



Southwestern College



Spring 2026 Continuing Education

February 2–May 29

Continuing Education: 900 Otay Lakes Road, Chula Vista, CA 91910-7299

Noncredit: Cesar E. Chávez Student Services Center, Building 68-101

Community Education Courses/Youth Programs: Building 59A-101

Register early to reserve your seat.

KEEP GR**WING** www.swccd.edu/ContinuingEd



Southwestern College

Summer 2026

Y.E.S.

Academy

Youth
Excellence &
Success
Academy

Students entering grades 4–10 can take part in career exploration and personal interest courses this summer.

Session I:
June 15–June 26, 2026

Session II:
June 29–July 10, 2026



Interested in teaching with YES Academy? We are seeking instructors for Summer 2026 in **Forensics, Robotics, STEM, and related areas.** Visit www.swccd.edu/yes or contact swcyesacademy@swccd.edu for proposal information.

All classes are held at Southwestern College
900 Otay Lakes Rd., Chula Vista, CA 91910



Celebrating 49 years!

www.swccd.edu/yes

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SOUTHWESTERN COLLEGE CONTINUING EDUCATION SCHEDULE

The Southwestern College Schedule (USPS #024423) is published two times a year in November and May by the Office of Advancement and Community Engagement and the Office of Continuing Education at Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910-7299.

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GOVERNING BOARD OF THE SOUTHWESTERN COMMUNITY COLLEGE DISTRICT

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To request this schedule in alternate media, please call (619) 482-6512 or TTY (619) 482-6470.

New classes are always being added. For an up-to-date listing of classes, visit the Continuing Education section of the Southwestern College website: **www.swccd.edu/continuinged**

Your feedback, suggestions, and comments are welcomed.
 For Noncredit Email us at **continuinged@swccd.edu**
 For Community Education and Y.E.S. Academy Email us at **customizedtraining@swccd.edu**

MISSION STATEMENT

Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access, and clear pathways to student success.

Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation.

Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education.

Governing Board approved August 12, 2024

NON-DISCRIMINATION STATEMENT

The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President for Employee Services, 619-482-6329.

HOW TO APPLY AND REGISTER

All continuing education courses are open to the public and do not offer college credit.

Complete your **NONCREDIT** application **ONLINE or ON PAPER**

Paper application can be found on page 33 and 34.

NONCREDIT COURSES

All noncredit classes listed in the program are **FREE**. Nominal material fees may apply.

\$ COMMUNITY EDUCATION COURSES

Classes with a fee are identified throughout the schedule with this icon: 



Complete your application

Complete or update your noncredit application at www.tinyurl.com/swcopencccc

You can also pick up a paper copy of our noncredit application at any of our campus locations.



Check your personal email

After you have completed or updated your noncredit application online, you will receive an email within 24-48 hours with steps to activate your MySWC account.



Activate your account

Follow the steps in your email to activate your MySWC account. You will have access to your student SWC email as well as other campus links, including Student Self-Service. Once your account is activated, **all SWC correspondence will be sent to your SWC email.**



Register for courses

Register for courses online using Student Self-Service. To access Student Self-Service, login to your MySWC account, and select *Search for Classes*, select *Term* and select *Noncredit for the Subject*. Do **NOT** enter specific information about the course.



Visit our registration website

Visit our online registration website at www.tinyurl.com/communityedswc



Create your account

On the top right of the registration website, click on "Create Account". Once you create your account, you will be able to register for courses.



Find your courses

Search for courses using the "Course Search" features on the main landing page, or browse all community education courses by clicking on the menu tab on the left hand side of the webpage labeled "Community Education Classes". Course numbers for Community Education classes start with "CS."



Add courses to your cart

Once you find the course(s) that you are interested in, add them to your cart.



Checkout

When ready, select "Checkout". Answer any required questions, and enter your payment details. Once your checkout is complete, you will receive an email confirmation of your registration.

NEED HELP REGISTERING? CONTACT US!



Noncredit Courses:

900 Otay Lakes Road, Chula Vista, CA 91910
Cesar Chavez Building: 68-101

Phone: **(619) 482-6376**

Email: continuinged@swccd.edu

Web: www.swccd.edu/continuinged



Community Education Courses/ Youth Programs:

900 Otay Lakes Road, Chula Vista, CA 91910
Building 59A-101

Phone: **(619) 482-6533**

Email: customizedtraining@swccd.edu

Web: www.swccd.edu/continuinged

COURSE TYPES AND INFORMATION

NONCREDIT COURSES (NC)

Noncredit courses are open to the public and do not offer college credit. Courses are tuition-free. Nominal materials fees apply. [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.]

COMMUNITY EDUCATION (CS)

Some continuing education courses have a fee, and are classified as community education (denoted with **\$** in course description) and are designated and authorized under Title 5. These programs are supported by a fee paid by participants.

ED2GO PARTNERSHIP



We offer a wide range of highly interactive courses that you can take entirely online through Southwestern College's partnership with Ed2Go. These classes and programs are listed throughout the class schedule in each category's Ed2Go section. Classes are available in Self-Guided and Instructor-Moderated options. Requirements: All courses require Internet access, email and Google Chrome or Mozilla Firefox (*some courses may have additional requirements. Visit the course page for more information*). You will be able to download a certificate of completion at the end of each course. Fees are non-refundable two weeks after the class starts. Costs vary by program. **These courses do not offer college credit. Ed2Go Classes start: Jan. 15, Feb. 12, Mar. 12, Apr. 16, May 14.**

To Register for Ed2Go classes or for more information you can do one of the following:

- careertesting.swccd.edu
- www.ed2go.com/swc
- Or call (619) 482-6533

HOW TO READ THE CLASS SCHEDULE

Below is an example of important course schedule information.

Title of course offered	COURSE NAME				Day of week course meets (abbreviations listed below), dates, and time
\$ Course fee icon (if applicable) will be at the start of course description.	Description of course. If it is the same instructor for each course code, name will be included in the description. If instructor varies per class, name will be listed under course code.				
Instructor name (if same for all course codes). No fee (if applicable) will be after the name, with course hours.	Instructor: Name. No fee, 6 hours.				Location code for where face-to-face courses are held. Locations/addresses for codes are listed on page 6.
Course code/number	NC 1002-E1	T	Feb. 14 & 21	5-7:50 p.m.	Room number (if applicable)
Class format (five types listed below)	Class type: Face-to-face	Location: SYEC			Additional details (material fees, no class meeting dates, etc.)
	Instructor: L. Sevilla	Room: 5201			
	No class 11/24, 11/25, 12/15				
	Name of instructor of specific course code. If TBA is listed, instructor has not been determined at time of printing of schedule.				

COURSE MEETING DAYS

Course Meeting Day Abbreviations: M: Monday | T: Tuesday | W: Wednesday | Th: Thursday | F: Friday | Sat: Saturday | Sun: Sunday

Example: Class meets on Monday and Tuesday: **MT**. Class meets Saturday and Sunday: **SatSun**

CLASS FORMATS

Southwestern College Continuing Education classes are offered in four formats. Classes in all formats meet the same academic rigor and requirements. Pay careful attention to the class format to ensure you choose the class type most convenient for you and that will provide the best academic experience.

HYBRID CLASSES: Meet online and face-to-face for some of the time on the day(s) that the section is scheduled for. Students must complete related work in various other ways outside of these class meetings.

ONLINE CLASSES: Traditional (Asynchronous) type of online class with NO set meeting times; learning is not live, and class work is performed/ submitted in Canvas by weekly deadlines. Before the start of the class, the instructor will send you an email with instructions to access your online classroom.

FACE-TO-FACE CLASSES: Classes will be held on campus or at community locations. Please carefully review the location of the class for which you are registering.

SYNCHRONOUS "LIVE" ONLINE CLASSES: Meets virtually for all hours posted in the schedule.

SWC CAMPUS INFORMATION

CHULA VISTA Code: SWC Chula Vista

900 Otay Lakes Rd., Chula Vista, CA 91910
(619) 421-6700

HIGHER EDUCATION CENTER AT NATIONAL CITY Code: HECNC

880 National City Blvd., National City, CA 91950
(619) 216-6665

HIGHER EDUCATION CENTER AT OTAY MESA

Code: HECOM

8100 Gigantic St., San Diego, CA 92154
(619) 216-6750

HIGHER EDUCATION CENTER AT SAN YSIDRO

Code: HECSY

460 W. San Ysidro Blvd., San Ysidro, CA 92173
(619) 216-6790

CROWN COVE AQUATIC CENTER Code: CCAC

5000 Highway 75, Coronado, CA 92118
(619) 575-6176

VIEW CAMPUS MAPS ONLINE AT:

swccd.edu/about-swcc/campus-maps-and-directions

CAMPUS PARKING

Vehicles parked on our Southwestern College campuses must have a valid virtual parking permit. We recommend that you obtain a permit and register your vehicle before arriving on campus. Registered students may purchase a semester virtual permit. Visitor permits are available for \$3/day or \$10/month. Once the online process is completed, your virtual parking permit will be active immediately. You can request a virtual parking permit by scanning the QR code or visiting swc.thepermitsstore.com.

Learn more about campus parking regulations online at:

swccd.edu/student-support/college-police/parking-services-and-enforcement



NONCREDIT OFF-CAMPUS CLASS LOCATIONS

Classes are also offered at multiple locations throughout the community, making it easier for you to find a class close to work or home. Class locations are listed in the course section information by CODE throughout the schedule.

