

Southwestern College Continuing Education Spring 2020

Noncredit certificates inside!

Featuring: Entry Level ESL Certificate Tax Preparation/Income Tax Certificate Customer Service Certificate

ee-Based Classes

Featuring: Podcasting for Profit Child Visitation Monitor Training Course NEW: Introduction to Vectorworks

Spread the word about Southwestern College by sharing our schedule with others. To request this schedule in alternate media, please call 619-482-6512 or TTY 619-482-6470

For more information visit: www.swccd.edu/continuinged

Southwestern College Continuing Education 900 Otay Lakes Road, Building 59A, Room 59A-101, Chula Vista, CA 91910 | 619-482-6376

A Message from the Director

Thank you for taking the time to browse our Spring 2020 Continuing Education class schedule. It is our goal to provide South County residents and businesses with interesting and high quality courses that can enhance your career, promote personal growth, and expand your horizons. Southwestern College is offering an exciting array of new courses like Introduction to Vectorworks, Child Visitation Monitor & Training Course, and Podcasting for Profit.

When browsing our schedule, you can also find new ways to maximize your Social Security with Making the Most of Social Security as well as acquiring knowledge and skills to be a successful Notary through our California State Notary Public Seminar and Loan Signing–Notary Public Seminar.

We encourage you to review the courses listed in this class schedule. Hopefully, with the start of the spring, you will be challenged to learn a new skill, enhance your existing ones, find some hidden talents, or simply take a class for fun. If you are unable to attend courses on campus, we encourage you to take a look at our online course offerings. Southwestern College looks forward to partnering with you as your choice for life-long learning and primary choice for higher education.

Sincerely, Myesha Jackson, MBA Director of Continuing Education & Special Projects

Expand your career options!

Continuing Education offers Career and Professional Development courses in various subject areas including the courses shown below. These high-quality career based/skill building courses teach proficiency in many different areas. Our instructors have a vast amount of experience in these areas and will provide you with the knowledge you need to advance in your career or learn new job skills.

Fee-Based Courses

- Make Extra Income as a Wholesale Auto Dealer from Home
- Voice-Overs...Now is Your Time!
- California State Notary Public Seminar
- · Loan Signing-Notary Public Seminar
- Online Ed2Go Courses
- Podcasting for Profit
- Child Visitation Monitor Training Course
- NEW! Introduction to Vectorworks

www.swccd.edu/continuinged

Noncredit Courses

- Basic ESL
- Customer Service Training
- Tax Preparation/Income Tax
- Using Your Foreign Degree in the United States
- Computer Skills Training
- · Family Childcare Business
- 10-hour/30-hour OSHA



Meet the School of Continuing Education & Workforce Development

Southwestern College **Continuing** Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College website: www.swccd.edu/continuinged

Mission Statement

Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access and clear pathways to student success.

Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation.

Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education

Governing Board approved May 14, 2019

Governing Board of the Southwestern Community College District

Roberto Alcantar, President Nora E. Vargas, Vice President Leticia Cazares Griselda A. Delgado Tim Nader Melkitsedeq Jorge Hernandez, Student Trustee August 2019–May 2020 Kindred Murillo, Ed. D., Superintendent/President

The SOUTHWESTERN COLLEGE SCHEDULE (USPS #024423) is published six times a year in November, January, March, April, May, and July by offices of Publications and Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299. Periodicals Postage Paid at Chula Vista, California. Volume 14, Issue Number 1, January 2020, Southwestern College Schedule. POSTMASTER: Send address changes to Southwestern College Schedule, 900 Otay Lakes Road, Chula Vista CA 91910-7299.

Table of **Contents**

Noncredit Classes

Continuing Education Certificates	5
Career and Personal Development	8
Computers	9
Disability Support Services	10
English as A Second Language (ESL)	10
Self-Improvement	11
Art, Music, and Crafts	12
Family and Parenting	12
Wellness and Fitness	13
Crown Cove Aquatic Center	15
Noncredit Class Registration Form	31

Fee-Based Classes

Career and Professional Development	.17
Financial Planning	.18
Self-Improvement	. 19
Traffic School	.22
Ed2Go Online Classes/Career Training	.25
Fee-Based Class Registration Form	. 30

General

Parking Information	4
Refunds	4
Registration Information	3
Tennis Academy	24

Diversity Initiative

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.

Non-Discrimination Statement

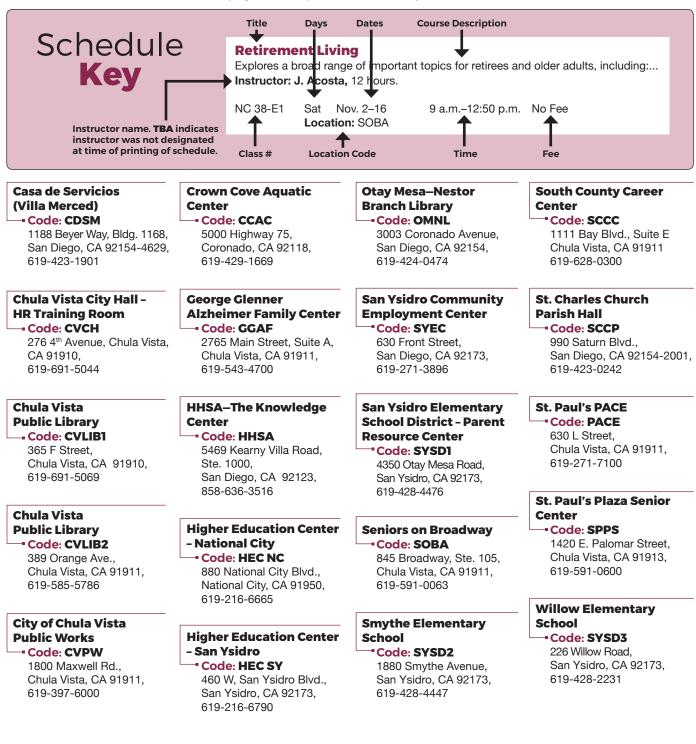
The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.

Off-Campus Sites

Please do not contact these sites to register for classes.

Off-campus information is only provided in the event that you require directions to the facility. For information about courses, please refer to page 3 entitled, "Registration Information" or call 619-482-6376. Chula Vista Campus map is located on the inside back cover. Site locations are listed in the course section information by CODE. Please refer

to this page for complete address and phone numbers.



Southwestern College Continuing Education

Continuing Education provides the opportunity for community residents to improve, upgrade, and learn new skills and knowledge. This effort responds to the need for a well-trained workforce, as well as the individual need for intellectual or cultural enrichment. Continuing Education presently includes the following three categories of instruction and services: Noncredit, Fee-Based services, and Customized Contract Education.

Noncredit Courses (NC)

Noncredit courses are courses that meet community needs in ten instructional areas: Parenting, Basic Skills, English as a Second Language (ESL), Citizenship for Immigrants, courses for the disabled, vocational courses, courses for older adults, Home Economics, Health and Safety, and Workforce Preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit.

Fee-Based Classes (Community Service)

Fee-based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.

Customized Contract Education

High-quality customized contract training services specifically tailored to the needs of the employees of businesses and organizations. Class participation is limited to the contract designees. Customized Contract Education and services are paid for by the contracting entity.

Course Description Legend

Course meeting days:

M – Monday | T – Tuesday | W – Wednesday | Th – Thursday F – Friday | Sat – Saturday | Sun – Sunday

Example: Class meets Monday through Thursday – MTWTh Class meets on Monday and Tuesday - MT

Continuing Education is a department of the School of Continuing Education & Workforce Development. Your feedback, suggestions, and comments are welcomed.

Myesha Jackson, Director of Continuing Education and Special Projects, 619-482-6376.

Registration Information How to Register for a Noncredit Course

Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of the Noncredit Application (pages 31-32). Most noncredit classes will allow onsite registration on a space-available basis. Course numbers for noncredit classes start with "NC." You may submit a completed and signed Noncredit Application one of the four following ways:

By Mail

Mail a completed Noncredit application form to: Southwestern College, Continuing Education 900 Otay Lakes Road, Building 59A, Room 59A-101 Chula Vista, CA 91910-7299



Bv Fax

Complete and sign the Noncredit application and fax to 619-482-6402.

In Person

Bring your completed Noncredit application to: Southwestern College, Continuing Education 900 Otay Lakes Road, Building 59A, Room 59A-101 Chula Vista, CA 91910-7299 Telephone: 619-482-6376 | Fax: 619-482-6402 Office Hours: M-F, 8 a.m.-4:30 p.m.

Online 0

www.swccd.edu/continuinged

How to Register for a Fee-Based Class

To register for a Fee-Based class, please use the Fee Class Registration Form (page 30). Course numbers for fee classes start with "CS."



By Mail (Only if paying by CHECK)

Mail a completed Fee Class Registration Form and Check to: Southwestern College, Continuing Education 900 Otay Lakes Road, Building 59A, Room 59A-101 Chula Vista, CA 91910-7299 Please do not mail cash.

In Person

Bring your completed registration form and payment to: Southwestern College, Continuing Education 900 Otay Lakes Road, Building 59A, Room 59A-101 Chula Vista, CA 91910-7299 Telephone: 619-482-6376 | Fax: 619-482-6402 Office Hours: M-F, 8 a.m.-4:30 p.m.



www.swccd.edu/continuinged

Returned Check Service Charge

Checks returned for non-sufficient funds or "Stop Payments" must be paid by MasterCard, Visa, AMEX, Discover, cash, or Money Order and a \$25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, as well as your credit, may be affected.

Registration Information

Sign up early

Early registration ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-serve basis. Your registration can make the difference as to whether a class is offered or cancelled.

Southwestern College Continuing Education Drop Policy

Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with 3 consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to-date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

Class Confirmation

Please mark your personal calendar when registering for any class. You may call Continuing Education to confirm your registration at 619-482-6376.

Certificate of Completion

Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the college.

Class Cancellation

Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by email or phone. Please be sure to provide current phone and email contact information on your application.

Refunds

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

Registration and Materials Fee

A materials fee is required in a few Noncredit and Fee-Based classes. Please be prepared to pay these fees at the time of registration. Cash, check, or credit card payments are accepted. **Payment will not be accepted in class.**

Instructor, Class, or Location Change

In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by email or by phone.

Class Locations

Classes are held on campus and at various locations throughout San Diego South County. Please carefully review the location of the class for which you are registering.

