SOUTHWESTERN COLLEGE

Y.E.S. ACADEMY
YOUTH EXCELLENCE & SUCCESS ACADEMY
For Students Entering Grades 4th–12th

ENROLL YOUR CHILD TODAY!

Summer Youth Programs

Learn More & Register at:
www.swccd.edu/yes
(619) 421-6700 ext. 5953

Register today!

Celebrating 46 years! www.swccd.edu/yes
Y.E.S. ACADEMY
This year, Youth Excellence & Success (Y.E.S.) Academy celebrates 47 years! As we head into summer 2023, we are thrilled to offer in-person experiences for entering 4th-12th grade students offered through a variety of courses.

Y.E.S. Academy is offered for all academic and creativity levels. Students can build their own custom experience as we offer courses throughout the day in June and July, both in the morning and in the afternoon. We are proud to deliver a program geared towards a variety of interests and are excited for you to review our 2023 schedule.

Find the courses that are the right fit for your student(s), and for you (Parent University), and share the summer with us this year!

Courses offered in summer 2023 will be held on SWC Chula Vista campus in person. Please review the course schedule for more information.

Y.E.S. Academy offers a variety of summer academic and enrichment programs for 4th–12th grade students and parents/caregivers, offered through courses, workshops, and more. We provide a positive, early-on college experience where students can thrive by trying something new, learning new skills, and challenging themselves in a college environment. This mission, we hope, will create new discoveries and decisions leading to each student’s own unique pathway for success. This summer, we are proud to deliver the following:

- **Parent University**
  Offered in partnership with UCSD Extension, Parent University workshops provide parents/caregivers with information to help support themselves and their student(s) along their academic, social, and emotional journey.

- **Volunteering**
  Entering 11th–12th grade students can apply to assist instructors in the classroom, while gaining volunteer hours to complete high school graduation requirements in the Sweetwater Union HS District. Before a student can volunteer, they must do a LifeScan, TB test and have a work permit (if younger that 18 years old). Please contact the Y.E.S. Academy Coordinator at 619-421-6700 ext. 5953 or email her at nnieto@swccd.edu ASAP.

- **College for Kids**
  Challenging & enriching courses that allow 4th–9th grade students to learn something new or refine their skills through projects, practice, discussions, and hands-on experiences.

- **Writer’s Café:**
  Students registered in am & pm in-person College for Kids/Sally Ride Science courses, can register for our lunch supervision program, Writer’s Café. See pages 7 or 12 for more information.

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**REGISTRATION**
Y.E.S. Academy courses are offered in June and July 2023

**REGISTRATION OPENS:** Monday, May 1, 2023

**REGISTER ONLINE AT:** [www.swccd.edu/yes](http://www.swccd.edu/yes)

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**CANCELLATION POLICY**
Every attempt is made to avoid cancelling a class. However, sometimes it is necessary to cancel before the first meeting due to low enrollment. Y.E.S. Academy will make every attempt to call you prior to the start of the class by email and/or phone. Please be sure to provide current phone and email contact information on your application.

**LOCATION:**
Classes will take place on the Southwestern College Chula Vista campus located at 900 Otay Lakes Road, Chula Vista, CA 91910. A welcome letter, with classroom numbers, will be provided 1–2 weeks prior to each course beginning.

**Grade Levels:** Please select courses based on the grade level your student is entering in Fall 2023.

**T-SHIRTS:**
Y.E.S. Academy t-shirts can be purchased during your online registration by visiting the menu tab “Y.E.S. Academy T-Shirts”. T-shirts cost $12 each and must be ordered by **MAY 20, 2023.**
## COURSE OFFERINGS

