

Spring 2025 February 3-May 30 Continuing Education

KEEP GR#WING

Continuing Education: 900 Otay Lakes Road, Chula Vista, CA 91910-7299

Noncredit: Cesar E. Chávez Student Services Center, Building 68-101

Community Education Courses/Traffic School/Youth Programs: Building 59A-101

Register early to reserve your seat.

www.swccd.edu/ContinuingEd

SOUTHWESTERN COLLEGE'S

WELLNESS & AQUATICS COMPLEX CROWN COVE AQUATIC CENTER

SUMMER CAMP ACTIVITIES

Y.E.S. ACADEMY

900 Otay Lakes Road, Bldg. 59A-101, Chula Vista, CA 91910 Nancy Castro-Nieto, Coordinator, (619) 421-6700, ext 5953

REGISTER AT: www.swccd.edu/yes

MARK YOUR CALENDAR!

Registration opens April 2025





SOUTHWESTERN COLLEGE

WELLNESS & AQUATICS COMPLEX

Swim Lessons: swcswim@swccd.edu

SOL SwimTeam: jsalinas@swccd.edu & johagen@swccd.edu www.gomotionapp.com/team/cahfst/page/home

SOL Water Polo Club: jperez3@swccd.edu & ssokil@swccd.edu

SOL Diving: dkovar001@aol.com

Jaguar Aquatics Wellness & Sports 900 Otay Lakes Road, Bldg. 70 Chula Vista, CA 91910 Front Desk (619) 482-6327 Aquatics (619) 421-6700, ext. 5741

www.swcjaws.com



SOUTHWESTERN COLLEGE

CROWN COVE AQUATIC CENTER

5000 Highway 75, Coronado, CA 92118

Located at Silver Strand State Beach (619-575-6176)

REGISTER AT: www.swccd.edu/CrownCove

The Crown Cove Aquatic Center also offers a variety of options for <u>adults!</u>

- Classes (Hawaiian Outrigger Canoe; Kayaking; Stand Up Paddle Board; Surfing; Stand Up Paddle Board Yoga; and Sailing)
- Facility Rentals
- Employment Opportunities

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SOUTHWESTERN COLLEGE CONTINUING EDUCATION SCHEDULE

The Southwestern College Schedule (USPS #024423) is published two times a year in November and May by the Office of Advancement and Community Engagement and the Office of Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299.

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GOVERNING BOARD OF THE SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

Don Dumas, President Kristine Galicia Brown, Vice President Roberto Alcantar Robert Moreno Corina Soto Chris Chandler, Student Trustee, June 2024–May 2025 Mark Sanchez, Ed.D., Superintendent/President

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To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

New classes are always being added. For an up-to-date listing of classes, visit the Continuing Education section of the Southwestern College website: **www.swccd.edu/continuinged**

Your feedback, suggestions, and comments are welcomed. For Noncredit Email us at **continuinged@swccd.edu** For Community Education and Y.E.S. Academy Email us at **customizedtraining@swccd.edu**

MISSION STATEMENT

Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access and clear pathways to student success. Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/ global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation. Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education. GOVERNING BOARD APPROVED: MARCH 10, 2020

NON-DISCRIMINATION STATEMENT

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.

Complete your NONCREDIT application ONLINE or ON PAPER

Paper application can be found on page 37 and 38.

HOW TO APPLY AND REGISTER

All continuing education courses are open to the public and do not offer college credit.

NONCREDIT COURSES

All noncredit classes listed in the program are FREE. Nominal material fees may apply.

COMMUNITY EDUCATION COURSES

Classes with a fee are identified throughout the schedule with this icon: (§)



Complete your application

Complete or update your noncredit application at **www.tinyurl.com/swcopenccc**.

You can also pick up a paper copy of our noncredit application at any of our campus locations.



Check your personal email

After you have completed or updated your noncredit application online, you will receive an email within 24-48 hours with steps to activate your MySWC account.



Activate your account

Follow the steps in your email to activate your MySWC account. You will have access to your student SWC email as well as other campus links, including Student Self-Service. Once your account is activated, all SWC correspondence will be sent to your SWC email.



Register for courses

Register for courses online using Student Self-Service. To access Student Self-Service, login to your MySWC account, and select Register for Classes, select Term and select Noncredit for the Subject. Do NOT enter specific information about the course.



Visit our registration website

Visit our online registration website at **www.tinyurl.com/communityedswc**



Create your account

On the top right of the registration website, click on "Create Account". Once you create your account, you will be able to register for courses.



Find your courses

Search for courses using the "Course Search" features on the main landing page, or browse all fee-based courses by clicking on the menu tab on the left hand side of the webpage labeled "Community Education Classes". Course numbers for Community Education classes start with "CS."



Add courses to your cart

Once you find the course(s) that you are interested in, add them to your cart.



Checkout

When ready, select "Checkout". Answer any required questions, and enter your payment details. Once your checkout is complete, you will receive an email confirmation of your registration.

NEED HELP REGISTERING? CONTACT US!



Noncredit Courses:

900 Otay Lakes Road, Chula Vista, CA 91910 Cesar Chavez Building: 68-101

Phone: **(619) 482-6376**Email: continuinged@swccd.edu
Web: **www.swccd.edu/continuinged**



Community Education Courses/ Traffic School/Youth Programs:

900 Otay Lakes Road, Chula Vista, CA 91910 Building 59A-101

Phone: (619) 482-6533

Email: customizedtraining@swccd.edu Web: www.swccd.edu/continuinged

COURSE TYPES AND INFORMATION

NONCREDIT COURSES (NC)

Noncredit courses are open to the public and do not offer college credit. Courses are tuition-free. Nominal materials fees apply. [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.]

COMMUNITY EDUCATION (CS)

Some continuing education courses have a fee, and are classified as community education (denoted with § in course description) and are designated and authorized under Title 5. These programs are supported by a fee paid by participants.

ED2GO PARTNERSHIP @ed2go



We offer a wide range of highly interactive courses that you can take entirely online through Southwestern College's partnership with Ed2Go. These classes and programs are listed throughout the class schedule in each category's Ed2Go section. Classes are available in Self-Guided and Instructor-Moderated options. Requirements: All courses require Internet access, email and Google Chrome or Mozilla Firefox (some courses may have additional requirements. Visit the course page for more information). You will be able to download a certificate of completion at the end of each course. Fees are nonrefundable two weeks after the class starts. Costs vary by program. These courses do not offer college credit. Ed2Go Classes start:

To Register for Ed2Go classes or for more information you can do one of the following:

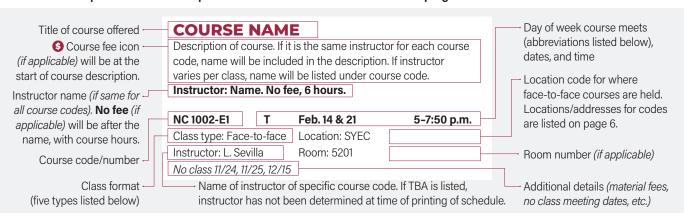
· careertraining.swccd.edu

Feb. 12, Mar. 12, Apr. 16, and May 14.

- www.ed2go.com/swc
- Or call (619)482-6533

HOW TO READ THE CLASS SCHEDULE

Below is an example of how to read important course schedule information in this program.



COURSE MEETING DAYS

Course Meeting Day Abbreviations: M: Monday | T: Tuesday | W: Wednesday | Th: Thursday | F: Friday | Sat: Saturday | Sun: Sunday Example: Class meets on Monday and Tuesday: MT. Class meets Saturday and Sunday: SatSun

CLASS FORMATS

Southwestern College Continuing Education classes are offered in four formats. Classes in all formats meet the same academic rigor and requirements. Pay careful attention to the class format to ensure you choose the class type most convenient for you and that will provide the best academic experience.

HYBRID CLASSES: Meet online and face-to-face for some of the time on the day(s) that the section is scheduled for. Students must complete related work in various other ways outside of these class meetings.

ONLINE CLASSES: Traditional (Asynchronous) type of online class with NO set meeting times; learning is not live, and class work is performed/ submitted in Canvas by weekly deadlines. Before the start of the class, the instructor will send you an email with instructions to access your online

FACE-TO-FACE CLASSES: Classes will be held on campus or at community locations. Please carefully review the location of the class for which you are registering.

SYNCHRONOUS "LIVE" ONLINE CLASSES: Meets virtually for all hours posted in the schedule.

SWC CAMPUS INFORMATION

CHULA VISTA Code: SWC Chula Vista

900 Otay Lakes Rd., Chula Vista, CA 91910 (619) 421-6700

HIGHER EDUCATION CENTER AT NATIONAL CITY Code: HECNC

880 National City Blvd., National City, CA 91950 (619) 216-6665

HIGHER EDUCATION CENTER AT OTAY MESA

Code: HECOM

8100 Gigantic St., San Diego, CA 92154 (619) 216-6750

HIGHER EDUCATION CENTER AT SAN YSIDRO

Code: HECSY

460 W. San Ysidro Blvd., San Ysidro, CA 92173 (619) 216-6790

CROWN COVE AQUATIC CENTER Code: CCAC

5000 Highway 75, Coronado, CA 92118 (619) 575-6176

VIEW CAMPUS MAPS ONLINE AT:

swccd.edu/about-swc/campus-maps-and-directions

CAMPUS PARKING

Vehicles parked on our Southwestern College campuses must have a valid virtual parking permit. We recommend that you obtain a permit and register your vehicle before arriving on campus. Registered students may purchase a semester virtual permit. Visitor permits are available for \$3/day or \$10/month. Once the online process is completed, your virtual parking permit will be active immediately. You can request a virtual parking permit by scanning the QR code or visiting **swc.thepermitstore.com**.

Learn more about campus parking regulations online at

swccd.edu/student-support/college-police/parking-services-and-enforcement.



NONCREDIT COMMUNITY CLASS LOCATIONS

Classes are also offered at multiple locations throughout the community, making it easier for you to find a class close to work or home. Class locations are listed in the course section information by CODE throughout the schedule.