Parking Information

All vehicles parked on campus must display a parking permit at all times. One-day parking permit dispensers are located throughout the campus (see campus map, inside back cover). The cost of the permit is \$3 and is ONLY valid on the day of purchase. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. One-day parking permits are ONLY valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.

Disclaimer

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district website or department for current information, as well as for any special rules or requirements imposed.

Campus Student ID Cards

New students need to provide their SWC ID number and present a government-issued photo ID or previous high school ID when requesting a SWC ID at any campus. Former students can still use the same ID card originally issued.

Photo ID

The Campus Photo ID is the preferred source of identification when setting up campus lab accounts and for all Admissions and Records transactions. It is required for the following services:

- Returns and Buyback for the Bookstore
- · Check or credit card purchases in the Bookstore
- Library materials check out
- Discount tickets and coupons
- Labs on campus
- Cafeteria
- Scholarships. EOPS and all Special Programs at the Bookstore
- Scholarships
- · Calculator rentals
- Pay for printing

Continuing Education CERTIFICATES

Customer Service Superior Service Series

Complete three of the free classes below and receive a Certificate of Series Completion from Southwestern College.

Customer Service: Customer Appreciation

Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduces concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication.

Instructor: S. Rosas, 6 hours.

NC 1002-60	Т	Feb. 4 & 11	6-8:50 p.m.	No Fee	
	Location: SWC Chula Vista Campus,				
	Room	n 59 A-102			
NC 1002-E1	Th	Apr. 9 & 16	6-8:50 p.m.	No Fee	
	Location: SYEC				

Customer Service: Dealing with Difficult People

Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one.

Instructor: S. Rosas, 6 hours.

NC 1006-60	Locat	Feb. 18 & 25 ti on: SWC Chula V 1 63A-101		No Fee
NC 1006-E1		April 22 & 29 tion: CVCH	9–11:50 a.m.	No Fee
NC 1006-E2		Apr. 23 & 30 t ion: SYEC	6–8:50 p.m.	No Fee

Customer Service: Managing Change

Explores our natural tendencies and the tendencies of our customers to resist change in the workplace. Introduces techniques for handling change and how to introduce change to our customers. Provides practice of change management techniques. **Instructor: S. Rosas**, 6 hours.

NC 1069-60	Т	Mar. 3 & 10	6–8:50 p.m.	No Fee
	Location: SWC Chula Vista Campus,			
	Room	63A-103		

Customer Service–Mastering Communication

Introduces effective and positive communication that is key to customer service success. Focuses on the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explores and provides opportunity to practice the techniques of effective communication.

Instructor: S. Rosas, 6 hours.

NC 1003-E1	W	Jan. 29 & Feb. 5 9-1	1:50 a.m.	No Fee
	Loca	tion: CVCH, Room B11	1/B112	

Customer Service–Decision Making and Problem Solving

Explores techniques for making business decisions and solving problems. Introduces decision-making styles and when each style might be applied. Reviews how to assess a situation, prioritize the urgency of tasks, and select the steps for successful completion. **Instructor: S. Rosas**, 6 hours.

NC 1070-60	Locat	Mar. 17 & April 7 ti on: SWC Chula V 1 63A-103		No Fee
NC 1070-E1		Mar. 5 & 12 t ion: CVCH	9–11:50 a.m.	No Fee

Customer Service–Time and Stress Management

Workplace demands efficiency and productivity. Manage our time and stress has an impact on our ability to perform above company standards. Juggle more work and changes with less time and still "keep your cool". Explore time management techniques at work that will help you stay in balance. Be both more efficient and happier in the workplace.

Instructor: S. Rosas, 6 hours.

NC 1071-E1	W	May 6 & 13	9–11:50 a.m.	No Fee
	Loca	tion: CVCH		

Customer Service: The Right Attitude

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

Instructor: S. Rosas, 6 hours.

NC 1073-E1	 Feb. 12 & 19 tion: CVCH	4–6:50 p.m.	No Fee
NC 1073-E2	May 7 & 14 tion: SYEC	6–8:50 p.m.	No Fee

Customer Service: Team Building

Explores how working as teams in business can increase productivity, enhance project management, reduce business conflicts, and create superior customer service. Identifies team opportunities that can be applied to your company. Examines the "roles" in a team and how to be both a leader and team player. Provides practice of new skills in typical business scenarios. **Instructor: S. Rosas,** 6 hours.

No Fee	NC 1074-60	T April 14 & 2 Location: SWC Cl Room 63A-103	1 6–8:50 p.m. hula Vista Campus,	No Fee
No Fee	NC 1074-E1	W April 8 & 15 Location: CVCH	4–6:50 p.m.	No Fee

Tax Preparation/Income Tax Certificate

Complete both NC 113 and NC 114 and receive a Certificate of Completion-60 hours total.

Tax Preparation/Income Tax Course I

Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion.

Required text: available at the Bookstore, to be purchased by the first day of class.

30 hours.

- NC 113-60 TTh Feb. 18–Mar. 19 6–8:50 p.m. No Fee Instructor: R. Dally Location: SWC Chula Vista Campus, Room 59A-102
- NC 113-85 Sat Feb. 8–Mar. 21 8 a.m.–12:50 p.m. No Fee No Class: 2/15 Instructor: D. Yager Location: HEC SY, Room 5201
- NC 113-E1 MW Feb. 12–Mar. 18 5–7:50 p.m. No Class: 2/17 Instructor: D. Yager Location: CVLIB2

Tax Preparation/Income Tax Course II

Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. **Required text: available at the Bookstore, to be purchased by the first day of class.** 30 hours.

	NC 114-60	TTh Apr. 7–May 7 Instructor: R. Dally	6–8:50 p.m.	No Fee
		Location: SWC Chula Room 59A-102	Vista Campus,	
No Fee				
	NC 114-85	Sat Mar. 28–May 2 Instructor: D. Yager	8 a.m.–12:50 p.m.	No Fee
		Location: HEC SY, Ro	om 5201	
No Fee	NC 114-E1	MW Apr. 6–May 6 Instructor: D. Yager Location: CVLIB2	5–7:50 p.m.	No Fee

Entry Level English as a Second Language (ESL)

Students who have completed NC 108, NC 109 and NC 110 will receive a Certificate of Completion from Southwestern College.

Basic ESL I

Exposes English language learners to the first of three instructional levels of ESL for academic and everyday purposes. Introduces activities at a novice-low level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competence. 30-32 hours.

NC 108-01	MW Feb. 3–Mar. 18 No Class: 2/17 Instructor: C. Stuardo Location: SWC Chula V		
NC 108-E2	MW Jan. 6–Mar. 9 No Class: 1/20, 2/17 Instructor: N. Bartels Location: CVLIB2	12–1:50 p.m.	No Fee
NC 108-E3	MW Feb. 3–Mar. 18 No Class: 2/17 Instructor: S. Kean Location: SYSD3	8:30–10:40 a.m.	No Fee
NC 108-E4	TTh Jan. 30–Mar. 19 Instructor: TBA Location: OMNL	3:30–5:20 p.m.	No Fee
NC 108-E5	TTh Jan. 30–Mar. 19 Instructor: F. Piovesan Location: SYSD1		No Fee
NC 108-E6	MW Feb. 3–Mar. 18 No Class: 2/17 Instructor: TBA Location: SCCC	1:30–3:30 p.m.	No Fee

Basic ESL II

Exposes English learners to the second of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-mid level which encourage independent learning. Promotes control over students' ability to learn and engage in goaldirected behaviors. Increases English language grammar, reading, listening, conversation, and writing competences. 30-32 hours.

NC 109-01	MW	Mar. 30–May 20	12-1:50 p.m.	No Fee	
	Instru	uctor: C. Stuardo			
	Location: SWC Chula Vista Campus, Room 39-106				

NC 109-70 TTh Jan. 30–Mar. 19 3:30–5:20 p.m. No Fee Instructor: TBA Location: HEC NC, Room 7211

NC 109-E1	TTh Apr. 2–May 21 Instructor: TBA Location: OMNL	3:30–5:20 p.m.	No Fee
NC 109-E2	TTh Apr. 14–May 21 Instructor: N. Bartels Location: SYSD1	10 a.m.–12:20 p.m.	No Fee
NC 109-E4	MW Feb. 3–Mar. 18 No Class: 2/17 Instructor: S. Kean Location: SYSD3	11 a.m.–1 p.m.	No Fee
NC 109-E5	MW Feb. 3–Mar. 18 No Class: 2/17 Instructor: F. Piovesan Location: SYSD2	9–11:10 a.m.	No Fee

Basic ESL III

Exposes English language learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students' ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing. 30-32 hours.

NC 110-01	TTh	Feb. 4–Apr. 7	9–10:50 a.m.	No Fee
	No C	lass: 3/24, 3/26, 3	3/31	
	Instru	uctor: M. Alca		
	Locat	tion: SWC Chula V	'ista Campus, Ro o	om 55A-109
NC 110-E2		$\Delta nr 13 May 22$	10_11·25a m	

- NC 110-E2 MWF Apr. 13–May 22 10–11:25a.m. No Fee Instructor: TBA Location: SYSD3
- NC 110-E3 MW Apr. 13–May 20 9–11:20 a.m No Fee Instructor: C. Stuardo Location: SYSD2
- NC 110-E4 TTh Jan. 2–Feb. 27 12–1:50 p.m. No Fee No Class: 1/28 Instructor: N. Bartels Location: CVLIB2

Career and Personal Development

OSHA 10-Hour General Industry Standards

Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card. **Required Student Handbook: to be purchased at the Bookstore by the first day of class.**

Instructor: D. Vera, 10.8 hours.

NC 139-60 TTh Jan. 30–Feb. 11 6:30–8:55 p.m. No Fee Location: SWC Chula Vista Campus, Room 39-106 \$8 materials fee paid at the time of registration.

OSHA 30-Hour General Industry Standards

Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card. **Required Student Handbook: to be purchased at the Bookstore by the first day of class. Instructor: D. Vera**, 30.8 hours.

NC 140-60 TTh Feb. 13–Mar. 19 6:30–9 p.m. No Fee Location: SWC Chula Vista Campus, Room 39-106 \$8 materials fee paid at the time of registration.

Construction OSHA 10

Provides students training for entry-level OSHA 10-hour Construction Industry Standard certification. Provides information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA Construction Industry Standards card. **Required Student Handbook: to be purchased at the Bookstore by the first day of class.**

Instructor: C. Ochoa, 10.8 hours.