BONITA

San Diego County Library - Bonita Sunnyside Branch Code: BSLB

4375 Bonita Road
Bonita, CA 91902
(619) 475-4642

CHULA VISTA

Chula Vista Adult School Code: CVAS

1034 Fourth Avenue
Chula Vista, CA 91911
Phone: (619) 796-7000

Chula Vista Public Library Code: CVLIB2

389 Orange Avenue
Chula Vista, CA 91911
(619) 585-5786

Chula Vista Public Works Code: CVPW

1800 Maxwell Road
Chula Vista, CA 91911
(619) 397-6000

Feaster Charter School Code: FCS

670 Flower Street
Chula Vista, CA 91910
(619) 422-8397

Harborside Elementary School Code: HES

681 Naples Street
Chula Vista, CA 91911
(619) 422-8369

Lilian J. Rice Elementary School Code: RICE

915 Fourth Avenue
Chula Vista, CA 91911
(619) 420-7071

Loma Verde Elementary School Code: LOMA

1450 Loma Lane
Chula Vista, CA 91911
(619) 420-3940

Molina Healthcare Chula Vista Resource Center Code: MOLI

689 Palomar Street
Chula Vista, CA 91911
(855) 655-4621

Mueller Charter School Code: MCS

715 I Street
Chula Vista, CA 91910
(619) 422-6192

Palomar Elementary School Code: PES

300 E Palomar Street
Chula Vista, CA 91911
(619) 420-0134

St. Mark's Lutheran Church Code: SMLC

580 Hilltop Drive
Chula Vista, CA 91910
(619) 427-5515

St. Paul's Plaza Senior Center Code: SPPS

1420 E. Palomar
Chula Vista, CA 91913
(619) 591-0600

Sweetwater Union High School District - Parent Center Code: SWPC

466 Moss Street
Chula Vista, CA 91911
(619) 934-8478

IMPERIAL BEACH

Imperial Beach Senior Center Code: IBSC

1075 8th Street
Imperial Beach, CA 91932
(619) 424-7077

San Diego County Library - Imperial Beach Branch Code: IBBL

810 Imperial Beach Boulevard
Imperial Beach, CA 91932
(619) 424-6981

Reach Out to Families Center Code: ROFC

1237 Elder Avenue
Imperial Beach, CA 91932
(619) 628-5081

NATIONAL CITY

Central Elementary School Code: CES

933 E. Avenue
National City, CA 91950
(619) 336-7400

National City Adult School Code: NCAS

517 Mile of Cars Way
National City, CA 91950
(619) 336-9400

SAN DIEGO/OTAY MESA Montgomery Adult School Code: MAS

3240 Palm Avenue
San Diego, CA 92154
(619) 600-3800

**Otay Mesa –Nestor Branch
Library****Code: OMNL**3003 Coronado Avenue
San Diego, CA 92154
(619) 424-0474**SAN YSIDRO****Nicoloff Elementary School****Code: NICO**1777 Howard Avenue
San Ysidro, CA 92173
(619) 428-7000**San Ysidro Adult School****Code: SYAS**4220 Otay Mesa Road
San Ysidro, CA 92173
(619) 428-7200**San Ysidro Elementary School****District –Parent Resource Center****Code: SYSD1**4350 Otay Mesa Road
San Ysidro, CA 92173
(619) 428-4476

GENERAL INFORMATION

CERTIFICATE OF COMPLETION

Some multi-session noncredit courses offer a Certificate of Completion. When applicable, students must attend all classes and meet certification requirements as established by the college.

CERTIFICATE FOR COMMUNITY EDUCATION CLASSES

Some multi-session community education classes offer a certificate upon successful completion of class. Type of certificate varies depending on class.

CLASS CANCELLATION

Every attempt is made to avoid canceling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the college has advance notice that a class will be canceled, Continuing Education will attempt to reach you by the email address or phone number provided on your application.

REFUNDS

(APPLIES TO COMMUNITY EDUCATION COURSES ONLY)

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days before the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three-day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

REGISTRATION AND MATERIALS FEE

Registration fees are required for all community education classes. A materials fee may be required for some community education classes and noncredit classes. Please be prepared to pay these fees by credit/debit card at the time of registration.

INSTRUCTOR CLASS AND POLICY CHANGES

Sometimes, a qualified substitute instructor may replace the individual listed in the schedule. Class dates are also subject to change. When feasible, students will be notified of any changes before the class either by email or by phone. Check Self-Service for up to date noncredit class information and www.tinyurl.com/communityed.com for Community Education and Y.E.S. Academy classes.

DISCLAIMER

While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the

Southwestern Community College District. Students should consult the appropriate campus or department website for current information as well as any special rules or requirements imposed.

CAMPUS STUDENT ID CARDS

(APPLIES TO NONCREDIT COURSES ONLY)

If you require a student ID card, please contact the Office of Student Activities at (619) 421-6700, ext. 5433 or by email at swcstudentactivities@swccd.edu.

The Office of Student Activities is where students can obtain their student ID card on the Chula Vista campus. Here are a few things to keep in mind when requesting an ID card:

- Only students currently enrolled and attending noncredit classes are eligible for student ID cards
- Student IDs can be requested virtually by filling out our online SWC ID Request Form, located on the Student Activities webpage. When your ID is ready, you'll receive an email with pick-up instructions.
- Student IDs can also be requested in person at the Office of Student Activities on the Chula Vista campus (Rm. 67-232, or at any of the three Higher Education Centers (San Ysidro, Otay Mesa, & National City).

ADD AND DROP POLICY

(APPLIES TO NONCREDIT COURSES ONLY)

Students are encouraged to apply and register five days prior to the start of the class in order to prevent class cancellation due to low enrollment. Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with three (3) consecutive absences from a noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to date) may be officially dropped from the course. Nonattendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

DIVERSITY INITIATIVE

Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.



CAREER DEVELOPMENT

GROW YOUR CAREER: Find a new job or upgrade your current one with career certificate programs. Courses are offered day, night and online, and are designed to lead directly to high-demand occupations.





HEALTH AND PUBLIC SAFETY

For registration and information on CPR classes, please contact CCAC's Community CPR & First Aid Program Office at cpr4you@swccd.edu or by calling (619) 429-1669 or (619) 575-6176

ALZHEIMER'S DISEASE & DEMENTIA TRAINING

Covers a variety of topics specific to those who are living with Alzheimer's Disease or other types of dementia and how to manage the different aspects of care needed. This course curriculum has been developed by the National Council of Certified Dementia Practitioners (NCCDP). **After completing this course, participants may apply for national certification as a Certified Dementia Practitioner through NCCDP if they meet eligibility criteria.**

Instructor: TBA, No fee, 8 hours.

NC 446-301 Sat Jan. 17 8 a.m.-4:10 p.m.
Class type: Face-to-face Location: HECOM
Room: 4405

National Council of Certified Dementia Practitioners (NCCDP)
Alzheimer's Disease & Dementia Care Handbook (\$35/eCopy or \$45 hardcopy). Publisher: NCCDP

BASIC FIRST AID AND ADULT CPR

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace.

No fee, 8 hours.

NC 40-75 Sat Feb. 28 8:30 a.m.-4:40 p.m.
NC 40-76 Sat Mar. 21 8:30 a.m.-4:40 p.m.
Class type: Face-to-face Location: HECNC
Instructor: L. Alvarado Room: 7211

NC 40-E1 Sat Apr. 25 8:30 a.m.-4:40 p.m.
NC 40-E2 Sat May 16 8:30 a.m.-4:40 p.m.
Class type: Face-to-face Location: CCAC
Instructor: L. Alvarado

NC 40-E3 Th Jan. 15 8 a.m.-4:10 p.m.
NC 40-E4 Th Feb. 19 8 a.m.-4:10 p.m.
NC 40-E5 Th Mar. 19 8 a.m.-4:10 p.m.
NC 40-E6 Th Apr. 16 8 a.m.-4:10 p.m.
NC 40-E7 Th May 21 8 a.m.-4:10 p.m.
Class type: Face-to-face Location: CVPW
Instructor: D. Olivas

Required textbook: **Heartsaver First Aid CPR AED (2025)** (eBook available at CCAC for \$5/Hard copy book available at CCAC \$10). American Heart Association (AHA) course completion certificate is \$35. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

BASIC LIFE SUPPORT (BLS) INSTRUCTOR

Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training.

Instructor: B. Burdick, No fee, 16 hours.

Students must be approved by AHA Training Center via email at bburdick@swccd.edu at least 2 weeks prior to the course date.

NC 1039-E1 SatSun Feb. 21 & 22 8:30 a.m.-4:40 p.m.
Class type: Face-to-face Location: CCAC

Home Health Aide (HHA) (NC 443)

Prepares Certified Nurse Assistants for certification as a Home Health Aide by the California Department of Public Health (CDPH). Allows students to function as an entry-level worker on a health care team or with a home health agency. Includes training on the medical and social needs of the client, personal care services, nutrition, and cleaning and care tasks in the home.

Must have an active, unexpired CNA certification through the California Department of Public Health (CDPH). Contact the Nursing Office at (619) 216-6603 or nursing@swccd.edu for more information.
Instructor: TBA, No fee, 40 hours.

January 20-29, 2026.

Uniform, compio (\$126)

CA Community Colleges
Chancellor's Office Model Curriculum for Home Health Aides





CPR FOR THE PROFESSIONAL RESCUER

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association.

Instructor: B. Burdick/N. Cosby, No fee, 9 hours.

NC 1007-E1	Sat	Feb. 7	8:30 a.m.-5:40 p.m.
NC 1007-E2	Sat	Mar. 14	8:30 a.m.-5:40 p.m.
NC 1007-E3	Sat	Apr. 18	8:30 a.m.-5:40 p.m.
NC 1007-E4	Sat	May 9	8:30 a.m.-5:40 p.m.

Class type: Face-to-face Location: CCAC

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive a course completion certificate. Required book: **BLS Provider Manual 2025**, (Book available at CCAC for \$20) **American Heart Association (AHA) course completion certificate is \$30.** As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.

CONSTRUCTION OSHA 10

Provides students training for entry-level OSHA 10-hour Construction Industry Standard certification. Provides information on employee rights, employer responsibilities, and construction site hazards. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA Construction Industry Standards card.

No fee, 10.5 hours.

NC 141-E5	TWTh	Feb. 17-19	8:30-11:50 a.m.
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Class type: Face-to-face Location: CVAS

Instructor: M. Noceda

\$10 materials fee paid at the time of registration.

NC 141-E6	TWTh	Feb. 17-19	5-8:20 p.m.
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Instructor: C. Ochoa

Class type: Face-to-face

Location: CVAS

\$10 materials fee paid at the time of registration.

NC 141-E7	MTW	Mar. 9-11	8:30-11:50 a.m.
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Instructor: M. Noceda

Class type: Face-to-face

Location: CVAS

\$10 materials fee paid at the time of registration.

NC 141-E8	MTW	Mar. 9-11	5-8:20 p.m.
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Instructor: C. Ochoa

Class type: Face-to-face

Location: CVAS

\$10 materials fee paid at the time of registration.



Optical Technician Training Program Certificate of Completion (Complete NC 311 and NC 312)

OPTICAL TECHNICIAN I

Provides participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

NC 311-76	MW	Feb. 9-Mar. 23	6-9:25 p.m.
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Class type: Face-to-face

Location: HECNC

Instructor: A. Ramirez

Room: 7204

No Class: 2/16

NC 311-75	SatSun	Feb. 28-Mar. 29	8:30 a.m.-12:45 p.m.
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Class type: Face-to-face

Location: HECNC

Instructor: M. McCullough

Room: 7204

OPTICAL TECHNICIAN II

The second part of a two part program that will provide participants training for entry-level employment in the Optical Field as an Optician or Optometric Assistant. Lectures cover anatomy and terminology pertaining to the eye, optical theory, and spectacle lens design. Practical instruction provides hands-on training verified through a skills check-off system. Includes topics for study and preparation for the National Opticianry Certification Exam (NOCE) administered by the American Board of Opticianry.

No fee, 45 hours.

