



DISABILITY SUPPORT SERVICES PERSONAL DEVELOPMENT CLASSES SUMMER 2025

SUMMER 2025 classes begin as early as **June 9th, 2025!**

Contact **Disability Support Services (DSS)** for more information.

Phone: (619) 482-6512 - **VP:** (619) 207-4480

PD 100	LIFELONG SUCCESS	3 Units
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An online only course that utilizes assessment of personality, interests, skills, and values to identify major and career options. Uses learning styles, psychological principles of learning, life management, and creative and critical thinking techniques. Designed for DSS students comfortable with working independently online.

PD-100-S01*

Instructor:	J. Gardea	Room: 28-112
Day & Time:	M, T, W, Th 1:20-3:10 PM	Dates: 6/16/2025 - 7/31/2025

PD-100-S501*

Instructor:	Maria Constein	Room: ONLINE
Day & Time:	ONLINE	Dates: TBD

*Note: This class may change names on the schedule from PD-100 to PD-100D-S01/S501.

PD 101	ORIENTATION TO COLLEGE	1 Unit
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Designed to assist students in obtaining skills and knowledge necessary to reach their educational objectives. Includes career exploration, time management, campus resources, decision making, and educational planning.

PD-101-S01*

Instructor:	J. Gardea	Room: 28-112
Day & Time:	M, T, W, Th 10:30am-12:35 PM	Dates: 7/28/2025 - 8/7/2025

*Note: This class may change names on the schedule from PD-101 to PD-101D-S01.

PD 110	COLLEGE SUCCESS SKILLS	3 Units
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Course is designed to assist students in developing their study and life skills. Career development, goal setting, self-esteem, time management, note taking, textbook reading, test taking and college resources are the primary areas of focus.

PD-110-S01

Instructor:	B. Bass, J. Sandoval	Room: 28-112
Day & Time:	M, T, W, Th 8:25-10:15 AM	Dates: 6/16/2025 - 7/31/2025