2: 17A-104
- E4 Tennis Center: 79A
- D7 Time Out Café: 27 B6 Title IX: 46B

- D4 Tradewinds Café: 65
- C6 Transfer Center: 68-205
- D4 Veterans' Resource Center: 62A-102
- D4 Veterans' Services: 68
- F5 Warehouse/Receiving: 48B
- B3 Wellness & Aquatics Complex: 70 C3 Wellness, Exercise Science and
- Athletics: 71-401 D7 Writing Center: 26
- C6 Workability III: 68-207A
  - College Police
- Emergency Blue Light Defibrillator
- Nurse Restrooms
- Gender Neutral Restrooms Pav Phone
- \$ ATM Café
- Bicycle Parking
  Bus Stop
- Lactation Room
- Main Campus Road
- Service Road Only Student Parking
- FS Faculty/Staff Parking Visitor Parking
- Health First Fitness Club Parking Accessible Parking P One-Day Permit Kiosk
  - Updated: 08/22/24 | B. Mora

Parking permits are

required at all times

, in all parking lots.

## Visit us:

Continuing Education **Noncredit:** 

**WE'VE** MOVED!

> Office 68-101

Located inside the César E. Chávez Student Services Center

Community **Education** 

**Traffic School** Youth **Programs:** 

Office 59A-101



**Continuing Education** 

900 Otay Lakes Road Chula Vista, CA 91910-7299

Noncredit: Cesar E. Chávez Student Services Center, Building 68-101

Community Education Courses/Traffic School/ Youth Programs: Building 59A-101

To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

**ECRWSS** Residential Customer



- Career Development
- College and Career Readiness
- English as a Second Language
- Exploration and Personal Growth
- Youth Programs



CONTINUING EDUCATION

Register early to reserve your seat. www.swccd.edu/ContinuingEd