NC 141-60 TTh Apr. 2–14 6:30–8:55 p.m. No Fee Location: SWC Chula Vista Campus, Room 39-106 \$8 materials fee paid at the time of registration.



OSHA 30-Hour Construction Industry Standards

Provides students required training for supervisor-level OSHA 30hour Construction Industry Standard certification with information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA Construction Industry Standards card. **Required Student Handbook: to be purchased at the Bookstore by the first day of class.**

Instructor: C. Ochoa, 30.8 hours.

NC 142-60 TTh Apr. 16–May 21 6:30–9 p.m. No Fee Location: SWC Chula Vista Campus, Room 39-106 \$8 materials fee paid at the time of registration.

Family Childcare Business I

Examines the process of setting up an in-home childcare business. Introduces analysis and implementation of a business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Explores creative ways to use available space and materials for a developmentally appropriate environment. Instructor: E. Marquez, 12 hours.

NC 1054-E1 W Jan. 29–Feb. 12 5–8:50 p.m. No Fee Location: SYSD1

Family Childcare Business II

Identifies caregivers' responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect. **Instructor: E. Marguez**, 12 hours.

NC 1055-E1	W	Feb. 19–Mar. 4	5–8:50 p.m.	No Fee
	Loca	tion: SYSD1		

Family Childcare Business III

Examines major theories in child development with an emphasis on practical application for the family child care provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement. Instructor: E. Marguez, 12 hours.

NC 1056-E1 W Mar. 11–Apr. 1 5–8:50 p.m. No Fee No Class: 3/25 Location: SYSD1

Family Childcare Business IV

Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, and free/low cost materials). **Instructor: E. Marquez**, 12 hours.

NC 1057-E1	W	Apr. 8–22	5–8:50 p.m.	No Fee
Location: SYSD1				

Family Childcare Business V

Examines the concept of developmentally appropriate practices as applied to the home learning environment. Analyzes the basic "whole child" approach to developing a curriculum for young children. Explores the role of a caregiver in providing an inclusive and multicultural environment rich in diversity and acceptance of the individual.

Instructor: E. Marquez, 12 hours.

NC 1058-E1	W	Apr. 29–May 13	5–8:50 p.m.	No Fee
	Loca	tion: SYSD1		



Using Your Foreign Degree in the United States

Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.

Instructor: D. Edwards, 3 hours.

NC 92-01	Locati	Apr. 29 on: SWC Chula \ 59A-102	4–6:50 p.m. /ista Campus,	No Fee
NC 92-60	Locati	Jan. 30 on: SWC Chula \ 59A-102	5:30–8:20 p.m. /ista Campus,	No Fee
NC 92-E1		Feb. 19 on: SCCC	2–4:50 p.m.	No Fee

Retraining Readiness

Designed to assist the adult learner who has been away from school to prepare for the demands and expectations of vocational training. Topics include learning styles, time management, managing multiple roles and responsibilities, study and test preparation skills, goal setting, and community resources and services.

Instructor: J. Reyes, 6 hours.

NC 90-E1	W Apr. 15 Location: TBA	8 a.m.–1:50 p.m.	No Fee
NC 90-E2	Th Apr. 16 Location: TBA	8 a.m.–1:50 p.m.	No Fee
NC 90-E3	W Apr. 22 Location: TBA	8 a.m.–1:50 p.m.	No Fee
NC 90-E4	Th Apr. 23 Location: TBA	8 a.m.–1:50 p.m.	No Fee
NC 90-E5	W Apr. 29 Location: TBA	8 a.m.–1:50 p.m.	No Fee
NC 90-E6	Th Apr. 30 Location: TBA	8 a.m.–1:50 p.m.	No Fee

Computers

Introduction to Computers

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.

6 hours.

NC 1051-80	TTh	Mar. 3–10	9–10:50 a.m.	No Fee
	Instructor: V. Cofeen Mcvoy Location: HEC SY, Room 5201			
NC 1051-81	No C	Feb.10–19 Class: 2/17 uctor: TBA	9–10:50 a.m.	No Fee
	Location: HEC SY. Room 5201			

NC 1051-E1	TTh	Apr. 2–9	2:30–4:20 p.m.	No Fee
Instructor: TBA				
Location: SCCC				

Introduction to Microsoft Word

Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word.

12 hours.

NC 198-50	No C Instru Loca	Jan. 25–Mar. 7 Class: 2/15 uctor: N. Bartels tion: SWC Chula \ n 17A-111		No Fee
NC 198-80	Instr	Feb. 24–Mar. 11 uctor: TBA tion: HEC SY, Roo		No Fee
NC 198-E1	Instru Loca	uctor: N. Bartels ition: CVLIB1	12–1:50 p.m. ease feel free to bring	No Fee g it.
NC 198-E2	Instru	Feb. 4-20 uctor: TBA tion: SCCC	2:30–4:20 p.m.	No Fee

Developing High-Performance Charts in Microsoft Excel

Reviews the basics of spreadsheet use: structure, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.

Instructor: N. Bartels, 12 hours.

Students are required to bring a USB Flash drive to save and store class assignments

- NC 24-50 Sat Mar. 14–Apr. 25 8:30–10:20 a.m. No Fee No Class: 3/28 Location: SWC Chula Vista Campus, Room 17A-111
- NC 24-E1 TTh Apr. 7–23 12–1:50 p.m. No Fee Location: CVLIB1 If you have a laptop, please feel free to bring it.

Introduction to Microsoft Outlook

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts. Instructor: V. Coffeen McEvoy, 3 hours.

NC 199-80	Μ	Mar. 16	8:30–11 a.m.	No Fee
	Loca	ation: HEC S	Y, Room 5201	

Disability Support Services

Stepping Stones to Success in the Workplace

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.

Instructor: S. Fiala, 30 hours.

NC 103-01	Th	Jan. 30–May 21	9–11:50 a.m.	No Fee
	No (Class: 3/26		
	Loca	ation: SWC Chula	Vista Campus,	
	Roo	m 59A-102		
	Sea	ting is limited to 2	25 students	

Independence, Social, and Study Strategies

Addresses the needs of college students with autism. Assists students in developing skills and knowledge necessary to reach their educational objectives. Emphasizes time management strategies, information on campus resources, stress management techniques, study skills, and effective communication strategies. **Instructor: V. Corona**, 32 hours.

NC 105-01 W Jan. 29–May 20 1:30–3:20 p.m. No Fee Location: SWC Chula Vista Campus, Room 59A-102 *Seating is limited to 15 students*

English as A Second Language

Transitioning to College ESL

Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways. **Instructor: TBA**, 24 hours.

NC 220-01 TTh Apr. 7–May 14 9:30–11:20 a.m. No Fee Location: SWC Chula Vista Campus, Room 63A-102

Computers and Technology for ESL

Provides the linguistic and basic technology skills English as a Second Language (ESL) learners need in order to be able to succeed in ESL classes and in everyday life skills. Prepares students linguistically to take college classes that use basic technology.

Instructor: A. Moreno, 18 hours.

NC 221-01 F Feb. 21–May 15 9:30–10:45 a.m. No Fee No Class: 3/27 Location: SWC Chula Vista Campus, Room 55A-102

Conversation Skills and American Culture Through Songs, Movies, and Other Media

Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of culture in the United States through discussion and analysis of films, songs, and other forms of media. Recommended for students with novice-high proficiency or higher, according to California Pathways. 23-24 hours.

NC 222-01	F	Jan. 31–May 22	8:30–9:50 a.m.	No Fee
	No C	Class: 2/14, 3/27		
	Instr	uctor: C. O'Gorma	an Fazzolari	
	Loca	tion: SWC Chula \	/ista Campus,	
	Roor	m 55A-107		
NC 222-80	TTh	Feb. 18–May 19	1:30–2:20 p.m.	No Fee

NC 222-80 TTh Feb. 18-May 19 1:30-2:20 p.m. No Fe No Class: 3/24, 3/26, 3/31 Instructor: TBA Location: HEC SY, Room 5206

ESL for Family Literacy

Develops oral and written communication skills in standard English within the context of child care, child rearing, and parenting. Strengthens listening, speaking, reading, and writing skills useful for communicating with and about children at different stages of development on topics including day-to-day care, health, education, and safety. This course is intended for non-native speakers of English who are parents, grandparents, and child care providers. This course is recommended for non-native speakers at novice-high level or higher according to California Pathways. **Instructor: TBA**, 24 hours.

NC 223-E1	W	Feb. 19–Apr. 29	6–8:10 p.m.
	No	Class: 3/25	
	Loc	ation: SYSD1	

Self-Improvement

Algebra Review for Test Prep and Course Support

Provides an individualized program of instruction to review various topics in Algebra. Consists of adaptive computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for the SWC Math placement test. **Instructor: TBA.** 9 hours.

NC 146-01	M–F Jan. 13–24 No Class: 1/20	9–9:50	No Fee
	Location: SWC Chu	la Vista Campus, Ro	om 60-116
NC 146-02	M–Th Feb. 10–25 No Class: 2/17	4–4:50 p.m.	No Fee
	Location: SWC Chu	la Vista Campus,	
	Room 54A-109		

Trigonometry Refresher

Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computerassisted instruction to refresh those concepts identified as needed for each student.

Instructor: TBA, 9 hours.

No Fee

NC 1104-01	M–Th Feb. 10–25	4–4:50 p.m.	No Fee
	No Class: 2/17		
	Location: SWC Ch	ula Vista Campus, Ro	om 60-206

Organize Your Life and Have More Time for Fun

Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination. **Instructor: J. Acosta,** 12 hours.

NC 1015-E1	Sat	Apr. 11–25	9 a.m.–12:50 p.m.	No Fee
	Loca	tion: SOBA		

Home Safety for Older Adults

Recognizing that most accidents occur in the home, this course provides information, strategies, and techniques to make all areas of your home safer and more secure. Emphasizes the following key topics: safety factors and recommendations, most common home injuries and problems, balance awareness, fall prevention tips, evacuation planning and disaster kits, and basic security measures.

Instructor: J. Acosta, 6 hours.

NC 1-E1	Sat Jan. 11–18 Location: SOBA	9–11:50 a.m.	No Fee
NC 1-E2	W Jan. 15–22 Location: CDSM	9–11:50 a.m.	No Fee

Retirement Living

Explores a broad range of important topics for retirees and older adults, including: health maintenance, consumer awareness, physical illness, estate planning, community resources, leisure time activities, and adapting to a new lifestyle. Instructor: J. Acosta, 12 hours.

