



**REGISTRATION
BEGINS TUESDAY,
MARCH 15 AT
9:00 AM**



College for Kids - UCSD Sally Ride Science - Writer's Cafe
Career Exploration - SAT Prep Boot Camp - Volunteering



**SOUTHWESTERN COLLEGE
CONTINUING EDUCATION**

Y.E.S. ACADEMY SUMMER 2022

**Youth Excellence & Success at Southwestern College
For Entering 4th-12th Grade Students**



Celebrating 46 Years!

www.swccd.edu/yes



**Learn More
& Register**

**SWCYESAcademy@swccd.edu
(619) 421-6700 ext. 5953**

Y.E.S. ACADEMY

This year, Youth Excellence & Success (Y.E.S.) Academy celebrates 46 years! As we head into summer 2022, we are thrilled to offer **in-person*** and **online experiences** for entering 4th-12th grade students offered through a variety of courses and workshops.

Y.E.S. Academy is offered for all academic and creativity levels. Students can build their own **custom experience** as we offer courses throughout the day in June and July, both in the morning and in the afternoon.

We are proud to deliver a program geared towards a variety of interests, and are excited for you to review our 2022 schedule.

Find the courses that are the right fit for your student(s), and for you (Parent University), and share the summer with us this year!

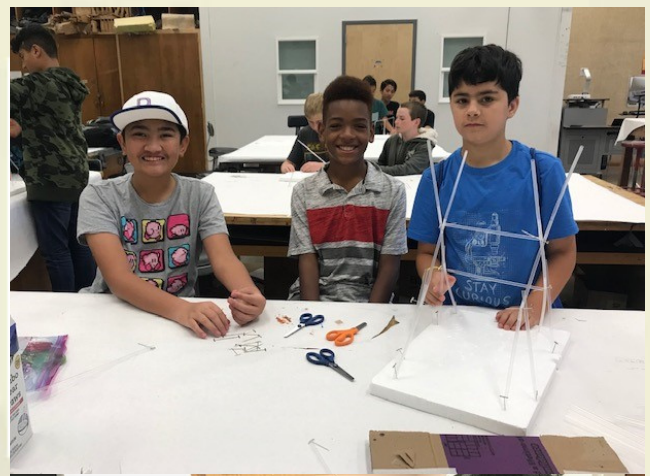
Registration

Y.E.S. Academy courses are offered in
June and July 2022

Registration opens Tuesday, March 15 at 9:00 am

Jump Start Rate Pricing: Register by April 30th
and receive \$10 off per course

[Register online at www.swccd.edu/yes](http://www.swccd.edu/yes)



Courses offered in
summer 2022 include

(👤) **in-person*** held on
SWC campuses and
(💻) **online** via Zoom.

Please review the course
schedule for more information.

*Students must be fully vaccinated against
COVID-19 to participate in classes held
in-person. Please upload proof at the time
of registration. Students are currently also
required to wear masks during class.
In-person courses and COVID policies are
subject to change based on county, state,
and CDC guidelines.

Y.E.S. Academy offers a variety of summer academic and enrichment programs for 4th-12th grade students and parents/caregivers, offered through courses, workshops, and more. We provide a positive, early-on college experience where students can thrive by trying something new, learning new skills, and challenging themselves in a college environment. This mission, we hope, will create new discoveries and decisions leading to each student's own unique pathway for success. This summer, we are proud to deliver the following:

PARENT UNIVERSITY

Offered in partnership with UCSD Extension, Parent University workshops provide parents/caregivers with information to help support themselves and their student(s) along their academic, social, and emotional journey.

