Southwestern College Schedule

Continuing Education
Summer 2019

FREE Noncredit classes inside!
Featuring New Classes:
NEW! Real Life Skills

Spread the word about Southwestern College by sharing our schedule with others.
To request this schedule in alternate media, please call 619-482-6512 or TTY 619-482-6470

For more information visit:
www.swccd.edu/continuinged

Southwestern College Continuing Education
900 Otay Lakes Road, Building 660, Room 661, Chula Vista, CA 91910 | 619-482-6376
A Message from the Director

Welcome to Southwestern College’s (SWC) Continuing Education Department, where we are committed to empowering and strengthening our diverse community to reach their goals. Whether your goals are to gain new skills, enhance your career, or for personal growth, we offer a wide variety of new and innovative programming, accessible services, and resources that will meet your needs.

In this Summer Schedule of Classes, you will find NEW noncredit courses, such as the free 10 and 30-hour OSHA courses for General Industry Standards; Self-improvement courses like Trigonometry Refresher; and Certificates of Completion for Tax Preparation/Income Tax, Basic ESL, and much more.

In addition to our noncredit offerings, you’ll find our popular Fee-Based courses such as California State and Loan Signing Notary Public Seminar courses, Retirement Planning and Make Extra Income as a Wholesale Auto Dealer from Home. You may also be interested in our NEW fee-based courses such as Real Life Skills, and My Street Money TM - The Real Persons Guide to Creating Financial Peace and Security for You and Your Family.

If you are unable to attend courses on the Chula Vista campus, Higher Education Centers, or at our extension sites, then please take a look at our online Ed2Go course offerings.

Southwestern College and the department of Continuing Education look forward to becoming your primary choice for life-long learning and higher education.

Sincerely,
Myesha Jackson
Director of Continuing Education

Expand your career options!

Continuing Education offers Career and Professional Development courses in various subject areas including the courses shown below. These high-quality career based/skill building courses teach proficiency in many different areas. Our instructors have a vast amount of experience in these areas and will provide you with the knowledge you need to advance in your career or learn new job skills.

Fee-Based Courses
- Make Extra Income as a Wholesale Auto Dealer from Home
- Voice-Overs...Now is Your Time!
- California State Notary Public Seminar
- Loan Signing—Notary Public Seminar
- Online Ed2Go Courses

Noncredit Courses
- Basic ESL
- Customer Service Training
- Tax Preparation/Income Tax
- Computer Skills Training
- Family Childcare Business
- 10-hour/30-hour OSHA

Meet the School of Continuing Education & Workforce Development

www.swccd.edu/continuinged
Continuing Education

Continuing Education provides students with extended studies designed to support professional advancement and personal success. Day, evening, and weekend classes are conveniently held at the Chula Vista campus, as well as at off-campus locations throughout South County. Many are tuition-free, while others require a nominal fee. There are no transcripts or grades. New classes are always being added. For an up-to-date listing of classes, visit the Noncredit section of the Southwestern College website: www.swccd.edu/continuinged

Mission Statement
Southwestern Community College District is the premier public institution of higher education in Southern San Diego County that serves a diverse community of students by providing quality academic programs, comprehensive student support services that ensure equitable access and clear pathways to student success.

Southwestern Community College District promotes learning and success to prepare students to become critical thinkers and engaged life-long learners/global citizens. The District is committed to continuous improvements through the use of data-informed planning, implementation, and evaluation.

Southwestern Community College District utilizes a variety of instructional modalities to provide educational and career opportunities in the following areas: Associate degree and certificate programs, transfer, professional, technical and career advancement, foundational skills, personal enrichment, and continuing education.

Governing Board of the Southwestern Community College District
Roberto Alcantar, President
Nora E. Vargas, Vice President
Leticia Cazares
Griselda A. Delgado
Tim Nader
Kindred Murillo, Ed. D., Superintendent/President

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Diversity Initiative
Southwestern Community College District seeks to foster and engage diversity as integral to our learning community and in educational excellence. Diversity is valued as an essential cornerstone to civility, dignity, fairness, respect, and trust.

Non-Discrimination Statement
The Southwestern Community College District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, age, or marital status in any of its policies, procedures, or practices. This nondiscrimination policy covers admission, employment, and access to all college programs and activities. Questions about the Rehabilitation Act of 1973, Section 504, and student grievances should be directed to the Dean of Student Services, at 619-482-6369. Title IX inquiries should be directed to the Title IX Administrator, at 619-482-6329. Inquiries regarding Equal Employment Opportunity and other nondiscrimination policies and procedures should be directed to the Vice President of Human Resources, 619-482-6329.
Youth Excellence & Success Academy at Southwestern College

COURSES AVAILABLE IN JUNE AND JULY 2019

Southwestern College is excited to introduce the expansion of College for Kids by bringing you the New Youth Excellence & Success (Y.E.S.) Academy this Summer 2019! We invite you to share this opportunity with friends and family of students entering 4th–12th grade, to encourage participation in this unique college atmosphere experience. Students entering 4th–10th grade can enroll in UCSD Sally Ride Science Junior Academy STEAM courses and/or College for Kids (CFK) Classic courses. High School students entering 9th–12th grade can also participate in the program by enrolling in SAT Prep Boot Camp. Courses focus on students and their abilities to learn, grow, and build upon their excellence and success through a variety of courses fit for everyone.

Open to Students Entering Fall 2019 4th–10th Grade:

Sally Ride Science Junior Academy
College for Kids (CFK) Classic
Writer’s Café Lunch Supervision

Open to High School Students 9th–12th Grade:

SAT Prep Boot Camp

Online Registration NOW OPEN! www.swccd.edu/cfk

REGISTRATION CLOSES ON THE FOLLOWING DATES:

Sally Ride Science Junior Academy STEAM courses: The Wednesday before each course begins
CFK Classic Session I: June 5, 2019 | CFK Classic Session II: June 26, 2019 | SAT Prep Boot Camp: June 8, 2019
Southwestern College
Continuing Education

Continuing Education provides the opportunity for community residents to improve, upgrade, and learn new skills and knowledge. This effort responds to the need for a well-trained workforce, as well as the individual need for intellectual or cultural enrichment. Continuing Education presently includes the following three categories of instruction and services: Noncredit, Fee-Based services, and Customized Contract Education.

Noncredit Courses (NC)
Noncredit courses are courses that meet community needs in ten instructional areas: Parenting, Basic Skills, English as a Second Language (ESL), Citizenship for Immigrants, courses for the disabled, vocational courses, courses for older adults, Home Economics, Health and Safety, and Workforce Preparation [California Education Code, Section 84757(a) and 84760.5, and Title 5, Section 58160.] Noncredit courses are open to the public, are tuition-free, and are not offered for college credit.

Fee-Based Classes (Community Service)
Fee-based classes and programs are designated and authorized under Title 5. These programs may be offered in nearly any subject or field. These programs are supported by a fee paid by participants.

Customized Contract Education
High-quality customized contract training services specifically tailored to the needs of the employees of businesses and organizations. Class participation is limited to the contract designees. Customized Contract Education and services are paid for by the contracting entity.

Course Description Legend
Course meeting days:
M – Monday  |  T – Tuesday  |  W – Wednesday  |  Th – Thursday  
F – Friday  |  Sat – Saturday  |  Sun – Sunday

Example: Class meets Monday through Thursday – MTWTh
Class meets on Monday and Tuesday – MT

Continuing Education is a department of the School of Continuing Education & Workforce Development. Your feedback, suggestions, and comments are welcomed.

Myesha Jackson, Director of Continuing Education and Special Projects, 619-482-6376.

Registration Information
How to Register for a Noncredit Course
Noncredit courses are tuition-free and are subsidized by state funds. These courses require the completion of the Noncredit Application (page 23–24). Most Noncredit classes will allow on-site registration on a space-available basis. Course numbers for noncredit classes start with “NC.” You may submit a completed and signed application one of the four following ways:

By Mail
Mail a completed Noncredit application form to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 660, Room 661
Chula Vista, CA 91910-7299

By Fax
Complete the Noncredit application and fax to 619-482-6402.

In Person
Bring your completed Noncredit application to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 660, Room 661
Chula Vista, CA 91910-7299
Telephone: 619-482-6376 | Fax: 619-482-6402
Office Hours: M–Th, 8 a.m.–5 p.m.

E-Mail
Email your completed and signed Noncredit application to continuinged@swccd.edu

How to Register for a Fee-Based Class
To register for a Fee-based class, please use the Fee Class Registration Form (page 22). Course numbers for fee classes start with “CS.”

By Mail (Only if paying by CHECK)
Mail a completed Fee Class Registration Form and Check to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 660, Room 661
Chula Vista, CA 91910-7299
Telephone: 619-482-6376 | Fax: 619-482-6402
Office Hours: M–Th, 8 a.m.–5 p.m.

In Person
Bring your completed registration form and payment to:
Southwestern College, Continuing Education
900 Otay Lakes Road, Building 660, Room 661
Chula Vista, CA 91910-7299
Telephone: 619-482-6376 | Fax: 619-482-6402
Office Hours: M–Th, 8 a.m.–5 p.m.

Returned Check Service Charge
Checks returned for non-sufficient funds or “Stop Payments” must be paid by MasterCard, Visa, AMEX, Discover, cash, or Money order and a $25 service charge will be added to the amount of the check. Your enrollment at Southwestern College, as well as your credit, may be affected.
Registration Information

Sign up early
Early registration ensures that you will have a reserved place in a popular class. All registration is on a first-come, first-served basis. Your registration can make the difference as to whether a class is offered or cancelled.

