Southwestern College
Continuing Education
Spring 2020
FREE
Noncredit certificates inside!
Featuring:
Entry Level ESL Certificate
Tax Preparation/Income Tax Certificate
Customer Service Certificate

Fee-Based Classes
Featuring:
Podcasting for Profit
Child Visitation Monitor Training Course
NEW! Introduction to Vectorworks

Spread the word about Southwestern College by sharing our schedule with others.
To request this schedule in alternate media, please call 619-482-6512 or TTY 619-482-6470

For more information visit:
www.swcccd.edu/continuinged

Southwestern College Continuing Education
900 Otay Lakes Road, Building 59A, Room 59A-101, Chula Vista, CA 91910 | 619-482-6376
A Message from the Director

Thank you for taking the time to browse our Spring 2020 Continuing Education class schedule. It is our goal to provide South County residents and businesses with interesting and high quality courses that can enhance your career, promote personal growth, and expand your horizons. Southwestern College is offering an exciting array of new courses like Introduction to Vectorworks, Child Visitation Monitor Training Course, and Podcasting for Profit.

When browsing our schedule, you can also find new ways to maximize your Social Security with Making the Most of Social Security as well as acquiring knowledge and skills to be a successful Notary through our California State Notary Public Seminar and Loan Signing—Notary Public Seminar.

We encourage you to review the courses listed in this class schedule. Hopefully, with the start of the spring, you will be challenged to learn a new skill, enhance your existing ones, find some hidden talents, or simply take a class for fun. If you are unable to attend courses on campus, we encourage you to take a look at our online course offerings. Southwest College looks forward to partnering with you as your choice for life-long learning and primary choice for higher education.

Sincerely,
Myesha Jackson, MBA
Director of Continuing Education & Special Projects

Expand your career options!

Continuing Education offers Career and Professional Development courses in various subject areas including the courses shown below. These high-quality career based/skill building courses teach proficiency in many different areas. Our instructors have a vast amount of experience in these areas and will provide you with the knowledge you need to advance in your career or learn new job skills.

Fee-Based Courses

- Make Extra Income as a Wholesale Auto Dealer from Home
- Voice-overs...Now Is Your Time!
- California State Notary Public Seminar
- Loan Signing—Notary Public Seminar
- Online Ed2Go Courses
- Podcasting for Profit
- Child Visitation Monitor Training Course
- NEW! Introduction to Vectorworks

Noncredit Courses

- Basic ESL
- Customer Service Training
- Tax Preparation/Income Tax
- Using Your Foreign Degree in the United States
- Computer Skills Training
- Family Childcare Business
- 10-hour/30-hour OSHA

Meet the School of Continuing Education & Workforce Development

www.swccd.edu/continuinged
Southwestern College Continuing Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College website: www.swccd.edu/continuinged

Mission Statement

Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access and clear pathways to student success.

Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation.

Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education.

Governing Board approved May 14, 2019

Governing Board of the Southwestern Community College District

Roberto Alcantar, President
Nora E. Vargas, Vice President
Leticia Cazares
Griselda A. Delgado
Tim Nader
Melkitsedek Jorge Hernandez, Student Trustee
August 2019–May 2020
Kindred Murillo, Ed. D., Superintendent/President

The SOUTHWESTERN COLLEGE SCHEDULE (USPS #024423) is published six times a year in November, January, March, April, May, and July by offices of Publications and Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299. Periodicals Postage Paid at Chula Vista, California. Volume 14, Issue Number 1, January 2020, Southwestern College Schedule. POSTMASTER: Send address changes to Southwestern College Schedule, 900 Otay Lakes Road, Chula Vista CA 91910-7299.

For registration information, call Continuing Education at 619-482-6376

Table of Contents

Noncredit Classes

- Continuing Education Certificates .................. 5
- Career and Personal Development .................. 8
- Computers ........................................ 9
- Disability Support Services ......................... 10
- English as A Second Language (ESL) ............ 10
- Self-Improvement ................................ 11
- Art, Music, and Crafts ............................. 12
- Family and Parenting .................. 12
- Wellness and Fitness .............................. 13
- Crown Cove Aquatic Center ...................... 15
- Noncredit Class Registration Form .............. 31

Fee-Based Classes

- Career and Professional Development ............ 17
- Financial Planning ................................ 18
- Self-Improvement ................................ 19
- Traffic School ...................................... 22
- Ed2Go Online Classes/Career Training .......... 25
- Fee-Based Class Registration Form .............. 30

General

- Parking Information ............................... 4
- Refunds ........................................... 4
- Registration Information .......................... 3
- Tennis Academy ................................... 24

Diversity Initiative

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.

Non-Discrimination Statement

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.
Off-Campus Sites

Please do not contact these sites to register for classes.

Off-campus information is only provided in the event that you require directions to the facility. For information about courses, please refer to page 3 entitled “Registration Information” or call 619-482-6376. Chula Vista Campus map is located on the inside back cover. Site locations are listed in the course section information by CODE. Please refer to this page for complete address and phone numbers.

### Schedule Key

- Instructor name. TBA indicates instructor was not designated at time of printing of schedule.

### Casa de Servicios (Villa Merced)
- **Code:** CDSM
  - 1188 Beyer Way, Bldg. 1168, San Diego, CA 92154-4629, 619-423-1901

### Crown Cove Aquatic Center
- **Code:** CCAC
  - 5000 Highway 75, Coronado, CA 92118, 619-429-1669

### Otay Mesa–Nestor Branch Library
- **Code:** OMNL
  - 3003 Coronado Avenue, San Diego, CA 92154, 619-424-0474

### South County Career Center
- **Code:** SCCC
  - 1111 Bay Blvd., Suite E Chula Vista, CA 91911 619-628-0300

### Chula Vista City Hall – HR Training Room
- **Code:** CVCH
  - 276 4th Avenue, Chula Vista, CA 91910, 619-691-5044

### George Glenner Alzheimer Family Center
- **Code:** GGAF
  - 2765 Main Street, Suite A, Chula Vista, CA 91911, 619-543-4700

### San Ysidro Community Employment Center
- **Code:** SYEC
  - 630 Front Street, San Diego, CA 92173, 619-271-3896

### St. Charles Church Parish Hall
- **Code:** SCCP
  - 990 Saturn Blvd., San Diego, CA 92154-2001, 619-423-0242

### Chula Vista Public Library
- **Code:** CVLIB1
  - 365 F Street, Chula Vista, CA 91910, 619-691-5069

### HHSA—The Knowledge Center
- **Code:** HHSA
  - 5469 Kearny Villa Road, Ste. 1000, San Diego, CA 92123, 858-636-3516

### San Ysidro Elementary School District – Parent Resource Center
- **Code:** SYSD1
  - 4350 Otay Mesa Road, San Ysidro, CA 92173, 619-428-4476

### St. Paul’s PACE
- **Code:** PACCE
  - 630 L Street, Chula Vista, CA 91911, 619-271-7100

### Chula Vista Public Library
- **Code:** CVLIB2
  - 389 Orange Ave., Chula Vista, CA 91911, 619-585-5786

### Higher Education Center - National City
- **Code:** HEC NC
  - 880 National City Blvd., National City, CA 91950, 619-216-6665

### Seniors on Broadway
- **Code:** SOBA
  - 845 Broadway, Ste. 105, Chula Vista, CA 91911, 619-591-0063

### St. Paul’s Plaza Senior Center
- **Code:** SPPS
  - 1420 E. Palomar Street, Chula Vista, CA 91913, 619-591-0600

### City of Chula Vista Public Works
- **Code:** CVPW
  - 1800 Maxwell Rd., Chula Vista, CA 91911, 619-397-6000

### Higher Education Center - San Ysidro
- **Code:** HEC SY
  - 460 W, San Ysidro Blvd., San Ysidro, CA 92173, 619-216-6790

### Smythe Elementary School
- **Code:** SYSD2
  - 1880 Smythe Avenue, San Ysidro, CA 92173, 619-428-4447

### Otay Mesa—Nestor Branch Library
- **Code:** OMNL
  - 3003 Coronado Avenue, San Diego, CA 92154, 619-424-0474

### San Ysidro Elementary School
- **Code:** SYSD3
  - 226 Willow Road, San Ysidro, CA 92173, 619-428-2231

### South County Career Center
- **Code:** SCCC
  - 1111 Bay Blvd., Suite E Chula Vista, CA 91911 619-628-0300

### St. Paul’s PACE
- **Code:** PACCE
  - 630 L Street, Chula Vista, CA 91911, 619-271-7100

### St. Paul’s Plaza Senior Center
- **Code:** SPPS
  - 1420 E. Palomar Street, Chula Vista, CA 91913, 619-591-0600
Southwestern College Continuing Education

Continuing Education provides the opportunity for community residents to improve, upgrade, and learn new skills and knowledge. This effort responds to the need for a well-trained workforce, as well as the individual need for intellectual or cultural enrichment. Continuing Education presently includes the following three categories of instruction and services: Noncredit, Fee-Based services, and Customized Contract Education.

Noncredit Courses (NC)
Noncredit courses are courses that meet community needs in ten instructional areas: Parenting, Basic Skills, English as a Second Language (ESL), Citizenship for Immigrants, courses for the disabled, vocational courses, courses for older adults, Home Economics, Health and Safety, and Workforce Preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit.

Fee-Based Classes (Community Service)
Fee-based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.

Customized Contract Education
High-quality customized contract training services specifically tailored to the needs of the employees of businesses and organizations. Class participation is limited to the contract designees. Customized Contract Education and services are paid for by the contracting entity.

Course Description Legend
Course meeting days:
M – Monday | T – Tuesday | W – Wednesday | Th – Thursday
F – Friday | Sat – Saturday | Sun – Sunday

Example: Class meets Monday through Thursday – MTWTh
Class meets on Monday and Tuesday – MT

Continuing Education is a department of the School of Continuing Education & Workforce Development. Your feedback, suggestions, and comments are welcomed.

Myesha Jackson, Director of Continuing Education and Special Projects, 619-482-6376.

Registration Information

How to Register for a Noncredit Course
Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of the Noncredit Application (pages 31–32). Most noncredit classes will allow on-site registration on a space-available basis. Course numbers for noncredit classes start with “NC.” You may submit a completed and signed Noncredit Application one of the four following ways:

By Mail
Mail a completed Noncredit application form to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 59A, Room 59A-101
Chula Vista, CA 91910-7299

By Fax
Complete and sign the Noncredit application and fax to 619-482-6402.

In Person
Bring your completed Noncredit application to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 59A, Room 59A-101
Chula Vista, CA 91910-7299
Telephone: 619-482-6376 | Fax: 619-482-6402
Office Hours: M–F, 8 a.m.–4:30 p.m.

Online
www.swccd.edu/continuinged

How to Register for a Fee-Based Class
To register for a Fee-Based class, please use the Fee Class Registration Form (page 30). Course numbers for fee classes start with “CS.”

By Mail (Only if paying by CHECK)
Mail a completed Fee Class Registration Form and Check to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 59A, Room 59A-101
Chula Vista, CA 91910-7299
Please do not mail cash.