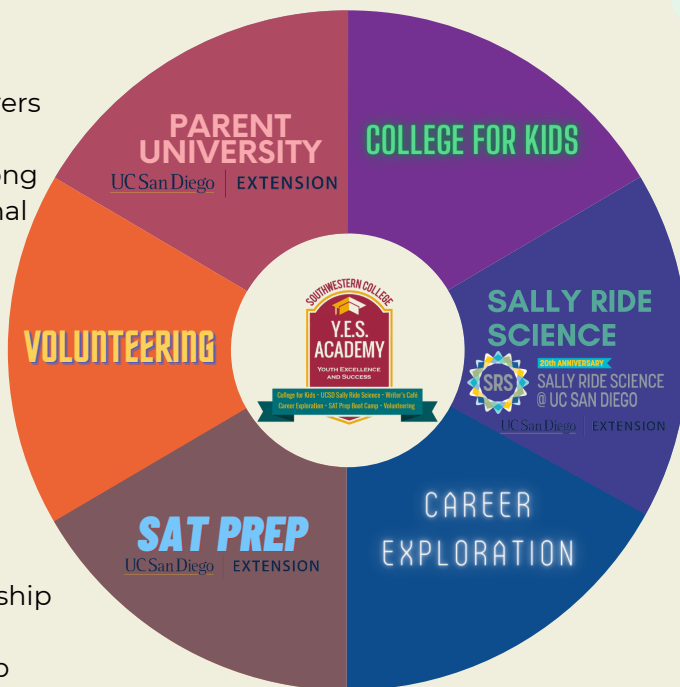
VOLUNTEERING

Entering 11th-12th grade students can apply to assist instructors in the classroom, while gaining volunteer hours.

SAT PREP

SAT Preparation, offered in partnership with UCSD Extension, provides 16 hours of strategies and skills to help improve SAT test outcomes.

Writer's Café: Students registered in am & pm in-person College for Kids/Sally Ride Science courses, can register for our lunch supervision program, Writer's Café. See pages 6 or 9 for more information.



COLLEGE FOR KIDS

Challenging & enriching courses that allow 4th-9th grade students to learn something new or refine their skills through projects, practice, discussions, and hands-on experiences.

SALLY RIDE SCIENCE

In partnership with UCSD Extension, these unique STEAM courses provide opportunities for 4th-9th grade students to participate in classes involving Science, Tech, Engineering, Arts, and Math (STEAM).

CAREER EXPLORATION

Career exploration courses are open to students in grades 9-12. Students are introduced to new perspectives into various careers, and the possibilities of their future.

Location: In-person classes will take place on the Southwestern College Chula Vista campus located at 900 Otay Lakes Road, Chula Vista, CA 91910. Noncredit career exploration courses for high school students will take place on the SWC Otay Mesa and National City campuses as noted. A welcome letter, with classroom numbers, will be provided 1-2 weeks prior to each course beginning.

Grade Levels: Please select courses based on the grade level your student is entering in Fall 2022.

T-Shirts: Y.E.S. Academy t-shirts can be purchased during your online registration by visiting the menu tab "[Y.E.S. Academy T-Shirts](#)". T-shirts cost \$12 each, and must be ordered by May 20, 2022.

Jump Start Rate: Take advantage of our Jump Start Rate! Register by April 30, 2022 to receive \$10 off per course.

Scholarships: A limited number of scholarships are available to families in need. Scholarship applications can be completed online at: <https://bit.ly/3pzJ3PL>. Scholarships are made possible through the generosity of the Southwestern College Foundation.

Applications are due April 20, 2022.



In-Person Classes: Students must be fully vaccinated against COVID-19 to participate in classes held in-person. Please upload proof at the time of registration. Students are currently also required to wear masks during class. In-person courses and COVID policies are subject to change based on county, state, and CDC guidelines.

Online Classes: Online courses will be offered online via Zoom. A link to access each online course will be provided shortly before the class begins.

Contact: For questions, please contact us at SWCYESAcademy@swccd.edu or at (619) 421-6700 ext. 5953.