NC 312-76	MW	Apr. 6-May 13	6-9:25 p.m.
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Class type: Face-to-face

Location: HECNC

Instructor: A. Ramirez

Room: 7204

NC 312-75	SatSun	Apr. 11-May 10	8:30 a.m.-12:45 p.m.
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Class type: Face-to-face

Location: HECNC

Instructor: M. McCullough

Room: 7204



VETERINARY COURSES

Learn more online and register at ed2go.com/swc

Check website for price

ETG-338 Become a Veterinary Assistant

ETG-339 Become a Veterinary Assistant II:
Canine Reproduction

ETG-340 Become a Veterinary Assistant III:
Practical Skills



PEDIATRIC SAFETY AND CPR

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and updated 2020 First Aid guidelines.

Instructor: B. Burdick. No fee, 8 hours.

NC 1022-E1 Sat Mar. 7 8:30 a.m.–4:40 p.m.
Class type: Face-to-face Location: PES

NC 1022-75 Sat Apr. 11 8:30 a.m.–4:40 p.m.
NC 1022-76 Sat May 2 8:30 a.m.–4:40 p.m.
Class type: Face-to-face Location: HECNC
Room: 7211

Required textbook: **Heartsaver Pediatric First Aid CPR AED (2025) (eBook available at CCAC for \$5/Hard copy book available at CCAC \$10).** Successful completion of a written and psychomotor test is required to receive course completion certificate. **American Heart Association (AHA) course completion certificate is \$35.** As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

\$ PHLEBOTOMY TECHNICIAN PROGRAM

Are you interested in a career as a healthcare professional with a flexible schedule and job security? Become a Phlebotomy Technician today! Phlebotomists earn an average base salary of \$50,255 among other benefits. Southwestern College has partnered with PhlebotomyU to provide our students with a California Department of Public Health (CDPH) approved phlebotomy training program. Students will be taught by industry leading instructors and will prepare you to pass the national exam required to become a certified Phlebotomy Technician I (CPT I). This course consists of 100 classroom hours including basic and advanced didactic instruction, practical skills training and test preparation for the national exam. This program consists of 8 weeks of instruction followed by a two-three week externship that will prepare you to start your career as a Phlebotomy Technician.

Instructor: Phil Rey, PhlebotomyU

Payment Plans Available!

Call (619) 482-6533 for more information.

CS 330-70 MWF Feb. 23–May 8 5:30–9 p.m. Fee: \$2,174
Type of class: Face-to-face Location: SWC Chula Vista
No class 3/30–4/3 Room: 60-124

\$103 National Exam Fee and \$122 Background Check and Drug Screen Fee paid at time of registration

Registered Nurse First Assistant–RNFA Program

PRESENTED BY: The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

NATIONAL STANDARDS: Registered Nurse First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

ELIGIBILITY: RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:

- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.

RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advanced Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRN's must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

MORE INFO: Contact NIFA at 1-800-922-7747 or email: info@NIFA.com
Mon.–Thurs., 7:30 a.m.–5 p.m.,
Fri., 7:30 a.m.–4 p.m.

To register visit

www.RNFA.org
Jennifer Curran RN,
CNOR, CRNFA





BUSINESS



Certificate of Completion in Tax Preparation (Complete NC 113 and NC 114)

TAX PREPARATION/INCOME TAX COURSE I

Introduces Part I of a 60 hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion.

Required textbooks: available at the Bookstore, to be purchased by the first day of class.

No fee, 30 hours.

NC 113-60 TTh Feb. 17-Mar. 19 5-7:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

NC 113-86 MW Feb. 23-Mar. 25 5-7:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: F. Kasule Room: 5201

NC 113-75 SatSun Feb. 28-Mar. 29 9-11:50 a.m.
Class type: Face-to-face Location: HECNC
Instructor: F. Kasule Room: 7216

TAX PREPARATION/INCOME TAX COURSE II

Introduces Part II of a comprehensive 60 hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California.

Required textbooks: available at the Bookstore, to be purchased by the first day of class.

No fee, 30 hours.

NC 114-60 TTh Apr. 7-May 7 5-7:50 p.m.
Class type: Face-to-face Location: SWC Chula Vista
Instructor: D. Yager Room: 59A-102

NC 114-75 SatSun Apr. 11-May 10 9-11:50 a.m.
Class type: Face-to-face Location: HECNC
Instructor: F. Kasule Room: 7216

NC 114-86 MW Apr. 13-May 13 5-7:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: F. Kasule Room: 5201

BUSINESS, CUSTOMER SERVICE



Certificate of Completion (Complete all of the following courses: (NC 1006, NC 1003, NC 1073))

CUSTOMER SERVICE: DEALING WITH DIFFICULT PEOPLE

Introduces information and concepts about how conflict inhibits good business. Explores the causes and impact conflict can have on customer service. Reviews strategies and techniques for resolving tough issues and how to turn a difficult customer into a loyal one.

Instructor: M. Dullea, No fee, 6 hours.

NC 1006-E3 MW Feb. 9-11 8:30-11:20 a.m.
Class type: Face-to-face Location: SYAS

NC 1006-E4 MW Feb. 9-11 5:30-8:20 p.m.
Class type: Face-to-face Location: SYAS

NC 1006-E1 TTh Feb. 10-12 8:30-11:20 a.m.
Class type: Face-to-face Location: SYAS

NC 1006-E2 TTh Feb. 10-12 5:30-8:20 p.m.
Class type: Face-to-face Location: SYAS

CUSTOMER SERVICE: MASTERING COMMUNICATION

Introduces effective and positive communication that is key to customer service success. Focuses on the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explores and provides opportunities to practice the techniques of effective communication.

Instructor: M. Dullea, No fee, 6 hours.

NC 1003-E1 TTh Feb. 17-19 8:30-11:20 a.m.
Class type: Face-to-face Location: SYAS

NC 1003-E2 TTh Feb. 17-19 5:30-8:20 p.m.
Class type: Face-to-face Location: SYAS

NC 1003-E3 MW Feb. 18-23 8:30-11:20 a.m.
Class type: Face-to-face Location: SYAS

NC 1003-E4 MW Feb. 18-23 5:30-8:20 p.m.
Class type: Face-to-face Location: SYAS



CUSTOMER SERVICE: THE RIGHT ATTITUDE

Examines how the right attitude has a positive impact on the workplace and our interactions with customers. Reviews how attitudes at work positively and negatively affect customer service, the company image, productivity, employee retention, and company growth. Explores techniques for maintaining a professional attitude.

Instructor: M. Dullea, No fee, 6 hours.

NC 1073-E3 MW Feb. 2-4 8:30-11:20 a.m.
Class type: Face-to-face Location: SYAS

NC 1073-E4 MW Feb. 2-4 5:30-8:20 p.m.
Class type: Face-to-face Location: SYAS

NC 1073-E1 TTh Feb. 3-5 8:30-11:20 a.m.
Class type: Face-to-face Location: SYAS

NC 1073-E2 TTh Feb. 3-5 5:30-8:20 p.m.
Class type: Face-to-face Location: SYAS



MANAGEMENT AND BUSINESS

Learn more online and register at ed2go.com/swc

Check website for price

- ETG-628** Purchasing Fundamentals
- ETG-629** Project Management Fundamentals
- ETG-630** Business Finance for Non-Finance Personnel
- ETG-631** Administrative Assistant Fundamentals
- ETG-632** Fundamentals of Supervision & Management
- ETG-633** Effective Business Writing
- ETG-634** Business and Marketing Writing
- ETG-639** Real Estate Investing
- ETG-646** Fundamentals of Supervision & Management II
- ETG-651** Understanding the Human Resources Function
- ETG-654** Project Management Applications

BUSINESS, COMMUNICATION, DESIGN AND MEDIA



\$ CALIFORNIA STATE NOTARY PUBLIC SEMINAR

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer's business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver's license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours.

CS 14-70 Sat Feb. 14 8 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

CS 14-71 Sat Apr. 25 8 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

\$49 materials fee paid at time of registration.

**Optional State exam scheduled 4-6 p.m. for an additional \$40 fee. Fee is paid on the day of the class via check or money order.*



💰 LOAN SIGNING-NOTARY PUBLIC SEMINAR

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in the career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor. **This course is for you if you are a notary public, are in the process of becoming a notary public or are just interested in taking the course for personal interest or for self-improvement. If you are planning to become a Notary Public, you must take the California State Notary Public Seminar.**

Instructor: Thomas Peavyhouse, 7 hours.

CS 143-66 Sun Feb. 15 9 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

CS 143-67 Sun Apr. 26 9 a.m.-4 p.m. Fee: \$80
Class type: Face-to-face Location: SWC Chula Vista
Room: 83-105

\$79 materials fee paid at time of registration.



INTERNET AND WEB DESIGN

Learn more online and register at ed2go.com/swc
Check website for price

- ETG-101** Creating Web Pages
- ETG-104** Introduction to CSS3 and HTML5
- ETG-106** Introduction to PHP and MySQL
- ETG-107** Introduction to Java Programming
- ETG-108** Intermediate CSS3 and HTML5
- ETG-109** Intermediate JAVA Programming
- ETG-112** Advanced Web Pages
- ETG-114** Blogging and Podcasting for Beginners
- ETG-124** Creating Mobile Apps with HTML5
- ETG-224** Photoshop CC for the Digital Photographer

💰 MAKE EXTRA INCOME AS A WHOLESALE AUTO DEALER FROM HOME

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours.

CS 257-70 MT Feb. 9-10 6-9:30 p.m. Fee: \$95
Class type: Synchronous "Live" Online
\$25 materials fee paid at the time of registration.

CS 257-71 WTh May 14-15 6-9:30 p.m. Fee: \$95
Class type: Synchronous "Live" Online
\$25 materials fee paid at the time of registration.



SMALL BUSINESS

Learn more online and register at ed2go.com/swc
Check website for price

- ETG-400** Start and Operate Your Own Home-Based Business
- ETG-401** Marketing Your Business on the Internet
- ETG-402** Starting a Nonprofit
- ETG-403** Marketing Your Nonprofit
- ETG-404** Creating a Successful Business Plan
- ETG-405** Starting a Consulting Practice
- ETG-406** Start Your Own Small Business

💰 VOICE OVERS-NOW IS YOUR TIME!

In what could be one of the most enlightening 2 hours you've ever spent, this class will show you how to begin using your speaking voice for commercials, films and videos! In this class you will learn about unique, part-time-careers that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for.

Instructor: Justine Reiss, 2 hours

CS 148-68 Th Mar. 5 6:30-8:30 p.m. Fee: \$50
Class type: Online

CS 148-69 T May 5 6:30-8:30 p.m. Fee: \$50
Class type: Online



EDUCATION, HUMANITIES, SOCIAL AND BEHAVIORAL SCIENCES

\$ APPLIED BEHAVIORAL ANALYSIS (ABA) TRAINING FOR DIRECT SUPPORT PROFESSIONALS

Applied Behavior Analysis (ABA) training is crucial for those interested in starting their career in the fields of psychology, education, autism intervention, and behavioral therapy. This class will provide you with on-the-job skills and is intended for individuals interested in becoming behavior technicians and providers working with Autism Spectrum Disorder (ASD) populations. Whether in a classroom, clinical setting or at home, if you are looking to advance in the applied behavior analysis field, this training is for you!

