



SOUTHWESTERN COLLEGE

FALL 2023 CONTINUING EDUCATION

Schedule of Classes August 21 - December 10

KEEP GRWING

Continuing Education 900 Otay Lakes Road, Chula Vista, CA 91910-7299

Noncredit: Building 68-101 Fee-Based Courses/Traffic School/Youth Programs: Building 59A-101



**Keep growing,
for your family and
your future.**

Connect to growth!

**Career Development • College and Career Readiness
English as a Second Language • Exploration and Personal Growth**

Southwestern College Continuing Education provides educational opportunities to support the professional development and personal success of our community. Students can grow their careers, get ready for college, or pursue lifelong goals and interests in an environment that welcomes students of all ages and abilities. Day, evening, and weekend classes are available online or in person, and many are tuition-free!

If you're ready to keep going, we're ready to help you **keep growing**.

Learn more at
www.swccd.edu/continuinged



KEEP GROWING
CONTINUING EDUCATION

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To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

New classes are always being added. For an up-to-date listing of classes, visit the Continuing Education section of the Southwestern College website: www.swccd.edu/continuinged

Your feedback, suggestions, and comments are welcomed. Email us at continuinged@swccd.edu

CONNECT WITH US ON SOCIAL MEDIA

SWCCONTINUINGED



SWCCONTINUINGED





HOW TO APPLY AND REGISTER

All continuing education courses are open to the public and do not offer college credit.

TUITION-FREE COURSES

All classes listed in the program are **FREE**, unless otherwise noted. Nominal material fees may apply.



Complete your application

Complete or update your noncredit application at www.tinyurl.com/swcopencccc.

You can also pick up a paper copy of our application at any of our campus locations.



Check your personal email

After you have completed or updated your noncredit application online, you will receive an email within 24-48 hours with steps to activate your MySWC account.



Activate your account

Follow the steps in your email to activate your MySWC account. You will have access to your student SWC email as well as other campus links, including WebAdvisor. Once your account is activated, all SWC correspondence will be sent to your SWC email.



Register for courses

Register for courses online using **WebAdvisor**. To access WebAdvisor, login to your MySWC account, click on Campus Apps, and select WebAdvisor on MySWC. *Note: Only select a term and select Noncredit for the Subject. Do NOT enter specific information about the course. Instructions on how to navigate WebAdvisor are available on our webpage.*

FEE-BASED COURSES

Classes with a fee are identified throughout the schedule with the this icon: 



Visit our registration website

Visit our online registration website at <https://registration.xenegrade.com/swccd>.



Create your account

On the top right of the registration website, click on "Create Account". Once you create your account, you will be able to register for courses.



Find your courses

Search for courses using the "Course Search" features on the main landing page, or browse all fee-based courses by clicking on the menu tab on the left hand side of the webpage labeled "Continuing Education Fee-Based Classes". Course numbers for fee-based classes start with "CS."



Add courses to your cart

Once you find the course(s) that you are interested in, add them to your cart.



Checkout

When ready, select "Checkout". Answer any required questions, and enter your payment details. Once your checkout is complete, you will receive an email confirmation of your registration.

NEED HELP REGISTERING? CONTACT US!



Noncredit Courses:

900 Otay Lakes Road, Chula Vista, CA 91910
Building 68-101

Phone: **(619) 482-6376**

Email: continuinged@swccd.edu

Web: www.swccd.edu/continuinged



Fee-Based Courses/ Traffic School/Youth Programs:

900 Otay Lakes Road, Chula Vista, CA 91910
Building 59A-101

Phone: **(619) 482-6533**

Email: customizedtraining@swccd.edu

Web: www.swccd.edu/continuinged

COURSE TYPES AND INFORMATION

TUITION-FREE COURSES (NC)

Noncredit courses are open to the public and do not offer college credit. Courses are tuition-free. Nominal materials fees apply. [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.]

FEE-BASED COURSES (CS)

Some continuing education courses are fee-based (denoted with **\$** in course description) and are designated and authorized under Title 5. These programs are supported by a fee paid by participants.

ED2GO PARTNERSHIP

We offer a wide range of highly interactive courses that you can take entirely online through Southwestern College's partnership with Ed2Go. These classes and programs are listed throughout the class schedule in each category's Ed2Go section. **Requirements:** All courses require Internet access, email and Google Chrome or Mozilla Firefox (*some courses may have additional requirements. Visit the course page for more information*). You will be able to download a letter of completion at the end of each course. Fees are non-refundable two weeks after the class starts. Costs vary by program. **These courses do not offer college credit. ED2GO Classes start: Aug. 16, Sep. 13, Oct. 18, Nov. 15 and Dec. 13** For information about these online classes or to register, go to www.ed2go.com/swc. For a demonstration of an actual course, go to www.ed2go.com/demo/

HOW TO READ THE CLASS SCHEDULE

Below is an example of how to read important course schedule information in this program.

<p>Title of course offered</p> <p>\$ Course fee icon (if applicable) will be at the start of course description.</p> <p>Instructor name (if same for all course codes). No fee (if applicable) will be after the name, with course hours.</p> <p>Course code/number</p> <p>Class format (five types listed below)</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">COURSE NAME</div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Description of course. If it is the same instructor for each course code, name will be included in the description. If instructor varies per class, name will be listed under course code.</div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Instructor: Name. No fee, 6 hours.</div> <div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; padding: 5px;">NC 1002-E1</div> <div style="border: 1px solid black; padding: 5px;">T Feb. 14 & 21</div> <div style="border: 1px solid black; padding: 5px;">5-7:50 p.m.</div> </div> <div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; padding: 5px;">Class type: Face-to-face</div> <div style="border: 1px solid black; padding: 5px;">Location: SYEC</div> </div> <div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; padding: 5px;">Instructor: L. Sevilla</div> <div style="border: 1px solid black; padding: 5px;">Room: 5201</div> </div> <div style="border: 1px solid black; padding: 5px;">No class 11/24, 11/25, 12/15</div>	<p>Day of week course meets (abbreviations listed below), dates, and time</p> <p>Location code for where face-to-face courses are held. Locations/addresses for codes are listed on page 6.</p> <p>Room number (if applicable)</p> <p>Additional details (<i>material fees, no class meeting dates, etc.</i>)</p>
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COURSE MEETING DAYS

Course Meeting Day Abbreviations: M: Monday | T: Tuesday | W: Wednesday | Th: Thursday | F: Friday | Sat: Saturday | Sun: Sunday

Example: Class meets on Monday and Tuesday: **MT**. Class meets Saturday and Sunday: **SatSun**

CLASS FORMATS

Southwestern College Continuing Education classes are offered in five formats. Classes in all formats meet the same academic rigor and requirements. Pay careful attention to the class format to ensure you choose the class type most convenient for you and that will provide the best academic experience.

- HYBRID CLASSES:** Meet online and face-to-face for some of the time on the day(s) that the section is scheduled for. Students must complete related work in various other ways outside of these class meetings.
- ONLINE CLASSES:** Traditional (Asynchronous) type of online class with NO set meeting times; learning is not live, and class work is performed/ submitted in Canvas by weekly deadlines. Before the start of the class, the instructor will send you an email with instructions to access your online classroom.
- FACE-TO-FACE CLASSES:** Classes will be held on campus or at community locations. Please carefully review the location of the class for which you are registering.
- SYNCHRONOUS "LIVE" ONLINE CLASSES:** Meets virtually for all hours posted in the schedule.
- SYNCHRONOUS "LIVE" ONLINE HYBRID CLASSES:** Meets virtually 50% of the time on the scheduled day(s) of the section. The other 50% of the class will be asynchronous online in Canvas.

Some instructors may require the use of a computer camera for class participation and/or exams. Check with your instructor on the first day of class.

SWC CAMPUS INFORMATION

CHULA VISTA Code: SWC Chula Vista

900 Otay Lakes Rd, Chula Vista, CA 91910
(619) 421-6700

NATIONAL CITY Code: HECNC

880 National City Blvd, National City, CA 91950
(619) 216-6665

OTAY MESA Code: HECOM

8100 Gigantic St, San Diego, CA 92154
(619) 216-6750

SAN YSIDRO Code: HECSY

460 W San Ysidro Blvd, San Ysidro, CA 92173
(619) 216-6790

CROWN COVE AQUATIC CENTER Code: CCAC

5000 Highway 75, Coronado, CA 92118
(619) 575-6176

VIEW CAMPUS MAPS ONLINE AT:

swccd.edu/about-swc/campus-maps-and-directions

CAMPUS PARKING

Vehicles parked on our Southwestern College campuses must have a valid virtual parking permit. We recommend that you obtain a permit and register your vehicle before arriving on campus. Registered students may purchase a semester virtual permit. Visitor permits are available for \$3/day or \$10/month. Once the online process is completed, your virtual parking permit will be active immediately. You can request a virtual parking permit by scanning the QR code or visiting swc.thepermitstore.com.

Learn more about campus parking regulations online at
swccd.edu/student-support/college-police/parking-services-and-enforcement.



COMMUNITY CLASS LOCATIONS

Classes are also offered at multiple locations throughout the community, making it easier for you to find a class close to work or home. Class locations are listed in the course section information by CODE throughout the schedule.

BONITA

Bonita Sunnyside Library Branch

Code: BSLB
4375 Bonita Road
(619) 475-4642

CHULA VISTA

Chula Vista Public Library

Code: CVLIB1
365 F Street
(619) 691-5069

Chula Vista Public Library

Code: CVLIB2
389 Orange Avenue
(619) 585-5786

Chula Vista Public Works

Code: CVPW
1800 Maxwell Road
(619) 397-6000

Feaster Charter School

Code: FCS
670 Flower Street
(619) 422-8397

South Bay Health and Insurance Services

Code: SBHIS
740 Bay Boulevard
(619) 616-2275

St. Paul's Plaza Senior Center

Code: SPPS
1420 E. Palomar Street
(619) 591-0600

IMPERIAL BEACH

Imperial Beach Senior Center

Code: IBSC
1075 8th Street
619-424-7077

San Diego County Library - Imperial Beach Branch

Code: IBBL
810 Imperial Beach Boulevard
619-424-6981

NATIONAL CITY

California Conservation Corps.

Code: CCCO
401 W 35th Street, Suite A
(619) 409-4382

SAN DIEGO/OTAY MESA

Otay Mesa - Nestor Branch Library

Code: OMNL
3003 Coronado Avenue
(619) 424-0474

SAN YSIDRO

San Ysidro Community Employment Center

Code: SYEC
630 Front Street
San Diego, CA
(619) 271-3896

San Ysidro Elementary School District - Parent Resource Center

Code: SYSD1
4350 Otay Mesa Road
(619) 428-4476

Smythe Elementary School

Code: SYSD2
1880 Smythe Avenue
(619) 428-4477

San Ysidro Middle School

Code: SYMS
4345 Otay Mesa Road
San Ysidro, CA 92173
(619) 428-5551

Willow Elementary School

Code: SYSD3
226 Willow Road
(619) 428-2231

GENERAL INFORMATION

CERTIFICATE OF COMPLETION

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certification requirements as established by the college.