In Person
Bring your completed registration form and payment to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 59A, Room 59A-101
Chula Vista, CA 91910-7299
Telephone: 619-482-6376 | Fax: 619-482-6402
Office Hours: M–F, 8 a.m.–4:30 p.m.

Online
www.swccd.edu/continuinged

Returned Check Service Charge
Checks returned for non-sufficient funds or “Stop Payments” must be paid by MasterCard, Visa, AMEX, Discover, cash, or Money Order and a $25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, as well as your credit, may be affected.
Registration Information

Sign up early
Early registration ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-serve basis. Your registration can make the difference as to whether a class is offered or cancelled.

Southwestern College Continuing Education Drop Policy
Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with 3 consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to-date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

Class Confirmation
Please mark your personal calendar when registering for any class. You may call Continuing Education to confirm your registration at 619-482-6376.

Certificate of Completion
Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the college.

Class Cancellation
Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by email or phone. Please be sure to provide current phone and email contact information on your application.

Refunds
A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

Registration and Materials Fee
A materials fee is required in a few Noncredit and Fee-Based classes. Please be prepared to pay these fees at the time of registration. Cash, check, or credit card payments are accepted. Payment will not be accepted in class.

Instructor, Class, or Location Change
In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by email or by phone.

Class Locations
Classes are held on campus and at various locations throughout San Diego South County. Please carefully review the location of the class for which you are registering.

Parking Information
All vehicles parked on campus must display a parking permit at all times. One-day parking permit dispensers are located throughout the campus (see campus map, inside back cover). The cost of the permit is $3 and is ONLY valid on the day of purchase. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. One-day parking permits are ONLY valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.

Disclaimer
While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district website or department for current information, as well as for any special rules or requirements imposed.

Campus Student ID Cards
New students need to provide their SWC ID number and present a government-issued photo ID or previous high school ID when requesting a SWC ID at any campus. Former students can still use the same ID card originally issued.

Photo ID
The Campus Photo ID is the preferred source of identification when setting up campus lab accounts and for all Admissions and Records transactions. It is required for the following services:
  • Returns and Buyback for the Bookstore
  • Check or credit card purchases in the Bookstore
  • Library materials check out
  • Discount tickets and coupons
  • Labs on campus
  • Cafeteria
  • Scholarships. EOPS and all Special Programs at the Bookstore
  • Scholarships
  • Calculator rentals
  • Pay for printing

For registration information, call Continuing Education at 619-482-6376
Customer Service: Customer Appreciation
Explores key skills and attitudes necessary to effectively meet the needs of customers. Introduces concepts and appropriate techniques for dealing with internal and external customers, enhancing customer satisfaction, increasing customer retention, and ensuring positive communication.
Instructor: S. Rosas, 6 hours.

NC 1002-60 T Feb. 4 & 11 6-8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 59A-102

NC 1002-E1 Th Apr. 9 & 16 6-8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 59A-102

Customer Service: Dealing with Difficult People
Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one.
Instructor: S. Rosas, 6 hours.

NC 1006-60 T Feb. 18 & 25 6–8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 63A-101

NC 1006-E1 W Apr. 22 & 29 9–11:50 a.m. No Fee
Location: CVCH

NC 1006-E2 Th Apr. 23 & 30 6–8:50 p.m. No Fee
Location: SYEC

Customer Service: Managing Change
Explores our natural tendencies and the tendencies of our customers to resist change in the workplace. Introduces techniques for handling change and how to introduce change to our customers. Provides practice of change management techniques.
Instructor: S. Rosas, 6 hours.

NC 1069-60 T Mar. 3 & 10 6–8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 63A-103

Customer Service—Mastering Communication
Introduces effective and positive communication that is key to customer service success. Focuses on the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explores and provides opportunity to practice the techniques of effective communication.
Instructor: S. Rosas, 6 hours.

NC 1003-E1 W Jan. 29 & Feb. 5 9–11:50 a.m. No Fee
Location: CVCH, Room B111/B112

Customer Service—Decision Making and Problem Solving
Explores techniques for making business decisions and solving problems. Introduces decision-making styles and when each style might be applied. Reviews how to assess a situation, prioritize the urgency of tasks, and select the steps for successful completion.
Instructor: S. Rosas, 6 hours.

NC 1070-60 T Mar. 17 & April 7 6–8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 63A-103

NC 1070–E1 Th Mar. 5 & 12 9–11:50 a.m. No Fee
Location: CVCH

Customer Service—Time and Stress Management
Workplace demands efficiency and productivity. Manage our time and stress has an impact on our ability to perform above company standards. Juggle more work and changes with less time and still “keep your cool”. Explore time management techniques at work that will help you stay in balance. Be both more efficient and happier in the workplace.
Instructor: S. Rosas, 6 hours.

NC 1071-E1 W May 6 & 13 9–11:50 a.m. No Fee
Location: CVCH

For registration information, call Continuing Education at 619-482-6376
**Customer Service: The Right Attitude**
Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

*Instructor: S. Rosas, 6 hours.*

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1073-E1</td>
<td>W Feb. 12 &amp; 19</td>
<td>4–6:50 p.m.</td>
<td>CVCH</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1073-E2</td>
<td>Th May 7 &amp; 14</td>
<td>6–8:50 p.m.</td>
<td>SYEC</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

**Customer Service: Team Building**
Explores how working as teams in business can increase productivity, enhance project management, reduce business conflicts, and create superior customer service. Identifies team opportunities that can be applied to your company. Examines the “roles” in a team and how to be both a leader and team player. Provides practice of new skills in typical business scenarios.

*Instructor: S. Rosas, 6 hours.*

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1074-60</td>
<td>T April 14 &amp; 21</td>
<td>6–8:50 p.m.</td>
<td>SWC Chula Vista Campus, Room 63A-103</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1074-E1</td>
<td>W April 8 &amp; 15</td>
<td>4–6:50 p.m.</td>
<td>CVCH</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

---

**Tax Preparation/Income Tax Certificate**
Complete both NC 113 and NC 114 and receive a Certificate of Completion—60 hours total.

**Tax Preparation/Income Tax Course I**
Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion.

*Required text: available at the Bookstore, to be purchased by the first day of class.*

30 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 113-60</td>
<td>TTh Feb. 18–Mar. 19</td>
<td>6–8:50 p.m.</td>
<td>SWC Chula Vista Campus, Room 59A-102</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 113-85</td>
<td>Sat Feb. 8–Mar. 21</td>
<td>8 a.m.–12:50 p.m.</td>
<td>No Fee</td>
<td></td>
</tr>
<tr>
<td>NC 113-E1</td>
<td>MW Feb. 12–Mar. 18</td>
<td>5–7:50 p.m.</td>
<td>No Class: 2/17</td>
<td></td>
</tr>
</tbody>
</table>

**Tax Preparation/Income Tax Course II**
Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. *Required text: available at the Bookstore, to be purchased by the first day of class.*

30 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 114-60</td>
<td>TTh Apr. 7–May 7</td>
<td>6–8:50 p.m.</td>
<td>SWC Chula Vista Campus, Room 59A-102</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 114-85</td>
<td>Sat Mar. 28–May 2</td>
<td>8 a.m.–12:50 p.m.</td>
<td>No Fee</td>
<td></td>
</tr>
<tr>
<td>NC 114-E1</td>
<td>MW Apr. 6–May 6</td>
<td>5–7:50 p.m.</td>
<td>No Class: 2/17</td>
<td></td>
</tr>
</tbody>
</table>

For registration information, call Continuing Education at 619-482-6376
## Entry Level English as a Second Language (ESL)

Students who have completed NC 108, NC 109 and NC 110 will receive a Certificate of Completion from Southwestern College.

### Basic ESL I

Exposes English language learners to the first of three instructional levels of ESL for academic and everyday purposes. Introduces activities at a novice-low level which encourage independent learning. Promotes control over students’ ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competence. 30-32 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 108-01</td>
<td>MW</td>
<td>Feb. 3–Mar. 18</td>
<td>12–2:10 p.m.</td>
<td>No Fee</td>
<td>C. Stuardo</td>
<td>SWC Chula Vista Campus, Room 39-106</td>
</tr>
<tr>
<td>NC 108-E2</td>
<td>MW</td>
<td>Jan. 6–Mar. 9</td>
<td>12–1:50 p.m.</td>
<td>No Fee</td>
<td>N. Bartels</td>
<td>SYSD2</td>
</tr>
<tr>
<td>NC 108-E3</td>
<td>MW</td>
<td>Feb. 3–Mar. 18</td>
<td>8:30–10:40 a.m.</td>
<td>No Fee</td>
<td>S. Kean</td>
<td>SYSD3</td>
</tr>
<tr>
<td>NC 108-E4</td>
<td>TTh</td>
<td>Jan. 30–Mar. 19</td>
<td>3:30–5:20 p.m.</td>
<td>No Fee</td>
<td>TBA</td>
<td>OMNL</td>
</tr>
<tr>
<td>NC 108-E5</td>
<td>TTh</td>
<td>Jan. 30–Mar. 19</td>
<td>10–11:50 a.m.</td>
<td>No Fee</td>
<td>F. Piovesan</td>
<td>SYSD1</td>
</tr>
<tr>
<td>NC 108-E6</td>
<td>MW</td>
<td>Feb. 3–Mar. 18</td>
<td>1:30–3:30 p.m.</td>
<td>No Fee</td>
<td>TBA</td>
<td>SCC2</td>
</tr>
</tbody>
</table>

### Basic ESL II

Exposes English learners to the second of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-mid level which encourage independent learning. Promotes control over students’ ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing competences. 30-32 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 109-E1</td>
<td>TTh</td>
<td>Apr. 2–May 21</td>
<td>3:30–5:20 p.m.</td>
<td>No Fee</td>
<td>TBA</td>
<td>OMNL</td>
</tr>
<tr>
<td>NC 109-E2</td>
<td>TTh</td>
<td>Apr. 14–May 21</td>
<td>10 a.m.–12:20 p.m.</td>
<td>No Fee</td>
<td>N. Bartels</td>
<td>SYSD1</td>
</tr>
<tr>
<td>NC 109-E4</td>
<td>MW</td>
<td>Feb. 3–Mar. 18</td>
<td>11 a.m.–1 p.m.</td>
<td>No Fee</td>
<td>F. Piovesan</td>
<td>SYSD2</td>
</tr>
</tbody>
</table>

### Basic ESL III

Exposes English language learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students’ ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing. 30-32 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 110-01</td>
<td>TTh</td>
<td>Feb. 4–Apr. 7</td>
<td>9–10:50 a.m.</td>
<td>No Fee</td>
<td>M. Alca</td>
<td>SWC Chula Vista Campus, Room 55A-109</td>
</tr>
<tr>
<td>NC 110-E2</td>
<td>MWF</td>
<td>Apr. 13–May 22</td>
<td>10–11:25 a.m.</td>
<td>No Fee</td>
<td>TBA</td>
<td>SYSD3</td>
</tr>
<tr>
<td>NC 110-E3</td>
<td>MW</td>
<td>Apr. 13–May 20</td>
<td>9–11:20 a.m.</td>
<td>No Fee</td>
<td>C. Stuardo</td>
<td>SYSD2</td>
</tr>
<tr>
<td>NC 110-E4</td>
<td>TTh</td>
<td>Jan. 2–Feb. 27</td>
<td>12–1:50 p.m.</td>
<td>No Fee</td>
<td>N. Bartels</td>
<td>CVLIB2</td>
</tr>
</tbody>
</table>

Entry Level English as a Second Language (ESL)

Students who have completed NC 108, NC 109 and NC 110 will receive a Certificate of Completion from Southwestern College.