Instructor: Karina Percival, MC BCBA LBA 24 hours.

CS 441-66 **MWSat** **Apr. 20-May 9** **Fee: \$150**
 MW **5-7:30 p.m.**
 Sat **10 a.m.-1 p.m.**

Class type: Face-to-face Location: SWC Chula Vista
 Room: 59A-102

A CAREGIVER'S GUIDE TO SCHOOL-AGE CHILDREN

Introduces to caregivers, childcare trainees, and parents/guardians the developmental milestones and appropriate expectations for school-age children. Identifies children's social-emotional needs, physical growth/health and how best to support success in their education.

Instructor: TBA, No fee, 12 hours.

NC 206-E2 **TTh** **Apr. 14-30** **4:30-6:20 p.m.**
 Class type: Face-to-face Location: RICE

A CAREGIVER'S GUIDE TO TEENS

Summarizes the developmental needs and milestones of teens (pre-teen to 18 years old) for caregivers, childcare trainees, and parents/guardians. Examines the social world, ever changing emotional needs, ways to maintain open and frequent communication and ways to set appropriate boundaries that both protect and allow for reasonable freedom.

Instructor: TBA, No fee, 12 hours.

NC 207-E2 **T** **Feb. 10-Mar. 17** **5-6:50 p.m.**
 Class type: Face-to-face Location: SWPC

TRAINING OPPORTUNITIES FOR THOSE WITH DISABILITIES

INDEPENDENCE, SOCIAL, AND STUDY STRATEGIES

Addresses the needs of college students with autism. Assists students in developing skills and knowledge necessary to reach their educational objectives. Emphasizes time management strategies, information on campus resources, stress management techniques, study skills, and effective communication strategies.

Instructor: TBA, No fee, 32 hours.

NC 105-01 **W** **Feb. 4-May 27** **1:30-3:20 p.m.**
 Class type: Face-to-face Location: SWC Chula Vista
 No Class: 4/1 Room: 59A-102

STEPPING STONES TO SUCCESS IN THE WORKPLACE

Provides students with disabilities an overview of how to develop necessary soft skills for workplace purposes. Introduces communication, attitude, problem solving skills, and critical thinking techniques to prepare individuals for general workplace expectations. Exposes students to workplace ethics necessary for business interactions.

Instructor: M. Pacheco, No fee, 32 hours.

NC 103-401 **Th** **Feb. 5-May 28** **10-11:50 a.m.**
 Class type: Synchronous "Live" Online
 No Class: 4/2

\$ CHILD VISITATION MONITOR TRAINING COURSE

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a professional Child Visitation Monitor. A position that is always in demand. The average starting rate for monitors is \$45-\$60 per hour. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the State 24-hour training requirement. You will learn the California State policies and procedures as well as your role as a monitor. Upon completing the course, you will be able to begin working as an independent monitor which allows you to set your own schedule/hours, select which families you want to work with and decide what area you would like to work out of. You must be at least 21 years old and have a clean record to register for this course.

Instructor: Jazmin Mundo, 24 hours.

CS 326-68 **ThFSat** **Mar. 5-7 8:30 a.m.-4:30 p.m.** **Fee: \$295**
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 59A-102

\$60 materials fee paid at time of registration.



APPLIED TECHNOLOGY AND HOSPITALITY MANAGEMENT

Certificate of Completion in Drone Technology and Applications

(Complete NC 328 and NC 327)

DRONE AERIAL PHOTOGRAPHY & CINEMATOGRAPHY

Provides beginning to intermediate uses of remotely operated vehicles for digital imaging, photography, and cinematography. Covers safety precautions, team collaboration, intelligent mission planning, common video movements, high resolution image capture, and editing. (Same as ART 217, FTMA 217) Prerequisite: NC 328 or equivalent.

Instructor: M. Truitt, No Fee, 108 hours.

NC 217-01 TTh Feb. 3–May 28 8:15–11:25 a.m.

Class type: Face-to-face

Location: SWC Chula Vista

No Class: 3/31, 4/2

Room: 52-103

INTRODUCTION TO DRONE TECHNOLOGY AND APPLICATIONS

Introduces small, remotely operated aircraft systems (drones), including applications, safety, maintenance, mission planning, flying, and data acquisition (multispectral images, photos, and videos). (Same as AERO 108, GEOG 108, FTMA 108, and ART 188).

Instructor: M. Truitt, No Fee, 108 hours.

NC 328-601 F Feb. 6–May 29 8:35 a.m.–12:45 p.m.

Class type: Hybrid

Location: SWC Chula Vista

No Class: 2/13, 4/3

Room: 60-249

PLANT AND HORTICULTURE SCIENCE

Emphasizes the study of plant structures, physiology, taxonomy, growth processes, propagation and growth media, plant-soil-climate relationships, and the importance of plants for food, and ornamental purposes. (Same as LNT 100)

Instructor: TBA, No Fee, 108 hours.

NC 3072-01 MW Feb. 2–May 29 8:25–11:35 a.m.

Class type: Face-to-face

Location: SWC Chula Vista

No Class: 2/16, 3/30, 4/1, 5/25

Room: 40-103

\$ SOWING SUCCESS: A BEGINNER'S GUIDE TO SEED STARTING

Unlock the magic of growing your own plants from seed! In this hands-on class, you'll learn the essentials of seed starting—from choosing the right seeds and soil, to understanding light, temperature, and watering needs. Participants will explore germination techniques, transplanting tips, and how to troubleshoot common challenges for strong, healthy seedlings. Whether you're a home gardener or just getting started, this class will give you the confidence and skills to nurture your garden from the very first sprout.

Instructor: H. McMullen

CS 445-70 Sun Apr. 12

Class type: Face-to-face

10 a.m.–2 p.m. Fee: \$90

Location: SWC Chula Vista

Room: 40-103

\$ HOME GARDEN CARE AND BEST PRACTICES

Grow your gardening confidence with practical tips and techniques for maintaining a thriving home garden. This class covers the essentials of plant care, soil health, watering schedules, pruning, and sustainable gardening methods. Participants will learn how to create a healthy, beautiful garden space that flourishes season after season. Whether you're new to gardening or looking to refine your skills, this course offers the guidance and inspiration to help your garden reach its full potential.

Instructor: J. Spinoza

CS 446-70 Sat Apr. 18–25

Class type: Face-to-face

10 a.m.–2 p.m. Fee: \$90

Location: SWC Chula Vista

Room: 40-103





REMOTE PILOT GROUND SCHOOL

Equips students with knowledge about the regulations and procedures governing the safe and legal operation of small remotely operated aircraft systems (sUAS), commonly referred to as "drones." Coincides with the knowledge areas in the Federal Aviation Administration's (FAA's) Part 107 knowledge test for a Remote Pilot Certificate. Intended to prepare students for the FAA written examination required for students to become commercial sUAS pilots. (Same as GEOG 107 & AERO 107)

Instructor: K. Yanow, No fee, 18 hours.

NC 327-501

Feb. 2-Mar. 27

Class type: Online

No class: 2/13, 2/14, 2/15, 2/16



💰 ENERGY EFFICIENCY JOB TRAINING PROGRAM



Energy Auditor employers are looking for new employees and this training prepares you to work in this exciting industry. These synchronous "live" online courses are intended for high school graduates, existing Southwestern College students, current energy auditors, adult learners and individuals looking to work or currently working in small commercial-focused energy efficiency organizations. Upon completing this program you will have the ability to recognize the customer's Lighting & HVAC needs, systems, opportunities and how these opportunities may relate to other key-success aspects of the business. Sponsored by Willdan Energy Solutions, students who complete coursework will receive support in resume building, job opportunities and will be prepared to pass industry certification exams needed to work in this industry.

Instructors: Willdan Energy Solutions, 60 hours

💰 HVAC SYSTEMS COURSE (30 HOURS)

Get on the fast track to a new career in the fast-growing field of energy efficiency. This course will prepare you to work by explaining the terminology and principles used in repairing and retrofitting systems and equipment used in HVAC – Heating, Ventilation, and Air Conditioning. Once trained in this area you can go on to work in clean energy as an auditor, project coordinator, field technician, administrative assistant, inspector, or sales representative. This course will also train you for the certification exam for the EPA 608, which is valuable for your resume. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. This fast-paced course will teach you to improve energy efficiency in buildings by learning the available government and utility-sponsored programs serving the residential, multi-family, and commercial sectors of the market.

CS 336-62 TTh Feb. 25-Mar. 25 5-8 p.m. Fee: \$149

Class type: Synchronous "Live" Online

💰 LIGHTING SYSTEMS COURSE (30 HOURS)

Kickstart your career with this Clean Energy training course! The objective of this course is to improve energy efficiency knowledge related to available government and utility sponsored programs serving the residential, multi-family, and commercial sectors of the market. Accordingly, this training program strengthens your skills so you may assist customers with what have become standard technology upgrades, such as lighting, as well as more advanced technologies. You will learn to understand the needs and concerns of everyone from small apartment dwellers, to large commercial business owners, and improve your ability to recognize the benefits of energy reduction measures. These classes will also enable you to play a role in identifying and supporting cost-effective technology applications. Those passing the course will have the opportunity to become NALMCO-CALT (Certified Apprentice Lighting Technician) certified, which is a national industry certification.

CS 337-62 TTh Apr. 8-May 6 5-8 p.m. Fee: \$149

Class type: Synchronous "Live" Online



\$ FORKLIFT CERTIFICATION

Gain the skills and certification needed to operate a forklift safely and efficiently in this hands-on training course. Our comprehensive program covers essential safety protocols, operational techniques, and equipment maintenance. Upon successful completion, you will receive a forklift operator certification recognized by industry standards. Perfect for those seeking to enhance their career opportunities or meet workplace safety requirements. This class includes lecture and hands-on training on forklift.

*Lecture is from 8–10 a.m., hands-on training will be provided the same day between 10 a.m.–4 p.m.

Instructor: C. Bejar, 9 hours

CS 340-62 Sat Mar. 14 9 a.m.-12 p.m. Fee: \$145
 Class type: Face-to-Face Location: SWC Chula Vista
 Room: 47A

\$ AUTOMOTIVE TIRE SERVICE TRAINING PROGRAM

Start your career in the automotive industry with our Basic Automotive Tire Service Training Program! Jobs are currently available at many local employers such as Pep Boys, Discount Tire, O'Reilly and many other shops. This is a Tire Industry Association (TIA) skills (200-level) training and certificate program where you will learn the foundations of servicing tire and wheel assemblies. You will learn how to identify tire markings, tire and wheel removal and inspection, balance assembly and repair and much more. This is great for beginners or anyone interested in working in the auto servicing or repair industry. All students who successfully pass the program will be awarded a certificate from (TIA) that shows training in basic automotive tire service.