CLASS CANCELLATION

Every attempt is made to avoid canceling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the college has advance notice that a class will be canceled, Continuing Education will attempt to reach you by the email address or phone number provided on your application.

REFUNDS (Applies to fee-based courses only)

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days before the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three-day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

REGISTRATION AND MATERIALS FEE

Registration fees are required for all fee-based classes. A materials fee may be required for some fee-based classes and noncredit classes. Please be prepared to pay these fees by credit/debit card at the time of registration.

INSTRUCTOR CLASS AND POLICY CHANGES

Sometimes, a qualified substitute instructor may replace the individual listed in the schedule. Class dates are also subject to change. When feasible, students will be notified of any changes before the class either by email or by phone.

DISCLAIMER

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus or department website for current information as well as any special rules or requirements imposed.

CAMPUS STUDENT ID CARDS

If you require a student ID card, please contact the Office of Student Activities at (619) 421-6700, ext. 5433 or by email at swcstudentactivities@swccd.edu.

SWC CONTINUING EDUCATION ADD AND DROP POLICY

Students are encouraged to apply and register five days prior to the start of the class in order to prevent class cancellation due to low enrollment. Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with three (3) consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

SOUTHWESTERN COLLEGE SCHEDULE

The Southwestern College Schedule (USPS #024423) is published six times a year in November, January, March, April, May and July by offices of Publications and Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299.

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GOVERNING BOARD OF THE SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

Roberto Alcantar, President
Don Dumas, Vice President
Griselda A. Delgado
Robert Moreno
Corina Soto
Jose Perez, Student Trustee, July 2022–June 2023
Mark Sanchez, Ed.D., Superintendent/President

DIVERSITY INITIATIVE

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.

MISSION STATEMENT Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access and clear pathways to student success. Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation.

Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education.

GOVERNING BOARD APPROVED: MARCH 10, 2020

NON-DISCRIMINATION STATEMENT The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.



CAREER DEVELOPMENT

GROW YOUR CAREER: Find a new job or upgrade your current one with career certificate programs. Courses are offered day, night and online, and are designed to lead directly to high-demand occupations.





HEALTH AND PUBLIC SAFETY

For registration and information on CPR classes listed below, please contact CCAC's Community CPR & First Aid Program Office at cpr4you@swccd.edu or by calling (619) 575-6176.

BASIC FIRST AID AND ADULT CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace.

No fee, 8 hours.

Required textbook: Heartsaver First Aid CPR AED (2020) (Available onsite at CCAC for \$5). American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

NC 40-E1	Sat	Sep. 23	8:30 a.m.-4:40 p.m.
NC 40-E2	Sat	Oct. 14	8:30 a.m.-4:40 p.m.
NC 40-E3	Sat	Dec. 9	8:30 a.m.-4:40 p.m.

Class type: Face-to-face

Location: CCAC

Instructor: TBD

NC 40-E4	Th	Aug. 17	8 a.m.-4:10 p.m.
NC 40-E5	Th	Sep. 21	8 a.m.-4:10 p.m.
NC 40-E6	Th	Oct. 19	8 a.m.-4:10 p.m.

Class type: Face-to-face

Location: CVPW

Instructor: L. Alvarado

BASIC LIFE SUPPORT (BLS) INSTRUCTOR

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.

Instructor: B Burdick. No fee, 16 hours.

Students must be approved by AHA Training Center via email at bburdick@swccd.edu at least 2 weeks prior to online registration.

NC 1039-E1	SatSun	Nov. 18-19	8:30 a.m.-4:40 p.m.
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Class type: Face-to-face

Location: CCAC



HEALTH AND SAFETY

Learn more online and register at ed2go.com/swc

ETG-316	Medical Terminology: A Word Association Approach	\$130
ETG-331	Explore a Career as an Administrative Medical Assistant	\$130
ETG-335	Explore a Career in Medical Coding	\$130
ETG-355	Become a Physical Therapy Aide	\$130
ETG-356	Spanish for Medical Professionals	\$130

CPR FOR THE HEALTHCARE PROVIDER

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association.

Instructor: B. Burdick. No fee, 9 hours.

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive course completion certificate. Required book: BLS Provider Manual 2020, (available at CCAC for \$15). American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.

NC 1007-E1	Sat	Sep. 16	8:30 a.m.-5:40 p.m.
NC 1007-E2	Sat	Oct. 21	8:30 a.m.-5:40 p.m.
NC 1007-E3	Sat	Nov. 4	8:30 a.m.-5:40 p.m.

Class type: Face-to-face

Location: CCAC

FIRST AID FOR PUBLIC SAFETY PERSONNEL—TITLE 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code. As per the new ARC guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Instructor: A. Binda. No fee, 16 hours.

NC 15-E1	MTWTH	Sep. 11-14	5:30- 9:20 p.m.
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Class type: Face-to-face

Location: CCAC

LIFEGUARD TRAINING

Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training. (Includes First Aid and CPR/PRO.) As per the new Red Cross guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Instructor: A. Binda. No fee, 36 hours.

NC 70-E1	Sat	Sep. 9	8:30 a.m.-4:40 p.m.
	Sun	Sep. 10	8:30 a.m.-4:40 p.m.
	F	Sep. 15	5:30 p.m.-9:20 p.m.
	Sat	Sep. 16	8:30 a.m.-4:40 p.m.
	Sun	Sep. 17	8:30 a.m.-4:40 p.m.

Class type: Face-to-face

Location: SWC Chula Vista
Aquatic Complex



HEALTH AND PUBLIC SAFETY

OSHA 10-HOUR GENERAL INDUSTRY STANDARDS

Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card.

Instructor: C. Ochoa. No fee, 10.5 hours.

NC 139-50 Sat Oct. 7-28 5:30-8:50 p.m.

Class type: Face-to-face Location: SWC Chula Vista

No class: 10/21

Room: 59A-102

\$8 materials fee paid at the time of registration.

OSHA 30-HOUR GENERAL INDUSTRY STANDARDS

Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card.

Instructor: C. Ochoa. No fee, 30.5 hours.

NC 140-50 Sat Sep. 9-30 8 a.m.-3:25 p.m.

Class type: Face-to-face Location: SWC Chula Vista

\$8 materials fee paid at the time of registration. Room: 63A-102

OXYGEN ADMINISTRATION FOR THE PROFESSIONAL RESCUER

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as; suction, oral and airway adjuncts, resuscitation masks, bag-valve-masks, and supplemental oxygen. Follows both the American Red Cross and the National Safety Council (Green Cross) guidelines. As per the new ARC guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Instructor: A. Binda. No fee, 3 hours.

NC 1014-E1 M Sep. 18 5:30-8:30 p.m.

Class type: Face-to-face Location: SWC Chula Vista

Aquatic Complex



VETERINARY COURSES

Learn more online and register at ed2go.com/swc

ETG-338	Become a Veterinary Assistant	\$130
ETG-339	Become a Veterinary Assistant II: Canine Reproduction	\$130
ETG-340	Become a Veterinary Assistant III: Practical Skills	*\$115



OPTICAL TECHNICIAN TRAINING PROGRAM CERTIFICATE (COMPLETE NC 311 AND NC 312)

OPTICAL TECHNICIAN I

Provides participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

Instructor: TBA. No fee, 45 hours.

NC 311-75 SatSun Sep. 17-Oct. 21 8:30 a.m.-12:45 p.m.

Class type: Face-to-face

Location: HECNC

Room: 7204

OPTICAL TECHNICIAN II

The second part of a two part program that will provide participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

Instructor: TBA. No fee, 45 hours.

NC 312-75 SatSun Oct. 22-Dec. 10 8:30-11:45 a.m.

Class type: Face-to-face

Location: HECNC

No class 11/25, 11/26

Room: 7204

PEDIATRIC SAFETY AND CPR

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and updated 2015 First Aid guidelines.

Instructor: TBA. No fee, 8 hours.

Required textbook: Heartsaver Pediatric First Aid CPR AED (2020) (Available onsite at CCAC for \$5). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

NC 1022-E1 Sat Sep. 9 8:30 a.m.-4:40 p.m.

NC 1022-E2 Sat Oct. 7 8:30 a.m.-4:40 p.m.

NC 1022-E3 Sat Dec. 2 8:30 a.m.-4:40 p.m.

Class type: Face-to-face

Location: CCAC



HEALTH AND PUBLIC SAFETY

REGISTERED NURSE FIRST ASSISTANT- RNFA PROGRAM

PRESENTED BY:

The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

NATIONAL STANDARDS:

Registered Nurse First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

ELIGIBILITY:

RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
- RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

MORE INFO:

Contact NIFA at 1-800-922-7747 or email: info@NIFA.com
Mon.-Thurs. 7:30 a.m.-5 p.m., Fri. 7:30 a.m.-4 p.m.

To register visit www.RNFA.org
Jennifer Curran RN, CNOR, CRNFA
Dean Parsons RN, CNOR, RNFA



BUSINESS



CERTIFICATE IN TAX PREPARATION (COMPLETE NC 113 AND NC 114)

TAX PREPARATION/INCOME TAX COURSE I

Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion. Required textbooks: available at the Bookstore, to be purchased by the first day of class.

No fee, 30 hours.

NC 113-86 MW Sep. 6-Oct. 9 6-8:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: C. Striebel Room: 5201

NC 113-60 TTh Sep. 19-Oct. 19 6-8:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

NC 113-01 MW Sep. 25-Oct. 25 9-11:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

TAX PREPARATION/ INCOME TAX COURSE II

Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required textbooks: available at the Bookstore, to be purchased by the first day of class.

No fee, 30 hours.

NC 114-86 MW Oct. 11-Nov. 13 6:00-8:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: C. Striebel Room: 5201

NC 114-60 TTh Oct. 24-Nov. 28 6:00-8:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102
No Class: 11/23

NC 114-01 MW Oct. 30-Nov. 30 9-11:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

TIP: SIGN UP EARLY!

Early registration ensures you have a reserved place in a popular class. Your registration can also make a difference as to whether a class is offered or canceled.



BUSINESS, CUSTOMER SERVICE



CUSTOMER SERVICE CERTIFICATE OF PARTICIPATION (COMPLETE THREE OF THE FOLLOWING COURSES: NC 1002, NC 1006, NC 1069, NC 1074, NC 1073 AND NC 1071)

CUSTOMER SERVICE: CUSTOMER APPRECIATION

Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduces concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication.

Instructor: S. Rosas. No fee, 6 hours.

NC 1002-60 T Oct. 31-Nov. 7 6-8:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 37-106

CUSTOMER SERVICE: DEALING WITH DIFFICULT PEOPLE

Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one.

Instructor: L. Sevilla. No fee, 6 hours.

NC 1006-486 MT Aug. 21-29 4:45-6:00 p.m.
Class type: Synchronous "Live" Online

NC 1006-487 WTh Aug. 23-31 4:45-6:00 p.m.
Class type: Synchronous "Live" Online

CUSTOMER SERVICE: MANAGING CHANGE

Explores our natural tendencies and the tendencies of our customers to resist change in the workplace. Introduces techniques for handling change and how to introduce change to our customers. Provides practice of change management techniques.

Instructor: L. Sevilla. No fee, 6 hours.