BONITA

San Diego County Library-Bonita Sunnyside Branch Code: BSLB

4375 Bonita Road Bonita, CA 91902 (619) 475-4642

CHULA VISTA

Chula Vista Adult School Code: CVAS

1034 Fourth Avenue Chula Vista, CA 91911 Phone: (619) 796-7000

Chula Vista Public Library Code: CVLIB1

365 F Street Chula Vista, CA 91910 (619) 691-5069

Chula Vista Public Library Code: CVLIB2

389 Orange Avenue Chula Vista, CA 91911 (619) 585-5786

Chula Vista Public Works Code: CVPW

1800 Maxwell Road Chula Vista, CA 91911 (619) 397-6000

Feaster Charter School Code: FCS

670 Flower Street Chula Vista, CA 91910 (619) 422-8397

Harborside Elementary School

Code: HES

681 Naples Street Chula Vista, CA 91911 (619) 422-8369

Palomar Elementary School Code: PES

300 E Palomar Street Chula Vista, CA 91911 (619) 420-0134

St. Mark's Lutheran Church Code: SMLC

580 Hilltop Drive Chula Vista, CA 91910 (619) 427-5515

Sweetwater Union High School District -Parent Center Code: SWPC

466 Moss Street Chula Vista, CA 91911 (619) 934-8478

IMPERIAL BEACH

Imperial Beach Senior Center Code: IBSC

1075 8th Street Imperial Beach, CA 91932 (619) 424-7077

San Diego County Library -Imperial Beach Branch Code: IBBL

810 Imperial Beach Boulevard Imperial Beach, CA 91932 (619) 424-6981

Reach Out to Families Center Code: ROFC

1237 Elder Avenue Imperial Beach, CA 91932 (619) 628-5081

NATIONAL CITY

National City Adult School Code: NCAS

517 Mile of Cars Way National City, CA 91950 (619) 336-9400

SAN DIEGO/OTAY MESA

Montgomery Adult School Code: MAS

3240 Palm Avenue San Diego, CA 92154 (619) 600-3800

Otay Mesa -Nestor Branch Library Code: OMNL

3003 Coronado Avenue San Diego, CA 92154 (619) 424-0474

SAN DIEGO/ SPRING VALLEY

San Diego County Library -Spring Valley Branch Code: SVLB

836 Kempton Street Spring Valley, CA 91977 (619) 463-3006

SAN YSIDRO

San Ysidro Adult School Code: SYAS 4220 Otay Mesa Road San Ysidro, CA 92173 (619) 428-7200 San Ysidro Elementary School District -Parent Resource Center Code: SYSD1 4350 Otay Mesa Road San Ysidro, CA 92173 (619) 428-4476

GENERAL INFORMATION

CERTIFICATE OF COMPLETION

Some multi-session noncredit courses offer a Certificate of Completion. When applicable, students must attend all classes and meet certification requirements as established by the college.

CLASS CANCELLATION

Every attempt is made to avoid canceling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the college has advance notice that a class will be canceled, Continuing Education will attempt to reach you by the email address or phone number provided on your application.

REFUNDS

(APPLIES TO COMMUNITY EDUCATION COURSES ONLY)

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days before the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three-day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

REGISTRATION AND MATERIALS FEE

Registration fees are required for all community education classes. A materials fee may be required for some community education classes and noncredit classes. Please be prepared to pay these fees by credit/debit card at the time of registration.

INSTRUCTOR CLASS AND POLICY CHANGES

Sometimes, a qualified substitute instructor may replace the individual listed in the schedule. Class dates are also subject to change. When feasible, students will be notified of any changes before the class either by email or by phone. Check Self-Service for up to date noncredit class information and www.tinyurl.com/communityed.com for Community Education and Y.E.S. Academy classes.

DISCLAIMER

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus or department website for current information as well as any special rules or requirements imposed.

CAMPUS STUDENT ID CARDS (APPLIES TO NONCREDIT COURSES ONLY)

If you require a student ID card, please contact the Office of Student Activities at (619) 421-6700, ext. 5433 or by email at swcstudentactivities@swccd.edu.

The Office of Student Activities is where students can obtain their student ID card on the Chula Vista campus. Here are a few things to keep in mind when requesting an ID card:

- Only students currently enrolled and attending noncredit classes are eligible for student ID cards
- Student IDs can be requested virtually by filling out our online SWC ID Request Form, located on the Student Activities webpage. When your ID is ready, you'll receive an email with pick-up instructions.
- Student IDs can also be requested in person at the Office of Student Activities on the Chula Vista campus (Rm. 62A-114), or at any of the three Higher Education Centers (San Ysidro, Otay Mesa, & National City).

ADD AND DROP POLICY (APPLIES TO NONCREDIT COURSES ONLY)

Students are encouraged to apply and register five days prior to the start of the class in order to prevent class cancellation due to low enrollment. Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with three (3) consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

DIVERSITY INITIATIVE

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.



CAREER DEVELOPMENT

GROW YOUR CAREER: Find a new job or upgrade your current one with career certificate programs. Courses are offered day, night and online, and are designed to lead directly to high-demand occupations.



SPRING 2025



HEALTH AND PUBLIC SAFETY

For registration and information on CPR classes, please contact CCAC's Community CPR & First Aid Program Office at cpr4you@swccd.edu or by calling (619) 429-1669 or (619) 575-6176.

APPLIED BEHAVIORAL ANALYSIS (ABA) TRAINING FOR DIRECT SUPPORT PROFESSIONALS

Applied Behavior Analysis (ABA) training is crucial for those interested in starting their career in the fields of psychology, education, autism intervention, and behavioral therapy. This class will provide you with on-the-job skills and is intended for individuals interested in becoming behavior technicians and providers working with Autism Spectrum Disorder (ASD) populations. Whether in a classroom, clinical setting or at home, if you are looking to advance in the applied behavior analysis field, this training is for you!

Instructor: Karina Percival, MC BCBA LBA, 24 hours.

CS 441-62	MWSat	Feb. 3-Feb. 22	Fee: \$150
	MW	5-7:30 p.m.	
	Sat	10 a.m1 p.m.	

Class type: Face-to-face Location: SWC Chula Vista Room: 59A-102

CS 441-63	MWSat	Apr. 28-May 17	Fee: \$150
	MW	5-7:30 p.m.	
	Sat	10 a.m1 p.m.	

Class type: Face-to-face Location: SWC Chula Vista Room: 59A-102

BASIC FIRST AID AND ADULT CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace.

No fee, 8 hours.

NC 40-E1	Sat	Feb. 1	8:30 a.m4:40 p.m.
NC 40-E2	Sat	Mar. 15	8:30 a.m4:40 p.m.
NC 40-E3	Sat	Apr. 19	8:30 a.m4:40 p.m.
Instructor: L	Alvara	do	
NC 40-E4	Sat	May 7	8:30 a.m4:40 p.m.
Class type: Fa	ace-to-fa	ce	Location: CCAC
Instructor: D). Olivas		
NC 40-E5	Th	Jan. 16	8 a.m4:10 p.m.
NC 40-E6	Th	Feb. 20	8 a.m4:10 p.m.
NC 40-E7	Th	Mar. 20	8 a.m4:10 p.m.
NC 40-E8	Th	Apr. 17	8 a.m4:10 p.m.
NC 40-E9	Th	May 15	8 a.m4:10 p.m.
Class type: Fa	ace-to-fa	ce	Location: CVPW
Instructor: L	Alvara	do	

Required textbook: Heartsaver First Aid CPR AED (2020) (Book available onsite at CCAC for \$5) American Heart Association (AHA) course completion certificate is \$35. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.



HEALTH AND SAFETY

Learn more online and register at ed2go.com/swc

ETG-316	Medical Terminology: A Word Association Approach	\$135
ETG-331	Explore a Career as an Administrative Medical Assistant	\$135
	Become a Physical Therapy Aide Spanish for Medical Professionals	\$135 \$135

BASIC LIFE SUPPORT (BLS) INSTRUCTOR

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.

Instructor: B. Burdick, No fee, 16 hours.

Students must be approved by AHA Training Center via email at bburdick@swccd.edu at least 2 weeks prior to the course date.

NC 1039-E1 SatSun Feb. 22 & 23 8:30 a.m.-4:40 p.m.
Class type: Face-to-face Location: CCAC

CPR FOR THE HEALTHCARE PROVIDER

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association.

No fee, 9 hours.

NC 1007-E1 Sat	Feb. 8	8:30 a.m5:40 p.m.
Instructor: B. Burdick		
NC 1007-E2 Sat	Mar. 22	8:30 a.m5:40 p.m.
Instructor: J. Feliciano)	
NC 1007-E3 Sat	Apr. 26	8:30 a.m5:40 p.m.
Instructor: N. Cosby		
NC 1007-E4 Sat	May 24	8:30 a.m5:40 p.m.
Class type: Face-to-face	:	Location: CCAC

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive a course completion certificate. Required book: BLS Provider Manual 2020, (Book available at CCAC for \$20) American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.



CONSTRUCTION OSHA 10

Provides students training for entry-level OSHA 10-hour Construction Industry Standard certification. Provides information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA Construction Industry Standards card.

Instructor: TBA, No fee, 10.5 hours.

NC 141-E1	TWTh	Feb. 18-20	8:30-11:45 a.m.
Class type: F	ace-to-face		Location: CVAS
\$8 materials t	fee naid at th	e time of registration	

NC 141-E2	TWTh	Feb. 18-20	5-8:15 p.m.
Class type: F	ace-to-face		Location: CVAS
\$8 materials	fee paid at th	ne time of registration.	

NC 141-E3	MTW	Mar. 10-12	8:30-11:45 a.m.
Class type: F	ace-to-face	1	Location: CVAS
\$8 materials	fee paid at tl	he time of registration.	

NC 141-E4	MTW	Mar. 10-12	5-8:15 p.m
Class type: F	ace-to-face		Location: CVAS
\$8 materials t	fee paid at th	he time of registration.	

FIRST AID FOR PUBLIC SAFETY PERSONNEL—TITLE 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code. As per the new ARC guidelines all cards will be submitted in electronic format, students **must** provide an accurate email address to obtain course completion certifications.

Instructor: A. Binda, No Fee, 16 hours.

NC 15-E1	MTWTH	Mar. 3-6	5:30-9:20 p.m.
Class type: F	ace-to-face		Location: CCAC

LIFEGUARD TRAINING

"Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training. (Includes First Aid and CPR/PRO.)" As per the new Red Cross guidelines all cards will be submitted in electronic format, students **must** provide an accurate email address to obtain course completion certifications.

Instructor: A. Binda, No Fee, 36 hours.

NC 70-E1	Sat	Mar. 1 (SWC Aqua	8:30 a.m4:40 p.m. atic Complex)
	Sun	Mar. 2 (TBA)	8:30 a.m4:40 p.m.
	F	Mar. 7 (TBA)	5:30 p.m9:20 pm.
	Sat	Mar. 8 (SWC Aqua	8:30 a.m 4:40 p.m. atic Complex)
	Sun	Mar. 9 (SWC Aqua	8:30 a.m4:40 p.m. atic Complex)

Class type: Face-to-face Location: SWC Chula Vista



OPTICAL TECHNICIAN I

Provides participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

NC 311-76	MW	Feb. 10-Mar. 24	6-9:25 p.m.
Class type: F	ace-to-face		Location: HECNC
Instructor:	A. Ramirez		Room: 7204

NC 311-75 SatSun Mar. 1-30 8:30 a.m.-12:45 p.m.
Class type: Face-to-face Location: HECNC
Instructor: M. McCullough Room: 7204

SPRING 2025



OPTICAL TECHNICIAN II

The second part of a two part program that will provide participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides handson training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

NC 312-76MWApr. 9-May 196-9:25 p.m.Class type: Face-to-faceLocation: HECNCInstructor: A. RamirezRoom: 7204

NC 312-75 SatSun Apr. 12-May 11 8:30 a.m.-12:45 p.m.
Class type: Face-to-face Location: HECNC
Instructor: M. McCullough Room: 7204

OSHA 10-HOUR GENERAL INDUSTRY STANDARDS

Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card.