Continuing Education Drop Policy
Any student who is not present on the first day of class may be dropped from the course by the instructor. After the first class meeting, any student with 3 consecutive absences from a Noncredit class without prior notice (or in the event of a short-term class, having missed 25% of courses to-date) may be officially dropped from the course. Non-attendance does not constitute an automatic withdrawal. Should a student register and be unable to attend or decide not to continue, the student must contact the instructor or the Continuing Education office immediately to be withdrawn from the course.

Class Confirmation
Please mark your personal calendar when registering for any class. You may call Continuing Education to confirm your registration (619-482-6376).

Certificate of Completion
Some multi-session courses and seminars offer a Certificate of Completion. When applicable, students must attend all classes and meet certificate requirements as established by the college.

Class Cancellation
Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting when enrollment is low. If the College has advance notice that a class will be cancelled, Continuing Education will attempt to reach you by email or by phone. Please be sure to provide current phone and email contact information on your application.

Instructor, Class, or Location Change
In some cases, a qualified substitute instructor may replace the individual listed in the schedule. Class dates and locations are also subject to change. When feasible, students will be notified of any date or location change prior to the class either by email or by phone.

Class Locations
Classes are held on campus and at various locations throughout San Diego South County. Please carefully review the location of the class for which you are registering.

Parking Information
All vehicles parked on campus must display a parking permit at all times. One-day parking permit dispensers are located throughout the campus (see campus map, inside back cover). The cost of the permit is $3 and is ONLY valid on the day of purchase. Please arrive at least 20–30 minutes early on the first day of class since there is often a line at the parking permit dispenser. One-day parking permits are ONLY valid in student parking lots. Do not park in staff or faculty designated parking lots/spaces.

Disclaimer
While every reasonable effort is made to ensure that statements in the schedule are accurate, the information contained herein is subject to change or elimination without notice by the administration of the Southwestern Community College District. Students should consult the appropriate campus, campus/district website or department for current information, as well as for any special rules or requirements imposed.

Refunds
A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

Materials Fee
A materials fee is required in a few noncredit and fee classes. Please be prepared to pay this fee at the time of registration. Cash, check, or credit card payments are accepted. Payment will not be accepted in class.
Customer Service
Superior Service Series
Complete three of the free classes below and receive a Certificate of Series Completion from Southwestern College.

Customer Service: Mastering Communication
Introduces effective and positive communication that is key to customer service success. Focuses on the communication process including common barriers to effective communication. Covers verbal and nonverbal communication, as well as listening skills. Explores and provides opportunity to practice the techniques of effective communication.
Instructor: S. Rosas, 6 hours.
NC 1003-60 T June 11 & 18 6–8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 541
900 Otay Lakes Road, Chula Vista, 91910

Customer Service: Managing Change
Explores our natural tendencies and the tendencies of our customers to resist change in the workplace. Introduces techniques for handling change and how to introduce change to our customers. Provides practice of change management techniques.
Instructor: S. Rosas, 6 hours.
NC 1069-60 T June 25 & July 2 6–8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 541
900 Otay Lakes Road, Chula Vista, 91910

Customer Service: Time and Stress Management
Workplace demands efficiency and productivity. Manage our time and stress has an impact on our ability to perform above company standards. Juggle more work and changes with less time and still “keep your cool”. Explore time management techniques at work that will help you stay in balance. Be both more efficient and happier in the workplace.
Instructor: S. Rosas, 6 hours.
NC 1071-60 T July 9 & 16 6–8:50 p.m. No Fee
Location: SWC Chula Vista Campus, Room 541
900 Otay Lakes Road, Chula Vista, 91910

Tax Preparation/Income Tax Certificate
Complete both NC 113 and NC 114 and receive a Certificate.

Tax Preparation/Income Tax Course I
Introduces Part I of a 60-hour program that teaches students how to prepare their own state and federal income tax returns and introduces them to the career field of a registered tax preparer in the State of California. Successful completion of Part I and Part II enables a student to receive a Certificate of Completion. Required text to be purchased at the Bookstore by the first day of class.
Instructor: R. Dally, 30 hours.
NC 113-60 MW June 17–July 8 5:30–9:35 p.m. No Fee
Location: SWC Chula Vista Campus, Room 662
900 Otay Lakes Road, Chula Vista, 91910

Tax Preparation/Income Tax Course II
Introduces Part II of a comprehensive 60-hour program that covers everything students need to know to prepare correct tax returns. Emphasizes how a student will learn a marketable skill that will enable him/her to prepare taxes for other people and earn extra income. Successful completion enables the student to receive a Certificate of Completion that will make them eligible to become a registered tax preparer in the State of California. Required text to be purchased at the Bookstore by the first day of class.
Instructor: R. Dally, 30 hours.
NC 114-60 MW July 10–Aug. 7 5:30–8:35 p.m. No Fee
Location: SWC Chula Vista Campus, Room 662
900 Otay Lakes Road, Chula Vista, 91910

Entry Level ESL
Students who have completed NC 108, NC 109 and NC 110 will receive a Certificate of Completion from Southwestern College.

Basic ESL III
Exposes ESL learners to the third of three instructional levels of ESL for academic and everyday purposes. Continues activities at a novice-high level which encourage independent learning. Promotes control over students’ ability to learn and engage in goal-directed behaviors. Increases English language grammar, reading, listening, conversation, and writing.
Instructor: N. Bartels, 32 hours.
NC 110-01 MW June 10–July 31 10–11:50 a.m. No Fee
Location: SWC Chula Vista Campus, Room 541
900 Otay Lakes Road, Chula Vista, 91910

For registration information, call Continuing Education at 619-482-6376
Career & Personal Development

Family Childcare Business I
Examines the process of setting up an in-home daycare business. Analysis and implementation of business plan including enrollment of children, contracts, bookkeeping, and legal considerations. Creative ways to use available space and materials for a developmentally appropriate environment.
Instructor: E. Marquez, 12 hours.

NC 1054-60  TW  June 11–18  5–8:50 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 561
900 Otay Lakes Road, Chula Vista, 91910

Family Childcare Business II
Identifies caregiver’s responsibilities regarding health, safety, and nutritional needs of children. Focuses on providing a safe environment for children and procedures for dealing with illness, medications, and reporting suspected child abuse or neglect.
Instructor: E. Marquez, 12 hours.

NC 1055-60  TW  June 19–26  5–8:50 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 561
900 Otay Lakes Road, Chula Vista, 91910

Family Childcare Business III
Examines major theories in child development with an emphasis on practical application for the family childcare provider. Explores guidance techniques using negotiation, problem solving techniques, and positive reinforcement.
Instructor: E. Marquez, 12 hours.

NC 1056-60  TW  July 2–9  5–8:50 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 561
900 Otay Lakes Road, Chula Vista, 91910

Family Childcare Business IV
Provides information and practice in helping children express feelings of loss, separation, and anxiety. Examines community resources for families and children in crisis as specific resources for providers for program improvement (toy and material lending, provider support groups, field trips, free/low cost materials).
Instructor: E. Marquez, 12 hours.

NC 1057-60  TW  July 10–17  5–8:50 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 561
900 Otay Lakes Road, Chula Vista, 91910

Family Childcare Business V
Examines concept of developmentally appropriate practices as applied to home learning environment. Analysis of basic “whole child” approach to developing a curriculum for young children. Explores role of caregiver in providing an inclusive, multicultural, environment rich in diversity and acceptance of the individual.
Instructor: E. Marquez, 12 hours.

NC 1058-60  TW  July 23–30  5–8:50 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 561
900 Otay Lakes Road, Chula Vista, 91910

Computers

Introduction to Computers
Covers basic computer skills such as proper start-up and shutdown procedures; use of mouse and keyboard commands; basic file management; creating, saving, and printing a document using word-processing software; e-mails; and basic Internet searches.
Instructor: N. Bartels, 6 hours.

NC 1051-TTh  June 11–18  9–10:50 a.m.  No Fee
Location: SWC Chula Vista Campus, Room 202
900 Otay Lakes Road, Chula Vista, 91910

NC 1051-E1 TTh  June 11–18  11:30 a.m.–1:20 p.m.  No Fee
If you have a laptop, please feel free to bring it.
Location: Chula Vista Public Library
365 F Street, Chula Vista, 91910

Introduction to Microsoft Word
Provides students with the basic skills that are necessary to create, edit, enhance, and save standard documents using Microsoft Word.
Instructor: N. Bartels, 12 hours.