NC 38-E1	Sat	Feb. 1–22	9 a.m.–12:50 p.m.	No Fee
	No C	Class: 2/15		
	Loca	tion: SOBA		

Family and Parenting

Childbirth Education for Expectant Parents (Lamaze)

Prepares expectant parents for a positive childbirth experience. Instructs students on diverse methods of prepared childbirth, as well as demonstration and practice of essential and helpful exercises. Encourages childbirth partners/coaches, who are an integral part of the process, to attend and participate. Instructors: R. Joselevitz, 10-20 hours.

NC 6-50	Sat	Mar. 14–21	8 a.m.–12:50 p.m.	No Fee
NC 6-61	TTh	Apr. 14–May 7	7–9:15 p.m.	No Fee
	Loca	tion: SWC Chula	Vista Campus,	
	Roor	n 63A-101		

Please be sure to bring a mat and two pillows to class. You are encouraged to bring a partner-partners must also register for this class.

Recommended for students who are close to their due date.



Art, Music, and Crafts

Art Therapy

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

12 hours.

NC 1053-80	F Feb. 21–Apr. 3 Instructor: A. Bejara Location: HEC SY, Ro	no	No Fee
	W Jan. 29–Mar. 4 W Mar. 11–Apr. 22 No Class: 3/25		No Fee No Fee
NC 1053-E3	T Mar. 17–May 19 No Class: 3/24 Instructor: D. Davis Location: PACE) 1:15–2:30 p.m.	No Fee
NC 1053-E4	M Feb. 3–Mar. 2 No Class: 2/17 Instructor: D. Davis Location: CVLIB1	1–3:50 p.m.	No Fee
NC 1053-E5	W Jan. 29–Mar. 4 Instructor: D. Davis Location: GGAF	10–11:50 a.m.	No Fee

NC 1053-E6	S	Feb. 1-Mar. 14	10–11:50 a.m.	No Fee	
NC 1053-E7	F	Mar. 13–Apr. 4	3–4:50 p.m.	No Fee	
	Sat	Mar. 13–Apr. 4	10–11:50 a.m.		
	No C	lass: 3/27			
NC 1053-E8	Sat	Apr. 11–May 16	10–11:50 a.m.	No Fee	
	Instru	uctor: D. Davis			
Location: SPPS					
NC 1053-E9	Th	Feb. 6–Mar. 12	10:30 a.m12:20 p.m	n.No Fee	
NC 1053-E10	DTh		10:30 a.m12:20 p.m		
Instructor: A. Bejarano					

Location: OMNL

Gospel Choir I

Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

Instructor: P. Lenud, 72 hours.

NC 3081-01 TTh Jan. 30–May 21 1:30–3:40 p.m. No Fee No Class: 3/24, 3/25 Location: SWC Chula Vista Campus, Room 85-101

Wellness and Fitness

Tai Chi

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages.

Instructor: G. Samuels, 23.8-24 hours.

NC 32-01		,	8:35–9:55 a.m. ista Campus, Room	
NC 32-62			4:30–5:50 p.m. ista Campus, Room	
NC 32-80	Sat Feb. 1– No Class: 2/ ⁻ Location: HE	15		No Fee
NC 32-81	Th Feb. 6– No Class: 3/2 Location: HE	26	10:30–11:50 a.m. m 5103	No Fee
NC 32-E1	M Feb. 3– No Class: 2/-		1:30–2:55 p.m.	No Fee
NC 32-E2		–May 21 26	1:30–2:45 p.m.	No Fee
NC 32-E3	Sat Feb. 1– Location: SP		10–11:20 a.m.	No Fee

Body Dynamics and Aging Process

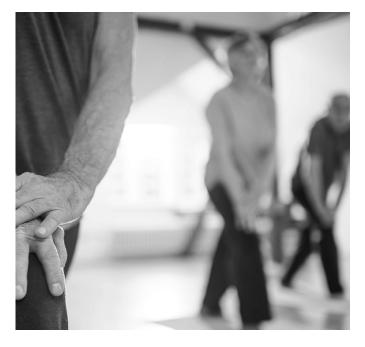
Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability. **Instructor: J. Acosta**, 36 hours.

NC 34-E1 NC 34-E2	TTh Jan. 2–Mar. 5 TTh Mar. 10–May 19 No Class: 3/24, 3/26 Location: CDSM	8:30–10:20 a.m. No Fee 8:30–10:20 a.m. No Fee
NC 34-E3 NC 34-E4	TTh Jan. 2–Mar. 5 TTh Mar. 10–May 19 No Class: 3/24, 3/26 Location: SOBA	11 a.m.–12:50 p.m. No Fee 11 a.m.–12:50 p.m. No Fee

Wellness for Older Adults

Provides instruction designed to help older adults remain healthy, safe, and independent. Emphasizes the physiological aspects of aging, disease prevention techniques, and how exercise and nutrition play important roles in enhancing physical and emotional health, reducing stress, and reducing the risk for falls and injuries. **Instructor: A. Solis**, 45 hours.

NC 99-E1	MWF Jan. 29–May 22 7–7:50 a.m.	No Fee
	No Class: 2/14, 217, 3/23, 3/25, 3/27	
NC 99-E2	MWF Jan. 29–May 22 8:30–9:20 a.m.	No Fee
	No Class: 2/14, 217, 3/23, 3/25, 3/27	
NC 99-E3	MWF Jan. 29–May 22 10–10:50 a.m.	No Fee
	No Class: 2/14, 217, 3/23, 3/25, 3/27	
	Location: SCCP	



It's Time to Explore Your **NEXT STEPS** and Discover the Keys to Success

Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you're wondering what other educational opportunities you can take advantage of at Southwestern College?

Eligible, enrolled Noncredit students can attend an orientation and meet with a counselor to explore education opportunities and services available through Southwestern College.

The type of information covered includes topics such as:

- Exploring career options and choosing life/career goals
- Identifying you current skill levels-know your starting place
- Making the transition to college
- Becoming aware of campus services and resources available
- How to pay for college-maybe you are eligible for financial assistance
- Developing an educational plan-your road map to success

For more information and to schedule your NEXT STEPS appointment, please contact the Continuing Education office at 619-482-6376 This service is made available through Noncredit Student Success



Crown Cove Aquatic Center CCAC Cont Cove Aquatic

5000 Highway 75, Coronado, CA 92118

Located at the Silver Strand State Beach

Directions found at: http://www.swccd.edu/crowncove

To register for classes listed below call CCAC's Community CPR & First Aid Program Office at 619-429-1669.

Pediatric Safety and CPR

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and First Aid quidelines.

Instructor: J. Araiza. 8 hours.

NC 1022-E1	Sat	January 4	8:30 a.m4:40 p.m. No Fee
NC 1022-E2	Sat	February 29	8:30 a.m4:40 p.m. No Fee
NC 1022-E3	Sat	March 21	8:30 a.m4:40 p.m. No Fee
NC 1022-E4	Sat	April 11	8:30 a.m4:40 p.m. No Fee
NC 1022-E5	Sat	May 2	8:30 a.m4:40 p.m. No Fee
	Locatio	on: CCAC	

Required textbook: Heartsaver Pediatric First Aid CPR AED (2015) (Available onsite at CCAC for \$5). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Basic First Aid and Adult CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR. 8 hours.

NC 40-E1 NC 40-E2 NC 40-E3	Sat Sat Sat	January 18 February 22 March 7	8:30 a.m.–4:40 p.n 8:30 a.m.–4:40 p.n 8:30 a.m.–4:40 p.n	n.No Fee
NC 40-E4	Sat	April 4	8:30 a.m4:40 p.n	n.No Fee
	Instruc	ctor: D. Hawley		
NC 40-E5	Sat	April 25	8:30 a.m4:40 p.r	n.No Fee
	Instrue	ctor: B. Burdick		
NC 40-E6	Sat	May 16	8:30 a.m.–4:40 p.n	n.No Fee
	Instruc	ctor: D. Hawley		
	1 41	on: CCAC		
	Locati	OII: COAC		
NC 40 E7			9 a.m. 4:10 a.m.	No Foo
NC 40-E7	Th	January 16	8 a.m4:10 p.m.	No Fee
NC 40-E8	Th Th	January 16 February 20	8 a.m.–4:10 p.m.	No Fee
NC 40-E8 NC 40-E9	Th Th Th	January 16 February 20 March 19	8 a.m.–4:10 p.m. 8 a.m.–4:10 p.m.	No Fee No Fee
NC 40-E8	Th Th	January 16 February 20	8 a.m.–4:10 p.m.	No Fee
NC 40-E8 NC 40-E9	Th Th Th	January 16 February 20 March 19	8 a.m.–4:10 p.m. 8 a.m.–4:10 p.m.	No Fee No Fee
NC 40-E8 NC 40-E9 NC 40-E10	Th Th Th Th Th Th	January 16 February 20 March 19 April 16	8 a.m.–4:10 p.m. 8 a.m.–4:10 p.m. 8 a.m.–4:10 p.m.	No Fee No Fee No Fee

NC 40-E12	Th	January 9	8 a.m.–4:10 p.m.	No Fee
NC 40-E13	М	February 3	8 a.m.–4:10 p.m.	No Fee
NC 40-E14	Th	March 12	8 a.m.–4:10 p.m.	No Fee
NC 40-E15	Μ	April 6	8 a.m.–4:10 p.m.	No Fee
NC 40-E16	Th	May 7	8 a.m.–4:10 p.m.	No Fee
	Instruc	tor: W. Price		
	Locatio	on: HHSA		

Required textbook: Heartsaver First Aid CPR AED (2015) (Available onsite at CCAC for \$5). American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

CPR for the Healthcare Provider

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor; follows the guidelines of both the American Red Cross and the American Heart Association. 8-9 hours.

