



[Catalog 2025- 2026]

## Nutrition & Dietetics (Associate Degree for Transfer) | Major Code 01366

This sample course map does not represent a contract or guarantee course availability or transfer, nor does it replace meeting with a [Counselor](#) to discuss your goals and create a [Student Education Plan](#) designed to fit your unique needs.

This map includes general education (GE) courses satisfying: [California General Education Transfer Curriculum \(Cal-GETC\)](#). Additional corequisite support courses may be required with transfer math and English. This map shows approximately 15 units each semester or 30 units a year. Taking classes during Summer and/or January intersession are also an option.

### 1<sup>st</sup> Semester Recommendation

| Course      | Course Title                           | Units |
|-------------|----------------------------------------|-------|
| ***HLTH 121 | Cultural Aspects of Food and Nutrition | 3     |
| ENGL C1000  | Academic Reading and Writing           | 4     |
| STAT C1000* | Introduction to Statistics             | 4     |
| CHEM 170    | Preparation for General Chemistry      | 4     |
|             |                                        |       |

Total semester units: 15 Units

### 2<sup>nd</sup> Semester Recommendation

| Course      | Course Title                     | Units |
|-------------|----------------------------------|-------|
| CHEM 200    | General Chemistry I              | 5     |
| BIOL 100**  | Principles of Biology            | 3     |
| BIOL 101    | Principles of Biology Laboratory | 1     |
| PSYC C1000  | Introduction to Psychology       | 3     |
| CAL-GETC-1B |                                  | 3     |

Total semester units: 15 Units

### OPTIONAL SUMMER TERM

### 3<sup>rd</sup> Semester Recommendation

| Course      | Course Title              | Units |
|-------------|---------------------------|-------|
| SOC 101     | Introduction to Sociology | 3     |
| BIOL 265    | General Microbiology      | 4     |
| Cal-GETC-3B |                           | 3     |

| Course     | Course Title                    | Units |
|------------|---------------------------------|-------|
| Cal-GETC-6 |                                 | 3     |
| COMM C1000 | Introduction to Public Speaking | 3     |

**Total semester units: 16 Units**

#### 4<sup>th</sup> Semester Recommendation

| Course            | Course Title  | Units |
|-------------------|---------------|-------|
| BIOL 260*         | Human Anatomy | 4     |
| Cal-GETC-3A       |               | 3     |
| Cal-GETC-3B       |               | 3     |
| Cal-GETC-Elective |               | 3     |
| Cal-GETC-Elective |               | 1     |

**Total semester units: 14 Units**

**Total Program Units: 60 Units**

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#### Disclaimers:

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- This program map is designed with Fall as a first semester; however, this is not required. [Schedule a Counseling appointment](#) to develop a comprehensive student education to achieve your goal.

- **Catalog Rights: *[Excerpt from 2025-2026 Southwestern College Catalog]***

A student's catalog rights are established at the time of entrance and completion of a course at Southwestern College. When continuous enrollment is maintained, students may choose their catalog rights for general education and graduation requirements in effect at the time of entrance to Southwestern College, or any catalog year thereafter. A student who petitions for an Associates Degree for Transfer who lacks catalog rights will be placed under the catalog in effect at the time the graduation petition is submitted.

- **Continuous Enrollment: *[Excerpt from 2025-2026 Southwestern College Catalog]***

Continuous enrollment is defined as completion of a course during at least one semester or two quarters in a calendar year, including summer session, in either the CSU, UC, or California Community College System after time of entrance to Southwestern College (effective enrollment fall 2023). Completing a course is defined as receiving a grade of A, B, C, D, F, I, Pass (P), or No Pass (NP). Receiving a grade of "W", "EW" or "MW" will not satisfy the requirements for completing a course. The grade of "EW" or "MW" does not disqualify a student from continuous enrollment.

**[Cal-GETC: California General Education Transfer Curriculum]**