No fee, 10.5 hours.

NC 139-75 SatSun Feb. 8-9 8 a.m-1:05 p.m. Class type: Face-to-face Location: HECNC Instructor: D. Vera Room: 7203 \$8 materials fee paid at the time of registration.

NC 139-51 F Feb. 28-Mar. 28 2:30-4:20 p.m. Class type: Face-to-face Location: SWC Chula Vista Instructor: C. Ochoa Room: 34-106 \$8 materials fee paid at the time of registration.

NC 139-77 SatSun May 17-18 8 a.m-1:05 p.m.
Class type: Face-to-face Location: HECNC
Instructor: D. Vera Room: 7203
\$8 materials fee paid at the time of registration.

OSHA 30-HOUR CONSTRUCTION INDUSTRY STANDARDS

Provides students required training for supervisor-level OSHA 30-hour Construction Industry Standard certification with information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA Construction Industry Standards card.

Instructor: C. Ochoa, 30.5 hours.

NC 142-50 Sat Apr. 12-May 24 8 a.m.-12:10 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 39-106

OSHA 30-HOUR GENERAL INDUSTRY STANDARDS

Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card.

Instructor: TBA, No fee, 30.5 hours.

NC 140-75 Sat Feb. 22-Apr. 19 9 a.m.-12:30 p.m.
Class type: Face-to-face
No Class: 4/5 Location: HECNC
Room: 7203
\$8 materials fee paid at the time of registration



VETERINARY COURSES

Learn more online and register at ed2go.com/swc

ETG-338Become a Veterinary Assistant\$135ETG-339Become a Veterinary Assistant II:
Canine Reproduction\$135ETG-340Become a Veterinary Assistant III:
Practical Skills\$135

OXYGEN ADMINISTRATION FOR THE PROFESSIONAL RESCUER

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as; suction, oral and airway adjuncts, resuscitation masks, bag-valve-masks, and supplemental oxygen. Follows both the American Red Cross and the National Safety Council (Green Cross) guidelines. As per the new ARC guidelines all cards will be submitted in electronic format, students **must** provide an accurate email address to obtain course completion certifications.

Instructor: A. Binda, No Fee, 3 Hours

NC 1014-E1 M Mar. 10 5:30-8:30 p.m.
Class type: Face-to-face Location: SWC Chula Vista

PEDIATRIC SAFETY AND CPR

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and updated 2020 First Aid guidelines.

Instructor: B. Burdick. No fee, 8 hours.

NC 1022-E1	Sat	Mar. 8	8:30 a.m4:40 p.m.
NC 1022-E2	Sat	Apr. 12	8:30 a.m4:40 p.m.
NC 1022-E3	Sat	May 3	8:30 a.m4:40 p.m.
Class type: Fa	ce-to-face		Location: CCAC

Required textbook: Heartsaver Pediatric First Aid CPR AED (2020) (Book available onsite at CCAC for \$5) Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) course completion certificate is \$35. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

9 PHLEBOTOMY TECHNICIAN PROGRAM

Are you interested in a career as a healthcare professional with a flexible schedule and job security? Become a Phlebotomy Technician today! Phlebotomists earn an average base salary of \$50,255 among other benefits. Southwestern College has partnered with PhlebotomyU to provide our students with a California Department of Public Health (CDPH) approved phlebotomy training program. Students will be taught by industry leading instructors and will prepare you to pass the national exam required to become a certified Phlebotomy Technician I (CPT I). This course consists of 100 classroom hours including basic and advanced didactic instruction, practical skills training and test preparation for the national exam. This program consists of 8 weeks of instruction followed by a two-three week externship that will prepare you to start your career as a Phlebotomy Technician. Instructor: Phil Rey, PhlebotomyU

PAYMENT PLANS AVAILABLE!

Call (619) 482-6533 for more information.

CS 330-63 MWF Feb. 10-Apr. 18 5:30-9 p.m. Fee: \$2,174 Type of class: Face-to-face Location: SWC Chula Vista *No class 2/17 & 3/31* Room: 60-124

\$103 National Exam Fee and \$122 Background Check and Drug Screen Fee paid at time of registration

9 REGISTERED NURSE FIRST ASSISTANT-RNFA PROGRAM

PRESENTED BY:

The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

NATIONAL STANDARDS:

Registered Nurse First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

ELIGIBILITY:

RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.

RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advanced Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

MORE INFO:

Contact NIFA at 1-800-922-7747 or email: info@NIFA.com Mon.–Thurs., 7:30 a.m.–5 p.m., Fri. 7:30 a.m.–4 p.m.

To register visit **www.RNFA.org**Jennifer Curran RN, CNOR, CRNFA





SPRING 2025

BUSINESS



Certificate of Completion in Tax Preparation

(Complete NC 113 and NC 114)

TAX PREPARATION/INCOME TAX COURSE I

Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion.

Required textbooks: available at the Bookstore, to be purchased by the first day of class.

No fee, 30 hours.

NC 113-60TThFeb. 18-Mar. 205-7:50 p.m.Class type: Face-to-faceLocation: SWC Chula VistaInstructor: D. YagerRoom: 59A-102

NC 113-86 MW Feb. 24-Mar. 26 5-7:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: D. Yager Room: 5201

NC 113-75SatSunMar. 1-309-11:50 a.m.Class type: Face-to-faceLocation: HECNCInstructor: F. KasuleRoom: 7216

TAX PREPARATION/INCOME TAX COURSE II

Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required textbooks: available at the Bookstore, to be purchased by the first day of class. No fee, 30 hours.

NC 114-60 TTh Apr. 8-May 8 5-7:50 p.m. Class type: Face-to-face Location: SWC Chula Vista Instructor: D. Yager Room: 59A-102

NC 114-75 SatSun Apr. 12-May 11 9-11:50 a.m.
Class type: Face-to-face Location: HECNC

Instructor: F. Kasule Room: 7216

NC 114-86 MW Apr. 14-May 14 5-7:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: D. Yager Room: 5201

BUSINESS, CUSTOMER SERVICE



Certificate of Completion

(Complete three of the following courses: (NC 1070, NC 1073, NC 1074)

CUSTOMER SERVICE: DECISION MAKING AND PROBLEM SOLVING

Explores techniques for making business decisions and solving problems. Introduces decision-making styles and when each style might be applied. Reviews how to assess a situation, prioritize the urgency of tasks, and select the steps for successful completion.

Instructor: M. Duella, No fee, 6 hours.

NC 1070-E2 M Feb. 3-10 4-6:50 p.m. Class type: Face-to-face Location: MAS

CUSTOMER SERVICE: TEAM BUILDING

Explores how working as teams in business can increase productivity, enhance project management, reduce business conflicts, and create superior customer service. Identifies team opportunities that can be applied to your company. Examines the "roles" in a team and how to be both a leader and team player. Provides practice of new skills in typical business scenarios.

Instructor: M. Duella, No fee, 6 hours.

NC 1074-E1 Th Feb. 27-Mar. 6 4-6:50 p.m.
Class type: Face-to-face Location: NCAS

CUSTOMER SERVICE: THE RIGHT ATTITUDE

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

Instructor: M. Duella, No fee, 6 hours.

NC 1073-E1 Th Apr. 17-24 4-6:50 p.m. Class type: Face-to-face Location: MAS





MANAGEMENT AND BUSINESS

Learn more online and register at ed2go.com/swc

ETG-628	Purchasing Fundamentals	\$140
ETG-629	Project Management Fundamentals	\$140
ETG-630	Business Finance for Non-Finance	
	Personnel	\$140
ETG-631	Administrative Assistant Fundamentals	\$140
ETG-632	Fundamentals of Supervision &	
	Management	\$140
ETG-633	Effective Business Writing	\$140
ETG-634	Business and Marketing Writing	\$140
ETG-639	Real Estate Investing	\$140
ETG-643	Individual Excellence	\$140
ETG-646	Fundamentals of Supervision	
	& Management II	\$140
ETG-651	Understanding the Human Resources	
	Function	\$140
ETG-653	Total Quality Fundamentals	\$140
ETG-654	Project Management Applications	\$140

BUSINESS, COMMUNICATION, DESIGN AND MEDIA

SEMINAR STATE NOTARY PUBLIC

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours.

CS 14-66 Sat Feb. 8 8 a.m.-4 p.m. Fee: \$80 Class type: Face-to-face Location: SWC Chula Vista Room: 83-105

\$49 materials fee paid at time of registration.

*Optional State exam scheduled 4–6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order. CS 14-67 Sat May 3 8 a.m.-4 p.m. Fee: \$80 Class type: Face-to-face Location: SWC Chula Vista Room: 83-105

\$49 materials fee paid at time of registration.

*Optional State exam scheduled 4–6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order made payable to Secretary of State.

O LOAN SIGNING-NOTARY PUBLIC SEMINAR

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in the career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor. This course is for you if you are a notary public, are in the process of becoming a notary public or are just interested in taking the course for personal interest or for self-improvement. If you are planning to become a Notary Public, you must take the California State Notary Public Seminar.

Instructor: Thomas Peavyhouse, 7 hours.

CS 143-65 Sun Feb. 9 9 a.m.-4 p.m. Fee: \$80 Class type: Face-to-face Location: SWC Chula Vista Room: 83-105

\$79 materials fee paid at time of registration.

CS 143-66 Sun May 4 9 a.m.-4 p.m. Fee: \$80 Class type: Face-to-face Location: SWC Chula Vista Room: 83-105

\$79 materials fee paid at time of registration.



SPRING 2025



SMALL BUSINESS

Learn more online and register at ed2go.com/swc

ETG-400	Start and Operate Your Own	4400
	Home-Based Business	\$130
ETG-401	Marketing Your Business on the Internet	\$135
ETG-402	Starting a Nonprofit	\$135
ETG-403	Marketing Your Nonprofit	\$135
ETG-404	Creating a Successful Business Plan	\$135
ETG-405	Starting a Consulting Practice	\$130
ETG-406	Start Your Own Small Business	\$130

MAKE EXTRA INCOME AS A WHOLESALE AUTO DEALER FROM HOME

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours.

CS 257-64 WTh Feb. 12-13 6-9:30 p.m. Fee: \$95 Class type: Synchronous "Live" Online \$25 materials fee paid at the time of registration.

CS 257-65 MT May 12-13 6-9:30 p.m. Fee: \$95 Class type: Synchronous "Live" Online \$25 materials fee paid at the time of registration.