NC 1007-E2 Sat February 1 8:30 a.m5:40 p.m. No F Instructor: D. Hawley NC 1007-E3 Sat March 14 8:30 a.m5:40 p.m. No F	ee
-	
	ee
Instructor: M. Smith	
NC 1007-E4 Sat April 18 8:30 a.m5:40 p.m. No F	ee
NC 1007-E5 Sat May 9 8:30 a.m5:40 p.m. No F	ee
Instructor: D. Hawley	
Location: CCAC	
NC 1007-E6 F January 10 8 a.m4:10 p.m. No F	ee
Instructor: B. Burdick	
NC 1007-E7 T February 4 8 a.m4:10 p.m. No F	ee
Instructor: W. Price	
NC 1007-E8 F March 13 8 a.m4:10 p.m. No F	ee
Instructor: B. Burdick	
NC 1007-E9 T April 7 8 a.m4:10 p.m. No F	ee
Instructor: W. Price	
NC 1007-E10F May 8 8 a.m4:10 p.m. No F	ee
Instructor: B. Burdick	
Location: HHSA	

For registration information, call the Crown Cove Aquatic Center at 619-429-1669

Continuing Education | Spring 2020 | NONCREDIT CLASSES

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bagvalve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive course completion certificate. **Required book: BLS Provider Manual 2015**, (available at CCAC for \$10). American Heart Association (AHA) course completion certificate is \$30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.

Basic Life Support (BLS) Instructor

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.16 hours.

NC 1039-E1	SatSun	Feb. 8–9	8:30 a.m4:40 p.m. No Fee	
	Instruc	tor: B. Burdick,		
NC 1039-E2	WTh	Jan. 29–30	8:30 a.m4:40 p.m. No Fee	
	Instructor: D. Hawley			
	Locatio	on: CCAC		

First Aid for Public Safety Personnel-Title 22

Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code.

Instructor: W. Price, 16 hours.

NC 15-E1	M–Th	April 13–16	5:30–9:20 p.m.	No Fee
	Locati	on: CCAC		

As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Oxygen Administration for the Professional Rescuer

Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as; suction, oral and airway adjuncts, resuscitation masks, bag-valve-masks, and supplemental oxygen. Follows both the American Red Cross (ARC) and the National Safety Council (Green Cross) guidelines.

Instructor: W. Price, 3 hours.

NC 1014-E1	Т	April 7	5:30–8:30 p.m.	No Fee
	Locatio	n: CCAC		

Lifeguard Training

Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of the water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training (Including First Aid and CPR/PRO). **Instructor: W. Price**, 36 hours.

NC 70-E1	Sat	April 11	8:30 a.m4:40 p.m. No Fee (SWC Aquatic Complex)		
	Sun	April 12	8:30 a.m4:40 p.m.		
			(CCAC)		
	F	April 17	5:30–9:20 p.m.		
			(CCAC)		
	Sat	April 18	8:30 a.m.–4:40 p.m.		
			(SWC Aquatic Complex)		
	Sun	April 19	8:30 a.m4:40 p.m.		
			(SWC Aquatic Complex)		
	Location: SWC Chula Vista Campus,				
	Aquatic Complex				
	Location: CCCA				

As per the new Red Cross guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Boating Safety Paddle Sports Leader Training

This course is designed for those pursuing careers as recreation assistants in aquatic recreation programs. Training covers small craft safety, general operations, basic rescue, skill development and instructional methods in teaching kayaking, canoeing, outrigger canoeing. Successful completion leads to certification in small craft, basic rescue and paddle sports leader. This course is recommended for the American Canoeing Association (ACA) instructor preparation.

Instructor: J. Ramos, 24 hours.

NC 1064-E1 SatSun March 7, 8, & 14 8:30 a.m.-4:40 p.m. No Fee NC 1064-E2 SatSun May 2, 3, & 9 8:30 a.m.-4:40 p.m. No Fee Location: CCAC

Basic Boating & Water Safety for Recreation Assistants

This course provides the recreation assistant with a basic understanding of the areas of personal boating safety, boating laws, navigational rules and aids, small vessel operation, boating accident prevention and water rescue. Leads to certification from the California Department of Boating and Waterways. Instructor: J. Ramos, 4 hours.

NC 1046-E1 Sat	March 21	8:30 a.m.–1:30 p.m. No Fee
NC 1046-E2 Sat	May 16	8:30 a.m.–1:30 p.m. No Fee
Loca	tion: CCAC	

Fee-Based CLASSES

All Fee-Based Classes held at the SWC Chula Vista Campus

Career and Professional Development

Make Extra Income as a Wholesale Auto Dealer from Home

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours.

CS 257-60 WTh Feb. 12–13 6–9:30 p.m. Fee: \$85 Location: SWC Chula Vista Campus, Room 55A-109 \$25 materials fee paid at the time of registration.

Voice-Overs...Now is Your Time!

In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for!

Instructor: Justine Reiss, 2 hours.

CS 148-60	Sat	Feb. 29	10 a.m.–12 p.m.	Fee: \$45
	Loca	ation: SWC	Chula Vista Campus,	
	Roo	m 55A-107		



California State Notary Public Seminar

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours.

CS 14-50 CS 14-51	Sat Sat	Jan. 25 Mar. 21	8 a.m.–4 p.m. 8 a.m.–4 p.m.	Fee: \$75 Fee: \$75
	Loca		hula Vista Campus,	
			inula vista Gampus,	
	Rooi	m 55 A-10 7		
	\$49	materials fee	paid at time of registra	ation.
	Onti	onal State ex	, am scheduled 4–5 p.n	n for an
	'		'	
	addi	tional \$40 fee	, ,	

Loan Signing–Notary Public Seminar

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

Instructor: Thomas Peavyhouse, 7 hours.

CS 143-50	Sun	Jan. 26	9 a.m.–5 p.m.	Fee: \$75	
CS 143-51	Sun	Mar. 22	9 a.m–5 p.m.	Fee: \$75	
Location: SWC Chula Vista Campus, Room 55A-107					
	\$79 n	naterials fee	e paid at time of registrati	on.	

Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!

The Internet has enabled people to run a business with low startup costs and high profitability. From information brokers, to freelancers, to eBay sellers, people have used their computers to build their fortunes. This class presents more than 120 high-demand businesses that can be completely run from your home computer. These computer-based businesses may utilize skills you already have, skills that are easily attained, or skills requiring formal training. This class will cover how to create different types of businesses using easy methods for bookkeeping and taxes, to make sense of the legal "mumbo-jumbo" (sales taxes, business licensure, and business structure), to make a profit-boosting website, and to find FREE resources that can give you a leg up! Instructor: Nancy Miller, 3 hours.

CS 278-60 M Feb. 24 6:30–9:30 p.m. Fee: \$39 Location: SWC Chula Vista Campus, Room 63A-101 \$30 materials fee paid at time of registration.



Podcasting for Profit

Have you ever wanted to be a DJ or the host of a radio show? Would you like to be paid to host your own show? Now you can, by setting up your own Podcasting programing! This course explains and demonstrates how to set up an audio podcast and monetize it including the equipment and software necessary, the procedures for creating and broadcasting, and over a dozen ways to make money with your podcasts – all for FREE! Instructor: Mike Rounds, 3 hours.

CS 325-60	Т	Feb. 25	6:30–9:30 p.m.	Fee: \$39	
	Loc	ation: SWC C	hula Vista Campus,		
	Room 63A-102				
	\$30	materials fee	paid at time of registrat	ion.	

Child Visitation Monitor Training Course

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is \$35–\$60 per hour. The monitor's responsibility is to ensure the safety and wellbeing of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. You will receive the necessary forms to register with the San Diego Superior Court and begin working as a professional Child Visitation Monitor. You must be at least 21 years old and have a clean record to register for this course.

Instructor: Jazmin Mundo, 24 hours.

CS 326-50	Sat	Feb. 1–22	8:30 a.m4:30 p.m.Fee: \$295	
	No C	Class: 2/15		
CS 326-51	Sat	May 2–16	8:30 a.m4:30 p.m. Fee: \$295	
Location: SWC Chula Vista Campus,				
Room 58A-104				
	\$60 materials fee paid at time of registration.			

New! Introduction to Vectorworks

Vectorworks Fundamentals is a premier drawing and modeling tool, with the flexibility you need to design anything you can imagine. This course provides students interested in careers in landscape, lighting, and architectural design with hands-on training in Vectorworks Fundamentals that will empower you to bring your imagination to life!

Instructor: Dennis Selder, 12 hours.

CS 327-60 TW Mar. 3–18 6–8 p.m. Fee: \$250 Location: SWC Chula Vista Campus, Room 38-106 **Limited to 18 students**

Financial Planning

Living Trust–Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained.

Instructor: Erin Myers, 3 hours.

CS 68-50 Sat Mar. 7 9 a.m.-12 p.m. Fee: \$35 Location: SWC Chula Vista Campus, Room 55A-107

Retirement Planning Today

Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today. **Instructor: Joe Anderson,** 6 hours.

- CS 175-60 Th Jan. 23–30 6:30–9:30 p.m. Fee: \$49 Location: SWC Chula Vista Campus, Room 55A-109
- CS 175-61 W Jan. 29–Feb. 5 6:30–9:30 p.m. Fee: \$49 Location: SWC Chula Vista Campus, Room 55A-107 *You may bring a guest, at no charge, to any class listed above. Name must be provided at time of registration*

My Street Money™ - The Real Persons Guide to Creating Financial Peace and Security for You and Your Family

Are you ready for a commonsense, down-to-earth guide to using money to help create the secure and happy life you want? The MY STREET MONEY course will help you envision a life of financial confidence and abundance by helping you build a step-by-step financial plan to help you reach your most precious life goals. You will learn to create your own version of the American dream. From money basics on how to earn it, save it, protect and invest it to discovering your own powerful and personal reasons for creating the secure and abundant future you desire and deserve. Realtime money answers from real people and for real people. Classes taught in English. Answers can be in both English and Spanish. Clases en ingles. Respuestas a preguntas en ambos idiomas. Instructor: Daniel Guillen, 6 hours.

- CS 322-50 Sat Feb. 8 9 a.m.–3 p.m. Fee: \$49 Location: SWC Chula Vista Campus, Room 58A-104
- CS 322-60 T Feb. 4–11 6:30–9:30 p.m. Fee: \$49 Location: SWC Chula Vista Campus, Room 58A-104 *You may bring a guest, at no charge, to any class listed above. Name must be provided at time of registration*

Self-Improvement

Build Your Own Website in Minutes for FREE!

If you can use a word processor, you can create your own website in just minutes for free including text, graphics, a shopping cart, and the ability to customize it any way you want it. Forget about learning HTML code, buying expensive software programs, and spending days in classroom sessions. This class will show you how to have your site up and running in just minutes. You'll understand the BEST parts and pieces to put on your site to make it work the way you want it to and how to link and list it with the major search engines.