NC 1069-486 MT Sep. 25-Oct. 3 4:45-6:00 p.m.
Class type: Synchronous "Live" Online

NC 1069-487 WTh Sep. 27-Oct. 5 4:45-6:00 p.m.
Class type: Synchronous "Live" Online

CUSTOMER SERVICE: TEAM BUILDING

Explores how working as teams in business can increase productivity, enhance project management, reduce business conflicts, and create superior customer service. Identifies team opportunities that can be applied to your company. Examines the "roles" in a team and how to be both a leader and team player. Provides practice of new skills in typical business scenarios.

Instructor: S. Rosas. No fee, 6 hours.

NC 1074-E1 Th Aug. 24-Sep. 7 4-5:50 p.m.
Class type: Face-to-face Location: SBHIS

NC 1074-60 T Oct. 17-24 6-8:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 37-106

CUSTOMER SERVICE: THE RIGHT ATTITUDE

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

Instructor: S. Rosas. No fee, 6 hours.

NC 1073-60 T Oct. 3-10 6-8:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 37-106

CUSTOMER SERVICE: TIME AND STRESS MANAGEMENT

Workplace demands efficiency and productivity. Managing our time and stress has an impact on our ability to perform above company standards. Juggle more work and changes with less time and still "keep your cool". Explore time management techniques at work that will help you stay in balance. Be both more efficient and happier in the workplace.

Instructor: TBA. No fee, 6 hours.

NC 1071-486 MT Sep. 5-18 4:45-6:00 p.m.
Class type: Synchronous "Live" Online

NC 1071-487 WTh Sep. 6-14 4:45-6:00 p.m.
Class type: Synchronous "Live" Online



MANAGEMENT AND BUSINESS

Learn more online and register at ed2go.com/swc

ETG-626 (q19)	Introduction to Quickbooks 2019 <i>This course is 6 weeks and instructor-led</i>	\$129
ETG-626 (T9450)	Introduction to Quickbooks 2019 <i>This course is 3 months and self-paced</i>	\$129
ETG-628	Purchasing Fundamentals	\$140
ETG-629	Project Management Fundamentals	\$140
ETG-630	Business Finance for Non-Finance Personnel	\$140
ETG-631	Administrative Assistant Fundamentals	\$140
ETG-632	Fundamentals of Supervision & Management	\$140
ETG-633	Effective Business Writing	\$140
ETG-634	Business and Marketing Writing	\$140
ETG-636	Accounting Fundamentals	\$140
ETG-637	Accounting Fundamentals II	\$140
ETG-639	Real Estate Investing	\$140
ETG-641	Building Teams That Work	\$140
ETG-643	Individual Excellence	\$140
ETG-646	Fundamentals of Supervision & Management II	\$140
ETG-649	Introduction to Nonprofit Management	\$140
ETG-651	Understanding the Human Resources Function	\$140
ETG-652	Administrative Assistant Applications	\$140
ETG-653	Total Quality Fundamentals	\$140
ETG-654	Project Management Applications	\$140



BUSINESS, COMMUNICATION, DESIGN AND MEDIA

CALIFORNIA STATE NOTARY PUBLIC SEMINAR

💰 The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse. 7 hours.

CS 14-50 Sat Oct. 7 8 a.m.-4 p.m. Fee: \$75

Class type: Face-to-face Location: SWC Chula Vista
 \$49 materials fee paid at time of registration. Room: 83-105
 Optional State exam scheduled 4-5 p.m. for an additional \$40 fee.

LOAN SIGNING-NOTARY PUBLIC SEMINAR

💰 The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in the career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor. This course is for you if you are a notary public, are in the process of becoming a notary public or are just interested in taking the course for personal interest or for self-improvement. *If you are planning to become a Notary Public you must take the California State Notary Public Seminar.*

Instructor: Thomas Peavyhouse. 7 hours.

CS 143-51 Sun Oct. 8 9 a.m.-4 p.m. Fee: \$75

Class type: Face-to-face Location: SWC Chula Vista
 \$79 materials fee paid at time of registration. Room: 54A-107



SMALL BUSINESS

Learn more online and register at ed2go.com/swc

ETG-400	Start and Operate Your Own Home-Based Business	\$130
ETG-401	Marketing Your Business on the Internet	\$130
ETG-402	Starting a Nonprofit	\$130
ETG-403	Marketing Your Nonprofit	\$130
ETG-404	Creating a Successful Business Plan	\$130
ETG-405	Starting a Consulting Practice	\$130
ETG-406	Start Your Own Small Business	\$130
ETG-407	Introduction to Internet Writing Markets	\$130

MAKE EXTRA INCOME AS A WHOLESALE AUTO DEALER FROM HOME

💰 Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams. 7 hours.

CS 257-60 ThF Sept 12-13 6-9:30 p.m. Fee: \$85

Class type: Synchronous "Live" Online
 \$25 materials fee paid at the time of registration.

VOICE-OVERS - NOW IS YOUR TIME!

💰 In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how to begin using your speaking voice for commercials, films and videos! In this class you will learn about unique, part-time-careers that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for.

Instructor: Justine Reiss, 2 hours

CS 148-60 M Oct. 2 6:30-8:30 p.m. Fee: \$45

Class type: Face-to-face Location: SWC Chula Vista
 Room: 54A-117



INTERNET AND WEB DESIGN

Learn more online and register at ed2go.com/swc

ETG-101	Creating Web Pages	\$135
ETG-104	Introduction to CSS3 and HTML5	\$135
ETG-106	Introduction to PHP and MySQL	\$135
ETG-107	Introduction to Java Programming	\$135
ETG-108	Intermediate CSS3 and HTML5	\$135
ETG-109	Intermediate JAVA Programming	\$135
ETG-111	Achieving Top Search Engine Positions	\$135
ETG-112	Advanced Web Pages	\$135
ETG-114	Blogging and Podcasting for Beginners	\$135
ETG-116	Designing Effective Websites	\$135
ETG-124	Creating Mobile Apps with HTML5	\$135
ETG-125	Creating WordPress Websites	\$135
ETG-224	Photoshop CC for the Digital Photographer	\$130



EDUCATION, HUMANITIES, SOCIAL AND BEHAVIORAL SCIENCES



**CERTIFICATE IN FAMILY CHILDCARE
BUSINESS PROVIDER** (COMPLETE NC 1054,
NC 1055, NC 1056, NC 1057 AND NC 1058)

FAMILY CHILDCARE BUSINESS I

Examines the process of setting up an in-home childcare business. Introduces analysis and implementation of a business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Explores creative ways to use available space and materials for a developmentally appropriate environment.

No fee, 12 hours.

NC 1054-75 SatSun Aug. 26-Sep. 2 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: C. Sainz Room: 7216

NC 1054-80 MWF Sep. 18-22 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: M. Galindo Room: 5204

FAMILY CHILDCARE BUSINESS II

Identifies caregivers' responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect.

No fee, 12 hours.

NC 1055-75 SatSun Sep. 9-16 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: C. Sainz Room: 7216

NC 1055-80 MWF Sep. 25-29 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: M. Galindo Room: 5204

FAMILY CHILDCARE BUSINESS III

Examines major theories in child development with an emphasis on practical application for the family child care provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement.

No fee, 12 hours.

NC 1056-75 SatSun Sep. 23-30 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: C. Sainz Room: 7216

NC 1056-80 MWF Oct. 2-6 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: M. Galindo Room: 5204

FAMILY CHILDCARE BUSINESS IV

Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, and free/low cost materials).

No fee, 12 hours.

NC 1057-75 SatSun Oct. 7-14 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: C. Sainz Room: 7216

NC 1057-80 MWF Oct. 9-13 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: M. Galindo Room: 5204

FAMILY CHILDCARE BUSINESS V

Examines the concept of developmentally appropriate practices as applied to the home learning environment. Analyzes the basic "whole child" approach to developing a curriculum for young children. Explores the role of a caregiver in providing an inclusive and multicultural environment rich in diversity and acceptance of the individual.

No fee, 12 hours.

NC 1058-75 SatSun Oct. 21-28 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Instructor: C. Sainz Room: 7216

NC 1058-80 MWF Oct. 16-20 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: M. Galindo Room: 5204

TRAINING OPPORTUNITIES FOR THOSE WITH DISABILITIES

STEPPING STONES TO SUCCESS IN THE WORKPLACE

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.

Instructor: S. Fiala. No fee, 30 hours.

NC 103-401 W Aug. 23-Dec. 6 11 a.m.-12:50 p.m.
Class type: Synchronous "Live" Online
Seating is limited to 25 students.

DID YOU KNOW?

You can get to know Southwestern College's campuses by exploring the VIRTUAL TOURS online. Scan the QR code to visit SWC's website and get started today.





EDUCATION, HUMANITIES, SOCIAL AND BEHAVIORAL SCIENCES



CERTIFICATE IN INFANT, CHILD AND ADOLESCENT DEVELOPMENT
(COMPLETE NC 204, NC 205, NC 206 AND NC 207)

A CAREGIVER'S GUIDE TO INFANTS AND TODDLERS

Introduces developmental milestones of infants and toddlers by examining social and emotional needs, how infants and toddlers learn, and physical growth and health. Explores topics for caregivers, childcare trainees, and parents/guardians such as meaningful interactions, creating safe, healthy and nurturing environments, supporting skill and language development, and parenting styles.

Instructor: M. Galindo. No fee, 12 hours.

NC 204-86 M Aug. 28-Sep. 18 5-8:50 p.m.
Class type: Face-to-face Location: HECSY
No Class: 9/4 Room: 5204

A CAREGIVER'S GUIDE TO PRESCHOOLERS

Introduces to caregivers, childcare trainees, and parents/guardians the developmental milestones and appropriate expectations for preschool-age children. Analyses their social-emotional needs, physical growth/health and how preschoolers learn and perceive the world around them.

Instructor: M. Galindo. No fee, 12 hours.

NC 205-86 M Sep. 25-Oct. 9 5-8:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5204

A CAREGIVER'S GUIDE TO SCHOOL-AGE CHILDREN

Introduces to caregivers, childcare trainees, and parents/guardians the developmental milestones and appropriate expectations for school-age children. Identifies children's social-emotional needs, physical growth/health and how best to support success in their education.

Instructor: M. Galindo. No fee, 12 hours.

NC 206-86 M Oct. 16-30 5-8:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5204

A CAREGIVER'S GUIDE TO TEENS

Summarizes the developmental needs and milestone of teens (pre-teen to 18 years old) for caregivers, childcare trainees, and parents/guardians. Examines the social world, ever changing emotional needs, ways to maintain open and frequent communication and ways to set appropriate boundaries that both protect and allow for reasonable freedom.

Instructor: M. Galindo. No fee, 12 hours.