Instructor: G. Howe, 9 hours

CS 338-62 Sat Apr. 11-25 9 a.m.-12 p.m. Fee: \$165
 Class type: Face-to-Face Location: SWC Chula Vista
 Room: 47A-105

\$40 materials fee paid at time of registration.

\$ CERTIFICATE IN NONPROFIT MANAGEMENT

Lead the way to justice and change! Learn essential tools and frameworks of nonprofit management, including board development, financial management, fundraising, marketing, program evaluation, and nonprofit law. All taught through a cutting-edge program that equips you with the skills to carry out your mission and support your cause and community in the most effective ways. In this Nonprofit Management program, you'll acquire a comprehensive understanding of their best practices in nonprofit management and frameworks that will help you build more equitable, effective organizations.

Instructor: V. Philips

CS 336-70 Sat Mar. 20-Apr. 12 9-11 a.m. Fee: \$335
 Class type: Synchronous "Live" Online

\$ BLOOMS THROUGH THE SEASONS: INTRO TO SEASONAL FLOWER ARRANGING

Step into a world of color, creativity, and fresh florals! A beginner-friendly class that introduces you to crafting beautiful bouquets inspired by each season's natural charm. Whether you're drawn to the soft romance of spring petals or the bright cheer of summer blooms, or you'll learn the basics of selecting, arranging, and styling flowers like a pro. Each class features hands-on activities, take-home arrangements, and tips for making your bouquets last.

Instructor: B. Patterson-del Sol

CS 339-70 Sat Mar. 14 9-11 a.m. Fee: \$120
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 40-103

\$10 materials fee paid at the time of registration

\$ GLOBAL BITES: A FUN & FEARLESS INTRO TO COOKING

Take your taste buds on a trip! Global Bites is an intro to cooking dishes inspired by cultures around the world. Each class explores a new country's flavors—from Thai street noodles to Mediterranean mezze—breaking down international recipes into easy steps. No passport or prior experience required—just curiosity and an appetite!

Instructor: TBA

CS 340-70 Sat Apr. 11-25 9-11 a.m. Fee: \$180
 Class type: Face-to-face Location: SWC Chula Vista
 Room: 67-225

\$10 materials fee paid at the time of registration



ONLINE CAREER TRAINING PROGRAMS

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self-paced online Career Training Program through SWC's partnership with Ed2Go. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion. Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career. Learn more at careertraining.swccd.edu or ed2go.com/swc



FEATURING CLASSES SUCH AS:

BIOFUEL PRODUCTION OPERATIONS

400 hours | \$2,595

The Biofuel Production Operations Online Training Program will give you the education as a biofuel production operator, inspecting and repairing equipment, operating computer systems, and handling lab equipment.

REGISTERED BEHAVIOR TECHNICIAN TRAINING (VOUCHER INCLUDED)

45 hours | \$995

The focused Registered Behavior Technician Training course will provide you with the essential skills and knowledge to meet the 40-hour training component, which is one of the requirements by the Behavior Analyst Certification Board (BACB) to become an RBT.

PHARMACY TECHNICIAN (VOUCHER INCLUDED)

400 hours | \$2,995

Prepare for a career as a pharmacy technician. This immersive course will train you to work as a pharmacy technician and prepare you for the Pharmacy Technician Certification Exam (PTCE) to obtain the Certified Pharmacy Technician (CPhT) credential from the Pharmacy Technician Certification Board (PTCB).

CERTIFIED WEDDING PLANNER

340 hours | \$1,595

This comprehensive course covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this course will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

STERILE PROCESSING TECHNICIAN (VOUCHER INCLUDED)

190 hours | \$2,795

Prepare for a career as a Sterile Processing Technician (SPT). This immersive course will train you to work as an SPT and prepare you for the Certified Registered Central Service Technician (CRCST) certification from the HSPA.

CERTIFIED PHYSICAL THERAPY AIDE (VOUCHER INCLUDED)

190 hours | \$1,995

This online course will help you master the skills you need to work as a physical therapy aide. Not only will you be prepared for the AMCA's Physical Therapy Technician/Aide certification exam, but an externship starter kit will also walk you through everything you need to know to land a PT aide externship.

MASTERING PROJECT MANAGEMENT W/ MICROSOFT PROJECT 2019

210 hours | \$1,695

Translate your knowledge into skills by exploring key project management topics in depth and prepare for the Project Management Professional (PMP®) certification.

OIL REFINERY OPERATIONS

400 hours | \$2,595

Learn the skills you need to start work as an in-demand oil refinery operator.

PHARMACY TECHNICIAN (VOUCHER INCLUDED)

400 hours | \$2,495

Pharmacy technicians have become indispensable to the health care industry, and it's a great time to join this growing field. Through these Pharmacy technician classes you'll gain the skills and knowledge to qualify for entry-level positions in pharmacies and be prepared for national certification.

POWER PLANT OPERATIONS

400 hours | \$2,595

Learn the skills you need to gain entry-level employment as a power plant operator.



Office Support Fundamentals Program

Stackable Certificate Pathway



Get the skills you need to launch or grow your career in office administration! Our Office Support Fundamentals program offers a stackable set of classes that lead to Beginning, Intermediate, and Advanced Certificates. You can build your skills step by step, with the flexibility to move forward at your own pace with each 8-hour course.

BEGINNING CERTIFICATE (24 HOURS)

Start your journey with the foundational courses designed to give you essential office support skills:

- **NC 200:** Introduction to Basic Keyboarding
- **NC 198:** Introduction to Basic Microsoft Word
- **NC 185:** Introduction to Basic PowerPoint

Upon completion of these three courses, you will earn the Beginning Certificate in Office Support Fundamentals.

INTERMEDIATE CERTIFICATE (24 HOURS)

Build on your foundation with more advanced skills to support a modern office environment:

- **NC 024:** Introduction to Basic Microsoft Excel Spreadsheets
- **NC 186:** Introduction to Basic Business English
- **NC 187:** Introduction to Office Assistant and Employment

Complete these courses to earn the Intermediate Certificate in Office Support Fundamentals.

ADVANCED CERTIFICATE (48 HOURS)

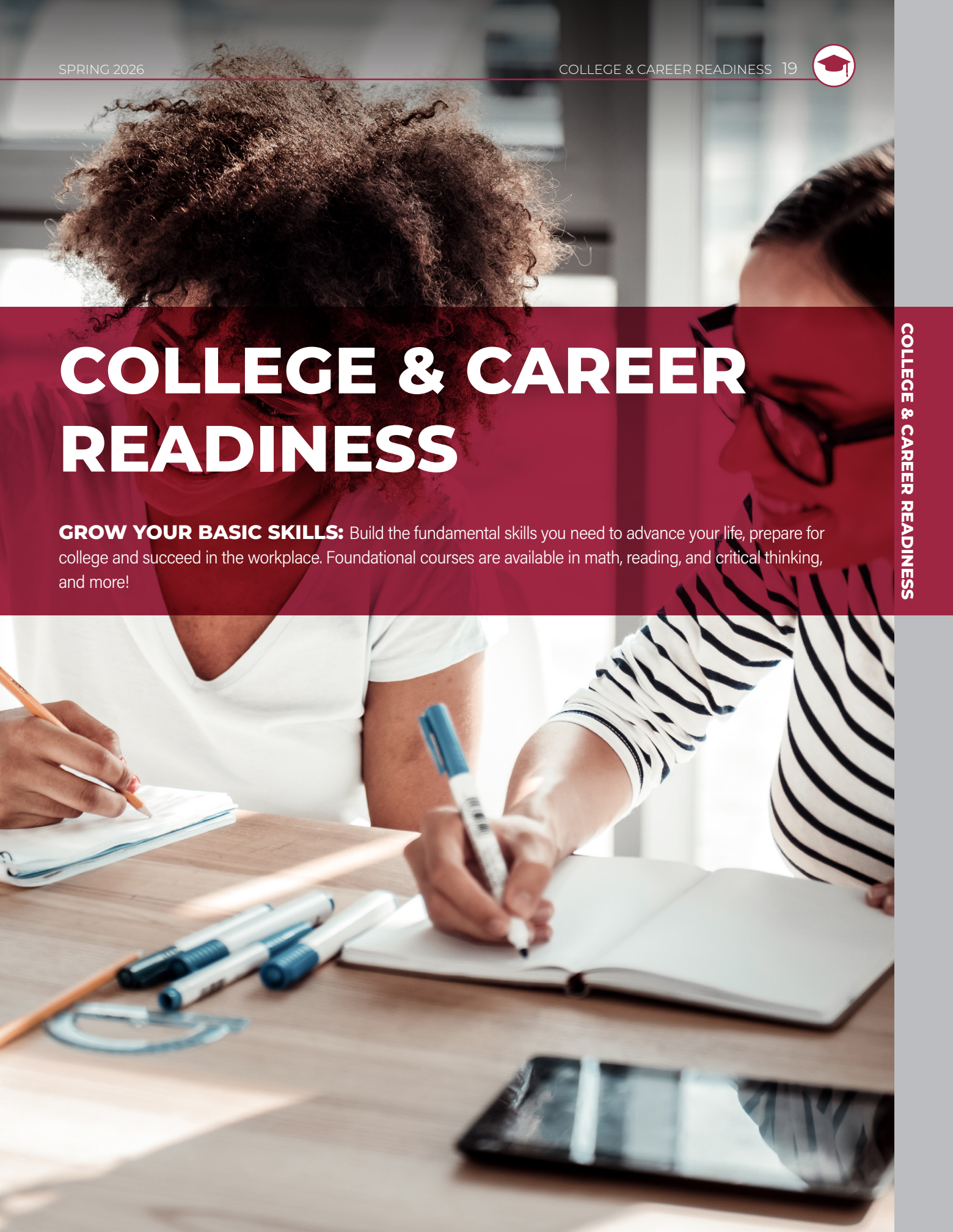
Ready to take it to the next level? Complete all six classes from the Beginning and Intermediate levels to qualify for the Advanced Certificate in Office Support Fundamentals.

**SEE PAGES 22–23
FOR BEGINNING
CERTIFICATE
COURSES AND
SCHEDULE.**



COLLEGE & CAREER READINESS

GROW YOUR BASIC SKILLS: Build the fundamental skills you need to advance your life, prepare for college and succeed in the workplace. Foundational courses are available in math, reading, and critical thinking, and more!





COLLEGE AND CAREER PLANNING



INTERNET CAREER RESEARCH

Introduction to the use of the internet as an important tool in career planning, career research, and job search. Students are guided through specific Internet sites, given tips on the use of search engines, learn how to create a folder to keep track of the sites they find most useful, how to conduct career research, and how to apply for a job online.