Instructor: Mike Rounds, 3 hours. Instructor only provides information and demonstration for building a website.

CS 279-60 M Feb. 24 6:30–9:30 p.m. Fee: \$39 Location: SWC Chula Vista Campus, Room 63A-102 \$30 materials fee paid at time of registration.



Making the Most of Social Security

One of the most important decisions that you need to make before you retire is when to take Social Security. Whether you are single, married or divorced, there may be ways to maximize your Social Security. It is important to have good understanding of the inner workings of the Social Security to be able to maximize your benefits.

Instructor: Michael Dose, 2 hours.

CS 288-50	Sat	Mar. 7	10 a.m.–12 p.m. Fee: \$10
	Loca	tion: SWC	Chula Vista Campus, Room 39-106
CS 288-51	Sat	Mar. 21	10 a.m12 p.m. Fee: \$10
	Loca	tion: SWC	Chula Vista Campus, Room 39-105



Traffic School

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending a DMV-approved Traffic Violator School. You must check in by 7:45 a.m. and remain for the entire 8-hour program to meet the DMV requirements. Instructors: Paulino Leon/Philip Ochoa, 8 hours. Location: SWC Chula Vista Campus, Room 59A-102.

English

CS 17-50	Sat	Jan. 4	8 a.m.–4 p.m.	Fee: \$40
CS 17-51	Sat	Jan. 18	8 a.m.–4 p.m.	Fee: \$40
CS 17-53	Sat	Feb. 22	8 a.m.–4 p.m.	Fee: \$40
CS 17-54	Sat	Mar. 7	8 a.m.–4 p.m.	Fee: \$40
CS 17-56	Sat	Apr. 4	8 a.m.–4 p.m.	Fee: \$40
CS 17-57	Sat	Apr. 18	8 a.m.–4 p.m.	Fee: \$40
CS 17-59	Sat	May 16	8 a.m.–4 p.m.	Fee: \$40

Spanish:

CS 17-52S	Sat	Feb. 1	8 a.m.–4 p.m.	Fee: \$40
CS 17-55S	Sat	Mar. 21	8 a.m.–4 p.m.	Fee: \$40
CS 17-58S	Sat	May 2	8 a.m.–4 p.m.	Fee: \$40



SWC DREAMER CENTER

Considering going back to school?

Immigration status is no longer an issue! We can help you register, apply for financial aid (CA Dream Act), legal referrals for DACA Renewals, and more!

Now

Open!

¡Considera volver a la escuela, nunca es tarde!

¡Tu estado de inmigración ya no es un problema! Podemos ayudarte a registrarte, solicitar ayuda financiera (CA Dream Act), referencias legales para renovaciones de DACA, ¡Y más!



SWC Dreamer Center 8:00 AM to 5:00 PM 900 Otay Lakes Road, Chula Vista, CA 91910 Room 426 www.swccd.edu/swcdreamercenter

For more information contact: Alejandra Garcia, Project Specialist 619) 421-6700 Ext. 5695 agarcia4@swccd.edu

0

Stay connected! Follow us: @SWCDreamerCenter

Let us partner with your company in **improving your "greatest investment"**— your employees and sustainable productivity.

Customized Training Program

SWC provides high quality instruction via customized training in key aspects of workforce development through:

- Customer Service
- English for the Workplace
- Diversity Management

In addition to these competitively priced services:

- Personally meet with leadership to discuss training needs
- Bring training to your location and at your convenience

Contact Continuing Education at (619) 482-6376



RN First Assistant-RNFA Program

Presented by: The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

National Standards: RN First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

Eligibility:

RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
- RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

Contact NIFA at 1-800-922-7747 Mon.–Thurs. 7:30 a.m.–5 p.m., Fri. 7:30 a.m.–4 p.m. Visit **www.RNFA.org** or email: **info@NIFA.com** Jennifer Curran RN, CNOR, CRNFA Dean Parsons RN, CNOR, RNFA

The **TENNIS ACADEMY** at Southwestern College 900 Otay Lakes Road, Chula Vista, CA 91910 619-421-6622

Staff

The Tennis Academy offers various programs for Juniors and Adults through group clinics and also private instruction. On-site registration at the Tennis Academy Office only. Flyers for each program are available at the Tennis Academy Office.

Susan Reasons, Jaguar Tennis Academy Coach, SWC Head Women's Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified. Southwestern College Athletic Department Hall of Fame Coach.

Please call Coach Susan Reasons at **619-421-6622** or email: **susanreasons@yahoo.com** for registration information on specific dates and times of classes listed. Registration at Jaguar Tennis Academy Office Only.

Т

Beginning/Advanced Beginning Junior Training Program (Ages 8-17)

Basic skill introduction. To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand eye coordination. Physical conditioning included.

Instructor: Susan Reasons, 1 hour per week/4-week sessions.

Μ	4:30–5:30 p.m.	Fee: \$60
W	4:30–5:30 p.m.	Fee: \$60

Intermediate Junior Training Program (Ages 8-17)

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included.

Instructor: Susan Reasons, 2 hours per week/4-week sessions.

Μ	5:30–7:30 p.m.	Fee: \$85
Th	5:30–7:30 p.m.	Fee: \$85

Advanced Intermediate/Advanced Junior Training Program (Ages 9-17)

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overheads and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Foot work and conditioning included.

Instructor: Susan Reasons, 2 hours per week/4-week sessions.

W 5:30–7:30 p.m. Fee: \$85

Beginning-Intermediate Adult Level Class (Ages 18 and up)

Class will receive instruction on Forehand and Backhand Ground Strokes, Serving, Positioning, Court Knowledge, Basic Rules of Scoring. Plus Footwork Intro to Net Play with Volleys will also be included. Pre-Registration required. Class size limited to 15 students.

Instructor: Susan Reasons, 1.5 hours per week/4-week sessions.

6:30–8 p.m. Fee: \$65

For registration information, call Continuing Education at 619-421-6622

ed2go Via the Internet

ed2go Online Classes start:

January 15, February 12, March 18, April 15 and May 13

• For information about these online classes or to register, go to

www.ed2go.com/swc

For a demonstration of an actual course, go to

www.ed2go.com/demo/

Requirements: All courses require Internet access, e-mail, Netscape Navigator, or Microsoft Internet Explorer. Some courses may have additional requirements. Please visit the Online Instruction Center for more information.

You will be able to download a letter of completion at the end of each course. These courses do not offer college credit.

Fees are nonrefundable two weeks after the class starts.

THE COURSES DO NOT OFFER COLLEGE CREDIT.

Internet and Web Design Fee: \$125 per course

Cse. No. Title

0.00.110.		
ETG-101	Creating Web Pages	\$125
ETG-102	Introduction to ASP.NET	\$125
ETG-104	Introduction to CSS3 and HTML5	\$125
ETG-106	Introduction to PHP and MySQL	\$125
ETG-107	Introduction to Java Programming	\$125
ETG-108	Intermediate CSS3 and HTML5	\$125
ETG-109	Intermediate JAVA Programming	\$125
ETG-111	Achieving Top Search Engine Positions	\$125
ETG-112	Advanced Web Pages	\$125
ETG-114	Blogging and Podcasting for Beginners	\$125
ETG-116	Designing Effective Websites	\$125
ETG-117	Introduction to Microsoft Outlook 2010	\$125
ETG-120	Introduction to Crystal Reports	\$125
ETG-124	Creating Mobile Apps with HTML5	\$125
ETG-125	Creating WordPress Websites	\$125

Computers

Fee: \$120 per course *Unless otherwise noted with asterisk

Cse. No. Title

ETG-200	Introduction to PC Troubleshooting	\$120
	Introduction to Microsoft Excel 2007	\$120
ETG-206	Advanced Microsoft Excel 2013	\$120
ETG-207	Introduction to Microsoft Access 2007	\$120
	Intermediate Microsoft Access 2007	\$120
ETG-209	Introduction to Microsoft Word 2010	\$120
	Intermediate Microsoft Word 2007	\$120
	Introduction to Microsoft PowerPoint 2007	\$120
	Basic CompTIA A+ Certification Prep	\$130
	Intermediate CompTIA A+ Certification Prep	\$130
	Advanced CompTIA A+ Certification Prep	\$130
	Introduction to Microsoft Word 2007	\$120
	Introduction to Dreamweaver CS6	\$120
	Keyboarding	\$120
	Introduction to Microsoft Excel 2010	\$120
	Introduction to Microsoft Project 2007	\$120
	Advanced Microsoft Excel 2007	\$120
	Introduction to PC Security	\$120
	Introduction to Microsoft Project 2010	\$120
	Photoshop CC for the Digital Photographer	\$120
	Intermediate Microsoft Excel 2010	\$120
	Introduction to Microsoft PowerPoint 2010	\$120
	Introduction to Microsoft Access 2010	\$120
	Intermediate Microsoft Access 2010	\$120
	Introduction to Illustrator CS6	\$120
	Photoshop Elements 12 for the Digital	\$120
	Photographer	• ••=•
ETG-233	Photoshop Elements 13 for the Digital	\$120
	Photographer	+ +
ETG-234	Introduction to Photoshop CS5	\$120
	Introduction to InDesign CS6	\$120
	Photoshop CC for the Digital Photographer II	\$120
	Intermediate Photoshop CS5	\$120
	Introduction to Database Development	\$120
	Introduction to Networking	\$120
	Intermediate Networking	\$120
	Computer Skills for the Workplace	\$120
	Intermediate Microsoft Word 2010	\$120
	Introduction to SQL	\$120
ETG-247	Intermediate SQL	\$120
ETG-248	Intermediate Oracle	\$120
	Introduction to C++ Programming	*\$130
	Introduction to C# Programming	*\$130
	Wireless Networking	\$120
	J	

Tech Prep and Special Interest Fee: \$120 per course

Cse. No. Title

ETG-300 Write Fiction Like A Pro	\$120
ETG-301 The Craft of Magazine Writing	\$120
ETG 302 Beginning Writer's Workshop	\$120
ETG-303 Writing Effective Grant Proposals	\$120