---

For registration information, call Continuing Education at 619-482-6376
Career and Personal Development

**OSHA 10-Hour General Industry Standards**
Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card. Required Student Handbook: to be purchased at the Bookstore by the first day of class.
Instructor: D. Vera, 10.8 hours.
NC 139-60  TTh  Jan. 30–Feb. 11  6:30–8:55 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 39-106
$8 materials fee paid at the time of registration.

**OSHA 30-Hour General Industry Standards**
Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card. Required Student Handbook: to be purchased at the Bookstore by the first day of class.
Instructor: D. Vera, 30.8 hours.
NC 142-60  TTh  Apr. 16–May 21  6:30–9 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 39-106
$8 materials fee paid at the time of registration.

**Construction OSHA 10**
Provides students training for entry-level OSHA 10-hour Construction Industry Standard certification. Provides information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA Construction Industry Standards card. Required Student Handbook: to be purchased at the Bookstore by the first day of class.
Instructor: C. Ochoa, 10.8 hours.
NC 141-60  TTh  Apr. 2–14  6:30–8:55 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 39-106
$8 materials fee paid at the time of registration.

**OSHA 30-Hour Construction Industry Standards**
Provides students required training for supervisor-level OSHA 30-hour Construction Industry Standard certification with information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA Construction Industry Standards card. Required Student Handbook: to be purchased at the Bookstore by the first day of class.
Instructor: C. Ochoa, 30.8 hours.
NC 142-60  TTh  Apr. 16–May 21  6:30–9 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 39-106
$8 materials fee paid at the time of registration.

**Family Childcare Business I**
Examines the process of setting up an in-home childcare business. Introduces analysis and implementation of a business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Explores creative ways to use available space and materials for a developmentally appropriate environment.
Instructor: E. Marquez, 12 hours.
NC 1054-E1  W  Jan. 29–Feb. 12  5–8:50 p.m.  No Fee
Location: SYSD1

**Family Childcare Business II**
Identifies caregivers’ responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect.
Instructor: E. Marquez, 12 hours.
NC 1055-E1  W  Feb. 19–Mar. 4  5–8:50 p.m.  No Fee
Location: SYSD1

**Family Childcare Business III**
Examines major theories in child development with an emphasis on practical application for the family child care provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement.
Instructor: E. Marquez, 12 hours.
NC 1056-E1  W  Mar. 11–Apr. 1  5–8:50 p.m.  No Fee
Location: SYSD1

For registration information, call Continuing Education at 619-482-6376
**Family Childcare Business IV**  
Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, and free/low cost materials).  
**Instructor:** E. Marquez, 12 hours.  
**NC 1057-E1**  
W Apr. 8–22  
5–8:50 p.m.  
No Fee  
Location: SYSD1

**Family Childcare Business V**  
Examines the concept of developmentally appropriate practices as applied to the home learning environment. Analyzes the basic “whole child” approach to developing a curriculum for young children. Explores the role of a caregiver in providing an inclusive and multicultural environment rich in diversity and acceptance of the individual.  
**Instructor:** E. Marquez, 12 hours.  
**NC 1058-E1**  
W Apr. 29–May 13  
5–8:50 p.m.  
No Fee  
Location: SYSD1

**Using Your Foreign Degree in the United States**  
Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.  
**Instructor:** D. Edwards, 3 hours.  
**NC 92-01**  
W Apr. 29  
4–6:50 p.m.  
No Fee  
Location: SWC Chula Vista Campus, Room 59A-102

**NC 92-60**  
Th Jan. 30  
5:30–8:20 p.m.  
No Fee  
Location: SWC Chula Vista Campus, Room 59A-102

**NC 92-E1**  
W Feb. 19  
2–4:50 p.m.  
No Fee  
Location: SCCC

**Retraining Readiness**  
Designed to assist the adult learner who has been away from school to prepare for the demands and expectations of vocational training. Topics include learning styles, time management, managing multiple roles and responsibilities, study and test preparation skills, goal setting, and community resources and services.  
**Instructor:** J. Reyes, 6 hours.  
**NC 90-E1**  
W Apr. 15  
8 a.m.–1:50 p.m.  
No Fee  
Location: TBA

**NC 90-E2**  
Th Apr. 16  
8 a.m.–1:50 p.m.  
No Fee  
Location: TBA

**NC 90-E3**  
W Apr. 22  
8 a.m.–1:50 p.m.  
No Fee  
Location: TBA

**NC 90-E4**  
Th Apr. 23  
8 a.m.–1:50 p.m.  
No Fee  
Location: TBA

**NC 90-E5**  
W Apr. 29  
8 a.m.–1:50 p.m.  
No Fee  
Location: TBA

**NC 90-E6**  
Th Apr. 30  
8 a.m.–1:50 p.m.  
No Fee  
Location: TBA

**Computers**

**Introduction to Computers**  
Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.  
6 hours.  
**NC 1051-80**  
TTh Mar. 3–10  
9–10:50 a.m.  
No Fee  
**Instructor:** V. Cofeen Mcvoy  
**Location:** HEC SY, Room 5201

**NC 1051-81**  
MW Feb. 10–19  
9–10:50 a.m.  
No Fee  
**No Class:** 2/17  
**Instructor:** TBA  
**Location:** HEC SY, Room 5201

**NC 1051-E1**  
TTh Apr. 2–9  
2:30–4:20 p.m.  
No Fee  
**Instructor:** TBA  
**Location:** SCCC

For registration information, call Continuing Education at 619-482-6376
Introduction to Microsoft Word
Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word.
12 hours.

NC 198-50  Sat  Jan. 25–Mar. 7  8:30–10:20 a.m.  No Fee
Instructor: N. Bartels
Location: SWC Chula Vista Campus, Room 17A-111

NC 198-80  MW  Feb. 24–Mar. 11  9–10:50 a.m.  No Fee
Instructor: TBA
Location: HEC SY, Room 5201

NC 198-E1  TTh  Mar. 3–19  12–1:50 p.m.  No Fee
Instructor: N. Bartels
Location: CVLIB1
If you have a laptop, please feel free to bring it.

NC 198-E2  TTh  Feb. 4-20  2:30–4:20 p.m.  No Fee
Instructor: TBA
Location: SCCC

Developing High-Performance Charts in Microsoft Excel
Reviews the basics of spreadsheet use: structure, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.
Instructor: N. Bartels, 12 hours.
**Students are required to bring a USB Flash drive to save and store class assignments**

NC 24-50  Sat  Mar. 14–Apr. 25  8:30–10:20 a.m.  No Fee
No Class: 3/28
Location: SWC Chula Vista Campus, Room 17A-111

NC 24-E1  TTh  Apr. 7–23  12–1:50 p.m.  No Fee
Location: CVLIB1
If you have a laptop, please feel free to bring it.

Introduction to Microsoft Outlook
Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.
Instructor: V. Coffeen McEvoy, 3 hours.

NC 199-80  M  Mar. 16  8:30–11 a.m.  No Fee
Location: HEC SY, Room 5201

Disability Support Services

Stepping Stones to Success in the Workplace
Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.
Instructor: S. Fiala, 30 hours.

NC 103-01  Th  Jan. 30–May 21  9–11:50 a.m.  No Fee
No Class: 3/26
Location: SWC Chula Vista Campus, Room 59A-102
*Seating is limited to 25 students*

Independence, Social, and Study Strategies
Addresses the needs of college students with autism. Assists students in developing skills and knowledge necessary to reach their educational objectives. Emphasizes time management strategies, information on campus resources, stress management techniques, study skills, and effective communication strategies.
Instructor: V. Corona, 32 hours.

NC 105-01  W  Jan. 29–May 20  1:30–3:20 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 59A-102
*Seating is limited to 15 students*

English as A Second Language

Transitioning to College ESL
Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways.
Instructor: TBA, 24 hours.

NC 220-01  TTh  Apr. 7–May 14  9:30–11:20 a.m.  No Fee
Location: SWC Chula Vista Campus, Room 63A-102
Computers and Technology for ESL
Provides the linguistic and basic technology skills English as a Second Language (ESL) learners need in order to be able to succeed in ESL classes and in everyday life skills. Prepares students linguistically to take college classes that use basic technology.
Instructor: A. Moreno, 18 hours.

NC 221-01  F  Feb. 21–May 15  9:30–10:45 a.m.  No Fee
        No Class: 3/27
        Location: SWC Chula Vista Campus,
                   Room 55A-102

Conversation Skills and American Culture Through Songs, Movies, and Other Media
Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of culture in the United States through discussion and analysis of films, songs, and other forms of media. Recommended for students with novice-high proficiency or higher, according to California Pathways. 23-24 hours.

NC 222-01  F  Jan. 31–May 22  8:30–9:50 a.m.  No Fee
        No Class: 2/14, 3/27
        Instructor: C. O’Gorman Fazzolari
        Location: SWC Chula Vista Campus,
                   Room 55A-107

NC 222-80  TTh  Feb. 18–May 19  1:30–2:20 p.m.  No Fee
        No Class: 3/24, 3/26, 3/31
        Instructor: TBA
        Location: HEC SY, Room 5206

ESL for Family Literacy
Develops oral and written communication skills in standard English within the context of child care, child rearing, and parenting. Strengthens listening, speaking, reading, and writing skills useful for communicating with and about children at different stages of development on topics including day-to-day care, health, education, and safety. This course is intended for non-native speakers of English who are parents, grandparents, and child care providers. This course is recommended for non-native speakers at novice-high level or higher according to California Pathways.
Instructor: TBA, 24 hours.

NC 223-E1  W  Feb. 19–Apr. 29  6–8:10 p.m.  No Fee
        No Class: 3/25
        Location: SYSD1

Self-Improvement

Algebra Review for Test Prep and Course Support
Provides an individualized program of instruction to review various topics in Algebra. Consists of adaptive computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for the SWC Math placement test.
Instructor: TBA, 9 hours.

NC 146-01  M–F  Jan. 13–24  9–9:50  No Fee
        No Class: 1/20
        Location: SWC Chula Vista Campus, Room 60-116

NC 146-02  M–Th  Feb. 10–25  4–4:50 p.m.  No Fee
        No Class: 2/17
        Location: SWC Chula Vista Campus,
                   Room 54A-109

Trigonometry Refresher
Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.
Instructor: TBA, 9 hours.

NC 1104-01  M–Th  Feb. 10–25  4–4:50 p.m.  No Fee
        No Class: 2/17
        Location: SWC Chula Vista Campus, Room 60-206

Organize Your Life and Have More Time for Fun
Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination.
Instructor: J. Acosta, 12 hours.

NC 1015-E1  Sat  Apr. 11–25  9 a.m.–12:50 p.m.  No Fee
        Location: SOBA
**Home Safety for Older Adults**
Recognizing that most accidents occur in the home, this course provides information, strategies, and techniques to make all areas of your home safer and more secure. Emphasizes the following key topics: safety factors and recommendations, most common home injuries and problems, balance awareness, fall prevention tips, evacuation planning and disaster kits, and basic security measures.

