

# Student of Distinction Award

2010

# Steve Almos



Major: Biotechnology

Educational Goal: To earn a Ph.D. in Cell and Molecular Biology

Life Goals: To become a research scientist and run my own lab.

Special Interests and Achievements: Hughes Scholars Program Alumni (summer internship 2009) and a Math, Engineering and Science Achievement (MESA) tutor in Biology. I was selected by my mentor to attend the Advanced Technological Education (ATE) Principal Investigators Conference in Washington, D.C. in October 2009.

Nominated by: Raga Bakhiet and Nouna Bakhiet

Remembered as: That I have earned the respect of my professors, mentors, friends and family by the work I have done in the scientific community.

# Holly Nicole Angeles

Major: Broadcast Journalism

Educational Goal: Earn a Ph.D. from Columbia University

Life Goals: Become a Pulitzer Prize-winning reporter for a prestigious news program and become an advocate for women's rights/progression.

Special Interests and Achievements: Running, health and fitness. Reading. Miss Chula Vista 2009-2010. Frequent community volunteer throughout the South Bay, volunteer for Superfood.

Drive that serves to feed, educate and provide awareness to the community.

Nominated by: Max Branscomb

Remembered as: A woman with an indomitable will, a strong mind and a loving soul.



#### Michael Camillo Anzures

Major: Communications

Educational Goal: Ph.D. in Communications with the intent of teaching at the collegiate or high school level

Life Goals: I would like to continue traveling the world, construct my own home, positively change an entire community and bring honor to my family as they are my heart and inspiration.

Special Interests and Achievements: I have served the country as a Naval nuclear propulsion mechanic, served the community helping veterans at the SWC Veteran Services and currently serve the students as the ASO Secretary. I am an honors student (3.93 GPA) yet outside I would rather hunt for antiques, laugh with friends, camp in the mountains or travel to new destinations.

Nominated by: William "Jim" Jones and Lillian Ritchie

Remembered as: I would like to be known as "someone who is passionate enough to change the world but humble enough not to change with it." Thank you Dad.



#### Michael Lee Barrows



Major: Fine Arts

Educational Goal: Art Institute of Chicago, Master's degree

Life Goals: Take care of my family, create and teach art, contribute to the community, open my own workshop/studio to promote artistic growth in the community, and design and build a home.

Special Interests and Achievements: I am interested in all things art related. My most recent achievements include creating and selling my art and maintaining a 4.0 gpa in my studies. My contributions include volunteering as a judge for the U.S. Open Sand Castle Competition, offering free on-campus tutoring, commissioned installations for the Port of San Diego and Southwestern College, numerous art showings, and inspiration for the hundreds of students I have worked with over the years, as I know they are for me.

Nominated by: Ed Cosio

Remembered as: Thank you to all those who helped me put my best foot forward, even greater thanks to those who recommended that I take a step back: Risk works if you work the risk and risk the work.

## Jennifer Bowman



Major: Journalism

Educational Goal: Earn a B.A. and Master's degree to pursue a career in political reporting.

Life Goals: Write a book, travel the world, make a difference with my words.

Special Interests and Achievements: 2007-2008 SWC Women's Volleyball Team, News Editor for Southwestern Sun, 2007-2009; Vice President's List, Intern at the San Diego Union-Tribune

Special Interests: writing, politics, fashion and photography.

Nominated by: Max Branscomb

Remembered as: I would like to be remembered as someone who always strived to reach her maximum potential.

#### Chloë Branch

Major: Journalism

Educational Goal: To earn a degree in journalism from the Walter Cronkite School of Journalism and Mass Communication at Arizona State University.

Life Goals: My main goal in life is to make those closest to me proud of me. I also want to travel the world and write about it. My goal is to read all 38 of Jack Kerouac's books. When I am finished I want to drive across the country like he did in "On the Road."

Special Interests and Achievements: My interests include spending time with my family, watching Mixed Martial Arts, reading and writing. I also take pride in the fact that I sponsor a 16-year-old girl in Uganda so that she can have the supplies she needs to attend school in her village.

Nominated by: Max Branscomb

Remembered as: I would like to be remembered as a person who always followed her dreams no matter the cost and did her best to make people laugh along the way.