At-A-Glance: College for Kids & Sally Ride Science

 In-Person

 Online





















4th-6th Grade Courses

7th-9th Grade Courses

June 13-23
M-Th

June 27-July 7
M-Th
No Class 7/4

July 11-21
M-Th

	June 13-23 M-Th	June 27-July 7 M-Th No Class 7/4	July 11-21 M-Th
American Sign Language	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 4	<input type="checkbox"/>
American Sign Language	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 7	<input type="checkbox"/>
Cartoon Character Sketch	<input checked="" type="checkbox"/>  pg. 7	<input type="checkbox"/>	<input type="checkbox"/>
Confident Communication	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 4	<input type="checkbox"/>
Design Lab: Lego & Makey Makey	<input checked="" type="checkbox"/>  pg. 4	<input type="checkbox"/>	<input type="checkbox"/>
Design Lab: Lego & Makey Makey	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 7	<input type="checkbox"/>
Exploring the Science of Harry Potter	<input checked="" type="checkbox"/>  *June 15-23, pg. 5	<input type="checkbox"/>	<input type="checkbox"/>
Filmmaking: The Commercial	<input checked="" type="checkbox"/>  pg. 8	<input type="checkbox"/>	<input type="checkbox"/>
Improv & Acting Games	<input checked="" type="checkbox"/>  *June 13-16, pg. 5	<input type="checkbox"/>	<input type="checkbox"/>
Lights, Camera, Acting!	<input type="checkbox"/>	<input checked="" type="checkbox"/>  *July 5-7, pg. 8	<input type="checkbox"/>
Maximizing Your Health & Wellness	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 8
Mindfulness Zone	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 5
Musical Theatre Dance	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 6	<input type="checkbox"/>
Pottery: Creating with Clay	<input checked="" type="checkbox"/>  pg. 6	<input type="checkbox"/>	<input type="checkbox"/>
Pottery: Creating with Clay	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 9	<input type="checkbox"/>
Self-Expression: A Zine Making Project	<input checked="" type="checkbox"/>  pg. 9	<input type="checkbox"/>	<input type="checkbox"/>
Tiny Houses	<input checked="" type="checkbox"/>  pg. 9	<input type="checkbox"/>	<input type="checkbox"/>
Viva Art!	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>  pg. 6
Writer's Café	<input checked="" type="checkbox"/>  pgs. 6 & 9	<input checked="" type="checkbox"/>  pgs. 6 & 9	<input type="checkbox"/>

For High School career exploration courses, Drone Photography and Photogrammetry, SAT Preparation, volunteering, & Parent/Caregiver virtual workshops, see pages 10-12.



American Sign Language COLLEGE FOR KIDS

Learn the basics of American Sign Language (ASL) such as the alphabet, numbers, days of the week, colors and more! Not only will students in this course practice signing and engaging in conversations, but will also learn about Deaf culture, the history of Deaf people and hard of hearing, and how to engage with Deaf people in conversations (etiquette).

Instructor: Ramona Lopez



June 27-July 7, 2022, M-Th (7 classes / No class 7/4)

9:30-11:30 am

**👤 In-Person - SWC Chula Vista campus
Grades 4-6 / Cost: \$165**

Confident Communication COLLEGE FOR KIDS

In this course, students will gain experience and confidence with communication! Students will perform fun impromptu speeches, debatable topics, and exciting informative speeches. By the end of this course, students will develop confidence and poise in presenting themselves to an audience, as well as improve their listening techniques and public communication skills. *Instructor: Jennifer Peralta*

June 27-July 7, 2022, M-Th (7 classes / No class 7/4)

12:30-2:30 pm

**👤 In-Person - SWC Chula Vista campus
Grades 4-6 / Cost: \$165**

Design Lab: Lego & Makey Makey COLLEGE FOR KIDS

Design, create, and experiment using Lego and Makey Makey!



In this hands-on course, students will use both Lego and Makey Makey (an invention kit) to immerse themselves into STEAM.

Lego BricQ Motion sets will be used to discover physical science in action by experimenting with forces, motion, and interactions in the context of sports. Makey Makey will also be used to craft and code, make musical circuits, and to invent sensors. This summer, challenge your STEAM skills in Design Lab!

THE LEGO AND MAKEY MAKEY KITS USED IN DESIGN LAB WERE GENEROUSLY FUNDED BY THE CAL COAST CARES FOUNDATION. THANK YOU CAL COAST CARES FOUNDATION FOR SUPPORTING THE LIFELONG LEARNING OF OUR STUDENTS THROUGH STEAM!

Instructor: Melissa Hughes

June 13-23, 2022, M-Th (8 classes)

9:30-11:30 am

**👤 In-Person - SWC Chula Vista campus
Grades 4-6 / Cost: \$175**



Exploring the Science of Harry Potter

The magic in the world of Harry Potter is compelling in part because some of it has a basis in real-world science. Through video clips, presentations, discussions and group work, explore how fields like genetics, chemistry, botany and zoology are reflected in the Harry Potter books and movies. Students will enjoy this class most if they have read at least one Harry Potter book or seen at least one of the movies, although prior knowledge is not required. *Instructor: Kevin Garcia*



June 15-23, 2022, M-Th (6 classes / No class 6/13 & 6/14)

12:30-2:30 pm

👤 In-Person - SWC Chula Vista campus

Grades 4-6 / Cost: \$155

Improv & Acting Games



If you love to laugh, act and perform, this is a perfect class for you! We'll be learning all about improvisation, performing improvised scenes, and discovering how improv is used in all sorts of performance. By the end of the course, students will be able to perform short improv scenes, know how to use improv in auditions, and will strengthen their confidence and ability to think on their feet! *Instructor: Samantha Turret*