S VOICE OVERS-NOW IS YOUR TIME!

In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how to begin using your speaking voice for commercials, films and videos! In this class you will learn about unique, part-time-careers that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for.

Instructor: Justine Reiss, 2 hours

CS 148-64 M Apr.14 6:30-8:30 p.m. Fee: \$50 Class type: Online

INTERNET AND WEB DESIGN

Learn more online and register at ed2go.com/swc



	9	
ETG-101	Creating Web Pages	\$135
ETG-104	Introduction to CSS3 and HTML5	\$135
ETG-106	Introduction to PHP and MySQL	\$135
ETG-107	Introduction to Java Programming	\$135
ETG-108	Intermediate CSS3 and HTML5	\$135
ETG-109	Intermediate JAVA Programming	\$135
ETG-111	Achieving Top Search Engine Positions	\$135
ETG-112	Advanced Web Pages	\$135
ETG-114	Blogging and Podcasting for Beginners	\$135
ETG-116	Designing Effective Websites	\$135
ETG-124	Creating Mobile Apps with HTML5	\$135
ETG-125	Creating WordPress Websites	\$135
ETG-224	Photoshop CC for the Digital	
	Photographer	\$130

EDUCATION, HUMANITIES, SOCIAL AND BEHAVIORAL SCIENCES

A CAREGIVER'S GUIDE TO SCHOOL-AGE CHILDREN

Introduces to caregivers, childcare trainees, and parents/guardians the developmental milestones and appropriate expectations for school-age children. Identifies children's social-emotional needs, physical growth/health and how best to support success in their education.

Instructor: P. Sabio, No fee, 12 hours.

NC 206-E1 W Feb. 5-Mar. 12 8:15-10:05 a.m.
Class type: Face-to-face Location: FCS

A CAREGIVER'S GUIDE TO TEENS

Summarizes the developmental needs and milestones of teens (pre-teen to 18 years old) for caregivers, childcare trainees, and parents/ guardians. Examines the social world, ever changing emotional needs, ways to maintain open and frequent communication and ways to set appropriate boundaries that both protect and allow for reasonable freedom.

Instructor: TBA, No fee, 12 hours.

NC 207-E1 W Feb. 5-Mar. 12 5:30-7:20 p.m.
Class type: Face-to-face Location: FCS

NC 207-E2 T Apr. 15-May 20 5-6:50 p.m.
Class type: Face-to-face Location: SWPC



Training Opportunities for those with Disabilities

INDEPENDENCE, SOCIAL, AND STUDY STRATEGIES

Addresses the needs of college students with autism. Assists students in developing skills and knowledge necessary to reach their educational objectives. Emphasizes time management strategies, information on campus resources, stress management techniques, study skills, and effective communication strategies.

Instructor: TBA, No fee, 32 hours.

NC 105-01 W Feb. 5-May 28 1:30-3:20 p.m. Class type: Face-to-face Location: SWC Chula Vista No Class: 4/2 Room: 59A-102

STEPPING STONES TO SUCCESS IN THE WORKPLACE

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.

Instructor: M. Pacheco, No fee, 32 hours.

NC 103-401 Th Feb. 6-May 29 10-11:50 a.m. Class type: Synchronous "Live" Online
No Class:4/3

S CHILD VISITATION MONITOR TRAINING COURSE

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is \$45-\$60 per hour. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. Upon completing the course, you will be able to begin working as an independent monitor which allows you to set your own schedule/hours, select which families you want to work with and decide what area you would like to work out of. You must be at least 21 years old and have a clean record to register for this course.

Instructor: Jazmin Mundo, 24 hours.

CS 326-65 ThFSat Feb. 27-Mar. 1 8:30 a.m.-4:30 p.m.Fee: \$295 Class type: Face-to-face Location: SWC Chula Vista Room: 59A-102

\$60 materials fee paid at time of registration.



EDUCATION COURSES

Learn more online and register at ed2go.com/swc

ETG-344 ETG-358	Solving Classroom Discipline Problems Spanish in the Classroom	\$130 \$130
ETG-359 ETG-360	Creating a Classroom Web Site Teaching Preschool:	\$130
	A Year of Inspiring Lessons	\$130
ETG-361	The Creative Classroom	\$130
ETG-362	Teaching Smarter With SMART Boards	\$130
ETG-364	Teaching Students with ADHD	\$130
ETG-365	Guided Reading & Writing: Strategies	
	for Maximum Student Achievement	\$130
ETG-366	Differentiated Instruction in the	
	Classroom	\$130
ETG-367	Guided Reading: Strategies for the	
	Differentiated Classroom	\$130
ETG-368	Teaching Students with	
	Learning Disabilities	\$130
ETG-369	Teaching Students with Autism:	
	Strategies for Success	\$130
ETG-370	Response to Intervention:	
	Reading Strategies That Work	\$130
ETG-371	Singapore Math Strategies:	
	Model Drawing for Grades 1–6	\$130
ETG-372	Singapore Math: Number Sense	
	and Computational Strategies	\$130
ETG-373	Writing for Children	\$130
ETG-383	Enhancing Language Development in Childhood	\$130

APPLIED TECHNOLOGY AND HOSPITALITY MANAGEMENT



Certificate of Completion in Drone Technology and Applications

(Complete NC 328 and NC 327)

DRONE AERIAL PHOTOGRAPHY & CINEMATOGRAPHY

Provides beginning to intermediate uses of remotely operated vehicles for digital imaging, photography, and cinematography. Covers safety precautions, team collaboration, intelligent mission planning, common video movements, high resolution image capture, and editing. (Same as ART 217, FTMA 217)

Instructor: M. Truitt, No Fee, 108 hours.

 NC 217-01
 TTh
 Feb. 4-May 29
 8:15-11:25 a.m.

 Class type: Face-to-face
 Location: SWC Chula Vista

 No Class: 4/1, 4/3
 Room: 52-104

SPRING 2025



INTRODUCTION TO DRONE TECHNOLOGY AND APPLICATIONS

Introduces small, remotely operated aircraft systems (drones), including applications, safety, maintenance, mission planning, flying, and data acquisition (multispectral images, photos, and videos). (Same as AERO 108, GEOG 108, FTMA 108, and ART 188).

Instructor: M. Truitt, No Fee, 108 hours.

NC 328-601 F Class type: Hybrid No Class: 4/1 Feb. 3-May 30 8:35 a.m.-12:45 p.m. Location: SWC Chula Vista Room: 60-249

PLANT AND HORTICULTURE SCIENCE

Emphasizes the study of plant structures, physiology, taxonomy, growth processes, propogation and growth media, plant-soil-climate relationships, and the importance of plants for food, and ornamental purposes. (Same as LNT 100)

Instructor: TBA, No Fee, 108 hours.

NC 3072-01 M Feb. 3-May 30 8:25-11:35 a.m. W Feb. 3-May 30 8:25-11:35 a.m.

Class type: Face-to-face Location: SWC Chula Vista No Class: 2/17, 3/31, 4/2, 5/26 Room: 40-103

REMOTE PILOT GROUND SCHOOL

Equips students with knowledge about the regulations and procedures governing the safe and legal operation of small remotely operated aircraft systems (sUAS), commonly referred to as "drones." Coincides with the knowledge areas in the Federal Aviation Administration's (FAA's) Part 107 knowledge test for a Remote Pilot Certificate. Intended to prepare students for the FAA written examination required for students to become commercial sUAS pilots.

Instructor: K. Yanow, No fee, 18 hours.

NC 327-501 Feb. 3-28

Class type: Online No class: 2/14, 2/17

S ENERGY EFFICIENCY JOB TRAINING PROGRAM

Energy Auditor employers are looking for new employees and this training prepares you to work in this exciting industry. These synchronous "live" online courses are intended for high school graduates, existing Southwestern College students, current energy auditors, adult learners and individuals looking to work or currently working in small commercial-focused energy efficiency organizations. Upon completing this program you will have the ability to recognize the customer's Lighting & HVAC needs, systems, opportunities and how these opportunities may relate to other key-success aspects of the business. Sponsored by Willdan Energy Solutions, students who complete coursework will receive support in resume building, job opportunities and will be prepared to pass industry certification exams needed to work in this industry.

Instructors: Willdan Energy Solutions, 60 hours

POTENTIAL SCHOLARSHIPS AVAILABLE!

Call 619-482-6533 for details



HVAC SYSTEMS COURSE (30 HOURS)

Get on the fast track to a new career in the fast-growing field of energy efficiency. This course will prepare you to work by explaining the terminology and principles used in repairing and retrofitting systems and equipment used in HVAC - Heating, Ventilation, and Air Conditioning. Once trained in this area you can go on to work in clean energy as an auditor, project coordinator, field technician, administrative assistant, inspector, or sales representative. This course will also train you for the certification exam for the EPA 608, which is valuable for your resume. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. This fast-paced course will teach you to improve energy efficiency in buildings by learning the available government and utility-sponsored programs serving the residential, multi-family, and commercial sectors of the market.

CS 336-62 TTh Feb. 25-Mar. 25 5-8 p.m. Fee: \$149 Class type: Synchronous "Live" Online

S LIGHTING SYSTEMS COURSE (30 HOURS)

Kickstart your career with this Clean Energy training course! The objective of this course is to improve energy efficiency knowledge related to available government and utility sponsored programs serving the residential, multi-family, and commercial sectors of the market. Accordingly, this training program strengthens your skills so you may assist customers with what have become standard technology upgrades, such as lighting, as well as more advanced technologies. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. These classes will also enable you to play a role in identifying and supporting cost-effective technology applications. Those passing the course will have the opportunity to become NALMCO-CALT (Certified Apprentice Lighting Technician) certified, which is a national industry certification.

CS 337-62 TTh Apr. 8-May 6

5-8 p.m. Fee: \$149

Class type: Synchronous "Live" Online



S AUTOMOTIVE TIRE SERVICE TRAINING PROGRAM

Start your career in the automotive industry with our Basic Automotive Tire Service Training Program! Jobs are currently available at many local employers such as Pep Boys, DIscount Tire, O'reilly and many other shops. This is a Tire Industry Association (TIA) skills (200-level) training and certificate program where you will learn the foundations of servicing tire and wheel assemblies. You will learn how to identify tire markings, tire and wheel removal and inspection, balance assembly and repair and much more. This is great for beginners or anyone interested in working in the auto servicing or repair industry. All students who successfully pass the program will be awarded a certificate from (TIA) that shows training in basic automotive tire service.

Instructor: Greg Howe, 9 hours

CS 338-60 Sat Apr. 12-26 9 a.m.-12 p.m. Fee: \$160

Class type: Face-to-Face Location: SWC Chula Vista Boom: 47A-105

\$40 materials fee paid at time of registration.