Instructor: J. Reyes, No fee, 3 hours.

NC 88-501 Apr. 8-10

Class type: Online

SUCCESS IN NURSING

Designed to assist enrolled nursing students to be successful in the VN and ADN programs. Included are test-taking strategies as well as basic mathematics, reading comprehension, time management, communication, and critical thinking as they apply to the nursing curriculum.

Instructor: TBA, No fee, 24 hours.

NC 1033-530 Jan. 26-Mar. 6

Class type: Online

No Class: 2/14, 2/15

USING YOUR FOREIGN DEGREE IN THE UNITED STATES

Provides graduates of foreign colleges and/or universities with essential information for exploring their options for using their degrees in the United States. Includes the U.S. educational system, processes for transcripts and/or diplomas, state licensing and credentialing considerations, English language proficiency, professional networking, graduate study options, job search and career planning services.

Instructor: D. Edwards, No fee, 3 hours.

NC 92-E1 T Feb. 24

Class type: Face-to-face

9-11:50 a.m.

Location: CVAS

NC 92-E5 W Feb. 25

Class type: Face-to-face

5:30-8:20 p.m.

Location: SYAS

NC 92-E6 Th Feb. 26

Class type: Face-to-face

2:45-5:35 p.m.

Location: LOMA

NC 92-E3 T Mar. 3

Class type: Face-to-face

5:30-8:20 p.m.

Location: MAS

NC 92-E2 W Mar. 4

Class type: Face-to-face

9-11:50 a.m.

Location: NCAS

NC 92-E4 Th Mar. 5

Class type: Face-to-face

5:30-8:20 p.m.

Location: CVAS

NC 92-62 Th May 7

Class type: Face-to-face

5:30-8:20 p.m.

Location: SWC Chula Vista

Room: 59A-102





PREPARATORY COURSES

Learn more online and register at ed2go.com/swc
Check website for price

- ETG-306** GRE Preparation–Part 1
(Verbal and Analytical)
ETG-307 GRE Preparation–Part 2 (Quantitative)
ETG-310 Grammar Refresher
ETG-318 GMAT Preparation
ETG-327 Writing Essentials
ETG-374 SAT/ACT Preparation – Part 1
ETG-375 SAT/ACT Preparation – Part 2

MATH SKILL DEVELOPMENT

ALGEBRA REFRESHER LEVEL 1

Provides an individualized program of instruction to review various topics in Elementary Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra-based exams.

Instructor: M. Garcia, No fee, 9 hours.

NC 146-510 Jan. 12-27

Class type: Online
No Class: 1/19

NC 146-501 Feb. 9-27

Class type: Online
No Class: 2/13, 2/14, 2/15, 2/16

NC 146-502 Mar. 2-20

Class type: Online

NC 146-503 Mar. 23-Apr. 17

Class type: Online
No Class: 3/30, 3/31, 4/1, 4/2, 4/3

ALGEBRA REFRESHER LEVEL 2

Provides an individualized program of instruction to review various topics in Intermediate Algebra. Consists of direct instruction as well as computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for algebra-based courses or exams.

Instructor: M. Garcia, No fee, 9 hours.

NC 147-510 Jan. 12-27

Class type: Online
No Class: 1/19

NC 147-501 Feb. 9-27

Class type: Online
No Class: 2/13, 2/14, 2/15, 2/16

NC 147-503 Mar. 23-Apr. 17

Class type: Online
No Class: 3/30, 3/31, 4/1, 4/2, 4/3, 4/4, 4/5

NC 147-504 Apr. 20-May 8

Class type: Online

CONQUERING MATH ANXIETY

Assists students in overcoming their math anxiety and in understanding the relationship of anxiety to their seeming inability to perform well in mathematics courses. Helps students to recognize, understand, and reduce the fear of mathematics. Not a mathematics refresher course.

Instructor: M. Olivas, No fee, 9 hours.

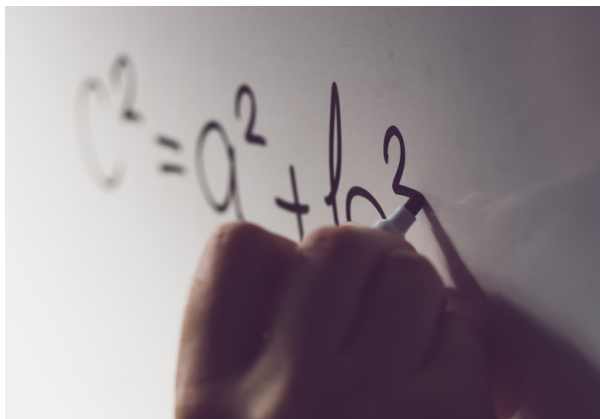
NC 144-E1 F Feb. 6-27 9:30 a.m.–12:20 p.m.

Class type: Face-to-face Location: CVAS
No Class: 2/13

NC 144-E2 F Mar. 6-20 5:30-8:20 p.m.

Class type: Face-to-face Location: CVAS





ELEMENTARY AND INTERMEDIATE ALGEBRA REFRESHER

Provides individualized instruction of topics in Elementary and Intermediate Algebra. Consists of direct instruction and computer assisted instruction to identify levels of knowledge and refresh concepts as needed for each student. Serves students in need of just-in-time course support, and/or students who preparing for algebra based exams.

Instructor: M. Garcia, No fee, 18 hours.

NC 1148-502 Mar. 2-Apr. 17

Class type: Online

No Class: 3/30, 3/31, 4/1, 4/2, 4/3, 4/4, 4/5

TRIGONOMETRY REFRESHER

Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.

Instructor: K. Eclar, No fee, 9 hours.

NC 1104-510 Jan. 12-27

Class type: Online

No Class: 1/19

NC 1104-501 Feb. 9-27

Class type: Online

No Class: 2/13, 2/14, 2/15, 2/16

NC 1104-502 Mar. 2-20

Class type: Online

COMPUTER SKILLS TO BEGIN OR ADVANCE YOUR CAREER



Certificate of Completion in Beginning Office Support Fundamentals

(Complete all of the following courses:

(NC 200, NC 198, NC 185)

INTRODUCTION TO BASIC KEYBOARDING

Beginning students will learn how to correctly keyboard the alphabet and punctuation keys with an emphasis on technique, accuracy, and speed.

No fee, 8 hours.

NC 200-80 F Feb. 20-Mar. 13 10-11:50 a.m.
Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5201

NC 200-75 Sat Feb. 21-28 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECSY
Instructor: L. Hernandez Room: 7210

NC 200-E1 MT Apr. 13-21 5-6:50 p.m.
Class type: Face-to-face Location: SWPC
Instructor: TBA



INTRODUCTION TO BASIC MICROSOFT EXCEL SPREADSHEETS

Reviews the basics of spreadsheet use: structure, data entry, formulas, and functions. Focuses on how to convert your data into meaningful and high-impact charts.

Instructor: L. Hernandez, No fee, 8 hours.

NC 24-75 Sat Mar. 21-28 9 a.m.-12:50 p.m.
Class type: Face-to-face Location: HECNC
Room: 7210



INTRODUCTION TO BASIC MICROSOFT WORD

Provides students with the basic skills that are essential to format, edit, and save documents using Microsoft Word.

No fee, 8 hours.

NC 198-75 Sat Mar. 7-14 9 a.m.-12:50 p.m.
 Class type: Face-to-face Location: HECNC
Instructor: L. Hernandez Room: 7210

NC 198-80 F Mar. 20-Apr. 17 10-11:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: L. Schultz Room: 5201
No Class: 4/3

NC 198-E7 MT Apr. 27-May 5 5-6:50 p.m.
 Class type: Face-to-face Location: SWPC
Instructor: L. Hernandez

INTRODUCTION TO BASIC POWERPOINT

Provides students with the basic skills to create and format a PowerPoint slide presentation.

No fee, 8 hours.

NC 185-80 F Apr. 24-May 15 10-11:50 a.m.
 Class type: Face-to-face Location: SWPC
Instructor: S. Mahmud

NC 185-E1 MT May 11-19 5-6:50 p.m.
 Class type: Face-to-face Location: SWPC
Instructor: L. Hernandez



COMPUTER COURSES

Learn more online and register at ed2go.com/swc

- ETG-200** Introduction to PC Troubleshooting
- ETG-213** Basic CompTIA A+ Certification Prep
- ETG-214** Intermediate CompTIA A+ Certification Prep
- ETG-215** Advanced CompTIA A+ Certification Prep
- ETG-222** Introduction to PC Security
- ETG-223** Introduction to Microsoft Project 2019
- ETG-242** Introduction to Networking
- ETG-246** Introduction to SQL
- ETG-247** Intermediate SQL
- ETG-249** Introduction to C++ Programming
- ETG-253** Wireless Networking



INTRODUCTION TO COMPUTERS

Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.

No fee, 6 hours.

NC 1051-E1 Sat Feb. 21-Mar. 7 12-1:50 p.m.
 Class type: Face-to-face Location: IBBL
Instructor: TBA

NC 1051-81 TTh Feb. 10-17 10-11:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5201

NC 1051-E7 TTh Apr. 14-21 3:15-5:05 p.m.
 Class type: Face-to-face Location: HES
Instructor: TBA

INTRODUCTION TO MICROSOFT OUTLOOK

Introduces the basic concepts of Microsoft Outlook by utilizing various functions and features of email, attachments, online calendar, messaging, and contacts.

Instructor: G. Herrera, No fee, 3 hours.

NC 199-80 F May 22 10 a.m.-12:40 p.m.
 Class type: Face-to-face Location: HECSY
 Room: 5201



ENGLISH AS A SECOND LANGUAGE (ESL)

GROW YOUR LANGUAGE SKILLS: Improve your English skills in a safe and secure environment. Learn from faculty who care about your growth. Beginning to advanced classes are offered day, night and online.



ENGLISH AS A SECOND LANGUAGE (ESL)



Certificate of Completion in Entry Level ESL

(Complete NC 108, NC 109 and NC 110)

BASIC ESL I

Introduces activities at a novice-low/A1 level, encouraging independent learning. Promotes the development of students' ability to learn and engage in goal-directed behaviors, as well as English language grammar, reading, listening, conversation, and writing competence. First of three levels of general English.

No fee, 36 hours.

NC 108-501 Feb. 2-Mar. 6

Class type: Online

Instructor: TBA

No Class: 2/13, 2/14, 2/15, 2/16

NC 108-01 MW Feb. 2-Mar. 25 9-11:10 a.m.

Class type: Face-to-face

Location: SWC Chula Vista

Instructor: TBA

Room: 53A-118

No Class: 2/16

NC 108-E1 TTh Feb. 3-Mar. 19 8:15-10:30 a.m.