June 13-16, 2022, M-Th (4 classes)

9:00 am-12:00 pm

🖥️ Online via Zoom

Grades 4-6 / Cost: \$139

Mindfulness Zone COLLEGE FOR KIDS

Welcome to the Mindfulness Zone! Together, we are going to experience a fun, no-pressure, two-week summer experience. You will learn, interact, and work with others to learn about yourself through hands-on activities. We will have life skill learning activities, brain exercises, games, arts and crafts, and yoga (meditation) opportunities. Our adventure-filled activities will help you be mindful of your thoughts, feelings, bodily sensations, and surrounding environment. The Mindfulness Zone is all about Y.O.U. (Yourself, Others, Understanding each other), through creative hands-on activities.

Instructor: Lucy Regalado

July 11-21, 2022, M-Th (8 classes)

12:30-2:30 pm

👤 In-Person - SWC Chula Vista campus

Grades 4-6 / Cost: \$175



Musical Theatre Dance COLLEGE FOR KIDS

Calling all Broadway stars in-the-making! Learn to dance choreographed pieces to hit Broadway musicals, while showcasing some acting skills. Learn proper techniques from experienced dance instructor Kyoko Jennings, while having fun and accomplishing something new each day. This course is open to all, whether you are new to dance or an experienced dancer. At the end of the session, perform your big musical number for families and friends!

Instructor: Kyoko Jennings

June 27-July 7, 2022, M-Th (7 classes / No class 7/4)

9:30-11:30 am

👤 In-Person - SWC Chula Vista campus

Grades 4-6 / Cost: \$165



Pottery: Creating with Clay COLLEGE FOR KIDS

Pinch, pull, coil and slab, and have messy fun transforming a raw lump of clay into your most imaginative creations. Create dragons, birds, rhinos, or even make a cup or vase for a family member! This popular course features traditional techniques used in ceramics to make glazed pottery. All works will be fired by the instructor. *Instructor: Carrol Fleming*

The SWC pottery classroom is currently under renovation, with an anticipated completion date of May 15, 2022. If the classroom is not completed by then, this course may need to be cancelled, in which case we would notify parents with the option to switch to a new class or receive a full refund.

June 13-23, 2022, M-Th (8 classes)

12:30-2:30 pm

👤 In-Person - SWC Chula Vista campus

Grades 4-6 / Cost: \$175



¡Viva Art! COLLEGE FOR KIDS

In this course, students will learn and practice basic Spanish language and culture through the context of art. Create art pieces using watercolor and more, and also engage in activities and discussions to explore and learn about Spanish music, traditions, and the various cultures of Hispanic countries. While engaged in art, students will practice and improve their Spanish language skills! Art kits provided.

Instructor: Sarah Heras

July 11-21, 2022, M-Th (8 classes)

9:30-11:30 am

💻 Online via Zoom

Grades 4-6 / Cost: \$175

Writer's Café

For students enrolled in both AM & PM in-person classes

Made to bridge the gap between morning and afternoon courses, Writer's Café allows for students to enjoy their lunch on the Student Union Patio while journal writing, reading, drawing, or going on a short walk for "writer's inspiration" each day!

Offered June 13-23 (\$45) and June 27-July 7 (\$40, no 7/4)

Times: 11:30 am - 12:30 pm

American Sign Language COLLEGE FOR KIDS

Learn the basics of American Sign Language (ASL) such as the alphabet, numbers, days of the week, colors and more! Not only will students in this course practice signing and engaging in conversations, but will also learn about Deaf culture, the history of Deaf people and hard of hearing, and how to engage with Deaf people in conversations (etiquette).

Instructor: Ramona Lopez

June 27-July 7, 2022, M-Th (7 classes / No class 7/4)

12:30-2:30 pm

👤 In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$165



Cartoon Character Sketch

COLLEGE FOR KIDS

Students will learn how to draw traditional and non-traditional cartoon characters by applying foundational art techniques, while drawing caricatures from historical cartoon characters. The traditional techniques will be applied to various foundational concepts in art as students learn to design their own characters and learn to develop a plot with the various characters sketched. *Instructor: Ed Roeder*

June 13-23, 2022, M-Th (8 classes)

12:30-2:30 pm

👤 In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$175

Design Lab: Lego & Makey Makey

COLLEGE FOR KIDS

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June 27-July 7, 2022, M-Th (7 classes / No class 7/4)

9:30-11:30 am

👤 In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$165



Filmmaking: The Commercial COLLEGE FOR KIDS

Go behind the scenes or in front of the camera in creating two commercials. You get to choose the product, service or message! Filmmakers will participate in directing, cinematography, art directing, lighting, sound and performing/improvising (optional). No experience is necessary. This course will take place both inside the classroom and outside (for filming). *Instructor: Alexis Duran*



June 13-23, 2022, M-Th (8 classes)

12:30-2:30 pm

 In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$175

Lights, Camera, Acting!