For registration information, go to www.ed2go.com/swc

ED2GO ONLINE CLASSES | Spring 2020 | Continuing Education

ETG-305 ETG-306 ETG-307 ETG-308 ETG-309 ETG-310 ETG-311 ETG-312 ETG-314 ETG-315	A to Z Grant Writing Instant Italian GRE Preparation – Part 1 (Verbal and Analytical) GRE Preparation – Part 2 (Quantitative) LSAT Preparation – Part 1 LSAT Preparation – Part 2 Grammar Refresher Beginning Conversational French Writeriffic: Creativity Training for Writers Speed Spanish Grammar for ESL Medical Terminology: A Word Association Approach	\$120 \$120 \$120 \$120 \$120 \$120 \$120 \$120
ETG-318 ETG-319 ETG-321 ETG-322 ETG-323 ETG-324 ETG-325 ETG-326 ETG-327 ETG-328 ETG-329 ETG-330	Introduction to Natural Health and Healing GMAT Preparation Discover Digital Photography Genealogy Basics Learn to Buy and Sell on eBay Secrets of Better Photography Conversational Japanese Photographing People with your Digital Camera Speed Spanish II Writing Essentials Twelve Steps to a Successful Job Search Where Does All My Money Go? Get Assertive! Explore a Career as an Administrative Medical	\$120 \$120 \$120 \$120 \$120 \$120 \$120 \$120
ETG-333 ETG-334 ETG-335 ETG-336 ETG-337 ETG-338	Assistant Leadership Interpersonal Communication Personal Finance Explore a Career in Medical Coding Human Anatomy and Physiology Keys to Effective Communication Become a Veterinary Assistant Become a Veterinary Assistant II: Canine Reproduction	\$120 \$120 \$120 \$120 \$120 \$120 \$120 \$120
ETG-341 ETG-342 ETG-344 ETG-345 ETG-346 ETG-348 ETG-349 ETG-351 ETG-352 ETG-353 ETG-354 ETG-355 ETG-356 ETG-357 ETG-358 ETG-359 ETG-360	Become a Veterinary Assistant III: Practical Skills Introduction to Digital Scrapbooking Achieving Success with Difficult People Solving Classroom Discipline Problems Stocks, Bonds, and Investing: Oh My! Introduction to Screenwriting Fundamentals of Technical Writing Keys to Effective Editing Handling Medical Emergencies Write Your Life Story Helping Elderly Parents Lose Weight and Keep It Off Become a Physical Therapy Aide Spanish for Medical Professionals Understanding Adolescents Spanish in the Classroom Creating a Classroom Web Site Teaching Preschool: A Year of Inspiring Lessons The Creative Classroom	\$120 \$120 \$120 \$120 \$120 \$120 \$120 \$120
ETG-362 ETG-363 ETG-364 ETG-365	The Creative Classroom Teaching Smarter With SMART Boards Ready, Set, Read! Teaching Students with ADHD Guided Reading & Writing: Strategies for Maximum Student Achievement Differentiated Instruction in the Classroom	\$120 \$120 \$120 \$120 \$120 \$120 \$120

ETG-367	Guided Reading: Strategies for the Differentiated	\$120
FTC 240	Classroom	\$120
	Teaching Students with Learning Disabilities Teaching Students with Autism: Strategies for	\$120 \$120
LIG-307	Success	Φ120
ETG-370	Response to Intervention: Reading Strategies That Work	\$120
ETG-371	Singapore Math Strategies: Model Drawing for	\$120
FTC 270	Grades 1-6	¢100
EIG-3/2	Singapore Math: Number Sense and	\$120
CTC 272	Computational Strategies	¢100
	Writing for Children	\$120
	SAT/ACT Preparation – Part 1	\$120
ETG-375	SAT/ACT Preparation – Part 2	\$120
ETG-376	Introduction to Stock Options	\$120
ETG-380	Introduction to Interior Design	\$120
ETG-381	Start Your Own Edible Garden	\$120
ETG-382	Resume Writing Workshop	\$120
	Enhancing Language Development in Childhood	\$120

Small Business Fee: \$120 per course

Cse. No. Title

ETG-400	Start and Operate Your Own Home-Based Business	s \$120
ETG-401	Marketing Your Business on the Internet	\$120
ETG-402	Starting a Nonprofit	\$120
ETG-403	Marketing Your Nonprofit	\$120
ETG-404	Creating a Successful Business Plan	\$120
ETG-405	Starting a Consulting Practice	\$120
ETG-406	Start Your Own Small Business	\$120
ETG-407	Introduction to Internet Writing Markets	\$120

Management and Business Fee: \$130 per course

Cse. No. Title

0000.1100.		
ETG-625	Introduction to QuickBooks 2014	\$130
ETG-628	Purchasing Fundamentals	\$130
ETG 629	Project Management Fundamentals	\$130
ETG-630	Business Finance for Non-Finance Personnel	\$130
ETG-631	Administrative Assistant Fundamentals	\$130
ETG-632	Fundamentals of Supervision and Management	\$130
ETG-633	Effective Business Writing	\$130
ETG-634	Business and Marketing Writing	\$130
ETG-636	Accounting Fundamentals	\$130
ETG-637	Accounting Fundamentals II	\$130
ETG-639	Real Estate Investing	\$130
ETG-641	Building Teams That Work	\$130
ETG-643	Individual Excellence	\$130
ETG-646	Fundamentals of Supervision and Management II	\$130
ETG-647	Distribution and Logistics Management	\$130
ETG-649	Introduction to Nonprofit Management	\$130
ETG-651	Understanding the Human Resources Function	\$130
ETG-652	Administrative Assistant Applications	\$130
ETG-653	Total Quality Fundamentals	\$130
ETG-654	Project Management Applications	\$130

www.ed2go.com/swc

Online **Career** Training Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Payment plans are available!

Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the
- transition from the classroom to the workplace

Programs are available in the following areas:

- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- Courses are all open-enrollment and self paced
- All materials, workbooks, and software and included
- PAYMENT PLANS ARE AVAILABLE

Chartered Tax Professional for California Residents

The California Chartered Tax Professional Online Certificate Program will help you become qualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California CTP Certificate Program, you'll be qualified to prepare individual tax returns for almost all U.S. and California taxpayers. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Payroll Practice and Management

If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Digital Arts Certificate

The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You'll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing.

THESE COURSES DO NOT OFFER COLLEGE CREDIT MORE COURSES AVAILABLE AT OUR WEBSITE

https://careertraining.ed2go.com/swc

Online **Career Training Programs**

Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career.

Featuring such classes as:

Biofuel Production Operations 400 hours \$2.595

The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

Carpentry 80 hours

\$1,595

Prepare for a career as a carpenter as you master basic residential construction skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.

Casino Poker Dealer 100 hours

\$1,595 The Casino Poker Dealer Online Training Program prepares you to work as a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em

Certified Global Business Professional 160 hours \$2,495

The Certified Global Business Professional Online Training Program prepares you for the credential exam by educating you in four areas: global management, global marketing, supply chain management, and trade finance.



Certified Green Supply Chain Prof.

60 hours \$1,595

Gain the skills you'll need to make a green impact on global sourcing, material management, procurement and buying, transportation and logistics, and new product development.

Certified Indoor Air Quality Manager 16 hours \$795

Are you a facility manager, building engineer, or health and safety officer who wants to improve the indoor air quality of your building? If so, the Certified Indoor Air Quality Manager Program is just for you.

Certified Indoor Environmentalist Prep 32 hours \$895

The Certified Indoor Environmentalist Program will help you take the next step in your career to become an indoor air quality or green building consultant. To better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems.

Certified Mediator and Arbitrator 200 hours \$3,495

The Certified Mediator and Arbitrator Program provides students with the skills and knowledge needed to practice mediation and arbitration in their current careers or private practices.

Certified Mediator and Conflict 200 hours \$3,495

Resolution Specialist This comprehensive online training program will provide you with the core skills necessary for the practice of mediation and conflict resolution.

Certified Wedding Planner 340 hours

\$1,595

This comprehensive program provides all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

Grant Writing

300 hours \$2.295

Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.

Mastering Project Management w/Microsoft Project ²⁰¹⁰ 130 hours

\$1,695 Translate your knowledge into skills

by exploring key project management topics in depth and prepare for the Project Management Professional (PMP®) certification.

Mastering Project Management w/PMP Prep

130 hours \$1,695

In this intermediate/advanced level program, you'll translate your knowledge into skills by exploring key project management topics in depth.

Non-Profit Management

300 hours

\$2,295

Examine the fundamental principles of nonprofit management, explore the roles and responsibilities of a nonprofit board of directors and the management team.

Oil Refinery Operations 400 hours \$2.595

Learn the skills you need to start work as an in-demand oil refinery operator.

Pharmacy Technician 330 hours \$1.995

Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

Physical Therapy Aide 150 hours \$1.895

You will learn what physical therapy entails, identify the responsibilities of a PT aide, and develop a working knowledge of anatomy and medical terminology.

Power Plant Operations 400 hours \$2,595

Learn the skills you need to gain entrylevel employment as a power plant operator.

Project Management Essentials w/CAPM Prep 60 hours

\$1,195

This program is designed for those who are new to project management and will help you prepare for the Certified Associate In Project Management (CAPM)® certification exam.

Search Engine Marketing 250 hours 1.895

Learn the essential components for understanding this unique and growing career field, including search engine optimization, pay-per-click marketing, and Web site copywriting.

Solar Power Professional 120 hours \$1.895

Learn the fundamentals of photovoltaic solar powered energy systems and gain the knowledge you'll need for an entry level position with a dealer, installer, or other photovoltaic industry company.

The Complete Project Manager w/Microsoft Project ²⁰¹⁰ 190 hours \$2.295

This comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

The Complete Project Manager w/CAPM and PMP Prep 130 hours

\$1,995

This is a comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.

Veterinary Assistant 170 hours \$1.995

Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.

Wind Energy Professional 240 hours \$2.395

This entry-level Wind Energy Apprentice program prepares you for a career in the wind energy industry.

http://careertraining.ed2go.com/swc

SOUTHWESTERN COLL	Continuing Educati FEE CLASS REGISTRATIO		#	For Office U	Jse Only
PLEASE PRINT or TY	PE NAME BELOW				
LAST		M.I	•		
ADDRESS	CIT	2	ZIP		
Phn #					
NAME- 2 ND REGIS	STRANT		AGE (i	if under 18)	
CLASS	NAME OF CLASS	START DATE	NUMBER OF PEOPLE	REG FEE	MAT FEE
PAYMENT METH	OD: Check Cash	ΤΟΤΑΙ	LAMOUNT		
SS # or SWC ID For office use	# required to expedite a refund: ONLY (NOTES):				
Call 619-4 served basi MAIL (if Mail comp Mail comp Mail comp Southwes 900 Otay	paying by Check only) leted registration form with a check, payable to Southwestern College (s ON completed registration form and payment to: tern College Continuing Education Lakes Road, Building 59A, Room 59A-101 (across from pa	ee address belo	ow).	nt on a first-co	me, first-
	sta, CA 91910-7299 rs: SPRING & FALL: M–F from 8 a.m.–4:30 p.m. SUMMER: M–Th from 8 a.m.–5 p.m.				
three (3) busines any refund beyo	be made if Continuing Education cancels a class. If you haves s days prior to the start of the class, you will receive a full and the three day period. There are no registration credits or r priod. No-shows are not eligible for a refund. A refund may ta	refund of the rescheduling	class fee. You a options available	are not eligi e beyond the	ble for
CLASS S	EATING IS LIMITED. REGISTRATION IS ACCEPTED ON A F PLEASE CALL 619-482-6376 TO CONFIRM YOUR			BASIS.	