NC 198-01 TTh  June 20–July 11  9–10:50 a.m.  No Fee
No Class: 7/4
Location: SWC Chula Vista Campus, Room 202
900 Otay Lakes Road, Chula Vista, 91910

NC 198-E1 TTh  June 20–July 11  11:30 a.m.–1:20 p.m.  No Fee
If you have a laptop, please feel free to bring it.
No Class: 7/4
Location: Chula Vista Public Library
365 F Street, Chula Vista, 91910
Developing High-Performance Charts in Microsoft Excel
Reviews the basics of spreadsheet use: structure data entry, formulas, and functions. Focus on how to convert data into meaningful and high-impact charts.
Instructor: N. Bartels, 12 hours.
Students are required to bring a USB Flash drive to save and store class assignments.
NC 24-01  TTh July 16–18  9–10:50 a.m.  No Fee
Location: SWC Chula Vista Campus, Room 202
900 Otoy Lakes Road, Chula Vista, 91910
NC 24-E1  TTh July 23–25  11:30 a.m.–1:20 p.m. No Fee
If you have a laptop, please feel free to bring it.
Location: Chula Vista Public Library
365 F Street, Chula Vista, 91910

Disability Support Services

Occupational Opportunities
Provides students with disabilities an overview of how to develop and pursue various employment goals. Introduces the emerging occupations based on the current labor market. Exposes students to job readiness tools and approaches to meet the psychological, social, and intellectual demands of employment.
Instructor: S. Fiala, 34.2 hours.
NC 102-01  W June 12–Aug. 7  1–4:30 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 662
900 Otoy Lakes Road, Chula Vista, 91910

Independence, Social, and Study Strategies
Addresses the needs of college students with autism. Assists students in developing skills and knowledge necessary to reach their educational objectives. Emphasizes time management strategies, information on campus resources, stress management techniques, study skills, and effective communication strategies.
Instructor: V. Corona, 30 hours.
NC 105-01  MW June 12–July 31  10–11:50 a.m.  No Fee
Location: SWC Chula Vista Campus, Room 662
900 Otoy Lakes Road, Chula Vista, 91910

Self-Improvement

Trigonometry Refresher
Provides a review to students who wish to refresh their trigonometry skills. Includes topics such as trigonometric functions; radian measure of angles; graphs of sine, cosine, and tangent; trigonometric equations and inverse trigonometric equations; and law of sines and cosines. Consists of personalized computer-assisted instruction to refresh those concepts identified as needed for each student.
Instructor: A. Barekat, 9 hours.
NC 1104-01 M-Th July 16–30  9–9:50 a.m.  No Fee
Location: SWC Chula Vista Campus, Room 60-116
900 Otoy Lakes Road, Chula Vista, 91910

Algebra Review for Test Prep and Course Support
Provides an individualized program of instruction to review various topics in Algebra. Consists of adaptive computer assisted instruction to identify student level of knowledge and refresh those concepts identified as needed for each student. Serves students who need just-in-time course support, and/or students who need to prepare for the SWC Math placement test.
Instructor: A. Juden, 9 hours.
NC 146-01  M-Th July 16–30  11–11:50 a.m.  No Fee
Location: SWC Chula Vista Campus, Room 60-116
900 Otoy Lakes Road, Chula Vista, 91910

Organize Your Life and Have More Time for Fun
Provides instruction on how to organize your life so you have time to do the things you really want to do. Increases quality time through techniques and strategies to organize paperwork, clutter, and finances. Emphasizes overcoming procrastination.
Instructor: J. Acosta, 12 hours.
NC 1015-E1  Sat July 13–27  9 a.m.–12:50 p.m.  No Fee
Location: Seniors on Broadway
845 Broadway, Suite 105, Chula Vista, 91911

Community Resources for Older Adults
Brings awareness to the older adult of the many resources and opportunities available in the community. Emphasizes resources for housing, employment, health and wellness, recreation, education, culture, transportation, legal services, social, and volunteer opportunities.
Instructor: J. Acosta, 8 hours.
NC 1050-E1 Sat June 15–22  9 a.m.–12:50 p.m.  No Fee
Location: Seniors on Broadway
845 Broadway, Suite 105, Chula Vista, 91911
OSHA 10-Hour General Industry Standards
Provides students required training for entry-level OSHA 10-hour General Industry Standard certification. Emphasizes general industry safety awareness, health hazards and industrial risks. Includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 10-hour OSHA General Industry Standards card.
Instructor: C. Ochoa, 10.5 hours.
NC 139-60  TWTh  June 18–20  6:15–9:35 p.m.  No Fee
Location: SWC Chula Vista Campus, Room TBA
900 Otay Lakes Road, Chula Vista, 91910
$8 materials fee to be paid at time of registration.

OSHA 30-Hour General Industry Standards
Provides students seeking supervisor-level OSHA 30-hour General Industry Standard certification with necessary training and knowledge. Emphasizes general industry safety and health principles, and includes all required topics for certification. Successful completion of this course, and a required Federal processing fee, gives eligible students a 30-hour OSHA General Industry Standards card.
Instructor: E. Buquiran, 30.5 hours.
NC 140-60  MTWTh  July 8–22  6:15–8:45 p.m.  No Fee
Location: SWC Chula Vista Campus, Room TBA
900 Otay Lakes Road, Chula Vista, 91910
$8 materials fee to be paid at time of registration.

Family and Parenting
Childbirth Education for Expectant Parents (Lamaze)
Prepares expectant parents for a positive childbirth experience. Instructs students on diverse methods of prepared childbirth, as well as demonstration and practice of essential and helpful exercises. Encourages childbirth partners/coaches, who are an integral part of the process, to attend and participate.
Instructor: R. Joselevitz, 20 hours.
NC 6-60  TTh  July 9–Aug. 1  7–9:15 p.m.  No Fee
Location: SWC Chula Vista Campus, Room TBA
900 Otay Lakes Road, Chula Vista, 91910
Learn about the signs of labor, hospital procedures, what to expect during labor, delivery, and post-delivery. Take out the worry and fear by knowing how to support the welcoming of your child. This class is for you if you plan to have your baby with or without medication, in a birthing suite or an operating room, with several days of hospital stay or if you plan to go home right away. Please be sure to bring a mat and two pillows to class. You are encouraged to bring a partner – partners must also register for this class.
*Recommended for students who are close to their due date.*

Art, Music, and Crafts
Art Therapy
Focuses on the use of art as a creative expression and a therapeutic process. Utilizes a variety of art media to promote self-expression, to develop coping skills, and to mediate emotional and physical challenges and limitations. Designed for older adults, this course is also appropriate for anyone who wants to enhance the quality of their life.
Instructor: D. Davis, 12 hours.
NC 1053-E1  T  June 11–Aug. 6  1:15–2:30 p.m.  No Fee
No Class: 7/2
NC 1053-E2  W  June 12–July 24  1–2:50 p.m.  No Fee
No Class: 7/3
Location: St. Paul’s PACE
630 L Street, Chula Vista, 91911
NC 1053-E3  W  June 12–July 24  10–11:50 a.m.  No Fee
No Class: 7/3
Location: George Glenner Alzheimer Family Center
2765 Main St., Suite A, Chula Vista, 91911
NC 1053-E4  Sat  June 15–July 27  10–11:50 a.m.  No Fee
No Class: 7/6
Location: Chula Vista Public Library
365 F St., Chula Vista, 91910
NC 1053-E5  M  June 10–July 1  1–3:50 p.m.  No Fee
Location: Casa de Servicios (Villa Merced)
1188 Beyer Way, Bldg. 1168
San Diego, 92154
NC 1053-E7  F  June 14–July 19  10–11:50 a.m.  No Fee
Location: St. Paul's Plaza Senior Center
1420 E Palomar St., Chula Vista, 91913

Concert Choir I
Provides a choral ensemble for older adult music students with aural and score analysis of choral literature from traditional classics to the present. Emphasizes historical context, performance practice, style, and interpretation at the beginning level. Public performance required.
Instructor: T. Russell, 108 hours.
NC 80-60  MT  June 10–Aug. 6  4–9:50 p.m.  No Fee
Location: SWC Chula Vista Campus, Room 801
900 Otay Lakes Road, Chula Vista, 91910
### Introduction to Mariachi Performance I
 Provides older adults the opportunity to perform simple mariachi music in a beginning-level ensemble. Emphasizes learning to play mariachi instruments (violin, trumpet, guitar, vihuela, guitarron, flute, voice) in the proper style, reading music, and playing well as part of a group.

**Instructor:** J. Nevin, 105.4 hours.

<table>
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<tr>
<th>Course Code</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>NC 87-60</td>
<td>M-Th</td>
<td>June 10–Aug. 7</td>
<td>6–8:45 p.m.</td>
<td>No Fee</td>
<td>SWC Chula Vista Campus, Room 805, 900 Otay Lakes Road, Chula Vista, 91910</td>
</tr>
</tbody>
</table>

### Gospel Choir I
 Underlines and defines the Spirituals and Black Gospel with aural and historical analysis. Emphasizes and practices vocal and performing techniques, interpretive skills, and performance practice. Requires public performance.

**Instructor:** P. Lenud, 72 hours.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 3081-60</td>
<td>TTh</td>
<td>June 17–Aug. 8</td>
<td>1:20–5:50 p.m.</td>
<td>No Fee</td>
<td>SWC Chula Vista Campus, Room 805, 900 Otay Lakes Road, Chula Vista, 91910</td>
</tr>
</tbody>
</table>

### Wellness and Fitness

#### Tai Chi
 Introduces the Chinese Tai Ji Quan (Tai Chi) traditional exercise for body and mind. Emphasizes muscle tone, flexibility, relaxation and stress reduction, especially for older adults. Consists of slow rhythmic movements and mediation techniques effective for relaxation, decreasing high blood pressure, and promoting overall wellness for all ages.