**Instructor:** J. Acosta, 6 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1-E1</td>
<td>Sat</td>
<td>Jan. 11–18</td>
<td>9–11:50 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Location: SOBA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NC 1-E2</td>
<td>W</td>
<td>Jan. 15–22</td>
<td>9–11:50 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Location: CDSM</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Retirement Living**
Explores a broad range of important topics for retirees and older adults, including: health maintenance, consumer awareness, physical illness, estate planning, community resources, leisure time activities, and adapting to a new lifestyle.

**Instructor:** J. Acosta, 12 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 38-E1</td>
<td>Sat</td>
<td>Feb. 1–22</td>
<td>9 a.m.–12:50 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Location: SOBA</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Family and Parenting**

**Childbirth Education for Expectant Parents (Lamaze)**
Prepares expectant parents for a positive childbirth experience. Instructs students on diverse methods of prepared childbirth, as well as demonstration and practice of essential and helpful exercises. Encourages childbirth partners/coaches, who are an integral part of the process, to attend and participate.

**Instructors:** R. Joselevitz, 10-20 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 6-50</td>
<td>Sat</td>
<td>Mar. 14–21</td>
<td>8 a.m.–12:50 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 6-61</td>
<td>TTh</td>
<td>Apr. 14–May 7</td>
<td>7–9:15 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Location: SWC Chula Vista Campus, Room 63A-101</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please be sure to bring a mat and two pillows to class. You are encouraged to bring a partner–partners must also register for this class.

Recommended for students who are close to their due date.

**Art, Music, and Crafts**

**Art Therapy**
Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

12 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1053-80</td>
<td>F</td>
<td>Feb. 21–Apr. 3</td>
<td>12–1:50 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Location: HEC SY, Room 5210</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NC 1053-E1</td>
<td>W</td>
<td>Jan. 29–Mar. 4</td>
<td>1:15–3:05 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E2</td>
<td>W</td>
<td>Mar. 11–Apr. 22</td>
<td>1:15–3:05 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E3</td>
<td>T</td>
<td>Mar. 17–May 19</td>
<td>1:15–2:30 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E4</td>
<td>M</td>
<td>Feb. 3–Mar. 2</td>
<td>1–3:50 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E5</td>
<td>W</td>
<td>Jan. 29–Mar. 4</td>
<td>10–11:50 a.m.</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

Instructor: D. Davis
Location: PACE

For registration information, call Continuing Education at 619-482-6376
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Type</th>
<th>Title</th>
<th>Instructor</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1053-E6</td>
<td>S</td>
<td></td>
<td>NC 1053-E6</td>
<td>D. Davis</td>
<td>Feb. 1–Mar. 14 10–11:50 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E7</td>
<td>F</td>
<td></td>
<td>NC 1053-E7</td>
<td>D. Davis</td>
<td>Mar. 13–Apr. 4 3–4:50 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E8</td>
<td>S</td>
<td></td>
<td>NC 1053-E8</td>
<td>D. Davis</td>
<td>Apr. 11–May 16 10–11:50 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E9</td>
<td>Th</td>
<td></td>
<td>NC 1053-E9</td>
<td></td>
<td>Feb. 6–Mar. 12 10:30 a.m.–12:20 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1053-E10</td>
<td>Th</td>
<td></td>
<td>NC 1053-E10</td>
<td></td>
<td>Apr. 9–May 14 10:30 a.m.–12:20 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 3081-01</td>
<td>TTh</td>
<td></td>
<td>NC 3081-01</td>
<td></td>
<td>Jan. 30–May 21 1:30–3:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-01</td>
<td>TTh</td>
<td></td>
<td>NC 32-01</td>
<td>G. Samuels</td>
<td>Apr. 2–May 21 8:35–9:55 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-62</td>
<td>TTh</td>
<td></td>
<td>NC 32-62</td>
<td></td>
<td>Jan. 30–Mar. 19 4:30–5:50 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-80</td>
<td>Sat</td>
<td></td>
<td>NC 32-80</td>
<td></td>
<td>Feb. 1–May 16 8–9:20 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-81</td>
<td>Th</td>
<td></td>
<td>NC 32-81</td>
<td></td>
<td>Feb. 6–May 21 10:30–11:50 a.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-E1</td>
<td>M</td>
<td></td>
<td>NC 32-E1</td>
<td></td>
<td>Feb. 3–May 18 1:30–2:55 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-E2</td>
<td>Th</td>
<td></td>
<td>NC 32-E2</td>
<td></td>
<td>Jan. 30–May 21 1:30–2:45 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 32-E3</td>
<td>Sat</td>
<td></td>
<td>NC 32-E3</td>
<td></td>
<td>Feb. 1–May 16 10–11:20 a.m.</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

**Body Dynamics and Aging Process**
Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability. **Instructor:** J. Acosta, 36 hours.

**Wellness for Older Adults**
Provides instruction designed to help older adults remain healthy, safe, and independent. Emphasizes the physiological aspects of aging, disease prevention techniques, and how exercise and nutrition play important roles in enhancing physical and emotional health, reducing stress, and reducing the risk for falls and injuries. **Instructor:** A. Solis, 45 hours.
It’s Time to Explore Your **NEXT STEPS** and Discover the **Keys to Success**

Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you’re wondering what other educational opportunities you can take advantage of at Southwestern College?

Eligible, enrolled Noncredit students can attend an orientation and meet with a counselor to explore education opportunities and services available through Southwestern College.

The type of information covered includes topics such as:
- Exploring career options and choosing life/career goals
- Identifying your current skill levels—know your starting place
- Making the transition to college
- Becoming aware of campus services and resources available
- How to pay for college—maybe you are eligible for financial assistance
- Developing an educational plan—your road map to success

For more information and to schedule your NEXT STEPS appointment, please contact the Continuing Education office at 619-482-6376

*This service is made available through Noncredit Student Success*

---

**YOU CAN ACHIEVE YOUR GOALS**
**WE’RE HERE TO HELP**

<table>
<thead>
<tr>
<th>School</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chula Vista Adult School</td>
<td>(619) 796-7000</td>
</tr>
<tr>
<td>National City Adult School</td>
<td>(619) 336-9400</td>
</tr>
<tr>
<td>Coronado Adult School</td>
<td>(619) 522-8911</td>
</tr>
<tr>
<td>San Ysidro Adult School</td>
<td>(619) 428-7200</td>
</tr>
<tr>
<td>Montgomery Adult School</td>
<td>(619) 800-3800</td>
</tr>
<tr>
<td>Southwestern College</td>
<td>(619) 482-6376</td>
</tr>
</tbody>
</table>

**CONTACT US NOW!**

www.southbayadulted.org

For registration information, call Continuing Education at 619-482-6376
Pediatric Safety and CPR
Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and First Aid guidelines.
Instructor: J. Araiza, 8 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1022-E1</td>
<td>Sat January 4</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1022-E2</td>
<td>Sat February 29</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1022-E3</td>
<td>Sat March 21</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1022-E4</td>
<td>Sat April 11</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1022-E5</td>
<td>Sat May 2</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

Location: CCAC

Required textbook: *Heartsaver Pediatric First Aid CPR AED (2015)* (Available onsite at CCAC for $5). Successful completion of a written and psychomotor test is required to receive course completion certificate. American Heart Association (AHA) course completion certificate is $30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

Basic First Aid and Adult CPR
Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR. 8 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 40-E1</td>
<td>Sat January 18</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 40-E2</td>
<td>Sat February 22</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 40-E3</td>
<td>Sat March 7</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 40-E4</td>
<td>Sat April 4</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 40-E5</td>
<td>Sat April 25</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 40-E6</td>
<td>Sat May 16</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

Instructor: D. Hawley
Instructor: B. Burdick
Location: CCAC

CPR for the Healthcare Provider
Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor; follows the guidelines of both the American Red Cross and the American Heart Association. 8-9 hours.

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1007-E1</td>
<td>Sat January 11</td>
<td>8:30 a.m.–5:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E2</td>
<td>Sat February 1</td>
<td>8:30 a.m.–5:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E3</td>
<td>Sat March 14</td>
<td>8:30 a.m.–5:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E4</td>
<td>Sat April 18</td>
<td>8:30 a.m.–5:40 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E5</td>
<td>Sat May 9</td>
<td>8:30 a.m.–5:40 p.m.</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

Instructor: M. Smith
Instructor: D. Hawley
Location: CCAC

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1007-E6</td>
<td>F January 10</td>
<td>8 a.m.–4:10 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E7</td>
<td>T February 4</td>
<td>8 a.m.–4:10 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E8</td>
<td>F March 13</td>
<td>8 a.m.–4:10 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E9</td>
<td>T April 7</td>
<td>8 a.m.–4:10 p.m.</td>
<td>No Fee</td>
</tr>
<tr>
<td>NC 1007-E10F</td>
<td>May 8</td>
<td>8 a.m.–4:10 p.m.</td>
<td>No Fee</td>
</tr>
</tbody>
</table>

Instructor: W. Price
Location: CCAC

Required textbook: *Heartsaver First Aid CPR AED (2015)* (Available onsite at CCAC for $5). American Heart Association (AHA) course completion certificate is $30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

For registration information, call the Crown Cove Aquatic Center at 619-429-1669.
Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive course completion certificate. **Required book: BLS Provider Manual 2015.** (available at CCAC for $10). American Heart Association (AHA) course completion certificate is $30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.

**Basic Life Support (BLS) Instructor**
Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training. 16 hours.

- NC 1039-E1  SatSun  Feb. 8–9  8:30 a.m.–4:40 p.m.  No Fee  Instructor: B. Burdick  Location: CCAC
- NC 1039-E2  WTh  Jan. 29–30  8:30 a.m.–4:40 p.m.  No Fee  Instructor: D. Hawley  Location: CCAC

**First Aid for Public Safety Personnel—Title 22**
Contains first aid skills for public safety personnel as a first responder to provide initial care regardless of the emergency. Course is divided into four units: first responder assessment, specific injuries, muscle and bone injuries, and medical emergencies. Meets the skill and knowledge requirements of Title 22 of the California Code.

**Instructor: W. Price, 16 hours.**

- NC 15-E1  M–Th  April 13–16  5:30–9:20 p.m.  No Fee  Location: CCAC

As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

**Oxygen Administration for the Professional Rescuer**
Provides the student with the knowledge and skills necessary to provide care to victims of respiratory emergencies, by using breathing devices such as: suction, oral and airway adjuncts, resuscitation masks, bag-valve-masks, and supplemental oxygen. Follows both the American Red Cross (ARC) and the National Safety Council (Green Cross) guidelines.

**Instructor: W. Price, 3 hours.**

- NC 1014-E1  T  April 7  5:30–8:30 p.m.  No Fee  Location: CCAC

**Lifeguard Training**
Provides students with skills and information which will help them effectively prevent, recognize, and respond to aquatic emergencies including in-and-out of the water skills, CPR for professional rescuer, first aid, open water experience, and cardiovascular and swim conditioning elements. Certifications include American Red Cross Lifeguard Training (Including First Aid and CPR/PRO).