Class type: Face-to-face

Location: NICO

Instructor: TBA

NC 108-E7 TTh Feb. 3-Mar. 19 3:15-5:30 p.m.

Class type: Face-to-face

Location: RICE

Instructor: TBA

NC 108-86 TTh Feb. 3-Mar. 5 5:30-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Instructor: TBA

Room: 5205

NC 108-E2 WF Feb. 4-Mar. 27 1:30-3:40 p.m.

Class type: Face-to-face

Location: MOLI

Instructor: TBA

No Class: 2/13

NC 108-80 F Feb. 6-May 29 8:30-10:40 a.m.

Class type: Face-to-face

Location: HECSY

Instructor: TBA

Room: 5205

No Class: 2/13, 4/3

NC 108-E3 TTh Apr. 7-May 21 3:15-5:35 p.m.

Class type: Face-to-face

Location: MCS

Instructor: TBA

NC 108-E6 TTh Apr. 14-May 28 2:45-5 p.m.

Class type: Face-to-face

Location: LOMA

Instructor: TBA

BASIC ESL II

Continues activities at a novice-mid/A1 level, encouraging independent learning. Promotes the development of students' ability to learn and engage in goal-directed behaviors, as well as English language grammar, reading, listening, conversation, and writing competence. Second of three levels of general English.

No fee, 36 hours.

NC 109-E5 MW Feb. 2-Apr. 13 4-5:50 p.m.

Class type: Face-to-face

Location: CVLIB2

Instructor: TBA

No Class: 2/16, 3/30, 4/1

NC 109-E2 TTh Feb. 3-Apr. 9 6-7:50 p.m.

Class type: Face-to-face

Location: SMLC

Instructor: TBA

No Class: 3/31, 4/2

NC 109-80 F Feb. 6-May 29 10:50 a.m.-1 p.m.

Class type: Face-to-face

Location: HECSY

Instructor: TBA

Room: 5205

No Class: 2/13, 4/3

NC 109-501 Mar. 9-Apr. 17

Class type: Online

Instructor: TBA

No Class: 3/30, 3/31, 4/1, 4/2, 4/3, 4/4, 4/5

NC 109-86 TTh Mar. 10-Apr. 16 5:30-8:50 p.m.

Class type: Face-to-face

Location: HECSY

Instructor: TBA

Room: 5205

No Class: 3/31, 4/2

NC 109-E4 TTh Apr. 7-May 21 9-11:15 a.m.

Class type: Face-to-face

Location: ROFC

Instructor: TBA

NC 109-E3 TTh Apr. 7-May 21 9-11:15 a.m.

Class type: Face-to-face

Location: NICO

Instructor: TBA

NC 109-E1 TTh Apr. 7-May 21 3:15-5:30 p.m.

Class type: Face-to-face

Location: ROFC

Instructor: TBA

BASIC ESL III

Continues activities at a novice-high/A2 level, encouraging independent learning. Promotes the development of students' ability to learn and engage in goal-directed behaviors, as well as English language grammar, reading, listening, conversation, and writing competence. Third of three levels of general English.

No fee, 36 hours.

NC 110-E2 TTh Feb. 3-Mar. 19 3:15-5:30 p.m.

Class type: Face-to-face

Location: HES

Instructor: TBA



NC 110-80 F Feb. 6–May 29 1:10–3:20 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5205
No Class: 2/13, 4/3

NC 110-501 Apr. 20–May 22
 Class type: Online
Instructor: TBA

NC 110-01 TTh Apr. 7–May 26 9–11:10 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 59A-102

NC 110-87 TTh Apr. 21–May 21 5:30–8:50 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5209

NC 110-E3 TTh Apr. 14–May 28 2:45–5 p.m.
 Class type: Face-to-face Location: PES
Instructor: TBA

COMPUTERS AND TECHNOLOGY FOR ESL

Provides the linguistic and basic technology skills English as a Second Language (ESL) learners need in order to be able to succeed in ESL classes, other classes, and everyday life.

No fee, 36 hours.

NC 221-01 F Feb. 6–May 29 9–11:10 a.m.
 Class type: Face-to-face Location: SWC Chula Vista
Instructor: TBA Room: 59A-102
No Class: 2/13, 4/3

NC 221-86 TTh Feb. 24–Mar. 26 5:30–8:50 p.m.
 Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5201

ESL CONVERSATION

Develops listening, speaking, pronunciation, and vocabulary. Explores different aspects of local and student cultures in social and transactional conversations through the use of different media (songs, short videos, social media, etc.) as learning tools. Recommended for students with novice-high proficiency or higher according to California Pathways or A2 or higher according to the Common European Framework of Reference for Languages.

No fee, 36 hours.

NC 222-E4 TTh Feb. 3–Apr. 16 8:15–10:05 a.m.
 Class type: Face-to-face Location: FCS
Instructor: TBA
No Class: 3/24, 3/26, 3/31, 4/2

NC 222-E3 TTh Feb. 3–Apr. 9 6–7:50 p.m.
 Class type: Face-to-face Location: SMLC
Instructor: TBA
No Class: 3/31, 4/2



NC 222-E2 F Feb. 6–May 15 9–11:50 a.m.
 Class type: Face-to-face Location: SYSD1
Instructor: TBA
No Class: 2/13, 3/27, 4/3

NC 222-E5 F Feb. 20–May 29 8:30–10:55 a.m.
 Class type: Face-to-face Location: CVAS
Instructor: TBA
No Class: 3/27, 4/3

NC 222-80 F Feb. 27–May 22 9–11:50 a.m.
 Class type: Face-to-face Location: HECSY
Instructor: TBA Room: 5206
No Class: 4/3

ESL FOR FAMILY LITERACY

Develops oral and written communication skills in standard English within the context of child care, child rearing, and parenting. Strengthens listening, speaking, reading, and writing skills useful for communicating with and about children at different stages of development on topics including day-to-day care, health, education, and safety. This course is intended for non-native speakers of English who are parents, grandparents, and child care providers. This course is recommended for non-native speakers at novice-high level or higher according to California Pathways or A2 or higher according to the Common European Framework of Reference for Languages.

Instructor: TBA, No fee, 24 hours.

NC 223-E1 MF Apr. 10–May 29 9–10:25 a.m.
 Class type: Face-to-face Location: CES
No Class: 5/25

TRANSITIONING TO COLLEGE ESL

Prepares ESL students for credit college courses. Provides ESL students with language needed to navigate college applications, registration, assessment, course selection, and college study. Recommended for students at a novice-high level of English or higher, according to California Pathways.

Instructor: TBA, No fee, 36 hours.

NC 220-01 MW Apr. 6–May 27 9–11:10 a.m.
 Class type: Face-to-face Location: CVAS
Instructor: TBA Room: 37-101
No Class: 5/25



EXPLORATION AND PERSONAL GROWTH

KEEP GROWING: Join other lifelong learners in classes designed to help you build skills, achieve wellness, and find fulfillment. Classes are offered at a variety of locations throughout the community.



LIFE ENRICHMENT FOR OLDER ADULTS

ART THERAPY

Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.

Instructor: A. Bejarano, No fee, 12 hours.

NC 1053-E5 T Feb. 3–Mar. 10 4–5:50 p.m.
Class type: Face-to-face Location: CVLIB2

NC 1053-E1 F Feb. 6–Mar. 20 10–11:50 a.m.
Class type: Face-to-face Location: OMNL
No Class: 2/13

NC 1053-70 W Feb. 18–Mar. 25 10–11:50 a.m.
Class type: Face-to-face Location: HECNC
Room: 7202

NC 1053-E2 Th Feb. 19–Mar. 26 1:30–3:20 p.m.
Class type: Face-to-face Location: IBSC

NC 1053-E3 Th Apr. 9–May 14 1:30–3:20 p.m.
Class type: Face-to-face Location: IBSC

NC 1053-E7 F Apr. 10–May 15 10–11:50 a.m.
Class type: Face-to-face Location: OMNL

NC 1053-75 Sun Apr. 12–May 17 10–11:50 a.m.
Class type: Face-to-face Location: HECNC
Room: 7202

BUDGET AND HOME ENERGY MANAGEMENT

Designed for individuals who would like to take control of their finances, and minimize debt and maximize savings and investments. Covers financial goal setting, money management, spending plan, expense recordkeeping, identity theft, credit and credit repair, ways to earn extra income, energy management, energy conservation, meter reading, and available community resources.

Instructor: R. Corpron, No fee, 5.5 hours.

NC 10-50 Sat Mar. 7-14 8-10:25 a.m.
Class type: Face-to-face Location: SWC Chula Vista
Room: 37-106

CREATING ART FROM EVERYDAY OBJECTS

Techniques to create gifts and decorations from common objects found around the home. Covers paper collage, basic stenciling, and some rubber stamping.

Instructor: A. Bejarano, No fee, 18 hours.

NC 1001-75 Sat Mar. 14–May 16 11:30 a.m.–1:10 p.m.
Class type: Face-to-face Location: HECNC
No Class: 4/4 Room: 7202

GOSPEL CHOIR I

Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

Instructor: P. Rieves. No fee, 72 hours.

NC 3081-01 TTh Feb. 3–May 26 1:20–3:25 p.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 3/31, 4/2 Room: 85-101

INTRODUCTION TO MARIACHI PERFORMANCE I

Provides older adults the opportunity to perform simple mariachi music in a beginning-level ensemble. Emphasizes learning to play mariachi instruments (violin, trumpet, guitar, vihuela, guitarron, flute, voice) in the proper style, reading music, and playing well as part of a group.

Instructor: V. Viberos, No fee, 72 hours.

NC 87-02 W Feb. 4–May 27 3:40–6:30 p.m.
Class type: Face-to-face Location: SWC Chula Vista
No Class: 4/1 Room: 85-102

\$ BLUEPRINT FOR RETIREMENT

Educate retirees as to the multitude of decisions that must be made during retirement as well as the complexities of managing financial affairs to create their best retirement lifestyle today.

Instructor: K. Bowie. 6 hours.

*You may bring a guest, at no charge, to either class listed below

CS 175-73 Sat Feb. 21–28 9 a.m.–12 p.m. Fee: \$49
Class type: Face-to-face Location: SWC Chula Vista
Room: 60-124

CS 175-74 W Feb. 25–Mar. 4 6–9 p.m. Fee: \$49
Class type: Face-to-face Location: SWC Chula Vista
Room: 60-124



EXPLORATION AND PERSONAL GROWTH

Learn more online and register at ed2go.com/swc
Check website for price

FAMILY

- ETG-321** Genealogy Basics
ETG-353 Helping Elderly Parents
ETG-357 Understanding Adolescents
ETG-363 Ready, Set, Read!

FINANCE

- ETG-329** Where Does All My Money Go?
ETG-334 Personal Finance
ETG-345 Stocks, Bonds, and Investing: Oh My!

FITNESS AND WELLNESS

BODY DYNAMICS AND AGING PROCESS

Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability.