**Instructor:** S. Evans, 23.4-24 hours.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 32-01</td>
<td>TTh</td>
<td>June 11–Aug. 6</td>
<td>4:30–5:45 p.m.</td>
<td>No Fee</td>
<td>SWC Chula Vista Campus, Room 15313, 900 Otay Lakes Road, Chula Vista, 91910</td>
</tr>
<tr>
<td>NC 32-80</td>
<td>MTh</td>
<td>June 17–Aug. 1</td>
<td>11 a.m.–12:30 p.m.</td>
<td>No Fee</td>
<td>HEC at San Ysidro, Room 5103, 460 W. San Ysidro Blvd., San Ysidro, 92173</td>
</tr>
<tr>
<td>NC 32-E1</td>
<td>MTh</td>
<td>June 10–Aug. 5</td>
<td>1:30–2:45 p.m.</td>
<td>No Fee</td>
<td>Casa de Servicios (Villa Merced), 845 Broadway, Suite 105, Chula Vista, 91911</td>
</tr>
<tr>
<td>NC 32-E2</td>
<td>TSat</td>
<td>June 11–Aug. 3</td>
<td>9–10:15 a.m.</td>
<td>No Fee</td>
<td>St. Paul’s Plaza Senior Center, 1420 E. Palomar St., Chula Vista, 91911</td>
</tr>
<tr>
<td>NC 32-E3</td>
<td>TSat</td>
<td>June 11–Aug. 3</td>
<td>10:45 a.m.–12 p.m.</td>
<td>No Fee</td>
<td>St. Mark’s Lutheran Church, 580 Hilltop Dr., Chula Vista 91910</td>
</tr>
<tr>
<td>NC 32-E4</td>
<td>MTh</td>
<td>June 10–Aug. 5</td>
<td>8:30–9:45 a.m.</td>
<td>No Fee</td>
<td>St. Mark’s Lutheran Church, 580 Hilltop Dr., Chula Vista 91910</td>
</tr>
</tbody>
</table>

### Body Dynamics and Aging Process
 Provides instruction and conditioning for the maintenance of physical well-being, particularly for older adults. Focuses on deep breathing, circulation, flexibility, stamina, body awareness, and rhythmic movements. Incorporates adapted techniques suitable for individuals of varied fitness levels and physical ability.

**Instructor:** J. Acosta, 36 hours.

<table>
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<tr>
<th>Course Code</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>NC 34-E1</td>
<td>TTh</td>
<td>June 11–Aug. 8</td>
<td>8:30–10:20 a.m.</td>
<td>No Fee</td>
<td>Casa de Servicios (Villa Merced), 1188 Beyer Way, Bldg. 1168, San Diego, 92154</td>
</tr>
<tr>
<td>NC 34-E2</td>
<td>TTh</td>
<td>June 11–Aug. 8</td>
<td>11 a.m.–12:50 p.m.</td>
<td>No Fee</td>
<td>Seniors on Broadway, 845 Broadway, Suite 105, Chula Vista, 91911</td>
</tr>
</tbody>
</table>

### Wellness for Older Adults
 Provides instruction designed to help older adults remain healthy, safe, and independent. Emphasizes the physiological aspects of aging, disease prevention techniques, and how exercise and nutrition play important roles in enhancing physical and emotional health, reducing stress, and reducing the risk for falls and injuries.

**Instructor:** A. Solis, 22 hours.

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<tr>
<th>Course Code</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC 99-E1</td>
<td>MWF</td>
<td>June 10–Aug. 9</td>
<td>7–7:50 a.m.</td>
<td>No Fee</td>
<td>St. Charles Church Parish Hall, 990 Saturn Blvd., San Diego, 92154</td>
</tr>
<tr>
<td>NC 99-E2</td>
<td>MWF</td>
<td>June 10–Aug. 9</td>
<td>8:30–9:20 a.m.</td>
<td>No Fee</td>
<td>St. Charles Church Parish Hall, 990 Saturn Blvd., San Diego, 92154</td>
</tr>
<tr>
<td>NC 99-E3</td>
<td>MWF</td>
<td>June 10–Aug. 9</td>
<td>10:00–10:50 a.m.</td>
<td>No Fee</td>
<td>St. Charles Church Parish Hall, 990 Saturn Blvd., San Diego, 92154</td>
</tr>
</tbody>
</table>

For registration information, call Continuing Education at 619-482-6376
**Pediatric Safety and CPR**

Provides individuals with the knowledge and skills necessary to prevent, recognize, and provide basic care for respiratory, cardiac, and first aid emergencies in children and infants. Follows the American Heart Association Basic Life Support (BLS) and updated 2010 First Aid guidelines. 

**Instructor:** J. Araiza, 8 hours.

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<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>NC 1022-E1</td>
<td>Sat July 6</td>
<td>8:30 a.m.–4:40 p.m.</td>
</tr>
<tr>
<td>NC 1022-E2</td>
<td>Sat August 3</td>
<td>8:30 a.m.–4:40 p.m.</td>
</tr>
</tbody>
</table>

**Location:** Crown Cove Aquatic Center  
5000 Hwy 75, Coronado, 92118

Required textbook: *Heartsaver Pediatric First Aid CPR AED (2015)*  
(Available onsite at CCAC for $5). American Heart Association (AHA) course completion certificate is $30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications.

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**Basic First Aid and Adult CPR**

Designed to prepare individuals to recognize and treat injuries and sudden illnesses. Meets the requirements for basic first aid and adult CPR in the workplace, 8 hours.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>NC 40-E1</td>
<td>Sat June 29</td>
<td>8:30 a.m.–4:40 p.m.</td>
</tr>
<tr>
<td>NC 40-E2</td>
<td>Sat July 20</td>
<td>8:30 a.m.–4:40 p.m.</td>
</tr>
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</table>

**Instructor:** Dan Hawley

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>NC 40-E3</td>
<td>Th June 20</td>
<td>8 a.m.–4:10 p.m.</td>
</tr>
<tr>
<td>NC 40-E4</td>
<td>Th July 18</td>
<td>8 a.m.–4:10 p.m.</td>
</tr>
</tbody>
</table>

**Instructor:** Dan Hawley

| Location: Crown Cove Aquatic Center  
5000 Hwy 75, Coronado, 92118 |

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>NC 40-E5</td>
<td>M June 3</td>
<td>8 a.m.–4:10 p.m.</td>
</tr>
<tr>
<td>NC 40-E6</td>
<td>M July 8</td>
<td>8 a.m.–4:10 p.m.</td>
</tr>
</tbody>
</table>

**Instructor:** W. Price

| Location: HHSA–The Knowledge Center 5469  
Kearny Villa Rd., Ste.1000  
San Diego, CA. 92123 |

---

**CPR for the Health Care Provider**

Provides the professional rescuer with the knowledge and skills to provide Basic Life Support (BLS) to a victim in an emergency. Necessary for anyone wishing to become a BLS instructor. Follows the guidelines of both the American Red Cross and the American Heart Association, 8–9 hours.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>NC 1007-E1</td>
<td>Sat June 15</td>
<td>8:30 a.m.–5:40 p.m.</td>
</tr>
<tr>
<td>NC 1007-E2</td>
<td>Sat July 13</td>
<td>8:30 a.m.–5:40 p.m.</td>
</tr>
<tr>
<td>NC 1007-E3</td>
<td>Sat July 27</td>
<td>8:30 a.m.–5:40 p.m.</td>
</tr>
</tbody>
</table>

**Instructor:** D. Hawley

| Location: Crown Cove Aquatic Center  
5000 Hwy 75, Coronado, 92118 |

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>NC 1007-E4</td>
<td>T June 4</td>
<td>8 a.m.–4:10 p.m.</td>
</tr>
<tr>
<td>NC 1007-E5</td>
<td>T July 9</td>
<td>8 a.m.–4:10 p.m.</td>
</tr>
</tbody>
</table>

**Instructor:** W. Price

| Location: HHSA–The Knowledge Center 5469  
Kearny Villa Rd., Ste.1000  
San Diego, CA. 92123 |

Components include one-and two-rescuer CPR and foreign body airway obstruction (FBAO) in adults, children, and infants. Bag-valve-mask (BVM) and Automated External Defibrillation (AED) also included. Successful completion of a written test is required to receive course completion certificate. **Required book:** BLS Provider Manual 2015, (available at CCAC for $10). American Heart Association (AHA) course completion certificate is $30. As per the new AHA guidelines all cards will be submitted in electronic format, students must provide an accurate email address to obtain course completion certifications. Follows the guidelines of the AHA.
**Basic Life Support (BLS) Instructor**
Designed to advance the Basic Life Support (BLS) provider to the position of instructor. Teaches the instructor candidate the components and delivery of cognitive and psychomotor skills training used for BLS training. Must enroll no less than 2 weeks prior to the course through SWC Community CPR & First Aid Program/CCAC.

**Instructor:** Brandi J. Burdick, 16 hours.

NC 1039-E1  Sat/Sun June 22 & 23  8:30 a.m. – 4:40 p.m.
**Location:** Crown Cove Aquatic Center
5000 Hwy 75, Coronado, 92118

**Ocean Lifeguarding for Recreation Assistants**
Provides supplemental training to the student desiring to work as an ocean lifeguard or recreational assistant. Focuses on the skills and knowledge necessary to prevent and respond to emergencies in an ocean, bay, or beach environment. Emphasizes instruction on maintaining a safe aquatic environment, demonstration of manipulative skills, injury prevention, facility surveillance, patron surveillance, and ocean rescue techniques.

**Instructor:** W. Price, 8 hours

NC 106-E1  Sun  June 2  8:30 a.m.–5 p.m.
**Location:** Crown Cove Aquatic Center
5000 Hwy 75, Coronado, 92118

**Boating Safety Paddle Sports Leader Training**
This course is designed for those pursuing careers as recreation assistants in aquatic recreation programs. Training covers small craft safety, general operations, basic rescue, skill development and instructional methods in teaching kayaking, canoeing, and outrigger canoeing. Successful completion leads to certification in small craft, basic rescue and paddle sports leader. This course is recommended for American Canoeing Association (ACA) instructor preparation.