50th ANNIVERSARY
SALLY RIDE SCIENCE
@ UC SAN DIEGO

Welcome to acting bootcamp! Every day we'll be exploring different realms of the performing arts world. We'll tackle theatre acting, musical theatre acting, Shakespeare, commercial acting, and film/tv acting. Students will also find out what a professional audition is like and learn how to partake in one. By the end of this course, students will have the general knowledge of many genres of acting!

Instructor: Samantha Turret

July 5-7, 2022, T-Th (3 classes)

9:00 am-12:00 pm

 Online via Zoom

Grades 7-9 / Cost: \$125



Maximizing Your Health & Wellness COLLEGE FOR KIDS

This course is designed to promote health and wellness using trauma-informed care practices. Students will take a closer look at the multiple dimensions of health including physical health, mental health, nutrition, and harm reduction in regards to substance use. Through course materials, discussions, reflective journaling, and other individual and collaborative activities, students are invited to build community and learn about themselves. The goal of this course is to promote the healthy growth and development of youth and give them the knowledge and skills to make healthy choices and establish life-long healthy behaviors. *Instructor: Veronica Rosales*

July 11-21, 2022, M-Th (8 classes)

12:30-2:30 pm

 In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$175

Pottery: Creating with Clay COLLEGE FOR KIDS

Pinch, pull, coil and slab, and have messy fun transforming a raw lump of clay into your most imaginative creations. Create dragons, birds, rhinos, or even make a cup or vase for a family member! This popular course features traditional techniques used in ceramics to make glazed pottery. All works will be fired by the instructor. Instructor: Carrol Fleming

The SWC pottery classroom is currently under renovation, with an anticipated completion date of May 15, 2022. If the classroom is not completed by then, this course may need to be cancelled, in which case we would notify parents with the option to switch to a new class or receive a full refund.

June 27-July 7, 2022, M-Th (7 classes / No class 7/4)

12:30-2:30 pm

In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$165



Self-Expression: A Zine Making Project COLLEGE FOR KIDS

Zines (zeen-s) are a way for people to voice issues and topics that are important to them. Zines can contain comics, stories, recipes, drawings, poetry, pictures, interviews, diary entries, and any other kind of art. Zines are all about self expression so the content can range to anything from education on social justice issues to your favorite bands; you decide. They often have a distinct "DIY" look and can be created in any size and shape. Zines have been an underground platform of expression - from punks, to comic book fans, to graffiti artists. They can be made individually or collectively. Anybody can make a zine! *Instructor: Ser Flores*

June 13-23, 2022, M-Th (8 classes)

9:30-11:30 am

In-Person - SWC Chula Vista campus

Grades 7-9 / Cost: \$175

Tiny Houses



The tiny-house movement is sweeping the nation! Explore how and why people are building houses that are a fraction of the size of a traditional home, and then create a digital model of your own tiny-house design. Students will learn about architecture, social responsibility, environmental sustainability, engineering, and community as they envision and design their own tiny houses.

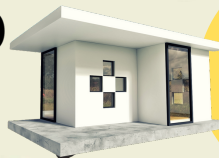
Instructor: Diana Arredondo

June 13-23, 2022, M-Th (8 classes)

12:30-2:30 pm

Online via Zoom

Grades 7-9 / Cost: \$175



Writer's Café

For students enrolled in both AM & PM in-person classes


Made to bridge the gap between morning and afternoon courses, Writer's Café allows for students to enjoy their lunch on the Student Union Patio while journal writing, reading, drawing, or going on a short walk for "writer's inspiration" each day!

Offered June 13-23 (\$45) and June 27-July 7 (\$40, no 7/4)
Times: 11:30 am - 12:30 pm



Noncredit Career Exploration



New and exciting in-person () career exploration courses held at our Otay Mesa and National City campuses are here! Taught by SWC Faculty, these courses provide high school students (grades 9-12) with the opportunity to explore a variety of careers. Through an array of delivery methods, including hands-on activities, discussions, and skills demonstrations, students will immerse themselves into each career field while beginning to identify areas that motivate and interest them. Students will also learn about the requirements and skills needed to work in each career field. These free, noncredit courses are limited to 25 students per week (students can register for any number of weeks). Students must be registered online and have a completed noncredit application and authorization form on file with the Y.E.S. Academy office. The noncredit application and authorization form will be emailed to parents after registration is completed online.