NC 207-86 M Nov. 6-20 5-8:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5204



EDUCATION COURSES

Learn more online and register at ed2go.com/swc

ETG-344	Solving Classroom Discipline Problems	\$130
ETG-358	Spanish in the Classroom	\$130
ETG-359	Creating a Classroom Web Site	\$130
ETG-360	Teaching Preschool: A Year of Inspiring Lessons	\$130
ETG-361	The Creative Classroom	\$130
ETG-362	Teaching Smarter With SMART Boards	\$130
ETG-364	Teaching Students with ADHD	\$130
ETG-365	Guided Reading & Writing: Strategies for Maximum Student Achievement	\$130
ETG-366	Differentiated Instruction in the Classroom	\$130
ETG-367	Guided Reading: Strategies for the Differentiated Classroom	\$130
ETG-368	Teaching Students with Learning Disabilities	\$130
ETG-369	Teaching Students with Autism: Strategies for Success	\$130
ETG-370	Response to Intervention: Reading Strategies That Work	\$130
ETG-371	Singapore Math Strategies: Model Drawing for Grades 1-6	\$130
ETG-372	Singapore Math: Number Sense and Computational Strategies	\$130
ETG-373	Writing for Children	\$130
ETG-383	Enhancing Language Development in Childhood	\$130

CHILD VISITATION MONITOR TRAINING

\$ Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is \$45-\$60 per hour. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. Upon completing the course, you will be able to begin working as an independent monitor which allows you to set your own schedule/hours, select which families you want to work with and decide what area you would like to work out of. You must be at least 21 years old and have a clean record to register for this course.

Instructor: Jazmin Mundo, 24 hours.

CS 326-01 M Oct. 7-21 8:30 a.m.-4:30 p.m. Fee: \$295
Class type: Synchronous "Live" Online
\$60 materials fee paid at time of registration.



APPLIED TECHNOLOGY AND HOSPITALITY MANAGEMENT



CERTIFICATE IN DRONE TECHNOLOGY AND APPLICATIONS (COMPLETE NC 328 AND NC 327)

INTRODUCTION TO DRONE TECHNOLOGY AND APPLICATIONS

Introduces small, remotely operated aircraft systems (drones), including applications, safety, maintenance, mission planning, flying, and data acquisition (multispectral images, photos, and videos). (Same as AERO 108, GEOG 108, FTMA 108, and ART 188).

No fee, 108 hours.

NC 328-602 W Aug. 21-Dec. 10 8:15 a.m.-12:25 p.m.

Class type: Hybrid

Location: SWC Chula Vista

Instructor: M. Truitt

Room: 60-249

No Class: 11/11, 11/25

NC 328-601 F Aug. 21-Dec. 10 8:35 a.m.-12:45 p.m.

Class type: Hybrid

Location: SWC Chula Vista

Instructor: M. Truitt & K. Yanow

Room: 60-249

REMOTE PILOT GROUND SCHOOL

Equips students with knowledge about the regulations and procedures governing the safe and legal operation of small remotely operated aircraft systems (sUAS), commonly referred to as "drones." Coincides with the knowledge areas in the Federal Aviation Administration's (FAA's) Part 107 knowledge test for a Remote Pilot Certificate. Intended to prepare students for the FAA written examination required for students to become commercial sUAS pilots. Instructor: K. Yanow. No fee, 18 hours.

NC 327-501 Aug. 21-Oct. 13

Class type: Online



5-WEEK ENERGY EFFICIENCY JOB TRAINING PROGRAM

Energy Auditor employers are looking for new employees and this training series prepares you to work in this exciting industry. These courses are intended for high school graduates, existing Southwestern College students, current energy auditors, adult learners and individuals looking to work, or currently working in small commercial-focused energy efficiency organizations. Sponsored by Willdan Energy Solutions, students who complete coursework will be prepared to pass industry certification exams needed to work in this industry.

Instructors: Clayton Gregory & with Ford. 60 hours.

LIGHTING SYSTEMS COURSE

🔌 Kickstart your career with this Clean Energy training course! The objective of this course is to improve energy efficiency knowledge related to available government and utility sponsored programs serving the residential, multi-family, and commercial sectors of the market. Accordingly, this training program strengthens your skills so you may assist customers with what have become standard technology upgrades, such as lighting, as well as more advanced technologies. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. These classes will also enable you to play a role in identifying and supporting cost-effective technology applications. Those passing the course will have the opportunity to become NALMCO-CALT (Certified Apprentice Lighting Technician) certified, which is a national industry certification.

30 hours.

CS 329-50 TTh Aug. 22-Sep. 21 6-9:00 p.m. Fee: \$149

Class type: Synchronous "Live" Online

HVAC SYSTEMS COURSE

🔌 Get on the fast track to a new career in the fast-growing field of energy efficiency. This course will prepare you to work by explaining the terminology and principles used in repairing and retrofitting systems and equipment used in HVAC – Heating, Ventilation, and Air Conditioning. Once trained in this area you can go on to work in clean energy as an auditor, project coordinator, field technician, administrative assistant, inspector, or sales representative. This course will also train you for the certification exam for the EPA 608, which is valuable for your resume. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. This fast-paced course will teach you to improve energy efficiency in buildings by learning the available government and utility-sponsored programs serving the residential, multi-family, and commercial sectors of the market.

CS 329-51 TTh Oct. 3-Nov. 2 6-9:00 p.m. Fee: \$149

Class type: Synchronous "Live" Online



APPLIED TECHNOLOGY AND HOSPITALITY MANAGEMENT



CERTIFICATE IN MANUFACTURING TECHNOLOGY

(COMPLETE NC 380, NC 381, NC 382, NC 383 AND NC 139)

EMPLOYMENT SKILLS FOR MANUFACTURING

Focuses on the importance of interpersonal skills, thinking skills and personal qualities in the Manufacturing Technology field. Focuses on topics such as work safety, integrity, customer service, creative/innovative thinking and problem solving. Enables students to compete in the global market.

Instructor: L. Schultz. No fee, 20 hours.

NC 381-01 F Oct. 20–Dec. 8 2–4:50 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
 No Class: 11/10, 11/24 Room: 34-101

ESSENTIAL SKILLS FOR MANUFACTURING

Introduces students to several skills needed in the manufacturing industry such as: print reading, CAD basics, workplace math review, and quality assurance basics. This is accomplished in a series of hourly related workshops.

Instructor: L. Schultz. No fee, 50 hours.

NC 380-50 F Aug. 25–Oct. 14 2–4:15 p.m.
Sat Aug. 25–Oct. 14 12–3:25 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 34-101

INTRODUCTION TO SOLID WORKS

Introduces the design process and knowledge of current technology software and manufacturing machines that help to produce finished designs. Focuses on the basics of building parts, dimensioning, tolerances, manufacturing drawings and assemblies.

Instructor: TBA. No fee, 40 hours.

NC 382-50 Sat Aug. 26–Dec. 9 8:40–11:15 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
 No Class: 11/25 Room: 34-101

OSHA 10-HOUR GENERAL INDUSTRY STANDARDS

Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card.

Instructor: TBA. No fee, 10.5 hours.

NC 139-51 Sat Aug. 26–Oct. 14 8:55–10 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
 \$8 materials fee paid at the time of registration. Room: 34-106

LEAN MANUFACTURING

Introduces methods for the elimination of waste within a manufacturing system. Addresses waste created through overburden and waste created through unevenness in the work loads.

Instructor: TBA. No fee, 30 hours.

NC 383-50 Sat Oct. 21–Dec. 9 12–4:10 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
 No Class: 11/25 Room: 34-101

CERTIFICATE IN NONPROFIT MANAGEMENT AND LEADERSHIP

\$ In the dynamic universe of nonprofits, the beacon of transformational leadership guides organizations to create substantial, enduring change. As the demarcation between achievement and insignificance narrows, a robust comprehension of management fundamentals evolves from being a bonus to a necessity. With that in mind, we present our 30-hour Nonprofit Leadership Certificate Program – an intensive, hands-on course crafted for those who are already in leadership roles or aspire to be in such positions within the nonprofit sector.

Collect Certified Fund-Raising Executive (CFRE) points as you progress through our specially designed course modules. Let our 30-hour Nonprofit Leadership Certificate Program (series of five 6-hour modules) serve as your springboard to a career in Nonprofit management. **Register for one module (\$275 each) or all 5 modules for \$1,250 (a 10% discount).**

Instructor: Victoria Philips

Module 1: Advanced Fundraising & Marketing Essentials
CS -331-01 Sat Sep. 23 10 a.m.–4:30 p.m. Fee: \$275
 Location: SWC Chula Vista
 Room: 55A-108

Module 2: Nonprofit Management in the 21st Century
CS -332-01 Sat Sep. 30 10 a.m.–4:30 p.m. Fee: \$275
 Location: SWC Chula Vista
 Room: 55A-108

Module 3: Strategic Planning, Leadership, and Nonprofit Management
CS -333-01 Sat Oct. 7 10 a.m.–4:30 p.m. Fee: \$275
 Location: SWC Chula Vista
 Room: 55A-108

Module 4: Nonprofit Finance, Program Evaluation, and Data Analysis
CS -334-04 Sat Oct. 14 10 a.m.–4:30 p.m. Fee: \$275
 Location: SWC Chula Vista
 Room: 55A-108

Module 5: Talent Management Leadership
CS -335-05 Sat Oct. 21 10 a.m.–4:30 p.m. Fee: \$275
 Location: SWC Chula Vista
 Room: 55A-108



ONLINE CAREER TRAINING PROGRAMS

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program through SWC's partnership with Ed2Go. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion. Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career. **Learn more at <http://careertraining.ed2go.com/swc>**

**PAYMENT
PLANS
AVAILABLE!**

Featuring classes such as:

Biofuel Production Operations

400 hours | \$2,595

The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

Certificate in Mediation and Arbitration

200 hours | \$3,495

This course provides you with the comprehensive training necessary for becoming a certified mediation or arbitration professional.

Certified Master Wedding and Event Planner

1000 hours | \$5,495

Get the training and support network you need to jumpstart your career in event planning. In this online certification course, you will work with real clients to gain knowledge, build your portfolio, and become a Certified Master Wedding and Event Planner.

Certified Wedding Planner

340 hours | \$1,595

This comprehensive course covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this course will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

Certified Indoor Environmentalist Preparation

32 hours | \$895

The Certified Indoor Environmentalist Program will help you take the next step in your career to become an indoor air quality or green building consultant. To better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems.

Certified Physical Therapy Aide (Voucher Included)

190 hours | \$1,995

This online course will help you master the skills you need to work as a physical therapy aide. Not only will you be prepared for the AMCA's Physical Therapy Technician/Aide certification exam, but an externship starter kit will also walk you through everything you need to know to land a PT aide externship.

Mastering Project Management

w/ Microsoft Project 2016

210 hours | \$1,695

Translate your knowledge into skills by exploring key project management topics in depth and prepare for the Project Management Professional (PMP®) certification.

Mastering Project Management w/ PMP Prep

150 hours | \$1,295

In this intermediate/advanced level program, you'll translate your knowledge into skills by exploring key project management topics in depth.

Oil Refinery Operations

400 hours | \$2,595

Learn the skills you need to start work as an in-demand oil refinery operator.

Pharmacy Technician (Voucher Included)

400 hours | \$2,495

Pharmacy technicians have become indispensable to the health care industry, and it's a great time to join this growing field. Through these Pharmacy technician classes you'll gain the skills and knowledge to qualify for entry-level positions in pharmacies and be prepared for national certification.

Power Plant Operations

400 hours | \$2,595

Learn the skills you need to gain entry-level employment as a power plant operator.