Major: Mathematics

Educational Goal: Doctorate

Life Goals: Get a good job that I can be proud of and have financial security.

Special Interests and Achievements: I am interested in electronics and have a passion for Judo.

Nominated by: Carl Scarbnick

Remembered as: As a hard-working and determined individual who never gives up on pursuing his dreams.



## John David Carter

Major: English

Educational Goal: Complete law school and earn a teaching credential.

Life Goals: To heighten my understanding of humanity and the systems we live in so that I might apply more effective methods to my professional pursuits.

Special Interests and Achievements: Artistic writing and expression are my personal interests. I have won numerous awards from the San Diego Press Club and Journalism Association of Community Colleges for work at SWC's newspaper "The Sun" and mentored younger student journalists who have gone on to win state and regional awards in representation of SWC.

Nominated by: Max Branscomb

Remembered as: I would like to be remembered as someone who never gave up.



#### Vanessa Marie Felarca



Major: Nursing and Psychology

Educational Goal: Nurse Practitioner

Life Goals: To be able to grow old and say, "All my blood, sweat, and tears have made me what I am today." Lastly, to show my brothers Jack and Lj with very little you can accomplish a lot. There is no one that can stop us but ourselves.

Special Interests and Achievements: Recognized as one of Southwestern College's Top 10 EOPS students and Vice President's Honor Roll.

Nominated by: Diane Gustafson and Rebeca Montalvan Toth

Remembered as: Whatever tribulations I have had in the past or will come across in my lifetime, it will not hinder my spirit but will only make me STRONGER.

## Guadalupe Gaieck

Major: Business Administration

Educational Goal: Transfer to SDSU and then earn an M.B.A.

Life Goals: To enjoy my life, inspite of the bad days. To learn to be more assertive. To go back to Washington, D.C. to represent the students of SWC again, because I liked it!

Special Interests and Achievements: I consider raising my three sons and one daughter, by being a stay-at home mom, one of my greatest contributions to our community. I love the family garden, learning other languages and about other cultures.



Nominated by: Diana Avila

Remembered as: I would like others to remember me as someone who truly cared for them, loved them, and respected them.

#### Hector Guerrero



Major: Mathematics

Educational Goal: M.A. in Applied Mathematics

Life Goals: To become a professional in the math field and eventually share my experience to others by teaching.

Special Interests and Achievements: MESA student, Inter-Club Council of the Society of Hispanic Professional Engineers (SHPE) SWC Chapter, Math Tutor, Facilitator of the Math 250 Academic Excellence Workshop during Fall '09, 1st Place in the 16th Annual Calculator Olympics, Swimming.

Nominated by: Raga Bakhiet

Remembered as: As a happy person, and someone who encouraged others to pursue their goals.

## Lihua Huang

Major: Mathematics

Educational Goal: Ph.D. in Mathematics

Life Goals: Become a college mathematics professor to inspire a new generation of scientists.

Have a harmonious family and enjoy the sunshine every day.

Special Interests and Achievements: Math teaching; 4.0 GPA, First Place in the San Diego MESA Alliance 16th Annual Calculator Olympics in 2009, Power Study Leader, Phi Theta Kappa Honor Society member, Math and Physics tutor, Chula Vista Public Library volunteer tutor. Recently accepted to UCSD.

Nominated by: Li-Lan Fishel and Raga Bakhiet

Remembered as: As an optimistic, obliging and responsible individual with a strong will and a big heart.





Major: Pre-Med

Educational Goal: Medical School

Life Goals: To positively influence as many people as possible through my medical practice and to give my future children someone to look up to. I hope to become a pediatrician and work with the underserved children living on Native American Reservations.

Special Interests and Achievements: My interests include helping others further their education and set higher goals. I am family-oriented and would do anything to help my relatives, friends and others in need. I volunteer at the Sharp Chula Vista Emergency Department and have been active in SWC's ASC as a tutor and Program Assistant Coordinator. I am a firm believer in living and encouraging others to live a healthy and active life.

Nominated by: Jackie Thomas

Remembered as: I would like others to think of me as someone they can turn to when they are in need and trust that I will be honest and do everything in my power to help them get through whatever it is.

