



Resources for Assisting Veterans

There are many resources on-campus and in the community that can help Veterans/Students who need assistance. Remember, as a Veteran/Student you are not alone, please use your resources.

Campus Resources to Assist Veterans with their Academic Success

Veteran Services/ Benefits

Student Veteran Organization

1st Floor Cesar Chavez Building, (619) 482- 6324

School Certifying Official: Bob Stretch

Email: swcveterans@swccd.edu

Website: www.swccd.edu/veterans

Academic Accommodations

Disability Support Services (DSS)

1st Floor Cesar Chavez Building

(619) 482- 6512

Academic Counseling

Counseling & Personal Development

2st Floor Cesar Chavez Building

(619) 482- 6317

Personal Counseling

Personal Wellness Services

2st Floor Cesar Chavez Building

(619) 421-6700 Ext: 5279

Campus Resources for Assisting Veterans/Students in Distress

If a Veteran/student needs to talk with someone on an urgent basis, they may walk-in to the Counseling Center on the 2nd floor of the Cesar Chavez Building to be seen by a personal counselor.

Dr. Clarence Amaral: x6689

SWC Licensed Psychologist

Personal Wellness Services: x5279

PWS appointments

College Police Emergencies: x6691

Health Services: x6354/x5350

Campus nurse

Counseling Center: x6317 or 5240 or 5241

Dean of Student Services: x6369

San Diego Access and Crisis Line

1 (888) 724-7240

Confidential and professional assistance: available 24/7.

Community Resources: Off campus help to assist Veterans/Students

[Access & Crisis Line S.D. County](#)

1-888-724-7240

Domestic Violence/Sexual Assault Crisis Line & Referral

1-888-385-4657

[South Bay Community Services 24hr Hotline & Services](#)

(Domestic Violence & Social Services)

1-800-640-2933

Counseling (S. D. LGBT Center)

(619) 692-2077

[211 Information & Referral Service](#)

2-1-1 or 1-800-227-0997

[National Alliance on Mental Illness \(NAMI\)](#)

1-800-523-5933

TriWest Behavioral Health Crisis Line

1-866-284-3743

VA Suicide Prevention Hotline

1-800-273-8255

National Suicide Prevention Hotline

1-800-273-TALK (8255)

suicidepreventionlifeline.org

Heidorn Lifeline: Suicide Prevention (S. D. LGBT Center)

858-212-5433

Courage to Call 24/7 Helpline

2-1-1 or 877-698-7838

Guidance, Information & Referral to Veterans,
Active duty Military, Reservists National Guard & their Families

[Medical, Psychiatric & Substance Abuse Treatment](#)

Veteran Administration (VA) Services

3350 La Jolla Village Drive, San Diego Ca. 92161

1-800-331-8387

[\(VA\) Health Resource Center:](#) 1-877-222-8387

VA Mission Valley Outpatient Psychiatric Clinic:

1-800-331-8387 (ext. 5199)

Chula Vista Vet Center: Readjustment Counseling

Contact: Ron Freedman LCSW

180 Otay Lakes Road, Suite 108, Bonita CA 91902

(877) 618-6534

Veterans Village of San Diego (VVSD)

4141 Pacific Highway, San Diego, CA 92110

(619) 497-0142 email: info@vvsd.net

VVSD Rehab Center (VRC)

Substance Abuse Treatment

4141 Pacific Highway, San Diego CA. 92110

(619) 393-2041

Alcoholic Anonymous (AA): 619-265-8762

Narcotics Anonymous (NA): 619-584-1007

ALANON: 619-296-2666

[Smart Recovery \(alternative to AA\)](#)

858-546-1100 (option 2)

[Practical Recovery](#)

1-800-977-6110

(Includes Smart Recovery & collaborative addiction treatment)