Certificate of Completion in Manufacturing Technology

(Complete NC 380, NC 381, NC 382 NC 383 and NC 139)

EMPLOYMENT SKILLS FOR MANUFACTURING

Focuses on the importance of interpersonal skills, thinking skills and personal qualities in the Manufacturing Technology field. Focuses on topics such as work safety, integrity, customer service, creative/innovative thinking and problem solving. Enables students to compete in the global market.

Instructor: N. Ortiz, No fee, 20 hours.

NC 381-01 F Apr. 18-May 30 2-4:30 p.m.
Class type: Face-to-face Location: SWC Chula Vista

Room: 34-101

ESSENTIAL SKILLS FOR MANUFACTURING

Introduces students to several skills needed in the manufacturing industry such as: print reading, CAD basics, workplace math review, and quality assurance basics. This is accomplished in a series of hourly related workshops.

Instructor: L. Schultz, No fee, 50 hours.

NC 380-50 Sat Feb. 8-Apr. 12 11:35 a.m.-5:25 p.m.

Class type: Face-to-face Location: SWC Chula Vista No Class: 2/15, 4/5 Room: 34-101

INTRODUCTION TO SOLID WORKS

Introduces the design process and knowledge of current technology software and manufacturing machines that help to produce finished designs. Focuses on the basics of building parts, dimensioning, tolerances, manufacturing drawings and assemblies.

Instructor: S. Montano, No fee, 40 hours.

 NC 382-50
 Sat
 Feb. 8-May 24
 8:40-11:10 a.m.

 Class type: Face-to-face
 Location: SWC Chula Vista

 No Class: 2/15, 4/5
 Room: 34-101

LEAN MANUFACTURING

Introduces methods for the elimination of waste within a manufacturing system. Addresses waste created through overburden and waste created through unevenness in the work loads.

Instructor: N. Ortiz, No fee, 30 hours.

NC 383-50 Sat Apr. 19-May 24 11:35 a.m.-4:15 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 34-101

© CERTIFICATE IN NONPROFIT MANAGEMENT

Lead the way to justice and change! Learn essential tools and frameworks of nonprofit management, including board development, financial management, fundraising, marketing, program evaluation, and nonprofit law. All taught through a cutting-edge program that equips you with the skills to carry out your mission and support your cause and community in the most effective ways. In this Nonprofit Management program, you'll acquire a comprehensive understanding of their best practices in nonprofit management and frameworks that will help you build more equitable, effective organizations.

Instructor: Victoria Philips

CS 336-64 Sat Mar. 8-Apr. 12 9-11 a.m. Fee: \$335 Class type: Synchronous "Live" Online

CS 336-65 Th Apr. 17-May 22 5:30-7:30 p.m. Fee: \$335 Class type: Synchronous "Live" Online

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ONLINE CAREER TRAINING PROGRAMS Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program through SWC's partnership with Ed2Go. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion. Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career. Learn more at **careertraining.swccd.edu or ed2go.com/swc**

FEATURING CLASSES SUCH AS:

BIOFUEL PRODUCTION OPERATIONS

400 hours | \$2,595

The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

REGISTERED BEHAVIOR TECHNICIAN TRAINING (VOUCHER INCLUDED) 45 hours | \$995

The focused Registered Behavior Technician Training course will provide you with the essential skills and knowledge to meet the 40-hour training component, which is one of the requirements by the Behavior Analyst Certification Board (BACB) to become an RBT.

PHARMACY TECHNICIAN (VOUCHER INCLUDED) 400 hours | \$2,995

Prepare for a career as a pharmacy technician. This immersive course will train you to work as a pharmacy technician and prepare you for the Pharmacy Technician Certification Exam (PTCE) to obtain the Certified Pharmacy Technician (CPhT) credential from the Pharmacy Technician Certification Board (PTCB).

CERTIFIED WEDDING PLANNER 340 hours | \$1,595

This comprehensive course covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this course will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

STERILE PROCESSING TECHNICIAN (VOUCHER INCLUDED 190 hours | \$2,795

Prepare for a career as a Sterile Processing Technician (SPT). This immersive course will train you to work as an SPT and prepare you for the Certified Registered Central Service Technician (CRCST) certification from the HSPA.

CERTIFIED PHYSICAL THERAPY AIDE (VOUCHER INCLUDED) 190 hours | \$1,995

This online course will help you master the skills you need to work as a physical therapy aide. Not only will you be prepared for the AMCA's Physical Therapy Technician/Aide certification exam, but an externship starter kit will also walk you through everything you need to know to land a PT aide externship.

MASTERING PROJECT MANAGEMENT W/ MICROSOFT PROJECT 2019 210 hours | \$1,695

Translate your knowledge into skills by exploring key project management topics in depth and prepare for the Project Management Professional (PMP°) certification.

OIL REFINERY OPERATIONS 400 hours | \$2,595

Learn the skills you need to start work as an in-demand oil refinery operator.

POWER PLANT OPERATIONS 400 hours | \$2,595

Learn the skills you need to gain entry-level employment as a power plant operator.

CERTIFIED SUPPLY CHAIN PROFESSIONAL + FREIGHT BROKER/AGENT TRAINING 220 hours | \$3.795

Train to become a Certified Supply Chain Professional (CSCP) in this comprehensive course bundle as you cover all facets of supply chain management and prepare for the CSCP exam. You will also prepare to enter the freight/logistics industry and learn how to start your own freight broker business or become a freight agent.

CERTIFIED EKG TECHNICIAN (VOUCHER INCLUDED) 170 hours | \$1,995

Prepare for a career as an EKG technician. This asynchronous course will train you to work as an EKG tech and prepare you for the National Healthcareer Association (NHA) nationally recognized Certified EKG Technician (CET) certification exam.

THE COMPLETE PROJECT MANAGER W/CAPM AND PMP PREP 250 hours | \$2,575

This is a comprehensive project management program designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

VETERINARY ASSISTANT 210 hours | \$2,495

Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.

ENTRY-LEVEL DRIVER TRAINING (ELDT) FOR CLASS A 40 hours | \$595

Learn everything you need to prepare for your entry-level driver training (ELDT) necessary to obtain your Class A commercial driver's license (CDL).



NOW OPEN! Southwestern College Botanical Garden

- The Southwestern College Botanical Garden, located towards the back of our Chula Vista Campus has reopended its doors and is now open Monday thru Friday from 8 a.m.–5 p.m.
- Visit us and check out our Non-Credit class offerings available on page 15. For a full class listing of Landscape, Nursery & Technology (LNT) Classes available for Academic Credit, visit: swccd.edu/Schedule









Non-Credit Spring 2025 LNT Offerings

PLANT AND HORTICULTURE SCIENCE

Emphasizes the study of plant structures, physiology, taxonomy, growth processes, propogation and growth media, plant-soil-climate relationships, and the importance of plants for food, and ornamental purposes. (Same as LNT 100) Instructor: TBA, No Fee, 108 hours.



NC 3072-01 M Feb. 3-May 30 8:25-11:35 a.m.

W Feb. 3-May 30 8:25-11:35 a.m.

Class type: Face-to-faceLocation: SWC Chula Vista

No Class: 2/17, 3/31, 4/2, 5/26 Room: 40-103

COLLEGE & CAREER READINESS

GROW YOUR BASIC SKILLS: Build the fundamental skills you need to advance your life, prepare for college and succeed in the workplace. Foundational courses are available in math, reading, and critical thinking, and more!





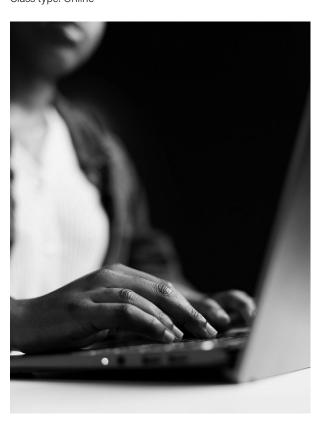
COLLEGE AND CAREER PLANNING

CAREER RESEARCH-USING THE INTERNET

Utilizes the Internet as an important tool in career planning, career research, and job search. Includes specific Internet sites, tips on the use of search engines, creating folders to keep track of useful sites, techniques to conduct career research, and considerations when applying for jobs online are explored.

Instructor: J. Reyes, No fee, 3 hours.

NC 88-501 Apr. 9-11 Class type: Online



SUCCESS IN NURSING

Designed to assist enrolled nursing students to be successful in the VN and ADN programs. Included are test-taking strategies as well as basic mathematics, reading comprehension, time management, communication, and critical thinking as they apply to the nursing curriculum.

Instructor: TBA, No fee, 24 hours.

NC 1033-530 Jan. 27-Mar. 7

Class type: Online No Class: 2/14, 2/17



USING YOUR FOREIGN DEGREE IN THE UNITED STATES

Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.

Instructor: D. Edwards, No fee, 3 hours.

NC 92-E1 T Class type: Face-to-face	Feb. 25	9-11:50 a.m. Location: MAS
NC 92-E2 W Class type: Face-to-face	Feb. 26	5:30-8:20 p.m. Location: SYAS
NC 92-E3 T Class type: Face-to-face	Mar. 4	5:30-8:20 p.m. Location: NCAS
NC 92-E5 Th Class type: Face-to-face	Mar. 6	5:30-8:20 p.m. Location: CVAS
NC 92-62 Th Class type: Face-to-face	May 8	5:30-8:20 p.m. Location: SWC Chula Vista Room: 59A-102



PREPARATORY COURSES

Learn more online and register at ed2go.com/swc

ETG-306	GRE Preparation-Part 1		
	(Verbal and Analytical)	\$130	
ETG-307	GRE Preparation-Part 2 (Quantitative)	\$130	
ETG-310	Grammar Refresher	\$130	
ETG-318	GMAT Preparation	\$130	
	Writing Essentials	\$130	
ETG-374	SAT/ACT Preparation - Part 1	\$130	
ETG-375	SAT/ACT Preparation - Part 2	\$130	



MATH SKILL DEVELOPMENT

ALGEBRA REFRESHER LEVEL 1

Provides an individualized program of instruction to review various topics in Elementary Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra-based exams.

No fee, 9 hours.

NC 146-510 J an. 13-28

Class type: Online Instructor: K. Cliffe No Class: 1/20

NC 146-501 Feb. 10-28

Class type: Online **Instructor: M. Garcia** *No Class: 2/14, 2/17*

NC 146-502 Mar. 3-21

Class type: Online Instructor: K. Cliffe

NC 146-503 Mar. 24-Apr. 18

Class type: Online **Instructor: M. Garcia**

No Class: 3/31, 4/1, 4/2, 4/3, 4/4



ALGEBRA REFRESHER LEVEL 2

Provides an individualized program of instruction to review various topics in Intermediate Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-intime course support, and/or students who need to prepare for algebra-based courses or exams.

No fee, 9 hours.