**Instructor: W. Price, 36 hours.**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Dates</th>
<th>Times</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 70-E1</td>
<td>Sat April 11</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td>No Fee</td>
<td>(SWC Aquatic Complex)</td>
</tr>
<tr>
<td></td>
<td>Sun April 12</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td></td>
<td>(CCAC)</td>
</tr>
<tr>
<td></td>
<td>F April 17</td>
<td>5:30–9:20 p.m.</td>
<td></td>
<td>(CCAC)</td>
</tr>
<tr>
<td></td>
<td>Sat April 18</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td></td>
<td>(SWC Aquatic Complex)</td>
</tr>
<tr>
<td></td>
<td>Sun April 19</td>
<td>8:30 a.m.–4:40 p.m.</td>
<td></td>
<td>(SWC Aquatic Complex)</td>
</tr>
</tbody>
</table>

**Location:** SWC Chula Vista Campus, Aquatic Complex  CCAC

As per the new Red Cross guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

**Boating Safety Paddle Sports Leader Training**
This course is designed for those pursuing careers as recreation assistants in aquatic recreation programs. Training covers small craft safety, general operations, basic rescue, skill development and instructional methods in teaching kayaking, canoeing, outrigger canoeing. Successful completion leads to certification in small craft, basic rescue and paddle sports leader. This course is recommended for the American Canoeing Association (ACA) instructor preparation.

**Instructor: J. Ramos, 24 hours.**

- NC 1064-E1  SatSun March 7, 8, & 14  8:30 a.m.–4:40 p.m.  No Fee  Location: CCAC
- NC 1064-E2  SatSun May 2, 3, & 9  8:30 a.m.–4:40 p.m.  No Fee  Location: CCAC

**Basic Boating & Water Safety for Recreation Assistants**
This course provides the recreation assistant with a basic understanding of the areas of personal boating safety, boating laws, navigational rules and aids, small vessel operation, boating accident prevention and water rescue. Leads to certification from the California Department of Boating and Waterways.

**Instructor: J. Ramos, 4 hours.**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Dates</th>
<th>Times</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 1046-E1</td>
<td>Sat March 21</td>
<td>8:30 a.m.–1:30 p.m.</td>
<td>No Fee</td>
<td>CCAC</td>
</tr>
<tr>
<td>NC 1046-E2</td>
<td>Sat May 16</td>
<td>8:30 a.m.–1:30 p.m.</td>
<td>No Fee</td>
<td>CCAC</td>
</tr>
</tbody>
</table>
Career and Professional Development

Make Extra Income as a Wholesale Auto Dealer from Home
Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours.

CS 257-60 WTh Feb. 12–13 6–9:30 p.m. Fee: $85
Location: SWC Chula Vista Campus, Room 55A-109
$25 materials fee paid at the time of registration.

Voice-Overs...Now is Your Time!
In what could be one of the most enlightening 2 hours you’ve ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you’ve been looking for!

Instructor: Justine Reiss, 2 hours.

CS 148-60 Sat Feb. 29 10 a.m.–12 p.m. Fee: $45
Location: SWC Chula Vista Campus, Room 55A-107

California State Notary Public Seminar
The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer’s business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver’s license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours.

CS 14-50 Sat Jan. 25 8 a.m.–4 p.m. Fee: $75
CS 14-51 Sat Mar. 21 8 a.m.–4 p.m. Fee: $75
Location: SWC Chula Vista Campus, Room 55A-107
$49 materials fee paid at time of registration.
Optional State exam scheduled 4–5 p.m. for an additional $40 fee.

Loan Signing—Notary Public Seminar
The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

Instructor: Thomas Peavyhouse, 7 hours.

CS 143-50 Sun Jan. 26 9 a.m.–5 p.m. Fee: $75
CS 143-51 Sun Mar. 22 9 a.m.–5 p.m. Fee: $75
Location: SWC Chula Vista Campus, Room 55A-107
$79 materials fee paid at time of registration.
Booting Up for Big Bucks! Over 120 Work-From-Home Business Ideas!

The Internet has enabled people to run a business with low startup costs and high profitability. From information brokers, to freelancers, to eBay sellers, people have used their computers to build their fortunes. This class presents more than 120 high-demand businesses that can be completely run from your home computer. These computer-based businesses may utilize skills you already have, skills that are easily attained, or skills requiring formal training. This class will cover how to create different types of businesses using easy methods for bookkeeping and taxes, to make sense of the legal “mumbo-jumbo” (sales taxes, business licensure, and business structure), to make a profit-boosting website, and to find FREE resources that can give you a leg up!

**Instructor:** Nancy Miller, 3 hours.

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Dates</th>
<th>Start-End Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 278-60</td>
<td>M</td>
<td>Feb. 24</td>
<td>6:30–9:30 p.m.</td>
<td>$39</td>
<td>SWC Chula Vista Campus, Room 63A-101</td>
</tr>
</tbody>
</table>

$30 materials fee paid at time of registration.

---

Child Visitation Monitor Training Course

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is $35–$60 per hour. The monitor’s responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. You will receive the necessary forms to register with the San Diego Superior Court and begin working as a professional Child Visitation Monitor. You must be at least 21 years old and have a clean record to register for this course.

**Instructor:** Jazmin Mundo, 24 hours.

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Start-End Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 326-50</td>
<td>Sat</td>
<td>Feb. 1–22</td>
<td>8:30 a.m.–4:30 p.m.</td>
<td>$295</td>
</tr>
<tr>
<td>CS 326-51</td>
<td>Sat</td>
<td>May 2–16</td>
<td>8:30 a.m.–4:30 p.m.</td>
<td>$295</td>
</tr>
</tbody>
</table>

$60 materials fee paid at time of registration.

---

New! Introduction to Vectorworks

Vectorworks Fundamentals is a premier drawing and modeling tool, with the flexibility you need to design anything you can imagine. This course provides students interested in careers in landscape, lighting, and architectural design with hands-on training in Vectorworks Fundamentals that will empower you to bring your imagination to life!

**Instructor:** Dennis Selder, 12 hours.

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Dates</th>
<th>Start-End Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 327-60</td>
<td>TW</td>
<td>Mar. 3–18</td>
<td>6–8 p.m.</td>
<td>$250</td>
<td>SWC Chula Vista Campus, Room 38-106</td>
</tr>
</tbody>
</table>

**Limited to 18 students**

---

Financial Planning

Living Trust—Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained.

**Instructor:** Erin Myers, 3 hours.

<table>
<thead>
<tr>
<th>Code</th>
<th>Dates</th>
<th>Start-End Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 68-50</td>
<td>Sat</td>
<td>Mar. 7</td>
<td>9 a.m.–12 p.m.</td>
<td>$35</td>
</tr>
</tbody>
</table>

---

Podcasting for Profit

Have you ever wanted to be a DJ or the host of a radio show? Would you like to be paid to host your own show? Now you can, by setting up your own Podcasting programing! This course explains and demonstrates how to set up an audio podcast and monetize it including the equipment and software necessary, the procedures for creating and broadcasting, and over a dozen ways to make money with your podcasts – all for FREE!

**Instructor:** Mike Rounds, 3 hours.

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Dates</th>
<th>Start-End Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 325-60</td>
<td>T</td>
<td>Feb. 25</td>
<td>6:30–9:30 p.m.</td>
<td>$39</td>
<td>SWC Chula Vista Campus, Room 63A-102</td>
</tr>
</tbody>
</table>

$30 materials fee paid at time of registration.
Retirement Planning Today
Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.
**Instructor: Joe Anderson**, 6 hours.

CS 175-60  Th  Jan. 23–30  6:30–9:30 p.m.  Fee: $49
Location: SWC Chula Vista Campus, Room 55A-109

CS 175-61  W  Jan. 29–Feb.  5  6:30–9:30 p.m.  Fee: $49
Location: SWC Chula Vista Campus, Room 55A-107
*You may bring a guest, at no charge, to any class listed above. Name must be provided at time of registration*

My Street Money™ - The Real Persons Guide to Creating Financial Peace and Security for You and Your Family
Are you ready for a commonsense, down-to-earth guide to using money to help create the secure and happy life you want? The MY STREET MONEY course will help you envision a life of financial confidence and abundance by helping you build a step-by-step financial plan to help you reach your most precious life goals. You will learn to create your own version of the American dream. From money basics on how to earn it, save it, protect and invest it to discovering your own powerful and personal reasons for creating the secure and abundant future you desire and deserve. Real-time money answers from real people and for real people. Classes taught in English. Answers can be in both English and Spanish. Clases en inglés. Respuestas a preguntas en ambos idiomas.
**Instructor: Daniel Guillen**, 6 hours.

CS 322-50  Sat  Feb. 8  9 a.m.–3 p.m.  Fee: $49
Location: SWC Chula Vista Campus, Room 58A-104

CS 322-60  T  Feb. 4–11  6:30–9:30 p.m.  Fee: $49
Location: SWC Chula Vista Campus, Room 58A-104
*You may bring a guest, at no charge, to any class listed above. Name must be provided at time of registration*

Self-Improvement

Build Your Own Website in Minutes for FREE!
If you can use a word processor, you can create your own website in just minutes for free including text, graphics, a shopping cart, and the ability to customize it any way you want it. Forget about learning HTML code, buying expensive software programs, and spending days in classroom sessions. This class will show you how to have your site up and running in just minutes. You’ll understand the BEST parts and pieces to put on your site to make it work the way you want it to and how to link and list it with the major search engines.
**Instructor: Mike Rounds**, 3 hours. Instructor only provides information and demonstration for building a website.

CS 279-60  M  Feb. 24  6:30–9:30 p.m.  Fee: $39
Location: SWC Chula Vista Campus, Room 63A-102
$30 materials fee paid at time of registration.

Making the Most of Social Security
One of the most important decisions that you need to make before you retire is when to take Social Security. Whether you are single, married or divorced, there may be ways to maximize your Social Security. It is important to have good understanding of the inner workings of the Social Security to be able to maximize your benefits.
**Instructor: Michael Dose**, 2 hours.

CS 288-50  Sat  Mar. 7  10 a.m.–12 p.m.  Fee: $10
Location: SWC Chula Vista Campus, Room 39-106

CS 288-51  Sat  Mar. 21  10 a.m.–12 p.m.  Fee: $10
Location: SWC Chula Vista Campus, Room 39-105
Traffic School

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending a DMV-approved Traffic Violator School. You must check in by 7:45 a.m. and remain for the entire 8-hour program to meet the DMV requirements. Instructors: Paulino Leon/Philip Ochoa, 8 hours. Location: SWC Chula Vista Campus, Room 59A-102.