**Instructor:** James Ramos, 24 hours

NC 1064-E1  Sat/Sun June 8 & 9  8:30 a.m.–4:40 p.m.
**Location:** Crown Cove Aquatic Center
5000 Hwy 75, Coronado, 92118

NC 1046-E1  Sat  June 22  8:30 a.m.–1:30 p.m.
**Location:** Crown Cove Aquatic Center
5000 Hwy 75, Coronado, 92118

**Basic Boating & Water Safety for Recreation Assistants**
This course provides the recreation assistant with a basic understanding of the areas of personal boating safety, boating laws, navigational rules and aids, small vessel operation, boating accident prevention and water rescue. Leads to certification from the California Department of Boating and Waterways.

**Instructor:** James Ramos, 4 hours

NC 1046-E1  Sat  June 22  8:30 a.m.–1:30 p.m.
**Location:** Crown Cove Aquatic Center
5000 Hwy 75, Coronado, 92118
It’s Time to Explore Your NEXT STEPS and
Discover the Keys to Success

Are you taking a noncredit course, or maybe enrolled in one of the certificate programs, and you’re wondering what other educational opportunities you can take advantage of at Southwestern College?

Eligible, enrolled Noncredit students can attend an orientation and meet with a counselor to explore education opportunities and services available through Southwestern College.

The type of information covered includes topics such as:
• Exploring career options and choosing life/career goals
• Identifying your current skill levels—know your starting place
• Making the transition to college
• Becoming aware of campus services and resources available
• How to pay for college—maybe you are eligible for financial assistance
• Developing an educational plan—your road map to success

For more information and to schedule your NEXT STEPS appointment, please contact the Continuing Education office at 619-482-6376
This service is made available through Noncredit Student Success

YOU CAN ACHIEVE YOUR GOALS WE’RE HERE TO HELP

Chula Vista Adult School
(619) 796-7000

National City Adult School
(619) 336-9400

Coronado Adult School
(619) 522-8911

San Ysidro Adult School
(619) 428-7200

Montgomery Adult School
(619) 600-3800

Southwestern College Continuing Education
(619) 482-6376

www.southbayadulted.org

CONTACT US NOW!
Fee-Based Classes
All Fee-Based Classes held at the SWC Chula Vista Campus.

Career and Personal Development

Make Extra Income as a Wholesale Auto Dealer from Home

Come learn how to supplement your income by buying and selling wholesale cars as a home-based business. You will learn how and where to buy at wholesale price and eight selling techniques that create profit and cash flow. Learn how to get your auto dealer license in 15 days. Find out how and where to buy below wholesale prices and how to sell at retail prices. You will get a free list of 400+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved. You will receive a DMV certificate of completion after you complete and pass the class exam. Benefits of a dealer license include dealer plates for vehicles that can be used for business and pleasure, auto parts and service at wholesale prices and sales tax exempt, ability to travel and do business in every state, import and export opportunities, and tax deductions.

Instructor: Wayne Williams, 7 hours. Room 541

CS 257-60  WTh  July 24–25  6–9:30 p.m.  Fee: $85
$25 materials fee paid in class

Voice-Overs…Now is Your Time!

In what could be one of the most enlightening 2 hours you’ve ever spent, this class will show you how you could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you’ve been looking for!

Instructor: Lisa Foster, 2 hours. Room 541, Lisa Foster’s voice can be heard on commercials and narrations for such clients as: Crest Toothpaste, Olay, Café, Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

CS 148-60  M  July 8  6:30–8:30 p.m.  Fee: $45

California State Notary Public Seminar

The demand for professional notaries in California is growing! Join this dynamic profession in high demand within the fields of finance, real estate, business, and law. Increase your employment skills and learn how to better protect your employer’s business. This class will provide the new or previously commissioned notary public with the education and skills to pass the state examination, detect fraud, and become successful in a new career. If you are interested in taking the exam, please bring a check payable to the Secretary of State, together with required identification: either a California driver’s license or California ID. You must not have had a felony conviction to take this exam.

Instructor: Thomas Peavyhouse, 7 hours. Room 541

CS 14-50  Sat  July 6  8 a.m.–4 p.m.  Fee: $75
$49 materials fee paid at the time of registration.
Optional State exam scheduled 4-5 p.m. for an additional $40 fee.

Loan Signing—Notary Public Seminar

The California real estate industry is in need of Notary Public Loan Signing Specialists. This course will provide students with information on the duties and responsibilities of both the Notary Public and the Loan Signing Specialist, which will enable students to acquire the essential knowledge and skills to be successful in this career field. After completing the course, students will be able to identify and understand the different types of loan documents with sufficient knowledge to explain them to the client, if requested. The course will conclude with an open book final exam, proctored by the instructor.

Instructor: Thomas Peavyhouse, 7 hours. Room 541

CS 143-50  Sun  July 7  9 a.m.–5 p.m.  Fee: $75
$79 materials fee paid at the time of registration.

For registration information, call Continuing Education at 619-482-6376
Financial Planning


Are you ready for a commonsense, down-to-earth guide to using money to help create the secure and happy life you want? The MY STREET MONEY course will help you envision a life of financial confidence and abundance by helping you build a step-by-step financial plan to help you reach your most precious life goals. You will learn to create your own version of the American dream. From money basics on how to earn it, save it, protect and invest it to discovering your own powerful and personal reasons for creating the secure and abundant future you desire and deserve. Real-time money answers from real people and for real people. Classes taught in English. Answers can be in both English and Spanish. Classes en ingles. Respuestas a preguntas en ambos idiomas.

Instructors: Louis Barajas/Daniel Guillen, 6 hours. Room 662

Self-Improvement

NEW! Real Life Skills

Finally! At last! A class that delivers immediate results! Are you ready for real life answers? Permanent solutions? Yes!? Then you need to take the first step to a brand new chapter in your life by enrolling in the Real Life Skills Course. Gain control of your thinking and you gain control of your life! Self-control equals thought control! We will give you the answers, the solutions to solving 90% of your problems! Sign up today!

Instructor: James Robins, 4 hours. Room 544

Making the Most of Social Security

One of the most important decisions that you need to make before you retire is when to take Social Security. Whether you are single, married or divorced, there may be ways to maximize your Social Security. It is important to have good understanding of the inner workings of the Social Security to be able to maximize your benefits.

Instructor: Michael Dose, 2 hours. Room 510

Living Trust—Family Inheritance

In this three-hour seminar you can learn how to protect your assets so they go directly to your family and not to costly attorney fees! Proper planning is essential for anyone who owns a home, has a spouse, children, or dependents. Learn how living trusts work and can help your family avoid probate. Find out how to preserve and monitor assets and how a trust can also serve as a tax shelter for large estates. Insight on the value of Durable Powers of Attorney will be explained.

Instructor: Sami Martinez, 3 hours. Room 541, Sami Martinez is an attorney and estate planner practicing exclusively in the areas of wills and trusts, trust administration, probate, and charitable giving.

Youth Excellence & Success Academy

at Southwestern College

Courses available in June and July 2019

Open to Students Entering Fall 2019 4th-10th Grade:

Sally Ride Science Junior Academy
College for Kids (CFK) Classic
Writer’s Café Lunch Supervision

Open to High School Students 9th-12th Grade:

SAT Prep Boot Camp

Online Registration NOW OPEN!
www.swccd.edu/cfk
SEE PAGE 2 FOR MORE INFORMATION.
Traffic School

Southwestern College is certified as an official Traffic Violator School (TVS) available to individuals who have received a traffic citation. If you have been referred to a TVS by the court, you may void the citation from your driving record and protect your current insurance rate by attending a DMV-approved Traffic Violator School.

You must check in by 7:45 a.m. and remain for the entire 8-hour program to meet the DMV requirements.

Instructors: Paulino Leon/Philip Ochoa, 8 hours. Room 662

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<th>English</th>
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<tr>
<td>CS 17-50</td>
<td>Sat</td>
<td>June 8</td>
<td>8 a.m.–4 p.m.</td>
<td>Fee: $40</td>
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<tr>
<td>CS 17-52</td>
<td>Sat</td>
<td>July 6</td>
<td>8 a.m.–4 p.m.</td>
<td>Fee: $40</td>
</tr>
<tr>
<td>CS 17-53</td>
<td>Sat</td>
<td>July 20</td>
<td>8 a.m.–4 p.m.</td>
<td>Fee: $40</td>
</tr>
<tr>
<td>CS 17-55</td>
<td>Sat</td>
<td>Aug. 17</td>
<td>8 a.m.–4 p.m.</td>
<td>Fee: $40</td>
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<th>Spanish:</th>
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<tr>
<td>CS 17-51S</td>
<td>Sat</td>
<td>June 22</td>
<td>8 a.m.–4 p.m.</td>
<td>Fee: $40</td>
</tr>
<tr>
<td>CS 17-54S</td>
<td>Sat</td>
<td>Aug. 3</td>
<td>8 a.m.–4 p.m.</td>
<td>Fee: $40</td>
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</tbody>
</table>

Presented by: The National Institute of First Assisting, Inc. (NIFA) in partnership with the Southwestern College in San Diego California.

National Standards: RN First Assistant (RNFA) program meets all national AORN Standards for RN First Assistant Education Programs (December 2013 Association of periOperative Registered Nurses) and has been accepted by the Competency Credentialing Institute (CCI) since 1998. RNFA curriculum is recognized by all 50 state nursing boards.