Project Management Essentials w/ CAPM Prep

100 hours | \$1,195

This program is designed for those who are new to project management and will help you prepare for the Certified Associate In Project Management (CAPM)® certification exam.

Senior Certified Sustainability Professional

110 hours | \$2,495

Are you prepared for an exciting career as a leader in the green-collar economy? By completing this premier online course, you'll establish yourself as a sustainable business professional.

The Complete Project Manager w/ Microsoft Project 2016

210 hours | \$2,295

This comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

The Complete Project Manager w/CAPM and PMP Prep

250 hours | \$1,995

This is a comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

Veterinary Assistant

225 hours | \$1,995

Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.



COLLEGE & CAREER READINESS

GROW YOUR BASIC SKILLS: Build the fundamental skills you need to advance your life, prepare for college and succeed in the workplace. Foundational courses are available in math, reading, and critical thinking, and more!





COLLEGE AND CAREER PLANNING

CAREER PLANNING ASSESSMENT

Utilizes a variety of assessment instruments and techniques to assess and identify interests, values, skills, aptitudes, learning styles, personality type, and goals as they relate to careers and the world of work.

Instructor: J. Reyes. No fee, 18 hours.

NC 56-80 F Sep. 1-Oct. 27 9-10:50 a.m.
Class type: Face-to-face Location: HECSY
Room: 5106

CAREER RESEARCH - USING THE INTERNET

Utilizes the Internet as an important tool in career planning, career research, and job search. Includes specific Internet sites, tips on the use of search engines, creating folders to keep track of useful sites, techniques to conduct career research, and considerations when applying for jobs online are explored.

Instructor: J. Reyes. No fee, 3 hours.

NC 88-501 Oct. 23-25
Class type: Online

COLLEGE READINESS

Provides students with an overview of campus resources and academic strategies needed to succeed in college, including identification of supportive services, introduction to study skills, financial aid, budgeting, time management, and learning enhancement strategies.

Instructor: J. Reyes. No fee, 4 hours.

NC 19-80 TTh Aug. 29-31 9-10:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 5206

COPING WITH JOB/CAREER CHANGE

Provides an awareness of the change process, the positive and negative factors affecting responses to change, and the development of effective coping strategies. Explores dealing with personal relationships when everything seems to be changing, and recognizing the opportunities change brings for personal and professional growth.

Instructor: J. Reyes. No fee, 3 hours.

NC 91-80 F Sep. 22 11 a.m.-1:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 5106

IDENTIFYING AND SHOWCASING YOUR TRANSFERABLE SKILLS

Provides job seekers with information and techniques to identify viable skills from their education, work, and life experiences, and shows them how those skills relate to their current career objectives. Topics include identifying different types of skills, the traits and skills that lead to employment, how to effectively communicate traits and skills to an employer, and identifying alternative ways of showcasing those skills.

Instructor: J. Reyes. No fee, 3 hours.

NC 89-80 F Sep. 15 11 a.m.-1:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5106

RETRAINING READINESS

Designed to assist the adult learner who has been away from school to prepare for the demands and expectations of vocational training. Topics include learning styles, time management, managing multiple roles and responsibilities, study and test preparation skills, goal setting, and community resources and services.

Instructor: J. Reyes. No fee, 6 hours.

NC 90-501 Oct. 31-Nov. 2
Class type: Online

NC 90-80 F Nov. 3-Dec. 1 9-10:50 a.m.
Class type: Face-to-face Location: HECSY
No Class: 11/10, 11/24 Room: 5106

USING YOUR FOREIGN DEGREE IN THE UNITED STATES

Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.

Instructor: J. Reyes. No fee, 3 hours.

NC 92-61 W Nov. 15 5:30-8:20 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 54A-107





READING SKILL DEVELOPMENT

A 'NOVEL' APPROACH TO COLLEGE & CAREER SUCCESS: PART 1 – READ & THINK

Develops fundamental analytical reading and critical thinking skills. Teaches literary devices to uncover implicit meaning in stories. Evaluates the novel from multi-disciplinary perspectives (e.g., cultural, historical, sociological, psychological, theological, political, and/or judicial lens).

Instructor: C. Nieves. No fee, 18 hours.

NC 158-700 Th Aug. 24–Sep. 21 5:30–7:20 p.m.
Class type: Synchronous "Live" Online

A 'NOVEL' APPROACH TO COLLEGE & CAREER SUCCESS: PART 2 – RESEARCH AND WRITE

Serves as part two of a three-course sequence. Develops basic research, reading and writing skills. Examines the stylistic structure of a novel and promotes creative expression by guiding students to compose a creative work. Reinforces college success skills, promotes growth mindset interventions, and enhances college readiness.

Instructor: C. Nieves. No fee, 18 hours.

NC 159-700 Th Sep. 28–Oct. 26 5:30–7:20 p.m.
Class type: Synchronous "Live" Online

A 'NOVEL' APPROACH TO COLLEGE & CAREER SUCCESS: PART 3 – REVISE, EDIT AND PRESENT

Serves as part three of a three-course sequence. Develops literacy and college success skills as students continue to revise and edit their stories and create their digital storyboards. Reinforces mindset and resiliency behaviors.

Instructor: C. Nieves. No fee, 18 hours.

NC 160-700 Th Nov. 2–Dec. 7 5:30–7:20 p.m.
Class type: Synchronous "Live" Online

JAZZ UP YOUR READING SKILLS!

Enhances reading skills through careful evaluation of popular and iconic song lyrics. Fosters critical thinking by identifying and justifying common literary elements, figurative devices, and rhetorical styles embedded in songs that reflect significant parts of history and popular culture.

Instructor: N. Cano. No fee, 18 hours.

NC 148-700 Th Sep. 21–Oct. 19 10–11:50 a.m.
Class type: Synchronous "Live" Online

FOR THE LOVE OF READING: ENHANCING LIFELONG READING SKILLS

Uses children's and young adult literature as tools to promote a love of reading and explore culturally responsive topics while concurrently developing academic readiness. Explores a variety of literary genres to develop a range of higher-order reading and thinking skills.

Instructor: O. Rayos. No fee, 18 hours.

NC 149-700 Th Oct. 26–Nov. 30 10–11:50 a.m.
Class type: Synchronous "Live" Online

READING BETWEEN THE LINES: IDENTIFYING HIDDEN MEANING

Develops critical reading and thinking skills by surveying a range of satirical, social, political, and persuasive images, cartoons, advertisements, and short editorials to identify their hidden meanings. Involves extensive practices in identifying and justifying rhetorical devices, manipulative techniques, and illogical reasoning methods.

Instructor: A. Moreno. No fee, 18 hours.

NC 150-700 Th Nov. 2–Dec. 7 10–11:50 a.m.
Class type: Synchronous "Live" Online



PREPARATORY COURSES

Learn more online and register at ed2go.com/swc

ETG-306	GRE Preparation–Part 1 (Verbal and Analytical)	\$130
ETG-307	GRE Preparation–Part 2 (Quantitative)	\$130
ETG-308	LSAT Preparation–Part 1	\$130
ETG-309	LSAT Preparation–Part 2	\$130
ETG-310	Grammar Refresher	\$130
ETG-318	GMAT Preparation	\$130
ETG-327	Writing Essentials	\$130
ETG-374	SAT/ACT Preparation – Part 1	\$130
ETG-375	SAT/ACT Preparation – Part 2	\$130
ETG-382	Resume Writing Workshop	\$130



MATH SKILL DEVELOPMENT

ALGEBRA REFRESHER LEVEL 1

Provides an individualized program of instruction to review various topics in Elementary Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra based exams.

No fee, 9 hours.

NC 146-501 **Aug. 28-Sep. 15**

Class type: Online

Instructor: K. Cliffe

NC 146-80 MW Sep. 11-25 12:30-2 p.m.

Class type: Face-to-face

Location: HECSY

Instructor: TBA

Room: 5207

NC 146-602 MW Sep. 18-Oct. 6 12-2:50 p.m.

Class type: Hybrid

Location: SWC Chula Vista

Instructor: M. Garcia

Room: 60-116

NC 146-503 Oct. 9-27

Class type: Online

Instructor: K. Cliffe

ALGEBRA REFRESHER LEVEL 2

Provides an individualized program of instruction to review various topics in Intermediate Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra based courses or exams.

No fee, 9 hours.

NC 147-501 **Aug. 28-Sep. 15**

Class type: Online

Instructor: K. Cliffe

NC 147-602 MW Sep. 18-Oct. 6 12-2:50 p.m.

Class type: Hybrid

Location: SWC Chula Vista

Instructor: M. Garcia

Room: 60-115

NC 147-80 MW Sep. 27-Oct. 11 12:30-2 p.m.

Class type: Face-to-face

Location: HECSY

Instructor: TBA

Room: 5207

NC 147-503 Oct. 9-27

Class type: Online

Instructor: K. Cliffe

MATH FOR ALLIED HEALTH

Focuses on math review for dosage calculations, conversion between different systems of measurement, dosage calculation and measurement, drug orders and labels, and intravenous calculations.

Instructor: P. Herrera. No fee, 9 hours.

NC 180-301 W Aug. 30-Oct. 18 3:40-5:30 p.m.

Class type: Face-to-face

Location: HECOM

Room: 4409

TRIGONOMETRY REFRESHER

Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.

Instructor: Y. Francis. No fee, 9 hours.

NC 1104-501 Aug. 28-Sep. 15

Class type: Online

NC 1104-502 Sep. 18-Oct. 6

Class type: Online





COMPUTERS SKILLS TO BEGIN OR ADVANCE YOUR CAREER

DEVELOPING HIGH-PERFORMANCE CHARTS IN MICROSOFT EXCEL

Reviews the basics of spreadsheet use: structure, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.

Instructor: N. Bartels. No fee, 12 hours.

NC 24-50 Sat Oct. 21-Dec. 2 9-10:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 11/25 Room: 55A-109

NC 24-E1 TTh Nov. 16-Dec. 7 12-1:50 p.m.
Class type: Face-to-face Location: CVLIB1
No Class: 11/23

INTRODUCTION TO COMPUTERS

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.

Instructor: R. Ojeda. No fee, 6 hours.

NC 1051-80 MW Sep. 11-18 10-11:50 a.m.
Class type: Face-to-face Location: HECSY
Room: 5201

INTRODUCTION TO KEYBOARDING

Teaches beginners how to keyboard correctly, accurately, faster, alphabetic keys, punctuation, numbers, and symbols.

Instructor: N. Bartels. No fee, 6 hours.

NC 200-80 F Sep. 29-Oct. 13 10-11:50 a.m.
Class type: Face-to-face Location: HECSY
Room: 5201

INTRODUCTION TO MICROSOFT OUTLOOK

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.

Instructor: R. Ojeda. No fee, 3 hours.

NC 199-80 W Sep. 20 9-11:30 a.m.
Class type: Face-to-face Location: HECSY
Room: 5201

INTRODUCTION TO MICROSOFT WORD

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word.

No fee, 12 hours.