### GRADES 4TH–6TH

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Grade</th>
<th>SESSION I</th>
<th>SESSION II</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cartoon Character Sketch</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Computer Keyboarding - the Right Way!!</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Concert Band</td>
<td>Grades 5-6</td>
<td>x</td>
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<tr>
<td>Culinary Basics</td>
<td>Grades 4-6</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Design Lab: Lego &amp; Makey Makey</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Discovering Philippine Cultural Music</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Film Making: The Commercial</td>
<td>Grades 4-6</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Fundamentals of Coding</td>
<td>Grades 4-6</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Integrating Music into Social and Emotional Learning</td>
<td>Grades 4-6</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Maximizing Your Health and Wellness</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Microsoft Word for Kids</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Musical Theater Dance</td>
<td>Grades 4-6</td>
<td>x</td>
<td></td>
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<tr>
<td>Pottery: Creating with Clay</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Promoting Public Health</td>
<td>Grades 4-6</td>
<td>x</td>
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<tr>
<td>Self-Expression: A Zine Mind</td>
<td>Grades 4-6</td>
<td>x</td>
<td>x</td>
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<tr>
<td>Spanish Manga</td>
<td>Grades 4-6</td>
<td>x</td>
<td>x</td>
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<tr>
<td>The Art of Philippine Dance</td>
<td>Grades 4-6</td>
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</tr>
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<tr>
<td>Cartoon Character Sketch</td>
<td>Grades 7-9</td>
<td>x</td>
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<tr>
<td>Concert Band</td>
<td>Grades 7-8</td>
<td>x</td>
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<tr>
<td>Culinary Basics</td>
<td>Grades 7-9</td>
<td>x</td>
<td>x</td>
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<tr>
<td>Design Lab: Lego &amp; Makey Makey</td>
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<td>Grades 7-9</td>
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<th>AM</th>
<th>PM</th>
<th>AM</th>
<th>PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drone Photography and Photogrammetry</td>
<td>Grades 10-12</td>
<td>x</td>
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<tr>
<td>Volunteering</td>
<td>Grades 11-12</td>
<td>x</td>
<td>x</td>
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CARTOON CHARACTER SKETCH
Students will learn how to draw traditional and non-traditional cartoon characters by applying foundational art techniques, while drawing caricatures from historical cartoon characters. The traditional techniques will be applied to various foundational concepts in art as students design their own characters and learn to develop a plot with the various characters sketched.
Instructor: Ed Roeters

Session I: June 12–June 22, 2023
M–TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 16, June 19, June 23
In Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165

CONCERT BAND
Have fun this summer at Band Camp! If you already have an instrument and have a year of experience, come join us for Concert Band! Learn new music and make new friends through playing in a concert band. Each day we will work together to further our music making skills and instrument techniques! On the last day we will put on a free concert for your family and friends.
Instructor: Deborah Nevin

Session I: June 12–June 22, 2023
M–TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 16, June 19, June 23
In Person—SWC Chula Vista campus
Grades: 5–8
Cost: $165

COMPUTER KEYBOARDING: THE RIGHT WAY
Are you tired of typing with two fingers? Then this class is for you! At the end of this session, students will learn to master keying all the alphabet without looking at their fingers. This class will cover - theory, technique, anatomy, ergonomics, games, health, and safety. Students will use keyboarding software to complete all assignments and timings. A final project will be assigned and completed.
Instructor: Alicia Rodriguez

Session II: June 26–July 6, 2023
M–TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 30, July 4
In Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165

DESIGN LAB: LEGO & MAKEY MAKEY
Design, create, and experiment using Lego and Makey Makey! In this hands-on course, students will use both Lego and Makey Makey (an invention kit) to immerse themselves into STEAM. Lego BricQ Motion sets will be used to discover physical science in action by experimenting with forces, motion, and interactions in the context of sports. Makey Makey will also be used to craft and code, make musical circuits, and to invent sensors. This summer, challenge your STEAM skills in Design Lab!
Instructor: Melissa Hughes

Session II: June 26–July 6, 2023
M–TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 30, July 4
In Person—SWC Chula Vista campus
Grades 4–6
Cost: $165
DISCOVERING PHILIPPINE CULTURAL MUSIC
Traditional Filipino music is reflective of the country’s history as a melting pot of different cultures, both western and eastern. This fun and interactive course is an introduction to Philippine folk traditions through music. This course will support “The Art of Philippine Cultural Dance” class with a performance at the last class.

Instructor: Matthew Padrigan

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- M-TH (7 classes)
- 9:00 a.m.–11:30 a.m.
- **No classes:** June 16, June 19, June 23

In Person—SWC Chula Vista campus  
Grades: 4-6  
Cost: $165.00

FILM MAKING: THE COMMERCIAL
Go behind the scenes or in front of the camera creating two commercials. You get to choose the product, service, or message! Filmmakers will participate in directing, cinematography, art directing, lighting, sound, and performing/improvising(optional).

Instructor: Alexis Duran

**Session I: June 12-June 22, 2023**
- M-TH (7 classes)
- Noon–2:30 pm  
- **No classes:** June 16, June 19, June 23

**Session II: June 26- July 6, 2023**
- M-TH (7 classes)
- 9:00 a.m.–11:30 a.m.
- **No classes:** June 30, July 4

In Person—SWC Chula Vista campus  
Grades: 4–6  
Cost: $165

FUNDAMENTALS OF CODING
How does my video game know what to do? What is coding? This class will teach the basics of computer concepts to flow design to a finished written program. Students will understand how instructions will affect how computerized devices and vehicles are programmed and why.