# Amanpreet Kaur

Major: General Biology

Educational Goal: Physician

Life Goals: To be a physician and keep doing research my whole life.

Special Interests and Achievements: Research under Dr. Martin Haas at UCSD on prostate cancer and research under Dr. Hecht at SWC on malaria parasite. I also want to serve in developing and underdeveloped communities.

Nominated by: Raga Bakhiet

Remembered as: I want them to remember me as a nice person they can look up to for everything.



### Carlos Lameda-Diaz



Major: Biology

Educational Goal: B.S. in Biology and a Ph.D.

Life Goals: I want to touch lives. I want to have a family and travel around the world.

Special Interests and Achievements: Playing soccer and volleyball. Cooking. Accepted into the Short-Term Education Program for Underrepresented Persons (STEP-UP) program from the National Institute of Health (NIH). UCSD transfer.

Nominated by: Dr. Raga Bakhiet and Sylvia Felan-Gonzales

Remembered as: I would like to be remembered as someone who gave his best for the ones he cared of and contribute to a positive change in the world.

#### Dennis Lavetti

Major: English

Educational Goal: Graduating from UC Berkeley/UCLA and earning a Master's degree.

Life Goals: Traveling, knowing people from different cultures, becoming a college professor, having a family and helping people who are less fortunate.

Special Interests and Achievements: Coming to the United States, excelling in school and having valuable people and professors around me.

Nominated by: Carmen Nieves-Cardenas and Ed Cosio

Remembered as: I would like others to remember me as a very ambitious and determined person who puts effort into what he does to accomplish his life goals.



#### Claudia Santana



Major: Psychology

Educational Goal: Obtain a B.A. in Psychology and eventually a Master's degree.

Life Goals: Live and learn. Education is my passion, my community is my inspiration. I want to share my knowledge with the world and grow on each and every step of my educational journey.

Special Interests and Achievements: Interested in psychology and human interactions.

Current President of the Southwestern College Chapter of Psi Beta National Honor Society. Former Secretary and Inter-Club Council Representative for Psi Beta. Winner of Sales Generation Award of 2009 from GUESS Inc.

Nominated by: Danielle McAneney

Remembered as: Full of passion for life, willing to fall and get right back up.

## Angela Van Ostran

Major: Psychology

Educational Goal: Master's in Psychology

Life Goals: Work in the field of psychology focusing on disabilities, human sexuality — or both! Would like to work at the Gay and Lesbian Center or with newly-disabled clients struggling to regain independence. Plan to include deaf clients. Would like to work for New Mobility magazine (or other disability-oriented publication) and continue writing.



In a race to graduate college before my son graduates high school!

Special Interests and Achievements: Mentor "What's Next?" program. Disability Awareness volunteer at McMillan Elementary. Legislative Board Member for "Disability Rights California." GSA Sec, VP, Pres 05-07; Psi Beta Sec, VP 05-07; PTK Sec, VP 06-07

Nominated by: Max Branscomb

Remembered as: Short, dedicated, caffeinated, opinionated.

## Josefina E. Vargas

Major: Dental Hygiene

Educational Goal: Earn a Master's degree that will allow me to expand in my dental hygiene career.

Life Goals: To make a difference and help those less fortunate, especially to help eliminate some of the disparities that exist when it comes to access to dental care.

Special Interests and Achievements: My main interest is being there for my three daughters and supporting them in everything they do. Being there for their own achievements and sports events, helping them with homework and just being there during trying times. Past recipient of the Sherry Mears Memorial Scholarship Award. A volunteer in various community events using learned knowledge from SWC Dental Hygiene Program.

Nominated by: Kesa Hopkins and Teri Poulos

Remembered as: I would like others to remember me as a person who truly wanted to help others less fortunate.





# Penelope M. White



Major: Social Work/Psychology

Educational Goal: Earn a Master's degree in Social Work/Bachelor's in Psychology.

Life Goals: To work in a women's rehabilitation facility and do lots of travelling.

Special Interests and Achievements: Participating in my children's activities; ABLE Club Officer

Nominated by: Monica Rodriguez and Sherilyn Salahuddin

Remembered as: She never gave up and had fun while working hard.