NC 147-510 Jan. 13-28

Class type: Online Instructor: K. Cliffe No Class: 1/20

NC 147-501 Feb. 10-28

Class type: Online **Instructor: M. Garcia** *No Class: 2/14, 2/17*

NC 147-602 MW Mar. 3-19 12-12:50 p.m.
Class type: Hybrid Location: SWC Chula Vista
Instructor: K. Cliffe Room: 60-116

NC 147-503 Mar. 24-Apr. 18

Class type: Online
Instructor: M. Garcia
No Class: 3/31, 4/1, 4/2, 4/3, 4/4

TRIGONOMETRY REFRESHER

Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.

Instructor: Y. Francis, No fee, 9 hours.

NC 1104-510 Jan. 13-28

Class type: Online No Class: 1/20

NC 1104-501 Feb. 10-28

Class type: Online No Class: 2/14, 2/17

NC 1104-502 Mar. 3-21

Class type: Online

5-6:50 p.m.

Location: IBBL

Location: HECSY

Room: 5201



COMPUTERS SKILLS TO BEGIN OR ADVANCE YOUR CAREER



DEVELOPING HIGH-PERFORMANCE CHARTS IN MICROSOFT EXCEL

Reviews the basics of spreadsheet use: structure, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.

No fee, 12 hours.

NC 24-E1	MW	Apr. 14-30	12-1:50 p.m. Location: CVLIB1
Class type: finstructor:)	Location; CVLIBI
NC 24-80 Class type: Instructor:		Apr. 16-May 21	10-11:50 a.m. Location: HECSY Room: 5201
NC 24-75 Class type: F	Sat	Apr. 19-May 10	9-11:40 a.m. Location: HECNC
Instructor:			Room: 7210

INTRODUCTION TO COMPUTERS

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.

Feb. 4-18

No fee, 6 hours.

Т

Class type: Face-to-face

Class type: Face-to-face

Instructor: R. Ojeda

Instructor: L. Hernandez

NC 1051-E1

Instructor: R	. Ojeda TTh	Apr. 22-29	10-11:50 a.m.
NC 1051-E7 Class type: Fa		Mar. 3-10	5 -6:50 p.m. Location: SWPC
NC 1051-E2 Class type: Fa Instructor: N	ce-to-face	Mar. 5-19	10-11:50 a.m. Location: CVLIB1
NC 1051-75 Class type: Fa Instructor: L. No Class: 2/15	ce-to-face Hernande	Feb. 8-22	9-11:40 a.m. Location: HECNC Room: 7210
NC 1051-80 Class type: Fa Instructor: L.	ce-to-face	Mar. 11-18	10-11:50 a.m. Location: HECSY Room: 5201



INTRODUCTION TO KEYBOARDING

Teaches beginners how to keyboard correctly, accurately, faster, alphabetic keys, punctuation, numbers, and symbols.

No fee, 6 hours.

NC 200-80 F Class type: Face-to-face	Feb. 21-Mar. 7	10-11:50 a.m. Location: HECSY
Instructor: A. Rodrigue	Room: 5201	
NC 200-75 Sat Class type: Face-to-face Instructor: TBA	Mar. 1-8	9-11:40 a.m. Location: HECSY Room: 7210
NC 200-81 F Class type: Face-to-face Instructor: TBA	March 14-28	10-11:50 a.m. Location: HECSY Room: 5201

INTRODUCTION TO MICROSOFT OUTLOOK

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.

Instructor: M. Guerrero, No fee, 3 hours.

NC 199-80	Т	Mar. 25	9-11:40 a.m.
Class type: Fa	ice-to-f	ace	Location: HECSY
			Room: 5201

NC 199-81 T Apr. 15 9-11:40 a.m.
Class type: Face-to-face Location: HECSY
Room: 5201



INTRODUCTION TO MICROSOFT WORD

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word.

No fee, 12 hours.

NC 198-E7 MT F	eb. 3-24 5-6:50 p.m.
Class type: Face-to-face	Location: SWPC
Instructor: R. Ojeda	
No Class: 2/17	

NC 198-75	Sat	Mar. 15-Apr. 12	9-11:40 a.m.
Class type: Fa	ace-to-fac	ce	Location: HECNC
Instructor: L. Hernandez			Room: 7210
No Class: 4/5	5		

NC 198-80	F	Apr. 18-May 23	10-11:50 a.m.
Class type: Fac	e-to-face		Location: HECSY
Instructor: S.	Mahmud		Room: 5201

NC 198-E1	MW	May 5-21	10-11:50 a.m.
Class type: Face-to-face		е	Location: CVLIB1
Instructor: I	V. Bartels		

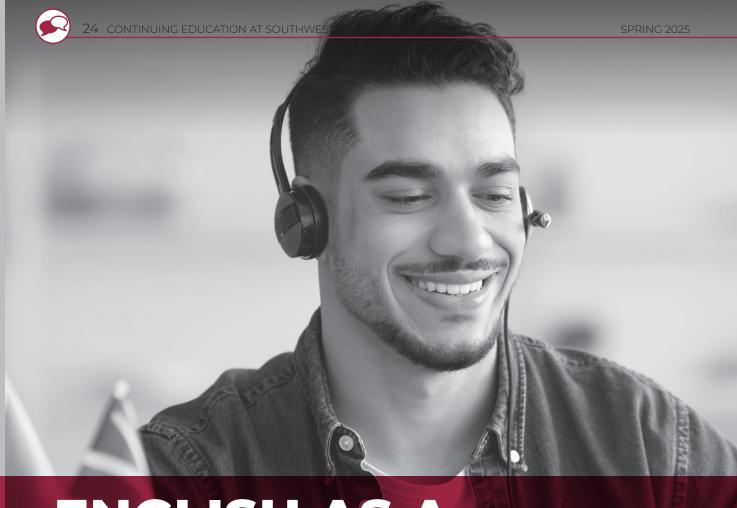


COMPUTER COURSES

Learn more online and register at ed2go.com/swc

ETG-200	Introduction to PC Troubleshooting	\$130
ETG-213	Basic CompTIA A+ Certification Prep	\$130
ETG-214	Intermediate CompTIA A+	
	Certification Prep	\$130
ETG-215	Advanced CompTIA A+ Certification Prep	\$130
ETG-222	Introduction to PC Security	\$130
ETG-223	Introduction to Microsoft Project 2019	\$147
ETG-242	Introduction to Networking	\$130
ETG-246	Introduction to SQL	\$130
ETG-247	Intermediate SQL	\$130
ETG-249	Introduction to C++ Programming	\$130
ETG-253	Wireless Networking	\$130





ENGLISH AS A SECOND LANGUAGE (ESL)

GROW YOUR LANGUAGE SKILLS: Improve your English skills in a safe and secure environment. Learn from faculty who care about your growth. Beginning to advanced classes are offered day, night and online.





ENGLISH AS A SECOND LANGUAGE (ESL)



Certificate of Completion in Entry Level ESL

(Complete NC 108, NC 109 and NC 110)

BASIC ESL I

Exposes English language learners to the first of three instructional levels of ESL for academic and everyday purposes. Introduces activities at a novice-low level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competence.

No fee, 36 hours.

NC 108-501 Feb. 3-Mar. 7

Class type: Online Instructor: TBA No Class: 2/14, 2/17

NC 108-01 MW Feb. 3-Mar. 5 9 a.m.-12:50 p.m. Class type: Face-to-face Location: SWC Chula Vista

Instructor: TBA Room: 37-106

No Class: 2/17

NC 108-E3 MW Feb. 3-Mar. 17 9-11:50 a.m.

Class type: Face-to-face Location: SYSD1

Instructor: TBA No Class: 2/17

NC 108-E5 MW 5-6:50 p.m. Feb. 3-Apr. 14

Class type: Face-to-face Location: IBBL

Instructor: TBA No Class: 2/17, 3/31, 4/2

NC 108-E2 TTh 9-11:15 a.m. Feb. 4-Mar. 20

Class type: Face-to-face Location: ROFC

Instructor: TBA

NC 108-360 TTh Feb. 4-Mar. 20 4-6:15 p.m.

Class type: Face-to-face Location: HECOM

Instructor: TBA Room: 4311

NC 108-E6 TTh Feb. 4-Mar. 20 3:15-5:30 p.m.

Location: HES

Class type: Face-to-face

Instructor: TBA

NC 108-E8 TTh Feb. 4-Mar. 20 3:15-5:30 p.m.

Class type: Face-to-face Location: ROFC

Instructor: TBA

NC 108-E1 TTh Feb. 4-Apr. 10 5:10-7 p.m.

Class type: Face-to-face Location: CVLIB1

Instructor: TBA No Class: 4/1, 4/3 NC 108-86 TTh Class type: Face-to-face

Feb. 18-Mar. 20 Location: HECSY

5:30-8:50 p.m.

Instructor: TBA

NC 108-E7

NC 108-E4

NC 108-87

Apr. 8-May 22

Room: 5205 2:45-5 p.m.

Class type: Face-to-face

TTh

TTh

Instructor: TBA

Location: PES

Apr. 8-May 15

9-11:50 a.m. Location: SYSD1

Class type: Face-to-face Instructor: TBA

Apr. 14-May 14

5:30-8:50 p.m.

Class type: Face-to-face Instructor: TBA

Location: HECSY Room: 5205

BASIC ESL II

Exposes English learners to the second of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-mid level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competences.

No fee, Fall 36 hours.

NC 109-E5 MW Feb. 3-Apr. 14 Class type: Face-to-face

4-5:50 p.m. Location: CVLIB2

6-7:50 p.m.

Instructor: TBA

No Class: 2/17, 3/31, 4/2

NC 109-E2 TTh Feb. 4-Apr. 10 Location: SMLC

Class type: Face-to-face

No Class: 4/1, 4/3

NC 109-87 MW Feb. 24-Mar. 26 5:30-8:50 p.m. Location: HECSY

Class type: Face-to-face Instructor: TBA Room: 5209

NC 109-501 Mar. 10-Apr. 18

Class type: Online Instructor: TBA

No Class: 3/31, 4/1, 4/2, 4/3, 4/4

NC 109-01 MW Mar. 10-Apr. 16 9 a.m.-12:20 p.m. Location: SWC Chula Vista Class type: Face-to-face Instructor: TBA Room: 37-106

No Class: 3/31, 4/2

NC 109-E4 TTh Apr. 8-May 22 9-11:15 a.m. Location: ROFC

Class type: Face-to-face Instructor: TBA

NC 109-E1 TTh Apr. 8-May 22

3:15-5:30 p.m.