Instructor: Erlito Elefante-Leano

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- M-TH (7 classes)
- Noon–2:30 p.m.
- **No classes:** June 30, July 4

In Person—SWC Chula Vista campus  
Grades: 4–6  
Cost: $165

INTEGRATING MUSIC INTO SOCIAL EMOTIONAL LEARNING
Music can stimulate cognitive functioning as well as speech and language skills. In addition, it reduces distressed behaviors, stress and anxiety. This course will focus on teaching students to identify all kinds of emotions and express them through music while emphasizing social communication and interactions.

Instructor: Daniella Lara-Castellanos

**Session I: June 12-June 22, 2023**
- M-TH (7 classes)
- 9:00 a.m.–11:30 a.m.  
- **No classes:** June 16, June 19, June 23

**Session II: June 26- July 6, 2023**
- M-TH (7 classes)
- Noon–2:30 pm  
- **No classes:** June 30, July 4

In Person—SWC Chula Vista campus  
Grades: 4–6  
Cost: $165
MAXIMIZING YOUR HEALTH AND WELLNESS
Designed to promote health and wellness, students will take a closer look at the multiple dimensions of health including physical health, mental health, nutrition, and harm reduction regarding substance abuse. Through course materials, discussions, reflective journaling, and other individual and collaborative activities, students are invited to build community and learn about themselves.

Instructor: Erika Peralta

Session I: June 12-June 22, 2023
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 16, June 19, June 23

In-Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165.00

MICROSOFT WORD FOR KIDS
Learn the ins and outs of Microsoft Word and gain confidence in navigating around this program that many students use for report writing. In this class, students will learn essential Word 2016 commands such as: create, save and print documents, apply text, paragraph, page formats, navigate, review, edit documents, task bar introduction, and more!

Instructor: Alicia Rodriguez

Session II: June 26- July 6, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 30, July 4

In Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165

MUSICAL THEATRE DANCE
Calling all Broadway stars in-the-making! Learn to dance choreographed pieces to hit Broadway musicals, while showcasing some acting skills. Learn proper techniques from experienced dance instructor Kyoko Jennings, while having fun and accomplishing something new each day. This course is open to all, whether you are new to dance or an experienced dancer. At the end of the session, perform your big musical number for families and friends!

Instructor: Kyoko Jennings

Session I: June 12-June 22, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 16, June 19, June 23

In-Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165

POTTERY: CREATING WITH CLAY
Pinch, pull, coil and slab, and have messy fun transforming a raw lump of clay into your most imaginative creations. Create dragons, birds, rhinos, or even make a cup or vase for a family member! This popular course features traditional techniques used in ceramics to make glazed pottery. All works will be fired by the instructor.

Instructor: Carrol Fleming

Session I: June 12-June 22, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 16, June 19, June 23

In-Person—SWC Chula Vista campus
Grades: 4–6
Cost: $175
PROMOTING PUBLIC HEALTH
Welcome to the exciting world of Public Health! This interactive and engaging course will offer students the opportunity to explore various aspects of public health through hands-on activities. Students will gain an understanding of the importance of Public Service Announcements (PSAs) in promoting health. They will learn how to create effective PSAs that communicate public health messages to different audiences. Furthermore, students will explore Personal Protective Equipment (PPE) and its role in promoting public health. They will learn about the different types of PPE and how they protect against germs. By the end of the course, students will have gained valuable skills and knowledge about the world of Public Health. Join us in this fun and informative course to become an active participant in promoting public health!
Instructor: Erika Peralta

Session II: June 26–July 6, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 30, July 4
In-Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165.00

SELF-EXPRESSION: A ZINE MAKING PROJECTS
Zines (zeen-s) are a way for people to voice issues and topics that are important to them. Zines can contain comics, stories, recipes, drawings, poetry, pictures, interviews, diary entries, and any other kind of art. Zines are all about self-expression so the content can range to anything from education on social justice issues to your favorite bands; you decide. They often have a distinct “DIY” look and can be created in any size and shape. Zines have been a platform of expression - from comic book fans to artists to writers. They can be made individually or collectively. Anybody can make a zine!
Instructor: Ser Flores

Session I: June 12–June 22, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 16, June 19, June 23

Session II: June 26–July 6, 2023
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 30, July 4
In Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165.00
SPANISH MANGA

Through Manga, students will learn, practice, and acquire the basics of Spanish such as numbers, colors, adjectives as while exploring the Hispanic culture. Students will have the opportunity to develop and strengthen their communication skills in a new, fun, and interactive way. This course is designed to encourage creative thinking, boost self-esteem, and provide a sense of accomplishment.