Eligibility:

RNs: Registered Nurses who qualify for the program must be CNO or CNOR-eligible and must:
- Have a current unrestricted RN license.
- Be currently working full-time or part-time in perioperative nursing in the area of nursing education, administration, research or clinical practice.
- Have completed a minimum of 2 years and 2,400 hours of experience in perioperative nursing, with a minimum of 50% (1,200 hours) in the intraoperative setting.
- RNs must submit proof of CNOR certification prior to graduating from the program.

APRNs: Board-certified or board eligible Advance Practice Registered Nurses qualify for the program and the CNOR experience clause is waived. APRNs must submit proof of national certification prior to graduating from the program.

Area of study: Operating room nursing skills and knowledge and Registered Nurse First Assistant scope of practice, surgical skills and the perioperative care of patients to achieve optimal outcomes.

Contact NIFA at 1-800-922-7747
Mon.–Thurs. 7:30 a.m.–5 p.m., Fri. 7:30 a.m.–4 p.m.
Visit [www.RNFA.org](http://www.RNFA.org) or email: [info@NIFA.com](mailto:info@NIFA.com)
Jennifer Curran RN, CNOR, CRNFA Dean Parsons RN, CNOR, RNFA

For registration information, call Continuing Education at 619-482-6376
The Tennis Academy at Southwestern College

900 Otay Lakes Road, Chula Vista, 91910
619-421-6622

Staff

The Tennis Academy offers various programs for Juniors and Adults through group clinics and also private instruction. On-site registration at the Tennis Academy Office only. Flyers for each program are available at the Tennis Academy Office.

Susan Reasons, Jaguar Tennis Academy Coach, SWC Head Women’s Intercollegiate Tennis Coach, B.A. Physical Education, California Community College Teaching Credential, SWC Exercise Science Tennis Instructor, PTR Certified. Southwestern College Athletic Department Hall of Fame Coach.

Please call Coach Susan Reasons at 619-421-6622 or email: susanreasons@yahoo.com for registration information on specific dates and times of classes listed. Registration at Jaguar Tennis Academy Office Only.

### Advanced Intermediate/Advanced Junior Training Program (Ages 9–17)

Further growth with rallying of full court with groundstrokes. Using serves to start games, addition of scoring, and net game improvement to include volleys, overheads and approach shots. Game playing of singles and doubles. Basic strategy, court positioning. Footwork and conditioning included.

Instructors: Susan Reasons, 2 hours per week/4-week sessions.

- **W** 5:30–7:30 p.m. Fee: $85
- **Th** 5:30–7:30 p.m. Fee: $85

### Beginning –Intermediate Adult Level Class (Ages 18 and up)

Class will receive instruction on Forehand and Backhand Ground Strokes, Serving, Positioning, Court Knowledge, Basic Rules of Scoring. Plus Footwork Intro to Net Play with Volleys will also be included. Pre-Registration required. Class size limited to 15 students.

Instructor: Susan Reasons, 1.5 hours per week/4-week sessions.

- **T** 6:30–8 p.m. Fee: $65

### Beginning/Advanced Beginning Junior Training Program (Ages 8–17)

Basic skill introduction. To include groundstrokes, positioning, footwork, and introduction to serving and ball tossing. Development of hand eye coordination. Physical conditioning included.

Instructors: Susan Reasons, 1 hour per week/4-week sessions.

- **M** 4:30–5:30 p.m. Fee: $60
- **W** 4:30–5:30 p.m. Fee: $60
- **T** 5-6 p.m. Fee: $60

### Intermediate Junior Training Program (Ages 8–17)

Focuses on more development of groundstrokes to include consistency and placement. Development of consistency and placement of serves from the baseline. Rallies from mini-tennis court areas and basic games, as well as introduction of volleys. Footwork and conditioning included.

Instructors: Susan Reasons, 2 hours per week/4-week sessions.

- **M** 5:30–7:30 p.m. Fee: $85
- **Th** 5:30–7:30 p.m. Fee: $85
ed2go
Via the Internet
ed2go Online Classes start:
June 12, July 17, August 14
• For information about these online classes or to register, go to www.ed2go.com/swc
• For a demonstration of an actual course, go to www.ed2go.com/demo/
Requirements: All courses require Internet access, e-mail, Netscape Navigator, or Microsoft Internet Explorer. Some courses may have additional requirements. Please visit the Online Instruction Center for more information.
You will be able to download a letter of completion at the end of each course. These courses do not offer college credit.
Fees are nonrefundable two weeks after the class starts.

Internet and Web Design
Fee: $125 per course

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<td>ETG-101</td>
<td>Creating Web Pages</td>
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<tr>
<td>ETG-102</td>
<td>Introduction to ASP.NET</td>
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<td>Introduction to CSS3 and HTML5</td>
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<td>Introduction to PHP and MySQL</td>
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<td>ETG-107</td>
<td>Introduction to Java Programming</td>
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<td>Intermediate CSS3 and HTML5</td>
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<td>Intermediate JAVA Programming</td>
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<td>ETG-111</td>
<td>Achieving Top Search Engine Positions</td>
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<td>ETG-112</td>
<td>Advanced Web Pages</td>
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<td>ETG-114</td>
<td>Blogging and Podcasting for Beginners</td>
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<td>ETG-116</td>
<td>Designing Effective Websites</td>
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<td>ETG-117</td>
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<td>ETG-120</td>
<td>Introduction to Crystal Reports</td>
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<td>ETG-124</td>
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<td>ETG-125</td>
<td>Creating WordPress Websites</td>
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Computers
Fee: $120* per course
*Unless otherwise noted with asterisk

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<td>Introduction to Microsoft Word 2010</td>
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<td>ETG-212</td>
<td>Introduction to Microsoft PowerPoint 2007</td>
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<td>ETG-213</td>
<td>Basic CompTIA A+ Certification Prep</td>
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<td>ETG-217</td>
<td>Introduction to Dreamweaver CS6</td>
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<td>ETG-218</td>
<td>Keyboarding</td>
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<td>ETG-220</td>
<td>Introduction to Microsoft Project 2007</td>
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<td>Introduction to PC Security</td>
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<td>Computer Skills for the Workplace</td>
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<td>ETG-253</td>
<td>Wireless Networking</td>
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Tech Prep and Special Interest
Fee: $120 per course

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<th>Cse. No.</th>
<th>Title</th>
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<td>ETG-300</td>
<td>Write Fiction Like A Pro</td>
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<td>ETG-301</td>
<td>The Craft of Magazine Writing</td>
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<td>ETG-302</td>
<td>Beginning Writer’s Workshop</td>
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<td>ETG-303</td>
<td>Writing Effective Grant Proposals</td>
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<td>A to Z Grant Writing</td>
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<td>ETG-305</td>
<td>Instant Italian</td>
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<td>ETG-306</td>
<td>GRE Preparation–Part 1 (Verbal and Analytical)</td>
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For registration information, call Continuing Education at 619-482-6376
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<thead>
<tr>
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<td>Grammar Refresher</td>
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<td>Writerific: Creativity Training for Writers</td>
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<td>Medical Terminology: A Word Association Approach</td>
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<td>Discover Digital Photography</td>
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<td>Learn to Buy and Sell on eBay</td>
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<td>Twelve Steps to a Successful Job Search</td>
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<td>Where Does All My Money Go?</td>
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<td>Get Assertive!</td>
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<td>Human Anatomy and Physiology</td>
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<td>Keys to Effective Communication</td>
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<td>Become a Veterinary Assistant</td>
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<td>ETG-339</td>
<td>Become a Veterinary Assistant II: Canine Reproduction</td>
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<td>Become a Veterinary Assistant III: Practical Skills</td>
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<td>Introduction to Digital Scrapbooking</td>
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<td>Achieving Success with Difficult People</td>
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<td>Stocks, Bonds, and Investing: Oh My!</td>
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<td>Keys to Effective Editing</td>
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<td>Handling Medical Emergencies</td>
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<td>Write Your Life Story</td>
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<td>Helping Elderly Parents</td>
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<td>Lose Weight and Keep It Off</td>
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<td>Understanding Adolescents</td>
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<td>Creating a Classroom Web Site</td>
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<td>Teaching Preschool: A Year of Inspiring Lessons</td>
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<td>The Creative Classroom</td>
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<td>Teaching Smarter With SMART Boards</td>
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<td>Ready, Set, Read!</td>
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<td>Teaching Students with ADHD</td>
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<td>Guided Reading &amp; Writing: Strategies for Maximum Student Achievement</td>
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<td>Teaching Students with Learning Disabilities</td>
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<td>Teaching Students with Autism: Strategies for Success</td>
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<td>Response to Intervention: Reading Strategies That Work</td>
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<td>Singapore Math Strategies: Model Drawing for Grades 1-6</td>
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<td>ETG-372</td>
<td>Singapore Math: Number Sense and Computational Strategies</td>
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<td>ETG-373</td>
<td>Writing for Children</td>
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<td>SAT/ACT Preparation -- Part 2</td>
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<td>Start Your Own Edible Garden</td>
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<td>Resume Writing Workshop</td>
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<td>Enhancing Language Development in Childhood</td>
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<td>Start and Operate Your Own Home-Based Business</td>
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<td>Marketing Your Business on the Internet</td>
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<td>Starting a Nonprofit</td>
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<td>ETG-392</td>
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<td>Starting a Consulting Practice</td>
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<td>Start Your Own Small Business</td>
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<td>ETG-396</td>
<td>Introduction to Internet Writing Markets</td>
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</table>

For registration information, call Continuing Education at 619-482-6376
Online Career Training Programs

Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Features:
- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:
- Business and Professional
- Healthcare and Fitness
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- Courses are all open-enrollment and self-paced
- All materials, workbooks, and software included

Payment plans are available!