Continuing Education | Fall 2019 | NONCREDIT REGISTRATION

SOUTHWESTERN COLLEGE	NONCRE SOUTHWESTERN CO 900 Otay Lakes F 619-482-6	OLLEGE COI Road, Chula Vi 376 FAX 6	NTINUING sta, CA 919 [.] 19-482-640	EDUCATIOI 10-7299)2	N	HE TERM THAT APPLIES: FALL SPRING SUMMER	
Is required to establish y	our eligibility to register in this public	y funded class. Thar	nk you for your as	sistance	🗖 Retu	rning Student SWC ID #	
			NICKNAMES	OR ABBREVIAT	FIONS-		
Continuing Education S	AR ABOUT US? (Please check schedule		amily or Friend	Southwestern C		Southwestern College Website	
Other: (please explain)	-	iebook page 🖂 T			onege Employee	- Coulineatern Conege Webalte	
	·						
LAST NAME		FIRST NA	ME		MIDDLE NA	ME	
	OU HAVE USED SINCE BII aliases, and maiden name, if ap						
HOME ADDRESS	(P.O Box not acceptable)		CITY		STATE	ZIP CODE	
	,						
MARITAL STATU	S: (Please Check one) SINGLE			MARRIED	SEPARATED	DECLINE TO STATE	
HOME PH. ()		E-MAIL	:			
CELL PH. ()						
BIRTHDATE (Required)	1 1		/	MALE	D FEMALE	DECLINE TO STATE	
Mo	o. / Day / Year	SOCIAL SEC		ER			
ETHNIC BACKGF	COUND: (Please Check one)	HIS Hispanie	c/Latino 🗖	NHIS Non-Hi	spanic/Latino	□ X Unknown	
RACE: (F	lease check all that apply) This ir	formation required by	the Department of	Education in compli	ance with Title VI. Civ	vil Rights Act. 1964	
□ 01. Chinese	□ 05. Cambodian □	09. Guamanian	•	13. Mex, MexAmer		17. Filipino	
02. Japanese	□ 06. Vietnamese □	10. Hawaiian		14. South Amer	rican 🗖	18. Amer. Ind, Alask Native	
03. Korean	07. Asian Indian	11. Samoan		15. Central Ame	erican 🗖	19. Black, Non-Hispanic	
04. Laotian	□ 08. Other Asian □	12. Pacific Islander /	Other 🗖	16. Other Hispa	anic 🗖	20. White	
IS ENGLISH THE LA	NGUAGE YOU SPEAK AND W	RITE MOST FRE	QUENTLY? (C	heck YES or NO)		
	□ NO , specify language:						
		AMILY INCOM	E: (Please che	ck one)			
□ 1. \$0-\$7,500	4 . \$15,001-\$16,000	□ 7. \$20,0	01-25,000	10 . \$35,0	01-\$40,000	🗖 13. \$50,001 or above	
2 . \$7,501-\$10,000	□ 5. \$16,001-\$17,000	□ 8. \$25,0		□ 11. \$40,0		1 4. Unknown	
3 . \$10,001-15,000	6 . \$17,001-\$20,000	□ 9. \$30,0	01-35,000	1 2. \$45,0	01-\$50,000		
	FAMILY SIZE: Nu	mber in your ho	usehold inclue	ding yourself (C	Check one)		
	3 🗖 5	7	9	🗖 11	1 3	1 5	
2	4 🗖 6	□ 8	1 0	1 2	1 4		
	HIGH SCHOOL	EDUCATION S	STATUS: (Plea	ase check all tha	t apply)		
-	chool graduate and not enrolled	-	Highest level comp				
	chool graduate and currently en	rolled in Adult School	Highest level comp			3 8 🗆 9 🗆 10 🗔 11 🗖 12 🗖	
-	high school and 2+2 program		Current Grade:				
-	rrolled in high school chool diploma		Current Grade: Month & Year earn		11 🗖 12 🗖 <u>Mo /</u>	Year	
_	l Equivalency Certificate (GED/F	liSET)	Month & Year earn		 		
	f California High School Proficie		Month & Year earn				
	ondary/high school Diploma/Cer	,	Month & Year earn	ed:	Mo/		

NONCREDIT REGISTRATION | Fall 2019 | Continuing Education

EDUCATION COMPLETED												
	Technical/Cer			Some College, No Degree (If YES, please check one)							A. /A.S. Degree	
	Yes 🗖 No			Yes 🗆 No 🗖 🔅 Freshman 🗖 Junior						Yes 🗆 No 🗖		
4	-yr. College G	raduate		Graduate Studies					Other Diploma/Degree			
	Yes 🗖 No					Yes 🗖	No 🗖				Yes 🗖 No 🗖	
Pleas	I EARNED THE ABOVE OUTSIDE OF THE U.S. Image: YES Image: NO Please indicate what level of education, diploma or degree was earned outside the United States and where: Image: NO											
ADUL	ADULT SCHOOL SITE: (Please check all that apply and enter the date you last attended)											
🗆 Sa	an Ysidro Adult	School		hula Vista	Adu	It School	Corona	do Adult School				
	Mo / Year			Mo/				/ Year				
	ontgomery Adul	t School	🗆 N	lational Cit	,				Please	ndicate any	Adult School you have attend	ded in the
	Mo / Year								State of	California r	not on this list:	
	Ssistance / Welfard				IVE	THE FOLLO			STANC	, ,	ase check all that apply abilitation	y):
Yes f		5	Yes]						es 🗆 No 🗆	
Food St Yes (amps / Calfresh / S ⊐ No ⊡	NAP	CalW Yes		,		Medi-Cal	/ MediCare No □		EDI) es 🗆 No 🗖	
	Security			emental Secu	urity l	ncome (SSI)		ssistance (GA) No □				
	IAT IS YOUR ARY GOAL AND	Get a bette Job	er	1 1 2	lmpi Skill	rove Basic	1 1 2	Improve English	Skills	0 10 2	Prepare to Earn High School Diploma / GED	1 2
YOUF	R SECONDARY	Prepare fo Employme		1 1 2		ain CurrentJob	1 2	Prepare to Enter College or Traini	na	□ 1□ 2		1 2
	ONTINUING TION COURSES?	Family Go		□ 1□ 2 Prepare for U.S. Citizenship			1 2	Prenare for Military		1 1 2	None	1 2
	ect 1=Primary 2=Secondary)	Other Attaina Goal	ble	(Please explain):								
		Cultural B	arriers		Dis	slocated Worker		Displaced Home	maker		Employed	
PLE	ASE CHECK	Employe Termination N			English Language			Ex-Offender			Foster Care Youth	
ALL T	HAT APPLY TO YOU:	Homeless			Le	arning Disabled		Long-term Unem	nployed		Low Levels of Literacy	
		Low Incon	ne		Mi	grant Farmworke	r 🗖	N/A			No longer TANF eligible within 2 years	
		Not Emplo Seeking We			Ph	ysically Disabled		Retired			Seasonal Farmworker	
		Single Pa	arent		Ur	nemployed		Veteran (U.S. Mil	litary)		Active Duty (U.S. Military)	
	T ALL SPECIAL	Correction			1	mily Literacy		Non-traditional 1	•		Perkins	
	RAMS YOU ARE URRENTLY	Special Ne Rehabilita				toring her: (please expl	ain)	Workplace Educ	ation		Homeless Programs	
	LIATED WITH: GIGNATURE:	Renaplina	uon				,			DAT	E:	
				DECIST								
Cour	se Section Nu		ASE			Name of (Start Date	
NC												
NC												
NC												
NC												
NC												
						FOR OF	FICE USE	ONLY				
Service(s)	provided at time of app	blication:		(OR)		(Circle one)	NC SS	SSP EX Or	I	NEX		
				(AS) (AD) (SEP)		(Circle one)	NC EL	- or	I	NC NEL		

Rev. 11/20/2019 I.O



Throughout our half-century history, the Chula Vista campus has grown beyond our dreams to meet the needs of the South Bay. With each new building and facility, we've had to get a little creative on how to number it.

Over the years, it's gotten a little complicated, so we've started from scratch. We've renumbered and standardized the entire Chula Vista campus to help our students, employees and visitors better find their way.

A Few Things You Should Know



We've implemented a two-digit building renumbering to all Chula Vista buildings. Room numbers will keep a three-digit numbering. Example: 64-101.



New wayfinding and signage are being installed all over the Chula Vista campus.



Looking for the new number to an old room? Visit www.swccd.edu/renumbering

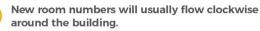
New Numbers to Popular Campus Buildings

- Academic Success Center: Building 26
- Bookstore: Building 56A
- César E. Chávez Student Services Center: Building 68
- DeVore Stadium: Building 71

How to Read a New Room Number



First, find your building number on the new map. Building numbers flow clockwise around the perimeter road.



- Library: Building 64
- Math & Science Building: Building 60
- Mayan Hall: Building 86A
- Wellness & Aquatics Complex: Building 70



Find more info on campus renumbering and download our new Chula Vista map.

www.swccd.edu/cvmap





ECRWSS Postal Customer

Ed2Go Online Classes Via the Internet

Prepare for a new career from the comfort of your home.

Register Today!

Ed2Go Online Classes Start: January 15, February 12, March 18, April 15, and May 13.

See page 25 for details.

Enroll Early! Spread the word about Southwestern College by sharing our schedule with family and friends.

For more information visit: www.swccd.edu/continuinged

To request this schedule in alternate media, please call 619-482-6512 or TTY 619-482-6470