<table>
<thead>
<tr>
<th>English</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 17-50</td>
<td>Sat</td>
<td>Jan. 4</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-51</td>
<td>Sat</td>
<td>Jan. 18</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-53</td>
<td>Sat</td>
<td>Feb. 22</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-54</td>
<td>Sat</td>
<td>Mar. 7</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-56</td>
<td>Sat</td>
<td>Apr. 4</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-57</td>
<td>Sat</td>
<td>Apr. 18</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-59</td>
<td>Sat</td>
<td>May 16</td>
<td>8 a.m.–4 p.m.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spanish:</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 17-52S</td>
<td>Sat</td>
<td>Feb. 1</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-55S</td>
<td>Sat</td>
<td>Mar. 21</td>
<td>8 a.m.–4 p.m.</td>
</tr>
<tr>
<td>CS 17-58S</td>
<td>Sat</td>
<td>May 2</td>
<td>8 a.m.–4 p.m.</td>
</tr>
</tbody>
</table>
Southwestern College

Y.E.S. ACADEMY
Youth Excellence and Success

SUMMER 2020

Summer courses for elementary*, middle, and high school students offered by Southwestern College *starting at 4th grade.

NEW! Classes offered over 5 weeks in summer 2020!

- June 8 – June 11, 2020
- June 15 – June 18, 2020
- June 22 – June 25, 2020
- July 6 – July 9, 2020
- July 13 – July 16, 2020

Morning and afternoon courses available!

- **College for Kids** – Challenging and enriching curriculum, offered in a variety of academic fields, such as business, art, theatre, design, forensics, language, and more.
- **Sally Ride Science offered in partnership with UCSD Extension** – STEAM courses focused on science, technology, engineering, art, and math.
- **NEW! Career Exploration** – Courses focused on expanding views into various career fields.
- **SAT Prep offered in partnership with UCSD Extension** – Strategies and tips to help improve SAT test outcomes for high school students.
- **Writer’s Café** – Lunch supervision program.

Registration begins March 2020

- Early Bird Rates and limited scholarships available
- Email datienza@swccd.edu to join our interest list!
- Connect with Us! Facebook: @SWCYESACADEMY Instagram: @swc_yesacademy
- Visit us online at www.swccd.edu/yes
- Call us: (619) 421-6700 ext. 5953 Email us: datienza@swccd.edu

For registration information, call Continuing Education at 619-482-6376
Considering going back to school?
Immigration status is no longer an issue!
We can help you register, apply for financial aid (CA Dream Act), legal referrals for DACA Renewals, and more!

¡Considera volver a la escuela, nunca es tarde!
¡Tu estado de inmigración ya no es un problema!
Podemos ayudarte a registrarte, solicitar ayuda financiera (CA Dream Act), referencias legales para renovaciones de DACA, ¡Y más!

Let us partner with your company in improving your “greatest investment” — your employees and sustainable productivity.

Customized Training Program

SWC provides high quality instruction via customized training in key aspects of workforce development through:

- Customer Service
- English for the Workplace
- Diversity Management

In addition to these competitively priced services:

- Personally meet with leadership to discuss training needs
- Bring training to your location and at your convenience

Contact Continuing Education at (619) 482-6376

For registration information, call Continuing Education at 619-482-6376
Presented by: The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

National Standards: RN First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

Eligibility:
RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:
• Have a current unrestricted RN license.
• Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
• Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
• RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN’s must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

Contact NIFA at 1-800-922-7747
Mon.–Thurs. 7:30 a.m.–5 p.m., Fri. 7:30 a.m.–4 p.m.
Visit www.RNFA.org or email: info@NIFA.com
Jennifer Curran RN, CNOR, CRNFA Dean Parsons
RN, CNOR, RNFA
The **TENNIS ACADEMY** at Southwestern College

900 Otay Lakes Road, Chula Vista, CA 91910

619-421-6622

**Staff**

The Tennis Academy offers various programs for Juniors and Adults through group clinics and also private instruction. On-site registration at the Tennis Academy Office only. Flyers for each program are available at the Tennis Academy Office.

**Susan Reasons**, Jaguar Tennis Academy Coach, SWC Head Women’s Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified. Southwestern College Athletic Department Hall of Fame Coach.

Please call Coach Susan Reasons at 619-421-6622 or email: susanreasons@yahoo.com for registration information on specific dates and times of classes listed. Registration at Jaguar Tennis Academy Office Only.

**Beginning/Advanced Beginning Junior Training Program (Ages 8–17)**

Basic skill introduction. To include ground strokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand eye coordination. Physical conditioning included.

**Instructor: Susan Reasons**, 1 hour per week/4-week sessions.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>4:30–5:30 p.m.</td>
<td>$60</td>
</tr>
<tr>
<td>W</td>
<td>4:30–5:30 p.m.</td>
<td>$60</td>
</tr>
</tbody>
</table>

**Intermediate Junior Training Program (Ages 8–17)**

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallys from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included.

**Instructor: Susan Reasons**, 2 hours per week/4-week sessions.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>5:30–7:30 p.m.</td>
<td>$85</td>
</tr>
<tr>
<td>Th</td>
<td>5:30–7:30 p.m.</td>
<td>$85</td>
</tr>
</tbody>
</table>

**Advanced Intermediate/Advanced Junior Training Program (Ages 9–17)**

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overheads and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Foot work and conditioning included.

**Instructor: Susan Reasons**, 2 hours per week/4-week sessions.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>5:30–7:30 p.m.</td>
<td>$85</td>
</tr>
</tbody>
</table>

**Beginning-Intermediate Adult Level Class (Ages 18 and up)**

Class will receive instruction on Forehand and Backhand Ground Strokes, Serving, Positioning, Court Knowledge, Basic Rules of Scoring. Plus Footwork Intro to Net Play with Volleys will also be included. Pre-Registration required. Class size limited to 15 students.

**Instructor: Susan Reasons**, 1.5 hours per week/4-week sessions.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>6:30–8 p.m.</td>
<td>$65</td>
</tr>
</tbody>
</table>
### Computers

**Fee: $120 per course**

*Unless otherwise noted with asterisk*

<table>
<thead>
<tr>
<th>Cse. No.</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETG-200</td>
<td>Introduction to PC Troubleshooting</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-204</td>
<td>Introduction to Microsoft Excel 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-206</td>
<td>Advanced Microsoft Excel 2013</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-207</td>
<td>Introduction to Microsoft Access 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-208</td>
<td>Intermediate Microsoft Access 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-209</td>
<td>Introduction to Microsoft Word 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-210</td>
<td>Intermediate Microsoft Word 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-212</td>
<td>Introduction to Microsoft PowerPoint 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-213</td>
<td>Basic CompTIA A+ Certification</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-214</td>
<td>Intermediate CompTIA A+ Certification Prep</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-215</td>
<td>Advanced CompTIA A+ Certification Prep</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-216</td>
<td>Introduction to Microsoft Word 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-217</td>
<td>Introduction to Dreamweaver CS6</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-218</td>
<td>Keyboarding</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-219</td>
<td>Introduction to Microsoft Excel 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-220</td>
<td>Introduction to Microsoft Project 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-221</td>
<td>Advanced Microsoft Excel 2007</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-222</td>
<td>Introduction to PC Security</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-223</td>
<td>Introduction to Microsoft Project 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-224</td>
<td>Photoshop CC for the Digital Photographer</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-225</td>
<td>Intermediate Microsoft Excel 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-226</td>
<td>Introduction to Microsoft PowerPoint 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-228</td>
<td>Introduction to Microsoft Access 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-229</td>
<td>Intermediate Microsoft Access 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-231</td>
<td>Introduction to Illustrator CS6</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-232</td>
<td>Photoshop Elements 12 for the Digital Photographer</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-233</td>
<td>Photoshop Elements 13 for the Digital Photographer</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-234</td>
<td>Introduction to Photoshop CS5</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-235</td>
<td>Introduction to InDesign CS6</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-236</td>
<td>Photoshop CC for the Digital Photographer II</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-239</td>
<td>Intermediate Photoshop CS5</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-241</td>
<td>Introduction to Database Development</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-242</td>
<td>Introduction to Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-243</td>
<td>Intermediate Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-244</td>
<td>Computer Skills for the Workplace</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-245</td>
<td>Intermediate Microsoft Word 2010</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-246</td>
<td>Introduction to SQL</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-247</td>
<td>Intermediate SQL</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-248</td>
<td>Intermediate Oracle</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-249</td>
<td>Introduction to C++ Programming</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-250</td>
<td>Introduction to C# Programming</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-253</td>
<td>Wireless Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-256</td>
<td>Database Development</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-257</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-258</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-259</td>
<td>Computer Skills for the Workplace</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-260</td>
<td>Database Development</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-261</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-262</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-263</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-264</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-265</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-266</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-267</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-268</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-269</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-270</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-271</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-272</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-273</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-274</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-275</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-276</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-277</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-278</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-279</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-280</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-281</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-282</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-283</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-284</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-285</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-286</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-287</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-288</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-289</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-290</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-291</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-292</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-293</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-294</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-295</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-296</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-297</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-298</td>
<td>Data Warehouse Management</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-299</td>
<td>Advanced Networking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-300</td>
<td>Writing Effective Grant Proposals</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-301</td>
<td>Beginning Writer’s Workshop</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-302</td>
<td>Writing Effective Grant Proposals</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-303</td>
<td>The Craft of Magazine Writing</td>
<td>$120</td>
</tr>
</tbody>
</table>

### Internet and Web Design

**Fee: $125 per course**

<table>
<thead>
<tr>
<th>Cse. No.</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETG-101</td>
<td>Creating Web Pages</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-102</td>
<td>Introduction to ASP.NET</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-104</td>
<td>Introduction to CSS3 and HTML5</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-106</td>
<td>Introduction to PHP and MySQL</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-107</td>
<td>Introduction to Java Programming</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-108</td>
<td>Intermediate CSS3 and HTML5</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-109</td>
<td>Intermediate JAVA Programming</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-111</td>
<td>Achieving Top Search Engine Positions</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-112</td>
<td>Advanced Web Pages</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-114</td>
<td>Blogging and Podcasting for Beginners</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-116</td>
<td>Designing Effective Websites</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-117</td>
<td>Introduction to Microsoft Outlook 2010</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-120</td>
<td>Introduction to Crystal Reports</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-124</td>
<td>Creating Mobile Apps with HTML5</td>
<td>$125</td>
</tr>
<tr>
<td>ETG-125</td>
<td>Creating WordPress Websites</td>
<td>$125</td>
</tr>
</tbody>
</table>

### Tech Prep and Special Interest

**Fee: $120 per course**

<table>
<thead>
<tr>
<th>Cse. No.</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETG-300</td>
<td>Write Fiction Like A Pro</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-301</td>
<td>The Craft of Magazine Writing</td>
<td>$120</td>
</tr>
<tr>
<td>ETG 302</td>
<td>Beginning Writer’s Workshop</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-303</td>
<td>Writing Effective Grant Proposals</td>
<td>$120</td>
</tr>
</tbody>
</table>

For registration information, go to www.ed2go.com/swc
### ED2GO ONLINE CLASSES | Spring 2020 | Continuing Education