NC 198-50 Sat Sep. 9-Oct. 14 9-10:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: N. Bartels Room: 55A-109

NC 198-80 W Oct. 4-Nov. 8 9-10:50 a.m.
Class type: Face-to-face Location: HECSY
Instructor: R. Ojeda Room: 5201



COMPUTER COURSES

Learn more online and register at ed2go.com/swc

ETG-200	Introduction to PC Troubleshooting	\$130
ETG-213	Basic CompTIA A+ Certification Prep	\$130
ETG-214	Intermediate CompTIA A+ Certification Prep	\$130
ETG-215	Advanced CompTIA A+ Certification Prep	\$130
ETG-218	Keyboarding	\$130
ETG-222	Introduction to PC Security	\$130
ETG-223	Introduction to Microsoft Project 2010	\$130
ETG-242	Introduction to Networking	\$130
ETG-243	Intermediate Networking	\$130
ETG-246	Introduction to SQL	\$130
ETG-247	Intermediate SQL	\$130
ETG-249	Introduction to C++ Programming	\$130
ETG-253	Wireless Networking	\$130





ENGLISH AS A SECOND LANGUAGE (ESL)

GROW YOUR LANGUAGE SKILLS: Improve your English skills in a safe and secure environment. Learn from faculty who care about your growth. Beginning to advanced classes are offered day, night and online.

ENGLISH AS A SECOND LANGUAGE





ENGLISH AS A SECOND LANGUAGE (ESL)



CERTIFICATE IN ENTRY LEVEL ESL (COMPLETE NC 108, NC 109 AND NC 110)

BASIC ESL I

Exposes English language learners to the first of three instructional levels of ESL for academic and everyday purposes. Introduces activities at a novice-low level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competence.

No fee, 32 hours.

NC 108-501 Aug. 21-Sep. 22

Class type: Online

Instructor: C. Ross

No Class: 9/4

NC 108-502 Aug. 21-Sep. 22

Class type: Online

Instructor: C. O'Gorman Fazzolari

No Class: 9/4

NC 108-E1 MW Aug. 21-Oct. 18 9-11:20 a.m.

Class type: Face-to-face

Instructor: S. Curington

No Class: 9/4, 9/25, 9/27, 10/2, 10/4, 10/9

NC 108-E3 TTh Aug. 22-Sep. 28 5:35-7:55 p.m.

Class type: Face-to-face

Instructor: F. Piovesan

NC 108-86 TTh Sep. 5-Oct. 10 5:30-8 p.m.

Class type: Face-to-face

Instructor: A. Moreno

Location: HECSY

Room: 5204

NC 108-E4 TTh Oct. 24-Dec. 7 9-11:20 a.m.

Class type: Face-to-face

Instructor: B. Zemlick

No Class: 11/21, 11/23

Location: SYSD2

BASIC ESL II

Exposes English learners to the second of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-mid level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competences.

No fee, 32 hours.

NC 109-E1 TTh Aug. 22-Oct. 12 9-11:20 a.m.

Class type: Face-to-face

Instructor: B. Zemlick

No Class: 9/26, 9/28

Location: SYSD1

NC 109-E2 W Aug. 23-Nov. 8 9-11:25 a.m.

Class type: Face-to-face

Instructor: N. Bartels

Location: BSLB

NC 109-581 Sep. 26-Oct. 31

Class type: Online

Instructor: TBA

NC 109-501 Sep. 26-Oct. 31

Class type: Online

Instructor: C. Ross





ENGLISH AS A SECOND LANGUAGE (ESL)

BASIC ESL III

Exposes English language learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing.

No fee, 32 hours.

NC 110-E4 T Aug. 29–Nov. 14 5–7:25 p.m.
Class type: Face-to-face Location: IBBL
Instructor: E. Rodriguez

NC 110-E2 TTh Oct. 10–Dec. 7 8:15–10:05 a.m.
Class type: Face-to-face Location: FCS
Instructor: N. Cano
No Class: 11/21, 11/23

NC 110-E7 TTh Oct. 12–Dec. 7 4–5:50 p.m.
Class type: Face-to-face Location: OMNL
Instructor: N. Ludden
No Class: 11/23

NC 110-E3 MW Oct. 23–Dec. 6 9–11:20 a.m.
Class type: Face-to-face Location: SYMS
Instructor: S. Curington
No Class: 11/20, 11/22

NC 110-581 Nov. 2–Dec. 7
Class type: Online
Instructor: C. O'Gorman Fazzolari
No Class: 11/10, 11/23, 11/24

NC 110-502 Nov. 2–Dec. 7
Class type: Online
Instructor: C. O'Gorman Fazzolari
No Class: 11/10, 11/23, 11/24

NC 110-503 Nov. 9–Dec. 13
Class type: Online
Instructor: C. O'Gorman Fazzolari
No Class: 11/10, 11/23, 11/24

TRANSITIONING TO COLLEGE ESL

Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways.

Instructor: B. Zemlick. No fee, 24 hours.

NC 220-401 F Sep. 15–Dec. 1 9–11:10 a.m.
Class type: Synchronous "Live" Online
No Class: 11/10, 11/24

COMPUTERS AND TECHNOLOGY FOR ESL

Provides the linguistic and basic technology skills English as a Second Language (ESL) learners need in order to be able to succeed in ESL classes and in everyday life skills. Prepares students linguistically to take college classes that use basic technology.

No fee, 18 hours.

NC 221-E2 TTh Aug. 22–Sep. 21 8:15–9:45 a.m.
Class type: Face-to-face Location: FCS
Instructor: F. Piovesan

NC 221-80 TTh Sep. 12–Oct. 10 12:30–2:20 p.m.
Class type: Face-to-face Location: HECSY
Instructor: F. Piovesan Room: 5201

NC 221-86 TTh Sep. 12–Oct. 10 6–7:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: C. Palumbo Room: 5201

NC 221-60 Sat Sep. 16–Nov. 11 10:30 a.m.–12:20 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: B. Zemlick
Room: 53A-108

CONVERSATION SKILLS AND AMERICAN CULTURE THROUGH SONGS, MOVIES, AND OTHER MEDIA

Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of culture in the United States through discussion and analysis of films, songs, and other forms of media. Recommended for students with novice-high proficiency or higher, according to California Pathways.

No fee, 24 hours.

NC 222-460 MW Aug. 28–Nov. 20 8–8:50 p.m.
Class type: Face-to-face/Synchronous "Live" Online
Instructor: C. O'Gorman Fazzolari

NC 222-01 MW Sep. 18–Dec. 6 10:40–11:30 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: E. Santana Room: 53A-108
No Class: 11/22



EXPLORATION AND PERSONAL GROWTH

KEEP GROWING: Join other lifelong learners in classes designed to help you build skills, achieve wellness, and find fulfillment. Classes are offered at a variety of locations throughout the community.



LIFE ENRICHMENT FOR OLDER ADULTS

AGING WITH GRACE, POWER AND A PLAN: A WOMAN'S PERSPECTIVE

Designed to enhance a woman's transition beyond midlife. Participants will map their own journey, using active exercises to build skills in making choices.

Instructor: E. DeLaMancha. No fee, 12 hours.

NC 97-80 F Oct. 6–Nov. 17 10–11:50 a.m.
 Class type: Face-to-face Location: HECSY
 No Class: 11/10 Room: 5205

ART THERAPY

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

Instructor: A. Bejarano. No fee, 12 hours.

NC 1053-E1 Th Sep. 7–Oct. 12 1:30–3:20 p.m.
 Class type: Face-to-face Location: IBSC

NC 1053-E7 F Sep. 8–Oct. 13 2–3:50 p.m.
 Class type: Face-to-face Location: OMNL

NC 1053-80 T Sep. 12–Oct. 17 9:45–11:35 a.m.
 Class type: Face-to-face Location: HECSY
 Room: 5210

NC 1053-75 Sun Sep. 17–Oct. 22 10:30 a.m.–12:20 p.m.
 Class type: Face-to-face Location: HECNC
 Room: 7203

NC 1053-E2 Th Oct. 19–Nov. 30 1:30–3:20 p.m.
 Class type: Face-to-face Location: IBSC
 No Class: 11/23

NC 1053-E11 F Oct. 20–Dec. 8 2–3:50 p.m.
 Class type: Face-to-face Location: OMNL
 No Class: 11/10, 11/24

NC 1053-81 T Oct. 31–Dec. 5 9:45–11:35 a.m.
 Class type: Face-to-face Location: HECSY
 No Class: 7/4 Room: 5210

BUDGET AND HOME ENERGY MANAGEMENT

Designed for individuals who would like to take control of their finances, and minimize debt and maximize savings and investments. Covers financial goal setting, money management, spending plan, expense recordkeeping, identity theft, credit and credit repair, ways to earn extra income, energy management, energy conservation, meter reading, and available community resources.

Instructor: R. Corpron. No fee, 5.5 hours.

NC 10-50 Sat Sep. 23 8 a.m.–1:15 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 37-106

COMMUNITY RESOURCES FOR OLDER ADULTS

Brings awareness to the older adult of the many resources and opportunities available in the community. Emphasizes resources for housing, employment, health and wellness, recreation, education, culture, transportation, legal services, social, and volunteer opportunities.

Instructor: E. DeLaMancha. No fee, 8 hours.

NC 1050-E1 T Sep. 5–26 10–11:50 a.m.
 Class type: Face-to-face Location: IBSC

NC 1050-80 MW Nov. 13–22 12:15–2:05 p.m.
 Class type: Face-to-face Location: HECSY
 Room: 5104

CREATING ART FROM EVERYDAY OBJECTS

Techniques to create gifts and decorations from common objects found around the home. Covers paper collage, basic stenciling, and some rubber stamping.

Instructor: A. Bejarano. No fee, 12 hours.

NC 1001-80 F Sep. 8–Nov. 3 9:45–11:35 a.m.
 Class type: Face-to-face Location: HECSY
 Room: 5210

NC 1001-75 Sat Sep. 23–Nov. 18 10:30 a.m.–12:15 p.m.
 Class type: Face-to-face Location: HECNC
 Room: 7202

GOSPEL CHOIR I

Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

Instructor: TBA. No fee, 72 hours.

NC 3081-01 TTh Aug. 22–Dec. 7 1:30–3:35 p.m.
 Class type: Face-to-face Location: SWC Chula Vista
 No Class: 11/23 Room: 85-101

NUTRITION AND HEALTH ISSUES – OLDER ADULTS

Planning and preparation of economical, well-balanced meals for one or two persons. Topics will include: special diet considerations, budgeting and shopping tips, consumer education, and nutrition information.

Instructor: TBA. No fee, 12 hours.

NC 33-80 MW Oct. 23–Nov. 8 12:15–2:05 p.m.
 Class type: Face-to-face Location: HECSY
 Room: 5104



LIFE ENRICHMENT FOR OLDER ADULTS

ORGANIZE YOUR LIFE AND HAVE MORE TIME FOR FUN

Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination.

Instructor: E. DeLaMancha. No fee, 12 hours.

NC 1015-75 Sat Sep. 2-23 12-2:50 p.m.
Class type: Face-to-face Location: HECNC
Room: 7203

PERSONAL DEVELOPMENT FOR OLDER ADULTS

Develops and enhances the emotional and psychological well-being in the older adult. Focuses on the following topics: aging in America; developing personal strength; confidence and assertiveness; staying socially engaged; coping with change and loss; adapting to new living situations; anger management; dealing with health concerns and limited independence; and substance abuse and other addictions.