Payroll Practice and Management
If you want to become a payroll specialist or update your skills, take the Payroll Practice and Management Online Training Program. The program will provide the training you need, and it will also help prepare you for the Certified Payroll Professional (CPP) test given by the American Payroll Association. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Digital Arts Certificate
The Digital Arts Online Training Program will help you develop technical skills and creative artistry in digital imaging, traditional drawing, and digital illustration. You’ll learn professional applications for Adobe Photoshop and Illustrator alongside traditional materials like pencil and charcoal. Course projects include retouching, compositing, digital illustration, and still life drawing.

Chartered Tax Professional for California Residents
The California Chartered Tax Professional Online Certificate Program will help you become qualified as a California Tax Preparer through the California Tax Education Council (CTEC). The California Chartered Tax Professional Certificate Program is composed of six modules in Federal income tax preparation, plus a California supplement. After successfully completing the first two Federal programs and the California lessons in the California CTP Certificate Program, you’ll be qualified to prepare individual tax returns for almost all U.S. and California taxpayers. This online certificate program is offered in partnership with major colleges, universities, and other accredited education providers.

Payment plans are available!

These courses do not offer college credit
More courses available at our website
https://careertraining.ed2go.com/swc
Online Career Training Programs

Online Education programs designed to provide the workforce skills necessary to enter a new field or advance your current career.

Payment plans are available!

Featuring such classes as:

<table>
<thead>
<tr>
<th>Program Type</th>
<th>Certification Area</th>
<th>Duration</th>
<th>Cost</th>
<th>Description</th>
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<tr>
<td>Certified Global Business Professional</td>
<td>160 hours</td>
<td>$2,495</td>
<td>The Certified Global Business Professional Online Training Program prepares you for the credential exam by educating you in four areas: global management, global marketing, supply chain management, and trade finance.</td>
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<tr>
<td>Certified Mediator and Arbitrator</td>
<td>200 hours</td>
<td>$3,495</td>
<td>The Certified Mediator and Arbitrator Program provides students with the skills and knowledge needed to practice mediation and arbitration in their current careers or private practices.</td>
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<tr>
<td>Certified Green Supply Chain Prof.</td>
<td>60 hours</td>
<td>$1,595</td>
<td>Gain the skills you’ll need to make a green impact on global sourcing, material management, procurement and buying, transportation and logistics, and new product development.</td>
<td></td>
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<tr>
<td>Certified Indoor Environmentalist Prep</td>
<td>32 hours</td>
<td>$895</td>
<td>The Certified Indoor Environmentalist Program will help you take the next step in your career to become an indoor air quality or green building consultant. To better understand how to create a healthy home or building by preventing, diagnosing, and resolving indoor environmental problems.</td>
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</tr>
<tr>
<td>Grant Writing</td>
<td>300 hours</td>
<td>$2,295</td>
<td>Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.</td>
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<tr>
<td>Non-Profit Management</td>
<td>300 hours</td>
<td>$2,295</td>
<td>Examine the fundamental principles of nonprofit management, explore the roles and responsibilities of a nonprofit board of directors and the management team.</td>
<td></td>
</tr>
<tr>
<td>Veterinary Assistant</td>
<td>225 hours</td>
<td>$1,995</td>
<td>Prepare for a new career as a Veterinary Assistant as you learn how to care for animals and assist the veterinarian during examinations.</td>
<td></td>
</tr>
<tr>
<td>Pharmacy Technician</td>
<td>400 hours</td>
<td>$2,495</td>
<td>Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.</td>
<td></td>
</tr>
<tr>
<td>Physical Therapy Aide</td>
<td>150 hours</td>
<td>$1,895</td>
<td>You will learn what physical therapy entails, identify the responsibilities of a PT aide, and develop a working knowledge of anatomy and medical terminology.</td>
<td></td>
</tr>
<tr>
<td>Program Name</td>
<td>Duration</td>
<td>Cost</td>
<td>Description</td>
<td></td>
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</tr>
<tr>
<td>Certified Indoor Air Quality Manager</td>
<td>16 hours</td>
<td>$795</td>
<td>Are you a facility manager, building engineer, or health and safety officer who wants to improve the indoor air quality of your building? If so, the Certified Indoor Air Quality Manager Program is just for you.</td>
<td></td>
</tr>
<tr>
<td>Certified Wedding Planner</td>
<td>340 hours</td>
<td>$1,595</td>
<td>This comprehensive program provides all the knowledge you need to work as a professional wedding planner or start your wedding planning business.</td>
<td></td>
</tr>
<tr>
<td>Mastering Project Management w/ Microsoft Project 2010</td>
<td>150 hours</td>
<td>$1,295</td>
<td>Translate your knowledge into skills by exploring key project management topics in depth and prepare for the Project Management Professional (PMP®) certification.</td>
<td></td>
</tr>
<tr>
<td>Mastering Project Management w/ PMP Prep</td>
<td>130 hours</td>
<td>$1,695</td>
<td>In this intermediate/advanced level program, you'll translate your knowledge into skills by exploring key project management topics in depth.</td>
<td></td>
</tr>
<tr>
<td>Oil Refinery Operations</td>
<td>400 hours</td>
<td>$2,595</td>
<td>Learn the skills you need to start work as an in-demand oil refinery operator.</td>
<td></td>
</tr>
<tr>
<td>Power Plant Operations</td>
<td>400 hours</td>
<td>$2,595</td>
<td>Learn the skills you need to gain entry-level employment as a power plant operator.</td>
<td></td>
</tr>
<tr>
<td>Solar Power Professional</td>
<td>120 hours</td>
<td>$1,895</td>
<td>Learn the fundamentals of photovoltaic solar powered energy systems and gain the knowledge you'll need for an entry level position with a dealer, installer, or other photovoltaic industry company.</td>
<td></td>
</tr>
<tr>
<td>Project Management Essentials w/ CAPM Prep</td>
<td>100 hours</td>
<td>$1,195</td>
<td>This program is designed for those who are new to project management and will help you prepare for the Certified Associate In Project Management (CAPM®) certification exam.</td>
<td></td>
</tr>
<tr>
<td>The Complete Project Manager w/ CAPM and PMP Prep</td>
<td>130 hours</td>
<td>$1,995</td>
<td>This is a comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.</td>
<td></td>
</tr>
<tr>
<td>The Complete Project Manager w/ Microsoft Project 2010</td>
<td>310 hours</td>
<td>$2,295</td>
<td>This comprehensive project management program is designed to create skills for today's project practitioners and prepare them for either the CAPM® or PMP® certifications.</td>
<td></td>
</tr>
</tbody>
</table>

http://careertraining.ed2go.com/swc
# Continuing Education

## Fee-Based Registration Form

### Please Print or Type Name Below

<table>
<thead>
<tr>
<th>Last</th>
<th>First</th>
<th>M.I.</th>
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<table>
<thead>
<tr>
<th>Address</th>
<th>City</th>
<th>Zip</th>
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<thead>
<tr>
<th>Phone #</th>
<th>Alternate Phone #</th>
<th>Email</th>
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<tr>
<th>NAME - 2nd Registrant</th>
<th>Age (if under 18)</th>
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<table>
<thead>
<tr>
<th>Class</th>
<th>Name of Class</th>
<th>Start Date</th>
<th>Number of People</th>
<th>Reg Fee</th>
<th>Mat Fee</th>
</tr>
</thead>
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</tbody>
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<tr>
<th>Payment Method: Check ☐</th>
<th>Cash ☐</th>
</tr>
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<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Amount**

<table>
<thead>
<tr>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

SS # or SWC ID # required to expedite a refund:

**For Office Use Only (Notes):**

---

## How to Register

### Phone (Fee Classes Only)

Call 619-482-6376 to register and pay for a class by phone with a credit card. Reservations are confirmed with payment on a first-come, first-served basis.

### Mail (if paying by Check only)

Mail completed registration form with a check, payable to Southwestern College (see address below).

### In Person

Bring your completed registration form and payment to:

Southwestern College Continuing Education  
900 Otay Lakes Road, Building 660 (across from parking Lot H)  
Chula Vista, CA 91910-7299  
Office hours: SPRING & FALL: M-F from 8 a.m.-4:30 p.m.  
SUMMER: M-Th from 8 a.m.-5 p.m.

**Refunds:**

A full refund will be made if Continuing Education cancels a class. If you have registered for a class and you cancel at least three (3) business days prior to the start of the class, you will receive a full refund of the class fee. You are not eligible for any refund beyond the three day period. There are no registration credits or rescheduling options available beyond the three (3) day refund period. No-shows are not eligible for a refund. A refund may take up to four to six weeks to process.

**Class Seating is Limited. Registration is Accepted on a First-Come, First-Served Basis. Please Call 619-482-6376 to Confirm Your Reservation.**
# NONCREDIT APPLICATION

**SOUTHWESTERN COLLEGE CONTINUING EDUCATION**
900 Otay Lakes Road, Chula Vista, CA 91910-7299
619-482-6376  FAX 619-482-6402

- PLEASE PRINT NEATLY AND DO NOT USE ANY NICKNAMES OR ABBREVIATIONS -

**CHECK THE TERM THAT APPLIES:**
- [ ] FALL
- [ ] SPRING
- [x] SUMMER

Noncredit courses are funded by local and state taxes. The information requested on this application remains confidential and is required to establish your eligibility to register in the publicly funded class. Thank you for your assistance.