Class type: Face-to-face Instructor: TBA

Location: ROFC



NC 109-E3 TTh Apr. 8.-May 15 12-2:50 p.m. Class type: Face-to-face Location: SYSD1 Instructor: TBA

NC 109-360 TTh Apr. 8-May 22 4-6:15 p.m.
Class type: Face-to-face Location: HECOM
Instructor: TBA Room: 4311

BASIC ESL III

Exposes English language learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing. **No fee, Fall 36 hours.**

NC 110-E5 MW Feb. 3-Apr. 14 10-11:50 a.m.
Class type: Face-to-face Location: SVLB
Instructor: TBA
No Class: 2/17, 3/31, 4/2

NC 110-E2 TTh Feb. 4-Apr. 10 6-7:50 p.m.
Class type: Face-to-face Location: SMLC
Instructor: TBA
No Class: 4/1, 4/3

NC 110-E1 F Feb. 5-May 30 9-11:10 a.m.
Class type: Face-to-face Location: BSLB

Instructor: TBA No Class: 2/14, 4/4

NC 110-E3 MW Apr. 14-May 21 9-11:50 a.m.
Class type: Face-to-face Location: SYSD1

Instructor: TBA

NC 110-87 MW Apr. 14-May 14 5:30-8:50 p.m.
Class type: Face-to-face Location: HECSY

Instructor: TBA Room: 5209

NC 110-01 MW Apr. 21-May 21 9 a.m. -12:20 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 37-106

NC 110-501 Apr. 21-May 23

Class type: Online **Instructor: TBA**

NC 110-502 Apr. 21-May 23

Class type: Online **Instructor: TBA**

CONVERSATION SKILLS AND AMERICAN CULTURE THROUGH SONGS, MOVIES, AND OTHER MEDIA

Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of culture in the United States through discussion and analysis of films, songs, and other forms of media. Recommended for students with novice-high proficiency or higher, according to California Pathways.

No fee, Fall 36 hours.

NC 222-E1 M Feb. 3-May 19 5:05-7:20 p.m.
Class type: Face-to-face Location: CVLIB1
Instructor: TBA

No Class 2/17, 3/31

NC 222-E2 F Feb. 7-May 16 9-11:50 a.m.
Class type: Face-to-face Location: SYSD1

Instructor: TBA *No Class 2/14, 3/28, 4/4*

NC 222-75 Sat Feb. 8-May 10 8:30-11:20 a.m.
Class type: Face-to-face Location: HECNC
Instructor: TBA Room: 7202

No Class 2/15, 4/5

NC 222-01 MWF Feb. 19-May 19 10:40-11:30 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 54A-119

No Class: 2/17, 3/31, 4/2

NC 222-80 F Feb. 28-May 23 9-11:50 a.m.
Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5205

No Class: 4/4

NC 222-02 F Feb. 28-May 23 9-11:50 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 37-101

No Class: 4/4

TRANSITIONING TO COLLEGE ESL

Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways.

Instructor: TBA, No fee, 24 hours.

NC 220-E1 F Apr. 11-May 23 9-12:10 p.m.
Class type: Face-to-face Location: CVAS

Instructor: TBA

SPRING 2025 27

FIVE CONVENIENT CAMPUSES. BOUNDLESS POSSIBILITIES.

CHULA VISTA CAMPUS: Offers both Academic Classes and Programs and Continuing Education offerings. In addition, our campus is home to the Southwestern College Performing Arts Center, Jaguar Aquatics Wellness & Sports Complex (JAWS) and the newly renovated Southwestern College Botanical Garden. www.swccd.edu

CROWN COVE AQUATIC CENTER IN CORONADO: Offers kayaking, hawaiian outrigger canoe, sailing, surfing, and paddle boarding classes. Also offering seasonal job opportunities and facility rentals. www.swccd.edu/ccac

HIGHER EDUCATION CENTER AT
NATIONAL CITY: Offering weekend
college and specializing in Dental
Hygiene, Medical Office Professional,
Optical Technician (Noncredit) and
more! www.swccd.edu/hecnc

HIGHER EDUCATION CENTER

AT OTAY MESA: Specializes in public safety (EMT/ Paramedic, Fire and Police) and health occupations. www.swccd.edu/hecom

HIGHER EDUCATION CENTER AT SAN YSIDRO:

Provides access to general education courses and certificate programs. www.swccd. edu/sanysidro



Stop by one of our locations today! www.swccd.edu/Locations





EXPLORATION AND PERSONAL GROWTH

KEEP GROWING: Join other lifelong learners in classes designed to help you build skills, achieve wellness, and find fulfillment. Classes are offered at a variety of locations throughout the community.

LIFE ENRICHMENT FOR OLDER ADULTS

ART THERAPY

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

Instructor: A. Bejarano, No fee, 12 hours.

NC 1053-E6 T Class type: Face-to-face	Feb. 4-Mar. 11	8:15-10:05 a.m. Location: FCS
NC 1053-E5 T Class type: Face-to-face	Feb. 4-Mar. 11	4-5:50 p.m. Location: CVLIB2
NC 1053-E4 Th Class type: Face-to-face	Feb. 6-Mar. 13	10-11:50 a.m. Location: SVLB
NC 1053-E1 F Class type: Face-to-face No Class: 2/14	Feb. 7-Mar. 21	10-11:50 a.m. Location: OMNL
NC 1053-80 T Class type: Face-to-face	Apr. 8-May 13	10:05-11:55 a.m. Location: HECSY Room: 5210
NC 1053-70 W Class type: Face-to-face	Feb. 19-Mar. 26	10-11:50 a.m. Location: HECNC Room: 7202
NC 1053-E2 Th Class type: Face-to-face	Feb. 20-Mar. 27	1:30-3:20 a.m. Location: IBSC
NC 1053-E3 Th Class type: Face-to-face	Apr. 10-May 15	1:30-3:20 a.m. Location: IBSC
NC 1053-E7 F Class type: Face-to-face	Apr. 11-May 16	10-11:50 a.m. Location: OMNL
NC 1053-82 W Class type: Face-to-face	Apr. 16-May 21	10:05-11:55 a.m. Location: HECSY Room: 5210
NC 1053-75 Sun Class type: Face-to-face	Apr. 13-May 18	10-11:50 a.m. Location: HECNC Room: 7202

BUDGET AND HOME ENERGY MANAGEMENT

Designed for individuals who would like to take control of their finances, and minimize debt and maximize savings and investments. Covers financial goal setting, money management, spending plan, expense recordkeeping, identity theft, credit and credit repair, ways to earn extra income, energy management, energy conservation, meter reading, and available community resources.

Instructor: R. Corpron, No fee, 5.5 hours.

NC 10-50	Sat	Mar. 8-15	8-10:25 a.m.
Class type: Face-to-face		Lo	cation: SWC Chula Vista
			Room: 37-106

CREATING ART FROM EVERYDAY OBJECTS

Techniques to create gifts and decorations from common objects found around the home. Covers paper collage, basic stenciling, and some rubber stamping.

Instructor: A. Bejarano, No fee, 12 hours.

NC 1001-75 Sat	Mar. 15-May 17 11:30 a.m1:10 p.m.
Class type: Face-to-face	Location: HECNC
No Class: 4/5	Room: 7202

GOSPEL CHOIR I

Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

Instructor: P. Rieves. No fee, 72 hours.

NC 3081-01	TTh	Feb. 3-May 27	1:30-3:35 p.m.
Class type: Fa	ce-to-face	Location	n: SWC Chula Vista
No Class: 4/1,	4/3		Room: 85-101

INTRODUCTION TO MARIACHI PERFORMANCE I

Provides older adults the opportunity to perform simple mariachi music in a beginning-level ensemble. Emphasizes learning to play mariachi instruments (violin, trumpet, guitar, vihuela, guitarron, flute, voice) in the proper style, reading music, and playing well as part of a group.

Instructor: V. Viberos, No fee, 72 hours.

NC 87-60	W	Feb. 5-May 28	1:40-6:30 p.m.
Class type: F	ace-to-face	Location	: SWC Chula Vista
No Class: 4/2	2		Room: 85-102

EXPLORATION AND PERSONAL GROWTH

RETIREMENT LIVING

Explores a broad range of important topics for retirees and older adults, including: health maintenance, consumer awareness, physical illness, estate planning, community resources, leisure time activities, and adapting to a new lifestyle. **Instructor: M. Minter, No fee, 12 hours.**

NC 38-60	Sat	Apr. 12-May 1	7 10-11:50 a.m.
Class type:	Face-to	-face	Location: SWC Chula Vista
			Room: 39-106

S BLUEPRINT FOR RETIREMENT

Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.

Instructor: K. Bowie. 6 hours.

*You may bring a guest, at no charge, to either class listed below

CS 175-67	Sat	Feb. 1-8	9 a.m12 p.m.	Fee: \$49
Class type:	Face-to	-face	Location: SW	C Chula Vista
			F	Room: 60-124

CS 175-68	W	Feb. 5-	126:30-9:30 p.m.	Fee: \$49
Class type:	Face-	-to-face	Location: SWC	Chula Vista
			Ro	om: 60-124

TRAFFIC SCHOOL

Southwestern College is certified as an official Traffic Violator School (TVC) available to individuals who have received a traffic citation. If you have been referred to a TVC by the court, you may void the citation from your driving record and protect your current insurance rate by attending Southwestern College's Traffic School. You must check in by 7:45am and remain for the entire 8-hour program to meet the DMV requirements.

ENGLISH

CS 17-64	Sat	02/15/25	8 a.m. to 4 p.m.	Fee: \$60
CS 17-65	Sat	03/15/25	8 a.m. to 4 p.m.	Fee: \$60
CS 17-66	Sat	04/12/25	8 a.m. to 4 p.m.	Fee: \$60
CS 17-67	Sat	05/17/25	8 a.m. to 4 p.m.	Fee: \$60
Class type: Face-to-face			Location: Chula Vist	a Campus
			Roor	n: 59A-102

SPANISH

CS 17-63S	Sat	02/22/25	8 a.m. to 4 p.m.	Fee: \$60
CS 17-64S	Sat	04/19/25	8 a.m. to 4 p.m.	Fee: \$60
CS 17-65S	Sat	05/25/25	8 a.m. to 4 p.m.	Fee: \$60
Class type:	Face-	to-face	Location: Chula Vist	a Campus
			Roor	n: 59A-102