Instructor: TBA. No fee, 36 hours.

NC 37-80 T Sep. 19-Nov. 14 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Room: 5104

RETIREMENT LIVING

Explores a broad range of important topics for retirees and older adults, including: health maintenance, consumer awareness, physical illness, estate planning, community resources, leisure time activities, and adapting to a new lifestyle.

Instructor: C. Alba. No fee, 12 hours.

NC 38-60 Sat Aug. 26-Sep. 30 10-11:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 39-106

NC 38-80 F Aug. 25-Sep. 29 10-11:50 a.m.
Class type: Face-to-face Location: HECSY
Room: 5205

BLUEPRINT FOR RETIREMENT

💰 Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.

Instructor: K. Bowie. 6 hours.

CS 175-60 Sat Oct. 7-14 9 a.m.-12 p.m. Fee: \$49
Class type: Face-to-face Location: SWC Chula Vista
Room: 54A-119

CS 175-61 W Oct. 11-18 6:30-9:30 p.m. Fee: \$49
Class type: Face-to-face Location: SWC Chula Vista
Room: 54A-119

**You may bring a guest, at no charge, to either class listed above.*



EXPLORATION AND PERSONAL GROWTH

Learn more online and register at ed2go.com/swc

FAMILY

ETG-321	Genealogy Basics	\$130
ETG-353	Helping Elderly Parents	\$130
ETG-357	Understanding Adolescents	\$130
ETG-363	Ready, Set, Read!	\$130

FINANCE

ETG-329	Where Does All My Money Go?	\$130
ETG-334	Personal Finance	\$130
ETG-345	Stocks, Bonds, and Investing: Oh My!	\$130
ETG-376	Introduction to Stock Options	\$130

LANGUAGE

ETG-311	Beginning Conversational French	\$130
ETG-324	Conversational Japanese	\$130
ETG-383	Enhancing Language Development in Childhood	\$130
ETG-305	Instant Italian	\$130
ETG-314	Speed Spanish	\$130
ETG-326	Speed Spanish II	\$130
ETG-356	Spanish for Medical Professionals	\$130
ETG-358	Spanish in the Classroom	\$130

ONLINE SALES

ETG-322	Learn to Buy and Sell on eBay	\$130
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PERSONAL GROWTH

ETG-328	Twelve Steps to a Successful Job Search	\$130
ETG-330	Get Assertive!	\$130
ETG-332	Leadership	\$130
ETG-333	Interpersonal Communication	\$130
ETG-337	Keys to Effective Communication	\$130
ETG-342	Achieving Success with Difficult People	\$130
ETG-351	Handling Medical Emergencies	\$130

PHOTOGRAPHY & DESIGN

ETG-319	Discover Digital Photography	\$130
ETG-323	Secrets of Better Photography	\$130
ETG-325	Photographing People with your Digital Camera	\$130
ETG-341	Introduction to Digital Scrapbooking	\$130
ETG-380	Introduction to Interior Design	\$130

WRITING

ETG-300	Write Fiction Like A Pro	\$130
ETG-301	The Craft of Magazine Writing	\$130
ETG-302	Beginning Writer's Workshop	\$130
ETG-303	Writing Effective Grant Proposals	\$130
ETG-304	A to Z Grant Writing	\$130
ETG-312	Writeriffic: Creativity Training for Writers	\$130
ETG-346	Introduction to Screenwriting	\$130
ETG-348	Fundamentals of Technical Writing	\$130
ETG-349	Keys to Effective Editing	\$130
ETG-352	Write Your Life Story	\$130



FITNESS AND WELLNESS

BODY DYNAMICS AND AGING PROCESS

Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability.

Instructor: C. Alba. No fee, 36 hours.

NC 34-80 MW Aug. 21-Dec. 6 11 a.m.-12:10 p.m.
Class type: Face-to-face Location: HECSY
No Class: 9/4 Room: 5104

NC 34-E4 Th Sep. 7-Nov. 2 8 a.m.-11:50 a.m.
Class type: Face-to-face Location: IBSC

TAI CHI

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages.

Instructor: J. Muren. No fee, 24 hours.

NC 32-E2 M Aug. 21-Dec. 4 10-11:20 a.m.
Class type: Face-to-face Location: SPPS
No Class: 9/4

NC 32-E7 M Aug. 21-Dec. 4 1-2:20 p.m.
Class type: Face-to-face Location: OMNL
No Class: 9/4

NC 32-80 Th Aug. 24-Dec. 7 10-11:20 a.m.
Class type: Face-to-face Location: HECSY
No Class: 11/23 Room: 5104

NC 32-E1 Sat Aug. 26-Dec. 2 9:20-10:45 a.m.
Class type: Face-to-face Location: SPPS
No Class: 11/25

NC 32-75 Sat Aug. 26-Dec. 2 11 a.m.-12:25 p.m.
Class type: Face-to-face Location: HECNC
Instructor: A. Brown Room: 7212
No Class: 11/25

PARENTING

CHILDBIRTH EDUCATION FOR EXPECTANT PARENTS (LAMAZE)

Prepares expectant parents for a positive childbirth experience. Instructs students on diverse methods of prepared childbirth, as well as demonstration and practice of essential and helpful exercises. Encourages childbirth partners/coaches, who are an integral part of the process, to attend and participate.

Instructor: R. Joselevitz. No fee, 20 hours.

NC 6-01 Sat Nov. 4-Dec. 2 9:30 a.m.-2:20 p.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 11/25 Room: 63A-101

TRAFFIC SCHOOL

TRAFFIC SCHOOL

\$ Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending Southwestern College's Traffic School. You must check in by 7:45am and remain for the entire 8-hour program to meet the DMV requirements.

Instructor: Paulino Leon.

ENGLISH

CS 17-51	Sat	8/26/23	8:00am to 4:00pm	Fee: \$40
CS 17-53	Sat	9/23/23	8:00am to 4:00pm	Fee: \$40
CS 17-54	Sat	10/7/23	8:00am to 4:00pm	Fee: \$40
CS 17-56	Sat	11/04/23	8:00am to 4:00pm	Fee: \$40

Class type: Face-to-face Location: Chula Vista Campus
Room: 59A-102

SPANISH

CS 17-50S	Sat	8/12/23	8:00am to 4:00pm	Fee: \$40
CS 17-52S	Sat	9/9/23	8:00am to 4:00pm	Fee: \$40
CS 17-55S	Sat	10/21/23	8:00am to 4:00pm	Fee: \$40
CS 17-57S	Sat	12/2/23	8:00am to 4:00pm	Fee: \$40

Class type: Face-to-face Location: Chula Vista Campus
Room: 59A-102



HEALTH AND BODY

Learn more online and register at ed2go.com/swc

ETG-317	Introduction to Natural Health and Healing	\$130
ETG-354	Lose Weight and Keep It Off	\$130
ETG-381	Start Your Own Edible Garden	\$130

FOR STEPS TO REGISTER REFER TO PAGE 4

Register early to reserve your seat.
www.swccd.edu/continuinged

A black and white photograph of a woman with long dark hair, wearing a dark zip-up jacket with a Southwestern College logo on the left chest. She is standing in a classroom, gesturing with her hands while holding a small object in her right hand. In the foreground, the backs of several students' heads are visible as they sit at desks with laptops. A presentation screen in the background shows a list of bullet points.

Grow your business

with high-quality, affordable, contract training

Southwestern College can partner with your company to provide customized training with high-quality instruction in key aspects of workforce development.

Quickly upskill your workforce, improve performance, and boost your bottom line with custom training tailored to the needs of your employees and organization. Scheduling is flexible and instruction can be offered at a location that meets your needs.

**For more information
call us at
619-482-6533 or email us at
Customizedtraining@swccd.edu**



SOUTHWESTERN COLLEGE

KEEP GROWING

CONTINUING EDUCATION



NEXT STEPS to Keep You Growing.

Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you're wondering what other education opportunities are offered at Southwestern College? Eligible, enrolled noncredit students can attend an orientation and meet with a counselor to explore NEXT STEPS, the education opportunities and services available through Southwestern College.

In NEXT STEPS, you can:

- Explore career options and choosing life/career goals
- Identify your current skill levels
- Make the transition to college
- Become aware of campus services and resources available
- Learn how to pay for college and financial assistance options
- Develop an educational plan

**Schedule your NEXT STEPS
appointment today!**

Contact the Continuing Education office at
(619) 482-6376 or continuinged@swccd.edu



KEEP GR^{OWING}
CONTINUING EDUCATION

This service is made available through Noncredit Student Services.



NONCREDIT APPLICATION

SOUTHWESTERN COLLEGE CONTINUING EDUCATION
 900 Otay Lakes Road, Bldg. #68-101, Chula Vista, CA 91910-7299
 619-482-6376 FAX 619-482-6402

CCC ID #: _____
 CHECK THE TERM THAT APPLIES:
☐ FALL
☐ SPRING
☐ SUMMER

*Noncredit courses are funded by local and state taxes. The information requested on this application **remains confidential and is required** to establish your eligibility to register in this publicly funded class. Thank you for your assistance*

☐ Returning Student |SWC ID #: _____

-PLEASE PRINT NEATLY AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS-

HOW DID YOU HEAR ABOUT US? (Please check all that apply)

- ☐ Continuing Education Schedule
 ☐ Continuing Education Facebook page
 ☐ Family or Friend
 ☐ Southwestern College Employee
 ☐ Southwestern College Website
☐ Other: (please explain) _____

LAST NAME

FIRST NAME

MIDDLE NAME

OTHER NAMES YOU HAVE USED SINCE BIRTH:

(Include nicknames, aliases, and maiden name, if applicable) _____

HOME ADDRESS (P.O. Box not acceptable)

CITY

STATE

ZIP CODE

MARITAL STATUS: (Please Check one)

☐ SINGLE

☐ DIVORCED OR WIDOWED

☐ MARRIED

☐ SEPARATED

☐ DECLINE TO STATE

HOME PH. () _____

E-MAIL :

CELL PH. () _____

BIRTHDATE

(Required)

____ / ____ / ____
 Mo. / Day / Year

____ / ____ / ____

☐ MALE

☐ FEMALE

☐ DECLINE TO STATE

SOCIAL SECURITY NUMBER

ETHNIC BACKGROUND: (Please Check one)

☐ HIS Hispanic/Latino

☐ NHIS Non-Hispanic/Latino

☐ X Unknown

RACE: (Please check all that apply) This information required by the Department of Education in compliance with Title VI, Civil Rights Act, 1964

- | | | | | |
|---------------------------------------|---|--|--|--|
| <input type="checkbox"/> 01. Chinese | <input type="checkbox"/> 05. Cambodian | <input type="checkbox"/> 09. Guamanian | <input type="checkbox"/> 13. Mex, MexAmer, Chicano | <input type="checkbox"/> 17. Filipino |
| <input type="checkbox"/> 02. Japanese | <input type="checkbox"/> 06. Vietnamese | <input type="checkbox"/> 10. Hawaiian | <input type="checkbox"/> 14. South American | <input type="checkbox"/> 18. Amer. Ind, Alask Native |
| <input type="checkbox"/> 03. Korean | <input type="checkbox"/> 07. Asian Indian | <input type="checkbox"/> 11. Samoan | <input type="checkbox"/> 15. Central American | <input type="checkbox"/> 19. Black, Non-Hispanic |
| <input type="checkbox"/> 04. Laotian | <input type="checkbox"/> 08. Other Asian | <input type="checkbox"/> 12. Pacific Islander /Other | <input type="checkbox"/> 16. Other Hispanic | <input type="checkbox"/> 20. White |

IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? (Check YES or NO)

☐ YES

☐ NO , specify language: _____

FAMILY INCOME: (Please check one)

- | | | | | |
|--|---|---|--|--|
| <input type="checkbox"/> 1. \$0-\$7,500 | <input type="checkbox"/> 4. \$15,001-\$16,000 | <input type="checkbox"/> 7. \$20,001-25,000 | <input type="checkbox"/> 10. \$35,001-\$40,000 | <input type="checkbox"/> 13. \$50,001 or above |
| <input type="checkbox"/> 2. \$7,501-\$10,000 | <input type="checkbox"/> 5. \$16,001-\$17,000 | <input type="checkbox"/> 8. \$25,001-30,000 | <input type="checkbox"/> 11. \$40,001-\$45,000 | <input type="checkbox"/> 14. Unknown |
| <input type="checkbox"/> 3. \$10,001-15,000 | <input type="checkbox"/> 6. \$17,001-\$20,000 | <input type="checkbox"/> 9. \$30,001-35,000 | <input type="checkbox"/> 12. \$45,001-\$50,000 | |

FAMILY SIZE: Number in your household including yourself (Check one)

- | | | | | | | | |
|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 3 | <input type="checkbox"/> 5 | <input type="checkbox"/> 7 | <input type="checkbox"/> 9 | <input type="checkbox"/> 11 | <input type="checkbox"/> 13 | <input type="checkbox"/> 15 |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 4 | <input type="checkbox"/> 6 | <input type="checkbox"/> 8 | <input type="checkbox"/> 10 | <input type="checkbox"/> 12 | <input type="checkbox"/> 14 | |

HIGH SCHOOL EDUCATION STATUS: (Please check all that apply)

- | | | |
|---|--------------------------|--|
| <input type="checkbox"/> 1. Not a high school graduate and not enrolled in high school | Highest level completed: | 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 2. Not a high school graduate and currently enrolled in Adult School | Highest level completed: | 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 3. Currently in high school and 2+2 program | Current Grade: | 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 4. Currently enrolled in high school | Current Grade: | 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> |
| <input type="checkbox"/> 5. U.S. High School diploma | Month & Year earned: | ____ / ____
Mo / Year |
| <input type="checkbox"/> 6. High School Equivalency Certificate (GED/HiSET) | Month & Year earned: | ____ / ____
Mo / Year |
| <input type="checkbox"/> 7. Certificate of California High School Proficiency (CHSPE) | Month & Year earned: | ____ / ____
Mo / Year |
| <input type="checkbox"/> 8. Foreign secondary/high school Diploma/Certificate | Month & Year earned: | ____ / ____
Mo / Year |

EDUCATION COMPLETED						
Technical/Certificate Yes <input type="checkbox"/> No <input type="checkbox"/>		Some College, No Degree (If YES, please check one) Yes <input type="checkbox"/> No <input type="checkbox"/> <div style="display: flex; justify-content: space-around; font-size: small;"> <input type="checkbox"/> Freshman <input type="checkbox"/> Junior </div> <div style="display: flex; justify-content: space-around; font-size: small;"> <input type="checkbox"/> Sophomore <input type="checkbox"/> Senior </div>		A.A. /A.S. Degree Yes <input type="checkbox"/> No <input type="checkbox"/>		
4-yr. College Graduate Yes <input type="checkbox"/> No <input type="checkbox"/>		Graduate Studies Yes <input type="checkbox"/> No <input type="checkbox"/>		Other Diploma/Degree Yes <input type="checkbox"/> No <input type="checkbox"/>		
I EARNED THE ABOVE OUTSIDE OF THE U.S. <input type="checkbox"/> YES <input type="checkbox"/> NO <i>Please indicate what level of education, diploma or degree was earned outside the United States and where:</i> _____						
ADULT SCHOOL SITE: (Please check all that apply and enter the date you last attended)						
<input type="checkbox"/> San Ysidro Adult School <div style="text-align: center; font-size: small;">Mo / Year</div>		<input type="checkbox"/> Chula Vista Adult School <div style="text-align: center; font-size: small;">Mo / Year</div>		<input type="checkbox"/> Coronado Adult School <div style="text-align: center; font-size: small;">Mo / Year</div>		
<input type="checkbox"/> Montgomery Adult School <div style="text-align: center; font-size: small;">Mo / Year</div>		<input type="checkbox"/> National City Adult School <div style="text-align: center; font-size: small;">Mo / Year</div>		Please indicate any Adult School you have attended in the State of California not on this list: _____		
HAVE YOU OR DO YOU CURRENTLY RECEIVE THE FOLLOWING TYPES OF ASSISTANCE? (Please check all that apply):						
Public Assistance / Welfare Yes <input type="checkbox"/> No <input type="checkbox"/>		TANF Yes <input type="checkbox"/> No <input type="checkbox"/>		WIOA TITLE I Yes <input type="checkbox"/> No <input type="checkbox"/>		
Food Stamps / CalFresh / SNAP Yes <input type="checkbox"/> No <input type="checkbox"/>		CalWorks Yes <input type="checkbox"/> No <input type="checkbox"/>		Medi-Cal / MediCare Yes <input type="checkbox"/> No <input type="checkbox"/>		
Social Security Yes <input type="checkbox"/> No <input type="checkbox"/>		Supplemental Security Income (SSI) Yes <input type="checkbox"/> No <input type="checkbox"/>		General Assistance (GA) Yes <input type="checkbox"/> No <input type="checkbox"/>		
WHAT IS YOUR PRIMARY GOAL AND YOUR SECONDARY GOAL FOR ATTENDING CONTINUING EDUCATION COURSES? (Select 1=Primary and 2=Secondary)	Get a better Job <input type="checkbox"/> 1 <input type="checkbox"/> 2		Improve Basic Skills <input type="checkbox"/> 1 <input type="checkbox"/> 2		Improve English Skills <input type="checkbox"/> 1 <input type="checkbox"/> 2	
	Prepare for Employment <input type="checkbox"/> 1 <input type="checkbox"/> 2		Retain Current Job <input type="checkbox"/> 1 <input type="checkbox"/> 2		Prepare to Enter College or Training <input type="checkbox"/> 1 <input type="checkbox"/> 2	
	Family Goal <input type="checkbox"/> 1 <input type="checkbox"/> 2		Prepare for U.S. Citizenship <input type="checkbox"/> 1 <input type="checkbox"/> 2		Prepare for Military Service <input type="checkbox"/> 1 <input type="checkbox"/> 2	
	Other Attainable Goal <input type="checkbox"/> 1 <input type="checkbox"/> 2		(Please explain): _____			
	PLEASE CHECK ALL THAT APPLY TO YOU:					Prepare to Earn High School Diploma / GED <input type="checkbox"/> 1 <input type="checkbox"/> 2
PLEASE CHECK ALL THAT APPLY TO YOU:	Cultural Barriers <input type="checkbox"/>		Dislocated Worker <input type="checkbox"/>		Displaced Homemaker <input type="checkbox"/>	
	Employed, With Termination Notice <input type="checkbox"/>		English Language Learner <input type="checkbox"/>		Ex-Offender <input type="checkbox"/>	
	Homeless <input type="checkbox"/>		Learning Disabled <input type="checkbox"/>		Long-term Unemployed <input type="checkbox"/>	
	Low Income <input type="checkbox"/>		Migrant Farmworker <input type="checkbox"/>		N/A <input type="checkbox"/>	
	Not Employed/ Not Seeking Work <input type="checkbox"/>		Physically Disabled <input type="checkbox"/>		Retired <input type="checkbox"/>	
	Single Parent <input type="checkbox"/>		Unemployed <input type="checkbox"/>		Veteran (U.S. Military) <input type="checkbox"/>	
SELECT ALL SPECIAL PROGRAMS YOU ARE CURRENTLY AFFILIATED WITH:	Corrections <input type="checkbox"/>		Family Literacy <input type="checkbox"/>		Non-traditional Training <input type="checkbox"/>	
	Special Needs <input type="checkbox"/>		Tutoring <input type="checkbox"/>		Workplace Education <input type="checkbox"/>	
	Rehabilitation <input type="checkbox"/>		Other: (please explain) _____			
SIGNATURE: _____ DATE: _____						
PLEASE REGISTER ME IN THE FOLLOWING NONCREDIT COURSES:						
Course Section Number		Name of Course			Start Date	
NC						
NC						
NC						
NC						
NC						
FOR OFFICE USE ONLY						
Service(s) provided at time of application: <div style="display: flex; justify-content: space-between; align-items: flex-start;"> <div style="text-align: center;"> (OR) <input type="checkbox"/> (AS) <input type="checkbox"/> (AD) <input type="checkbox"/> (SEP) <input type="checkbox"/> </div> <div style="text-align: center;"> (Circle one) NC SSSP EX NC EL </div> <div style="text-align: center;"> or </div> <div style="text-align: center;"> NEX NC NEL </div> </div>						



Say **Y.E.S.** to Growth!

Youth Excellence and Success Academy

SWC's Youth Excellence and Success (Y.E.S.) Academy offers a variety of summer, academic and enrichment programs to help 4th-12th grade students, parents, and caregivers grow.

Students enjoy a positive, early college experience where they try new things, learn new skills and challenge themselves in a college environment. Programs are available for all academic and creativity levels. Opportunities include:

4TH-9TH GRADE:

- "College for Kids" courses
- Writer's Café lunch supervision program

HIGH SCHOOL:

- Drone photography & photogrammetry
- Volunteering opportunities

PARENTS & CAREGIVERS:

- FREE "Parent University" workshops (offered in partnership with UCSD)

REGISTER NOW! CLASSES FILL FAST!

For more information call
619-421-6700 x5953 or visit
www.swccd.edu/yes to view a complete
list of course offerings and schedules.



KEEP GROWING
CONTINUING EDUCATION



SOUTHWESTERN COLLEGE

Continuing Education

900 Otay Lakes Road
Chula Vista, CA 91910-7299

Noncredit: Building 68-101
Fee-Based Courses/Traffic School/
Youth Programs: Building 59A-101

To request this schedule in alternate
media, please call (619) 482-6512 or
TTY (619) 482-6470.

ECRWSS
Postal Customer

PERIODICALS

CONTINUE TO EXPAND TO BUILD TO THRIVE

**FREE noncredit
certificates inside!**

- Career Development
- College and Career Readiness
- English as a Second Language
- Exploration and Personal Growth
- Youth Programs



SOUTHWESTERN COLLEGE

KEEP GROWING
CONTINUING EDUCATION

REGISTRATION IS NOW ONLINE!
Register early to reserve your seat.
www.swccd.edu/continuinged