### HOW DID YOU HEAR ABOUT US? (Please check all that apply)
- [ ] Continuing Education Schedule
- [ ] Continuing Education Facebook page
- [ ] Family or Friend
- [ ] Southwestern College Employee
- [ ] Southwestern College Website
- [ ] Other: (please explain) __________________________________________________________

### LAST NAME

<table>
<thead>
<tr>
<th>FIRST NAME</th>
<th>MIDDLE NAME</th>
</tr>
</thead>
</table>

### OTHER NAMES YOU HAVE USED SINCE BIRTH:
(Include nicknames, aliases, and maiden name, if applicable)

### HOME ADDRESS (P.O Box not acceptable)

### MARITAL STATUS: (Please Check one) [ ] SINGLE [ ] DIVORCED OR WIDOWED [ ] MARRIED [ ] SEPARATED [ ] DECLINE TO STATE

### HOME PH. ( ) ___________  CELL PH. ( ) ___________  E-MAIL __________________________

### BIRTHDATE (Required):
Mo. / Day / Year

### SOCIAL SECURITY NUMBER

### ETHNIC BACKGROUND: (Please Check one)
- [ ] HIS Hispanic/Latino
- [ ] NHIS Non-Hispanic/Latino
- [x] X Unknown

### RACE: (Please check all that apply)
- [ ] 01. Chinese
- [ ] 02. Japanese
- [ ] 03. Korean
- [ ] 05. Cambodian
- [ ] 06. Vietnamese
- [ ] 07. Asian Indian
- [ ] 08. Other Asian
- [x] 09. Guamanian
- [ ] 10. Hawaiian
- [ ] 11. samoan
- [ ] 12. Pacific Islander/Other
- [ ] 13. Mex., Mexican, Chicano
- [ ] 14. South American
- [ ] 15. Central American
- [ ] 16. Other Hispanic
- [ ] 17. Filipino
- [ ] 18. Amer. Ind. Alaska Native
- [ ] 19. Black, Non-Hispanic
- [ ] 20. White

### CITIZENSHIP: (Required, please Check one)
- [ ] 0. United States
- [x] 1. Amnesty
- [ ] 2. Permanent Resident
- [ ] 3. Temporary Resident
- [ ] 4. Refugee/Asylee
- [ ] 5. Other:

**IF YOUR STATUS IS AMNESTY, PERMANENT RESIDENT, REFUGEE/ASYLEE, OR TEMPORARY RESIDENT, INDICATE CARD ISSUE DATE:**

### IS ENGLISH THE LANGUAGE YOU SPEAK AND WRITE MOST FREQUENTLY? (Check YES or NO)
- [ ] YES
- [x] NO, specify language: __________________________

### HAVE YOU LIVED IN THE STATE OF CALIFORNIA FOR THE PAST 25 MONTHS? (Check YES or NO)
- [ ] YES
- [x] NO, if NO, since what date: ___________ / ___________ / ___________

### WITHIN THE PAST 25 MONTHS, HAVE YOU, OR IF UNDER 19, YOUR PARENTS: (Check YES or NO)
- Maintained voter registration and voted in another state? [ ] YES [ ] NO
- Petitioned for a divorce in another state? [ ] YES [ ] NO
- Filed state income taxes in another state? [ ] YES [ ] NO
- Attended a college or university as a resident of another state? [ ] YES [ ] NO

### FAMILY INCOME: (Please check one)
- [ ] 1. $0-$7,500
- [ ] 4. $15,001-$20,000
- [ ] 7. $20,001-$25,000
- [ ] 10. $35,001-$40,000
- [ ] 13. $50,001 or above
- [ ] 2. $7,501-$10,000
- [ ] 5. $16,001-$20,000
- [ ] 8. $25,001-$30,000
- [ ] 11. $40,001-$45,000
- [ ] 14. Unknown
- [ ] 3. $10,001-$15,000
- [ ] 6. $16,001-$20,000
- [ ] 9. $30,001-$35,000
- [ ] 12. $45,001-$50,000

### FAMILY SIZE: Number in your household including yourself (Check one)
- [x] 6
- [ ] 7
- [ ] 8
- [ ] 9
- [ ] 10
- [ ] 11
- [ ] 12
- [ ] 13
- [ ] 14

### HIGH SCHOOL EDUCATION STATUS: (Please check all that apply)
- [ ] 1. Not a high school graduate and not enrolled in high school
- [ ] 2. Not a high school graduate and currently enrolled in high school
- [ ] 3. Currently in high school and 242 program
- [ ] 4. Currently enrolled in high school
- [ ] 5. U.S. High School diploma
- [ ] 6. High School Equivalency Certificate (GED/HISSET)
- [ ] 7. Certificate of California High School Proficiency (CHSPE)
- [ ] 8. Foreign secondary/high school Diploma/Certificate

For registration information, call Continuing Education at 619-482-6376
### NONCREDIT REGISTRATION | Continuing Education | Summer 2019

#### EDUCATION COMPLETED

<table>
<thead>
<tr>
<th>Technical/Certificate</th>
<th>Some College, No Degree</th>
<th>A.A. /A.S. Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>☐ Freshman ☐ Sophomore ☐ Junior ☐ Senior</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>4-yr. College Graduate</th>
<th>Graduate Studies</th>
<th>Other Diploma/Degree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

I LEARNED THE ABOVE OUTSIDE OF THE U.S. ☐ YES ☐ NO
Please indicate what level of education, diploma or degree was earned outside the United States and where:

#### ADULT SCHOOL SITE:

(Select all that apply and enter the date you last attended)

- ☐ San Ysidro Adult School
- ☐ Chula Vista Adult School
- ☐ Coronado Adult School
- ☐ Montgomery Adult School
- ☐ National City Adult School

[Note: Please indicate any Adult School you have attended in the State of California not on this list.]

#### HAVE YOU OR DO YOU CURRENTLY RECEIVE THE FOLLOWING TYPES OF ASSISTANCE?

(Select all that apply)

<table>
<thead>
<tr>
<th>Public Assistance / Welfare</th>
<th>TANF</th>
<th>WIOA TITLE I</th>
<th>Rehabilitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>☐ Yes ☐ No ☐</td>
<td>☐ Yes ☐ No ☐</td>
<td>☐ Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Food Stamps / CalFresh / SNAP</th>
<th>CalWorks</th>
<th>Medi-Cal / MediCare</th>
<th>EDD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Social Security</th>
<th>Supplemental Security Income (SSI)</th>
<th>General Assistance (GA)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
<td>Yes ☐ No ☐</td>
</tr>
</tbody>
</table>

#### WHAT IS YOUR PRIMARY GOAL AND YOUR SECONDARY GOAL FOR ATTENDING CONTINUING EDUCATION COURSES?

(Select 1 Primary and 2 Secondary)

- ☐ Get a better Job ☐ Improve Basic Skills ☐ Improve English Skills ☐ Prepare to Earn High School Diploma / GED
- ☐ Prepare for Employment ☐ Retain Current Job ☐ Prepare to Enter College or Training ☐ Personal Goal
- ☐ Family Goal ☐ Prepare for U.S. Citizenship ☐ Prepare for Military Service ☐ None
- ☐ Other Attainable Goal (please explain): ☐

#### PLEASE CHECK ALL THAT APPLY TO YOU:

- Cultural Barriers ☐ Dislocated Worker ☐ Displaced Homemaker ☐ Employed
- Employed, with Termination Notice ☐ English Language Learner ☐ Ex-Offender ☐ Foster Care Youth
- Homeless ☐ Learning Disabled ☐ Long-term Unemployed ☐ Low Levels of Literacy
- Low Income ☐ Migrant Farmworker ☐ N/A ☐ No longer TANF eligible within 2 years
- Not Employed/Not Seeking Work ☐ Physically Disabled ☐ Retired ☐ Seasonal Farmworker
- Single Parent ☐ Unemployed ☐ Veteran (U.S. Military) ☐ Active Duty (U.S. Military)

#### SELECT ALL SPECIAL PROGRAMS YOU ARE CURRENTLY AFFILIATED WITH:

- Corrections ☐ Family Literacy ☐ Non-Traditional Training ☐ Perkins
- Special Needs ☐ Tutoring ☐ Workplace Education ☐ Homeless Programs
- Rehabilitation ☐ Other: (please explain)

#### SIGNATURE: ____________________________  DATE: ________

### PLEASE REGISTER ME IN THE FOLLOWING NONCREDIT COURSES:

<table>
<thead>
<tr>
<th>Course Section Number</th>
<th>Name of Course</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>NC</td>
<td></td>
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<tr>
<td>NC</td>
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</tr>
</tbody>
</table>

#### FOR OFFICE USE ONLY

Service(s) provided at time of application:

- NC SSSP EX ☐ or ☐ NEX
- NC EL ☐ or ☐ NC NEL

Rev: 08/07/2018 NCSSSP/AEDG

For registration information, call Continuing Education at 619-482-6376
Ed2Go Online Classes Via the Internet
Prepare for a new career from the comfort of your home.

REGISTER TODAY!

Ed2Go Online Classes Start: June 12, July 17, August 14. See page 17 for details.

Enroll Early! Spread the word about Southwestern College by sharing our schedule with family and friends.

For more information visit: www.swccd.edu/continuinged

To request this schedule in alternate media, please call 619-482-6512 or TTY 619-482-6470