EXPLORATION AND PERSONAL GROWTH

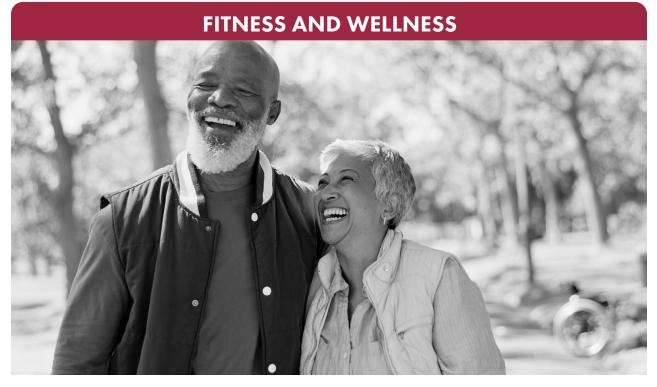
Learn more online and register at ed2go.com/swc					
FAMILY ETG-321 ETG-353 ETG-357 ETG-363	Genealogy Basics Helping Elderly Parents Understanding Adolescents Ready, Set, Read!	\$130 \$130 \$130 \$130			
ETG-329 ETG-334 ETG-345 ETG-376	Where Does All My Money Go? Personal Finance Stocks, Bonds, and Investing: Oh My! Introduction to Stock Options	\$130 \$130 \$130 \$130			
ETG-305 ETG-314 ETG-326 ETG-356 ETG-356 ETG-358	Beginning Conversational French Conversational Japanese Enhancing Language Development in Childhood Instant Italian Speed Spanish Speed Spanish II Spanish for Medical Professionals Spanish in the Classroom	\$130 \$130 \$130 \$130 \$130 \$130 \$130 \$130			
ONLINE ETG-322	SALES Learn to Buy and Sell on eBay	\$130			
PERSON ETG-328 ETG-330 ETG-332 ETG-333 ETG-337 ETG-342 ETG-351	Twelve Steps to a Successful Job Search Get Assertive! Leadership Interpersonal Communication Keys to Effective Communication Achieving Success with Difficult People Handling Medical Emergencies	\$130 \$130 \$130 \$130 \$130 \$130 \$130			
PHOTO(ETG-319 ETG-323 ETG-325 ETG-341 ETG-380	Discover Digital Photography Secrets of Better Photography Photographing People with your Digital Camera Introduction to Digital Scrapbooking Introduction to Interior Design	\$130 \$130 \$130 \$130 \$130			
WRITING ETG-300 ETG-301 ETG 302 ETG-303 ETG-304 ETG-312 ETG-346 ETG-348	Write Fiction Like A Pro The Craft of Magazine Writing Beginning Writer's Workshop Writing Effective Grant Proposals A to Z Grant Writing Writeriffic: Creativity Training for Writers Introduction to Screenwriting Fundamentals of Technical Writing	\$130 \$130 \$130 \$130 \$130 \$130 \$130 \$135			

ETG-349 Keys to Effective Editing

ETG-352 Write Your Life Story

\$130

\$130



BODY DYNAMICS AND AGING PROCESS

Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability. **Instructor: C. Alba, No fee, 36 hours.**

NC 34-E4 TTh Feb. 4-May 27 8-9 a.m. Class type: Face-to-face Location: IBSC No Class: 4/1, 4/3

 NC 34-80
 MW
 Feb. 3-May 28
 11 a.m.-12 p.m.

 Class type: Face-to-face
 Location: HECSY

 No Class: 2/17, 3/31, 4/2, 5/26
 Room: 5104

TAI CHI

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages.

Instructor: J. Muren. No fee, 24 hours

NC 32-E4	W	Feb. 5-Apr. 30	11 a.m12:50 p.m.
Class type: Fa	ace-to-face		Location: BSLB
No Class: 4/2)		

NC 32-81	Th	Feb. 20-May 29	9:20-10:45 a.m.
Class type: F	ace-to-face		Location: HECSY
No Class: 4/3	3		Room: 5104

NC 32-83	Th	Feb. 20-May 29	11 a.m12:25 p.m.
Class type: F	ace-to-face		Location: HECSY
No Class: 4/3	3		Room: 5104

NC 32-75	Sat	reb. 22-Way 24	11 a.m12:30 p.m.
Class type: F	ace-to-face		Location: HECNC
Instructor:	A. Brown		Room: 7130
No Class: 4/	5		

NC 32-77	Sun	Feb. 23-May 25	11 a.m12:30 p.m.
Class type: F	ace-to-face		Location: HECNC
Instructor:	A. Brown		Room: 7130
No Class: 3/3	30		





BEGINNING/ADVANCED BEGINNING LEVEL 1 AND 2 (AGES 7-11)

Are you ready to start your tennis journey? Join our Beginning/ Advanced Beginning 1 and 2 class. This class is designed for those first learning the game of tennis and those with some experience and looking to improve their skills with professional instruction. Class will include basic forehand and backhand shots, basic serving, basic volley skills and footwork and conditioning, with development of hand eye coordination related to tennis. Students will interact with other students through drills and games that develop Tennis skills. Step onto the court and start mastering the game with us today!

Instructor: Susan Reasons

TA-L1-S1 M Feb. 3-Mar. 3 4-5:30 p.m. Fee: \$80 Class type: Face-to-face Location: Chula Vista Campus Lot E *No class: 2/17*

TA-L1-S2 M Mar. 17-Apr. 14 4-5:30 p.m. Fee: \$80 Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L1-S3 M Apr. 28-May 19 4-5:30 p.m. Fee: \$80 Class type: Face-to-face Location: Chula Vista Campus Lot E

BEGINNING/ADVANCED BEGINNING LEVEL 1 AND 2 (AGES 12-16)

TA-L2-S1 W Feb. 5-Feb. 26 4-5:30 p.m. Fee: \$80 Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L2-S2 W Mar. 12-Apr. 9 4-5:30 p.m. Fee: \$80 Class type: Face-to-face Location: Chula Vista Campus Lot E *No Class: 4/2*

TA-L2-S3 W Apr. 30-May 21 4-5:30 p.m. Fee: \$80 Class type: Face-to-face Location: Chula Vista Campus Lot E

INTERMEDIATE LEVEL 1 (AGES 10-16)

Ready to take your tennis skills to the next level? Join our Intermediate level class, Students will further develop their Tennis skills to include practice rallys, point playing, Serve and Return of Serve, scoring and Game/Set management, and more advanced footwork drills and further conditioning. Gear up for an action-packed experience and elevate your game with us.

Instructor: Susan Reasons

TA-L3-S1 Th May 1-22 4-5:30 p.m. Fee: \$90 Class type: Face-to-face Location: Chula Vista Campus Lot E

Important Notes for SWC Jaguar Tennis Academy students:

Students must have your own racquet and water bottle. Tennis sport shoes and athletic clothing are <u>only</u> allowed in class. Students must follow all rules for safety as instructed by Coach Reasons. Students are to be picked up from class on time or a late fee will be incurred.

*Make-ups only available for a canceled class.



HEALTH AND BODY

Learn more online and register at ed2go.com/swc

ETG-317	Introduction to Natural Health	
	and Healing	\$130
ETG-354	Lose Weight and Keep It Off	\$130
ETG-381	Start Your Own Edible Garden	\$130



Grow your business with high-quality, affordable, contract training

Southwestern College can partner with your company to provide customized training with high-quality instruction in key aspects of workforce development.

Quickly upskill your workforce, improve performance, and boost your bottom line with custom training tailored to the needs of your employees and organization. Scheduling is flexible and instruction can be offered at a location that meets your needs.

For more information call us at 619-482-6533 or email us at Customizedtraining@swccd.edu







Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you're wondering what other education opportunities are offered at Southwestern College? Eligible, enrolled noncredit students can attend an orientation and meet with a counselor to explore NEXT STEPS, the education opportunities and services available through Southwestern College.

In NEXT STEPS, you can:

- Explore career options and choosing life/career goals
- Identify your current skill levels
- · Make the transition to college
- Become aware of campus services and resources available
- Schedule your NEXT STEPS appointment today!

Contact the Counseling office at (619) 421-6700, ext. 5240 or swccounseling@swccd.edu

- Learn how to pay for college and financial assistance options
- · Develop an educational plan





This service is made available through Noncredit Student Services.

Ready to start your construction career?



Learn the skills and knowledge necessary to prepare for an apprenticeship program so you can land a job in the construction industry.

The Apprenticeship Readiness Program at Southwestern College provides 16-weeks of classroom instruction, worksite training and industry-recognized certifications, with flexible evening classes. Participants may be eligible to earn a stipend and may access financial assistance with childcare costs while enrolled in the program.

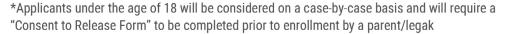
Participants must be 17+*, live in San Diego or Imperial County and eligible to work in the U.S.

Next cohort dates: January 28, 2025-May 24, 2025

Schedule: T/W 5-9 p.m., Sat 8 a.m.-4:30 p.m.



Visit **workforce.org/ARPSW** or scan the QR code to learn more or apply.







Earn your noncredit certificate in Manufacturing Technology

Our new short-term **Manufacturing Technology Certificate** gives students the foundational skills they need to succeed in a variety of entry-level, manufacturing jobs. Learn how manufacturing plays a role in bringing new products like iPhones, new cars, or solar panels to the market.

- FREE program
- Takes just five classes to complete (150 hours)
- Includes OSHA 10-Hour General Industry Card

See page 16 for course information.

Scan the QR

to learn more about the Manufacuturing Technology Program







NONCREDIT APPLICATION

SOUTHWESTERN COLLEGE CONTINUING EDUCATION 900 Otay Lakes Road, Bldg. 68-101, Chula Vista, CA 91910-7299 619-482-6376 FAX 619-482-6402 continuinged@swccd.edu

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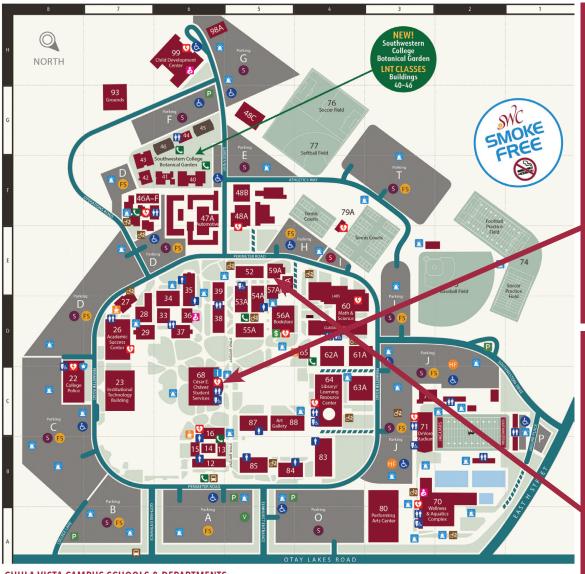
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- Pay Phone \$ ATM
- Café
- Bicycle Parking Bus Stop
- Lactation Room
- Main Campus Road
- ■ Service Road Only
- Student Parking FS Faculty/Staff Parking
- Visitor Parking Health First Fitness Club Parking Accessible Parking
- P One-Day Permit Kiosk Updated: 08/22/24 | B. Mora

Parking permits are

required at all times

in all parking lots.

Visit us:

Continuing Education **Noncredit:**

WE'VE MOVED!

> Office 68-101

Located inside the César E. Chávez Student Services Center

Community **Education**

Traffic School Youth **Programs:**

Office 59A-101



CONTINUING EDUCATION

900 Otay Lakes Road Chula Vista, CA 91910-7299

Noncredit: Cesar E. Chávez Student Services. Center, Building 68-101

Community Education Courses/Traffic School/ Youth Programs: Building 59A-101

• English as a Second Language

• Youth Programs

To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

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