Instructor: C. Alba, No fee, 36 hours.

NC 34-E4 TTh Feb. 3-May 28 7:30-8:30 a.m.
 Class type: Face-to-face Location: IBSC
 No Class: 3/31, 4/2

NC 34-80 MW Feb. 2-May 27 10-11 a.m.
 Class type: Face-to-face Location: HEC SY
 No Class: 2/16, 3/30, 4/1, 5/25 Room: 5104



HEALTH AND BODY

Learn more online and register at ed2go.com/swc
Check website for price

- ETG-317** Introduction to Natural Health and Healing
ETG-354 Lose Weight and Keep It Off
ETG-381 Start Your Own Edible Garden



TAI CHI

Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages.

Instructor: J. Muren, No fee, 24 hours

NC 32-E1 M Feb. 2-May 18 10-11:25 a.m.
 Class type: Face-to-face Location: SPPS
 No Class: 2/16, 3/30

NC 32-E4 W Feb. 4-Apr. 29 11 a.m.-12:50 p.m.
 Class type: Face-to-face Location: BSLB
 No Class: 4/1

NC 32-E3 Sat Feb. 7-May 23 9-10:25 a.m.
 Class type: Face-to-face Location: SPPS
 No Class: 2/14, 4/4

NC 32-81 Th Feb. 19-May 28 10:30-11:55 a.m.
 Class type: Face-to-face Location: HEC SY
 No Class: 4/2 Room: 5104

NC 32-75 Sat Feb. 21-May 23 11 a.m.-12:30 p.m.
 Class type: Face-to-face Location: HEC NC
Instructor: J. Han Room: 7130
 No Class: 4/4

NC 32-77 Sun Feb. 22-May 24 11 a.m.-12:30 p.m.
 Class type: Face-to-face Location: HEC NC
 No Class: 4/5



SOUTHWESTERN COLLEGE JAGUAR TENNIS ACADEMY



\$ BEGINNING LEVEL (AGES 7-12)

Are you ready to start your tennis journey? Join our Beginning/Advanced Beginning 1 and 2 class. This class is designed for those first learning the game of tennis and those with some experience and looking to improve their skills with professional instruction. Class will include basic forehand and backhand shots, basic serving, basic volley skills and footwork and conditioning, with development of hand eye coordination related to tennis. Students will interact with other students through drills and games that develop Tennis skills. Step onto the court and start mastering the game with us today!
Instructor: Susan Reasons

TA-L1-S10 M Jan. 12-Feb. 9 4:30-6 p.m. Fee: \$80
(No class Jan. 19)

Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L1-S11 M Feb. 23-Mar. 16 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L1-S12 M Apr. 6-27 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L1-S13 M May 4-Jun. 1 4:30-6 p.m. Fee: \$80
(No class May 25)

Class type: Face-to-face Location: Chula Vista Campus Lot E

\$ BEGINNING LEVEL (AGES 10-16)

TA-L2-S10 W Jan. 14-Feb. 4 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L2-S11 W Feb. 11-Mar. 4 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L2-S12 W Mar. 18-Apr. 15 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L2-S13 W Apr. 29-May 20 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L2-S14 W Jun. 3-24 4:30-6 p.m. Fee: \$80
Class type: Face-to-face Location: Chula Vista Campus Lot E

\$ INTERMEDIATE LEVEL (AGES 10-16)

Ready to take your tennis skills to the next level? Join our Intermediate level class. Students will further develop their Tennis skills to include practice rallies, point playing, Serve and Return of Serve, scoring and Game/Set management, and more advanced footwork drills and further conditioning. Gear up for an action-packed experience and elevate your game with us. **Instructor: Susan Reasons**

TA-L3-S10 F Jan. 16-Feb 6 4:30-6 p.m. Fee: \$90
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L3-S11 F Feb. 20-Mar. 13 4:30-6 p.m. Fee: \$90
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L3-S12 F Mar. 27-Apr. 24 4:30-6 p.m. Fee: \$90
(No class Apr. 3)

Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L3-S13 F May 8-29 4:30-6 p.m. Fee: \$90
Class type: Face-to-face Location: Chula Vista Campus Lot E

INTERMEDIATE/ADVANCED (AGES 18+)

Ready to take your tennis skills to the next level? Join our Intermediate/advanced level class. Must be 3.5-4.5 NTRP (National Tennis Rating Program) level to register. Have ability to serve, rally, volleys, scoring and match playing at a consistent level. Please note that no beginner skills will be taught in this class. **Instructor: Susan Reasons**

TA-L4-S1 T Jan. 20-Feb 10 6:30-8 p.m. Fee: \$70
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L4-S13 T Feb. 24-Mar. 17 6:30-8 p.m. Fee: \$70
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L4-S14 T Apr. 7-28 6:30-8 p.m. Fee: \$70
Class type: Face-to-face Location: Chula Vista Campus Lot E

TA-L4-S15 T May 12-Jun. 2 6:30-8 p.m. Fee: \$70
Class type: Face-to-face Location: Chula Vista Campus Lot E

Important Notes for SWC Jaguar Tennis Academy students: Students must have your own racquet and water bottle. Tennis sport shoes and athletic clothing are only allowed in class. Students must follow all rules for safety as instructed by Coach Reasons. Students are to be picked up from class on time or a late fee will be incurred. ***Make-ups only available for a canceled class.**



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- Make the transition to college
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- Learn how to pay for college and financial assistance options
- Develop an educational plan

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NONCREDIT APPLICATION

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619-482-6376 FAX 619-482-6402 continuing@swccd.edu

CHECK THE TERM THAT APPLIES:

SUMMER ☐
FALL ☐
SPRING ☐

Noncredit courses are funded by local and state taxes. The information requested on this application **remains confidential and is required** to establish your eligibility to register in this publicly funded class. Thank you for your assistance.

-PLEASE PRINT NEATLY IN **BLACK INK** AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS-

Have you ever taken a class at Southwestern College before? ☐ NO ☐ Yes

SWC ID # _____

LAST NAME

FIRST NAME

MIDDLE NAME

OTHER NAMES YOU HAVE USED SINCE BIRTH:

(Include nicknames, aliases, and maiden name, if applicable) _____

HOME ADDRESS (P.O Box not acceptable)

CITY

STATE

ZIP CODE

BIRTHDATE

Month / Day / Year

HOME PH. () _____

CELL PH. () _____

GENDER

EMAIL: _____

☐ MALE ☐ FEMALE ☐ NONBINARY ☐ DECLINE TO STATE

SOCIAL SECURITY NUMBER _____ / _____ / _____
(Optional)

ETHNIC BACKGROUND: (Please Check one)

☐ HIS Hispanic/Latino ☐ NHIS Non-Hispanic/Latino ☒ X Unknown

RACE: (Please check all that apply) This information required by the Department of Education in compliance with Title VI, Civil Rights Act, 1964

- | | | | | |
|---------------------------------------|---|--|--|--|
| ☐ 01. Chinese | ☐ 05. Cambodian | ☐ 09. Guamanian | ☐ 13. Mex, MexAmer, Chicano | ☐ 17. Filipino |
| ☐ 02. Japanese | ☐ 06. Vietnamese | ☐ 10. Hawaiian | ☐ 14. South American | ☐ 18. Amer. Ind, Alask Native |
| ☐ 03. Korean | ☐ 07. Asian Indian | ☐ 11. Samoan | ☐ 15. Central American | ☐ 19. Black, Non-Hispanic |
| ☐ 04. Laotian | ☐ 08. Other Asian | ☐ 12. Pacific Islander /Other | ☐ 16. Other Hispanic | ☐ 20. White |

IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? ☐ Yes ☐ NO If NO, specify language: _____

HIGH SCHOOL EDUCATION STATUS: (Please check one)

- ☐ 1. Not a high school graduate and not enrolled in high school
- ☐ 2. Not a high school graduate and currently enrolled in Adult School
- ☐ 3. Currently Enrolled in high school
- ☐ 4. U.S. High School diploma
- ☐ 5. High School Equivalency Certificate (GED/HISET)
- ☐ 6. Certificate of California High School Proficiency (CHSPE)
- ☐ 7. Foreign secondary/high school Diploma/Certificate

ADULT SCHOOL SITE: (Please check all that apply and enter the date you last attended)

San Ysidro Adult School	☐ Mo / Year
Chula Vista Adult School	☐ Mo / Year
Montgomery Adult School	☐ Mo / Year
National City Adult School	☐ Mo / Year
Coronado Adult School	☐ Mo / Year

Please indicate any Adult School you have attended in the State of California not on the list:

HIGHEST LEVEL OF EDUCATION COMPLETED (Please Check One)

Technical/Certificate ☐	A.A. /A.S. Degree ☐	4-yr. College Graduate ☐
Graduate Studies ☐	Some College, No Degree (If YES , please check one) ☐ Freshman ☐ Junior ☐ Sophomore ☐ Senior	Other Diploma/Degree ☐

WHAT IS YOUR PRIMARY EDUCATIONAL GOAL FOR ATTENDING CONTINUING EDUCATION COURSES? (Please check one)	Get a better Job ☐	Improve Basic Skills ☐	Improve English Skills ☐	Prepare to Earn High School Diploma / GED ☐
	Prepare for Employment ☐	Retain Current Job ☐	Prepare to Enter College or Training ☐	Personal Goal ☐
	Family Goal ☐	Prepare for U.S. Citizenship ☐	Prepare for Military Service ☐	Undecided ☐
	Other Goal Attainable ☐ (Please Explain)			

CURRENTLY AFFILIATED WITH:	Corrections ☐	Homeless Programs ☐	N/A ☐
---------------------------------------	--------------------------------------	--	------------------------------

SIGNATURE: _____ *DATE:* _____

PLEASE REGISTER ME IN THE FOLLOWING NONCREDIT COURSES:

Course-Section Number	Name of Course	Start Date
NC		
NC		
NC		
NC		
NC		

FOR OFFICE USE ONLY

Application Entered By: _____

Date: _____



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Algebra Refresher Level 2	21	CPR for the Healthcare Provider	7
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\$ Child Visitation Monitor Training Course	13	Internet Career Research	20



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Community Education

Youth Programs:

Office
59A-101

CHULA VISTA CAMPUS SCHOOLS & DEPARTMENTS (Listed in this order: Grid Location/Department Name/Room Number)

- | | | | |
|--|---|---|---|
| B6 Academic Affairs: 12101 | C6 Financial Aid: 68-104 | D7 Reading Lab: 26 | E5 The SWC Sun: 57A |
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RELOCATED OFFICES & NEW ADDITIONS are listed in teal.

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Due to construction, most map directory encasings are out of date. To view all maps for all of our campuses visit swccd.edu/map or scan the QR code. If you do not have a smartphone, visit the Welcome Center desk in the Cesar E. Chavez Student Services Center, Building 68.



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