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETG-304</td>
<td>A to Z Grant Writing</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-305</td>
<td>Instant Italian</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-306</td>
<td>GRE Preparation – Part 1 (Verbal and Analytical)</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-307</td>
<td>GRE Preparation – Part 2 (Quantitative)</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-308</td>
<td>LSAT Preparation – Part 1</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-309</td>
<td>LSAT Preparation – Part 2</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-310</td>
<td>Grammar Refresher</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-311</td>
<td>Beginning Conversational French</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-312</td>
<td>Writerific: Creativity Training for Writers</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-314</td>
<td>Speed Spanish</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-315</td>
<td>Grammar for ESL</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-316</td>
<td>Medical Terminology: A Word Association Approach</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-317</td>
<td>Introduction to Natural Health and Healing</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-318</td>
<td>GMAT Preparation</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-319</td>
<td>Discover Digital Photography</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-321</td>
<td>Genealogy Basics</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-322</td>
<td>Learn to Buy and Sell on eBay</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-323</td>
<td>Secrets of Better Photography</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-324</td>
<td>Conversational Japanese</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-325</td>
<td>Photographing People with your Digital Camera</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-326</td>
<td>Speed Spanish II</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-327</td>
<td>Writing Essentials</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-328</td>
<td>Twelve Steps to a Successful Job Search</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-329</td>
<td>Where Does All My Money Go?</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-330</td>
<td>Get Assertive!</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-331</td>
<td>Explore a Career as an Administrative Medical Assistant</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-332</td>
<td>Leadership</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-333</td>
<td>Interpersonal Communication</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-334</td>
<td>Personal Finance</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-335</td>
<td>Explore a Career in Medical Coding</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-336</td>
<td>Human Anatomy and Physiology</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-337</td>
<td>Keys to Effective Communication</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-338</td>
<td>Become a Veterinary Assistant</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-339</td>
<td>Become a Veterinary Assistant II: Canine Reproduction</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-340</td>
<td>Become a Veterinary Assistant III: Practical Skills</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-341</td>
<td>Introduction to Digital Scrapbooking</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-342</td>
<td>Achieving Success with Difficult People</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-344</td>
<td>Solving Classroom Discipline Problems</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-345</td>
<td>Stocks, Bonds, and Investing: Oh My!</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-346</td>
<td>Introduction to Screenwriting</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-348</td>
<td>Fundamentals of Technical Writing</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-349</td>
<td>Keys to Effective Editing</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-351</td>
<td>Handling Medical Emergencies</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-352</td>
<td>Write Your Life Story</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-353</td>
<td>Helping Elderly Parents</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-354</td>
<td>Lose Weight and Keep It Off</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-355</td>
<td>Become a Physical Therapy Aide</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-356</td>
<td>Spanish for Medical Professionals</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-357</td>
<td>Understanding Adolescents</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-358</td>
<td>Spanish in the Classroom</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-359</td>
<td>Creating a Classroom Web Site</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-360</td>
<td>Teaching Preschool: A Year of Inspiring Lessons</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-361</td>
<td>The Creative Classroom</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-362</td>
<td>Teaching Smarter With SMART Boards</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-363</td>
<td>Ready, Set, Read!</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-364</td>
<td>Teaching Students with ADHD</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-365</td>
<td>Guided Reading &amp; Writing: Strategies for Maximum Student Achievement</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-366</td>
<td>Differentiated Instruction in the Classroom</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-367</td>
<td>Guided Reading: Strategies for the Differentiated Classroom</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-368</td>
<td>Teaching Students with Learning Disabilities</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-369</td>
<td>Teaching Students with Autism: Strategies for Success</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-370</td>
<td>Response to Intervention: Reading Strategies That Work</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-371</td>
<td>Singapore Math Strategies: Model Drawing for Grades 1-6</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-372</td>
<td>Singapore Math: Number Sense and Computational Strategies</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-373</td>
<td>Writing for Children</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-374</td>
<td>SAT/ACT Preparation – Part 1</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-375</td>
<td>SAT/ACT Preparation – Part 2</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-376</td>
<td>Introduction to Stock Options</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-380</td>
<td>Introduction to Interior Design</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-381</td>
<td>Start Your Own Edible Garden</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-382</td>
<td>Resume Writing Workshop</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-383</td>
<td>Enhancing Language Development in Childhood</td>
<td>$120</td>
</tr>
</tbody>
</table>

**Small Business**

Fee: $120 per course

<table>
<thead>
<tr>
<th>Cse. No.</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETG-400</td>
<td>Start and Operate Your Own Home-Based Business</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-401</td>
<td>Marketing Your Business on the Internet</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-402</td>
<td>Starting a Nonprofit</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-403</td>
<td>Marketing Your Nonprofit</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-404</td>
<td>Creating a Successful Business Plan</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-405</td>
<td>Starting a Consulting Practice</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-406</td>
<td>Start Your Own Small Business</td>
<td>$120</td>
</tr>
<tr>
<td>ETG-407</td>
<td>Introduction to Internet Writing Markets</td>
<td>$120</td>
</tr>
</tbody>
</table>

**Management and Business**

Fee: $130 per course

<table>
<thead>
<tr>
<th>Cse. No.</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETG-625</td>
<td>Introduction to QuickBooks 2014</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-628</td>
<td>Purchasing Fundamentals</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-629</td>
<td>Project Management Fundamentals</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-630</td>
<td>Business Finance for Non-Finance Personnel</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-631</td>
<td>Administrative Assistant Fundamentals</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-632</td>
<td>Fundamentals of Supervision and Management</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-633</td>
<td>Effective Business Writing</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-634</td>
<td>Business and Marketing Writing</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-636</td>
<td>Accounting Fundamentals</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-637</td>
<td>Accounting Fundamentals II</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-639</td>
<td>Real Estate Investing</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-641</td>
<td>Building Teams That Work</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-643</td>
<td>Individual Excellence</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-646</td>
<td>Fundamentals of Supervision and Management</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-647</td>
<td>Distribution and Logistics Management</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-649</td>
<td>Introduction to Nonprofit Management</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-651</td>
<td>Understanding the Human Resources Function</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-652</td>
<td>Administrative Assistant Applications</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-653</td>
<td>Total Quality Fundamentals</td>
<td>$130</td>
</tr>
<tr>
<td>ETG-654</td>
<td>Project Management Applications</td>
<td>$130</td>
</tr>
</tbody>
</table>

**www.ed2go.com/swc**

For registration information, go to [www.ed2go.com/swc](http://www.ed2go.com/swc)
Online Career Training Programs

Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Features:
- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:
- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- Courses are all open-enrollment and self paced
- All materials, workbooks, and software and included
- PAYMENT PLANS ARE AVAILABLE

Chartered Tax Professional for California Residents
The California Chartered Tax Professional Online Certificate Program will help you become qualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California CTP Certificate Program, you’ll be qualified to prepare individual tax returns for almost all U.S. and California taxpayers. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Payroll Practice and Management
If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Digital Arts Certificate
The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You’ll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing.

THESE COURSES DO NOT OFFER COLLEGE CREDIT
MORE COURSES AVAILABLE AT OUR WEBSITE

https://careertraining.ed2go.com/swc

Payment plans are available!

For registration information, go to https://careertraining.ed2go.com/swc
Online Career Training Programs

Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career.

Featuring such classes as:

**Biofuel Production Operations**
400 hours
$2,595
The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

**Carpentry**
80 hours
$1,595
Prepare for a career as a carpenter as you master basic residential construction skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.

**Certified Global Business Professional**
160 hours
$2,495
The Certified Global Business Professional Online Training Program prepares you for the credential exam by educating you in four areas: global management, global marketing, supply chain management, and trade finance.

**Casino Poker Dealer**
100 hours
$1,595
The Casino Poker Dealer Online Training Program prepares you to work as a dealer for casino table games, including seven card stud, Omaha, and Texas hold 'em.

**Certified Green Supply Chain Prof.**
60 hours
$1,595
Gain the skills you’ll need to make a green impact on global sourcing, material management, procurement and buying, transportation and logistics, and new product development.

**Certified Indoor Air Quality Manager**
16 hours
$795
Are you a facility manager, building engineer, or health and safety officer who wants to improve the indoor air quality of your building? If so, the Certified Indoor Air Quality Manager Program is just for you.

**Certified Indoor Environmentalist Prep**
32 hours
$895
The Certified Indoor Environmentalist Program will help you take the next step in your career to become an indoor air quality or green building consultant. To better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems.

**Certified Mediator and Arbitrator**
200 hours
$3,495
The Certified Mediator and Arbitrator Program provides students with the skills and knowledge needed to practice mediation and arbitration in their current careers or private practices.

For registration information, go to https://careertraining.ed2go.com/swc
Certified Mediator and Conflict
200 hours
$3,495
Resolution Specialist
This comprehensive online training program will provide you with the core skills necessary for the practice of mediation and conflict resolution.

Certified Wedding Planner
340 hours
$1,595
This comprehensive program provides all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

Grant Writing
300 hours
$2,295
Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.

Mastering Project Management w/ Microsoft Project 2010
130 hours
$1,695
Translate your knowledge into skills by exploring key project management topics in depth and prepare for the Project Management Professional (PMP®) certification.

Mastering Project Management w/ PMP Prep
130 hours
$1,695
In this intermediate/advanced level program, you’ll translate your knowledge into skills by exploring key project management topics in depth.

Non-Profit Management
300 hours
$2,295
Examine the fundamental principles of nonprofit management, explore the roles and responsibilities of a nonprofit board of directors and the management team.

Oil Refinery Operations
400 hours
$2,595
Learn the skills you need to start work as an in-demand oil refinery operator.

Pharmacy Technician
330 hours
$1,995
Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

Physical Therapy Aide
150 hours
$1,895
You will learn what physical therapy entails, identify the responsibilities of a PT aide, and develop a working knowledge of anatomy and medical terminology.

Power Plant Operations
400 hours
$2,595
Learn the skills you need to gain entry-level employment as a power plant operator.

Project Management Essentials w/CAPM Prep
60 hours
$1,195
This program is designed for those who are new to project management and will help you prepare for the Certified Associate In Project Management (CAPM)® certification exam.

Search Engine Marketing
250 hours
1,895
Learn the essential components for understanding this unique and growing career field, including search engine optimization, pay-per-click marketing, and Web site copywriting.

Solar Power Professional
120 hours
$1,895
Learn the fundamentals of photovoltaic solar powered energy systems and gain the knowledge you’ll need for an entry level position with a dealer, installer, or other photovoltaic industry company.

The Complete Project Manager w/Microsoft Project 2010
190 hours
$2,295
This comprehensive project management program is designed to create skills for today’s project practitioners and prepare them for either the CAPM® or PMP® certifications.

The Complete Project Manager w/CAPM and PMP Prep
130 hours
$1,995
This is a comprehensive project management program is designed to create skills for today’s project practitioners and prepare them for either the CAPM® or PMP® certifications.

Veterinary Assistant
170 hours
$1,995
Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.

Wind Energy Professional
240 hours
$2,395
This entry-level Wind Energy Apprentice program prepares you for a career in the wind energy industry.