Instructor: Carlos Castellanos

Session I: June 12–June 22, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 16, June 19, June 23

Session II: June 26–July 6, 2023
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 30, July 4

In Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165.00

THE ART OF PHILIPPINE DANCE

Wanting to explore a new culture? Have fun learning about the Philippine culture through folk dance history, language, and dance traditions. Students will explore the Filipino language and learn various folk-dance movements from across the Philippine Islands.

Instructor: Gemma Cabato

Session I: June 12–June 22, 2023
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 16, June 19, and June 23

In Person—SWC Chula Vista campus
Grades: 4–6
Cost: $165

WRITER’S CAFÉ

For students enrolled in both AM & PM in-person classes

Made to bridge the gap between morning and afternoon courses, Writer’s Café allows for students to enjoy their lunch on the Student Union Patio while journal writing, reading, drawing, or going on a short walk for “writer’s inspiration” each day!

OFFERED:
Session I ($30) and Session II ($30)
Times: 11:30 a.m.–12 p.m.
CARTOON CHARACTER SKETCH
Students will learn how to draw traditional and non-traditional cartoon characters by applying foundational art techniques, while drawing caricatures from historical cartoon characters. The traditional techniques will be applied to various foundational concepts in art as students learn to design their own characters and learn to develop a plot with the various characters sketched.

Instructor: Ed Roeder

**Session II: June 26–July 6, 2023**
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 30, July 4

In-Person—SWC Chula Vista campus
Grade: 7-9
Cost: $165

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9:00 a.m.–11:30 a.m.
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In Person—SWC Chula Vista campus
Grades: 7-8
Cost: $165

DESIGN LAB: LEGO & MAKEY MAKEY (COLLEGE FOR KIDS)
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Grades 7–9
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Instructor: Matthew Padrigan

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In Person—SWC Chula Vista campus  
**Grades:** 7–9  
**Cost:** $165

FILM MAKING: THE COMMERCIAL

Go behind the scenes or in front of the camera creating two commercials. You get to choose the product, service or message! Filmmakers will participate in directing, cinematography, art directing, lighting, sound and performing/improvising (optional). No experience is necessary. This course will take place both inside the classroom and outside (for filming).

Instructor: Alexis Duran

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M-TH (7 classes)  
9:00 a.m.–11:30 a.m.  
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In Person—SWC Chula Vista campus  
**Grades:** 7–9  
**Cost:** $165.00

MAXIMIZING YOUR HEALTH AND WELLNESS
Designed to promote health and wellness, students will take a closer look at the multiple dimensions of health including physical health, mental health, nutrition, and harm reduction regarding substance abuse. Through course materials, discussions, reflective journaling, and other individual and collaborative activities, students are invited to build community and learn about themselves.

**Instructor:** Erika Peralta

**Session I:** June 12–June 22, 2023  
M-TH (7 classes)  
Noon–2:30 p.m.  
**No classes:** June 16, June 19, June 23

In Person—SWC Chula Vista campus  
**Grades:** 7–9  
**Cost:** $165.00

POTTERY: CREATING WITH CLAY
Pinch, pull, coil and slab, and have messy fun transforming a raw lump of clay into your most imaginative creations. Create dragons, birds, rhinos, or even make a cup or vase for a family member! This popular course features traditional techniques used in ceramics to make glazed pottery. All works will be fired by the instructor.

**Instructor:** Carrol Fleming

**Session II:** June 26–July 6, 2023  
M-TH (7 classes)  
Noon–2:30 p.m.  
**No classes:** June 30, July 4

In Person—SWC Chula Vista campus  
**Grades:** 7–9  
**Cost:** $175

**Session II:** June 26–July 6, 2023  
M–TH (7 classes)  
Noon–2:30 p.m.  
**No classes:** June 30, July 4

In Person—SWC Chula Vista campus  
**Grades:** 7–9  
**Cost:** $175
PROMOTING PUBLIC HEALTH
Welcome to the exciting world of Public Health! This interactive and engaging course will offer students the opportunity to explore various aspects of public health through hands-on activities. Students will gain an understanding of the importance of Public Service Announcements (PSAs) in promoting health. They will learn how to create effective PSAs that communicate public health messages to different audiences. Furthermore, students will explore Personal Protective Equipment (PPE) and its role in promoting public health. They will learn about the different types of PPE and how they protect against germs. By the end of the course, students will have gained valuable skills and knowledge about the world of Public Health. Join us in this fun and informative course to become an active participant in promoting public health!
Instructor: Erika Peralta