A free transportation option, via bus, to and from these courses will be offered. More details to become available soon.

Public Safety:

EMT, Paramedic, Police Academy, and Fire Science

Dates: June 13-16, M-Th (Grades 9-12)

Times: 10:00 am - 4:00 pm

Location: SWC Otay Mesa Campus

98100 Gigantic Street, San Diego, CA 92154

Cost: Free

Nursing & Health Occupations:

Nursing (Certified Nursing Assistant, Vocational Nurse, Registered Nurse), Surgical Technician, Operating Room Nurse

Dates: June 20-23, M-Th (Grades 9-12)

Times: 10:00 am - 4:00 pm

Location: SWC Otay Mesa Campus

98100 Gigantic Street, San Diego, CA 92154

Cost: Free

Dental Hygiene and Medical Occupations:

Dental Hygiene, Medical Assisting, Medical Laboratory Technician, CPR and First Aid Certification

Dates: June 27-30, M-Th (Grades 9-12)

Times: 10:00 am - 4:00 pm

Location: SWC National City Campus

880 National City Blvd., National City, CA 91950

Cost: Free *A material fee is required for the CPR Certification card.

Drone Photography and Photogrammetry

Drones can be used for many careers, including law enforcement, visual arts, industry, and more. In this course, learn about drone applications and become familiar with why they are used in a variety of career fields. Be introduced to drone safety, operations, basic flying skills, aerial photography, and photogrammetry for map making! *Students need to bring their own 8GB USB Drive to class each day. Students will be outside during the majority of the class. Please bring a water bottle, snacks, sunglasses, sunscreen, and a hat. This course is limited to 12 students max.

June 27-June 30, 2022, M-Th (4 classes)

9:00 am-1:00 pm

👤 In-Person - SWC Chula Vista campus

Grades 10-12 / Cost: \$109



SAT® Preparation

In partnership with the UCSD, this innovative and sophisticated SAT® Prep Course is designed for the student whose busy lifestyle demands efficient prep in a condensed amount of time by focusing on the test topics that impact their score the most. The instructor will help students to score higher on the SAT® with exclusive test-taking tactics specifically designed to increase scores. By the end of the course, students will be able to test confidently. The class features 16 hours of instruction from an experienced instructor and includes a textbook. The July SAT® Prep course also offers a pre and post test, with scores, to maximize practice.

JUNE SESSION

June 13-June 16

12:30-4:30 pm

🖥️ Online via Zoom

Grades 9-12 / Cost: \$359

Includes 16 hours of instruction and a textbook.

JULY SESSION

July 6 (Pre-Test - Virtual)

July 7, 11, 12, 13 (👤 in-person instruction, 12:30-4:30 pm)

July 14 (Post-Test - Virtual)

Grades 9-12 / Cost: \$469

Includes 16 hours of in-person instruction on the SWC Chula Vista campus, virtual pre & post-test, and a textbook.

Volunteering

High School students entering 11th and 12th grade can volunteer in Y.E.S. Academy by assisting our College for Kids and Sally Ride Science instructors in the classroom (in-person 👤)! This is a great opportunity for students to fulfill their high school volunteer requirements. Interested volunteers can complete an online application at <https://bit.ly/3sFy0GH>. Applications are due Sunday, April 24, 2022.



Parent University UC San Diego Virtual Workshops EXTENSION

Parents and caregivers of students in all grade levels are invited to attend Parent University virtual workshops hosted by Y.E.S. Academy and presented by Morgan Appel, UCSD Extension's Assistant Dean for Education and Community Outreach. Workshops are offered free of cost. Register for as many as you would like! All workshops are offered from 5:30-6:30 pm. The link to access these virtual workshops will be listed on your registration receipt, and will also be emailed the week of each scheduled workshop.



Online via Zoom

WORKSHOP SCHEDULE

Wednesday, June 15:

Social & Emotional Needs & Stress Reduction

Wednesday, June 22:

The Brain, Social Media, & Gaming

Wednesday, June 29:

The Adolescent Brain & Behavior

Wednesday, July 6:

Brain Compatible Learning

Wednesday, July 13:

Effective Preparation for College & Career





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