For registration information, go to https://careertraining.ed2go.com/swc
# FEE-BASED REGISTRATION | Fall 2019 | Continuing Education

## Continuing Education

**FEE CLASS REGISTRATION FORM**

**For Office Use Only**

**PLEASE PRINT or TYPE NAME BELOW**

<table>
<thead>
<tr>
<th>LAST</th>
<th>FIRST</th>
<th>M.I.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>ADDRESS</th>
<th>CITY</th>
<th>ZIP</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Phn #</th>
<th>Alt Phn #</th>
<th>email</th>
</tr>
</thead>
</table>

**NAME- 2ND REGISTRANT**

<table>
<thead>
<tr>
<th>AGE (if under 18)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>CLASS</th>
<th>NAME OF CLASS</th>
<th>START DATE</th>
<th>NUMBER OF PEOPLE</th>
<th>REG FEE</th>
<th>MAT FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**PAYMENT METHOD:** Check [ ] Cash [ ]

**TOTAL AMOUNT**

**SIGNATURE**

**DATE**

**SS # or SWC ID # required to expedite a refund:**

**FOR OFFICE USE ONLY (NOTES):**

---

**HOW TO REGISTER**

**PHONE (FEE CLASSES ONLY)**

Call 619-482-6376 to register and pay for a class by phone with a credit card. Reservations are confirmed with payment on a first-come, first-served basis.

**MAIL (if paying by Check only)**

Mail completed registration form with a check, payable to Southwestern College (see address below).

**IN PERSON**

Bring your completed registration form and payment to:

Southwestern College Continuing Education
900 Otay Lakes Road, Building 59A, Room 59A-101 (across from parking Lot II)
Chula Vista, CA 91910-7299
Office hours: SPRING & FALL: M–F from 8 a.m.–4:30 p.m.
SUMMER: M–Th from 8 a.m.–5 p.m.

**Refunds:**

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

CLASS SEATING IS LIMITED. REGISTRATION IS ACCEPTED ON A FIRST-COME, FIRST-SERVED BASIS. PLEASE CALL 619-482-6376 TO CONFIRM YOUR RESERVATION.

---

For registration information, call Continuing Education at 619-482-6376
## NONCREDIT APPLICATION

**SOUTHWESTERN COLLEGE CONTINUING EDUCATION**  
900 Otay Lakes Road, Chula Vista, CA 91910-7299  
619-482-6376  |  FAX 619-482-6402

**CHECK THE TERM THAT APPLIES:**  
- FALL  
- SPRING  
- SUMMER

For registration information, call Continuing Education at 619-482-6376

---

### HOW DID YOU HEAR ABOUT US? (Please check all that apply)
- Continuing Education Schedule
- Continuing Education Facebook page
- Family or Friend
- Southwestern College Employee
- Southwestern College Website
- Other: (please explain)

---

### LAST NAME  
**OTHER NAMES YOU HAVE USED SINCE BIRTH:**  
(Include nicknames, aliases, and maiden name, if applicable)

### FIRST NAME  
**MIDDLE NAME**

### HOME ADDRESS (P.O. Box not acceptable)  
CITY  
STATE  
ZIP CODE

### MARITAL STATUS: (Please Check one)  
- SINGLE  
- DIVORCED OR WIDOWED  
- MARRIED  
- SEPARATED  
- DECLINE TO STATE

### HOME PH. (  )  
**E-MAIL:**

### CELL PH. (  )

### BIRTHDATE  
(Required)  
/ /  
/ /  
/ /  
- MALE  
- FEMALE  
- DECLINE TO STATE  
- SOCIAL SECURITY NUMBER

### ETHNIC BACKGROUND: (Please check one)
- Hispanic/Latino
- Non-Hispanic/Latino
- Unknown

### RACE: (Please check all that apply)  
This information required by the Department of Education in compliance with Title VI, Civil Rights Act, 1964
- 01. Chinese  
- 02. Japanese  
- 03. Korean  
- 04. Laotian  
- 05. Cambodian  
- 06. Vietnamese  
- 07. Asian Indian  
- 08. Other Asian  
- 09. Guamanian  
- 10. Hawaiian  
- 11. Samoan  
- 12. Pacific Islander/Other  
- 13. Mex, Mex/Amer, Chicano  
- 14. South American  
- 15. Central American  
- 16. Other Hispanic  
- 17. Filipino  
- 18. Amer. Ind, Alaska Native  
- 19. Black, Non-Hispanic  
- 20. White

### IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? (Check YES or NO)
- YES  
- NO, specify language:

### FAMILY INCOME: (Please check one)
- 1. $0-$7,500  
- 2. $7,501-$10,000  
- 3. $10,001-$15,000  
- 4. $15,001-$16,000  
- 5. $16,001-$17,000  
- 6. $17,001-$20,000  
- 7. $20,001-$25,000  
- 8. $25,001-$30,000  
- 9. $30,001-$35,000  
- 10. $35,001-$40,000  
- 11. $40,001-$45,000  
- 12. $45,001-$50,000  
- 13. $50,001 or above

### FAMILY SIZE: Number in your household including yourself (Check one)
- 1  
- 2  
- 3  
- 4  
- 5  
- 6  
- 7  
- 8  
- 9  
- 10  
- 11  
- 12  
- 13  
- 14  
- 15

### HIGH SCHOOL EDUCATION STATUS: (Please check all that apply)
- 1. Not a high school graduate and not enrolled in high school  
- 2. Not a high school graduate and currently enrolled in Adult School  
- 3. Currently in high school and 2+2 program  
- 4. Currently enrolled in high school  
- 5. U.S. High School diploma  
- 6. High School Equivalency Certificate (GED/HSET)  
- 7. Certificate of California High School Proficiency (CHSPE)  
- 8. Foreign secondary/high school Diploma/Certificate

---

For registration information, call Continuing Education at 619-482-6376
**NONCREDIT REGISTRATION | Fall 2019 | Continuing Education**

### EDUCATION COMPLETED

<table>
<thead>
<tr>
<th>Technical/Certificate</th>
<th>Some College, No Degree (If YES, please check one)</th>
<th>A.A. /A.S. Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Freshman ☐ Junior ☐ Sophomore ☐ Senior ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>4-yr. College Graduate</th>
<th>Graduate Studies</th>
<th>Other Diploma/Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

I EARNED THE ABOVE OUTSIDE OF THE U.S. ☐ YES ☐ NO

Please indicate what level of education, diploma or degree was earned outside the United States and where:

| ADULT SCHOOL SITE: (Please check all that apply and enter the date you last attended) |
|---------------------------------|---------------------------------|------------------|
| ☐ San Ysidro Adult School | ☐ Chula Vista Adult School | ☐ Coronado Adult School |
| Mo / Year | Mo / Year | Mo / Year |
| ☐ Montgomery Adult School | ☐ National City Adult School |

Mo / Year

Please indicate any Adult School you have attended in the State of California not on this list.

### HAVE YOU OR DO YOU CURRENTLY RECEIVE THE FOLLOWING TYPES OF ASSISTANCE? (Please check all that apply):

<table>
<thead>
<tr>
<th>Public Assistance / Welfare</th>
<th>TANF</th>
<th>WIOA TITLE I</th>
<th>Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Food Stamps / CalFresh / SNAP</th>
<th>CalWorks</th>
<th>Medi-Cal / MediCare</th>
<th>EDD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Social Security</th>
<th>Supplemental Security Income (SSI)</th>
<th>General Assistance (GA)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

WHAT IS YOUR PRIMARY GOAL AND YOUR SECONDARY GOAL FOR ATTENDING CONTINUING EDUCATION COURSES? (Select 1=Primary and 2=Secondary)

- Get a better Job ☐ 1 ☐ 2
- Improve Basic Skills ☐ 1 ☐ 2
- Improve English Skills ☐ 1 ☐ 2
- Prepare for Employment ☐ 1 ☐ 2
- Retain Current Job ☐ 1 ☐ 2
- Prepare to Enter College or Training ☐ 1 ☐ 2
- Prepare for U.S. Citizenship ☐ 1 ☐ 2
- None ☐ 1 ☐ 2
- Personal Goal ☐ 1 ☐ 2
- Prepare for Military Service ☐ 1 ☐ 2
- Other: (Please explain)

### PLEASE CHECK ALL THAT APPLY TO YOU:

- Cultural Barriers ☐
- Dislocated Worker ☐
- Displaced Homemaker ☐
- Employed ☐
- English Language Learner ☐
- Ex-Offender ☐
- Foster Care Youth ☐
- Homeless ☐
- Learning Disabled ☐
- Long-term Unemployed ☐
- Low Levels of Literacy ☐
- Low Income ☐
- Migrant Farmworker ☐
- N/A ☐
- No longer TANF eligible within 2 years ☐
- Not Employed Not Seeking Work ☐
- Physically Disabled ☐
- Retired ☐
- Seasonal TANF eligible ☐
- Single Parent ☐
- Unemployed ☐
- Veteran (U.S. Military) ☐
- Active Duty (U.S. Military) ☐
- Corrections ☐
- Family Literacy ☐
- Non-traditional Training ☐
- Perkins ☐
- Special Needs ☐
- Tutoring ☐
- Workplace Education ☐
- Homeless Programs ☐
- Rehabilitation ☐
- Other: (please explain) ☐

### SIGNATURE: ___________________________  DATE: ________________

### PLEASE REGISTER ME IN THE FOLLOWING NONCREDIT COURSES:

<table>
<thead>
<tr>
<th>Course Section Number</th>
<th>Name of Course</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NC</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### FOR OFFICE USE ONLY

Service(s) provided at time of application:

- (OR) ☐
- (Circle one) NC SSSP EX ☐ or NEX
- (AS) ☐
- (Circle one) NC EL ☐ or NC NEL
- (AD) ☐
- (SEP) ☐

Rev. 11/28/2010
Throughout our half-century history, the Chula Vista campus has grown beyond our dreams to meet the needs of the South Bay. With each new building and facility, we’ve had to get a little creative on how to number it.

Over the years, it’s gotten a little complicated, so we’ve started from scratch. We’ve renumbered and standardized the entire Chula Vista campus to help our students, employees and visitors better find their way.

**A Few Things You Should Know**

- We’ve implemented a two-digit building renumbering to all Chula Vista buildings. Room numbers will keep a three-digit numbering. Example: 64-101.
- New wayfinding and signage are being installed all over the Chula Vista campus.
- Looking for the new number to an old room? Visit [www.swccd.edu/renumbering](http://www.swccd.edu/renumbering)

**How to Read a New Room Number**

- **64-101**
  - **Building Number**: 64
  - **Room Number**: 101
  - First, find your building number on the new map. Building numbers flow clockwise around the perimeter road.
  - New room numbers will usually flow clockwise around the building.

**New Numbers to Popular Campus Buildings**

- **Academic Success Center**: Building 26
- **Bookstore**: Building 56A
- **César E. Chávez Student Services Center**: Building 68
- **DeVore Stadium**: Building 71
- **Library**: Building 64
- **Math & Science Building**: Building 60
- **Mayan Hall**: Building 86A
- **Wellness & Aquatics Complex**: Building 70

Find more info on campus renumbering and download our new Chula Vista map.

[www.swccd.edu/cvmap](http://www.swccd.edu/cvmap)
Ed2Go Online Classes Via the Internet
Prepare for a new career from the comfort of your home.

Register Today!
Ed2Go Online Classes Start: January 15, February 12, March 18, April 15, and May 13. See page 25 for details.

Enroll Early! Spread the word about Southwestern College by sharing our schedule with family and friends.

For more information visit: www.swccd.edu/continuinged
To request this schedule in alternate media, please call 619-482-6512 or TTY 619-482-6470