Session II: June 26–July 6, 2023
M–TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 30, July 4
In Person—SWC Chula Vista campus
Grades: 7–9
Cost: $165.00

SPANISH MANGA
Through Manga, students will learn, practice, and acquire the basics of Spanish such as numbers, colors, adjectives as while exploring the Hispanic culture. Students will have the opportunity to develop and strengthen their communication skills in a new, fun, and interactive way. This course is designed to encourage creative thinking, boost self-esteem, and provide a sense of accomplishment.
Instructor: Carlos Castellanos

Session I: June 12–June 22, 2023
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 16, June 19, June 23

Session II: June 26–July 6, 2023
M-TH (7 classes)
Noon–2:30 PM
No classes: June 30, July 4
In Person—SWC Chula Vista campus
Grades: 7–9
Cost: $165
SELF-EXPRESSION: A ZINE MAKING PROJECTS
(COLLEGE FOR KIDS)
Zines (zeen-s) are a way for people to voice issues and topics that are important to them. Zines can contain comics, stories, recipes, drawings, poetry, pictures, interviews, diary entries, and any other kind of art. Zines are all about self expression so the content can range to anything from education on social justice issues to your favorite bands; you decide. They often have a distinct “DIY” look and can be created in any size and shape. Zines have been an underground platform of expression - from punks, to comic book fans, to graffiti artists. They can be made individually or collectively. Anybody can make a zine!
Instructor: Ser Flores

Session I: June 12–June 22, 2023
M-TH (7 classes)
9:00 a.m.–11:30 a.m.
No classes: June 16, June 19, June 23

Session II: June 26–July 6, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 30, July 4

In Person—SWC Chula Vista campus
Grades: 7–9
Cost: $165

THE ART OF PHILIPPINE DANCE
Wanting to explore a new culture? Have fun learning about the Philippine culture through folk dance history, language and dance traditions. Students will explore the Filipino language and learn various folk-dance movements from across the Philippine Islands.
Instructor: Gemma Cabato

Session I: June 12–June 22, 2023
M-TH (7 classes)
Noon–2:30 p.m.
No classes: June 16, June 19, June 23

In Person—SWC Chula Vista campus
Grades: 7–9
Cost: $165

WRITER’S CAFÉ
For students enrolled in both AM & PM in-person classes
Made to bridge the gap between morning and afternoon courses, Writer’s Café allows for students to enjoy their lunch on the Student Union Patio while journal writing, reading, drawing, or going on a short walk for “writer’s inspiration” each day!

Offered: Session I ($30) and Session II ($30)
Times: 11:30 a.m.–12:00 p.m.
DRONE PHOTOGRAPHY AND PHOTOGRAMMETRY
Drones can be used for many careers, including law enforcement, visual arts, industry, and more. In this course, learn about drone applications and become familiar with why they are used in a variety of career fields. Be introduced to drone safety, operations, basic flying skills, aerial photography, and photogrammetry for map making! Students will be outside for most of the class. Please bring a water bottle, snacks, sunglasses, sunscreen, and a hat. This course is limited to 15 students max.

June 12–15, 2023
M–Th and June 20, 2023 (5 classes)
9:00 a.m.–12 p.m.

In-Person—SWC Chula Vista campus
Grades: 10-12
Must be 16 years old
Cost: $165

VOLUNTEERING
High School students entering 11th and 12th grade can volunteer in Y.E.S. Academy by assisting our College for Kids in the classroom! This is a great opportunity for students to fulfill their high school volunteer requirements. All volunteers will have to get a LifeScan, TB test and a work permit (Work Permit – for volunteer under 18 years old). The cost of the LifeScan will be paid by Y.E.S. Academy.

Interested volunteers need to contact the coordinator at 619-421-6700 ext. 5953 or email nnieto@swccd.edu.

WORKSHOP SCHEDULE
Tuesday, June 20: Brain Compatible Learning
Thursday, June 22: Social & Emotional Needs & Stress Reduction
Tuesday, June 27: The Brain, Social Media, & Gaming
Thursday, June 29: Effective Preparation for College & Career
Tuesday, July 6: Preparing for 21st Century Skills and Non-Traditional Career Graduation
Open to Students Entering Grades 4th–12th

Celebrating 46 years!
www.swccd.edu/yes